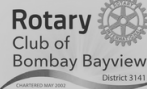

BAYVIEW EXPRESS

VOL 1



JULY-SEPT

**ALONE WE CAN DO SO
LITTLE, TOGETHER WE
CAN DO SO MUCH!**

-HELEN KELLER

SAFETY BEGINS WITH SHELTER.

Proud to have donated a dedicated cabin to the Mumbai Central Station Police — a secure space where lost or abandoned children and women can feel safe, supported, and protected. This initiative is a step toward restoring dignity, providing immediate care, and ensuring that every vulnerable soul is met with compassion, not fear.



SERVICE BEFORE SELF

Proud to donate an Auto Haematology Analyzer to Badlapur Animal Shelter a vital step towards enhancing medical diagnostics for the 400–500 animals under their care. This advanced machine will be a lifesaver, helping detect health conditions early and improving treatment accuracy for our furry friends.



★ Our Shining Achievers ★



Rtn. Sangeeta Kewalramani was featured in the Times of India with her lovely words: 'Mahjong is a beautiful occasion.'



Congratulations to Rtn. Amit Shah and Rtn. Vijay Zanwar! a testament to their sportsmanship and teamwork.



At the launch of the book 'Gadchiroli Chronicles' by The Spine Foundation, our Rotary Club was acknowledged for its constant support and contribution.



Landmark Co. honored at the National CSR Awards! Western region. Congrats Rtn. Urvi Mody



HONOURING HEROES IN WHITE COATS

The Rotary Club of Bombay Bayview proudly celebrated its first service-oriented event of the Inspire Year by honouring the dedicated doctors of Bombay Hospital on National Doctors Day. A heartfelt morning attended by esteemed doctors and enthusiastic club members, coming together to express their gratitude and acknowledge the selfless services provided by these doctors.

IMPACTFUL INITIATIVES FOR YOUNG MINDS



On 11th August, the Rotary Club of Bombay Bayview carried out two meaningful community projects with 700 young children of Saibaba Path Municipal School, Lalbaug.

Art Workshop – An engaging and creative session that gave the children a platform to express themselves through colors and imagination.

SPARSH Program – A vital awareness session on Good Touch & Bad Touch, sensitively conducted to help children understand personal safety and boundaries.

Both initiatives were spearheaded by Non-Medical Project Director Rtn. Vidya Moorjani, who led the efforts with compassion and dedication.

Through these activities, the club continues its mission of nurturing young lives by combining creativity, education, and awareness for a brighter and safer future

PROJECT UMEED

On 26th August 2025, The Rotary Club of Bombay Bayview launched Project Umeed at the Umeed Child Development Centre, Lower Parel.

Through this initiative, we are subsidising nearly 100 clinical sessions for families from disadvantaged backgrounds, ensuring that every child gets the support they deserve.



DHULE MEDICAL CAMP



Proud Moment for Rotary Club of Bombay Bayview
Our diagnostic medical camp in Dhule benefitting 410+ children with intellectual & developmental disabilities has been featured in DG Rtn Manish Motwani's GML – August edition
With expert doctors, therapies, and care, we brought hope, health & dignity to families in need.

Grateful to all who made this impactful project possible!

Wall of Fame

From Pain to Purpose: The Giving Journey of Anil and Neha

"True giving is like the fragrance of a flower — it spreads naturally, without asking for anything." — Anil

JOY OF GIVING

BY RACHNEE MEHTA

Some life journeys begin not with ambition, but with respect. For Anil, it started in 2004, when his mother was diagnosed with cancer. Watching her endure pain and suffering led to a turning point — one that quietly transformed him from a son to a President of the Rotary Club of Greater Houston.



Their giving isn't just financial — it's personal.

It was the need of something larger than himself that led him to this. It was about reaching out.



They know their two daughters in life and decision-making, ensuring that the next chapter of their legacy is always being written.

"I think it's important to have a goal," Anil reflects. "That time transformed me. I was giving. It was about being on time and becoming something I felt deeply connected to."

Neha, his partner in life and purpose, had already been raised in a world where giving wasn't a choice — it was a way of life. Her grandfather, who had dedicated his life to building schools, hospitals, and water systems in memory of his late wife, "That spirit of gratitude shaped me deeply." So when Anil started contributing to causes, Neha was not just supporting — she was proud. "In life, we were doing something for the community," she says.

For Anil, giving isn't about writing a check. It's about impact, about knowing that someone's pain is eased, someone's life is changed, because you chose to act. "You're just a medium," he says. "True giving happens when you give with a clean heart, without looking for returns."

It was in 2014 — in the form of a donation to the Rotary Club of Greater Houston, through strong nodes, began with hesitation. They joined only in the morning but left after being out of place among older members, not only — and maybe a second platform — that they found their way back. Anil, giving isn't about writing a check. It's about impact, about knowing that someone's pain is eased, someone's life is changed, because you chose to act. "You're just a medium," he says. "True giving happens when you give with a clean heart, without looking for returns."

Rtn. Anil & Neha Jain

Restoring healthy blood flow through advanced heart valve surgery

Heart valve surgery is a critical medical procedure that repairs or replaces damaged heart valves, ensuring proper blood flow through the heart and the rest of the body. The heart has four valves — aortic, mitral, tricuspid and pulmonary — which open and close with each heartbeat, maintaining one-way blood flow. When these valves become diseased or dysfunctional, the heart must work harder to pump blood forward, leading to fatigue, breathlessness, heart failure or even sudden cardiac arrest.



Dr. Manish Garg

Benefits of heart valve surgery include improved heart function, reducing risk of complications and improved quality of life, in addition to providing prompt symptom relief, heart valve surgery confers significant long-term survival advantages.

There are two main types of valve surgery: valve repair and valve replacement. Repair is preferred, when possible, as it preserves the patient's natural tissue and reduces the need for lifelong anticoagulants. Valve replacement can use either mechanical or biological valves.

tion of valvular heart disease remain essential for optimal outcomes. "There are two main types of valve surgery: valve repair and valve replacement. Repair is preferred, when possible, as it preserves the patient's natural tissue and reduces the need for lifelong anticoagulants. Valve replacement can use either mechanical or biological valves. Mechanical valves last longer, but require lifelong anticoagulants to prevent blood clots formation. Biological valves are made from animal tissue. Typically do not need long-term anticoagulation, making them preferable for women of childbearing age, patients of elevated bleeding risk of those unable to manage anticoagulant therapy effectively. However, biological valves are generally less durable, with an average lifespan of 10 to 20 years, thereby increasing the likelihood that younger patients may require future valve replacement procedures. Although the initial expense of bioprosthetic valves may be greater than that of mechanical valves, these costs can be balanced by the decreased need for long-term anticoagulation and its associated expenses."

Modern healthcare advances have improved valve surgery's safety and outcomes. Additionally, minimally invasive techniques and transcatheter valve implantation now enable quicker recoveries, less postoperative pain, shorter hospital stays, and reduced complications. In conclusion, heart valve surgery is a transformative treatment that restores heart function, reduces distressing symptoms, and improves life expectancy. For many patients, it offers a renewed opportunity for an active life. "In conclusion,"

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Disclaimer: The views/hopinions/expressions expressed in the article are the sole responsibility of the reporter.

Rtn. Dr. Manish Garg

School of life

EVERY so often, an educator crosses over from the classroom into the culture, and it feels seismic. Arwa Baldiwala, Head of School at Fazlani L'Academie Globale, has done exactly that with her luminous new book *Double Tap on Life*. Baldiwala, who has spent more than two decades working closely with young adults, reframes resilience and self-worth not as abstract ideals but as urgent survival skills in an always-performing age.

Her book is really for anyone who wants to live better. Or as she tells us: "The book was born not as a prescriptive rulebook but as a companion for anyone standing at life's crossroads... to highlight that self-discovery is not an event but a lifelong journey." It's brave, brilliant, a handbook for anyone dizzy in the digital storm, and proof that education's most powerful voices can echo far beyond the school gates.



Arwa Baldiwala

Rtn. Arwa Baldiwala

BEST CHEF 2025 The Gourmet Fest



**Congratulations
CHEF HARSH SHODHAN**

Rtn. Harsh Shodhan