



Beneficiary from Zia orphanage home

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# President's note

## Happy New Year to one and all!

As we bid farewell to the past year and welcome the new year, I wish to express my heartfelt gratitude to each one of you, for your commitment to our club's mission and values. Truly inspiring!

My main motto as President for the year 2024-2025 with theme the Magic of Rotary, is to find a balance between continuity and change and work towards creating a positive impact in every single project we do for the year.

For the past six months our mobile medical van has been able to treat more than 2500 patients covering many parts of the city, 62 babies have been operated in Balnethra project so far. Akshayam, our weekly distribution of food packets at Adyar Cancer Institute has been very satisfying - more than 1000 people have been given lunch packets. The heavy downpour in the month of December did not dampen the RCCT spirit of service.

Wishing Well project at Zia orphanage for our members and the distribution of toys to children at Mahesh Memorial Paediatric oncology centre, as part of Christmas celebrations, have been very exciting for the beneficiaries and our members.

Voice of District - Season 16, our signature event, was successfully completed with new categories included. The participation of our Rotractors added to the fun.

Trip to Aavin Milk factory and Digital Training of women entrepreneurs of TN Rise women start up council, as part of Vocational service Avenue have been very successful and we are planning the next session to train more women.

Diverse perspectives, from different backgrounds broaden our members' understanding of the challenges in the complex global world of today - be it Cyber security issues or Investments in the future, our speaker meetings organized by the Club Service team, have been very informative and interesting. Similarly, our Fellowships with Onam and Diwali themes promoted a vibrant, culturally rich and festive atmosphere. Not to forget the main attraction - Sabha Sapad at Music Academy.

The village trip to Villupuram, despite Cyclone Fengal, turned out to be the most challenging, yet most memorable experience for everyone.

Our Rotractors winning awards at the District Rotract Council for doing community service projects brings in joy and I appreciate the dedication of these youngsters.

For the next six months, we have lined up interesting projects like Donation of portable toilets to the Army, target of operating 250 babies under Balnethra project, Fundraising for SCOLIOSIS (medical condition characterized by an abnormal curvature of the spine) focused on diagnosis and treatment especially for children and adolescents. And of course, our much-awaited Club trip to Bali.

The Governor Visit is scheduled for March 18th and the Vocational Awards ceremony is being planned in true RCCT style. The mobile medical van will continue its service treating patients.

I strongly believe in Membership Development - bringing in more people towards service and creating more leadership opportunities for members. Hence I request all of you to work towards inducting like-minded new members for our club.

Thank you for your support

**Rtn Shalin Shah**

President - 2024-25





## At a Glance

- Medical Camps
- All For Love of Christmas
- Speaker Meeting

### Regular features:

- Know Your Rotarian
- Achievements
- Gutha Krishnan Selvarajan ( G K Sir ) is the 19th Grand Master of Grand Lodge



## Key dates for January

- 05th - Fellowship
- 07th - Board Meeting
- 09th - Project on Waste Management
- 18th - Nilakottai Project Trip
- 02/09/16/23/30 - Project Akshayam
- 23rd - Speaker Meeting
- 30th - Bali Club Trip
- 04th/05th/07th - Medical Camps
- Milk Bank Project - TBA



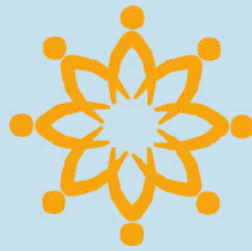
Chartered on 10th June, 1998.  
Charter number: 51278



**Rtn Shalin Shah**  
President



**Rtn Sanjey Ahuja**  
Secretary



# Community Service: Medical

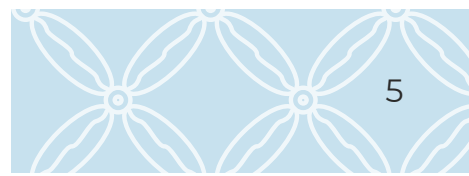
Director: Rtn. Satish Kandimalla



# Medical Camp at Shanmugapuram, Tiruvottiyur, Chennai 7th December



**Total count - 82**  
Detected the following:  
Diabetes - 14  
Systemic Hypertension -3  
Hepatitis B - Nil  
Hepatitis C - Nil





# Medical Camp With Equitas

Kandan Udavum Karangal, Mogappair West, Chennai  
11th December



**Total Count: 55**

Detected the following:

Diabetes: 14

Systemic Hypertension: Nil

Hepatitis B: Nil

Hepatitis C: Nil





# Medical Camp With Equitas

Faith Christian Heavenly Church, Puzhal, Chennai.

20th December



## Total Count: 30

Detected the following:

Diabetes: 9

Systemic Hypertension: Nil

Hepatitis B: Nil

Hepatitis C: Nil



# Medical Camp With Equitas

Bethesda Grace's House of Prayer, Pullianthope, Chennai.

21st December



## Total count – 64

Detected the following:  
Diabetes -11  
Systematic Hypertension -5  
Hepatitis B-Nil  
Hepatitis C- 2 Positive.





# Medical Camp With Equitas

Gypsy colony ( Nairkuravar colony ), Kotturpuram, Chennai.

24th December



### Total count – 77

Detected the following:  
Diabetes -26  
Systematic Hypertension - 6  
Hepatitis B- Nil  
Hepatitis C- 1 Positive.





# Medical Camp With Equitas

T.P. Chatram Hospital, Shenoy Nagar, Chennai

28th December



## **Total Count: 103**

Detected the following:

Diabetes: 31

Systemic Hypertension: 22

Hepatitis B: Nil

Hepatitis C: Nil



# Ongoing projects: Balanethra



14 babies were saved from blindness under Project Balanethra in December.

Thanks to PP Rtn Dr Vasumathy and spouse Dr Praveen of Radhatri Nethralaya for the laser surgeries.

These surgeries are part of Rtn Anandkrishnan's contribution to save hundred babies, for this Rotary year.

Totally, 62 babies have benefited through Balanethra project between July to December 2024.



# Ongoing projects: Balanehra



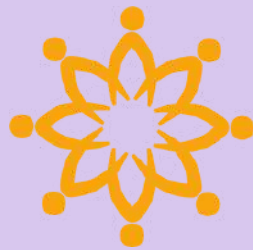
Baby of Suganya





Through the Medical mobile van which was launched in the month of July, we had aimed at providing accessible healthcare services to rural and urban population offering diagnostic services for common ailments.

We're proud to say that we have impacted over two thousand five hundred patients in the last six months. About thirty medical camps were conducted with successful partnerships with Equitas, and Chennai Liver foundation along with local community groups and leaders



# Community Service: Non Medical

Director: Rtn. Rukmani



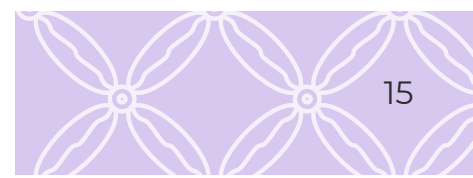
# Akshayam

To feed the needy



## December 5th, 12th, 19th and 26th

Despite the challenges posed by heavy rains, our members persevered to conduct the weekly distribution of food packets to the attendants of patients at Cancer Institute, Adyar, throughout the month of December every Thursday between 11-30- 12-30 pm.













# Ayush

## Volunteering work by Mindera at Vishranthi old age home

5th December



### Doing things Differently a Mindera way

Rtn Rukmani and Ann Archana, along with the staff of Mind-era, visited Vishranti, an elderly care home at Palavakkam. They assisted senior citizens aged 70 and above, in enrolling in the Pradhan Mantri Jan Arogya Yojna scheme, which provides health coverage of up to Five Lakhs. This process is very challenging for elders to navigate. Mindera stepped in to provide technical assistance ensuring a smooth enrollment. As Ann Archana mentioned, 'seeing the joy on their faces and engaging with them was an incredibly fulfilling experience for us'.



# Aaroghyam

Providing snacks to government school students

9th December



Distribution of nutritious snacks to students of Government Higher Secondary School, Ashoknagar was conducted by RCCT on the 9th of December. We hope this gesture has made a significant difference in their lives to motivate them to attend school.

# AURAS of Joy at Cancer Institute and Zia Orphanage

7th, 16th December



Anns Shobha and Deepa along with Rtn Rukmani visited ZIA Orphanage to spend quality time with the children. They collected their choice of preference as gifts for the gala Christmas celebration which was held on 18th December, a musical evening with dances performed by children of the orphanage.



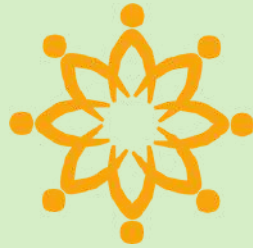






As they say, Hope can outshine toughest challenges. The children undergoing cancer treatment at the pediatric ward in Mahesh Memorial Trust, Adyar Cancer Institute were given Toys and games as part of Christmas celebrations.



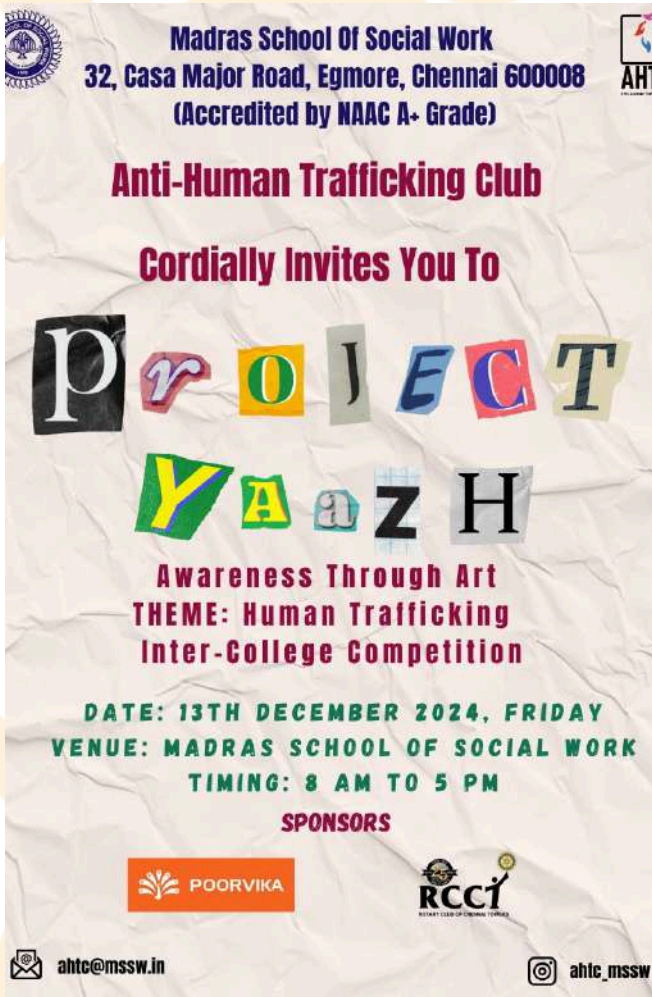


# Youth Service

Director: Rtn. K P Jayashree

# Project Yaazh

13th December



**Madras School Of Social Work**  
32, Casa Major Road, Egmore, Chennai 600008  
(Accredited by NAAC A+ Grade)

**Anti-Human Trafficking Club**

**Cordially Invites You To**

**PROJECT YAAZH**

**Awareness Through Art**  
**THEME: Human Trafficking**  
**Inter-College Competition**

**DATE: 13TH DECEMBER 2024, FRIDAY**  
**VENUE: MADRAS SCHOOL OF SOCIAL WORK**  
**TIMING: 8 AM TO 5 PM**

**SPONSORS**

**POORVIKA** **RCCI**

[ahtc@mssw.in](mailto:ahtc@mssw.in) [ahtc\\_mssw](https://www.instagram.com/ahtc_mssw)



RCCT was one of the sponsors of a day-long event - Project Yaazh: creating awareness on anti human trafficking through art. It was held at Madras School of Social Work, on 13th December, from 8 am to 5 pm. President Shalin and Rtn Jayashree attended the event.









# Club Service

Director: Rtn Anandhakrishnan



# The Annual General Meeting

at the Presidency Club, Chennai

10th December



The Annual General Meeting was held at the Presidency club on 10th December. President Shalin updated the club of the various projects done so far and spoke about upcoming projects.

Secretary Sanjey Ahuja presented the updates from various Avenues - Community service, Vocational service, Youth service and others. Treasurer Rtn Hitesh presented the accounts for review and approval along with Rtn Jayashree presenting the accounts for the previous year.

President Elect Rtn Venkatesh announced the office bearers for the Rotary year 2025-26

# Movie Night - MissYou

11th December

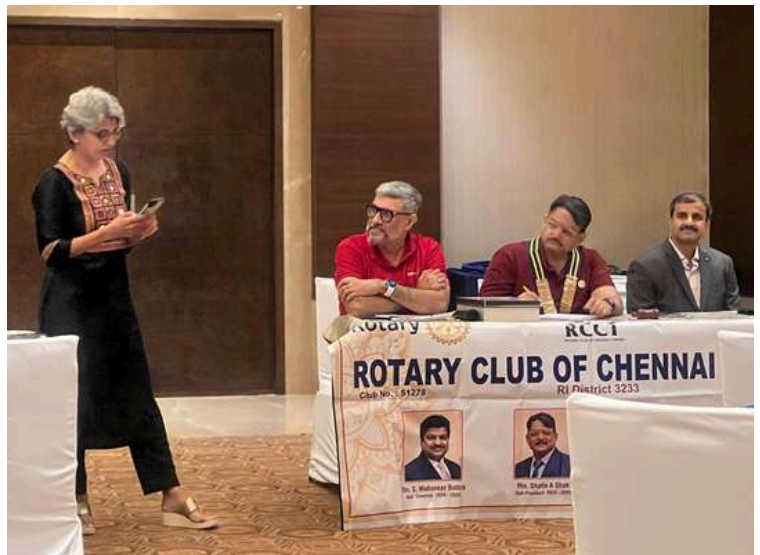


A special screening of Miss You, with the cast and crew members of the movie, was held on December 11th at Satyam Cinemas. This movie is very special for RCCT, as it is the debut home production of 7 miles per second, the company of Rtn Samuel Mathew and Ann Monica.



# Speaker Meeting

19th December



The speaker, Ramakrishnan V Nayak, Director Dakshin Capital, enlightened us with his good knowledge on current global scenario and deep understanding of the Indian market and economy. He spoke about where and how to invest in the year ahead, providing us with his strategic guidance.







# Sabha Canteen

## Chennai Marghazi at Music Academy

28th December

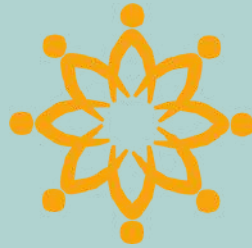


Members enjoyed the traditional Sabha Sapad, which has become an annual event during the Chennai kacheri season.









# Rotary Foundation

Chair: Rtn. Sumedha Nandakumar

# Rotary Foundation



President Shalin handed over the cheque to Foundation Chair Dr. Sumedha and became a major Donor.



## RCCT in 3233

### DGND Felicitation, 20th December at Hotel Green Park



Rotary Club of Chennai Nolambur  
Change Makers Presidents Alumni (2013- 14)  
& Committee of Hosts RID 3233

*Cordially invite you for the  
Grand Felicitation of*  
**Rtn. GANAPATHY SURESH**  
on being unanimously elected as  
District Governor 2027-28 for RID 3233

Friday, 20th December '24, 7 pm onwards  
at Hotel Green Park, Vadapalani, Chennai



**Rtn. C. Basker**  
*Past Rotary International Director  
has kindly consented to be the Chief Guest*



**Rtn. S. Mahaveer Bothra**  
*District Governor, RID 3233  
will be Guest of Honour*

*Felicitations by*  
DGE Rtn. D. Devendran & DGN Rtn. Shiram Duvvuri



Felicitations of Rtn Ganapathy Suresh on being elected as District Governor 2027-28- for RID 3233. PP.Rtn C Krishnachander was event chair of the programme.

## RCCT in 3233

Valar Pirai, an event dedicated to honoring the Future of Rotary





## RCCT in 3233



Green Rotarians Conclave, celebrating the future of Rotary, organized by the District was well-attended by many new members from various clubs. Green Rotarian Rojarajan, along with PP Rtn Rajesh Narang and PP.Rtn Krishnachander attended the programme. The MC for the evening was PP. Rtn Krishnachander .

## RCCT in 3233

### PRE PELS 2 (President Elect Learning Seminar)



PRE PELS was held on 29th December at Hotel Trident. The event commenced with the traditional lighting of the lamp, followed by opening remarks by the incoming District Governor Rtn Dev. The programme was well curated - all the Presidents were grouped into different clusters and given a theme to put up an act related to the theme - the 5 elements of nature: Earth, Water, Fire, Air & Space. Each cluster chose an element and had practice sessions over a month or so. It was a lot of bonding and camaraderie between the AGs and Presidents. Overall, there was a lot of fun and excitement. The event concluded with lunch and group photo sessions.

Kudos to the District 3233 team for coming up with this concept!



## RCCT in 3233



From RCCT, we had incoming President Rtn Venkatesh, AG PP Rtn Satish Jupiter, PP Rtn Krishnachander, PDG Dr N. Nanda kumar and President Nominee Rtn Dr Sumedha, in attendance.



# RCCT in the news

VOICE OF RID 3233 | DECEMBER 2024

## Women in Leadership: Breaking Barriers & Shaping the Future

**Rtn. Dr. Sumedha Nandakumar**  
*Imagine Year First Lady, RID 3232  
Past Secretary, President Nominee  
Rotary Club of Chennai Towers*

In a world often considered to be male-dominated, I've observed that leadership positions across politics, society, and personal spaces have traditionally been occupied by men. However, as a woman leader myself, I'm heartened to see the gradual yet steady increase in women's representation globally. Through my journey as a dentist, Rotarian, and First Lady of our Rotary District, I've witnessed firsthand how women in leadership positions not only work towards creating an equitable world but also bring unique perspectives that enrich our systems and organizations.

My leadership journey has been profoundly shaped by remarkable women who have inspired me throughout different phases of my life. At home, my grandmother and mother were my first leadership role models, demonstrating the power of resilience and compassion in managing family affairs. Their unwavering strength laid the foundation for my understanding of effective leadership.

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VOICE OF RID 3233 | DECEMBER 2024

## Down the memory lane

### Imagine the Impossible, Achieve the Extraordinary!

**Rtn. Krishnachander**  
*District Secretary - Imagine Year - 2022-23  
Rotary Club of Chennai Towers*

The Imagine year will forever remain an unforgettable milestone in my two-decade Rotary journey. It was a year where the impossible was imagined and achieved on an unimaginable scale, leaving an indelible mark on all of us.

The camaraderie began long before the year started, thanks to the gracious hospitality of PDG Nanda and Sumedha, Deepa and I fondly recall the many dinners at the DG residence, which strengthened our bond with the Imagine Presidents and their First Ladies. My close relationship with Co-DS Shriram Duvvuri, nurtured a year prior, also made our shared journey smoother and more enjoyable.

Every event and project during the year was nothing short of mega-scale. With no rest between milestones, the energy was electrifying.

The visits of international dignitaries, particularly RI President Jennifer Jones, added immense colour and significance. Goa PETS, Mysore SETS, and the grand Sarvam conference stood out as monumental events.

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## Voice of RID 3233

Inspiring articles written by President nominee Rtn Dr Sumedha and PP Rtn Krishnachander about Rotary and service were featured in the issue of December month.





# Achievements



## G.K.Selvaraj

Gutha Krishnan Selvarajan, fondly called GK Sir, Founder of RCCT, is the 19th Grand Master for three years from 2024-2027.

## Rotaract club of Chennai Towers.

The Group Rotaract Meet (GRM) premier bi-annual event of the District Rotaract Council, was held on 22nd December at Good Shepherd school auditorium Nungambakam .

This event unites colleges within Rotary International District 3233 located across Chennai and adjoining districts, paving the way for future leaders to shine. To inspire a sense of friendly competition and team spirit, all the clubs in RID 3233 grouped into six "Houses of Wonders". These houses represent the vibrant and diverse identities of the clubs while encouraging them to aim for excellence.





# Achievements



A perfect mix of infotainment and inspiration - CHASE 2024, seamlessly combines innovation, team spirit, and recognition, into a single impactful event with the IPL theme of the competition.

This year's GRM event was Chaired by Rtr. IPP. Vijay Ram Manikandan from the Rotaract Club of Chennai Towers.

Awards received by Rotaract Club of Chennai Towers at the event ..

1. Best Presentation: Winner in the Community-based Rotaract Clubs Category
2. Best Project Runner for the project 'Anbudan' in the Community-based Rotaract Clubs Category
3. DRR Special Recognition Award
4. Highest registrations for the Event in the Community-based Rotaract Clubs Category



Annette Gokul Karthikeyan, son of Rtn Karthikeyan and Ann Geetha, participated at the 67th National Shooting Championship held at Dr. Karni Singh shooting ranges, New Delhi. He has secured the renowned Shooter Score and is eligible to shoot at the selection trials for the Indian Team. Gokul is ranked All India -1300 among the 16000 shooters who participated this year at the Nationals and ranked 14th in Tamil Nadu state



Annette Netra Karthikeyan, daughter of Rtn Kathikeyan and Ann Geetha, was chosen by the Tamil Nadu Basketball Association to participate at the selection Trials for Chennai District Sub – Junior Basketball Team held at Nehru stadium. She made it to the top 24 selected girls out of 550 players.



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# Special Feature

## Remembering the Prime Minister of India Dr Manmohan Singh ji who passed away on 26th December 2024.

Rotary club of Anna Nagar, which sponsored RCCT, was the first Rotary club in the country that felicitated Dr Manmohan Singh ji with the special award - 'For the sake of Honor award' when Rtn G K Selvaraj Sir, the founder of our club was President of Rotary club of Anna Nagar.

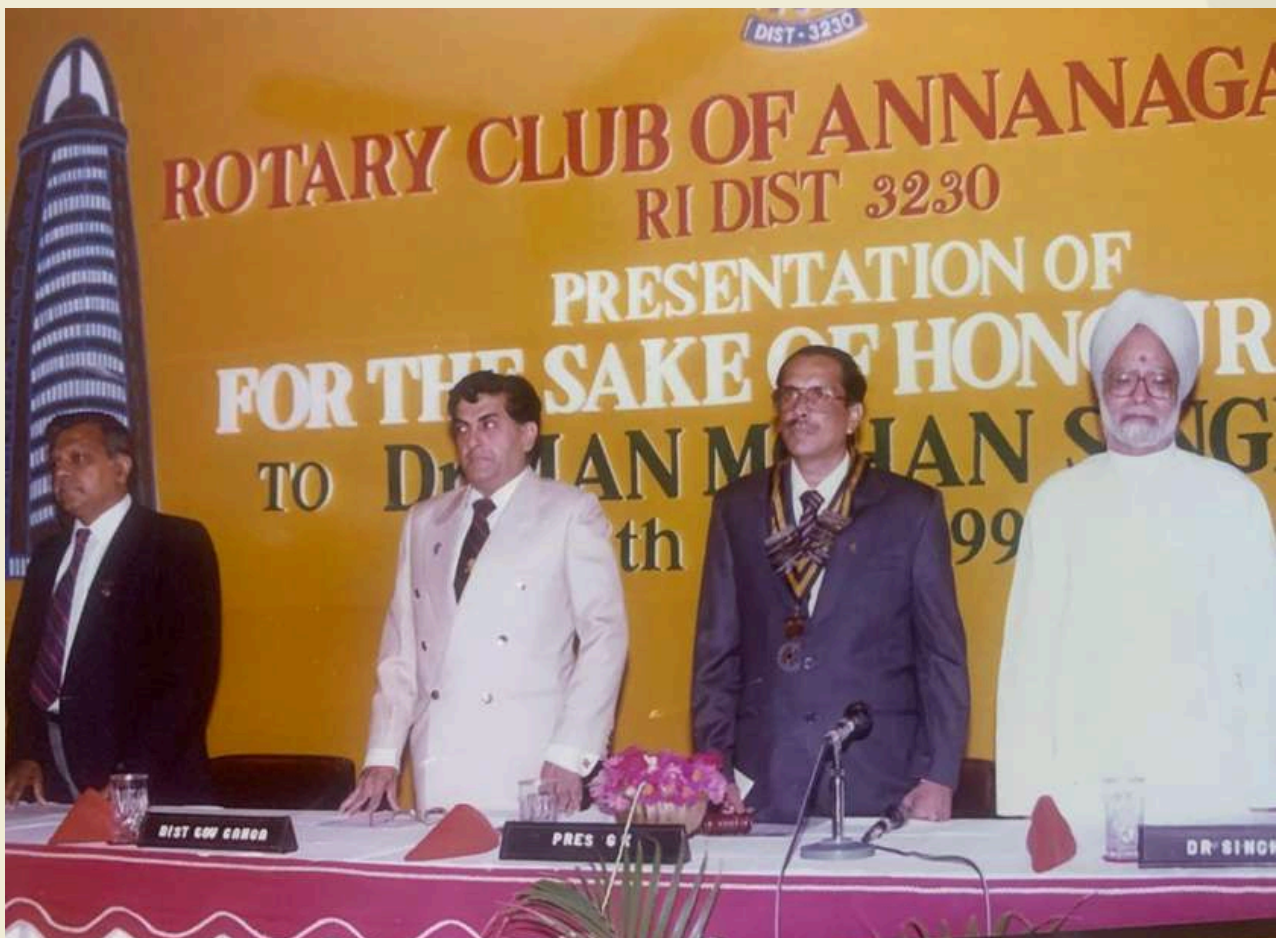
Please read below the excerpts from his Diary entry.

*REST WELL, GENTLE SARDAR!*

*On 18th June 1996, Manmohan Singh ji (who was the Finance Minister of India then), arrived in Chennai to attend a Rotary meeting at the Rotary Club of Annanagar.*

*This was the first ever Rotary Meeting he attended and was kind to accept our humble invitation. On learning that he would be visiting our city, many industrialists, top business men and members of the press tried to contact him and get his appointment for an interview but he declined saying his itinerary would only be decided by the host.*

*After appearing at a Press Conference, he graced the Rotary Meeting and ceremony at Ambassador Pallava, gave a very moving speech with humility and nobility. His simplicity stood out throughout this visit, as he dined together with the members of the Club. He even denied special taxis/limousines to ride in my car. After reaching New Delhi, he sent a beautiful "Thank you" note in his own handwriting, which I cherished for a long time. It was one of the most memorable days of my life!*



# Wedding Anniversaries

RCCT extends warm wedding anniversary wishes to the lovely couples celebrating their special day.  
Congratulations!

Rtn Aarthi Varnasi  
and spouse Ravi



Rtn Kailash Chabria and Ann  
Rithika celebrated 25 years of  
togetherness.



Rtn Hitesh Shah and  
Ann Parul



Rtn Sanjey Ahuja  
and Ann Ektha



# RCCT celebrations



Rtn Hitesh Shah and Ann Parul celebrated the wedding of their daughter Annet Virangi to Shankesh in a beautiful ceremony in December. Best wishes from all of us at RCCT to the newlyweds!





KNOW YOUR ROTARIAN

# Rtn Rukmani



Name: Rukmani

I am also called : Chudi

My family: Big and adorable.

My birthday: 30th July

My profession: Working for a cleaner environment

My strength: Being genuine

My weakness: Trying to please all

Most memorable moment in my life:

Moments in my life are whenever my children outshine

Pastime I enjoy most: Singing

My interests: Soul-searching

My motto: Trying to be a good human being with loads of gratitude

My goal: To make the most of God-given blessings to give back in the best way possible.

## Bulletin Team:

President: Shalin Shah | Secretary: Sanjey Ahuja

Editor: Rtn Padmaja Venketram | Co - editor: Ann Anuradha Prasad