

# डोंबिवलीची **SUNCITY EXPRESS** OCT 2024

**Community Economics and Development**

**Rotary**   
Club of Dombivli Sun City



**माझी Rotary Suncity Family**  
*Business Spotlight*

# Editor's Letter

ROTARY  
CLUB OF DOMBIVLI SUN CITY  
1st September 2024

Welcome to the October edition of "Dombivli'cha Suncity Express," where we delve into the heart of our community and explore the vital theme of **Community Economics and Development**.

This month, we celebrate the remarkable work of the Rotary Club of Dombivli Sun City in fostering a thriving and inclusive community. Within these pages, you'll discover inspiring stories of how our club is making a tangible difference—from empowering local entrepreneurs to providing essential skills training to those in need.

This edition showcases the power of collective action. It highlights the dedication and compassion of our members who are tirelessly working to improve the lives of their fellow Dombivli residents.

We encourage you to explore the articles within, learn about the impactful projects undertaken by our club, and discover ways you can contribute to building a stronger Dombivli.

We invite your feedback and contributions. Share your thoughts, stories, and ideas with us. Let's work together to create a vibrant and thriving community for all.

**Rtn. Nikhil Apte**  
**Editor, Dombivli'cha Suncity Express**

In this newsletter  
you can expect:

**Cover Story**  
Page 5

माझी  
डोंबिवली - गुढी पाडवा शोभा  
यात्रा  
Page 9

माझी  
डोंबिवली - Famous  
Personalities -  
Ajinkya Rahane  
Page 10

माझी  
डोंबिवली - 'खाद्य जत्रा'-  
Govindashram  
Page 11

**Health, Wellness &  
Mindfulness**  
Page 12

माझी Rotary - Trivia  
Page 13

# President's Letter

ROTARY  
CLUB OF DOMBIVLI SUN CITY  
1st September 2024

## "Building a Better Dombivli: Working Together"

This month, we're thinking about how to make Dombivli a better place for everyone. This means helping our community grow and improving the lives of all our neighbours.

Rotary is all about helping people. **We do this by:**

- *Assisting people to start their businesses:*

We give them the skills and support they need to succeed.

- *Teaching people new skills:*

This helps them find good jobs and build a better life.

- *Improving our community:*

We work on projects that make Dombivli a nicer place to live.

Every member of our club can make a difference. **We can:**

- *Volunteer our time:*

To help with community projects.

- *Support local businesses:*

By shopping at local stores and restaurants.

Let's work together to build a stronger Dombivli, where everyone has a chance to succeed.

**Rtn. Rtr. Radhakrishnan K**  
**President, Rotary Club of Dombivli Sun City**

<hr/> <b>माझी Rotary Suncity - Club Felicitations</b> Page 14
<hr/> <b>Club Projects</b> Page 15
<hr/> <b>माझी Rotaract Suncity family - Acknowledgement</b> Page 18
<hr/> <b>माझी Rotary Suncity family - Business Spotlight</b> Page 19
<hr/> <b>माझी Rotary Suncity Family - Fun Time</b> Page 20
<hr/> <b>Announcements &amp; Updates</b> Page 21
<hr/> <b>Secretary's Desk</b> Page 23





## Ganpati Bappa Morya.....

Ganpati Festival, also known as **Ganesh Chaturthi**, is a ten-day Hindu festival celebrated annually in honor of Lord Ganesha, the elephant-headed god of wisdom, prosperity, and new beginnings.

It is one of the most popular festivals in India, especially in Maharashtra, where it is celebrated with great enthusiasm and fervor.

The festival begins on the fourth day of the Hindu month of Bhadrapad. Devotees bring home clay idols of Ganesha and worship them with prayers, offerings, and music.

On the second, fifth, seventh and the tenth day, the idols are immersed in water bodies, symbolizing Ganesha's return to his abode in the heavens.

Ganpati Festival is a joyous occasion filled with colorful decorations, delicious food, and cultural activities. It is a time for family, friends, and communities to come together and celebrate the spirit of unity and devotion.

### **Rotary Club of Dombivli Suncity Celebrates Ganpati with Members**

The Rotary Club of Dombivli Suncity embraced the spirit of Ganpati festival by visiting the homes of fellow Rotarians and club members. This heartwarming initiative fostered a sense of camaraderie in the community.

This festival is celebrated every year, and this year, the heartwarming tradition allowed us to connect on a personal level and exchange warm greetings.

We shared stories, laughter, and blessings. By visiting homes, we not only celebrated the festival together but also reaffirmed our commitment to each other and our shared goodwill.

We extended our heartfelt wishes, exchanged blessings, and celebrated the auspicious occasion together. The visit was a testament to our club's commitment to creating strong bonds and spreading joy with each other.









## ONAM

### Onam: A Harvest Festival of Kerala

Onam is a vibrant and colorful ten-day festival celebrated with great enthusiasm primarily in the Indian state of Kerala.

- It marks the Malayalam New Year and is celebrated with great enthusiasm by Malayalee people worldwide.
- The festival is rooted in Hindu mythology and is associated with the homecoming of the legendary King Mahabali

### Mythological Significance:

The legend of Onam revolves around King Mahabali, a benevolent and just ruler who was banished to the netherworld by Lord Vishnu.

According to the myth, Mahabali is granted a visit to his kingdom once a year, during the Malayalam month of Chingam (August-September).

Onam commemorates this annual visit and is a time for unity, harmony, joy, prosperity, and reunion.

### Celebrations and Traditions:

Onam is celebrated with a variety of cultural activities and traditions. Some of the highlights include:

**Pookalam:** Intricate floral carpets are created in front of homes, depicting mythological scenes and symbols.

**Onasadya:** A grand feast is prepared with a wide variety of vegetarian dishes, served on banana leaves.

**Vallam Kali:** Exciting boat races are held on rivers and backwaters.

**Kaikottikali:** Traditional group dances are performed with colorful umbrellas.

**Pulikali:** Colorful tiger dances are staged, often depicting a battle between tigers and hunters.

Onam is a time for family gatherings, cultural exchange, and the celebration of Kerala's rich heritage. It is a joyous occasion that brings people together and fosters a sense of community and belonging.





## ONAM Celebrations 2024-25

### Rotary District 3142 Onam Celebration: - A Vibrant Affair

On Sunday, September 22nd 2024, the **Rotary Club of Dombivli Sun City** hosted a grand **Rotary District 3142 Onam celebration** at the KC Gandhi Auditorium in Kalyan West. The event commenced with a traditional lamp lighting ceremony and an invocation song, setting a spiritual tone for the festivities.

The opening ceremony featured esteemed dignitaries, including the District Governor, District Rotaract Representative, District Festive Chair, and other key members of the Rotary family.

The celebration was further enlivened by a captivating **Chendamelam** performance followed by a graceful **Kaikottilkali** dance by Varsha and her team.

The cultural program showcased the rich heritage of Kerala through melodious **Malayalam songs** sung by our own Paddy and Geeja. A dynamic **Kalaripayattu** demonstration by Vishnu and his team was followed by an enthralling **Onam story narration** by Santosh.

The presence of beautifully dressed **Mahabali** and **Waman** as a part of story narration was a treat to watch. A delightful **lullaby mashup** further added to the festive atmosphere.

The event also recognized the contributions of co-hosts and sponsors and was followed by the announcement of the newly elected Rotaract President and a heartfelt vote of thanks concluded the formal proceedings.

The highlight of the celebration was the traditional Onam lunch (Sadya), a sumptuous feast featuring an array of delectable vegetarian dishes, served on banana leaves. The vibrant colors and aromatic flavors of the Sadya brought the spirit of Onam to life.

The District Onam celebration was a resounding success, fostering camaraderie, cultural exchange, and a sense of community among the Rotarians and guests in attendance.

It was a memorable event that showcased the spirit of Onam and the Rotary movement's commitment to serving the community.

















Rotary Club Of Dombivli Sahitya



Rotary Club Of Dombivli SunCity



Rotary Club Of Dombivli SunCity



















## माझी डोंबिवली - Rs 357 crore water supply project for 27 villages in Kalyan-Dombivli

Under the Amrut Abhiyan, infrastructure facilities such as water supply, rainwater drainage, urban transport, and green area development are being constructed in cities.

To make the water supply system in 27 villages, the revised technical

The proposal of Maharashtra Jeevan Pradhikaran was approved in the meeting of the State Level Technical Committee and the State Level High Power Steering Committee.

Accordingly, the project was given

Deputy chief minister Shinde approved the project cost of Rs 357.16 crore for the technical change submitted by Maharashtra Jeevan Authority.

This scheme will benefit 27 villages situated in Kalyan-Dombivli city. Due to this, along with smooth water supply, 105 MLD storage capacity will also be created.

Kalyan Lok Sabha MP Shrikant Shinde and Eknath Shinde ahead of Assembly election had gave their word to the people of Kalyan-Dombivli to approve this scheme, which is now fulfilled.



# माझी Rotaract Suncity family - Rtr. Aman Verma



## AMAN VERMA

JUMP ROPE ATHLETE & COACH.

### A BIT ABOUT ME

Jump rope athlete who is committed to maintain top physical fitness since a decade. Willingness to "go the extra mile" and ability to balance academic course, practice and teaching. I am goal-oriented, with strong interpersonal and creativity skills with a positive attitude to identify winning approaches, I have the ability to accomplish objectives and lead teams to success. I possess a strong commitment to expand my knowledge and characteristics that will further help my personal growth.

### INTERESTS

Trekking / Hiking & Travelling.  
Crossfit & Various fitness activities  
Badminton

### CONTACT

v.aman97.av@gmail.com  
9768452697  
Kalyan, Maharashtra, India.

### ACHIEVEMENTS

SOLE COACH FROM INDIA TO SECURE 9 MEDALS AT THE WORLD JUMP ROPE CHAMPIONSHIP 2023 IN COLORADO SPRINGS, USA.

5TH SOUTH ASIAN JUMP ROPE CHAMPIONSHIP, KATHMANDU, NEPAL - SILVER MEDALIST

LIMCA BOOK OF RECORDS 2019

- 1- Most skips in a minute - 320
- 2- Most Double Unders in a minute - 163
- 3- Most Bum skips in 30 seconds - 70

INDIAS DOUBLE DUTCH CHALLENGE 2015 WINNER & 2018 RUNNER UP.

7X NATIONAL JUMP ROPE CHAMPION.

BEST COACH OF THE YEAR "2021-22" BY MAHARASHTRA JUMP ROPE ASSOCIATION.

WINNER OF MR. RED- (ROTARACT ENTERTAINMENT DESTINATION) BY RID-3142 IN THE YEAR 2021

"MR. BIRLA COLLEGE" & "MR. VERSATILE" WINNER AT B.K BIRLA COLLEGE, KALYAN IN 2017.

"REVOLUTIONARY CHANDRASHEKHAR AZAD AWARD" BY ROTARY & ROTARACT DISTRICT 3142.

### EDUCATION & TRAINING

MASTER OF PHYSICAL EDUCATION-UNIVERSITY OF MUMBAI. 2023- 'A' GRADE.

BACHELOR OF ARTS IN HISTORY & POLITICAL SCIENCE - B.K. BIRLA COLLEGE, KALYAN- UNIVERSITY OF MUMBAI. 2019 - 'B' GRADE.

### EXPERIENCES

15 MONTHS OF INTERNATIONAL BACCALAUREATE MIDDLE YEARS PROGRAMME (IB MYP) TEACHING EXPERIENCE

COACH & JUDGE AT JUMP ROPE FEDERATION OF INDIA

SECRETARY AT THANE DISTRICT JUMP ROPE ASSOCIATION.

PERFORMER AT INDIA K MAST KALANDAR : SAB TV, EXPANDABLES AWARDS.

### OTHER EXPERIENCES

MOTIVATIONAL SPEAKER AT "NEXT THINK TANK-2020"- A ROTARACT EVENT.

CULTURAL HEAD OF B.K BIRLA COLLEGE, KALYAN - 2017-2019.

CLUB SERVICE DIRECTOR OF ROTARACT CLUB OF DOMBIVLI SUNCITY. 21-22.

ORGANISED "1ST MAHARASHTRA STATE DEMO CHAMPIONSHIP" IN COLLABORATION WITH ROTARACT CLUB OF DOMBIVLI SUNCITY AT METRO JUNCTION MALL, KALYAN IN 2022.



# Business Spotlight

ROTARY  
CLUB OF DOMBIVLI SUN CITY



## Dr. Kailas Datrange

BAMS DYA FIM (Italy) LLB (Sch), Certified in Ksharsutra (NIA)  
Dr. KD's Ayurhealth

**Dr. Kailas Datrange** is a young and dedicated Ayurveda practitioner with over 18 years of experience in providing holistic healthcare solutions under the banner of **Dr. KD's Ayurhealth**. He is also currently pursuing his LLB course.

Based in Dombivli, India, he specializes in Ayurveda for weight loss therapy, handling spine issues without the need for surgery, infertility, and hair loss problems. He has currently completed a specialized course in Ano - Rectal Surgery in Ayurveda from Prestigious National Institute of Ayurveda Jaipur. He has also been actively involved in promoting Ayurveda internationally, while visiting numerous European Ayurveda centers in Italy, France, Netherland, Switzerland, Belgium to deliver lectures and provide consultations.

His forward-thinking approach and focus on quality service have enabled him to establish a successful practice and contribute significantly to the field of Ayurveda.

Dr. Datrange has a strong commitment to social causes and has taken responsibility to conduct free yoga classes in Regency Estate for 5 years.

He has travelled to extreme North-East of India to Nagaland for medical camps of 8 days in the most interior part carrying life risks.

He also specializes in the field of Matrimonial Litigation counselling and works as a Matrimonial Law Strategist.

He also works on providing consultancy in foreign education to all European countries and guides students to get admissions in prestigious and reputed European Universities.

He is also a Founding Partner of **'Ansh Finance'** which manages funding through banks and NBFC's. He specializes in value investments.

### Services Provided:

- Ayurveda
- Panchkarma
- Weight Loss
- Spine Issues
- Infertility
- Hair Problems
- Yoga
- Holistic Healing

### Awards & Recognitions

- Ayurved Vishwakarma Award in Bangkok, Thailand in 2006.
- Times of India Young Achiever award for work in Ayurveda Field.
- Multiple TV interviews as a specialist in Ayurveda.
- Rotary Vocational Award.

### Address:

213/B, Citi Mall Apartment Condominium, Above Monginis Store, 2nd Floor, Next to Pendharkar College, MIDC, Dombivli (E)

### For Appointments:

9870801802  
9820872233





# माझी Rotary Suncity Family - Fun Time

## Riddles & Quiz - Answers to August Edition

### PALINDROME

SWIMS, EYE, NOON, SOS

### SUDOKU

1			8			9
	5		6	1		2
			5	3		
	9	6	1	4	8	3
3				6		5
	1	5	9	8	4	6
			7	5		
	8		3	9		7
5				1		3

1	3	7	4	8	2	6	5	9
8	5	9	6	7	1	3	2	4
6	2	4	5	9	3	7	8	1
2	9	6	1	5	4	8	3	7
3	4	8	2	6	7	1	9	5
7	1	5	9	3	8	4	6	2
9	6	3	7	4	5	2	1	8
4	8	1	3	2	9	5	7	6
5	7	2	8	1	6	9	4	3

### WORD SEARCH

The following list of words can be found in the letter grid.

When you have spotted a word there, circle it.

- |            |           |
|------------|-----------|
| ANIMAL     | MILITARY  |
| BALKANS    | MURAL     |
| BANNER     | OTTAWA    |
| CANADA     | PEACE     |
| CYPRUS     | REMEMBER  |
| DIEPPE     | SACRIFICE |
| EUROPE     | SOLDIER   |
| FRANCE     | STORM     |
| INDIGENOUS | VETERAN   |
| MEMORIAL   | VIMY      |

```

X A B C W S I A B C Y P R U S
N N H H C A N A D A Q S K P A
V I M Y M B D O Z B M K V D C
L M J F H D I E P P E W E P R
M A Q O N V G Q C E M N T T I
I L M N B R E D W A O Q E D F
L P Z B A N N E R C R T R X I
I T C A N S O L F E I G A B C
T W D L P E U N L S A B N K E
A K Z K T G S I S O L D I E R
R F R A N C E J T W M U R A L
Y N U N N T Y K O T T A W A W
E N Z S V Q Z W R S T U V W X
R E M E M B E R M E U R O P E
    
```



# 2024 OCTOBER



## Community Economic & Dev Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>	<b>05</b>
		<ul style="list-style-type: none"> <li>World Vegetarian Day</li> <li>Int. day for Elders</li> <li>Int. Coffee Day</li> <li>Int. Music Day</li> </ul>	<ul style="list-style-type: none"> <li>Gandhi Jayanti</li> <li>National Anti drug addiction Day</li> <li>* Solar Eclipse</li> <li>Sarva Pitru Amavasva ends.</li> </ul>	<ul style="list-style-type: none"> <li>Ghat Sthapana (Navratri Begin)</li> <li>World Nature Day</li> <li>Boyfriend Day</li> </ul>	<ul style="list-style-type: none"> <li>Club Weekly Meeting</li> <li>World Smile Day</li> <li>World Animal Welfare Day</li> </ul>	<ul style="list-style-type: none"> <li>World Teacher's Day</li> </ul>
<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>	<b>12</b>
<ul style="list-style-type: none"> <li>World Wildlife Day</li> <li>World Food Security Day</li> <li>World Cerebral Palsy Day</li> <li>Oktoberfest ends</li> </ul>	<ul style="list-style-type: none"> <li>World Architecture Day</li> <li>World Cotton Day</li> <li>World Habitat Day</li> </ul>	<ul style="list-style-type: none"> <li>Indian Airforce Day</li> </ul>	<ul style="list-style-type: none"> <li>World Post Day</li> </ul>	<ul style="list-style-type: none"> <li>National Post Day</li> <li>World Mental Health Day</li> <li>World Sight Day</li> </ul>	<ul style="list-style-type: none"> <li>Club Weekly Meeting</li> <li>Int. Girl child Day</li> </ul>	<ul style="list-style-type: none"> <li>Dussehra</li> <li>Dist Dussehra Celebration Host: RC</li> <li>World Arthritis Day</li> </ul>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<ul style="list-style-type: none"> <li>Int. day of Disaster Risk Reduction</li> </ul>	<ul style="list-style-type: none"> <li>World Standards Day</li> </ul>	<ul style="list-style-type: none"> <li>World Students Day</li> <li>Global Hand Washing Day</li> <li>World White Cane Day</li> <li>Pregnancy &amp; Infant Loss Remember Day</li> </ul>	<ul style="list-style-type: none"> <li>Kojagiri Purnima</li> <li>World Food Day</li> <li>Annapurna Day</li> <li>Dictionary Day</li> <li>World Anesthesia Day</li> <li>Boss Day</li> </ul>	<ul style="list-style-type: none"> <li>Maharshi /Valmiki Jayanti</li> <li>Int. day for eradication of poverty</li> </ul>	BOD	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<ul style="list-style-type: none"> <li>National Solidarity Day</li> <li>Karva Chauth</li> <li>Muh. - 06:25 - 07:43 PM.</li> <li>World Statistics Day</li> <li>World Osteoporosis Day</li> </ul>	<ul style="list-style-type: none"> <li>Police Martyrs' Day</li> </ul>	<ul style="list-style-type: none"> <li>Int. Stuttering Awareness Day</li> </ul>	<ul style="list-style-type: none"> <li>Mole Day (to create interest in Chemistry)</li> </ul>	<ul style="list-style-type: none"> <li>ITBP Raising Day</li> <li>Rotary UN Day</li> <li>UN Day</li> <li>World Polio Day</li> <li>World Development Information Day</li> </ul>	<ul style="list-style-type: none"> <li>Club Weekly Meeting</li> </ul>	
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
<ul style="list-style-type: none"> <li>National Infantry Day</li> <li>World AV Heritage Day</li> </ul>	<ul style="list-style-type: none"> <li>World Podcast Day</li> <li>Int. Translation Day</li> </ul>	<ul style="list-style-type: none"> <li>Dhanteras</li> <li>National Ayurveda Day</li> <li>World Stroke Day</li> </ul>	<ul style="list-style-type: none"> <li>District Diwali Pahat</li> <li>Homi Bhabha Birth Ann</li> <li>World Thrift Day</li> </ul>	<ul style="list-style-type: none"> <li>Diwali</li> <li>Dipalika</li> <li>Rashtriya Ekta Din: Unity Day</li> <li>↑ Halloween</li> </ul>		



# India Lets talk Money

## Financial Literacy



AFC7150235

Financial literacy prepares students for financial independence by teaching them how to budget, save, and invest their money.

<https://rcdombivlisuncity.rotaryindia.org>