



Suburban Voice

Monthly Bulletin of
Rotary Club of
Trivandrum Suburban



RI DIST 3211 | ZONE V | January , 2025 | Volume 38 | Issue 07

President's Message



Dear Fellow Rotarians, Anns, and Annets,

As we conclude another remarkable year, I am filled with pride and gratitude for the incredible journey of the Rotary Club of Trivandrum Suburban during December 2024. Our club has consistently demonstrated an unwavering commitment to community service and personal empowerment.

Our focus on youth entrepreneurship reached new heights this month. We initiated multiple skill development programs across various educational institutions, including Chinnamma Memorial Girls Higher Secondary School, TKM College, and Sree Narayana College. The highlight of the programme was supporting two remarkable students, Anusree and Sandra, in launching their new start-up initiative "SARA", which aims to connect job seekers with job providers.

Community empowerment remained at the core of our initiatives. We collaborated with Harithasree to support organic farmers, celebrated Christmas with differently-abled children by distributing essential equipment like wheelchairs and sewing machines, and conducted critical health camps focusing on cancer detection, AIDS awareness, and general medical services.

Our intellectual pursuits continued through engaging round-table discussions and insightful talks. We explored international experiences, appreciated our club colleagues, and gained valuable insights from speakers like G. Anil Kumar on K-Rail's development and Sreya Iyer on community wellness. Our international online session on Swedish entrepreneurship further broadened our perspectives.

The month culminated with the District Governor's Official Visit, which not only recognized our efforts but also inspired us to reach greater heights. Rtn. Rufus Joseph's victory in the Zonal Solo Song Competition added another feather to our club's cap.

As we step into 2025, I am reminded of the words of Margaret Mead: "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

May the New Year bring us renewed passion, purpose, and the continued ability to serve our community with love and dedication.

Dated this 1st day of January, 2025,

Rtn. Dr. Baiju Ramachandran FCS
President, Rotary Club of Trivandrum Suburban

Secretary's Message:



Dear Fellow Rotarians, Anns and Annets,

As we step into a new year, it is inspiring to reflect on a December filled with impactful service and fellowship. The initial weeks saw programs focusing on skill development, career guidance, and entrepreneurship, equipping students and professionals with tools to build a brighter future. This momentum culminated in notable initiatives like the Cancer Detection Camp and the Community Development Program for organic farmers, addressing critical health and sustainability concerns. A highlight of the month was the District Governor's Official Visit, where we showcased our projects and celebrated the spirit of Rotary with a vibrant Christmas and New Year gathering. These activities reflect our commitment to creating lasting change while fostering unity and camaraderie. Let us welcome 2025 with renewed energy and purpose, continuing our mission to serve and uplift. Wishing everyone a prosperous and fulfilling year ahead!

Warm regards,

Rtn. Dr. Ciniraj Raveendran
Secretary, RC Trivandrum Suburban

Birthdays

January 12 Madhusoodanan Nair K

January 16 Albert Alex

January 20 Krishnakumar S

Wedding Days

Jan 07 Ajith Babu & Ann Dr Sheeja MK

Jan 26 Rtn C B Kartha & Ann Renuka Kartha

Jan 26 Rtn CS Renjit & Ann Reshmi

Jan 27 Rtn Jayakumar N & Ann Reji

Jan 29 Rtn. Balakrishnan Baiju & Ann Laila

Jan 30 Rtn M Sangeet Kumar & Ann Manju

Forthcoming Meetings

Jan 03: Weekly Meeting at Hotel Prasanth; Guest Speaker Ms. Sandhya

Jan 10: Weekly Meeting at Hotel Prasanth; Guest Speaker Mr. Sreekumar

Jan 17: Weekly Meeting at Hotel Prasanth; Guest Speaker Dr. Alex Ittyavirah

Jan 26: Family Meeting cum Republic Day Celebration at Rotary Tower

Feb 8&9: District Conference at Gokulam Convention Centre, Kochi

Feb 14: Weekly Meeting at Hotel Prasanth. Guest Speaker Mr. Arun

Feb 21: Weekly Meeting at Hotel Prasanth. Guest Speaker Ms.Lekha

Feb 26: Family Meeting at Trivandrum Tennis Club

Activity Report of December

114. EDP (Entrepreneurship Development Program)

On 02.12.2024 an Entrepreneurship Development Program organized by the RC Trivandrum Suburban at Chinnamma Memorial Girls Higher Secondary School, Poojappura. School PTA President Ms.Shiji G S inaugurated the program. Club



President Rtn Dr. Baiju Ramachandran delivered Keynote address. Rtn Ramesh R (Treasurer), Ms.Chandramathi (Management Comittee Member, SMSS Hindu

Mahilamandiram), Ms.Sushmila, (Joint Secretary, SMSS Hindu Mahila Mandiram), Ms.Sangeetha J S (School Principal) and Dr Sajeev Kumar B (School Faculty & Career Guide) addressed on the occasion. In his address, Rtn. Baiju said that students can start entrepreneurship by identifying their passion, then developing a business idea that leverages their skills and experience. Next, they should create a solid business plan, outlining market research, financial projections, and marketing strategies. By taking calculated risks, seeking mentorship, and embracing continuous learning, students can successfully transition into entrepreneurship. 209 students & 12 faculties attended the program.

115. Soft launch of a Start-up "SARA" of CMG HSS Students



Two students of Chinnamma Memorial Girls Higher Secondary School viz, Anusree and Sandra jointly prepared a good project report to start an entrepreneurship by name SARA. The soft launch of brand "SARA" arranged by the School in association with the RC Trivandrum Suburban on 02.12.2024 at the school auditorium. The project SARA connects job seekers and job

providers on online platform. While addressing, the Club President Rtn. Baiju Ramachandran assured that the club will give all guidance and support for the new entrepreneurship. Club Treasurer Rtn Ramesh R, School Principal Sangeetha J.S, Faculty & Career Guide, Dr Sajeev Kumar B and Anusree spoke on the occasion.

116. Inter-Club Skill Development Workshop at TKM College of Arts & Science

On 03.12.2024 the RC Trivandrum Suburban organised an Inter-Club Skill Development Workshop cum Career Guidance at TKM College of Arts & Science, Kollam in association with the RC Quilon. Rtn CS Dr. Baiju Ramachandran, President, RC Trivandrum Suburban was the Resource Person. College Principal Dr M J Sheeba delivered inaugural address.



Quilon Club President Rtn MPH F Narayan Kumar M delivered presidential address. Quilon Club Secretary PDSG Rtn CA. Zachariah K Samuel and HoD, Commerce Dept Dr. Shiny Salam were also addressed in the inaugural session. Under the UYARE Project, 130 numbers of commerce and management studies participated the workshop.

117. Inter-Club Skill Development Workshop at S.N. College for Women, Kollam



On 03.12.2024 the RC Trivandrum Suburban & the RC Quilon jointly organised an Inter-Club Skill Development workshop and Career Guidance at Sree Narayana College for Women, Kollam. Suburban President Rtn CS Dr. Baiju Ramachandran, Quilon Club

President Rtn MPH F Narayan Kumar M, Secretary PDSG Rtn CA. Zachariah K Samuel, Services Project Director Rtn Riyas Abdul Rahman and HoD, Commerce Dept of the college Dr. Beny Raj spoke. Under the UYARE Project, 50 students benefited from the program.

118. Inter-Club Skill Development Program for Commerce Students at AKM Higher Secondary School, Mylapore, Kollam

On 03.12.2024 the RC Trivandrum Suburban & the RC Quilon jointly organised an Inter-Club Skill Development workshop and Career Guidance at AKM Higher Secondary School, Mylapore, Kollam. The RC Trivandrum Suburban President Rtn CS Dr. Baiju Ramachandran, Quilon Club



President Rtn MPH F Narayan Kumar M, Secretary PDSG Rtn CA. Zachariah K Samuel, Services Project Director Rtn Riyas Abdul Rahman and School Principal Ms. Jeseena spoke on the occasion. Under the UYARE Project, 100 students benefited from the program.

119. Upskilling Program for Commerce Students at Peroorkada Govt Girls HSS



On 04.12.2024, The RC Trivandrum Suburban organized an upskilling program for the Commerce Students of Govt Girls Higher Secondary School, Peroorkkada. The Club President Rtn. Dr, Baiju Ramachandran was the resource person. School Principal Ms. Bindhu delivered opening

remarks and Dr. Binutha S Pillai, Commerce Faculty proposed vote of thanks. Under the UYARE Project, 60 students attended the program.

120. Upskilling Program for Commerce Students at Cotton Hill Govt Girls HSS

On 04.12.2024, The RC Trivandrum Suburban organized an upskilling program for the Commerce Students of Cotton Hill Govt Girls Higher Secondary School, Vazhuthacaud. The Club President Rtn. Dr. Baiju Ramachandran was the resource person. School Teacher Mr. Vilson



delivered opening remarks and School Teacher Mr. Vimal proposed vote of thanks. Under the UYARE Project, 200 students attended the program.

121. Round-table Discussion on International Insights - Exposures & Experiences from the International Trips



On 06.12.2024, the Rotary Club of Trivandrum Suburban conducted a round table conversation focused on the topic "International Insights - Exposures & Experiences from the International Trips," where members shared personal insights. Rtn. Rufus Joseph, Rtn.

Dhananjayan, Rtn. Sivaprasad, Rtn. Ramesh R, Rtn. Venugopal, Rtn. Vinod Narayanan, Rtn. Purushothaman Asan shared their international trip experiences.

122. Sreeya Iyer's talk on 'Empowering Communities through Fitness and Wellness'

On 06.12.2024, the 1760th weekly meeting of the Rotary Club of Trivandrum Suburban was held at Hotel Prasanth. The meeting was called to order at 7:30 PM by President Rtn. Dr. Baiju Ramachandran. Rtn. Rufus delivered the



Rotary Invocation, and the President extended a warm welcome to the attendees. Secretary Rtn. Dr. Ciniraj Raveendran presented the Secretary's Report. Rtn. Vinod Narayanan introduced the guest speaker, Mrs. Sreya Iyer, a fitness trainer and entrepreneur, who delivered an engaging talk on "Empowering Communities through Fitness and Wellness." The session included practical fitness tips, demonstrations of exercises, and key dos and don'ts tailored for various age groups, followed by an interactive Q&A session. Rotarians actively participated, enriching the discussion. In announcements, the President shared updates on the upcoming DG election on January 5, the Club Assembly on December 13, the District Governor's official visit on 27th December, the formation of two Interact and Rotaract Clubs, and the international tour planned to Georgia, Europe. As an honour, a memento was presented to the guest speaker by Ann Laila Baiju, and Rtn. Venugopal proposed the vote of thanks. The meeting adjourned at 8:30 PM with the National Anthem, followed by fellowship and dinner.

123. The 6th Board Meeting



On 10.12.2024, the 6th Board Meeting of the RC Trivandrum Suburban was held at Pattom Royal Hotel. The meeting was sponsored by Rtn C B Kartha.

124. ThriKarthika Celebration & Round table Discussion on "Illuminating Lives through Club Projects & Community Services"

As part of Club's ThriKarthika Celebration, on 13.12.2024 the Rotary Club of Trivandrum Suburban conducted a round table conversation on the topic "Illuminating Lives through Club Projects & Community Services" at Rotary Towers, Kumarapuram. Before the discussion, candles were beautifully lit by the members at our Rotary Tower. The members also enjoyed home-made Theraliyappam and Boli and greeted each other. In the discussion, members shared their views on the topic. They added personal experiences with Rotary, reflecting on how the club has helped them build lasting friendships and foster fellowship along with community service. Many members expressed their enjoyment of being part of the club. Several members also took the opportunity to recall the club's achievements in addressing the community's needs through various service initiatives.



125. The 3rd Club Assembly



On 13.12.2024, the 1761st weekly meeting and club assembly of the Rotary Club of Trivandrum Suburban was held at Rotary Towers, Kumarapuram. The meeting was called to order by President Rtn. Dr. Baiju Ramachandran at 7:30 PM. A moment of respect was observed with a one-minute silence for the late past member,

Mr. Reji. Following this, the Secretary's report was presented by Rtn. Dr. Ciniraj Raveendran. After this, the session adjourned for the club assembly.

In the club assembly, the members discussed and deliberated many items for the development of the Club. In the meeting, the President announced the team for the upcoming Rotary year, 2025-26, viz., Rtn. Vinod Narayanan as President-Elect, Rtn. Ramesh R as Secretary, and Rtn. Mohandas as Treasurer, the President Nominee for RY 2026-27 as Rtn. Bijukumar etc. The meeting also noted the appointment of Rtn. Dr. Baiju B as AG Elect for the RY 2025-26. It was further announced that the District Governor's visit to



our club for the term 2024-25 would occur on 27th December. The assembly then discussed the candidates for the upcoming District Governor election and authorized the President to cast the club's vote on behalf of all members after placing the resolution at the next weekly meeting. Furthermore, the previous Rotary year's audited accounts were presented and unanimously approved. The club assembly concluded with a vote of thanks by Secretary Rtn. Dr. Ciniraj Raveendran. The meeting was adjourned at 8:30 PM with the national anthem, followed by fellowship and dinner.

126. Community Development Program of Organic Farmers



On 15.12.2024, the RC Trivandrum Suburban collaborated with Harithasree (a renowned organic farm association) and other NGOs such as the Shanthi Nagar Residence Association, Hope Agricultural and Charitable Trust, and Jeeva Charitable

Trust, organized a Community Development Program for organic farmers at Santhi Bhavanam, Santhi Nagar, Sreekaryam, Trivandrum. During the program, organic farmers were felicitated, and skill development workshops were provided under the Uyare project for organic vegetable cultivation, pest control, and the creation of value added products, along with the distribution of organic seeds and samplings. The Club Secretary Rtn. Dr. Ciniraj Raveendran inaugurated the program. The Service Project

Chairman Program coordinator Rtn. G Ramakrishnan, Charter Secretary Rtn. K G Nair, and Rtn. Ravindran Nair also spoke at the inaugural session. Around 250 delegates participated in the event.

127. Round-table Discussion on Appreciate your Club Colleague

On 20.12.2024, the RC Trivandrum Suburban conducted a round table conversation on “Appreciate your Club Colleague”. In the program, the members had to select their colleague by lot and shared their views about him. Rotarians Jose Pampackal, CB Kartha,



Dhananjayan, Sivaprasad, Sukumaran, S.Krishnakumar, Mohandas, Bijukumar, B.Baiju, Sreekantan Nair, NS Sarma, Santhosh Mithra, Shajahan, Ramakrishnan, Ramesh, Ciniraj, Baiju Ramachandran etc shared their views about the chosen colleague. This session was enjoyed by all the participants

128. G Anil Kumar's talk on "Building a better Tomorrow: K-Rail's Contribution to Kerala's Development"



On 20.12.2024, the 1762nd weekly meeting of the Rotary Club of Trivandrum Suburban was held at Hotel Prasanth. The meeting was called to order by President Rtn. Dr. Baiju Ramachandran, followed by the Rotary Invocation delivered by Rtn. Jose Pampackal. President Rtn.

Dr. Baiju Ramachandran welcomed the guest speaker and members of the club, followed by the presidential address. In his address, the President informed members about the upcoming District Governor (DG) election and read out the club resolution designating himself as the balloting officer. He also shared details about the scheduled DG visit on December 27, 2024, which will serve as the Governor's Official Visit (GOV), along with a family meet and Christmas celebration. He requested all members

to actively participate on this occasion. Members were asked to contribute additional pens for the ongoing pen drive project. The club secretary Rtn. Dr. Ciniraj Raveendran presented the minutes of the last weekly meeting (No. 1761) and recorded the same.

Afterward, he placed the following resolution regarding the appointment of the balloting officer from the club for the year 2024-25 in the meeting. The President then invited the guest speaker, Mr. G Anilkumar FCS, Addl General Manager, K-Rail, to the dais. Rtn. CB Kartha



introduced the guest to the members. Shri Anilkumar gave an insightful address on "Building a Better Tomorrow: K-Rail's Contribution to Kerala's Development." He shared challenges in long-distance travel and highlighted K-Rail's contributions to Kerala's development, detailing the organizational structure of K-Rail, a joint venture between the state and central governments. He elaborated on the SilverLine project, including its expenses and benefits, and described modernization efforts for existing railway stations in Kerala. He also spoke about the role of his organization in various initiatives, such as the Smart City project, Master System Integration, KSRTC ticketing systems, and multiple KIIFB projects. There was an active question-and-answer session following his address. Rtn. S. Krishnakumar presented a memento to the guest speaker as a token of appreciation, followed by a vote of thanks from him. The meeting concluded with the National Anthem, and members adjourned for fellowship and dinner at 8:40 PM.

129. Awareness class on "Role of NSS volunteers to implement efficient use and re-use of water in Community level"



On 22.12.2024, the RC Trivandrum Suburban in association with National Service Scheme Unit of Christ Nagar College, Maranallor conducted an Awareness class on "Role of NSS volunteers to implement efficient use and re-use of water in Community level" at college conference hall. Club President Rtn Dr. Baiju Ramachandran, College Manager Rev Fr. Cyriac Madathil, Principal Dr. Jolly

Jacob, NSS Program Officers Shri Rajesh R, Ms. Athira DV etc spoke on the occasion. While addressing students, Dr. Baiju also shared his experience in this field when he underwent his PG in Master of Social Work fieldwork course. 100 plus students attended the program.

130. Participation in Zonal FIRE Competition

On 22.12.2024, the RC Trivandrum Suburban participated in the Zonal Level Competition for Solo Song category in FIRE Competitions, 2024-25 held at National Club, Trivandrum. Our Member, Rtn. Rufus Joseph came first in the competition.



Trivandrum Revenue District FIRE Chairman Rtn. Syam, AG (Zone 5) Rtn Dr. NRUK Kartha, Rtn NS Sarma, Rtn. Albert Alex, Rtn. Dr. B Baiju, Rtn Madhusoodhanan, President & Office Bearers of other clubs from zone 5 attended the event.

131. Xmas New Year Celebration with differently-abled children in association with other NGOs and distribution of sewing machines etc

On 23.12.2024, the RC Trivandrum Suburban also collaborated and co-sponsored with other NGOs to celebrate the Christmas and New Year for differently-abled children and their parents organised by the Snehatheeram Charitable Trust. There, in addition to cultural programs, wheel chairs, sewing machines, medical kits, CP Chairs, nebulizer kits, food provision kits etc., were distributed to the parents of differently-abled children



of the BPL category. The Additional Chief Secretary (Finance), Government of Kerala, was the chief guest of the program. In addition to the Club President Rtn. Dr. Baiju Ramachandran, Kerala Legislature Secretary Dr. N. Krishna Kumar, Kerala Handicapped Development Corporation Adv. MV Jayadali,

Snehatheeram Charitable Trust Founder Ms. Sheeja Sandra, Ms. KC Lekha, Mr.

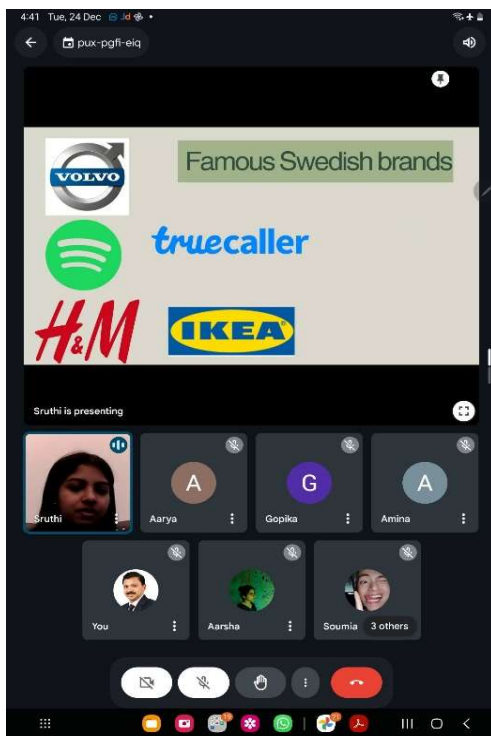
Divindas C. S , Mr. Basheer Baba etc spoke on the occasion. Surprisingly the organising committee felicitated our rotary club for the contributions to differently-abled. The event was held at the Railway Kalyanamandapam and over 200 people participated.

132. Awareness Class to SPCs under ROPE Project

On 23.12.2024, as part of the ROPE Project (Rotary Police Engagement) of the club, an awareness class was conducted for student police cadets of Pattom Government Girls Higher Secondary School in association with Medical College Police Station. The Club President Dr. Baiju Ramachandran, HST (CPO) and CPO Ms. Asha R, CPO Mr.Firoz Khan, ASI Mrs.Lekha etc spoke on the occasion. 100 SPC volunteers attended the program.



133. Interactive Session on “Learning by Doing: The Swedish Approach of Education and Entrepreneurship”



On 24.12.2024, the RC Trivandrum Suburban in association with Interact Club of Hindu Mahilamandiram & Interact Club of Bharatia Vidhya Bhavan, Manvila organised an online interactive session with the students of Jönköping University, Jönköping, Sweden on "Learning by Doing: The Swedish Approach of Education and entrepreneurship". Master's student in Strategic Entrepreneurship highlighted Sweden's globally recognized innovation ecosystem, emphasizing its focus on experiential learning, university-affiliated incubators, mentorship programs, and significant contributions from social enterprises. Ms.Sruthi an Indian studying in the University acquainted audience with the success of Swedish brands like Spotify, Volvo, Truecaller, King game developer company and IKEA, illustrating the country's

entrepreneurial culture. Their interaction covered various aspects of entrepreneurship and innovation in Sweden while also sharing her personal journey as a migrated student navigating the entrepreneurial landscape. Around 18 students from both interact club members attended the program. RC Trivandrum Suburban Club President Rtn Dr. Baiju Ramachandran delivered opening remarks and Interact Advisor Dr. Sajerv Kumar B proposed vote of thanks.

134. The 4th Club Assembly

On 27.12.2024, a Club Assembly was held at 6 PM at Nila Hall of Mannam Memorial National Club in connection with the District Governor's Official Visit (GOV). The meeting started with formal introduction by the DG, the AG, the Club Officers, Standing Committee



Chairmen, Avenues of Service Directors, Invited Guests etc. Then, the DG inspected various records of the club. The President could give the documents asked by the DG during his inspection. Later, each Directors and Chairmen presented the report. Around 20 persons attended the Club Assembly. The vote of thanks was proposed by Club Secretary, Rtn. Ciniraj Raveendran.

135. DG's Official Visit, Family Meeting – Xmas New Year Celebrations



On 27.12.2024, DG's Official Visit (GOV) and Monthly Family Meeting with Christmas & New Year Celebrations of the RC Trivandrum Suburban were held at Raman Nair

Memorial Hall of Mannam Memorial National Club, Trivandrum. After the official meeting, the club's RCC, Rotaract, and Interact Members performed various cultural activities. Club Members, Anns, and Annets also performed. Before starting the official meeting, a Christmas and New Year message was shared, followed by a cake-cutting ceremony and gift exchange program. The official meeting began with a welcome dance

performed by the president & the secretary of the Interact Club. In addition to DG Rtn Sudhi Jabbar, the AG (Zone 5), club president, vice president, secretary, president-elect, president-nominee, and satellite club president addressed the gathering of over 125 pax. The DG released club's monthly bulletin "Suburban Voice"- December issue. One Uyare project and two community service projects were also carried out by the club along with the DG visit.

136. Donation of a Sewing Machine under UYARE Project

On 27.12.2024, the RC Trivandrum Suburban donated a sewing machine to a widow, Ms. Ajittil Jeral Mavila, S.J. Bethel Mavila, Kanchampzhinji P.O, Trivandrum to take stitching classes under the District Project



UYARE. At present, 6 widows registered for the stitching classes. On behalf of the club, DG, Rtn. Sudhi Jabbar handed over the sewing machine to Ms. Ajittil on the day of DG's Official Visit. Rtn. Shaji Mathew donated the sewing machine for the project.

137. Donation of Medicine Kits



On 27.12.2024, the Satellite Club of the RC Trivandrum Suburban donated medicine kits to RCC of the Club. On behalf of the RCC, its managing committee member Ms.Padmakumari collected the medicine packets from the DG, Rtn. Sudhi Jabbar on the day of DG's Official Visit.

138. Donation of Books to a poor B.Com student

On 27.12.2024, Rtn. Venugopal of the RC Trivandrum Suburban donated educational kits to the library/students of Mar Ivanious College, Trivandrum, on behalf of RC Suburban. In the presence of the DG, the donation is announced by the club. By considering the request of Rtn. Venugopal, photograph is not taken for the project. However, he shared the details of the text books purchased for the project.



139. Cancer Detection Camp in association with NSS Unit of a College



On 28.12.2024, the RC Trivandrum Suburban and its Satellite Club along with its NSS unit of Neeramankara NSS College with the support of Oncology Department of PRS Hospital organized a Cancer Detection Camp at 16th Ward, Pallichal Panchayat. In the camp, examinations were conducted for

identifying the presence of skin cancer, oral cancers, breast cancer, cervical cancer and uterus cancer. The Satellite Club Member Rtn. Dr. Subha R Nair, was the coordinator of the project. Outcome of the camp: One male participant was identified with nodules in neck area and advised for hospital consultation. Three female participants were identified with anomalies in breast area/family history and advised for mammogram. One female participant was



identified with serious gynaecological issues and PAP Smear test was conducted in the camp on an emergency basis. Around 100 participants registered in the camp.

140. AIDS Detection Camp in association with KSACS

On 28.12.24 in collaboration with Kerala State AIDS Control Society (KSACS), the RC Trivandrum Suburban, its Satellite Club and Neeramankara NSS College jointly organized a AIDS Detection Camp at 16th Ward of Pallichal Panchayat. The Satellite Club Member Rtn.Dr. Subha R Nair, was the coordinator of the project. The Club President Rtn. Dr. Baiju



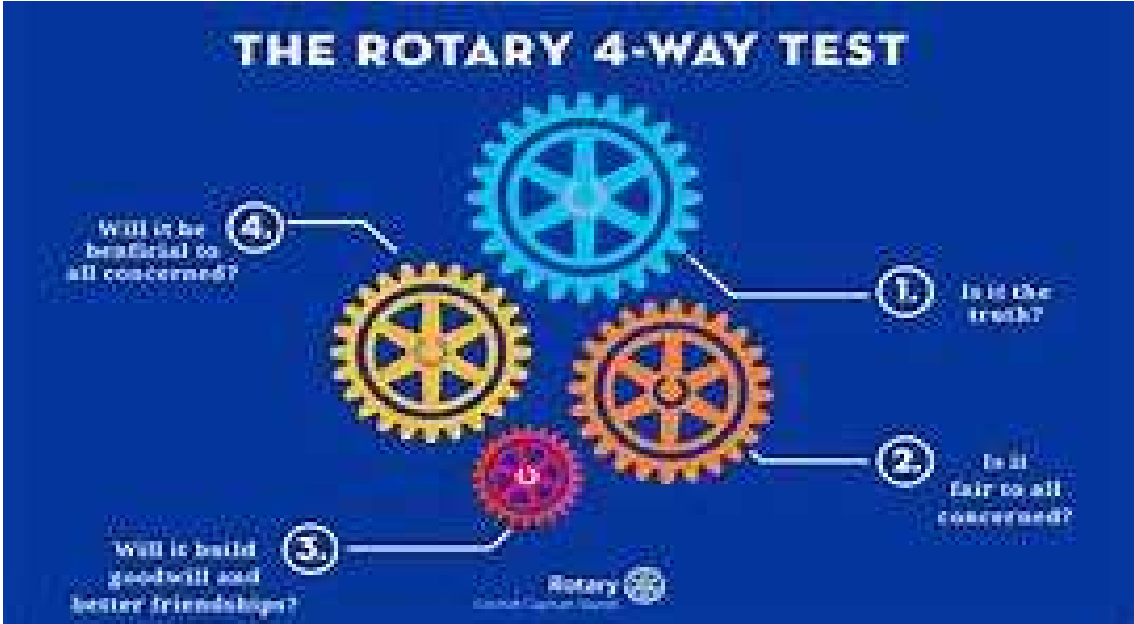
Ramachandran inaugurated the camp. Two medical officers from KASACS conducted ‘RAPID HIV Test’ for all participants and distributed pamphlets and information booklets on AIDS. A short orientation on the various safety/precautionary measures and treatments available for AIDS were also given individually. Of the 94 tests conducted, none were identified with HIV infection.




141. General Medical Camp at Pallichal Panchayat



On 28.12.2024, the RC Trivandrum Suburban and its Satellite Club along with its NSS unit of Neeramankara NSS College organized a General Medical Camp for the residents of Pallichal Panchayat in association with PRS Hospital. The camp was inaugurated by Korandivia ward member, Mr. Vijayan Vishwamitra. One of the Residents, Mr Rajan permitted to use his whole house and

premises for the purpose of the camp. Blood Sugar, Blood Pressure, Eye examination, Teeth examination and ECG tests were conducted in the camp.





ROTARY DISTRICT 3211

DISTRICT CONFERENCE

2024-2025




RTN. STEPHANIE A. URCHICK
ROTARY INTERNATIONAL, PRESIDENT




AKSM RTN. SUDHI JABBAR
DISTRICT GOVERNOR

February 8th & 9th



Venue:
Gokulam Park Hotel & Convention Centre
Kochi, Ernakulam



RTN. MAJOR DONOR P.N. KRISHNAKUMAR
DISTRICT CONFERENCE CHAIR