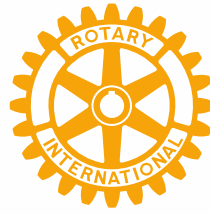




**Rotary**  
CLUB OF PANAJI



THE

# SPARK

MONTHLY BULLETIN OF THE ROTARY CLUB OF PANAJI



ISSUE 2 | VOL.1 | AUGUST 2024

**REGULAR MEETING :**

Every Wednesday at 6:30 pm,  
5th floor, EDC House,  
Dr. Atmaram Borkar Road, Panaji - Goa

[www.rotaryclubpanaji.org](http://www.rotaryclubpanaji.org)

## PROJECTS AT A GLANCE



**Mega Health Camp at Kundaim & Blood Donation 25th August 2024**



**Ryla 24th August**

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## PRESIDENT'S MESSAGE

*Rtn. Dr. Raghuvir Salkar*



Dear Friends,

I hope that this message finds you well.

We have completed two months of the Rotary year. All the Directors have put in a lot of sincere and hard work to get many projects and activities done. Members have contributed in many ways to support the initiatives taken by the Directors.

We had four weekly meetings in the month of August. The attendance varied in the range of 30% to just under 40%. This sort of attendance has been fairly common over the years, and efforts to improve it has not fetched any results till date. I would like to invite suggestions from all the members on this subject during our next closed-door meeting.

August is the Rotary month of Maternal and Child Health. Keeping this in mind, Community Service Director Bhalchandra Amonkar organized a series of Menstrual Hygiene lectures which were delivered by annet Dr Clarissa De Souza. A mega Health Camp was conducted at Kundaim where nearly 250 villagers benefitted. Our club provided support to Goenche E Sarathi- a program undertaken by the Government of Goa through the Department of Rural Development which benefitted 10 women looking for part-time employment.

Three Smart TVs were donated to a high school in Bicholim and school uniforms donated to the needy students of a school in Carambolim. A beach cleaning project was taken up in association with Rotary Club of Nagpur North, One World and Rotaract Club of Panjim. This was strongly supported by students of Auxillium High School and Progress High School.

Youth Service Director Harshal Shah successfully installed the remaining two Interact Club Boards; the other three were installed in the month of July. We also plan to start a new Interact Club at Sunshine school. The first RYLA of the year was conducted with three schools participating in it. More RYLAs are planned in September. Perhaps for the first time in our club, we had RoYoTa competition as a part of the RYLA. Under International Service, a group of our members met with several Rotary Club members from Colombo, Sri Lanka and exchanged club flags.

Many events and projects are planned for the month of September, and I look forward to your support and active participation.

## RI PRESIDENT'S MESSAGE

*Rtn. Stephanie A. Urchick*



If we are to truly change the world with The Magic of Rotary, it's up to all of us to foster a sense of belonging in our clubs. But every club should take its own path to get there, and the Action Plan can help you find your way. What does that look like?

Take for instance the Rotary Club of Beveren-Waas in Belgium. It was chartered in 1974 but has evolved with the times, developing both a strategic plan and a membership plan. To find new members, the club analyzes the city's professions to help focus its search, and all new members are quickly assigned tasks and roles.

The club also mixes up meeting times, alternating between evening and afternoon sessions, making them accessible for all members.

Sometimes, circumstances force clubs to make changes. But as people of action, we know that behind every obstacle is an opportunity.

The Rotary Club of Holyoke in Massachusetts was forced from its meeting place because of rising costs after the COVID-19 pandemic, but members took this setback and turned it into a strength.

The club started meeting in a library community room that was available for no charge and catering lunch from a nearby deli. Lunch costs \$10 per person but it's optional, so no one has to spend money to attend a meeting. What a great way to work toward being "fair to all concerned."

Since making this change, the Holyoke club has gained 13 members. I suspect part of its membership growth is due to the club's sense of inclusivity — the first step toward belonging.

If you ask members what they expect from the club experience, you might find that your club doesn't meet

expectations. Think of this as an opportunity to reshape your club in exciting ways, as alternative club models are making a positive impact.

For example, a Rotary Fellowship called Beers Rotarians Enjoy Worldwide, or BREW, has worked closely with the Water, Sanitation, and Hygiene Rotary Action Group for the past eight years to assist with clean water projects. In that time, BREW has funneled 25 percent of its dues to those initiatives. BREW is one of many examples of members pursuing belonging to improve the world.

I can't stress enough the importance of belonging. Clubs become simply irresistible when all members feel that they are exactly where they need to be. To me, belonging is the spark that ignites The Magic of Rotary.

As you receive feedback from club members and the community you serve, I urge you to pursue that spark. The Action Plan can help you find the path to success, and if you light your way with the spirit of belonging, that path will lead to a bright future for your club, your community, and the world.

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# EDITOR'S SPACE

*Rtn. Ar. Gurprasad Mantravadi*



Dear Rotarian friends,

At the outset i profusely thank everyone for their active participation in contributing matter for the magazine so much so that i had to transfer some to this edition from the last. Many members have found their hand at penning down thoughts in their own interesting ways.

You will find it really interesting to read, Im sure. Thanks once again.

The projects are flowing in steadily building up on the expectations and slowly surpassing it. Find the health camp at Kundaim and beach cleaning drive make the headlines.

Lets keep the spirits high and keyboards active as we look forward to the next months edition of THE SPARK.



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# SECRETARY'S REPORT

*Rtn. Pankaj Saraf*



Behold your breath dear Rotarians, the second month of the new Rotary year 2024-25 has been overwhelming to say the least. Marked by a series of impactful projects and engaging activities. Here's a detailed report of our activities and endeavours.

## WEEKLY MEETINGS

This month we had 4 weekly meetings & a BOD meeting.

The details are as follows

- 1) We had our first meeting on 7th August where our own Rtn. CA Chandranath Ramani gave a talk on decoding the Union Budget. The talk was followed by an interesting interactive session.
- 2) On 14th of August we held a talk on India's Freedom Struggle by Mr. Dilip Betkikar. Which was followed by a interesting question and answer session.
- 3) August being a month of membership & new club Development, on 21st of August a talk was conducted on the Topic Membership Experience by DGE Dr. Lenny D'Costa.
- 4) On 28th of August, Rtn. Gaurish Agni briefed our members about the visit of our Cricket team to Srilanka.  
BOD meeting of the month was held on 30th August at Hotel Delmon.

## COMMUNITY SERVICE

- 1) 7th, 8th & 9th & 13th of August - Under Menstrual Hygiene Management series of talks were held for girls at Govt High School Donapaula, SSV High School, Kumbharjua, Anjuman Nurul Islam High school, Cujira & Our Lady of Merces High School.
- 2) On 10th of August our club donated 3 LED Television sets to Shantadurga High School Bicholim to help them in informative education.
- 3) On 14th August our club donated uniforms to 68 needy students of Government Primary School, Taleigao at a cost of Rs. 1 lakh.
- 4) On 15th August our club partnered with Government of Goa, ministry of Rural Development in the project "Goeche E Sarathi" where we donated 10

uniforms & jackets for women from Rural areas.

- 5) On 25th August our club organised a Mega Health Camp. Where more than 275 persons were diagnosed for various ailments like cancer detection, orthopaedic checkup, skin treatment, general checkup, eye checkup etc. There also was a blood donation camp organised on the same day. More than 50 medical staff, 30 Rotarians & 12 inner wheel members provided their valuable service.
- 6) On 31st August our club organised a Miramar Beach cleaning drive. More than 75 students from 2 interact clubs were also involved in the project.

## YOUTH SERVICE

- 1) On 3rd, 15th & 20th August our club felicitated 2 meritorious students from Auxilium High School, SSV High School & Ramdas Primary school, Panaji for securing Highest marks in their school.
- 2) On 3rd & 15th August our club installed the President & BOD of Interact club of Auxilium High School & SSV High School.
- 3) On 15th August our Club organised Drawing Competition & Elocution Competition at SSV High School.
- 4) On 24th August our club organised RYLA & ROYOTA For 60 students from 3 Interact Schools. It was a well arranged & appreciated program where 5 speakers educated the students on diverse topics like finance, science, music, space etc.

## INTERNATIONAL SERVICE-

Our visiting Rtns. Participated in a flag exchange program with 6 different clubs from Colombo. To summarise it, this month has been testimony to the Rotary theme "Magic of Rotary" & the commitment of our members towards service over self. My heartiest congratulations to the President & Board of Directors & my gratitude to all the members, volunteers & supporters for their contributions. Let's continue to work together according to Rotary principles of "Service Over Self".





## Introduction

Financial instruments are essential in the economic framework of any country as they facilitate the transfer of capital and risk management. In India, the financial market is diverse, offering a range of instruments to meet the needs of various investors, from individuals to large institutions. This article provides an overview of the key financial instruments available in India, their characteristics, and their significance in the financial ecosystem.

### 1. Equity Instruments

Equity instruments represent ownership in a company. In India, equity instruments primarily include shares and stocks.

•**Shares and Stocks:** Companies listed on the Bombay Stock Exchange (BSE) and the National Stock Exchange (NSE) issue shares to raise capital. Investors who purchase shares become part-owners of the company and are entitled to a portion of the profits, usually in the form of dividends. The value of shares fluctuates based on the company's performance and market conditions.

•**Preference Shares:** These shares provide holders with a fixed dividend but usually do not carry voting rights. Preference shareholders have a higher claim on assets than common shareholders in the event of liquidation.

### 2. Debt Instruments

Debt instruments allow entities to raise funds by borrowing from investors with a promise to repay the principal along with interest.

•**Bonds:** Bonds are long-term debt securities issued by corporations, financial institutions, or the government. In India, bonds can be broadly categorized into government bonds (G-Secs) and corporate bonds. Government bonds are considered safe with lower returns, while corporate bonds offer higher returns with higher risk.

•**Debentures:** Debentures are unsecured debt

instruments that rely on the issuer's creditworthiness.

Companies issue debentures to raise medium to long-term capital, and they can be convertible or non-convertible into equity.

•**Treasury Bills (T-Bills):** T-Bills are short-term government securities with maturities of up to one year. They are issued at a discount and redeemed at face value, making them a low-risk investment option.

### 3. Hybrid Instruments

Hybrid instruments combine features of both equity and debt.

•**Convertible Debentures:** These can be converted into equity shares after a specified period. They offer the safety of debt along with the potential upside of equity.

•**Warrants:** Warrants give investors the right, but not the obligation, to purchase a company's stock at a specific price before expiration. They are often issued alongside bonds or preference shares as a sweetener.

### 4. Derivative Instruments

Derivatives derive their value from an underlying asset, such as stocks, bonds, commodities, or currencies.

•**Futures and Options:** These are the most common derivatives traded on Indian exchanges. Futures are standardized contracts to buy or sell an asset at a predetermined price on a future date. Options give the buyer the right but not the obligation to buy (Call option) or sell (Put option) an asset at a specific price within a certain period.

### 5. Money Market Instruments

These are short-term debt instruments with high liquidity and low risk, typically maturing in one year or less.

•**Certificates of Deposit (CDs):** CDs are time deposits

issued by banks with a specific maturity date and interest rate. They are tradable in the money market and are considered a low-risk investment.

•**Commercial Paper (CP):** CP is an unsecured short-term debt instrument issued by corporations to meet working capital needs. It is typically issued at a discount and matures within 270 days.

•**Repurchase Agreements (Repos):** Repos are short-term borrowing instruments where securities are sold with an agreement to repurchase them at a predetermined price on a specified date. They are widely used by banks to manage short-term liquidity.

## 6. Mutual Funds

Mutual funds pool money from multiple investors to invest in a diversified portfolio of stocks, bonds, or other securities. They offer an easy way for retail investors to gain exposure to a wide range of assets without needing to manage individual investments.

•**Equity Mutual Funds:** These funds primarily invest in stocks and are suitable for investors seeking long-term capital appreciation.

•**Debt Mutual Funds:** These funds invest in debt instruments like bonds and T-Bills, making them suitable for investors looking for stable returns with lower risk.

•**Hybrid Mutual Funds:** These funds invest in a mix of equity and debt, providing a balance between risk and return.

## 7. Exchange-Traded Funds (ETFs)

ETFs are investment funds traded on stock exchanges, similar to stocks. They typically track an index, commodity, or a basket of assets, offering investors a way to invest in a diversified portfolio with the flexibility of trading throughout the day.

## Conclusion

The Indian financial market offers a broad spectrum of financial instruments, catering to different risk appetites and investment goals. Understanding these instruments is crucial for making informed investment decisions, whether you're a retail investor or a large institution.

With the ongoing development of financial markets and the introduction of new instruments, the landscape of investment opportunities in India continues to evolve, providing investors with a growing array of options.



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# THE NECESSITY OF BUILDING DAMS TO HOLD RAINWATER AND RECHARGE GROUNDWATER: A SUSTAINABLE APPROACH TO WATER MANAGEMENT

Rtn. Ar. Gurprasad Mantravadi



Water is one of the most precious resources on Earth. With growing populations, expanding cities, and increasing demands for food and energy, managing this finite resource has become critical. One of the most significant challenges we face today is water scarcity, exacerbated by climate change, inefficient water management, and seasonal rainfall patterns. A significant portion of the rainwater we receive flows directly into rivers and eventually reaches the sea, leading to substantial wastage of potential freshwater resources.

One of the most effective strategies to combat this issue is the construction of more dams and reservoirs to hold rainwater and store it for future use. In conjunction with other methods of recharging groundwater, this can greatly enhance water availability, especially in arid and semi-arid regions. This article explores the necessity of building dams, the benefits of harvesting rainwater, and additional methods to recharge groundwater for a sustainable future.

## The Role of Dams in Water Management

Dams play a crucial role in water management by capturing rainwater during wet seasons and storing it for use during dry periods. This helps regulate river flow, control flooding, and provide a steady water supply for agricultural, industrial, and domestic purposes. Here's why building more dams is vital:

**1. Water Storage:** The primary function of dams is to create reservoirs that hold large volumes of water. This water can be used for irrigation during dry periods, ensuring that agricultural activities are not disrupted by seasonal rainfall variations.

**2. Flood Control:** Dams help prevent floods by capturing excess rainwater during heavy rainfall events. This mitigates the risk of downstream flooding, protecting communities and infrastructure.

**3. Hydropower Generation:** Dams can also serve as a source of renewable energy. The water stored in reservoirs can be released to generate electricity through hydropower plants, providing a clean and sustainable energy source.

**4. Drinking Water Supply:** Dams provide a reliable supply of drinking water for cities and towns. This is

particularly important in regions where groundwater reserves are depleting and surface water sources are scarce.

**5. Recreation and Tourism:** Many dams and reservoirs become centers for recreation, promoting tourism, boating, and fishing, which can also boost local economies.

## Case Studies of Successful Dam Projects

Several countries around the world have successfully harnessed the benefits of dams to address their water management needs:

**•India's Bhakra-Nangal Dam:** One of the largest dams in India, this dam has transformed agriculture in the states of Punjab, Haryana, and Rajasthan by providing reliable irrigation water. It also generates hydropower and supplies drinking water to several cities.

**•Three Gorges Dam in China:** The world's largest hydropower project, this dam on the Yangtze River provides massive amounts of electricity, reduces the risk of flooding, and serves as a major reservoir for water storage.

**•Hoover Dam in the USA:** This iconic structure on the Colorado River provides water to over 20 million people and irrigates over 2 million acres of farmland. Additionally, it generates electricity for millions of homes.

## Challenges of Building Dams

While dams offer numerous benefits, they are not without challenges. Large dam projects often require significant investment and time. Additionally, they can lead to displacement of communities and disruption of local ecosystems. For instance, the construction of large dams can submerge forests, wildlife habitats, and farmland, which can impact biodiversity.

There is also the risk of siltation, where sediment builds up in the reservoir over time, reducing the storage capacity of the dam. Proper maintenance and de-silting programs are essential to address this issue.

## Complementary Methods to Recharge Groundwater

In addition to building dams, it is equally important to

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explore other methods of recharging groundwater. Groundwater is a vital source of drinking water and irrigation, especially in regions where surface water is limited. Over-extraction of groundwater has led to significant depletion of aquifers in many parts of the world, posing a serious threat to water security.



### **Here are some effective methods to recharge groundwater:**

**1. Rainwater Harvesting:** One of the simplest and most effective ways to recharge groundwater is through rainwater harvesting. This involves collecting and storing rainwater that falls on rooftops, roads, and open spaces. The water can then be directed into shallow aquifers through infiltration trenches or borewells. Rainwater harvesting is particularly useful in urban areas where concrete surfaces prevent natural infiltration of rainwater into the soil.

**2. Check Dams and Percolation Ponds:** Smaller structures such as check dams and percolation ponds can be built across streams and rivers to slow down the flow of water and allow it to percolate into the ground. These structures are cost-effective and can significantly enhance groundwater recharge in rural areas.

**3. Artificial Recharge Wells:** In areas with declining groundwater levels, artificial recharge wells can be installed to inject surface water or rainwater directly into the aquifer. This method is particularly useful in urban settings where natural recharge is limited.

**4. Afforestation:** Planting trees and vegetation in catchment areas can help improve groundwater recharge. Trees increase the infiltration of rainwater into the soil, reduce surface runoff, and prevent soil erosion. Forested areas act as natural sponges, holding rainwater and releasing it slowly into the ground.

**5. Reviving Traditional Water Bodies:** In many parts of the world, traditional water bodies such as ponds, tanks, and stepwells have played a crucial role in recharging groundwater. Unfortunately, many of these structures have been neglected or encroached upon. Reviving and restoring these water bodies can significantly improve groundwater levels.

### **Policy and Community Involvement**

To ensure the successful implementation of dam projects and groundwater recharge efforts, strong policy frameworks and community involvement are essential. Governments need to invest in water infrastructure, regulate water usage, and promote sustainable practices. Communities must be educated about the importance of water conservation and encouraged to adopt practices such as rainwater harvesting and afforestation.

In India, for example, the government's Atal Bhujal Yojana (Groundwater Management Scheme) aims to improve groundwater management through a community-driven approach. Such programs highlight the importance of local participation in water conservation efforts.

### **Need for a Holistic Approach to Water Security**

Water security is a global challenge that requires a multi-faceted approach. While building more dams to hold rainwater is a crucial strategy, it must be complemented by other methods to recharge groundwater and ensure sustainable water use. Rainwater harvesting, afforestation, and the revival of traditional water bodies are all essential components of a comprehensive water management strategy.

Ultimately, managing our water resources requires a delicate balance between development and environmental sustainability. By building more dams, adopting innovative groundwater recharge techniques, and involving local communities in conservation efforts, we can ensure a reliable water supply for future generations and mitigate the growing threat of water scarcity.

Our governments concentrate on building roads because it translates into votes immediately....surely you would vote for a party which focuses on building dams right??

Maybe that needs to change and water conservation should be planned and executed on a long term basis without falling prey to petty vote bank politics.

*(Author is member of the National executive committee of Indian Plumbing association and founding past chairman of the Goa chapter)*



## PROJECTS AT A GLANCE



Miramar Beach Cleaning Drive, 31st August 2024



Tree plantation & Flag Hoisting at SSV Cumbharjua, 15th August 2024



Goeche E Sarath, 15th August 2024

## PROJECTS AT A GLANCE



MHM at Our Lady of Merces, Anjuman & Auxilium 7th, 8th, 9th 13th August 2024



Interact Club Installation, Auxilium High School, 3rd August

# WEEKLY MEETINGS



Flag Exchange program with 6 different clubs from Colombo.

## PROJECTS AT A GLANCE



Uniform Distribution at Smt. Sunandabai Bandodkar School Karmali, 14th August 2024

# MY LOVE FOR FLOWERS

*Rtn. Sandeep Prabhu*



Flowers are one of the most beautiful creations of the Almighty. Start your day looking at a beautiful fresh flower and smell its fragrance, feel the energy and beauty of the flower influence your day.

Flowers can elevate one's mood. Flowers can be gifted during any moment in one's life. A bunch of flowers in a room can enhance the room's atmosphere. A few flowers tucked in the hair give a pleasant look and exemplify the beauty of the lady. Flowers have been used for ages to beautify a lady, adorn deities, homes & living spaces. Flowers are the pearls, rubies, diamonds of nature.

My love for flowers came from looking at my father, who liked gardening, especially growing flowering rose plants. 50 years ago, I used to watch my father taking care of his Rose garden, early in the mornings, spending at least an hour per day caring for the plants. He had nurtured different varieties of roses that were not available in those days in Goa. Some of the roses that he had used to change color, having one color in the morning, one color in the afternoon, and a different color in the evenings. He used to specially get his rose plants from Mumbai, Bangalore, etc. His love for the roses made him feel sad if any of the plants were damaged during transportation or while growing.

He had nurtured at least 25 to 30 different varieties of roses at any given time. Every morning he gave me a rose to take to school, which I used to give to the first teacher of the day coming to my class. All my teachers used to look forward to my rose of the day, and a small part of their conversation in the staff room was always reserved for my rose of that day.

In those days in Goa, such beautiful flowers were not easily available & when available, the cost was high because they were not grown commercially here, and getting them from other states was a costly affair.

I remember that, most of every house in Panaji had their own small garden, where general common

flowers like Hibiscus, Aboli, Jai, Champa (Chafa), common roses etc, were grown, but hardly any exotic roses. These common plants did not require much care, except in the very initial stage of their growth.

Exotic roses required a lot of care, and they had to be given special attention like proper sunlight (not too harsh), fertilizer, regular spraying of insecticides & fungicide etc.

Our Goan climate is not very conducive for the growth of such exotic roses. Our summers are harsh & monsoons are bad. All these conditions do not help the exotic varieties of roses to flourish. Now a days commercially grown plants like roses, orchids, etc, are kept in climate controlled green houses to give a higher yield.

As a kid, I learned firsthand from my father how to nurture different types of flowering & fruit plants. Even in those days of early 70s he had made a small mini green house for his roses with proper netting etc, so that they don't get damaged from falling debris or fruits of other taller plants or animals near by. As we grew up he was also getting busier with his work & was not able to spare much time for his plants, some perished due to the harsh weather, some due to diseases some pots were even stolen by the new mushrooming nurseries which had started blooming all over Goa. We were left with very few roses. By that time, I was in my late 20s & about to get married.

My wife brought along a few of her own potted plants she had nurtured when she came over to my house after marriage. My father was very happy to see another plant lover join the family. When I decided to develop a small garden in my new house at Porvorim, my father was enthusiastically planning the layout & the variety of plants to grow in the garden. He brought many different varieties of exotic rose plants from Bangalore and planted them in pots all over the garden.

In those days, 30 years ago, Porvorim was just developing & there were hardly any houses around. Near my house, it was more of a jungle & hardly a few houses. After taking advantage of this situation, most of my rose plants were stolen away along with the huge pots they were planted in.

I even remember a white coloured rose plant that was planted in the ground stolen by uprooting it. I had to end my love of roses than. I planted some hibiscus plants and a few other different plants so that at least the robberies were limited to just the flowers & not the plants.

This years monsoon was harsh & and a few of my flowering plants, potted as well in the ground, died away due to the harsh monsoons. I try and give at least 1/2 an hour to 45 min of my day specially in the early part of the day, to take care of my plants, of course most of the time is utilized in watering & trimming the plants. I am lucky to have a good gardener coming over once in a couple of months to clean the weeds & turn the soil, trim the lawn, pluck the fruits etc and generally take care of my little garden.

Flowers are the gift of God to humankind. If this gift is not nurtured well, nature will take it away from us. We all should make a habit of planting flowering plants, fruit bearing trees, etc, near our residences or wherever possible. Plants keep the surroundings cool & pleasant, attracting birds, squirrels, etc. Let us all together make this world, colorful & fragrant, like the Flowers in our life. ☺☺



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# BUSINESS CORNER

*Rtn. Prashant Kaisare*



## Mr. Bean (Rowan Atkinson) -

The story of the man who never gave up on his dreams. Rowan Atkinson was born in a middle-class family and suffered terribly as a child because of his stuttering. He was also teased and bullied at school because of his looks. His bullies thought he looked like an alien. He was soon marked a strange and became a very shy, withdrawn kid who didn't have many friends, so he dived into science, one of his teachers said. There was nothing outstanding about him. I did not expect him to be a brilliant scientist, but he has proved everyone wrong. Admitted to Oxford University during his days, he started falling in love with acting but couldn't perform due to his speaking disorder.

He got his master's degree in electrical engineering before appearing in any movie or TV show after getting his degree, he decided to pursue his dream and become an actor so he enrolled in a comedy group but again, his stammering got in the way. A lot of TV shows rejected him, and he felt devastated but despite the many rejections. He never stopped believing in himself. He had a great passion for making people laugh and knew that he was very good at it. He started focusing more and more on his original comedy sketches and soon realized that he could speak fluently whenever he played some character. He found a way to overcome his stuttering and his also used there is an inspiration for his acting. While studying for his master's Rowan Atkinson co-created the strange, surreal, and now speaking character known as Mr. Bean. He had success with

other shows, Mr. Bean made him globally famous and despite all the obstacles, he faced because of his looks and his speaking disorder, he proved that even without a heroic body or a Hollywood face, you can become one of the most loved and respected actors in the world. The motivational success story of Rowan Atkinson.



It's so inspiring because it teaches is that to be successful in life, the most important things are passion, hard work, dedication and never giving up, because without caring about our feelings and weaknesses.

**Moral of the story:** No one is born perfect. Don't be afraid. People can accomplish amazing things every day in spite of their weaknesses and failures. So go and do the best you can with the one life you've got.



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# SOMEWHERE BETWEEN ... WE GREW UP LIFE POETRY

*Rtn. Dinesh Kamat*



Somewhere between  
"stealing chocolate from our sister" and "Buying  
chocolate for her children",  
we grew up!

Somewhere between  
"Crying out loud just to get what we want" and  
"Holding our tears when we are broken inside",  
we grew up!

Somewhere between  
"I want to grow up" and  
"I want to be a child again",  
we grew up!

Somewhere between moments of talking to moments  
of silence  
We grew up

Somewhere between  
"Lets meet and plan" and  
"Lets plan and meet", with friends, we grew up!

Somewhere between  
"Being afraid of our parents"  
and  
"Praying for our parents" we finally grew up

And when we grew up, only then we realize  
How Silently, Our Lives Have Changed.....



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## FUNNY BONES

Santa and a friend are sitting in a cinema. Just before the break they see a cactus and in some distance a cowboy. During the break the friend says to santa: "I bet the cowboy will ride into the cactus."

Santa answers: "I do not believe that."

They agree that the loser invites the winner to a bottle of wine after the film. It turns out that the friend wins. So after the film they drink together the bottle of wine in a restaurant near the cinema.

Then the friend says: "I must confess that the bet was not fair. I saw the film for the second time."

Then Santa replies: "And I saw it for the fourth time, but I did not think that this fool rides into the cactus again."

Santa Singh and Banta Singh were sitting on a tree and Santa Singh was singing a song. After 4 songs Santa Singh hung himself upside down and started singing again.

Banta Singh : Santa Singh, what is the matter with you? Why are you hanging upside down?

Santa Singh : I am singing the B side.



## CROSSWORD

### Advanced Crossword Puzzle - Geography

**Directions:** use the clues below to fill in the crossword puzzle with the correct words.



Down

1. The direction to the left of the person facing the rising sun
2. A very dry region where very little vegetation will grow
3. A small rise in land. It is like a mountain only smaller
4. A large body of water that is surrounded by land
5. An opening in the earth's crust where lava, steam and ashes are expelled
6. The direction in which the sun sets
7. The direction in which the sun rises

Across:

1. The direction to the right of a person facing the rising sun.
2. A large rise in the land. It is bigger than a hill and forms a peak at the top.
3. An opening in the earth's crust where water is expelled
4. A low, flat region between hills or mountains.
5. A body of water which travels through a channel in the earth's surface.
6. A steep fall or flow of water from a high place on the earth's surface to a lower one.

Rotakids may mail answers with their name to [mantravadiguruprasad@gmail.com](mailto:mantravadiguruprasad@gmail.com)  
Correct entries will get their name featured on next SPARK

# PALETTE OF FLAVOURS

P.W. Mrs. Pradnya Nachinolkar



## Mangalorean Chicken Ghee Roast Recipe

### 1. How to make Mangalorean Chicken Ghee Roast Recipe

To begin making the Mangalorean Chicken Ghee Roast Recipe, wash and clean the chicken thoroughly and drain all the water.

### 2. To Marinate the Chicken

In a mixing bowl, add curd, turmeric and lemon juice and mix well. Add the washed chicken pieces in the curd mixture and marinate for at least 1 hour.

For the ghee roast masala

1. Heat a flat skillet and add dry red chilies, fenugreek seeds, cumin seeds, coriander seeds, cloves and peppercorns. Roast them on low flame till the aroma of the spices wafts through the air. Turn off the flame and allow to cool.

2. Once the spices are cool, add them to a mixer jar along with the garlic and tamarind paste along with a tablespoon of water into a smooth paste. Keep it aside.

3. Heat a kadai with ghee, add curry leaves and allow it

to crackle. Now, lower the flame and add chicken that is marinated with curd into the kadai and cook until the chicken has become firm.

Add the ghee roast masala into the kadai and mix everything together until it combines. Cook the chicken in the pan until the ghee separates out and reaches the surface.

4. Finally add in the jaggery, salt to taste and mix well. Once the jaggery has melted, mix well and check for seasoning. Switch off the heat and serve hot.



Serve the Mangalorean Chicken Ghee Roast Recipe along with neer dosa, steamed rice and Palak Tovee or Palak Dal Recipe by the side to complete your Sunday meals.

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