

# SUBURBAN VOICE

MONTHLY BULLETIN OF ROTARY CLUB OF TRIVANDRUM SUBURBAN, RI DIST 3211 ZONE V, NOVEMBER 02, 2024 | VOLUME 38 | ISSUE 5



## PRESIDENT'S MESSAGE



My Dear Fellow Rotarians, Anns and Annets,

"Service to humanity is service to God." - Swami Vivekananda

As I reflect on the past, I am filled with pride and gratitude for the vibrant spirit of our Rotary family. In October, we had a fantastic outing to the Kerala Arts and Crafts Village, Kovalam, and a memorable Onam Celebration at Lagoon Resort, which brought us all closer together. Our 2nd club assembly was a huge success, with members actively participating and sharing their appreciation for our club's initiatives. I would also like to thank Dr. Divya C Cenana for her inspiring talk on "Women in STEM," which highlighted the importance of empowering women in Science, Technology, Engineering, and Mathematics.

Our club has been busy with various community service projects over the past month. Under the District Project UYRE, we organized an Inter-Zonal Upskill Training for students of Venjaramood HSS, focusing on enhancing their skills for a brighter future. Additionally, we conducted a session on IT skill enhancement at Kulathoor Govt. HSS, aiming to equip students with essential skills for the digital age. We also donated 10 computers to Kulathoor School, thanks to the support of TATA Elxsi. Furthermore, we donated a sewing machine to a housewife, Ms. Shoba, with the support of

Dr. Prema Kumari Memorial Trust, empowering her to become financially independent.. Our club has been actively engaged in various community-focused initiatives. We proudly laid the foundation stone for Ms. Baby P's new house under the Udayakiran Project, a joint endeavor with Chittilapilli Foundation. Additionally, we donated CUET-UG Smart Question Banks to Chinnamma Memorial Girls HSS, Poojappura, to support students preparing for the Common University Entrance Test. Our River Walk Project tackled water pollution control, plastic waste collection, and water quality testing. The club organized a Peace Building Program at Govt Model HSS, Pattom, featuring a workshop on memory-boosting techniques conducted by Ms. Deepa Demis, who shared expert insights and practical methods to enhance cognitive skills. Furthermore, our "Ente Kaumudi" Project at SCP LP School aims to promote literacy and education. These above initiatives demonstrate our club's commitment to service projects, skill development and community empowerment.

As we dive into November, get ready for a month packed with engaging activities, innovative projects, and meaningful community service initiatives, all carefully curated by our club. We will celebrate Diwali and Kerala Piravi with great fervor at our family meeting. As part of Children's Day celebrations, we will organize a nostalgic Coconut Leaf Toy Making program for our Members. Our community development program at Christ Nagar College will feature panel discussions on education, health, and social development, while also recognizing unsung heroes and showcasing products from various NGOs. Furthermore, we will conduct career counseling programs and continue to make progress on our "Ente Pathram" project,

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promoting literacy and education. Additionally, we will host an interactive session on GST implications for commercial and residential rentals, a talk by Ms. Sandhya Sandra on caring for differently - abled children , and also new age marketing - Digital Marketing.

As we move forward, I am confident that together, we will continue to make a positive impact in our community and beyond.

Dated this 1st day of November, 2024,

Dr. Baiju Ramachandran FCS  
President, RC Trivandrum Suburban

## SECRETARY'S MESSAGE



Dear Fellow Rotarians, Anns and Annets,

As we reflect on another month of impactful service, I am filled with gratitude and pride for the exceptional dedication and enthusiasm demonstrated by our members. Our activities this month have been a testament to our solid commitment to fostering community well-being, empowering youth, and strengthening bonds within our Rotary family.

We have successfully implemented various initiatives that span educational support, skill enhancement, environmental conservation, and fellowship-building. From enhancing student resources to organizing family-centric events, every project underscores our collective effort to live up to the ideals of "Service Above Self."

Let us continue to draw inspiration from these accomplishments as we explore new avenues to make a difference. The coming months present more opportunities to serve, collaborate, and inspire. Together, we will sustain this momentum and elevate the impact of our club's efforts.

Thank you for your contributions and continued commitment to our shared mission. Let us march forward with renewed vigor, embodying the values that make Rotary a beacon of hope and change.

Warm regards,

Rtn. Dr. Ciniraj Raveendran  
Secretary, Rotary Club of Trivandrum Suburban

## ACTIVITY REPORT OF OCTOBER

### 78. Donation of CUET-UG Question Bank to CMGHSS students

On 03.10.2024, the RC Trivandrum Suburban donated the CUET-UG Smart Question Banks to Chinnamma Memorial Girls Higher Secondary School, Poojappura, to support students preparing for the Common University Entrance Test (CUET). Conducted by the National Testing Agency, Government of India, CUET is a standardized test for admission to undergraduate, postgraduate, and doctorate programs in Central Universities and participating institutes. The CMG HSS School has established a Career Guidance and Adolescent Counselling Cell to train Plus Two students for undergraduate courses in top Indian universities and the Club used to support the Cell. The donated books aim to enhance this initiative. In a solemn ceremony held at the school, Club President Dr. Baiju

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Ramachandran handed over the Question Banks to students and faculty. Dr. Sajeev Kumar B, HSST and Career Guidance Key Resource Person, delivered the opening remarks and welcome address. School Principal Ms. Sangeetha J S, Club President Dr. Baiju Ramachandran, and Board Member Rtn. K P Mohandas addressed the gathering, emphasizing the importance of quality education and quality resources. Students' representative Mahalekshmi proposed a vote of thanks. This initiative is expected to benefit approximately 240 students, empowering them to excel in CUET and secure admissions to prestigious universities.

### 79. Half Day Tour to Kerala Artisans Village

On 04.10.2024, the RC Suburban organized a half-day tour and overnight stay at Lagoon Resort, bringing together Rotarians, Anns, and Annets for a delightful experience. The day began with lunch at Kerala Arts and Crafts Village, Kovalam, a vibrant hub showcasing traditional Kerala crafts, artisans, and cultural heritage. This village is a treasure trove of handicrafts, textiles, and local art forms. Later, the group went and checked in at Lagoon Resort, Thiruvallam where they convened for a Family One-to-One meeting, enjoying tea and snacks. In the evening, Rotarians shared heartfelt reflections on the value of fellowship and being part of a remarkable club. Meanwhile, Anns and Annets rehearsed cultural programs for the upcoming Onam celebrations. The evening culminated in a delightful dinner together, after which participants retired to their sea-view rooms. The Lagoon Resort getaway proved to be an unforgettable experience for all.

### 80. Family Meet and Onam Celebration

On 05.10.2024, Meeting No. 1752 of the RC Suburban was held at Lagoon Resort, Thiruvallam, from 10 AM to 5 PM as our Onam Celebrations and family get-together. The formal meeting was called to order by President Dr. Baiju Ramachandran at 11am. Rotary Invocation read by Treasurer Rtn. Ramesh R. After a brief presidential address, Secretary's Report was presented by Rtn. Dr. Ciniraj Raveendran. President (Elect) Rtn Vinod Narayanan proposed a vote of thanks for the meeting. The official meeting was concluded at 11:15 AM. As part of the Onam celebrations of the club, a variety of cultural programs and fun activities were held on that day. Celebration commenced with athapookkalam by Ann Omana, Ann Susheela and team; to commemorate the spirit of onam, a beautifully decorated swing was installed at the venue; Rtn Sreekantan Nair spoke on the historical background and modern significance of Onam; Ann Renu Sabarinath sang couple of onam songs; Thiruvathirakali performance by the Anns was superb and enjoyed by all; Rtn. Vinod Narayanan and a team of Rotarians and Anns delivered a captivating musical performance of the Vallamkali song, electrifying the audience with their collective talent and enthusiasm; Rtn. Rufus and Rtn. Ramakrishnan performed a duet, adding to the celebratory mood; Rtn Purushothaman Asan shared an inspiring story centered on rings used on different fingers; Rtn. Dhananjayan shared some of his personal experiences there. The event continued with activities, including a Tricky Questions Challenge hosted by Ann Omana, and a range of exhilarating activities such as Balloon Pop Off, Lemon and Spoon Race, Musical Chair,

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Balloon and Cup Games etc. The traditional onasadhya, served on banana leaves with 31 delicacies received appreciation from all 73 attendees. The post-lunch entertainment was the musical performance that took place on the lawn. Along with that an array of engaging activities including Sundarikku Pottu Thodal, Vadamvalli and Uriyadi were organized and enjoyed by all. The onam celebrations were further enhanced by a heritage boating excursion, a scenic Thiruvallam, Pozhikara Beach visit and an evening sun bath. A traveler was arranged by the club to pick up and drop off the members and family on shared basis.

#### 81. RISE Football tournament at Ayras Sports Hub, Nedunkunnam Myladi, Kottayam

On 06.10.2024, Rtn. Shaji Jos of the RC Trivandrum Suburban participated in the district-level football tournament, held at Ayras Sports Hub in Nedunkunnam, Kottayam. The tournament was conducted under the Rotary International's RISE (Rotary Inspires Sports Excellence) initiative, promoting sports development and community engagement.

#### 82. Inter-Zonal Upskill Training for the Students of Venjaramood HSS

On 07.10.2024, the RC Trivandrum Suburban and RC Venjaramood jointly organized an interzonal program on skilling of students at Govt. Higher Secondary School, Venjaramood under District Project UYARE. The Chief Guest was Rtn. PDG. Major Donor Sreenivasan K. In his address, he stressed the

importance of UYARE Project in the current scenario of unemployment and underemployment in our state. The resource person was Assistant Governor, Zone V, Rtn. MPH. Dr. N.R.U.K.Kartha, who gave an account of various soft skills and life skills covering Communication, Time Management, Personality Development, Stress Management, Leadership Development, Etiquette & Manners and knowledge building. The program was conducted through, lecture, role play, management games, demonstration and individual events. The meeting was initiated by Rtn. President Aneesh M.I. This was followed by welcome speech by PAG.Rtn.Saji. The resource Person was introduced by A.G.Zone IX Rtn. Sasidharan Nair. Felicitations were given by the President PTA and President Pullampara Grama Panchayath Sri P.V. Rajesh and the Principal of the School Mr. Azeem. Vote of thanks was proposed by Ms Amritha a student representative. The presence and involvement of Charter Members Rtn. Anakkuzhy Rasheed and Rtn.Anvar Hussain, PAGs A.A.Rasheed and Rtn. C.Raveendran Nair from R.C.Venjaramoodu and Past Presidents Rtn.G.Ramakrishnan and Rtn.Er. Janadana Naik from R.C.Trivandrum Suburban contributed significantly to this joint program of the two clubs. The total planning and execution was spearheaded by Asst: Governor Rtn. Sasidharan Nair of Zone IX. Thirty students from various disciplines of Physical Science, Life Science and Humanities participated effectively in the program. The program lasted for 100 minutes.

#### 83. Fourth Board Meeting for the RY 2023-24

On 08.10.2024, the Fourth Board



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meeting was held at Mannam Memorial National Club, Statue at 7.30 PM. The meeting was jointly sponsored by Rtn. CA NS Sarma and Rtn. Sebin Roy.

#### 84. Donation of Computers to Kulathoor Govt. School under UYARE Project

On 10.10.2024, the RC Trivandrum Suburban made a significant contribution to Kulathoor Kolathukara Government Higher Secondary School by donating 10 computers, valued at Rs. 1,25,000, generously sponsored by TATA Elxsi. This initiative aims to provide students with essential computer lab training for their skill development programme under the Uyare District Project. The Director (Vocational Service) Rtn. Sreekumar K.P, played a pivotal role in securing the computers from TATA Elxsi, while Rtn. Arun S, Immediate Past Secretary, coordinated the formal inaugural program. The Immediate Past President, Rtn. Naik, inaugurated the newly set up computer lab and announced that the club has earmarked Rs. 15,000 annually for repairs and maintenance of these computers (limited to replacement cost of accessories). Approximately 200 students will benefit from this project, gaining valuable skills in computer literacy. The event was attended by 50 persons, including Rotarians, TATA Elxsi officials, teaching staff, non-teaching staff, and students.

#### 85. Session on IT skill enhancement for a brighter future

On 10.10.2024, the RC Trivandrum Suburban organized a session on "IT Skill Enhancement for a Brighter Future" for higher secondary students of Kulathoor Kolathukara Government

Higher Secondary School under the UYARE Project. The Director (Vocational Service) and IT Officer Rtn. Sreekumar K.P, an expert in the field, led the session, which drew over 50 students. Distinguished guests included Past President Rtn. Janardhana Naik, Immediate Past Secretary Rtn. Arun S, Board Member Rtn. G Ramakrishnan, Charter Secretary Rtn. K G Nair, TATA Elxsi officials, and school teaching & non-teaching staff.

#### 86. Donation of Sewing Machine to Ms. Shoba

On 11.10.2024, the RC Trivandrum Suburban in association with Dr. Prema Kumari Memorial Trust, donated a sewing machine to a housewife Ms. Shoba as part of the UYARE Project. In a simple function Rtn. K G Nair, Trustee and Charter Secretary of RC Suburban formally handed over the machine to Ms. Shobha. The project cost was Rs. 6,000 and was sponsored by Rtn. K G Nair. Immediate Past President Rtn. Janardhana Naik and Immediate Past Secretary of the Satellite Club Rtn. Jayanthi Bhai also participated.

#### 87. Round Table conversation on Vision 2037-38

On 18.10.2024, the RC Trivandrum Suburban convened a round table conversation focused on "Vision 2037-38: The Golden Jubilee Year." President Rtn. Dr. Baiju Ramachandran initiated the conversation, gathering valuable insights from members to chart the club's future course. The discussion, attended by Rtn. N S Sarma, Rtn. K G Nair, Rtn. Vinod Narayanan, Rtn. Dr. Ciniraj Raveendran, Rtn. R Ramesh, Rtn. Albert Alex, Rtn. Santhosh Mitra, Rtn. Dhananjayan, Rtn. Janardhana Naik, and Rtn. Baiju Balakrishnan,

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yielded a comprehensive action plan. Key takeaways included inducting young members to inject fresh perspectives, enhancing more family participation in club activities, and establishing a permanent service project for skill development at Rotary Tower. This strategic vision paves the way for Rotary Club Trivandrum Suburban's continued growth, community impact, and relevance in the years leading up to its Golden Jubilee celebration in 2037-38. By embracing innovation, diversity, and inclusivity, the club reaffirms its commitment to serving the community and empowering future generations.

#### 88. Weekly Meeting & the 2nd Club Assembly

On 18.10.2024, the 1753rd weekly meeting of the RC Trivandrum Suburban was held at Trivandrum Club and was called to order at 7.30 PM by President Rtn. Dr. Baiju Ramachandran. The Rotary invocation and welcome address were given by Rtn. Albert Alex. The Secretary's report, detailing the Club's activities and updates, was presented by Rtn. Ciniraj Raveendran. Following the President's remarks, the meeting was adjourned for the Club Assembly, which began at 7.45 PM. The members actively participated in the discussions, expressing their appreciation for the club team's efforts, especially the new initiatives to enhance family involvement in Suburban and the successful execution of many UYARE District Projects as well as other service projects in the 1st Quarter. Meeting noted that 75 plus activities conducted in the first quarter with many innovative programs so as to elevate friendship, fellowship, and family within Rotary. Suggestions were made to increase the visibility of the

Club's service activities on social media, to focus on initiating more projects and charity work, and to prioritize membership growth with quality members. The proposal to conduct joint or zonal meetings with other clubs was also put forward. Treasurer Rtn. Ramesh updated the Club's financial status, stating it is currently stable. President Rtn. Dr. Baiju Ramachandran responded positively to the suggestions, promising to take steps to maintain the Club's upward momentum. Announcements were made about the upcoming District TRF seminar, FIRE program, and a River Walk Program. The meeting concluded with a vote of thanks by Rtn. NS Sarma, followed by the national anthem, fellowship, and dinner at 8.30 PM.

#### 89. River Walk Project

On 19.10.2024, the RC Trivandrum Suburban, in collaboration with the Karamana River Bund Protection and Walkers Association (KRBP&WA), Neeramankara NSS Women's College, residence associations, and other voluntary organizations, organized a River Walk Project aimed at saving the Karamana River. The project's purpose was multifaceted: to raise awareness about water pollution control, collect plastic waste from the river, gather water samples from various locations for testing, and report findings to the authorities. Additionally, the initiative sought to enhance the public image of Rotary among NGOs, clubs, authorities and public at large. Awareness meetings were conducted at the beginning and end of the river walk, featuring speakers such as Club President Rtn. Dr. Baiju Ramachandran, Club President-Elect Rtn. Vinod Narayanan, KRBP&WA office bearers,

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Neeramankara NSS Women's College NSS Program Officers, and the Secretary of the Irrigation Department, Gov of Kerala. The dignitaries addressed the pressing issue of river pollution, emphasizing the need to create awareness among riverside residents and users about the dire state of the Karamana River. Rtn. Dr. Baiju Ramachandran expressed his happiness with the initiative, which aims to revive the river to its natural, pollution-free state. Program convener Rtn. Vinod Narayanan appreciated KRBP&WA's efforts and pledged the club's support for future initiatives to prevent river pollution. The event saw over 250 participants join the river walk, collecting bottles and plastic waste, and taking water samples from various locations for testing and subsequent reporting to authorities. The total project cost was Rs. 50,000, with the Club contributing 10% of the project.

#### 90. Bhoomipooja of House of Ms. Baby P

On 20.10.2024, Foundation Stone Laying Ceremony for Ms. Baby P's new house was held under the Udayakiran Project of Rotary Club of Trivandrum Suburban, jointly funded by the Club and Chittilapilli Foundation. The IPP Rtn. Janardana Naik and IPS Rtn. Arun S conceptualized the project in the RY 2023-24. The ceremony commenced with traditional pujas, after which Immediate Past President Rtn. Janardhana Naik laid the foundation pegs and ceremoniously handed over the first brick to beneficiary Ms. Baby P to lay, marking the official start of the construction project. The Club President Rtn. Dr. Baiju Ramachandran, Satellite Club President Rtn. Saritha Baiju, Vice President Rtn. CA NS Sarma

and Rtn. Shaji Jos were among the distinguished guests who attended the event. As a symbol of celebration, sweets were handed out to guests and dignitaries at the Foundation Laying Ceremony. This project exemplifies Rotary Club Trivandrum Suburban's commitment to providing shelter and improving lives in the community.

#### 91. Women in STEM - Dr. Divya C Senan

On 25.10.2024, weekly meeting no. 1754 of RC Suburban was held at Trivandrum Club on the topic "Women in STEM". Dr. Divya C Senan was the guest speaker. The meeting was called to Order at 7:30 PM by President Rtn. Dr. Baiju Ramachandran. Rtn. Sreekantan Nair read the Rotary Invocation and delivered the welcome address. After the presidential address by President Rtn. Dr. Baiju Ramachandran, Rtn. Dr. Ciniraj Raveendran presented the Secretary's Report. Rtn. Dhananjayan formally introduced the guest speaker. The District TRF Seminar Committee members Rtn. Asokan, Rtn. Manikantan, Rtn. Ajith Kumar, and Rtn. Sajith also attended the meeting and requested maximum participation in the upcoming TRF seminar to be held on 10th November 2024. Then, Rtn. This was followed by Dr. Divya's talk on "Women in STEM," which highlighted the importance of empowering women in Science, Technology, Engineering, and Mathematics. After Dr. Divya's presentation, an engaging Q&A session followed, with club members discussed various aspects of women's empowerment in STEM fields and allied areas. A memento was then presented to Dr. Divya. On behalf of the club, Rtn. K P Mohandas presented a memento to Dr. Divya as a token of appreciation. Club Treasurer Rtn. Ramesh proposed a vote of thanks. 22 persons attended

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the meeting. The meeting concluded with the National Anthem and was adjourned for fellowship and dinner at 8:40 PM.

### 92. Peace Building Program on Memory Boosting Techniques

On 30.10.2024 the RC Suburban in association with its Satellite Club organised a Peace Building Program on Memory Boosting Techniques for the students of Govt Model Higher Secondary School, Pattom, Trivandrum. Renowned Students Counsellor and Family Coach Ms. Deepa Demis was the resource person. In the inaugural session, the DG (Zone 5) Rtn. Dr.NRUK Kartha, Club President Rtn. Dr Baiju Ramachandran, Program Coordinator Rtn Naik and former President of Satellite Club Rtn.Jayanthi Bai spoke. School teacher Ms.Asha delivered the welcome address and students' representative Ms.Krishna proposed a vote of thanks. 100 plus students of the school benefited the program. Project cost is Rs.5000.

### 93. Talk on 'Guiding Principles of Rotary and Success in Life'

On 30.10.2024, the RC Trivandrum Suburban Board Member Rtn. KP Mohandas inspired students at Sree Chitra Poor Home School, Pazhavangadi, with a speech on "Guiding Principles of Rotary and Success in Life" during the school assembly. Following the assembly, Rtn. NS Sarma distributed sweets (Laddu) to all students, teachers and staff, spreading joy and warmth. Headmistress Ms. Bindu Y, teachers Mr. Reji J, Ms. Rahina S Ramesh, and Mr. Binuraj R also attended. Around 50 people including students attended the talk.

### 94. Ente Pathram Project (SCP LPS).

On 30.10.2024, the "Ente Kaumudi" (Ente Pathram) Project at SCP LP School was initiated by the RC Suburban for promoting literacy and education. The Club President Rtn. Dr. Baiju Ramachandran, along with the students, received the first copy from Ms. Kala S D, Assistant Manager (Circulation) of Kerala Kaumudi. The President Dr. Baiju informed that under the project each class will get daily newspapers for a year under the club's sponsorship. While addressing, Ms. Kala announced that Kerala Kaumudi is hosting a newspaper album making competition for students and invited the school students to participate. She added that this is a great opportunity for students to showcase their creativity and skills. The occasion was also graced by insightful talks from School Headmistress Ms. Bindu Y, teachers Mr. Reji J, Ms. Rahina S Ramesh, and Mr. Binuraj R. The meaningful project of Rs.5000 plus, aims to benefit approximately 50 students, empowering them with knowledge and educational resources.



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## FORTHCOMING PROGRAMMES

**Nov 02:** Family Meeting & Diwali & Kerala Piravi Celebrations.  
Venue: Hotel Chirag Inn

**Nov 08:** Weekly Meeting at Hotel Prasanth Guest; Topic GST on rent; Speaker Mr. Arunkumar B

**Nov 15:** Weekly Meeting at Hotel Prasanth Guest; Topic Coconut Leaf Toy Making; Speaker Mr. Krishnankutty S

**Nov 22:** Weekly Meeting at Hotel Prasanth; Topic caring for children with differently-abled; Guest Speaker Ms. Sheeja Sandra

**Nov 29:** Weekly Meeting at Hotel Prasanth Guest; Topic Digital Marketing; Speakers: M/s. Deepu Thomas and Sreekanth



## BIRTHDAYS

**Nov 07** Rtn. Rufus Joseph

**Nov 09** Rtn. Praveen G Mohan

**Nov 14** Rtn. Venugopal K

**Nov 20** Rtn. Shahjahan NM

**Nov 21** Rtn Dr NRUK Kartha

**Nov 23** Rtn Sebin Roy

**Nov 24** Rtn Dr Sudevan

**Nov 24** Rtn Ambady C Nair

**Nov 25** Rtn CB Kartha

## WEDDING DAYS



**OCT 17** Rtn. Rufus Joseph & Asha Maria

**OCT 27** Rtn. Dr Sabarinath & Ann Renu

**NOV 02** Rtn Sreekumar & Ann Preethi

**NOV 14** Rtn Dr NRUK Kartha & Ann Radha

**NOV 19** Rtn Albert Alex & Ann Suja



# SUBURBAN PHOTO GALARY





