

AMBER

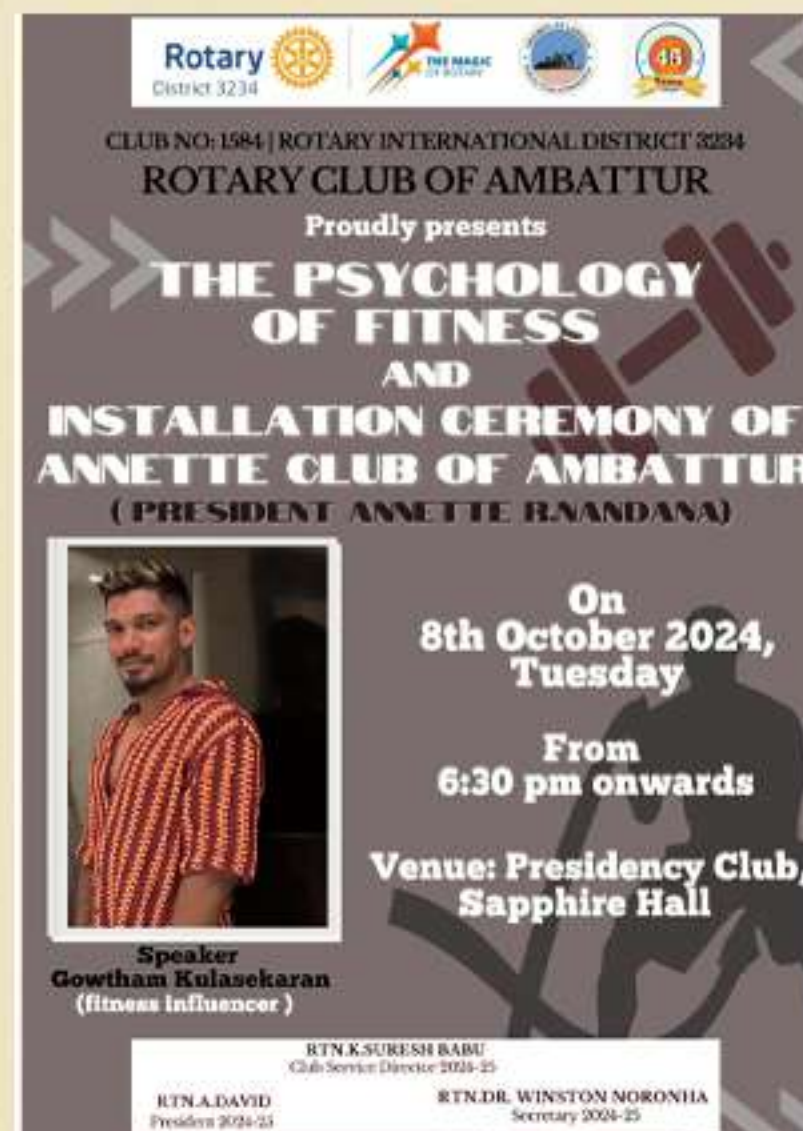
Bulletin of Rotary Club of Ambattur RID 3234

October – Economic & Community Development Month



Women in Media – Speaker Meeting

Women in Media is a speaker meeting which was held on 22nd October jointly with RC Ambattur, RC Chennai Metrozone, RC Chennai Gems and RC Silver Beach. Meeting was attended in large number by the members of respective clubs.



The Psychology of Fitness – An Interactive Session

Fitness Specialist – Gautham had addressed the Members in an Interactive Session wherein he talked about Seven Steps like Bending, Squatting etc. Emphasised that both Physical and Mental Fitness is important and interlinked. He told it's never late and consistency is necessary than number of days or number of hours. The Session ended with him answering various questions raised by the Members.

– by Rtn. K. Suresh Babu

RCA Annette Club Installation Ceremony – A Joyful Celebration of Unity

Pictures of Annette club president's installation.

Lakshana handed over the collar to Nandana in the presence of District chair Mrs. Barbara Bedi.



Dandiya Darbar 2024



Put your hands together for the RCA's incredible Dandiya Darbar 2024 event which mesmerized all the participants with their energetic and graceful Dandiya dances!"

Remembering the tagline: "Dance with Sticks, Beat with Rhythm". The event was a culmination of Culture, music, dance and food. RCA's Dandiya Darbar was electrifying evening of music, dance, and celebration of Dandiya Night. This vibrant event honors the traditional Gujarati folk dance, Dandiya Raas, which originates from the Navratri festival.

The key highlights are

- Traditional Dandiya Raas performances
- Live music & Dance by Nikhil Kinger & Team.
- Dance competitions for solo, duo, and group participants
- Colorful costumes and decorations
- Delicious Gujarati cuisine and refreshments
- Mini Stalls with ladies fancies & favorites

The registration & reception counter ably manned by our vibrant Anns Aruna Viswanathan, Hema Krishnan, Nikila Vikram, Mala Ramachandran, Rita Prem Watwani, Viji Hariprasad, Vijaya Sairam gave a warm welcome to all the Guests to the ball room of Taj Connemera Rtn. Prem Watwani & Rtn. G. Viswanathan welcomed the male guests with colorful dupatta.

The female guests were welcomed with colourful glass bangles specially procured from Andhra Pradesh by Ann. Viji Hariprasad. The Floral entry Arch under the idea of Ann.Mala & floral decoration of Goddess Durga managed by Ann Vijaya Sairam

set the perfect tone to invoke the blessings of GOD DURGA to have a seamless function. The CSR partners, Donors, Supporters arrived with family to enjoy the Dandiya who support the long term projects of Rotary Club of Ambattur.

The Ball room fully loaded with Tall LED Screens, Arch Flex banners, Stand by banners depicting the names of Donors with their company logo certainly would have given them a great satisfaction in supporting the projects of RCA and showcasing their brand to the Guests and friends on the dance floor. The fellowship counter well managed by Rtns. Sharma, Richard, Alban, Sairam, M. Viswanathan, Sambasiva tendering coupons and Bar tender rolled the favourite drinks and Guests enjoyed the company.

The dance floor was set to fire by DJ Nikhil Kinger & Team. Guests and friends danced to the tunes of DJ's the josh participation and smiles were evident till the end. The Colorful live LED screens added the magnitude of dancers watching them in large screen like Bollywood stars appearing in multiplex theatres. The three judges had a herculean task judging the performances of participants in Traditional Gujarati attire (chaniya choli, kurta, and dhoti). Additionally there were lucky draw prizes and a Bumper Gift of 1 Gm Gold coin for the lucky draw winners.

The judges pronounced the names of winners and they danced to the stage to collect their Gift Hampers and Lucky draw prizes.

The hard work and teamwork have paid off and special thanks to Rtn.Gita Menon, Ann Latha sharma, Rtn, Ramesh, Ann Jayshree Parasuram who were on their toes to coordinate with judges and the winners of the evening.

The efforts put in by the Anns behind the scenes, Printing of Dhandiya tickets was coordinated by Ann Rita. Coordination of sale of tickets by Ann Tara, Ann Rita, Ann Mala, Ann Lata. The gifts given away as prizes to the winners were wrapped and decorated by Ann Tara, Ann Veena, Ann Jayasree. Overall every Rotarian and Ann had put in their bit for the success of our dhandiya.

RCA's dedication in promoting the cultural heritage is truly inspiring. We Thank each and every member, 3234 District team for bringing friends & rotary community together" "We also want to extend special gratitude to our sponsors, volunteers, and technical team for their invaluable support."

"The contributions of Ann Veena Chairperson Dandiya Darbar 2024, Club President David Rosario, RCA Club secretary Rtn. Winston, RCA Director Club service Rtn.Suresh Babu, Fund raising chairman Rtn.Parasuram have made a significant impact on the success of this event. Annette Vitika daughter of Rtn. Anjula Bhatia did a perfect Master of ceremonies and the event marched past with a perfect beginning and a smooth ending. "Last but not least, let's appreciate the tireless efforts of our Ambatturian Team members, who worked relentlessly to make this event a grand success!"

Rotary Club of Ambattur and all their supporters celebrated the vibrant spirit of Navratri and the rich cultural heritage of Gujarat. Let's cherish these memories and look forward to future events!"

- by Rtn. PP. G.Viswanathan and Ann.V.Aruna



RCA wins Award for Sponsoring New Club

First presidents meeting cum District Quarterly Awards meeting held on 27th October at Hotel Ramada plaza, Guindy. There were about 25+ presidents and district officials. Rotary club of Ambattur received the award for sponsoring a new club (Rotary club of Centennial Madras) our sister club. This club took birth, thanks to the extraordinary efforts put in by Rtn.PP. Ravi Shankar.

Amba Vision: Cataract Surgeries



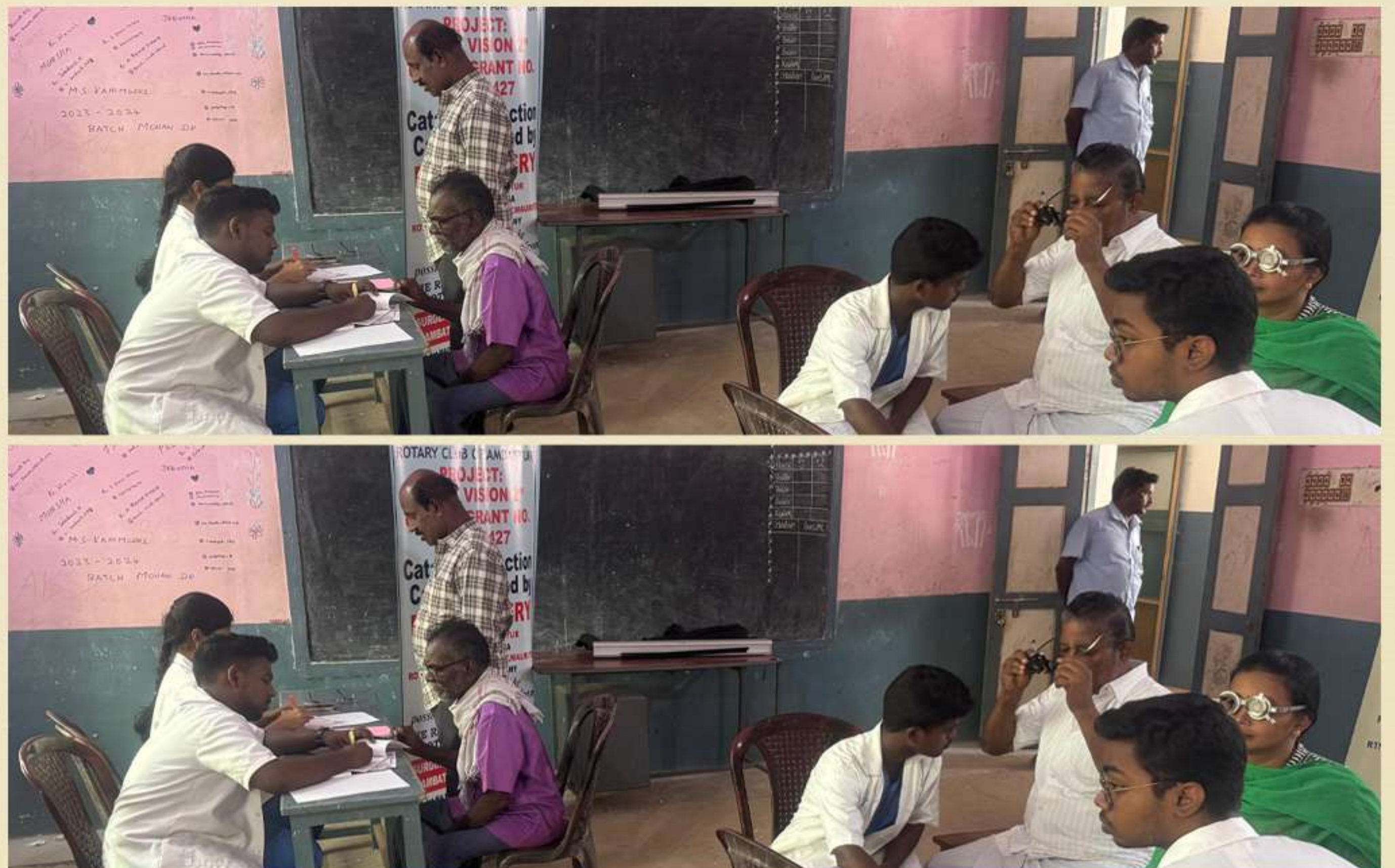
For the Month of October Free Cataract surgeries conducted at ARH on 19th and 26th October 2024 at Ambattur Rotary Hospital .
A Total of 50+ patients got benefitted through this initiative.

Uthukottai Eye Camp

Uthukottai camp was conducted by Rtn. Anjula Bhatia in collaboration with RC Metrozone . (Don bosco Mat. Hr. sec. school)

Total op - 87

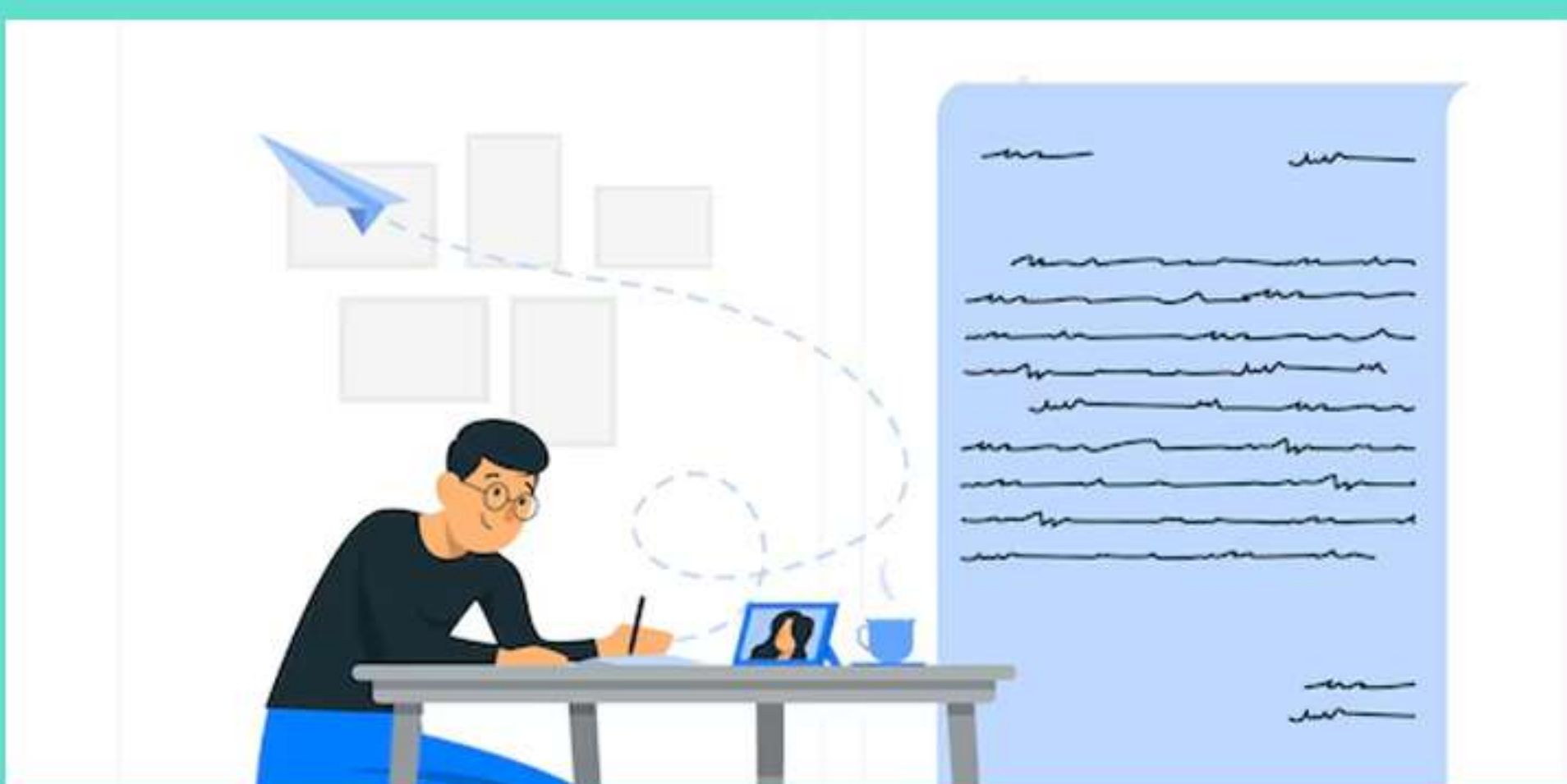
Cataract advice	26
Refractive error	20
RTH	27
Presbyopia	04
Normal	09
Medical prescription	01
Cataract willing	12



Food for Thought

“Life is the most difficult exam. Many people fail because they try to copy others, not realising that everyone has a different question paper.”

“the cheapest way to improve your looks is to wear a smile



ROTARY CLUB OF AMBATTUR
Formally invite you to the
Centenary Birthday Celebration
of Charter Member
Rtn PP Panchapakesan
And
Felicitation of the teachers of
T.V. Nagar Educational Society
School and Ambattur Rotary
Neumayer Trust Ayappakkam
Community Centre



Centenary Celebrations of our charter member *late Rtn panchapakesan*

Centenary celebrations of our charter member late Rtn panchapakesan was held in a grand manner by RCA at presidency club on 18th October. He is the one who started our Rotary school which is run in the name of TV nagar Educational Socity school at Ambattur ever since 1980.

The school has grown from a small thatched roof building, to a huge 3 story building as it is now. It hardly had around 50 children in the eighties and it has grown to teaching close to 500 children today.

Rtn Hari Prasad has been managing the affairs of the rotary school ably supported by Rtn Ravi Shankar. The school is planning to expand its operations by introducing a Skill Centre in the same premises shortly.

On the same day the teachers of Ambattur Rotary School and Ayapakkam after school learning centre were duly recognised and honoured.

Weekly Meeting Know your Green Rotarians

Our regular weekly meeting held on the 29th had covered various topics as listed below

1. We observed one minute silence as mark of respect for our dear ex Rotarian Dipankar Lahiri who passed away in Canada on the 22nd October.
2. We had 2 green Rotarians Rtn G. Aravind & Rtn.V. Vijayakumaran who gave us a brief talk about themselves.
3. Rtn Udhaya Banu & Rtn Ajitha Balan gave us a detailed narration about the international friendship tour to Vietnam organised by our District. We were shown lovely pictures and vedios.
4. Rtn Ravishankar updated us about our forthcoming SCWW programme.

Some of the pictures pertaining to the above are appended here.



Birthdays



Nov2	Annette Akshaya Ravishankar	G Ravishankar
Nov7	Ann Priya Manoj	Manoj Paul
Nov11	Ann. Shruthi Murali	Muthukumaran
Nov12	Annette C Sachchitha	Parankusam
Nov13	Mr. Devendra Bhatia	Anjula Bhatia
Nov16	Rtn. Jai Shetty	
Nov26	Annette Harini	R Mukundan
Nov26	Annette Harish	R Sridharan
Nov30	Rtn. VR Janardhanam	

Anniversaries



Nov11	Rtn. Muthu Kumaran & Shruti
Nov15	Rtn. Manoj Paul & Priya
Nov18	Rtn. Jayashree Girisan & Vijay Rangachari
Nov27	Rtn. Mahaveerchand Dugar & Gunasundari
Nov27	Rtn. Anjula Bhatia & Devendra Bhatia

Editorial Committee

Ann Lata Sarma
Rtn. GVRs Sarma
Rtn. Ashish & Ann Tamara Coelho
Rtn. DR. Winston Noronha
Ann Tara Rao
Rtn.Geetha Menon