



SUBURBAN VOICE

MONTHLY BULLETIN OF ROTARY CLUB OF TRIVANDRUM SUBURBAN, RI DIST 3211 ZONE V JULY 24, 2024 | VOLUME 38 | ISSUE 1



- R.I.President: Rtn Stephanie A. Urchick
- District Governor: Rtn Sudhi Jabbar
- Asst. Governor : Rtn Dr NRUK Kartha

PRESIDENT'S MESSAGE



My dear fellow Rotarians, Anns, and Annets,

"Coming together is a beginning. Keeping together is progress. Working together is success." — Henry Ford

Thank you Rotarians, for the faith you have bestowed upon me by electing me as the President of this prestigious club for the year 2024–25. While I assure you my very best efforts in discharging my duties, I also solicit your wholehearted cooperation and guidance without which my efforts shall prove in vain, for our strength lies in our members and their unity. I sincerely hope and firmly believe that with our combined efforts, we can elevate this elite club to the most prestigious one in District 3211.

It is indeed a great honour to be the President of the Rotary Club of Trivandrum Suburban. To be at the helm of this elite club, is a once in a life time opportunity and I fully intend to seize this opportunity to make a positive and impressive mark in the history of our club with all our joint efforts. I consider it a privilege to have the opportunity to work with the stalwarts and leaders in this club and be a part of its vibrant members.

While we are blessed with the knowledge and wisdom of several of our experienced members, I strongly feel that we need to induct younger members into the Board, so as to give them an opportunity to work and learn from the senior members, who, in turn will be responsible for grooming and equipping the upcoming members to meet the challenges before the Club. I believe the younger members will enthuse the Club with fresh ideas, energy and vigour. However, I would like to caution the members to exercise vigilance while identifying new members. It is vital that the new members uphold the principles that we stand for and have the true Rotary spirit.

I seize this opportunity to remind ourselves that we, as a service club are expected to pursue the core values of Rotary International and to request the members to adhere to the Avenues of Service in both letter and spirit. I am humbled by the high standards set by my predecessors and can only strive to rise to their glory. However, I am committed to carrying forward the torch and to work towards the success and honour of this Club. With the support of my dear fellow Rotarians, Anns and Annets, and by the grace of God, there can be no mountain too high or a valley too deep for us to overcome.

Wishing you all a happy Rotary year.

Rtn. Dr. Baiju Ramachandran FCS

SECRETARY'S MESSAGE



My dear Rotarians, I am about to step into the role of Secretary of the Rotary Club of Trivandrum Suburban. With excitement and a sense of responsibility, I am prepared to take on this role. Being selected for this position is an honor, and I look forward to serving our esteemed club. I work closely with the outgoing Secretary to ensure a smooth transition. I extend my heartfelt gratitude to the outgoing President Rtn. UJ Naik and Secretary Rtn. Arun for their guidance and support. In this role, my primary goal is to improve our club's efficiency and communication. I am committed to helping the club run effectively and smoothly by coordinating events and maintaining adequate records. With many innovative projects planned for the coming Rotary year by our new dynamic President, Rtn. Dr. Baiju Ramachandran, our team is confident that our club will achieve new milestones. Having your trust and support means so much to me. Let us make this a memorable year filled with family fun, friendship, and a commitment to fulfill our RI President's theme, "The magic of Rotary," to recognize and amplify the organization's power to save lives. Together, we can bring huge success and meaningful impact.

Warm regards,
Rtn. Dr. Cimiraj Raveendran
Incoming Secretary
Rotary Club Of Trivandrum Suburban

PROFILE OF CHIEF GUEST



Shri K. R. Jyothilal,
Additional Chief Secretary (GAD,
Power and Forest & Wildlife Depts),
Government of Kerala

Shri K.R. Jyothilal IAS, a 1993 batch IAS officer is currently the Additional Chief Secretary, General Administration, Power and Forest & Wildlife Departments, Government of Kerala. Armed with a B Tech from IIT Madras and MBA from ICAI, Mr. Jyothilal has earlier been the Collector of Trivandrum and Kannur, and held portfolios in IT, Transport, Revenue (Devaswoms), I&PRD, Printing and Stationery, Sainik Welfare, Taxes (Excise), Agriculture, Animal Husbandry, Fisheries, Food and Civil Supplies, Tourism, Parliamentary Affairs, Ports, Aviation among others. He has been instrumental in projects related to hitech agriculture, Smart City Kochi, KMRL, KMTA, Kannur airport, e-mobility and hydrogen economy.

PROFILE – PRESIDENT

Rtn Dr. Baiju Ramachandran FCS is a well-known Company Secretary, Legal Advisor and also a distinguished academician. He joined Rotary in 2005 and served as Treasurer in 2009-10 & Secretary in 2014-15 in the Suburban club. He is an M.Com First Rank holder and a gold medalist in LLB from the University of Kerala. In addition to a Ph.D in commerce from M. S. University, Tirunelveli, he also possesses many post graduate degrees in Management, Law and Finance. He is Board Member of the Indian Chamber of Commerce and Industry (ICCI) as well as the Trivandrum Chamber of Commerce and Industry (TCCI) with memberships in many other Industrial and professional bodies, NCLT Bar Association etc. He was Chairman of the Institute of Company Secretaries of India's Southern India Regional Council, Chennai. He is a member of Board of Studies/Academic Committee of Alagappa University, Mar Ivanios College, All Saints College, MG College, NSS College, St. Xavier's College and so on. He is also an Advisory Board Member of many approved journals. He has authored more than 25 books for commerce, management and law students. He has widely travelled and visited 42 countries and participated in several international conferences. He is happily married to Rtn. Dr. Saritha K R (HoD, Dept of Commerce, NSS College for Women, Neeramankara) and blessed with two children, Bharath & Mahalaxhmi.

ASSISSTANT GOVERNOR'S MESSAGE



It gives me immense pleasure to learn that R.C.Trivandrum Suburban is organizing the installation of its office bearers for the Rotary Year 2024- 2025 on sixth July 2024, at Hycinth Hotels, Trivandrum. The team under the leadership of Rtn.Dr. Baiju Ramachandran and Rtn.Dr. CiniRaj Raveendran will be taking over charge from Rtn.Er.U.Janardana Naik, Rtn.Arun.S, and their team after an eventful and glittering performance during the year. The overall guidance of our beloved District Governor Rtn.AKSM.Sudhi Jabbar, I am sure will be a great motivating force for Team Suburban to perform very well. I wish that Team Suburban reaches higher levels of excellence and service under the effective leadership of its leader Dr. Baiju Ramachandran.
Best regards
Rtn.Dr. N.R.U.K.Kartha
Assistant Governor Zone V



DISTRCT GOVERNOR'S MESSAGE

Dear Rotary Leaders,
Rotary International is one of the world's most structured organization, where people unite and take action to make MAGIC OF ROTARY in the world. Rotarians worldwide have used their passion, intelligence and energy to take action to create long standing change through many sustainable projects.
The success of any such organization like Rotary International is only because of the seriousness amongst its members to imbibe and share vast information about Rotary and its basics.
While a new Rotary year often signals transition, it does not mean we have to abandon the foundation that makes our clubs who they are. In fact, we should build upon the foundation and progress made by our outgoing leaders and the leaders and members who have helped us get to where we are today. Continuity in terms of working together year after year to reach long term goals is what helps clubs be vibrant and healthy.
This year's RI President Rtn Stephanie Urchick selected the Rotary theme as MAGIC OF ROTARY. She says members create that magic with every project completed, every dollar donated, and every new member of Rotary.
The year ahead promises excitement and growth. I challenge myself and each one of you, to surpass our own expectations. There's no greater joy than knowing we've done better than we never ever imagined. Together let's cultivate a world filled with hope, where Rotary's impact knows no bounds. We have the power to shape a better future and with our unwavering dedication, we will make the future a reality through the Magic of Rotary.
Rotary Club of Trivandrum Suburban always have a special place in the hearts of all Rotarians of Rotary Club of Kazhakoottam. We always remember with gratitude the great efforts put in by Senior Rtn KG Nair in forming our club. I have lot of expectation for this Five Star Club for the year 2024-25. Wishing the very best to Rtn President Dr Baiju Ramachandran, Secretary Rtn Dr CiniRaj and Treasurer Rtn Er Ramesh. Together we can create magic!!!!!!!
Your's Sincerely,
Rtn.Sudhi Jabbar
District Governor 2024-25

CLUB ADVISORY COUNCIL

01. Rtn. K G Nair
02. Rtn. John Kurian
03. Rtn. Dr.Gopinath
04. Rtn. Dr. RAD Pillai
05. Rtn. Sreekantan Nair
06. Rtn. Dr.Ashok Paliyath
07. Rtn. Jose T Pampackal
08. Rtn. M Shahabudeen
09. Rtn. T Jeyakumar
10. Rtn. George Varghese
11. Rtn. Dr. Sabarinath
12. Rtn. K Madhusoodhanan
13. Rtn. Ambadi C Nair
14. Rtn. N. Jayakumar
15. Rtn. Dr.P P Nair

BOARD MEMBERS

I. Club Officers

1. Rtn. CS Dr. Baiju Ramachandran – President
2. Rtn. Vinod Narayanan – President-Elect
3. Rtn. Janardhana Naik .U – Immediate Past President
4. Rtn. Subramoniya Sarma – Vice President
5. Rtn. Ciniraj Raveendran – Club Secretary
6. Rtn. Ramesh.R – Club Treasurer
7. Rtn. Shajahan N M – Sergant-at-Arms

II. Directors of 5 Avenues

1. Rtn. Mohan Das – Club Service
2. Rtn. Sreekumar K P – Vocational Service
3. Rtn. Er Biju Kumar.R – Community Service
4. Rtn. Sebin Roy – International Service
5. Rtn. Prabha Praseedha – New Gen Service

III. Chairmen of Standing Committees

1. Rtn. CB Karta – Club Administration
2. Rtn. Dr. Santhosh Mithra – Membership
3. Rtn. Alex. K – Public Relations
4. Rtn. Rufus Joseph – Rotary Foundation
5. Rtn. Ramakrishna. N – Service Project

IV. Invitees

1. Rtn. Dr.NRUK Kartha – Asst. Governor (Zone 5)
2. Rtn. Albert Alex Alexander – Immediate Past AG
3. Rtn. Dr. Baiju. B – AG (Elect)

ACTIVITY REPORT 2023-24

TRIVANDRUM SUBURBAN

Zone V

Projects I so far

Project Amount

1. Help to build a House for Sri Vinod Kumar, Vattiyurkavu – Rs 30,000
2. Money provided to support studies of two girls of Co-Operative College, TVM – Rs 20,000
3. ONAM Sree Bhadra – Rs 5,000
4. Haritha Sree – Rs 5,000
5. Souhruda Welfare Association – Rs 5,000
6. Ente Kaumudi – Rs 16,000
7. Donation to CAREPLUS, Trivandrum for buying medicines for cancer Patients – Rs 15,000
8. Donated to Academy of Magical Sciences for supporting differently abled children – Rs 30,000
9. Onation to MANAR for supporting medical treatment of patients – Rs 15,000
10. Ayur Unani Medical Camp at Sreekaryam – Rs 20,000
11. Supporting medical treatment of Sri Biji suffering from Neural disorder – Rs 50,000
12. Blood Donation Campaign in MC HSS in association with RCC – Rs 10,000
13. Awareness Program on DRUG ABUSE at Govt Girls HS, Pattom – Rs 5,000
14. Padasparsh at Sreekaryam – Rs 20,000
15. Help to build House for Smt Padmaja, Chackka – Rs 2,15,000
16. Wheel chair Dhanush Chand – Rs 30,000
17. Medical help Dhanush Chand – Rs 32,000
18. Fridge donated to Old age Home, Karumam – Rs 20,000
19. Small Organic Farmers Meet, Sreekayam – Rs 10,000
20. Financial Help to Children of Rotary Institute, Vazhuthacaud – Rs 20,000
21. Support Three Houses of RC South – Rs 6,00,000

IMPORTANT OTHER ACTIVITIES

1. JOINT MEETING WITH ROTARY CLUB OF MADRAS
2. JOINT MEETING WITH ROTARY CLUB OF TRIVANDRUM NORTH
3. 95 th ANNIVERSARY OF ROTARY CLUB OF MADRAS
4. PARTICIPATION IN ALL DISTRICT EVENTS
5. RECEIVED DELIGATION OF ROTARIANS FROM JAMMU & KASHMIR

Medical Camp: 1,
 Awareness Campaign: 1,
 Blood donation: 1,
 Medical Treatment Support : 4,
 Padasparsh: 1

PRESIDENTS NITE PHOTOS



HONORING OF MEMBERS

1. Rtn KG Nair
2. Rtn Baiju
3. Rtn Albert Alex
4. Ann Swapna Venugopal
5. Rtn Lisa Jose



Club Awards

1. Best Committee Member - Award instituted by Rtn.Mamen Thomas in 1988 Rtn Dhananjayan
2. Best Administrator - Award instituted by Rtn.Dr.Gopinath Rtn N.Jayakumar
3. Best Chairman - Award instituted by Rtn.Dr.Nirmal Joseph Rtn. Alex K
4. Best Director - Award instituted by Rtn.Dr.Alphonse Legori in 1988 Rtn G Ramakrishnan
5. Best Ann - Award instituted by Rtn.T.G.Alexander in 1988 Ann Lekshmi
6. Best Rotarian - Award instituted by Rtn.Dr.Fazil Marickar Dr.Sudevan
7. Best New Member - Award instituted by Rtn.Dr.NRUK Kartha Rtn Ravindran



Rtn. Dr Sabarinath introducing Chief Guest

Dr Vijay Narayanan addressing members



AWARD NITE PHOTOS 2024



LIST OF AWARDS

01. FIVE STAR CLUB
02. REVENUE DISTRICT TRIVANDRUM: CLUB ADMINISTRATION
03. HOME FOR HOMELESS
04. RD TRIVANDRUM: SIGNATURE PROJECT FIRST RUNNER UP
05. REVENUE DISTRICT TRIVANDRUM: BEST CLUB FIRST RUNNER UP
06. REVENUE DISTRICT TRIVANDRUM: BEST PRESIDENT FIRST RUNNER UP
07. ZONAL AWARD: ZONE V TRF
08. ZONAL AWARD: ZONE V DISTRICT PROJECT
09. ZONAL AWARD: ZONE V VOCATIONAL SERVICE
10. ZONAL AWARD: ZONE V INTERNATIONAL SERVICE
11. ZONAL AWARD: ZONE V BEST TRAINER
12. BEST TRAINER AWARD : RTN PROF JOHN KURIAN



Rtn Dr NRUK Kartha Installed as Assisntant Governor

Forthcoming Meetings

- July 12: Weekly Meeting at Tvm Club. Guest Speaker – Ms. Fabi Rasheed
- July 19: Weekly Meeting at Tvm Club. Guest Speaker – Dr. Simon Thattil
- July 26: Club Assembly at Trivandrum Club
- July 28: District Project Seminar on UYARE at Pavithram CC, Mulavana, Kundara, Kollam at 2pm
- Aug 03: Family Meeting at Hotel Prasanth – Benefits of Karkidaka Chikitsa, Guest Speaker Dr.Priyanka R
- Aug 09: Weekly Meeting at Tvm Club. Guest Speaker – Ms. Mini Viswajith
- Aug 15: Flag Hoisting at Rotary Tower.
- Aug 23: Weekly Meeting at Tvm Club. Speaker: Rtn Purushothaman Asan
- Aug 25: District Seminar on Membership Development at Sabaris CC, Haripad at 2pm
- Aug 30: Charter Day Celebration at Trivandrum Club.



BIRTH DAY

- July 06 Rtn. Shaji Mathew
- July 10 Rtn Mohandas K P
- July 10 Rtn. Jeyakumar Thomas
- July 15 Rtn. Dr. Baiju B
- July 24 Rtn. Ramakrishnan G



WEDDING ANNIVERSARY

- July 08 Rtn Sebin Roy & Ann Reshmi Sebin
- July 11 Rtn Raveendran Nair & Ann Girija Kumari
- July 12 Rtn Dr PP Nair & Ann Dr Praseetha Nair
- July 14 Rtn Jeyakumar T & Ann Susheela Jeyakumar



MAGIC OF ROTARY – A REALITY CHECK

Would like to narrate an incident happened just one month back. One of my relatives was working in a prestigious IT company. He wanted to pursue some other course and quit his job and went to Chennai. Somehow he could not make much progress and slowly but surely started drifting in life. He wanted to come back and do nothing. No amount of effort from family was enough to convince to go back to a job and move forward. Uncertainty continued for three long months. Somehow he agreed to share his profile. As soon as I got the same, It was forwarded to one of our beloved Rotarian. Within two weeks interview was arranged He has joined in a very reputed company on June 20th, thanks to Rotary and a super human Rotarian. A small family is enjoying life again. There is a new meaning to their life! For obvious reasons name of the Rotarian is not revealed here. Magic of Rotary is a Reality! Any doubt?

Rtn NS Sarma
Editor



PROFILE - TREASURER

Rtn. Ramesh R. is a native of Pathanamthitta, Ranny, and currently resides at Vazhuthacaud. He works as a DGM in a Central PSU at their Trivandrum office. He is a qualified Mechanical engineer with a Master's in Business Administration. He married Sharmila K. Nair in 2000, who is a homemaker. They have one child, Rohan Ramesh, who is in the final year of MBBS at Sree Gokulam Medical College, Venjarammood.

Ramesh R. began his journey with Rotary International by joining our club in July 2022.

PROFILE - SECRETARY

Dr. Ciniraj Raveendran, an esteemed oncologist and Associate Professor in the Department of Radiation Oncology at Government Medical College Thiruvananthapuram, holds qualifications including an MBBS, MD in Radiation Oncology and an MBA in Health Care Management, which have propelled his career in Oncology. Married to Dr. Deepa Gopinath, Additional Lab Director and Consultant Pathologist at Dr. Gopinath's Diagnostic Services in Thiruvananthapuram. Dr. Ciniraj balances a thriving professional and family life. The couple has two children, Dev and Diya, who are in grade 2. He has been an active member of the Rotary Club of Trivandrum Suburban, Rotary District 3211, for over seven years. He has held key roles during his tenure, including Sergeant at arms (2017-2018), Bulletin Editor (2018-2019), Club Treasurer (2019-2020), Zonal Secretary, and Covid Vaccine Co-ordinator while maintaining active membership since 2017. His contributions to Rotary have earned him prestigious recognitions such as the Presidential Citation 26.50 Giving (2016-17) and multiple Paul Harris Fellow awards. He is a Sustaining Member Of the Rotary Foundation and has demonstrated significant TRF giving. Sponsored by Dr. G. Gopinathan in 2017, Dr. Ciniraj's dedication to his profession and Rotary service exemplifies his commitment to excellence and community service.

