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Mangalore

R.I.DIST 3181

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President

Rtn PHF Sudhir Kumar Jalan

Mob- 9844042707

sudhirjalan@gmail.com

Secretary

Rtn PHF Arjun Nayak U. S

Mob- 9731002000

arjun.nayak.an@gmail.com

Editor

Rtn PHF Mithun Bhat Kakunje

Mob- 9845085180

mithunbhatk@gmail.com

Program Today

28th October 2021

Dr Krishna Nayak

**Experiences in the
Dental Field**

Tea Meeting
Anns & Guests invited

**RO
TAR
LORE**

CLUB DIARY

21st Oct 2021: Mr. Nerenki Parshwanath – GM, Mandovi Motors - Digital Transformation of Life & “Mad in Kudla” Team – Stand-up Comedy

The club met this week once again in hybrid setting with members present both in the physical meeting at Hotel Moti Mahal as well as digitally on Zoom Meetings. Club President Rtn PHF Sudhir Kumar Jalan called the meeting to order at 19:20. The invocation was rendered by Rtn PHF Kiron P. K, and President Sudhir Jalan welcomed the Chief Guest, Team Mad in Kudla and all Rotarians. After commemorating birthdays and anniversaries, announcements were made regarding Interact installation programs, one was held on Saturday the 23rd 10.30 at Navachetana School, and the other on Wednesday the 27th at 14:00 for PUC & at 15:00 for High School of Sharada School. Further announced was the cyclothon organised our District on the occasion of World Polio Day on 24th Oct 21 at 06:00 from Mangala Stadium. As well as the Multi Zonal Cultural meet “Avishkar” which was on 24th Oct 21. The Zone Cricket Match has been Organised on 7th Nov 2021. The Zone Level Indoor Sports competition dates have been announced and it will be held on 5th Dec 21 at Mangala Stadium. The TRF Seminar will be held on 21st Nov 21. The Outdoor Sports events competition dates has been postponed to December.

The Chief Guest, Mr. Nerenki Parshwanath, was introduced by Rtn PHF Dr Siddarth Shetty. Mr. Nerenki Parshwanath talked about digital gadgets which have forayed into our daily lives. He showcased a whole host of gadgets including a Netgear Wifi range extender, Qualcomm Chipset TP link Modem, an Anker quick charge 3.0 charger, an Amazon basics 10W Qi Charger, Striff 360 Rotatable Multi Angle Camera, A 4TB My Passport wireless Pro external Hard Disk Drive, Panasonic Lumix DMC Fz1000 point and shoot Camera, a DJI pocket camera Handheld 3 axis Insta 360 one x2 action camera among others. He discussed in varying detail regarding the many gadgets he used, and also presented a video which he shot using his 360 camera. He went on to discuss a Zoom H3 handy cam, a Mavic pro drone camera which was used for capturing drone shots. He also spoke of the Kindle, Apple iPad and the various features etc. He then touched upon photo editing & related apps and also spoke regarding QR codes.



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Afterwards the vote of thanks was delivered by Rtn PHF Dr Arjun Nayak US and the meeting was adjourned with our National Anthem.

“Life is better when you’re laughing” it is said.

Next up was Stand-Up comedian Arpith Indravadan from Mad in Kudla who thoroughly cracked up the Rotarians for an hour or so.

His interesting topics on Kudla ranged from roads to bikes to riders. An elaborate leg-pull of a few Rotarians in the audience made it all the more amusing. Indeed a great talent, members are already demanding an encore.

All’s well that ends well. Some great fellowship and a scrumptious dinner followed.

- With inputs from Rtn PHF Aditya Pai

Today’s Speaker




Prof. Dr. U.S. Krishna Nayak secured his B.D.S. degree from the College of Dental Surgery, K.M.C., Manipal (1982) and later went on to do his M.D.S. in Orthodontics from the same college in 1985.


He has been an integral part of the A.B Shetty Memorial Institute of Dental Sciences, ever since its inception in 1985. Having served as an Assistant Professor, Reader, Associate Professor, Senior Professor, Vice Principal and Dean Academics over the years, currently, He is the Principal and Dean & the Head of the largest Orthodontic Department in the country that has churned out a record number of over 250 Post Graduates over the past 30 years.

In recognition of his exemplary contributions through the years to the field of Dentistry in particular and the Society in general, he has been bestowed with numerous laurels such as The highest civilian award in the state of Karnataka - THE STATE RAJYOTSAVA AWARD in 2003, RAJIV GANDHI AWARD FOR HUMAN EXCELLENCE, The INDIAN DENTIST OF THE YEAR AWARD-in the year 2002, MAN OF THE YEAR IN DENTAL HEALTH-2008 by the American Biographical Institute, and The Special

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Recognition Award from the Asia Pacific Dental Federation 2008.

Right from the outset he has been an efficient administrator and an organizer par excellence, having been at the helm of several National and International bodies and organizations as PRESIDENT, INDIAN DENTAL ASSOCIATION HEAD OFFICE (2000-2001), NATIONAL PRESIDENT, INDIAN ORTHODONTIC SOCIETY (1999-2000), CHAIRMAN OF THE PIERRE FAUCHARD ACADEMY[2011-12], (India Section), PRESIDENT OF INTERNATIONAL COLLEGE OF DENTISTS, SECTION VI [2012-2013].

A keen academician, astute clinician, and an exemplary speaker, he has been at the forefront of Dentistry & Orthodontics as a Mentor& Educator. He has delivered several Keynote lectures and Orations& has presented and published many award winning Clinical and Research papers with a whopping more than 250 publications to his credit in International & National journals. He is also the Member of the Editorial Board of many reputed Journals including Quintessence International,

He has been conferred with the very prestigious Dr. A V Arun's Outstanding Professor Award 2014 by the Indian Orthodontic Society and also Awarded the Fament Excellence Award – 'Academician for the Year 2016'.

He was conferred the Distinguished Alumni Award at the Golden Jubilee Celebration of the Manipal University and also bestowed upon with the Mastership of the International College of Dentists, USA.

In recognition of his exemplary feats in dentistry, He was conferred the prestigious Membership of the Faculty of Dental Surgery, Royal College of Physicians and Surgeons, Glasgow (MFDS- RCPS) in August 2015!

OUR ROTARIANS IN THE NEWS

The Interact Installation Programme in Navachethana School, Neermarga was held on Saturday, 23rd October in the school campus, Invocation by the school choir students. Then the gathering was welcomed by Mrs. Sathyasheela, The Headmistress of the school. The dignitaries for the programme were our Club President Rtn. Sudhir Jalan and Youth Service Director Rtn. Vinod D'Souza. Lighting of the lamp was conducted by the dignitaries on stage.



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The Office Bearers for the newly installed Interact Club are as follows.

President: Kum. Varshita

Vice President: Kum. Dhrathika

Secretary: Master Sampreeth

Sergeant-at-arms: Kum. Sharvaree S

Rtn. Sudhir Jalan inducted the newly appointed president and Rtn. Vinod D'Souza installed the other office bearers. The Interact President gave her acceptance speech and thanked all. The president and youth service director motivated the Interactors by their inspirational words. The programme came to a close by Vote of Thanks by the staff in charge of Mrs. Ashwini Nayak. This was followed by National Anthem. M.C. Kum. Kalpitha took care of the proceedings smoothly. The entire programme was co-ordinated by staff in charge Mrs. Ashwini Nayak and Head Mistress Mrs. Sathyasheela.

- Reported by Rtn. PHF Vinod D'Souza



Rtn. PHF Mithun Bhat Kakunje conducted a CPR training and demonstration for the members of Rotary Club, Mangalore Midtown on Sunday, 24th October 2021.

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THE WEEKLY BULLETIN OF THE ROTARY CLUB OF MANGALORE



Members of Rotary Clubs of Zones 2 and 3 organised End Polio Cyclothon, to commemorate World Polio Day, in the city on Sunday 24th Oct 21. The event was flagged off by Rotary Past District Governor Rtn. Ranganath Bhat. Around 50 cyclists participated in the cyclothon that covered places including Kuloor, Panambur, Baikampady, Chitrapura, Hosabettu, Guddekopla, Doddakopla and Surathkal Light House. A total of 36 km was covered during the rally. President and members of Rotary Clubs of Zones 2 and 3, Assistant Governors Raghavendra P, Yathish Baikampady and Zonal Secretary Nithin Kamath were present. Our club was represented by Rtn PHF PP Dijaraj Nair, Club President Rtn PHF Sudhir Kumar Jalan and John Anirudh.

- Reported by Rtn. PHF Sudhir Kumar Jalan

Essay competitions were conducted for the Interact Clubs of Zone 2 and 3 in Hindi, Kannada and English. I am happy to announce that our Interact members of Rotary Navachetana School took part and have come out in flying colours. They have bagged the top awards as well as consolation prizes in all the three languages. We feel proud to congratulate the Management, Headmistress, staff of the school and of course the students on their achievements. Keep the flag of Navachetana school flying high.

- Reported by Rtn. PHF Vinod D'Souza



On account of World Psoriasis Day, Rtn PHF PP Dr Narendra Kamath will be giving a talk on Psoriasis Management - Busting Myths & Treatment Guidance on 92.7 Big FM Radio on 29th October 2021. His words will be on air from 07:00 AM to 11:00 PM.


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Rtn PHF PP Nagaraj Palke participated in Avishkar 2021, conducted in connection with the Zonal Cultural Meet 2021-22 and has bagged the first prize in the Solo Song Rotarian.



Rtn PHF Jayaprakash Rao's son Rishab has made it to IIT Bombay. Congratulations to Rishab and proud parents.

We regret to inform you that Rtn PHF B Ganesh Nagvekar's Uncle, B. Chandrakant Nagvekar, passed away on 21st October 2021. Our deepest condolences are with the family.

ERADICATING POLIO IN THE TIMES OF COVID - PRIP RAJA SABOO



October 24 is World Polio Day in the time of the coronavirus pandemic. The anti-polio drive continues to be important because it is directed at children, our future. It was in 1978 that Rotary dreamt of a polio-free world. Thereafter WHO, UNICEF, CDC (Centers for Disease Control and Prevention) of US Administration, joined in the drive. Finally, Bill and Melinda Gates Foundation

became a significant partner. Building on decades of experience stopping the polio outbreak, the partners have a critical role to play in protecting communities from the unprecedented pandemic as they did in the past in response to Ebola and Avian flu.

Nigeria became free of polio in August 2020 and with that wild polio virus transmission is at the lowest levels in history with just two cases, one in Pakistan and the other in Afghanistan. It represents a unique opportunity to finish the wild polio virus once for all in this last remaining global bastion of the disease.

After certification of eradication, OPV (Oral Polio Vaccine) was stopped and the IPV (Inactivated Polio Vaccine) has been introduced. OPV is the live vaccine which has the risk of vaccine derived polio while IPV is based on dead virus, and it does not carry any risk. But it's important to understand that Oral Polio Vaccine carried the capacity of herd effectiveness. And without OPV, we could not have attained this immunity. OPV, therefore, is continuing in countries like Pakistan and Afghanistan.

There are three types of wild polio virus. Type 2 wild polio virus was eradicated in September 2015 while Type 3 wild polio virus has not been found since November 2012 and was certified eradicated on 24 October, 2019. This means only type 1 polio virus continues to circulate.



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There has been vaccine derived polio virus outbreak in 25 countries worldwide, mostly in Africa but also in some parts of Middle East and Asia. Circulating VDPVs occur when routine or supplementary immunization activities are poorly conducted and enough children are not reached with vaccine to ensure full immunity. The total number of vaccine derived polio virus cases in 2020 was 1123. In 2021, there have been less than 200 cases so far. We have to understand that these cases happen where children miss vaccinations. When children are fully vaccinated, VDPV is not a problem. Last November WHO granted its first ever emergency use listing for a vaccine to the Novel Oral Polio Vaccine type 2 (nOPV2). This is a vaccine that has been under development for almost 10 years. It is as effective as the existing vaccines and has much greater genetic stability. That makes it less likely to regress to cause paralysis.

Fortunately, India is free of wild polio virus since 2011 and no vaccine derived polio virus. However, India is concerned with polio virus in neighborhood countries Pakistan and Afghanistan. Pakistan is very organized with surveillance for disease detection including laboratory network. It also has a tradition of routine immunization of newborns. For Afghanistan, there has been apprehension about the new Taliban Government. The good news is the new Government is now in favor of polio vaccination. Only today we learnt that the Taliban Government has agreed to restart a door-to-door vaccination program from next month to eradicate polio. We hope polio will finally be eradicated. Once it happens, the world will reap substantial financial, as well as humanitarian, dividends. Recent modelling attests that eradicating polio will generate a cumulative saving of US\$14 billion by 2050. In financial terms, the global effort to eradicate polio has already saved more than US\$27 billion in health costs since 1988.

The plus strategy aims to stop the circulation of all wild and vaccine derived polio virus by no later than 2023, and polio-free certification by 2026. Indeed, the Rotary dream of 1978 will now be realized.

The great sportsman Pele had rightly said, “The more difficult the goal, the greater the happiness in winning”.

Source: The Indian Express, October 23, 2021

Anniversary Greetings

Rtn PHF Dr Paul Varghese & Ann Dr. Saritha - 15th October

Club Pulse

21.10.2021

Club Strength	93
Present	66
Absent	27
Percentage	71%
% after Make-up	
14.10.2021	52%
07.10.2021	49%

Weekly Meeting

Thursday

At 7.00 PM

**Online Meeting
(Zoom App)**

&

Physical Meeting

At

Hotel Moti Mahal

Program Next Week

4th November, 2021

Dr Jomon Lonappan

Asst. Professor, SDM
MBA College

**My Experience as a
Rotaract-in-Charge**

Tea Meeting
Anns & Guests invited