



Presidency



Bulletin of Rotary Club of **Calcutta Presidency**

Rotary International District 3291



Times

RI President- **Rtn Jennifer Jones** | DG: **Rtn Ajay Kumar Law**

President: **Rtn Dr. Rina Malpani** | Secretary: **Rtn Amit Gupta** | Editor: **Rtn Abha Lunia**



RI PRESIDENTIAL MESSAGE

July 2022

Every month since I joined Rotary, I've looked forward to reading this magazine, especially the opening essay

from our Rotary president. I'll admit that as much as I appreciate a digital copy, I still revel in the tactile sensation of sitting down and leafing through the glossy pages. They are a treasure trove of photos and memorable stories about our great organization — the one we all know and love. I have learned so much over the years about service projects and lives that each of you have transformed.

It's great that Rotary members are better informed about all we do, and wouldn't it be that much better if more people knew our stories.

Nick and I will focus on some of the highest impact, sustainable, and scalable Rotary projects from our areas of focus in what we call the Imagine Impact Tour.

We are inviting top-tier journalists, thought leaders, and influencers to use their channels to help us raise awareness by reaching people who want to serve but have not yet realized they can do it through Rotary.

That means we will harness digital technology to tell these stories - We must consider our environment, and part of that means not always traveling but continuing to connect in meaningful ways as we have for the past two years. So, what are your stories and who can help tell them?

We all feel the impact that Rotary service and values have on us. Now it's our opportunity to share that feeling with others.

Jennifer Jones RI President 2022-23



President Rotary Club of Calcutta Presidency 2022-23

RTN DR RINA MALPANI

I Imagine world to be a peaceful and happy place to live in. I would like to do my Bit by doing little good via Rotary I would try to increase attendance in club by doing

service projects and fellowship. WE will try to make club 100% PHF member Participation in the Service Projects by members is greatly expected as it raises the image of the club and the recipients also feel enamoured - and this is I believe why we have all joined Rotary. So would like members to participate in projects. We will continue with our signature projects - Saksham, Suidhaga, Akshargyan., Boighar, RRobe Being a medical Doctor I would like to emphasise on the medical plans for the year

- Mother and Child health project**
- Know your Number project**
- Cervical cancer vaccination**
- Cardiac disease prevention**

These will be done on a regular basis

I imagine my club to have dedicated members so that PRESIDENCY culminates into vibrant and radiant portrait.



District Governor of Rotary International District - 3291, 2022-23

DG RTN AJAY KUMAR LAW

Dear Friends, Mitah and I take this opportunity to wish you and the family of Rotary, Shubho Rath Yatra and

all the very best for the New Rotary year! We hope and pray that the New Rotary year brings us, a lot more opportunities to serve mankind. The Governor's Monthly letter is a tool through which I will have the opportunity to apprise you of all the events and happenings in our District and also relevant information from the Rotary world! Continuing on the path charted by our very own immediate past RI President, Shekhar Mehta, our current world leader Jennifer E Jones exhorted us to "Imagine Rotary" and I look forward to working closely with each one of you, as we strive to achieve our objectives and goals during the ensuing year as we "Imagine Rotary. I thank GML Chair, PP Soma Kap for publishing this special number of the Governor's Monthly letter, despite being indisposed. Happy reading! Ajay Kumar Law District Governor - 2022-2023



Rotary Club of Calcutta Presidency held a blood donation Camp

at its RCC Sree Sree Ramakrishna Seva Samity where 41 units of blood was collected on 25th May 2022.



DISTRIBUTION OF SEWING MACHINES:

To empower men & women for employment RC Presidency distributed 4 Sewing Machines to the needy to help them earn their livelihood, through their RCC Champahati Birds, on Sun. 22nd May 2022.

CARDIAC CARE CAMP:

Cardiac care camp in association with BM Birla Heart Research Centre and RCC Ramkrishna Samity in Piyali was held on 22May.

In the presence of Dr Amrita Paul (Cardiologist) & her team from BM Birla started the camp at 9.30 am. Patients had Blood Sugar and Ecg done and then were checked by Dr Amrita. Total 70 beneficiaries were checked for heart diseases. Eight members from our club Sangita Jain, Ranjan Mussadi, Amit Gupta, Anju Singhee, Priyanka Gupta, Sangita Mukherjee and Sanjeev Agarwal and Rina Malpani went to Piyali as the volunteer. It was a fruitful camp. Hoping to do more such camp in future.



THE LADY MEMBERS OF THE CLUB ARRANGED FOR A GET TOGETHER

at the residence of the President and wished her a fast recovery from the Cataract operation. 15 lady members joined the get together



SAY NO TO PLASTIC

A project so close to our hearts, specially Rtn. Sunila Poddar. Say No To Plastic" is a drive she wants to promote.

She got made 400 bags, got the Rotary logo printed, and off we went around vegetable and fruits markets.

Today 31st May 2022, we covered Lake Market and Chetla market putting up laminated posters and giving cloth bags to vendors to promote its usage over plastic. It was heartening to see how aware they were about the harm the plastic bags were causing to the environment. Their eagerness to participate in this drive, brings hope that we can initiate this change even if at micro levels.



PROJECTS 2021 - 2022 AT A GLANCE

WATER & SANITATION



3 Sulabh Shauchalayas inauguration on 29th July, 2021 at Bowraah



4 Sulabh Shauchalayas inauguration on 31st Oct'21 at Radhanagar Village, Bowraah



ECONOMIC & COMMUNITY DEVELOPMENT



1st Fellowship Meet 2021-22



Distribution Sewing Machines on 8th August



Transgender Project at Garima Greh on 21st Aug 2021



RROBE from 1st to 5th Sept' 2021



Attending Alaap 9th Oct'21



Donated Sarees to the street dwellers in October



Presidency Fellowship Sundowner Party on 30th October on the Barge



Childrens Day Celebration at Diksha 14Nov'21



14th Nov. Rota Vision at RCC Asha



One Treadmill donated to RCC Sree Sree Ramakrishna Seva Samity, Piyali on Dec'21



Celebrating the Rotary Day of Service on 26th Dec'21



Distributed 130 blankets, to the street dwellers of Kolkata on 22nd Jan 2022



Project Annapurna on 22nd Jan'22



Clothes, food items were provided to the inmates of Ishwar Sankalp



Transgenders were provided 4 Singer sewing machines



Material coming from Geeta's Circle for transgenders on May'22

MATERNAL & CHILD HEALTH



Dr. Rina Malpani counselling mother



Health check up camp held at RCC Piyali on 25 Jan'22

PROJECTS 2021 - 2022 AT A GLANCE

SUPPORTING THE ENVIRONMENT



Tree Plantation & Felicitation of Doctors on 1st July 2021 at St. James School

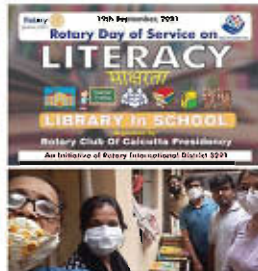


8th August 2021 at RCC Champahati

BASIC EDUCATION & LITERACY



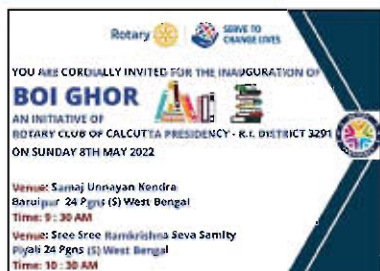
Virangana Project on 7th & 8th August'21 at RCC Champahati Birds



RILM Library Project



Books for 16 libraries at different schools handed over to RCC ASHA & RCC Champahati Birds



Baruipur and Piyali library inauguration on 8th May 2022



Project Akshargyaan on April'22

DISEASE PREVENTION & TREATMENT



Distribution of 8 tri cycles and 9 wheelchairs on 21st August in association with RCC Asha



Awareness Camp on 15 Aug'2021



Mega Blood Donation Camp on 5th Sep'21 at DBEF



10 Wheelchairs to Premashray on 6th Sep'21



Polio Awareness Camp at Shanti Clinic 26th Sep'21



The defeat diabetes campaign of Dist. 3291 on 29th Sep'21



Menstrual Hygiene on 27 Oct'21 in association with the Young Men's Welfare Society



Hearing is a big part of a child's development on 1st Nov'21



Celebrating childrens day with the little Cancer



Blanket Donation Drive on Dec'21



Free Cataract operation camp Dakshin Barashat on 4 Jan'22



Girls vaccinated Cervical Cancer Camp on 23 Feb'22



Free Health Check up Camp 30 Jan, 6th Feb, 13 Feb 2022



Saksham Permanent Center of Spectacles at Piyali on 10 Apr'22



Free Eye wellness & Distribution



RCCP extends it's arm for service to Nagaland

PEACE & CONFLICT PREVENTION



When peace talk brought the house down on 26 Feb'22



7 aug healing de stres



Ribbons of embrace - 21 aug. 2021



8th November - Bicycle Rally

ROTARY CLUB OF CALCUTTA PRESIDENCY WELCOMES THE NEW TEAM FOR THE YEAR 2022-23



President
Rtn Dr Rina Malpani



Secretary
Rtn Amit Gupta



IPP
Rtn Asha Gupta



President Elect
Rtn Sangita Bakliwal



Treasurer
Rtn Rajesh Bothra



Executive Secretary
Rtn Sangita Jain

Chairs, Standing Committees



Medical
Rtn Dr. Ramesh Agarwalla



Non Medical
Rtn Rashmi Surana



Editor
Rtn Abha Lunia



Ser. at Arms
Rtn Vinod Bhandari



Chairman CSR
Rtn Pradip Jain



Club Admin
Rtn Mita Ganeriwal



Membership Chair
Rtn Ranjan Mussadi



Water
Rtn Priyanka Gupta



Director Community Ser.
Rtn Pawan Agarwal



Director Youth Ser.
Rtn Sangita Mukherjee



Director Interactors
Rtn Archana Saraf



Director International Service
Rtn Saswati Mukherjee



Director Voc. Ser.
Rtn Rashi Sureka



Chairman Disaster
Rtn Vinod Jain

President	Rtn Dr Rina Malpani
Secretary	Rtn Amit Gupta
IPP	Rtn Asha Gupta
President Elect	Rtn Sangita Bakliwal
Treasurer	Rtn Rajesh Bothra
Executive Secretary	Rtn Sangita Jain

Director(s)

Medical	Rtn Dr. Ramesh Agarwalla
Non Medical	Rtn Rashmi Surana
Editor	Rtn Abha Lunia
Ser. at Arms	Rtn Vinod Bhandari

Chairs, Standing Committees

Chairman CSR	Rtn Pradip Jain
Club Admin	Rtn Mita Ganeriwal
Membership chair	Rtn Ranjan Mussadi
Public Image	Rtn Ranjan Mussadi
Service Projects	Rtn Sangita Jain

Club Foundation Chair	Rtn Pradip Jain
Literacy	Rtn Sangita Jain
Water	Rtn Priyanka Gupta
Sanit & Hygiene	Rtn Jaishree Somani
CICO	Rtn Amit Gupta
Club Trainer	Rtn Ranjan Mussadi
Chairman Health Preventive	Rtn Ramesh Agarwal

Curative

Director community Services	Rtn Pawan Agarwal
Director Youth Services	Rtn Sangita Mukherjee
Director Interactors	Rtn Archana Saraf
Director International Services	Rtn Saswati Mukherjee
Director Public Image	Rtn Ranjan Mussadi
Director Vocational Services	Rtn Rashi Sureka
Chairman Environment	Rtn Vinod Bhandari
Chairman Disaster	Rtn Vinod Jain

"Yoga in pregnancy" Stay fit in pregnancy!!

You are invited to Online session on **Yoga in Pregnancy**

Dr. Rina Malpani
Consultant Gynaecologist & Obstetrician

Benefits:

- Increases strength, flexibility and endurance of muscle needed for child birth
- Reduces stress and anxiety
- Decreases lower back pain, headache, nausea and shortness of breath
- Getting your body back in shape after delivery

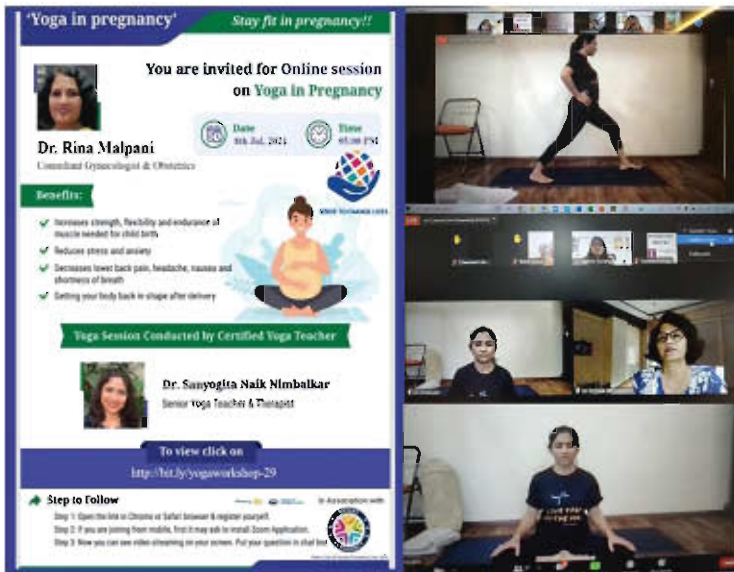
Yoga Session Conducted by Certified Yoga Teacher

Dr. Sanyogita Nalk Nimbalkar
Senior Yoga Teacher & Therapist

To view click on
<http://bit.ly/yogaworkshop-29>

Step to follow

Step 1: Open the link in Chrome or Safari browser & register yourself.
Step 2: If you are joining from mobile, first it may ask to install Zoom Application.
Step 3: Now you can see video streaming on your screen. Put your question in chat box.




YOGA DAY - ON 21ST JUNE

celebrated in the right spirit!! Great

MINUTES OF THE 148TH RWM HELD ON SATURDAY, 19th JUNE AT 9 AM AT HOTEL CLAIREDALE.

- The President called the 148th Regular Meeting to order and requested all to rise for the National Anthem.
- The minutes of the 148th RWM as read & confirmed by the Members present.
- The President welcomed the guests Mr. Shailendra Gupta of Geeta Circle and Ranjeeta Di from Garima Griha.

PRESIDENTS ANNOUNCEMENTS:

- The President informed that she was feeling nostalgic since the RWM is the last for her Rotary Year 2021 – 22. The President praised the President – Elect, Rtn Dr. Rina Malpani and confirmed that she is a very able leader and she will surely take the club to greater heights.
- The President informed the members that all paper work has been submitted to the District timely.
- Visit to Geeta Circle** - on 16th June few members visited Geeta Circle along with inmates of Garima Greh, to get the first hand feel of materials available and trends of the market. Ranjita Di was also present. Thanks to Shailendraji for giving them this opportunity.
- ROTA VISION** - to be held on Saturday 25th June – The camp will start at 9 am at Samaj Unnayan Kendra. Members willing to attend the last project please inform Amit ji.
- The President informed the members about the projects which are in the pipeline and requested Rtn Dr Rina to take them up during her tenure.



WATER COOLER - Rtn. Rashi Sureka has donated a water cooler for the children at one of the Khelaghar Schools run by Sangeeta Mukherjee. The cooler has been installed in the School. The inauguration of the same will be done in July. Date to be fixed by President Elect Rtn Dr Rina.

LADIES CYCLE - We have received a ladies cycle from a donor for a needy girl child for commuting to school for her studies, which will also be done in July.


TREE PLANTATION –with Dr.NayanMitra (which we have already paid) to be done in July, date to be fixed.

WHEEL CHAIRS & TRICYCLES - Received confirmation from the District for payment of funds under Dil Se project. We will try to do it in the month of July at RCC Champahati Birds.

Say No To Plastic - The President requested Rtn. Sanjeev Agarwal to highlight the proposal for the project Say No to Plastics.

PRESIDENCY FELLOWSHIP: The President request Rtn Sangita Bakliwal to brief teh members about the Presidency Fellowship, its date, venue, timings and approx cost for the event.

SECRETARY'S REPORT: Next RWM will be on 9th July along with the Installation Ceremony & Saksham. There being no other business, the Meeting was adjourned..

Rotary  **IMAGINE ROTARY**

ON THE OCCASION OF
DOCTORS DAY
ROTARY CLUB OF CALCUTTA PRESIDENCY
FREE HEALTH AWARENESS CAMP
KNOW YOUR NUMBERS
FREE BLOOD PRESSURE
FREE SUGAR / BMI CHECK UP

TALK ON HEALTHY DIET BY
RTN. SANGITA JAIN

DATE : FRI 1ST JULY | 12 NOON

SHANTI CLINIC
34, CHINTAMONI DEY ROAD
HOWRAH - 1
FOR REGISTRATION CONTACT : 9874708690

Project : 1

Mother and child care, prevention of anaemia Today on occasion of Doctor's Day we conducted Anaemia prevention workshop in my clinic Shanti Clinic, Howrah at 11 am Nearly 40 beneficiaries were given Iron tablets. Blood test Hb, sugar and TsH was done by Apollo Diagnostics. We were really thankful and happy to see josh of members. Six of us Sangita, Asha, Gurpreet, Niti, Jayshree and President Dr Rina conducted the camp. They came all the way to Howrah on the Rath day. Talk for Anaemia was given by me. It was quite a successful camp.



Project : 2

Health Awareness camp

Know your Numbers camp was conducted in Shanti clinic at 12 o'clock. Talk about healthy and proper diet was given by PP Sangita Jain. A very interesting talk, beneficiaries were enthralled with the talk and had lot of questions. We measured, Ht, weight, Bp, Calculated BMI of the patients. Most of them were obese. Thanks to Rotarian Gurpreet, Niti, Jayshree, Asha Sangita for attending and helping in the camp. 40 people had attended



PROJECT : 3

DATE : 3rd JULY 2022, TIME : 9:30 AM, PLACE : *BARIPUR Youth Service's
To encourage and to give a helping hand to the future football players of Durbha Football Academy at Baraipur district, our club Rotary club of Calcutta Presidency provided 8 Footballs to the club. Along with our club President Rina Malpani 6 members Secretary Amit Gupta, Asha Gupta, Rashmi Surana, Dr. Ramesh Agarwal, Archana Saraff, Anju Singhi were present for the project. This academy provides training to Nearly 100 students so that can play in ILead and then if talented they are picked by east bengal etc. This academy needs lot of support for making toilets for girls, shoes, T-shirts. Lot of opportunities to do project here. Thanks Dr Ramesh for guiding us. Thanks Shruti for sponsoring it.



PROJECT : 4

DATE : 3rd JULY 2022

TIME : 10:30AM

PLACE : CHAMPAHATI

Save Environment Plantation of Trees. Today to encourage plantation of trees??

fruit plant saplings were distributed and were planted in Champahati ground, and to set example our President Rina Malpani along with Secretary Amit Gupta and 4 members Asha Gupta, Rashmi Surana, Archana Saraff, Anju Singhi planted the trees. Thai guava and thai mango saplings were planted.



PROJECT : 5

DATE : 3rd JULY 2022, TIME : 11AM, Focus. : Physically Disabled, PLACE : CHAMPAHATI

To make life easier for less fortunate one in association with RCC Birds of Champahati 6 wheelchairs were provided to them by Rotary club of Calcutta Presidency with the help of Dil Se grant of last year. President Rina Malpani along with Secretary Amit Gupta and 4 members Asha Gupta Rashmi Surana Anju Singhi and Archana Saraff were present there. Beneficiaries. 6 grant : Dil se



PROJECT : 6

DATE : 3rd JULY 2022, TIME : 11:15AM
focus. women empowerment
PLACE : CHAMPAHATI

To empower women so that they can be economically independent Fruit Saplings and a wheel Chair was provided to the women of Champahati by Rotary club of Calcutta Presidency. Rina Malpani, Amit Gupta Asha Gupta, Rashmi Surana, Anju Singhi and Archana Saraff were present there. Beneficiaries. -50. Wheel chair with the help of Dil se grant



PROJECT : 7

DATE : 3rd JULY, TIME : 11AM, focus. Economic and Community development, Rcc. Birds Champahati
PLACE : CHAMPAHATI

Rotary club of Calcutta Presidency provided 4 tricycles were given to the physically abled people so that they can move about easily and can also be economically independent in life. The Dil se grant helped in it. Rina Malpani Amit Gupta and 4 members Asha Gupta Rashmi Surana Anju Singhi and Archana Saraff were present there.



Ranjan speaking about Saksham



Wings to Fly International Holiday

Scandinavia, a beautiful part of Europe and combination of 3 beautiful countries - Sweden, Denmark and Norway. This region is a top destination whether to experience the northern lights or visit the grand capital cities like Oslo, Bergen, Stockholm, Copenhagen. It also offer the unique explorations like the Fjords, Sami culture, design and architecture and the Mid night Sun. Can Enjoy the self drive road trip and see the best of places. Best time to travel between Jun-Oct. 12-15 days recommended for ideal holiday trip.

Happy Anniversary

Vinod Jain & Nanda	5 June
Krishna P. Begaria & Sudha	29 June
Shruti & Sandip Poddar	4 July
Rina & Rajeev Bhandari	9 July
Sanjeev & Shradha Agarwal	10 July
Vikas & Rashmi Sarawagi	14 July

Happy Birth day

Sanjeev Agarwal	11 June
Rashmi Surana	20 June
Sangita Jain Bakliwal	27 June
Vinod Jain	20 July
Pradeep Kumar Jain	23 July

PROUD MOMENT FOR RC PRESIDENCY

Presidency is unique, strong and popular with its members. We are a close knit extended family. The RI District 3291 Awards Ceremony "MANYATA" held on Sun. 26th June 2022 at G D Birla Sabhaghar, Kolkata.

DG Prabir recognized the clubs potential and bestowed 12 Awards.

- Best Club of District 3291 in "C" category membership between 31-50.
- 1st Prize Eye Care and Avoidable Blindness.
- 1st prize Career Guidance & Vocational Service
- 1st prize Artificial Limbs
- 1st prize Projects with RCC
- 1st prize Economic & Community Development.
- 2nd prize Cancer Support.

CERTIFICATES FOR:

- Basic Education & Literacy Support
- Peace & Conflict Resolution | Prevention
- Mother & Child Care
- Water & Sanitation
- Disease Prevention and Cure
- Public Image (received at Dist. Conference)

GOOGLE PANDIT May - June horoscope



TAURUS

You celebrate your solar return between mid-April and the end of May, Taurus, and the celebration will be big this year! You have a lot to look forward to during your birthday month, including a solar eclipse on April 30 that will bring a burst of energy and enthusiasm to your life. This will add to the celebratory feeling you're already experiencing and is a kickoff to the interesting new things on the horizon. Look forward to the increased confidence that comes with this solar event that can help elevate your goals to the next level.



GEMINI

You celebrate your solar return when the sun journeys through your flexible, versatile sign from late May to late June, welcoming a time of year when you're feeling particularly happy to be alive. No matter what you went through last year, you're ready for a fresh start, so happy birthday to you, witty and mentally ambitious Gemini! You're able to perceive things now that other people just ignore, which gives you the upper hand both personally and professionally. Be sure to take advantage of your active, agile mental capacity to succeed beyond your wildest dreams during this special month!

We Meet Twice a month adhering to all Covid Prevention Norms.