

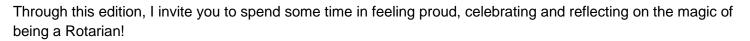
Club of Gurgaon Qutub EnclaveVol. 25 Issue 2 End-August 2021District 3011, Zone 19RI President – Shekhar MehtaDistrict Governor – Anup MittalPresident: Meeta Ghosh

From the Editor's Desk

August was an action-packed month and you will see that quite clearly in this newsletter. From a befitting 'August' company of our veterans from armed forces sharing their experiences, to all of us sharing our joy with each other and with visually impaired children, we did it all.

This time we have covered more in pictures for you to relive those moments including a special photo feature on our Club Assembly.

In 'Beyond Borders' we capture some moments that truly make us proud to be a part of an organization that has always strived to think and do beyond ourselves.



Warm Rotary Regards,

Aparna Gupta

September 2021:

Basic Education and Literacy Month

Basic Education – a fundamental right in some countries and, unfortunately a dream in others!

Get ready to do your bit to make this a reality for all, so that children can use it to dream about other fascinating things.



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Horizon End-August 2021, Rotary Club of Gurgaon Qutab Enclave

President's Message

Dear Fellow Members,

August is a month to celebrate new members and forming new friendships. Since the beginning of this Rotary year, we have welcomed 7 new members plus one member conversion from Honorary to Regular membership.

The new members are all charged up and very upbeat. It's a pleasure to interact with all of them.

We are in the process of bringing in two new members this month. First Club assembly was a huge success on 1st Aug, followed by eminent speaker Retired Air Marshal B.N. Gokhale addressing our club on war strategies wherein we had invited 04 other Rotary clubs to jointly cohost with us, namely, Cosmopolitan Club, Gurgaon City, Riwari Main and Riwari City. Aug 13th was also PATRIOTIC DAY.



On 14th Aug, we did Flag Hoisting at Behrampur Blind School and in the evening we co-hosted with Rotary Club Gurgaon City, speaker meeting with General Bakshi as the speaker.

On Sunday, the 15th Aug, we did a Blood Donation camp at Emaar Palm Drive. Along with the Blood Donation we also held membership drive and old smart phone collection for the benefit of less privileged kids.

Next weekend brought young Navika's birthday celebration with the less abled children of the Blind School with a South Indian lunch.

But before this all, we did the 2nd 500 sapling plantation at our member Rtn. Sabarwal's farm on 31st July at Baliawas village.

The high point of the month has been high energy and total involvement of all members. When a club smiles together then it works for community betterment together too.

We plan to make everyone smile with us!

Meeta Ghosh President 2021-22







Rotary International President's Message August 2021

As we focus on membership in Rotary this month, I ask you to help make history this year. For more than 20 years, our membership has stood at 1.2 million. Rotary is a vibrant organization with a 116-year history, members in more than 220 countries and geographic areas, and a rich legacy of work in polio eradication and other humanitarian programs. As we *Serve to Change Lives*, don't you think Rotary could have an even greater impact on the world if more people were practicing Service Above Self?

My vision is to increase Rotary membership to 1.3 million by July 2022, and the call to action is simple: Each One, Bring One. This year, I want every Rotarian and Rotaractor to introduce a new person into their club. We are a membership organization, and members are our greatest asset. You are the ones who contribute so generously to The Rotary Foundation. You are the ones who dream big to bring good into the world through meaningful projects. And of course, you are the ones who have put the world on the brink of eradicating polio.

As we make membership a priority this year, let us focus on diversity by reaching out to younger people, especially to women. Every club should celebrate its new members, and every Rotarian who sponsors a member will be personally recognized by me. And those who bring in 25 or more members will be part of our new Membership Society.

Even as we share the gift of Rotary with others, let us be sure to engage these new members, because an engaged Rotarian is an asset forever. And remember that engaging our current members and keeping them in our clubs is just as important as bringing in newcomers. Let us also be ready to form new clubs, especially flexible ones. I am very bullish on clubs that hold virtual or hybrid meetings, and satellite clubs and cause-based clubs can also be very effective ways of growing Rotary.

As you *grow more*, you will be able to *do more*. Let us keep *empowering girls* through our work in each of the areas of focus. Scholarships for girls, toilets in schools, health and hygiene education — there is so much we can do. Projects focused on the environment are also attracting interest the world over. Do participate in these projects locally and internationally to make this world a better place for us and for all species.

Each of you is a Rotary brand ambassador, and all of the wonderful work done by Rotarians around the world needs to be shared outside the Rotary community. Use social media to tell your friends, colleagues, and relatives the stories of Service Above Self.

Finally, I'm challenging every club, during the coming year, to plan at least one Rotary Day of Service that will bring together volunteers from inside and outside Rotary and will celebrate and showcase the work of your club in your community. Visit **rotary.org** to find out more about all of these initiatives, along with other ways to *Serve to Change Lives*.

Shekhar Mehta President 2021-22





Tree Plantation at Baliawas



Taking advantage of the rainy season, a tree plantation drive was organized at Vakil Farms, Baliawas. Club members came together with their families to plant saplings. With lots of good work and laughter, it was an event that combined fellowship and service beautifully. Over 500 saplings were planted.





Speaker Sessions

Talk on: '1971 War and National Security' By Air Marshal B N Gokhale (Retd.)

Retd. Air Marshal and former Vice Chief of Air Staff B. N. Gokhale has flown over 3500 hours on a variety of combat and trainer aircraft is also a Paul Harris Fellow (PHF). He talked about the guru mantra "Keep your feet always on the ground".

In his speech he talked about the 1971 war and how the division happened? He also talked about how China, though being younger to us, still able to acquire land in J&K. He talked about Samanvay, where in all the forces and the PM along with his ministers can talk freely and express views.

Talk on: 'Leadership in Adversity' By Maj. Gen. G D Bakshi (Retd.) SM, VSM

General Bakshi spoke about the Kargil war and how the present Govt has strengthened the hands of the forces by giving them power to decide the last mile action.

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SERVE TO CHANGE LIVES

Club Assembly 01Aug : A photo feature



The teams gave each other a tough competition but what won was – creativity and enthusiasm!







Fellowship and Fun – that's what it was about!



Special Guests from Paras Hospitals also attended





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Two Events at Blind School, Behrampur

Flag Hoisting on Independence Day

Flag Hoisting was done at the school. The children put up a wonderful compendium of patriotic songs for which the music also was played by the students themselves. It was heart-warming to see the performance of such a high standard. Thereafter, President Meeta Ghosh encouraged them with her words and a very interesting and inspiring talk was given by Rtn. Madhu Bala Sharma who enthused them with relevant examples of



her own life that the students could relate to

beautifully. Snack boxes brought in by Rtn. Sushma and Rtn. Lalit Mattu were served to all students and staff of the school.

Birthday celebrations

Navika Singal, daughter of Rtn. Namisha Rajgarhia and Mr. Vinayak Singal celebrated her 5th Birthday with 100 kids of Blind School Behrampur Gurgaon with support from Rotary Club Gurgaon Qutub Enclave.

All kids enjoyed the hearty South Indian meal served to them. The event was well attended by Rotary Qutab Enclave President Meeta Ghosh, Honorary Secretary Rajeev Goel, Treasurer Mohin Bangia and other members of the club. In true Rotary spirit, they believe that children and adults with visual impairment and other disabilities are invaluable human assets. They deserve the right kind of recognition and opportunity in an inclusive environment.









Blood Donation Camp at Emaar Palm Drive, Gurugram

Blood Donation Camp was organised on August 15th 2021, Independence Day in association with Rotary Blood Bank, Gurugram at Emaar Palm Drive, Gurugram.

Each of the 32 donors were felicitated with a medal, certificate and a card from Rotary Blood Bank which is valid for one year and can be used for self, relatives and friends.





The camp was well organized by Wing Commander Baljeet Ahluwalia and his team. It was equally successful with other club members too volunteering for it Mobile Phones Collection for education and Club Membership Drive were also on the agenda

DG. Rtn. Anup Mittal & First Lady Rtn. Shruti Mittal graced the occasion

Following information about blood donation will be helpful for everybody:

One can donate blood if one is healthy, between 18-60 years of age; weigh more than 45 Kg and have haemoglobin more than 12.5 gm/dl. One should not have not suffered from jaundice, malaria, typhoid or any other infections disease in the recent past. All blood collected is tested for Venereal Diseases, Jaundice, Malaria and AIDS. However, you are required to give an honest history of any disease that you may have suffered from, to the doctor at the time of donation, for the safety of both yourself and the patient.

Steps in blood donation

Firstly, Donor Registration form cum Medical and Health Assessment questionnaire needs to be filled with all particulars for the safety of both the donor and recipient. Thereafter, a doctor re-examines the same. After potential donor signing on the declaration form, a preliminary medical screening, including checking of blood haemoglobin level, weight, height & B.P. is carried out to assess their fitness for blood donation.

The blood donation itself takes only about 5 to 8 minutes and the entire process lasts less than 25 minutes. Amount of blood collected is 350ml to 450ml of whole blood (RBC+Platelets+Plasma), depending upon weight and blood pressure of individual as decided by doctor at the time of donation. All blood collection articles e.g. bags including needles are used only once and destroyed and disposed immediately after use.

Light refreshments are served after the donation. Rest for about 10 to 15 minutes before leaving is mandatory. If one feels unwell like giddiness it should be reported to doctor immediately. Read the Post-Donation-Care Leaflet carefully. One can donate blood again after 3 months safely. These few minutes of yours will be time well spent as they could the difference between life and death for someone.







Beyond Borders

Bon Voyage to RI President Shekhar Mehta



Tanya our ZIR candidate was selected from Amity International School 43, Gurugram

Our District collected \$ one million at this event for Rotary Foundation



AG Sushma Mattu, President Meeta Ghosh with DG Anup Mittal attending Bon Voyage to RI President

"Why Join Rotary" Top 20 reasons:

- 1. Friendship / Fellowship
- 2. Professional Networking
- 3. Personal Growth and Development
- 4. Leadership Development
- 5. Citizenship in the Community
- 6. Continuing Education
- 7. Fun
- 8. Prestige
- 9. Citizenship in the World
- 10. Assistance When Traveling

Encourage Someone to be a Rotarian

- 11. Public Speaking Skills
- 12. Entertainment.
- 13. Development of Social Skills
- 14. Family Programs
- 15. Vocational Skills
- 16. The Development of Ethics
- 17. Cultural Awareness
- 18. Nice People
- 19. Absence of an Official Creed
- 20. Opportunity to Serve



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Forthcoming Birthdays & Anniversaries

September

4th	Madhu Bala Sharma
6th	Sanjeev Sawhney
11th	M. M. Mathur
19th	Ashok Thussu
26th	Ankur Ghosh





September No wedding anniversaries this month

We welcome any comments or suggestions that you may have for this newsletter Please share them on whatsapp or a mail on <u>aparnagupta747@gmail.com</u> OR +91 9811305030



