

Rtn. Stephanie A. Urchick
RI President

Rtn. CA Dev Anand
District Governor

Rtn. Jagannath Kote
Assistant Governor

Rtn. Nagaraj Shetty
Zonal Lieutenant

Rtn. Subhash Bangera
Club President

Rtn. Farida Uppin
Club Secretary

Rtn. Rathnakar Udyavar
Club Treasurer

Rtn. Vanishree Rao
Rtn. Shashikala Rajavarma
Concord Editors

Avenue Directors

Rtn. Dr Jayagowri H
Club Service
Rtn. Prashanth Hegde
Vocational Service
Rtn. Rajavarma Ariga
Community Service
Rtn. Amit Aravind
International Service
Rtn. Dr Pradeep S
Youth Service

District Projects

Clean Environment for Good Health
Awareness to Road Safety
Education with Legal Awareness
Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do
- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

Club Service

23rd July, 2024: Weekly Meet

Topic: Kidney in Health & Disease

Venue: Rotary Bhavan, Ananth Nagar, Manipal

Guest Speaker: Prof. Dr. Ravindra Prabhu Attur,

Head of Department of Nephrology, KMC, Manipal

Meeting Co-Ordinator: Suman Prabhu

No. of participants: 32

The meeting began with calling upon the dignitaries on the dais, presenting collar to President Rtn. Subhash Bangera by Sergeant-at Arms Rtn. Sripathi P. President called the meeting to order and formally welcomed the gathering.

Under the series "I am a Proud Rotarian", Profiles of Rtn. K S Jaivittal and Rtn. Vijayalaxmi Jaivittal were read out.

A moment of silence was observed to pay respect to Late PDG Rtn Ramachandra Murthy, of RC Shimoga. Rtn K S Jaivittal shared his thoughts and remembered Late Rtn Murthy.

Thought for the day was presented by Rtn. Dr. Virupaksha Devaramane which was unique and relevant to the theme of the day. Rotary Information was presented by Rtn. Shyla Rao.



Thought for the Day

Rtn. Dr. Virupaksha
Devaramane

**THIS TOO
SHALL PASS.**

**IT MIGHT PASS
LIKE A KIDNEY
STONE.**

but it will pass.

Good relationships are like kidneys. You won't realise their importance unless they are spoilt. Take care of them daily.



Rotary Information

- Rtn. Shyla Rao

Mrs. Bhakthi Deodar was a member in Project NAWNI (Nurturing Atmanirbhar Women with New Initiative) mentorship programme of RC Pune Pride RID 3131. The project was launched in 2021. It had 32 women. The mentors were Rotarians, Anns and successful professionals, who helped the women entrepreneurs

to lift their business to higher level. Encouraged by the help rendered by Rotary, Mrs. Bhakthi Deodar & other women were motivated to become Rotarians themselves. Sometime back there was talk on All Women Rotary Clubs. There is one in Bangalore and another in Dharwad. Personally, I feel Club with mixed members are better than All Woman Club. Mixed Member Club will have right balance and is more fruitful.

Club Service...(Contd..)

Guest Speaker Dr Ravindra Prabhu, was introduced by Rtn. Dr. Virupaksha Devaramane. Dr. Kamath is Nephrologist by profession, Member of Indian Society of Nephrology and American Society of Nephrology. He spoke about Kidney Health, Organ Donation, maintaining a healthy diet, staying hydrated and shared important information on dialysis and kidney transplantation. After the talk, Q & A session followed. As a token of gratitude, President Rtn. Subhash honoured the guest with a memento.



Public Image

ಉಡುಪಿ: ರೋಟರಿ ಕ್ಲಬ್ ಮಣವಾಲ ವತಿಯಿಂದ ವಾಹನ ದಟ್ಟಣೆಯನ್ನು ಸಮರ್ಥವಾಗಿ ನಿಭಾಯಿಸಲು ಟ್ರಾಫಿಕ್ ಪೊಲೀಸರಿಗೆ ಉಪಯುಕ್ತವಾದ 6 ರಿಫ್ಲೆಕ್ಟರ್ ಜಾಕೆಟ್ ಮತ್ತು 6 ಸಿಗ್ನಲ್ ಬ್ಯಾಟನ್‌ಗಳನ್ನು ದೀಪ್ಜ ಪಾಲಾಕ್ ಅವರು ಟ್ರಾಫಿಕ್ ಪೊಲೀಸರಿಗೆ ಹಸ್ತಾಂತರಿಸಿದರು. ಅಧ್ಯಕ್ಷ ಸುಭಾಷ್ ಬಂಗೇರೆ, ರೋಟರಿ ಪದಾಧಿಕಾರಿಗಳು, ಸದಸ್ಯರು ಭಾಗವಹಿಸಿದ್ದರು.

Community Services

- A request from the Principal of Govt. Pre-University College, Polipu, Kaup to donate desktop PC to college office on 18.07.2024 was considered instantaneously by the RCM and the members donated Rs. 18,000 on the very same day. Rtn. Dr. Virupaksha Devaramane, Rtn. Dr. Girija, Rtn. M S Krishna, Rtn. Vinod Kumar, Namasthe Homestay were the donors.
- Like every year, Dr. P.N. Srinivas Rao Endowment Scholarship Prize was awarded to a deserving child of a non-teaching staff member at MGM College, recognizing his academic achievements and providing financial support. During her tenure as President, Rtn. Shyla Rao, in a generous act, contributed Rs 10,000 personally through Rotary to increase the scholarship fund, enhancing the financial support provided to the awardees. This endowment, is named in memory of her husband, Dr. P.N. Srinivas Rao.
- On 29.07.2024, RCM organised a session on Prenatal and Postnatal Awareness for Woman by Dr. Rajalaxmi, President of IMA, Udupi at Anganwadi, Mallampalli, Doddanagudde. Rtn. Varadaraj Bhat distributed egg and banana to the gathering. Community Service Director Rtn. Rajavarma Ariga, Rtn. Shashikala Rajavarma, Rtn. Dr. Girija, Secretary Rtn. Farida Uppin graced the occasion



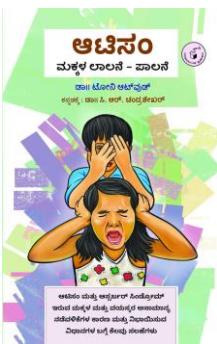
- RCM members attended Paddy Cultivation on a small piece of land at Asare, Manipal on 29.07.2024. Rotarians joined hand to encourage the inmates. Community Service Director Rtn. Rajavarma Ariga, Rtn. Jaivittal, DGS Mr. Sridhar Rao were present.

Youth Services

- Interact Club Installation Ceremony of Govt. PU College, Board High School, Udupi was on 23.07.2024. President Rtn. Subhash Bangera was the Installation Officer. Chairman for the Club was Rtn. Geetha Kaushik. Additional Youth Service Director Rtn. Mahalasa Kini and Secretary Rtn. Farida Uppin were present.
- Interact Club Installation Ceremony of two clubs (one for high school section and one for PU section) at Govt. PU College for Girls, Udupi was on 27.07.2024. Vice President Rtn. Shashikala Rajavarma was the Installation Officer. Youth Service Director Rtn. Dr. Pradeep S and Club Chairman Rtn. Veda Suvarna were present.
- Interact Club Installation Ceremony of Sri. Vishnumurthy High School, Kudi was on 27.07.2024. President Rtn. Subhash Bangera was the Installation Officer. Chairman for the Interact Club is Rtn. P Ravi Karanth. Vice President Rtn. Shashikala Rajavarma were also present.
- Interact Club Installation Ceremony of Manipal Pre-University College and High School Section was on 29.07.2024. President Rtn. Subhash Bangera was the Installation Officer. Chairman for MPUC Interact Club is Rtn. Indira Rao, who is also retired Vice Principal of the School.



Vocational Services



Autism Society of Udupi, Dr. A V Baliga Memorial Hospital Udupi and Rotary Club Manipal jointly organised one day workshop on Community Mental Health and Care For Autistic Child and Parent Support Group Meeting “Samveda” in Kamala A Baliga Hall on 27.07.2024. Rotract Club honoured Mr. Srinivas Ganiga – Director, The Concerned for Working Children, Kundapur and Mrs Kripa MM, Asst Director -The Concerned for Working Children (CWC), Kundapur. CWC is an NGO, and one of the first organizations in India to focus on working children and their needs.

Booklets “Autism Makkala Lalane Palane” written by Dr. C R Chandrashekar was distributed to parents of Autism Kids. The topics covered in the workshop were:



- Signs & symptoms of major mental disorders
- Myths & misconceptions about mental illness and addiction
- Child & adolescent psychological problems
- Signs & symptoms of minor mental disorders
- Alcohol and other addictions

President Rtn. Subhash Bangera and Vocational Service Additional Director Rtn. Shreesha Hegde were present.

Rotarians in Action



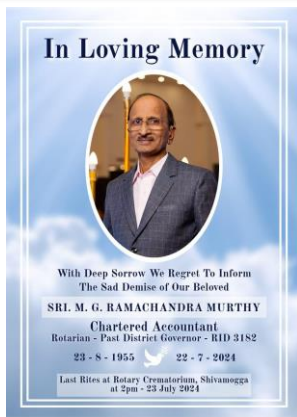
On 26.07.2024, Rtn. Dr. Usharani received Anexas Innovation Award 2024 for the Ph.D study on Development and evaluation of prevention bundle for neonatal healthcare-associated infections.

Rotary Leadership Institute Training Session was held in Hotel Madhuvan Serai, Manipal on 27th & 28th July 2024. ZL Rtn. Nagaraj Shetty, Rtn. Jaivittal, Rtn. Rajavarma Ariga attended the RLI training from RCM.



Our Major Donor MPHF Rtn. Jai Vittal who is the member of the Toastmaster Club since 2020 has been installed as President of Manipal Udipi Toast Masters Club for the year 2024-25. The Installation program was on 27.07.2024 at MIT Sir M V Hall AB2 Block.

Obituary



Note:

*Dear Members,
In case you have missed any issue of Concord, please click the link below to access our club's weekly newsletter*

<https://rcmanipal.rotaryindia.org/Newsletter.aspx>

Theme of July



Celebrating those that give life and future to the next generation.

Maternal & Child Health

Celebrations



Birthdays...

- 26th July: Ann Anusha B (W/o Rtn. Maruthesh S A
- 26th July: John Ashish Kumar Ariga (S/o Rtn. Rajavarma Ariga & Rtn. Shashikala Rajavarma)