

REFLECTIONS

In Giving, We Receive



**from
the horse's
mouth**

Rajiv Punater
President

***"In a gentle way, you can
shake the world!"***

-Mahatma Gandhi

This quote sets the tone for our purpose, our ikigai, to chart a concrete path, cultivate an idea, grow on it, dream big and foster a culture of collective action.

Our achievements this month are stories of hope. They are evidence that we can change the world and mirrors the special bonds that we have built through our regular meetings, involvement in projects, and participation in district events.

As we travel ahead, look for that one possibility that inspires you, dovetails to why you are here and why you are doing this work. I believe SOBO is a vibrant, innovative, impact-focused team of Rotarians who are eager to fill this world with light.

Together we can accomplish. Together we can create MAGIC!

Humbly,

Rajiv





THE 3H VISION

by Amita Kini Singh

In November 2020, District Governor Sunnil Mehra announced the innovative 3H Project to tackle challenges to manage Health, Hunger, and Hygiene in the region. Through this unique initiative, clubs are funded by the District for a 'minimum' project size for all or either of the following activities:

- **Health:** Distribution of Malnutrition Kits (food and vitamin supplements) to 10 children for six months, each costing Rs 2500 per child.
- **Hunger:** Distribution of Annapurna Meals to 3,000 beneficiaries, each meal costing Rs 15. The up-front investment by the Club of Rs 45,000 will be fully reimbursed by the District.
- **Hygiene:** Distribution of Menstrual Hygiene Kits for 2 years to 12 beneficiaries, each kit costing Rs 250. These kits also will be provided by the District.

The District Governor also announced 3H Multiplier Awards wherein an additional grant of Rs 75,000 would be given to the winning Clubs, which would multiply this project using their own sources, over and above the minimum values indicated above.

We are proud to announce that our club got off to a great start with the distribution of 350 meals on the 10th of March at 3 district centres in Mumbai - Cuffe Parade (Magician

Foundation India), Jacob Circle and Bombay Central (Sankalp Centre), with the active participation of our member volunteers. This was followed with Meals and Fruits being donated at the Centre for Destitutes, Old Age Homes, Home for Juvenile children, Orphanages, etc. Since our target is to distribute a minimum of 3,000 meals to the needy, we urge more members to join in! Your time and support is also needed to get runs on the board for Health and Hygiene, so do volunteer!

GIVE TO GAIN

by Els Reynaers

Rotary District 3141 has launched a waste reduction initiative; all you have to do is donate waste or products that you no longer use from your home, building society, office, or factory. The proceeds, obtained from a recycling company that Rotary has tied up with, will be donated to the Rotary Foundation of India. This way, we help segregate waste, thereby ensuring that these products do not end up being sent to landfills. It also supports the Brihanmumbai Municipal Corporation (BMC) with its solid waste management mandate and enables the Rotary Foundation and our Rotary District to support and implement laudable projects.

Are you interested in supporting this Give to Gain initiative or helping coordinate this activity?

Contact any of the Directors of the Rotary Club of Mumbai SOBO or email: admin@rotarymumbaisobo.org



ROTARY ANGELS!

At a time when the world was struck by an unexpected pandemic, The Rotary Foundation stepped up and pivoted its role to help individuals in this hour of uncertainty via Rotary Angels.

It is a unique program aimed at the bottom of the pyramid, to provide much-needed financial assistance to the poor sections of society, such as School Fees, Hospital Bills, money for Jobs lost, etc. Besides many members, one generous Angel from our club came forward and fulfilled the requirement for the whole year all at once. Bravo!

AASHIYANA!

The Rotary Clubs of district 3141 have undertaken a project to provide SHELTER to tribal families in the Palghar District. Each family will receive a 25 sq meter concrete house with a toilet at no cost to them. This noble cause has offered an opportunity to fulfill basic human needs and help the underprivileged.

We at Rotary SOBO have collected and committed to 3 houses costing Rs. 70,000 each.

by Geetanjali Khadria



In the spirit of Women's Day, **YOU WALK... I CYCLE!**

by Sheetal Idnani

The Rotary Club of Mumbai SOBO had its first mega health and fitness fellowship event with a twist on Sunday, March 7th. It was a fun and high spirited event that got the club off to a great start.

The Walkathon/Cyclathon event included a unique picturesque walk in the vast greens of the race course. Members were paired and given a set of pictures to spot, and click some creative selfies and add unique tag lines to it. Simultaneously, a cyclathon was organised for members who chose to cycle on a pre-decided route scaling the scenic Worli sea face. They were given a set of tasks on the 8 kms stretch. They clicked some humorous and quirky pictures along the cycling route. The event culminated at the NSCI club with a scrumptious breakfast spread for the happy and exhausted group of members who were thoroughly entertained over chai and some delicious batata wada by a 'joshila' whistling match amongst fellow members.

We saw great camaraderie by the club members who sported white t-shirts and inspired slogans on the back of their t-shirts, to show solidarity and awareness towards Women's Day. A feisty attempt to hunt the clues and catch some fun pictures created new friendships and made this early morning start worth waking up to. It was a vibrant Fellowship event with loads of prizes won by the members.

A beginning of good things to follow!

Cyclathon Photo Hunt Tasks

TASK 1: CLICK A PIC OF YOUR GROUP AN UNUSUAL PERSPECTIVE
EG - COULD BE EVERYONE'S SHOES

TASK 2: SELFIE PIC AT THE GRAFFITI WALL
HINT - NAME OF THE PLACE

TASK 3: CAPTURE YOUR REFLECTION/SHADOW AT WORLI SEA FACE PIT STOP
ADD A TAGLINE TO IT

TASK 4: A PICTURE OF YOU OR YOUR TEAMMATES AGAINST ANY KIND OF TRAFFIC SIGN/SYMBOL

*POST ALL 4 PICS ALONG WITH A TAGLINE ON THE SOBO WC GROUP BY THE END OF THE DAY. PRIZES WILL BE ANNOUNCED NEARLY ALL THE BEST!

Walkathon Photo Hunt Clues at Race Course



CLUE 1: I HAVE MANY LOOK ALIKES. I AM YOUR PIT STOP. TAKE A SELFIE WITH YOUR PARTNER USING THIS EXCLUSIVE BACKDROP BEHIND ME!



CLUE 2: SPOT ME ON YOUR WALK. CLICK MY PICTURE & IT MIGHT BE YOUR TICKET TO WIN A PRIZE!



CLUE 3: I AM THE WHITE PICKET FENCE, INCLUDE ME IN AN UNUSUAL PICTURE WITH YOUR PARTNER & ADD A TAGLINE DESCRIBING THE WALKATHON EXPERIENCE!

Post all 3 pictures along with a tagline on the SOBO WC Group by the end of the day. May the best Partnership win!

DID YOU KNOW?? Biking Benefits

Relieves stress

Reduces risk of heart disease

Boosts metabolism

Gives you legs of steel

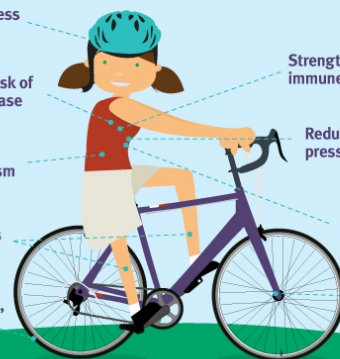
Burns calories, not fuel

Strengthens your immune system

Reduces high blood pressure & risk of diabetes

Helps you lose fat, build muscle

Improves coordination



WOMEN'S DAY

by Heather Kaikini



The percentage of driven women members in the newly chartered Rotary Mumbai SOBO, India is 51%. By contrast, in July 2020 - a solid 32 years after women were allowed to join Rotary International across the globe - the number of female members stands at 23%.

Rotary SOBO reflects the microcosm that is modern Mumbai - an amalgam of faiths, genders, nationalities, and cultural approaches - a city, a country still awakening, with opportunity and the promise to fulfill it.

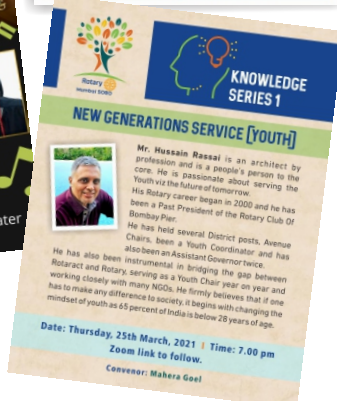
For all the *punarjanm* and *aasha* of a settling Covid world, the International Women's Day Theme for the Year 2021 encourages women to rise, to "Choose to Challenge," be bold, be aware, be confident, be capable. "For there is always light if only we're brave enough to see it, If only we're brave enough to be it." Be Your Maximum. The Maximum City and Rotary SOBO are together building the foundation.

"Borrowed from the poem of US Youth Poet Laureate, Amanda Gorman, at the US Inaugural Address of President Joe Biden 2021 - 'The Hill We Climb'"

ACCOLADES



GUEST SPEAKERS



Save the Date

02 April - Club meeting @ 7.30pm: Member focused interaction & Knowledge Series 2

03 April - **3H Project** : Visit to District Palghar with member volunteers

06 April - Knowledge Series 3 & 4

09 April - Club meeting @ 7.30pm

Speaker: Amruda Nair, hotelier (Leela / Araiya Hotels)
Taking Risks & Learning from Failure – My entrepreneurial journey & the lessons learnt along the way

14 April - Monthly Board meeting

16 April - Club meeting @ 7.30pm: Member focused interaction

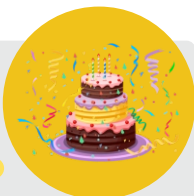
20 April - Knowledge Series 5 & 6

23 April - Club meeting @ 7.30pm:

Speaker: Mahabanoo Kotwal, Theatre Director & Film artist
Films, Women identity & equality

30 April - Club meeting @ 7.30pm: Member focused interaction

BAAR BAAR. YEH DIN AAYE



04 April - Ravi Mullick



STAHLER 4/22

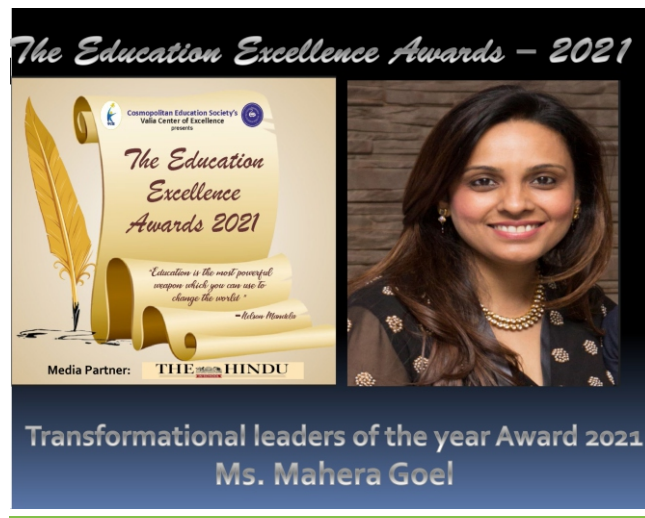


TALK OF THE TOWN

An Alumni of the Harvard University, a Mumbai University topper, IB Workshop Leader, Principal of Fazlani L'Academie Globale, and now Director Youth Services at Rotary SOBQ, Mahera Goel's record stands top tier. Recognized by Cosmopolitan Education Society's Valia Center of Excellence, Mahera is the eminent recipient of "The Education Excellence Award - Transformational Leaders of the Year 2021". With 20 years of educational expertise, Mahera led with three keys during 2020: 1) Passion and Perseverance 2) A Clear Vision 3) Being a Change Agent.

We salute you, Mahera, and welcome your progressive vision and collaborative approach in Rotary SOBQ!

Her dreams stand tall as she shares lines from her favourite book **Linchpin by Seth Godin**. "I want to be a 'Linchpin' to be the artist I am, to make a difference, to stand for something, to invent, to create, to connect, and to be indispensable".



thought of the month

ALONE we can do so LITTLE;
TOGETHER we can do so MUCH
-HELEN KELLER

Holi with Rotary District Monthessary Celebrations on Friday, 26th March, 2021

by Niharika Malik

It was a red-letter day for our club as we organised a Holi event on the District's Monthessary.

Exciting videos raised anticipation levels, and RJ Vaibhav from **Fever FM** was ready for a cracker of an evening. Our club members gathered virtually for a spirited round of cheers with thandai kulhars and organic colours, post which we welcomed our guests.

Popular Holi songs, nattily dressed Rotarians, movie and music trivia, tongue twisters, and the Rangversity Awards lent a festive air to the evening. **The Pinnk Door** and **Mer Konfekkt** sponsored some exciting goodies for our winners.

After grooving to popular Holi tunes, it was time for the vibrant soir  e, replete with laughs, music and interesting conversation to draw to a close. It had certainly been a befitting Holi celebration, the myriad hues of fellowship, service and member bonding melded together in a veritable symphony.

Sponsors:



Rangversity Awards 2021

- The Vibrant Fashionista Award
Beautiful in blue or lovely in lavender? This is for the one who has mastered it all and is the best dressed in colourful clothes.
- The Soda Pop Award
No more blues! This goes out to the most energetic, positive and bubbly Rotarians.
- Mr/Mrs. Sunshine
For our yellow fellows, who are spontaneous & chirpy.
- The Fastest Finger First Award
This is for the ones most active on the chat, with correct answers.
- The Rangeen Personality Award
For the talented multifaceted Rotarians amongst us.
- The Green Tick Award ☒
For our Mr. and Ms. Right's- the ones with all the right answers.



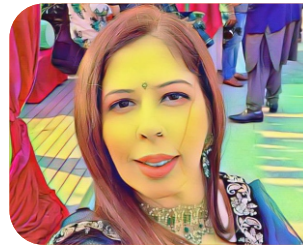
for better or for verse

penned by Rajiv Punater



Dr. Manish Motwani
Club Advisor

'Making a difference' is the clear cut vision and aim,
Dr Manish is an icon and his work is his fame;
A terrific orator with a smile to match his wit,
Blessed to have him as a Mentor... every bit.



Monica Grover
Club Trainer

The one woman army of the Rotary,
A huge fan-following as her coterie;
Monica is a go-getter and of substance galore,
Kindhearted and helpful, yeh dil maange more.



Rajiv Punater

President
English that's immaculate,
a tall and handsome gait,
Born in Shakespeare's time,
But he survives to date;
Man with the infectious laugh,
spreading all the cheer,
Here's wishing him all the best,
for the Rotary year!

penned by Friends of 1994 Rotaract Club of Churchgate



Swati Jatia
President Nominee
& Club Service

A petite, sweet n shy lady at heart,
Being creative is her talent & is the best part;
Organising Club events give her a very big high,
Swati is ever dependable, she's a wonder, my my!



Niharika Malik
Secretary

The David of SOBO, putting Goliath to shame,
The youngest member... prim n proper like a dame;
A flair for words, language is her strength,
Niharika is the person to go to at the Nth.



Mahera Goel
Director New Generation
Youth Service

M is for Magic, Maidenly too if you please;
Mahera is a Youth educator,
always smiling at ease;
Modest of her triumphs, with feet on the ground,
Quietly at her work, without making a sound.



Vaishali Kale
Director Medical

A youngster with enthusiasm and a heart of solid gold,
Often reaching out to the needy, without ever being told;
Vaishali is director Medical, community service makes her day,
Posing for photos is a passion too, mentioning by the way.



Els Reynaers
Jt. Sec. & Director International
Service

The life of our group, witty & delightful to say the least,
Els our International star has the heart of a priest;
Listening to her in Hinglish, is a joy that brings about laughter and a roar,
Talking is her passion, of which one can never bore.



Rakesh Jhaveri
Director Non-Medical

Silence is golden, that's the mantra of Rakesh here,
Curating sumptuous menu's brings him satisfaction & cheer;
Actions speak louder than words is the belief,
Non-medical service is his forte n relief.



Jasraj Vidhani
Director Vocational Service

Being a power house 'behind the scenes' is a desire,
To impart Vocational service is all that he aspires;
Jasraj is a dependable force to reckon with,
Yearning to work with determination n grit.



Sheetal Idnani
Treasurer

Money and bags are really her passion,
It simply doesn't run out of fashion;
That's Sheetal our Treasurer at the core,
Always ready to be at the very fore.



Jaishri Kimmatkar
Sergeant at Arms

The toughie of the pack, flexing her bent in design with charm,
Jaishri is the super power and our Sergeant at Arm;
Be at your best behaviour, don't rub her the wrong way,
The pleasant lady can give a glare, be good what say!



Sunayana Vora
Director PR

A wise person with clarity of thought,
Her PR skills are certainly to the dot;
Sunayana is the calm person one seeks to be,
Fitness and balance on her face we can definitely see.



Rajeev Goenka
Director Membership

Enthusiastic and raring to go all at once,
Our m'ship director can be at sports for years n months;
Rajeev is the man to approach for an active gig,
No task is humongous for him nor too big.



DO WHAT YOU CAN!

Take a step forward to show your generosity to help the society around us.
For sponsorships / advertisement:
Call **Kaushal @ +91 98217 15431**

Co-ordinator : Sunayana Vora

Editorial Team : Els Reynaers, Geetanjali Khadria, Heather Kaikini, Kailash Chaudhari, Kaushal Shah, Mahera Goel, Rajiv Punater & Sheetal Idnani

Social Media Team : Amit Parikh, Jaishri Kimmatkar & Swati Jatia



Rotary Club of Mumbai SOBO

Email: admin@rotarymumbaisobo.org

Follow us



[rotarymumbaisobo](https://www.instagram.com/rotarymumbaisobo)



Rotary Club of Mumbai SoBo