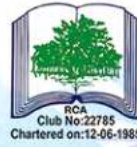


Rotary



CREATE HOPE
in the WORLD



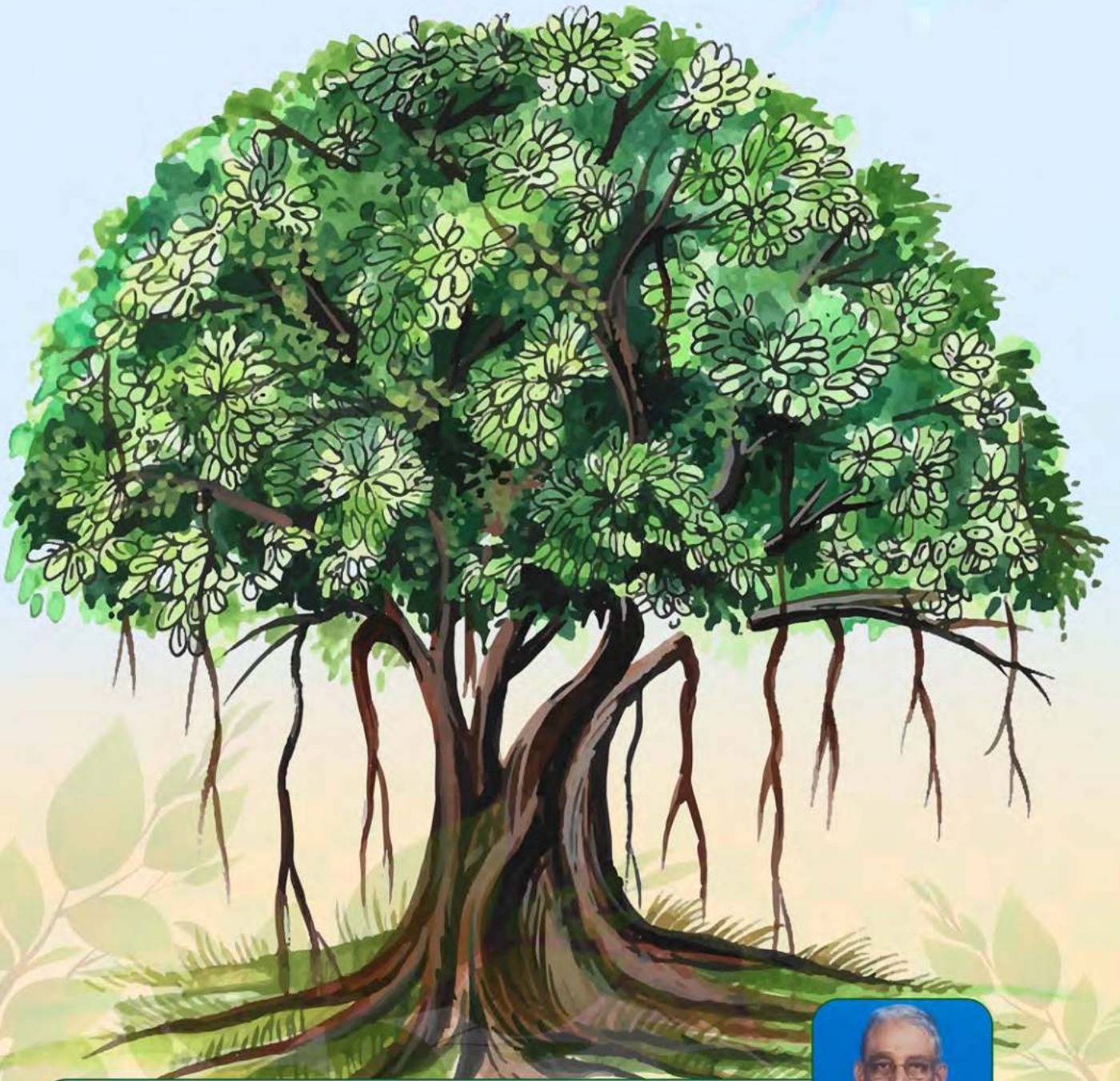
Ann
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2023

The Banyan

Issue #4, October 2023

Rotary Club of Adyar

DISTRICT 3232



This month's bulletin is sponsored by
Rtn. N.R. Jayaraman



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President's Write up

Hello, friends! Welcome to the October edition of our bulletin, "The Banyan." September may have been quiet, but it was indeed a fruitful month for our Rotary club. We had some exciting events and contributions.

Firstly, we had our Ann's get-together, which was a delightful day enjoyed by all our Ann members. It was a wonderful opportunity for everyone to connect and share memorable moments.

We also hosted the grand Darbar Fellowship, where each of us was treated like royalty. These moments of camaraderie and celebration are essential for our Rotary family.

As part of our "One Family, One Project" initiative, we made several generous donations. Rtn. Boopathiraja and Rtn. Siva donated two 3-course meals to old age homes, showing our commitment to community support. Additionally, we contributed by donating two artificial limbs to the Mukthi Foundation, making a positive impact on those in need.

Notably, our Immediate Past President (IPP) Rtn. PHF. Dr. M. Nishanth performed an impressive 7 cataract operations on behalf of Rtn. Senthilnathan, Rtn. Krishnan, Rtn. Dr. Ragavan, Rtn. Padmalatha, and Rtn. Jayaseelan. Their dedication to improving lives through medical interventions is commendable. As we enter October, we look forward to more activities and opportunities to serve our community. We anticipate a month filled with meaningful projects and collaborations.

Lastly, as we embrace the festive season, I extend warm wishes to all of you. May this season bring joy, togetherness, and success in all your endeavors. Thank you for your continued dedication to Rotary and our shared mission of service.



Editor's Write up

Good day, my dear RCA Family! Welcome to the October edition of our bulletin. As we approach the festive season, I believe we all feel more energized and invigorated with all the preparations in full swing. Our Rotary Club is growing stronger and more vibrant with each passing day, thanks to the lively activities and events taking place within our club.

As the editor of this bulletin, it's heartening to share the achievements of our Annettes through the "Hall of Fame," an initiative led by our Annette chairperson, Ann. Mahalakshmi. We are confident that our young members have many more accomplishments in store, and we applaud Ann. Mahalakshmi for her dedication in involving the Annettes in our club's activities.

This is also an opportunity to express our gratitude to all our sponsors and those who provide continuous support to our club. Your contributions play a vital role in the success of our initiatives.

As always, I wish you all a wonderful reading experience. Stay tuned for updates on our club's activities and events in this edition. Happy Reading!



Rotary International News

Rotary Foundation receives highest rating from Charity Navigator for 15th consecutive year.

For the 15th consecutive year, The Rotary Foundation has received the highest rating – four stars – from Charity Navigator, an independent evaluator of charities in the U.S.

The Foundation earned the recognition for adhering to sector best practices and executing its mission in a financially efficient way, demonstrating both strong financial health and commitment to accountability and transparency.

“We are delighted to provide the Rotary Foundation with third-party accreditation that validates their operational excellence,” said Michael Thatcher, President, and CEO of Charity Navigator. “The Four-Star Rating is the highest possible rating an organization can achieve. We are eager to see the good work that Rotary can accomplish in the years ahead.”

Charity Navigator assesses nonprofit performance based on four key indicators, including the impact of the charity’s program relative to cost; the organization’s governance and financial health including its transparency, efficiency, and sustainability; a charity’s leadership capacity, strategic development, and ability to adapt to internal and external changes; and its overall culture and connectedness to its constituents and the communities they serve.

Source:

<https://www.rotary.org/en/rotary-foundation-receives-highest-rating-charity-navigator-15th-consecutive-year>

Rotary National News

Rotary Club of Gauhati South, RID 3240, along with VisionSpring, a social enterprise, and B&A group of companies, organised an eye checkup camp for tea pluckers working in the tea gardens at Jorhat, Golaghat and Sibsagar districts. The club had set a target of screening 6,000 labourers and wrapped up the camp screening 6,700 people by June. "We dedicate the success of the project to late past president Dhiraj Kakati who had launched the initiative in 2021 during his presidency. We ran it for two years," says Rajesh Bhatra, the club's IPP.

Tea plucking is a demanding job that relies heavily on good vision. It requires a good hand-and-eye coordination, dexterity, and speed. "For fine black or green tea, pluckers must carefully select the first two leaves and one new bud from the tea bush. However, for many tea pluckers in Assam, good vision is not a given. Being cash-strapped, they lack access to eyeglasses, which makes it difficult for them to perform their job to the optimal level," explains Bhatra.

Eyeglasses can greatly improve the productivity of a tea pluckers by enhancing the visual acuity and reducing eyestrain. The club provided spectacles to the tea pluckers with defective vision.

The club is honouring visually challenged youngsters with the annual 'Archana and Atul Chandra Goswami Memorial Award' since 2014. The award constitutes a prize of ₹10,000 and a citation. Last year the award was presented to Shahid Afridi, a 14-year-old blind student of the Guwahati Blind High School for his proficiency in music. Former AGM of State Bank of India Bikash Das, who is also visually challenged, was the chief guest at the event.

Rotary District News

RC Madras Porur celebrated Teacher's Day at Greater Chennai Primary School in Porur. The event was marked by the felicitation of school Teachers, and the students showcased their talents through dance and a skit. It was a wonderful and heartwarming program that brought together the school community.

The Rotary Club had the privilege of having distinguished guests, Rtn. Gopalakrishnan (District Chair - Vocational Service) and Rtn. Seshiah (District Chair - RYLA) from our RCA, as the chief guests for the event. Their presence added value to the occasion as they delivered vibrant speeches that not only encouraged and inspired the teachers but also motivated the students.

RCA extends heartfelt thanks to Rtn. Gopalakrishnan and Rtn. Seshiah for their valuable contributions in making the event lively and energetic. Their presence and words of encouragement undoubtedly left a lasting impact on both teachers and students alike.



Know Your Rotarian

Rtn. P.H.F. Archana Suraj & Family

Rtn. Archana Suraj is an active and influential member not only in the Rotary Club of Adyar (RCA) but also in other districts. In fact, she has played a significant role in introducing many members to the club. She is married to Ann. S. Suraj Menon, and their wedding anniversary is on August 22nd, 2010. They have two lovely children, Annette (Shravann Suraj, 7th grade student at PSBB) and Akshara Suraj (LKG student).

Archana has an impressive educational background, having graduated from Sri Ahobila Math Oriental Higher Secondary School, T.S. Narayanaswami College of Arts and Science, and Symbiosis College, where she obtained an MBA through distance education. Currently, she works in the operations team at "KHHK" (Kamal Hassan House of Khaddar). Her spouse is involved in Event Management with his own company named "White Feathers" and runs a dance company called "SPDC Chennai."

Archana is a multifaceted individual with a wide range of interests and talents. She actively participated in sports and dance shows during her school and college years, possesses strong marketing and PR skills, and finds joy in activities like dancing, music, playing games (including Candy Crush and Ludo), and engaging in social media.

Among her cherished memories are meeting her soulmate, the birth of her children, a memorable trip to Kashmir, and a Halloween party by RCA that holds a special place in her heart. She was introduced to RCA even before her marriage by Rtn. Vittal Rajan. Archana's message to her fellow RCA members is a call to action. She encourages one to be the change one wishes to see in the world, to be supportive, good listeners, and shoulders to lean on. She believes that the uniqueness of a group lies in its strength, and through unity and their own extraordinary ways, they can shape a society characterized by love, acceptance, and limitless possibilities. Archana's overarching message is to make every moment count.



RCA News

Interact Club Installation in Sishya School

Rotary

ROTARY CLUB OF ADYAR
RI DIST 3232

Sishya

CORDIALLY INVITE YOU TO THE INTERACT CLUB INSTALLATION OF SISHYA SCHOOL,
NEW 2, 2ND ST, PADMANABHA NAGAR, ADYAR, CHENNAI 20.
On 12th Oct 2023, Thursday 1.45 to 2.45 pm

CHIEF GUEST - Rtn Dr M S Ravi Varma
CHAIRMAN - DISTRICT YOUTH SERVICES (2023-2024)

GUEST OF HONOUR - Rtn Gopalakrishnan
CHAIRMAN - DISTRICT VOCATIONAL SERVICES (2023-2024)

RTN. VENKATARAGHAVA RTN. DR. KUMARAVEL
PRESIDENT SECRETARY

RTN. PRIA SRINIVAS
DIRECTOR YOUTH SERVICE

MRS OMANA THOMAS
PRINCIPAL

MRS ROSHNI MENON MRS ARUNA RAGHU
TEACHER COORDINATOR TEACHER COORDINATOR

Speaker Meeting 1

Rotary

ROTARY CLUB OF ADYAR

S. RAJARAM
Bachelor of law and an Intermediate
Cost & Works Accountant.

TOPIC :
Padal Pirantha Kathai

26th Septembert 2023, Tuesday 6.30 PM
Hotel Savera, Mylapore, Chennai.

RTn. VENKATARAGHAVA RTN. DR. M. KUMARAVEL RTN. KANNAN PARAMASIVAM
ANNAPRAGADA Secretary Director - Club Services
President





Speaker Meeting 2

Rotary
RI DIST 3232



ROTARY CLUB OF ADYAR



Rtn. ANITHA



Rtn. Dr. NAGALAKSHMI



Rtn. SETHURAMAN

TOPIC :

Classification Talk

3rd October 2023, Tuesday 6.30 PM
Hotel Savera, Mylapore, Chennai.

**Rtn. VENKATARAGHAVA
ANNAPRAGADA**
President

RTN. DR. M. KUMARAVEL
Secretary

RTN. KANNAN PARAMASIVAM
Director - Club Services

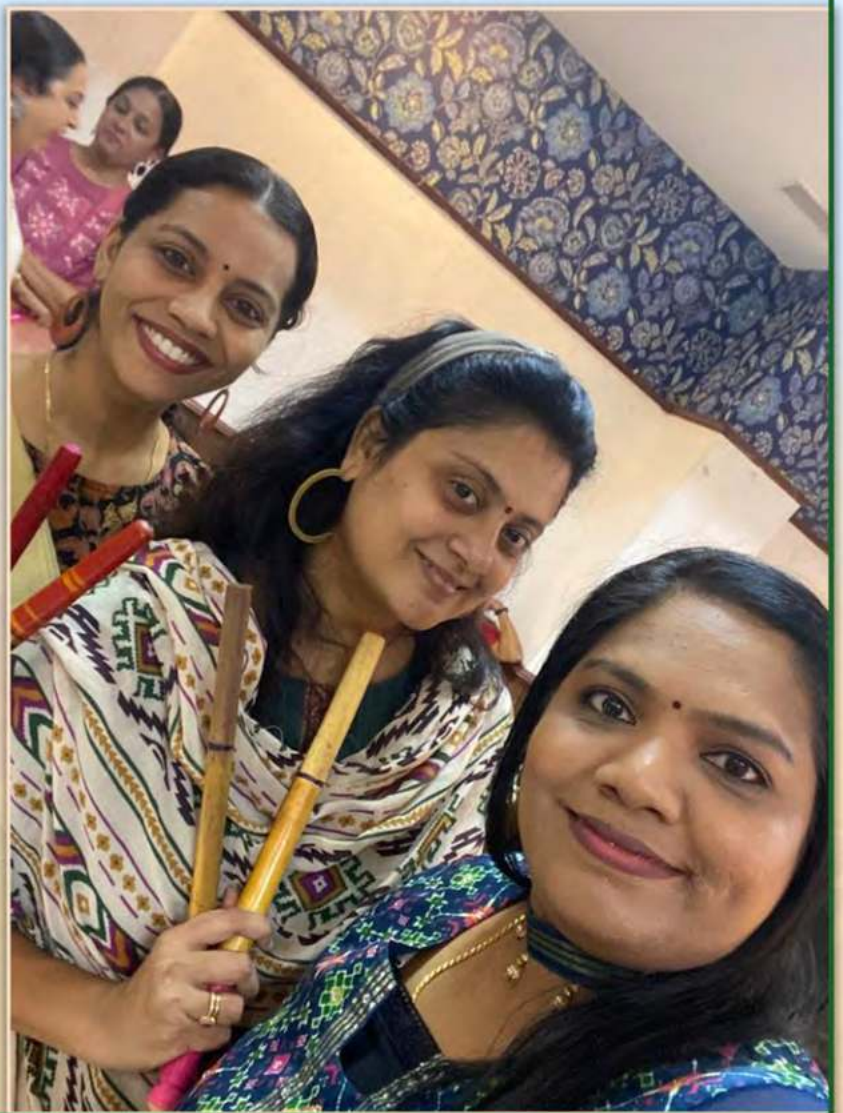
Ann's get together at the first lady's house

This year's Ann's get-together took place at the residence of our first lady, Ann. Aruna. The event was a delightful day filled with enjoyment, laughter, lively conversations, and a delectable lunch. Each attendee contributed a dish they had prepared, creating a shared feast, and fostering a festive atmosphere. This gathering provided a refreshing break from the usual daily routines for all the Ann's in attendance.

A special note of gratitude goes to Ann. Aruna for her dedication, hard work, and warm hospitality in hosting this memorable event. It was a time of bonding and creating cherished memories for the Ann's, making it a day to remember.

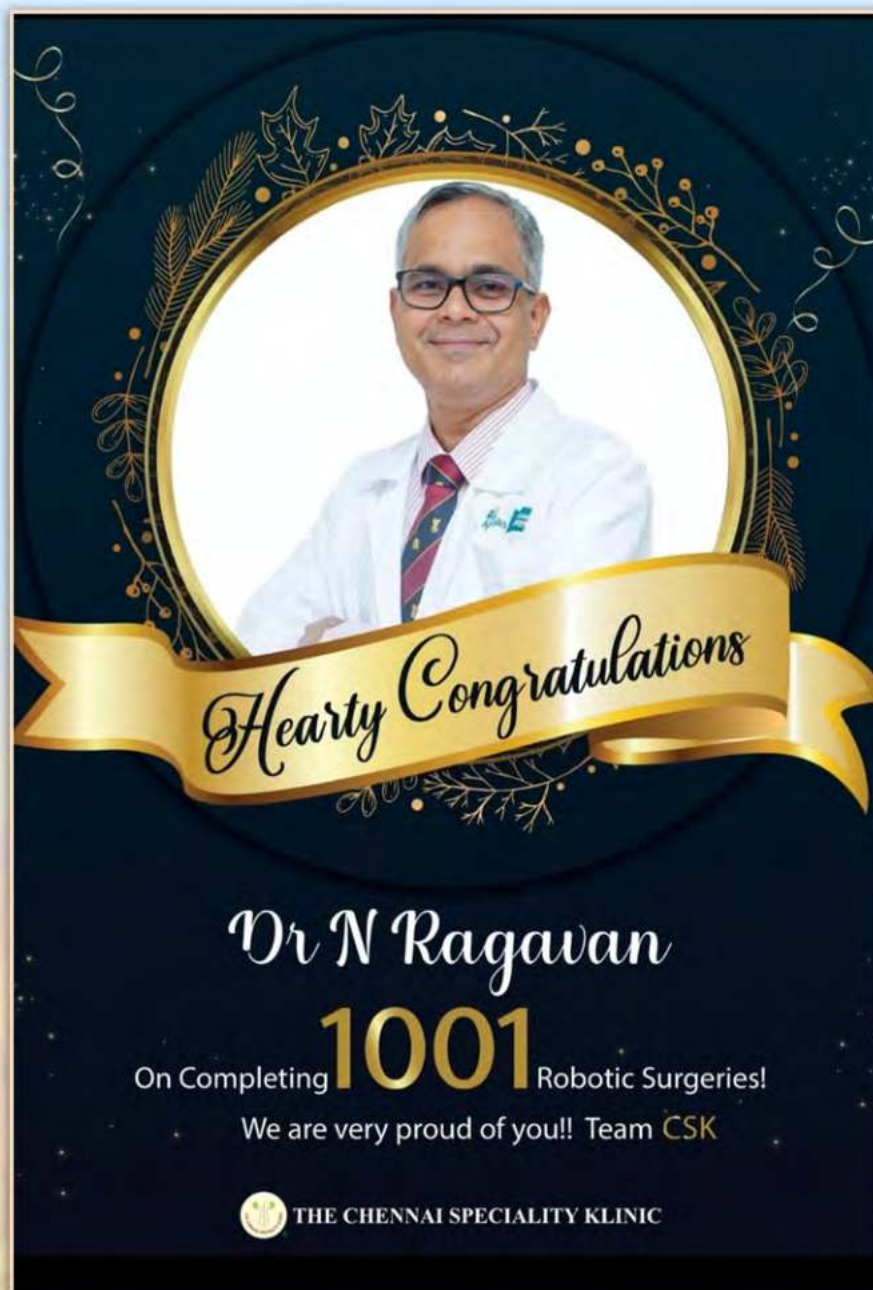


Dandiya Night



Rotarian's Achievements

Let's give a resounding round of applause to our esteemed member, Rtn. Dr. N. Ragavan, who is not only a Urologist but also a UroOncologist and Robotic Surgeon. He has achieved a remarkable milestone by successfully completing a total of 1001 robotic surgeries. This accomplishment reflects his dedication, expertise, and commitment to providing advanced medical care to those in need. Congratulations to **Dr. N. Ragavan** on this outstanding achievement!





We would like to congratulate **Rtn. Karunakaran** who received the pin of phf+2 recognized level for contribution of 1000 USD towards MRF on the installation day.



Ann's Achievements

Let's extend a hearty applause to Ann. Dr. Meera Ragavan, a urogynecologist, for her successful completion of the trial phase of the first case involving Sacral Neuromodulation bladder pacemaker. Her achievement demonstrates her expertise, dedication, and pioneering work in the field of urogynecology, potentially improving the quality of life for individuals with bladder issues. Congratulations to **Dr. Meera Ragavan** on this significant accomplishment!

THE CHENNAI SPECIALITY KLINIC

First Case

of Sacral NeuroModulation
BLADDER PACE MAKER

Heartiest Congratulations!

On Successful Completion after the Trial Phase

Dr. Meera VV Ragavan

Sacral Neuro modulation is one of the key procedures in the armamentarium available for management of Bladder and Bowel problems. It is done after failed medical management in patients with urinary incontinence (urgency related leak). Faecal incontinence and certain neurological disorders with bladder problems and problems of bladder emptying . Patients report more than 80 percent success in carefully selected cases and the effects last for more than 7 years. The procedure involves two stages: 1st phase where test leads are placed in the back near your sitter bone and electric stimulation with an external battery which is held inside a hip belt. This phase lasts for 2 weeks If successful in this phase We move in to the second phase. The second phase involves rechecking the leads and attaching to a Premanant pacemaker which is placed under the skin fat with a 3 cm incision in one of the buttocks. This continues to stimulate the leads and bladder/ bowel function is restored. It involves only sedation and local anaesthetic and is done as day case. Patient is discharged the same day.

A Successful Achievement

Fellowship

September's fellowship was wonderfully themed and an entertaining Rotary event with the theme "Darbar." The use of royal titles for Rotarians and the regal announcements added a touch of grandeur to the occasion.

The hosts introduced each Rotarian, Ann and Annette with royal titles and grand announcements, creating an atmosphere of royalty and prestige.

The highlight of the event was when the King and Queen were crowned, and photographs were taken with the Darbar flex, adding a sense of ceremony and glamour to the proceedings.

Delicious food offered added to the overall enjoyment of the event, providing a sensory experience for the attendees.

The Titanic music and stage performances by Rtn. Ramesh and Ann. Radha, as well as the participation of Rtn. Krishnan and Ann. Rajeswarialong with all other Rotarians added entertainment value and excitement to the event. The dance performances by the princesses (Annette) were a crowd favorite, with attendees requesting encores to enjoy them once more. Involving the audience with spontaneous performances was a great way to engage everyone and make the event more interactive and fun. "Rajavin Parvai Raniyin" performed by Rtn Kannan and Ann. Thangalakshmi added another layer of entertainment and cultural enrichment to the event. The final skit by Rtn. Purusothaman, Rtn. Premnath, and Rtn. Karthikeyan wraps up the entertainment on a high note, leaving attendees with a memorable experience.

Distributing return gifts to all participants was a thoughtful gesture that added to the overall appreciation of attendees.

It was a well-planned and enjoyable event that combined entertainment, culture, and camaraderie within the Rotary community. Such events can strengthen bonds among members and create lasting memories.

https://drive.google.com/drive/folders/1g3_NHmruvrL96T8f-DXv51wheLYjVS-4U?usp=sharing

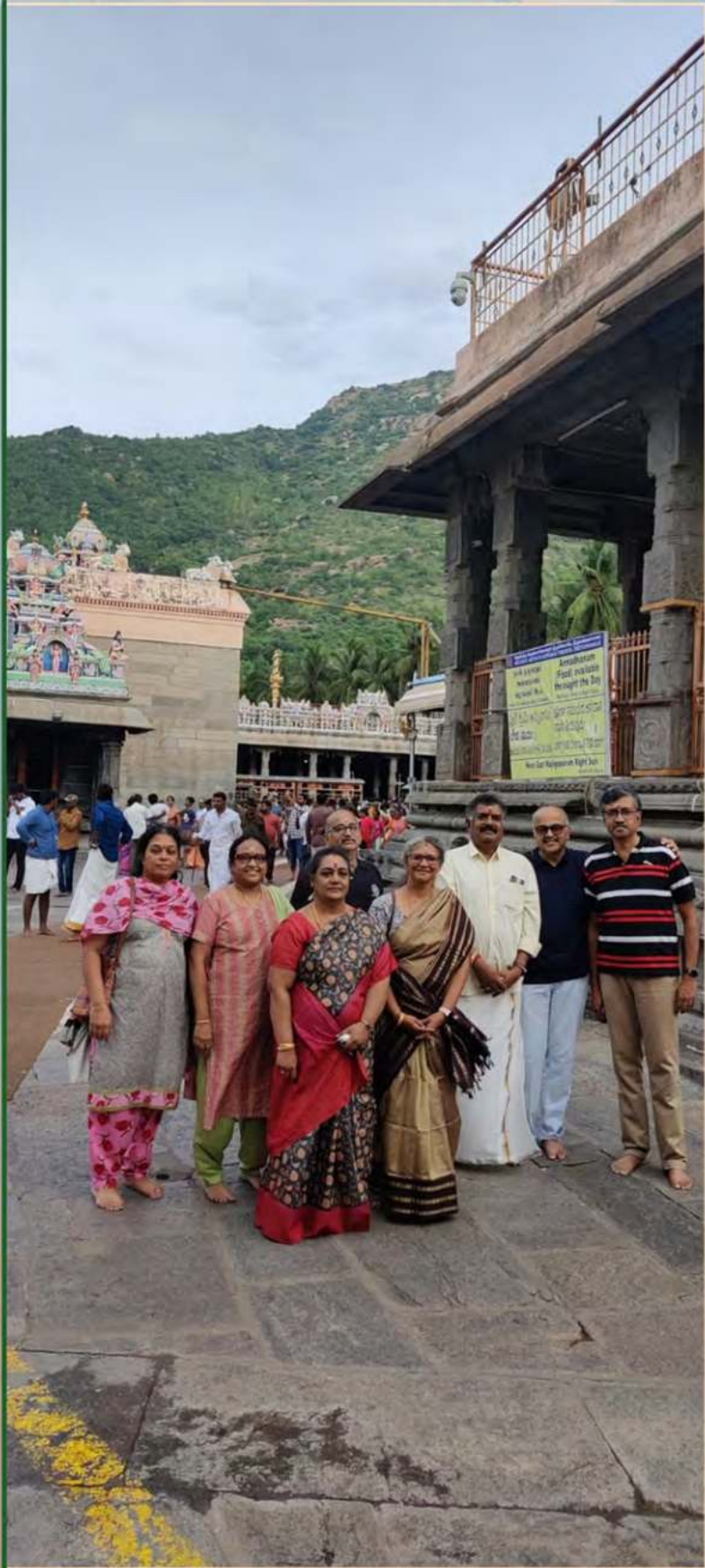
Temple Visit

A two-day temple visit to Thiruvannamalai was organized, with the darshan arrangements skillfully coordinated by Rtn. Subash. The accommodation for this outing was thoughtfully arranged by Rtn. Kavitha Anand. This temple visit provided a refreshing and spiritually enriching experience for all the Rotarians, Anns, and Annettes who participated.

The weekend getaway to Thiruvannamalai was a blend of spirituality and enjoyment. The days were filled with fun, laughter, and moments of spiritual reflection. The success of this outing was greatly attributed to the meticulous arrangements made by Rtn. Subash and Rtn. Kavitha.

A heartfelt thanks goes out to Rtn. Subash and Rtn. Kavitha for ensuring that the temple visit was a memorable and harmonious experience for all who attended. Their efforts and contributions in organizing such an event are truly commendable.

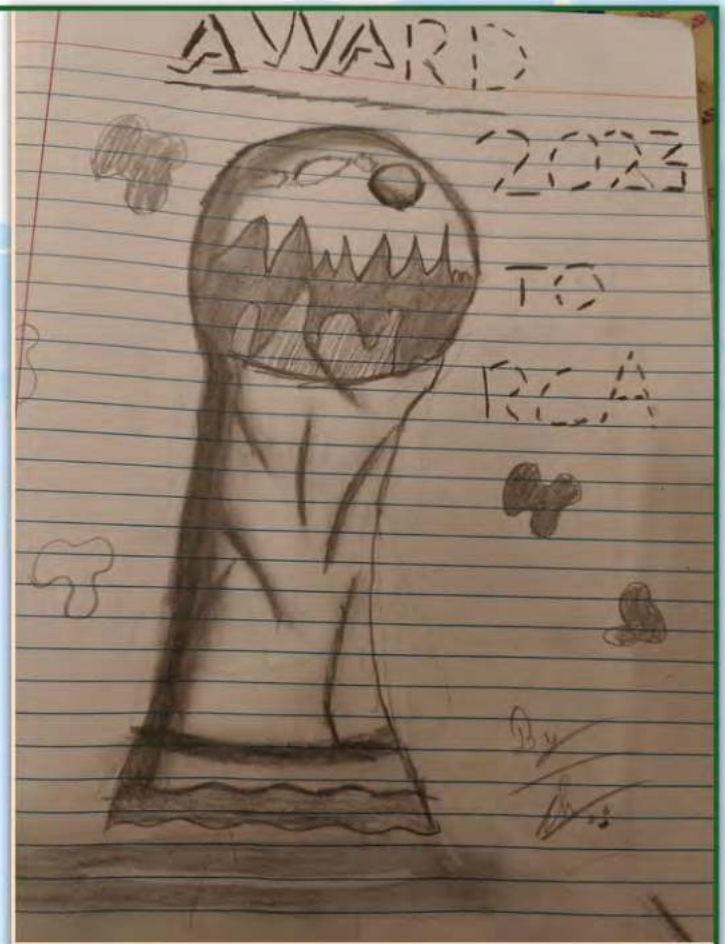




Annette's Corner



Artwork by Annette. Shivathmika & Annette.K.M.Chathura



Q.1) Perseverance And Optimism are the key terms that are explained in the constitution of life's preamble. They are enshrined in our life preamble as few of the vital objectives that pave path towards the highest pinnacles of triumph. Without them or intact in a person's life, it is very hard to move further.

Our life consist of many phases - It may be joy, victory, defeat, sorrow and despair but inspite of myriad emotions and feelings the life moves on. To achieve our goals and to fulfil our ambitions we must stick to these two pillars of life - Perseverance & Optimism, Determination.

A person must always behold to perseverance no matter what. In every walk of life we may get to try different things which will always not be ever easy. In the things we encounter might be difficult and in the passage of accomplishing them we may also have to taste defeat but we should never lose hope and should keep on practice on how to overcome our hurdles. When we do so, we will gradually experience the worth of it. This is the major reason about why we must be perseverant. The proverb, which is well known to most of us is "Practice Makes A Man Perfect". Hence to engulf victory we must be of perseverance. At the same time determination is very necessary to embark on the journey of life. A goal is of a person is something that determines that. Our aim should always be clear. To move on with what we want there should be determination lingering in all circumstances. Therefore to succeed we must attach our mind and soul to the Perseverance and Determination.

Key OBJECTIVES for Success by
Annette K.M. Sharvalakshana

Hall of Fame

Reported by Annette Chairperson Ann. S. Mahalakshmi Karthikeyan.

I am honoured to initiate A Kids Hall of Fame which is a special initiative that pays tribute to the remarkable accomplishments of young Annette of our RCA club. This Hall of Fame is dedicated to celebrating the extraordinary talent, dedication, and achievements of Annette in the world of extracurricular activities. It serves as an inspirational platform that not only acknowledges their multi-talented prowess, but I strongly believe it encourages and motivates them to pursue their dreams and reach their full potential. The hall of fame will continue.



Birthday Celebrations

**HAPPY
BIRTHDAY**

02-Oct	Ann.Nandini Rajendran	W/O Rtn. Rajendran. R
03-Oct	Annette.Dr.Skanda	S/O PDG. Rtn. PHF Shyam Sundar R
04-Oct	Ann.Maheshwari Siva	S/O Rtn.PHF.S SIVA
06-Oct	Rtn.Ar Ajay Kumar	
08-Oct	Rtn.PHF.Vittal Rajan R	
13-Oct	Annette.P.SathvikaSri	D/O Rtn.D.Premnath
14-Oct	Annette.Rupeshwar A	S/O Rtn.Kavitha Anand
18-Oct	Annette.Vhasavi Ragavan	D/O Rtn.Dr N Ragavan
21-Oct	Annette.Venkata Karthik Annapragada	S/O Rtn.Venkata Raghava Annapragada
22-Oct	Ann.Srinivas	H/O Rtn. Pria Srinivas
23-Oct	Annette.S. Thaarun	S/O Rtn.S. Sivakumar
26-Oct	Rtn.M Suresh	
27-Oct	Rtn.Dr.M.Kumaravel	
29-Oct	Ann.A.Jayalakshmi IPS	W/O Rtn.Dr.M. Kumaravel
30-Oct	Rtn.PHF. Archana R	



Wedding Anniversaries



24-Oct | RTN.S Sanjeevirajan & Ann.S. Thamizhselvi

Agenda for the month of October

Speaker meeting	03-10-2023
Speaker meeting	17-10-2023
Board meeting	20-10-2023
Fellowship	To be fixed



Service Projects



Sr. No.	Date	Title	Area of Focus	Category	Subcategory	Cost	Direct Beneficiaries	Man Hours	Rotarians Involved	Service Name
1	7th Sep	One Family One Project - Rtn. Boopathiraja sponsored 3 course meals to Akshaya old age home.	Others			4500	30	12	1	Community Service
2	7th Sep	One family One project	Disease Prevention and Treatment	Artificial Limbs	Legs	5000	1	2	1	Community Service
3	7th Sep	One family One project	Disease Prevention and Treatment	Artificial Limbs	Legs	5000	1	2	1	Community Service
4	10th Sep	One family One project - Donated by Rtn. Senthilnathan	Disease Prevention and Treatment	Eye Surgeries	Cataract	5000	1	2	1	Community Service
5	11th Sep	One family One project - Donated by Rtn. Krishnan	Disease Prevention and Treatment	Eye Surgeries	Cataract	5000	1	2	1	Community Service
6	12th Sep	One family One project - Donated by Rtn. Dr. Ragavan	Disease Prevention and Treatment	Eye Surgeries	Cataract	10000	2	4	1	Community Service
7	12th Sep	One family One project - Donated by Rtn. Padmalatha	Disease Prevention and Treatment	Eye Surgeries	Cataract	5000	1	2	1	Community Service
8	15th Sep	One family One project - Donated by Rtn. Jayaseelan	Disease Prevention and Treatment	Eye Surgeries	Cataract	10000	2	4	1	Community Service
9	19th Sep	One Family One Project - Rtn. Siva sponsored 3 course meals to an old age home.	Others			4500	30	10	1	Community Service

Meetings held in the month of September



Sl. No.	Meeting Type	Date	Title
1	Regular	5th Sept	RC Adyar - Government Higher secondary school,Iyappanthangalinteract installation
2	Fellowship	10th Sept	RC Adyar family - Temple visit
3	Regular	12th Sept	Speaker Meeting
4	BOD	15th Sept	Board Meeting
5	Regular	15th Sept	RCA interact club installation
6	Regular	26th Sept	Speaker Meeting
7	Fellowship	30th Sept	Fellowship

Board Meeting



The third board meeting of the Rotary year was held at The Malayalee club on 15th September, graciously hosted by Rtn. Dr. Kumaravel and Rtn. Kannan Paramasivam.



ROTARY CLUB OF ADYAR



Join the September Board meeting

Date : 15th September 2023 (Friday)

Time : 6.45 PM

Venue : The Malayalee Club
Chetpet ,Chennai.

Host : Rtn.Dr.Kumaravel
Rtn.kannan Paramasivam

Rtn. Visalakshamma
Amritha
President

Rtn.Dr.Kumaravel
Secretary

Rtn. Kannan Paramasivam
Club Service

