



Ann Marissa, spouse of PDG Hector Ortiz from Pennsylvania, with the Balanethra babies in Radhatri Nethralaya.

At a Glance

- Medical Camps
- Visit to Aavin Milk Factory
- RADAR - 12th Edition
- Village Visit

Regular features:

- RCCT in 3233
- Rotary in the news
- Achievements
- Wedding Anniversaries
- Know your Rotarian



Key dates for December

- 10th - Board Meeting
- 10th - AGM
- 13th - Project Yaazh
- 5th ,12th, 19th, 26th - Project Akshayam
- 19th - Speaker Meeting
- TBA - Wishing Well & Medical Camps



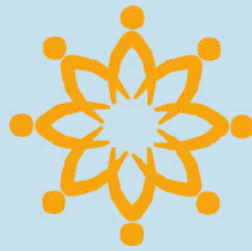
Chartered on 10th June, 1998.
Charter number: 51278



Rtn Shalin Shah
President



Rtn Sanjey Ahuja
Secretary



Community Service: Medical

Director: Rtn. Satish Kandimalla

Medical Camp

for Truck Drivers at LPG Bottling Plant, CPCL, Manali

9th November



Total count -100

- Detected the following:
- Diabetes – 16
- Systemic Hypertension -20
- Hepatitis B - 3
- Hepatitis C –Nil

With Chennai Liver Foundation

Rtns Pravin, Sapna, Rukmani, Ann Manasa and Annets Rakshita and Rachel, supported Rtn Satish Kandimalla at the camp.



Medical Camp

Ennore Cargo Container Terminal
14th November



Total Count: 109

Detected the following:

Diabetes: 28

Systemic Hypertension: 14

Hepatitis B: Nil

Hepatitis C: Nil

With Chennai Liver Foundation



Medical Camp

Montfort Community Development Society Centre, Chennai.

15th November



Total Count: 115

Detected the following:

Diabetes: 42

Systemic Hypertension: 9

Hepatitis B: Nil

Hepatitis C: Nil

With Chennai Liver Foundation & Equitas



Medical Camp

B.V.Victory Nursery and Primary School, Tiruvottiyur.

24th November



Total count - 112

Detected the following:
Diabetes -14
Systematic Hypertension -16
Hepatitis B-Nil
Hepatitis C- Nil.

With Chennai Liver Foundation



RADAR

14th November



Radhatri Nethralaya Diabetic Retinopathy Project, in association with Rotary, is a month-long free Artificial Intelligence (AI) based screening for Diabetic Retinopathy.

On November 14th, the 12th edition of this project was launched at Radhatri Nethralaya, on the occasion of World Diabetes day. It was inaugurated by Prof Dr. Mani, Dean of Omandurar Medical College and Rtn KV Sundaram, CEO of Universal FABCO, under the aegis of Rotary Club of Chennai Towers. The dignitaries released pamphlets to promote awareness on Diabetic Retinopathy to be distributed amongst the public.

Thirty medical students and five school students from KRMM School, Gandhi Nagar, Adyar, were given certificates "Yuva Nethra Jyoti" - Youth Vision Ambassadors, who would promote awareness about Diabetic retinopathy in the community.

Demonstration of how vision could be impaired in diabetic retinopathy using customised glasses and a novel artificial intelligence (AI) based retinal camera to detect diabetic retinopathy in less than a minute, was done.

This camera would be employed for detection of diabetic retinopathy in public places, parks, urban slums over the next one month.







A visit by PDG Hector Oritz

27th November



PDG Hector Oritz from Pennsylvania, along with his Ann Marissa, visited Radhatri Nethralaya on 27th November. They interacted with the beneficiaries of Project Balanethra. A presentation was made by PP Rtn Dr. Vasumathy and Rtn Dr Vignesh Pushpraj about Balanethra, our signature event and Scoliosis Project respectively.

Ongoing projects: Balaneethra



Eight babies were saved from blindness under Balaneethra in November.

Thanks to PP Rtn Dr Vasumathy and spouse Dr Praveen of Radhatri Nethralaya for the laser surgeries.

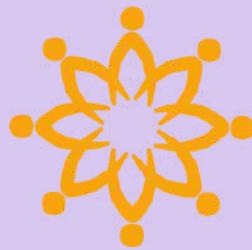
These surgeries are part of Rtn Anandakrishnan's contribution to save hundred babies, for this Rotary year.



TANKER Foundation



Rohini Menon, Vasanthi and Latha Kumarswami, members of Tamilnadu Kidney Foundation, were invited on November 14th, for the speaker meeting, to brief us members, about RCCT's Dialysis project, which was inaugurated in 2019. They informed us that with the support of RCCT in the last five years, more than nine hundred and fifty patients have been treated. They were thankful for the support from RCCT through the years.




Community Service: Non Medical


Director: Rtn. Rukmani

Akshayam

To feed the needy



The President and members of Rotary Club of Chennai Towers RI District 3233 cordially invite you to



Akshayam

A project to feed the needy


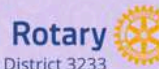
We're inaugurating the weekly feeding of the attendants of patients in Adyar Cancer Institute
12 noon to 12:30 p.m
Thursday, 7th November 2024
Vishranthi Graha, Ground floor hall,
Cancer Institute, Adyar

This will continue every Thursday, same time in the same venue, for the rest of this Rotary year.

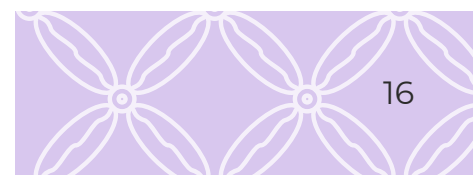
Rtn. Shalin Shah
President

Rtn. Sanjey Ahuja
Secretary

Rtn. Rukmani
Director, Community Service



We inaugurated our monthly Project Akshayam, at Adyar Cancer Institute inauguration on 7th November. This will be an ongoing, weekly distribution of food packets to the attendants of patients in Adyar Cancer Institute, every Thursday. The venue is the ground floor hall in Vishranthi Graha, Cancer Institute, Adyar.







Aaroghyam

Providing snacks to government school students

18th November



We served healthy snacks to the students at the Government Higher Secondary School in Ashok Nagar, Chennai.



Vocational Service

Director: Rtn Samuel Mathew

Industrial visit to Avin Milk Production factory.

Madhavaram Chennai.

9th November



Mr. Anbarasu, the DGM of the Avin factory welcomed us, the members of RCCT and took us on an insightful tour, of the facility. This visit opened our eyes to a comprehensive understanding of milk processing and packaging procedures.

Few amazing facts about the factory

- The plant was constructed in 1959, at the cost of Rs 29 lakhs
- New Zealand shared the technology and contributed 15 lakhs, out of the 29 lakhs
- Two of the storage tanks initially installed, are going strong after 75 years (At 40 lakh litres capacity)
- Chennai consumes 15 lakh litres of milk everyday
- The Madhavaram plant supplies to North Madras, while two other plants supply to other parts
- Avin procures milk at Rs 38 per litre and sells the blue pack at Rs 35 per litre
- It's an independent body where top two officials are appointed by Government while others are company appointed
- The company incurs loss of 270 crores annually - it's subsidised by Government
- Members also received many health tips including the importance of drinking milk everyday







Literacy

Retinopathy Deduction workshop

14th November



Five class 11 students from Kumararani Meena Muthiah Matric Higher Secondary School, Adyar, attended the Retinopathy Deduction Workshop, using Artificial Intelligence, in the 12th edition of the RADAR project.

Rtn Vasumathy and her team explained clearly about Retinopathy and got the students to use the equipment. Students were taken around the hospital and were explained about eye surgery.

Book Donation Drive Project

18th November



Over two thousand five hundred books were donated by our members in various categories.

They were segregated and sorted at the residence of PP Rtn Srikmara and Ann Manasa. Literacy Avenue director Rtn Dr Vignesh along with his family, Anns and Annettes enthusiastically participated in the event. These books will be donated to various school/ college and public libraries.






Club Service

Director: Rtn Anandhakrishnan

Speaker meeting

at Taj Connemara Chennai

14th November



The President and members
of Rotary Club of Chennai Towers
RI District 3233
cordially invite you to the

Speaker Meeting

Speaker:
Thiru T.S. ANBU IPS
Inspector General of
Police Crime branch, CBCID
*(He also holds a full additional charge of
Additional Director General of Police Crime
Branch, CBCID)*



**Topic: White-collar offences &
Cyber Crime**

On Thursday 14th November, 2024,
@ 7.00 pm
at Taj Connemara, Chennai
(For Rotarians & Anns only)

Rtn. Shalin Shah
President

Rtn. Sanjey Ahuja
Secretary

Rtn Anandkrishnan
Director Club Service



White collar offences and Cyber Crime was topic of this meeting. Speaker was Thiru T.S. Anbu, IPS - Inspector General of Police, Crime branch CBCID. He also holds a full additional charge of Additional Director General of Police, crime branch.

It was an enlightening speech on how fraud, embezzlement and hacking have gained significant traction in recent years. He explained the various modus operandi of the hi-tech cyber criminals these days and shared tips on how to stay vigilant and protect ourselves.



VILLAGE TRIP - EDAIYAR

30th November – 1st December



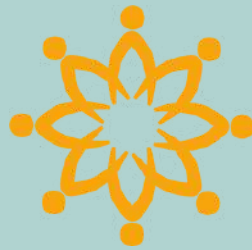
We had an exciting overnight trip to Vizhupuram and Edaiyar, chasing Cyclone Fenegal. The trip was meticulously planned by Club Service Director Rtn Anand and Ann Saranya, despite the challenging weather conditions. The homemade-style live counter food was an absolute delight, the temple visit was particularly special, leaving the members feeling blessed and at peace. This trip was a perfect blend of excitement, spirituality, and fun.











Rotary Foundation

Chair: Rtn. Sumedha Nandakumar

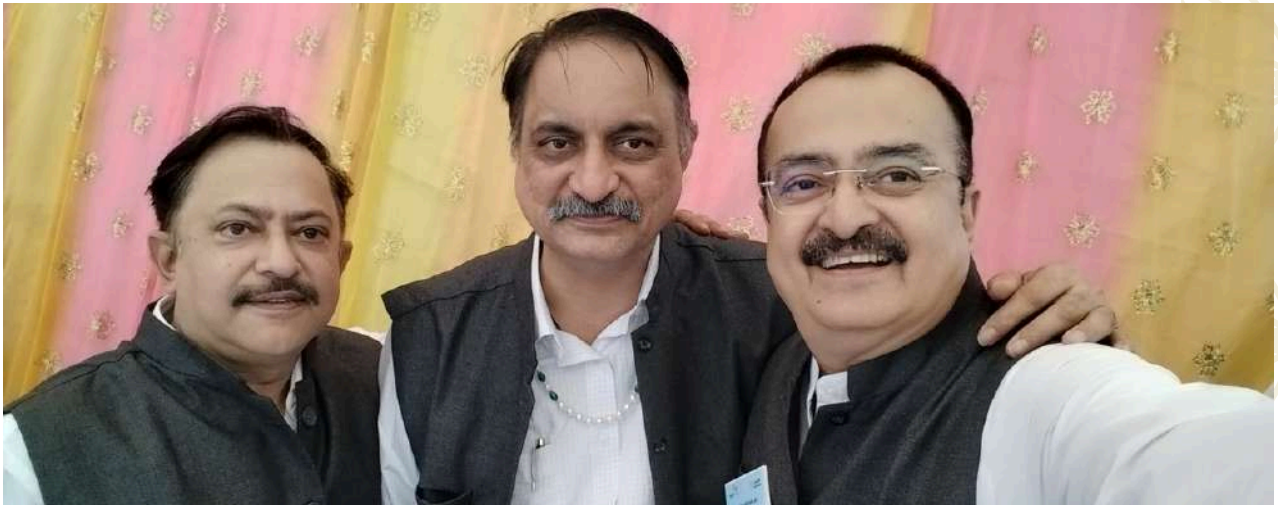
Polio Fund



With contribution from all our members, the Polio Fund cheque was handed over to DRFC Rtn Neel along with the name list of members of our club.



RCCT in 3233



Conclave of Past Presidents of Rotary District 3233 was held on November 10th at Mohan Gardens Korattur .

RCCT in 3233

Kathavastra 2.0



Ann Anuradha was awarded Certificate of honour at the Kathavastra 2.0 Awards: Weaves of District contest, organized by Rotary Club of Madras Mount on 8th November at Alumni Club of Anna university, Boat club Chennai.

RCCT in 3233

IFCR



The International Federation of Cricket Loving Rotarians (IFCR) conducted the Rotary Champions League - Season 3, a competitive and festival cricket tournament at Bangalore from 8th to 10th November.

Rtns Shyam and Satish Reddy played for team 'Chennai Friends', and went on to win the Platinum Cup. Rtn Satish Reddy had the highest batting score of 119 in 4 matches.

PP Rtn Eashwar and PP Rtn Ramkrishna Mani played for team 'Chennai Veterans' in the Festival Tournament and were the runners up for the Platinum Cup.

RCCT in 3233

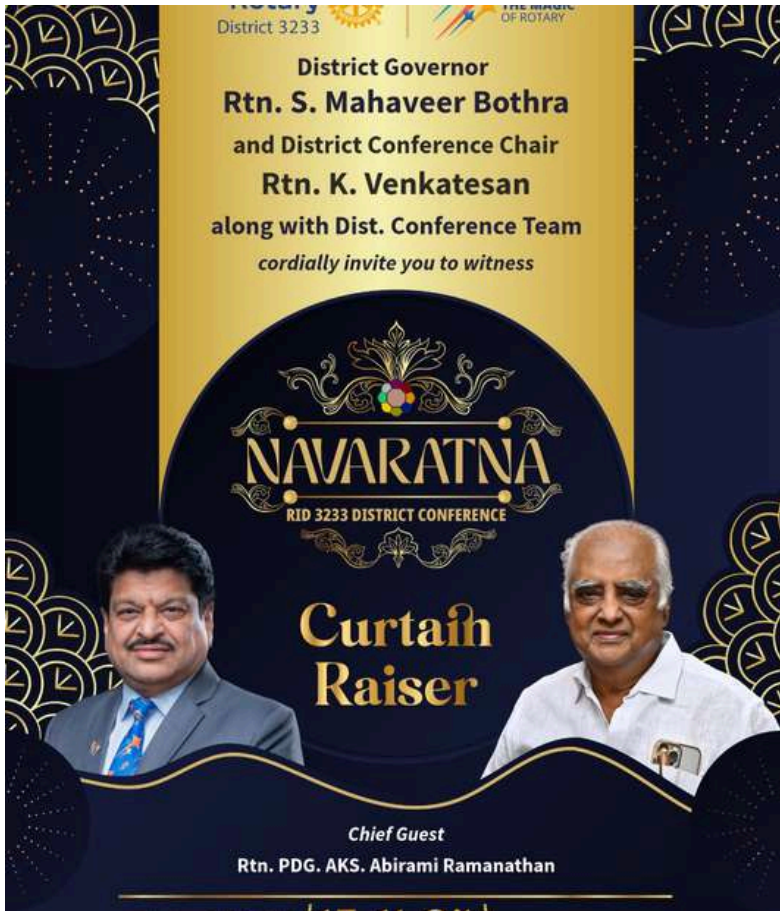
Dance of District Finals



Annet Sushmita, daughter of Rtn Dr Vignesh Pushpraj and Ann Dr Runitha, won the First prize in the Junior category of Dance of District. She also won First prize in the District Group Dance along with her team.

RCCT in 3233

Navaratna - Curtain Raiser



Navaratna - curtain raiser of District Conference, RID 3233 was organised on 15th November at Hotel Green Park. The chief guest for the occasion was Rtn PDG AKS. Abirami Ramanathan. The conference registration chair for the year 2024-25 is PP Rtn Rajesh Narang from our club.

RCCT in the news

RADAR

Radar event was covered in the local and regional newspapers of the city



Free Diabetic Retinopathy camp

The 12th annual Project RADAR (Radhatri Nethralaya Diabetic Retinopathy Project in Association with Rotary) which is a month long Free Diabetic Retinopathy screening for the public was launched at Radhatri Nethralaya on the occasion of World Diabetes day. It was inaugurated by Prof Dr Mani, Dean Omandur Medical college and Rtn KV Sundaram, CEO Universal FABCO under the aegis of Rotary Club of Chennai Towers. The dignitaries released pamphlets to promote awareness on Diabetic Retinopathy to be distributed amongst the public and gave away certificates to 30 medical students and school students who were present certifying community.

Dr. Vasumathy Vedantham, medical director, Radhatri Nethralaya gave a presentation on Diabetic Retinopathy and demonstrated how vision could be impaired in diabetic retinopathy by means of customised glasses. Dr. Praveen Krishna, medical director Radhatri Nethralaya said that for every five years of diabetes, the incidence of diabetic retinopathy is doubled and hence diabetic patients should get their eyes examined at least once a year.

Dr. Vasumathy demonstrated the use of a new artificial intelligence (AI) based retinal camera to detect diabetic retinopathy in less than a minute without dilatation.

Dr. Praveen Krishna, medical director Radhatri Nethralaya said that for every five years of diabetes, the incidence of diabetic retinopathy is doubled and hence diabetic patients should get their eyes examined at least once a year.

Dr. Vasumathy demonstrated the use of a new artificial intelligence (AI) based retinal camera to detect diabetic retinopathy in less than a minute without dilatation.

For News / Events in Anna Nagar NEWS Contact 42172423



Project RADAR inaugurated

The 12th annual Project RADAR (Radhatri Nethralaya Diabetic Retinopathy Project in Association with Rotary), a month-long free diabetic retinopathy screening for the public was launched at Radhatri Nethralaya on Thursday. It was inaugurated by Prof Dr Mani, dean, Omandur Medical college, and Rtn KV Sundaram, CEO Universal FABCO under the aegis of Rotary club of Chennai Towers. Dr Vasumathy Vedantham, medical director, Radhatri Nethralaya, gave a presentation on Diabetic Retinopathy. Pamphlets to promote awareness on the disease was distributed.



Achievements



PP.Rtn Dr. Vasumathy was recognised by South Madras Club, for giving a lecture to the public on the use of Artificial Intelligence AI in ophthalmology particularly Diabetic Retinopathy and Glaucoma.

Dr Praveen Krishna, spouse of PP.Rtn Dr Vasumathy and the Medical director of Radhatri Nethralaya, was recognized by Tamilnadu Jain Sangh for the charitable activities of the hospital on 11th November.





Achievements



Rtn Shyam was the Man of the Match at IFCR Bengaluru - Season 3

Rtn Satish Reddy had the highest batting score of 119 in four matches in the same tournament.





Rotary events around the world

Source : Book written by Rtn N. Bhaskaran Pillai

Arch C.Klumph was the first Rotarian who suggested endowment fund for Rotary.

The Rotary Club of KANSAS city, Missouri USA, made the first contribution of US\$ 26.50 to the Rotary Foundation and today it is one of the top 50 contributors of USA with more than a million plus charities

An Indian Rotarian's Largesse to TRF

Dakoju Ravishankar, PP Rotary Club of Bangalore, donated 70% of his hard-earned wealth. He donated a whopping INR one billion, the highest ever individual contribution TRF has received till date .

Wedding Anniversaries

RCCT extends warm wedding anniversary wishes to the lovely couples celebrating their special day. Congratulations!

Rtn Dr Vignesh Pushparaj
with spouse Ann Dr Runita



PP Rtn Dr Vasumathy
and spouse Dr Pravin

Rtn Venkatesh and Ann
Anitta



KNOW YOUR ROTARIAN



Rtn Adithya Roongta



Name: Adithya Roongta

I am also called : Adi

My family: My father Shri Ram Autar Rungta, Mother Smt Kusum Roongta, Spouse Swaati Roongta, son Aggastya Roongta and daughter Sahana Roongta

My birthday: 07.09.1976

My profession: Railway Contracts | Contract Mfg of Wood Panels | Bespoke Leisure Villas, Cabins, Meeting Rooms

My strength: Family & Friends

My weakness: Food & Beer

My Asset: Head strong & a resolve to keep moving forward

Most memorable moment in my life:

One too many. I believe in living in the moment & making that moment the most memorable

Past time I enjoy most: Sit with besties and levitate or binge watch OTT series

My interests: Reading, traveling, exercising, sports , service , mysticism, occult sciences, adventures.

My motto: It ain't about how hard you hit.. It's about how hard you can get hit & keep moving forward

My goal: Retire in the hills amongst nature, books, solitude & intoxicants

Bulletin Team:

President: Shalin Shah | Secretary: Sanjey Ahuja

Editor: Rtn Padmaja Venketram | Co - editor: Ann Anuradha Prasad