



Rotary District 3233 | UNITE FOR GOOD

ROTARY CLUB OF CHENNAI TOWERS
IN SERVICE SINCE 1946

TOWERS TIMES

Bulletin of Rotary Club of Chennai Towers
Volume 28 Issue 9



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Chartered on 10th June, 1998.
Charter number: 51278



Rtn. Venkatesh R
President



Rtn. Dr. Vignesh Pushparaj
Secretary



Community Service Development

Director: Rtn. Rojarajan

Akshayam @ Cancer Hospital

Project Akshayam continues its service at Adyar Cancer Institute every Thursday, providing 1,000 meals through March. Thanks to all our sponsors and volunteers for their support

5th March 2026



12th March 2026



19th March 2026



26th March 2026



Akshayam 365



Akshayam 365



Akshayam 365



Sathyamangalam

8th March 2026

Spouse Prithviraj

“In my opinion, one of the most deserving projects, worthy of our support.” President Rtn. Venkat’s summary of a joint project done along with the Rotary Club of Sathy Tigers along with Rotary Club of Chennai Towers at a government school for tribal children in the village of Gettasal, Sathyamangalam.

A legacy project that connects dating back to 2018 at the very same school during President. Rtn. Gopal’s tenure. Thus, for many of us a nostalgic revisit and echo of the sentiment put forth as among the most deserving projects.

What makes it so? A good 460 odd kms away from the comfort of Chennai. Tucked away in the recesses deep in the forest area of Sathymanglam Gettasal village probably is not the destination that one will find google maps. The home to tribal communities that often lack access to basic services, such as water, sanitation, and health care. Due to their geographic and social isolation, they often miss out basic facilities that we take for granted.

Since our first project in 2018 when the first project was to make life for students in the hostel more bearable providing them with geysers and blankets ensuring warmer beds and inculcating bathing habits which otherwise would be challenging in the cold winter months.

After learning from RC Sathy club about the travails of water shortages, RCCT decided to install a deep bore well and pump to ensure continuous water supply to the school, in an environment that is more hygienic with access for good drinking water. Through this project RCCT believes that it will help the school navigate their water and sanitation needs.



“A smile is worth a thousand words”

During a brief interaction with the children of the school, we had first hand real world connect with the aspirations that they have, many wanting to become police officers, teachers and IAS officers. These aspirations and dreams deserve all the encouragement that meaningful project can give. The smiles of these children conveyed warmth, and the connection far more powerful than words can.

President Venkatesh addressed the gathering largely, the children & staff of the school apart from Rotarians from Chennai Towers & Sathy Tigers. Rtn. Vignesh delivered a heartwarming speech encouraging the children to voice their aspirations, followed by Rtn. Gopal’s brief address that was “inspirational & future-oriented” through which he planted seeds of responsibility and belonging in young minds.

It’s not just about telling children what the school hopes for; it’s about inviting them to imagine themselves as custodians of its legacy when they grow up.

Thus, it should in all right ways be made into a continuous legacy project of RCCT that takes us out of our schedules, our deadlines away from everything (barely any signals in the village) and the ROI is attractive, immense gratification to all of us in RCCT. A sustained plan to share the profound impact of such projects on far flung remote communities with transformative potential should bring greater satisfaction to each individual member of our club.

Joint project with other clubs

Such joint projects act as a catalyst for nurturing and strengthening relationships. Working with a club geographically distant creates a positive and supportive environment that fosters trust and understanding. We step out of our environment through such interpersonal connections. Such projects can be the platform that foster healthier relationships. “Unity for good”

RC Sathy Tigers donated lunch plates and stationary to the children of the school

We distributed 140 backpacks to Forest Department Staff at Thalamalai Forest Range Office, Sathyamangalam.

It was a joint project with the following clubs

Rotary Club of Chennai Towers – RI District 3233

Rotary Club of Sathy– RI District 3203

Rotary Club of Thalavadi Hills – RI District 3203

Rotary Club of Chamarajanagara Silk City – RI District 3181

Rotary Club of Kunnathur – RI District 3203

Rotary Club of Sathy Tigers – RI District 3203

Special Guests at the project :

R. Ravichandran, Forest Range Officer, Thalamalai Forest Range, Tamil Nadu Forest Department

Rtn. MPH. UTHAMRAJ M. P., Deputy Trainer – RI District 3203

Rtn. MPH. V. Sundaram, Assistant Governor – RI District 3203

Presidents & members of the respective clubs.









Community Service Medical

Director: Rtn. Dr. Vivek Shanmugam



General Medical Camp

1st March 2026

Palayanur Government School, Tiruvallur

No of Patients - 88

Diabetes - 20

Hypertension - 9

Hep B - Nil

Hep C - Nil



General Health Camp

7th March 2026

Ambedkar Welfare Association, Nungambakkam

No of Patients - 60

Diabetes - 8

Hypertension - 1

Hep B - Nil

Hep C - Nil



General Medical Camp

7th March 2026
Swathi Mahal, Chennai

No of Patients - 51

Diabetes - 15

Hypertension - 9

Hep B - Nil

Hep C - Nil



General Health Camp

15th March 2026

Evangelical Mission Church, Chennai

No of Patients - 80

Diabetes - 2

Hypertension - 2

Hep B - Nil

Hep C - Nil



General Health Camp

18th March 2026

Laljee Godhoo & Co, Ambattur

No of Patients - 131

Diabetes - 3

Hypertension - 10

Hep B - Nil

Hep C - Nil



General Health and Hepatitis Camp

25th March 2026

Indus Coffee Pvt Ltd, Tada

No of Patients - 126

Diabetes - 8

Hypertension - 5

Hep B - 1

Hep C – Nil



General Health and Hepatitis Camp

26th March 2026

Indus Coffee Pvt Ltd, Tada

No of Patients - 165

Diabetes - 9

Hypertension - 3

Hep B - Nil

Hep C - Nil



General Health and Hepatitis Camp

27th March 2026

Indus Coffee Pvt Ltd, Tada

No of Patients - 208

Diabetes - 8

Hypertension - 5

Hep B - 4

Hep C - Nil



Ongoing Projects



Dialysis

ICH Dialysis Centre

No of kids – 12

No of dialysis – 124

Retteri Dialysis Centre

No of Patients – 45

No of Dialysis - 475



Balanethra

Balanethra - Free laser surgery was done for 12 babies in March



Balanethra

Rtn Arvind U Gopikumar, Past District Governor, IPDG, R I District 3300, Malaysia and Rtn Bharat Gopasaria, DRFC, R I Dist 3300, along with the President and members Rotary club of Chennai Towers, visited Radhatri Nethralaya and interacted with global grant beneficiaries of Project Balanethra: which offers free vision preserving laser surgery to preterm babies of underprivileged parents







Club Service

Director: Rtn. Samuel Mathew



COLS – Club Officers Learning Seminar

8th March 2026

Past President Rtn Satish Jupiter

An inspirational, insightful, interactive, interesting, impactful Club Officers Learning and New Members Orientation Seminar COLS 2026 was organised for the incoming board members of the year 2026 – 2027. This was conceptualised and curated by Rtn Dr Sumedha President Elect on the 8th March which also coincides with International Women's day. This session was mainly to give clarity to the board members on their roles and responsibilities

True to the RI Presidential message for the year 2026 – 27 “CREATING LASTING IMPACT” this program did live up to it by leaving an impact on all attendees. Sunday morning was filled with members in themed Rotary T Shirts were all enthusiastic to participate. After a brief welcome address by Rtn Dr Sumedha, the incoming District Governor Rtn Shriram Duvvuri made the opening remarks and shared his thoughts, camaraderie with RCCT and its members

PDG Rtn Dr Nandakumar shared his experiences and spoke about Foundation, roles and responsibilities. We had Rtn Neelakantan DRFC to address about “Positive Club Experience” where he gave some live examples and case studies which was quite interesting. Rtn Sashi District PR Chair spoke about the importance of Public Image and threw light on PR activities and its importance. DGND Rtn Ambalavanan stressed on the importance of Service Projects and membership

Rtn Sriram Raju spoke on the topic “In Pursuit of Excellence”, Charter President Rtn Sabu gave some anecdotes about Legacy of RCCT in early days of its formation which made a good recap of down memory lane for all present. Rtns Rojarajan, Praveen & Krishnachander spoke on Financial Stewardship

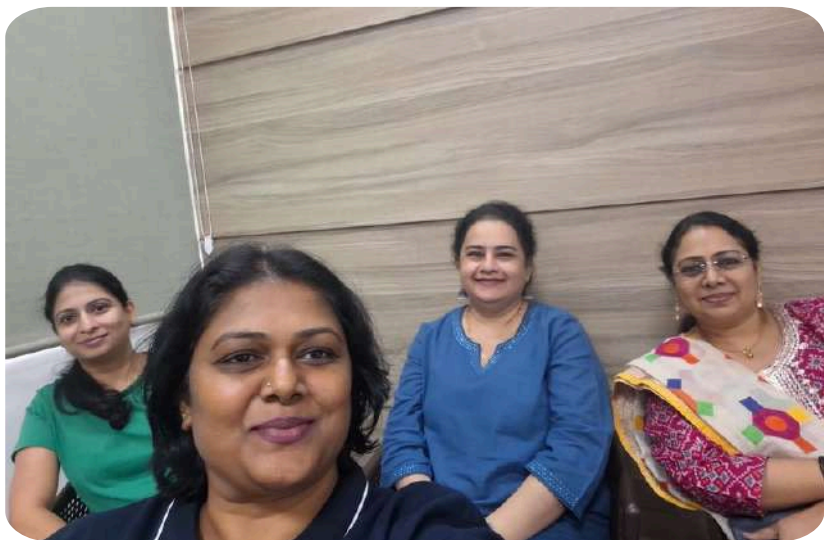


Green Rotarians and newly inducted Rotarians in the past year attended the seminar which will surely help them to understand the functioning of this club. Incoming Secretary Rtn Sam anchored the proceedings while Incoming Joint Secretary Rtn Dr Vivek proposed the Vote of Thanks. Special mention and thanks was accorded to Rtn Dr Vidhyadharan for the venue and facilities extended at Thanc Hospital

Overall it was a Sunday well spent which concluded with a sumptuous lunch. Kudos to Rtn Dr Sumedha for this thought and execution, well done and a great start setting the right tone for an impactful Rotary year ahead!!!!







Speaker Meeting

12th March 2026
Madras Cricket Club

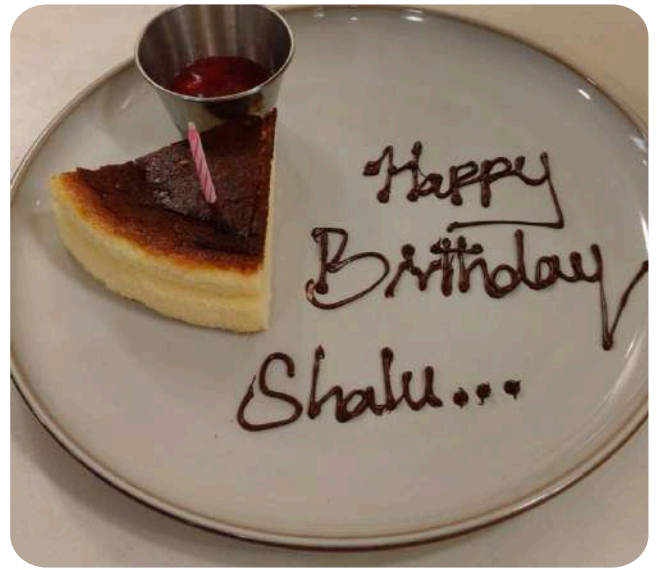




Women's Day

8th March 2026

RCCT women got together at 'The Bask' for a fun evening to celebrate women's day.





Environment

Director: Rtn. Aarthi Varanasi



Session on Waste Segregation

17th March 2026

Kids at Indian Public School, Ambattur learnt how to segregate waste and also do upcycling. Thanks to Rtn. Rukmani from Awcem foundation for conducting a fun and interactive session. She taught them how to use old t-shirts to make bags. They learnt how to think before throwing. Thanks to Ann Nikita for coordinating and organising the session





Vocational Service

Director: Rtn. Sathish Kandimalla

Iron Cart Donation

1st March 2026



RCCT Vocational Awards

26th March 2026

Ann Biju Jayadevan

A Celebration of Purpose and Quiet Impact

Being a charter member, I have always taken immense pride in being a part of the Rotary Club of Chennai Towers. And days like these only deepen that sense of belonging and pride.

The Vocational Service Awards is one such occasion that truly reflects the spirit of Rotary - honoring not just achievement, but purpose, integrity, and service. Year after year, this platform recognises individuals who are deeply deserving, many of them unsung heroes whose work quietly transforms lives. This year's awards stood as a powerful testament to that very spirit.

The evening began on a warm and welcoming note, with our Club President, Rtn. Venkatesh, setting the tone with his address. This was followed by Rtn. Satish Kandimalla, Chairman of the Vocational Service Awards, who shared insights into the thoughtful and rigorous process behind selecting the awardees - reminding us that each recognition carried with it careful consideration and meaning.

We were honored by the presence of our esteemed Chief Guest, Mr. Prasanna Kumar Motupalli, CMD of Neyveli Lignite Corporation, whose address was deeply moving and heartfelt. His words were not just inspiring, but also thought-provoking - leaving each of us with reflections on how we can contribute more meaningfully, both as individuals and as members of RCCT.

The highlight of the evening, of course, was the awardees themselves - each one a powerful reminder of what it means to live a life of purpose. Mr. Nimal Raghavan, fondly known as the "Lake Man of India," inspired us with his extraordinary commitment to environmental restoration, proving how one individual's determination can revive ecosystems and impact millions of lives.



Mrs. S. Padma moved us deeply with her story of honesty and integrity - her simple yet profound act of returning lost jewellery standing as a shining example of moral courage and the dignity of labour.

Mr. Selvakumar, widely known as “Tailor Bro,” demonstrated how a vocation, when driven by compassion, can empower thousands - uplifting women and transforming communities through skill and self-reliance.

Mr. N Silambarasan fondly known as ‘Silambam Silambu’, young achiever is an accomplished silambam exponent and a dynamic young face of this ancient Tamil Martial Art. He has shown how passion and perseverance can reach you to great heights in the chosen field.

And in a moment of great pride, the Lifetime Achievement Award was conferred upon Ms. Leela Samson, whose remarkable journey in the world of Bharatanatyam reflects not just artistic excellence, but a lifetime of dedication to culture, mentorship, and integrity.

Each of their words carried quiet wisdom. Each story held a lesson. Together, they reminded us that being a better professional must go hand in hand with being a better human being - and that even small, sincere efforts can create meaningful change in the world around us.

The evening concluded with a sincere Vote of Thanks delivered by Rtn. Dr. Vignesh, bringing together the essence of the event with grace and gratitude.

As we left the venue, there was a shared sense of inspiration - an unspoken resolve to carry forward the values we had witnessed. Events like these do more than celebrate excellence; they remind us of our own potential to create impact, to serve with purpose, and to grow - not just as Rotarians, but as individuals.











Public Image

Chairman : Rtn. Anand Krishnan

Change-makers get a royal salute from Rotary Chennai Towers



Winners at Vocational Services Award ceremony

CHENNAI: The Rotary Club of Chennai Towers, part of the Rotary International District 3233, honoured individuals from a diverse spectrum at the Vocational Services Award 2025-2026 ceremony at Radisson Blu, Egmore on Thursday.

The event honoured individuals from different fields who transformed their careers to create social impact and who exhibit high ethical standards and professional skills.

Rotarian Satish Kandimala said, "After a vigorous selection process, we shortlist the winners. The profiles include any Indian citizen, preferably from Tamil Nadu, who has done exceptional work in the field and society. Such awards will be a great recognition for the awardees and boost them to march forward. The selection process began in January. Being consistent in their work, vision or service is one of the essential criteria."

Prasanna Kumar Motupalli,

CMD of NLC India Limited, was the chief guest for the event. The stars of the evening include Leela Samson who received the Lifetime Achievement Award; Silambam exponent N Silambarasan became the young achiever in sports; the award for Social Service with Focus on Women Empowerment was feted to Selvakumar from Virudhunagar, who is popularly known as Tailor Bro for devoting his life to financially empower women using tailoring; cleanliness worker Padma received the Epitome of Ethics Icon award for her honesty in returning Rs 45 lakh worth gold to the owners; and Nimal Raghavan, the Lake Man of India won the Environmental Preservation award.

After receiving her award, Padmashri Leela Samson shared, "In the field of art, the journey is always long and tedious. Devotion towards work matters the most. At this moment, I would like to remember my guru, Rukmini Devi Arundale, founder of Kalakshetra."

உகந்ததாக இல்லை. எனவே, மிகுந்த மன வருத்தத்துடன் த.மா.கா. கட்சியில் இருந்து

நான் எடுத்த யுகக் கடவுள் மான முடிவுகளில் ஒன்று. இவ்வாறு அதில் கூற உள்ளார்.

சென்னை டவர்ஸ் ரோட்டரி சங்கம் தொழில்சார் சேவை விருது

ரோட்டரி இன்டர்நேஷனல் மாவட்டம் 3233-ன் ஒரு அங்கமான சென்னை டவர்ஸ் ரோட்டரி சங்கம் சார்பில் ஒவ்வொரு



ஆண்டும் தொழில்சார் சேவையின் ஒரு பகுதியாக, பல்வேறு துறைகளில் தகுதியானவர்களுக்கு விருது வழங்கப்படுகிறது. இந்த விருதுகள், அவர்களின் சாதனைகளை அங்கீகரிக்கும் வகையில் வழங்கப்படும். இந்த ஆண்டுக்கான விருது வழங்கும் விழா சென்னையில் நடைபெற்றது. விளையாட்டில் இளம் வயதில் சாதனை படைத்த என்.சிலம்பரசன், பெண்கள் மேம்பாட்டில் கவனம் செலுத்தும் சமூக சேவைக்காக செல்வகுமார், அறநெறியின் அடையாளமாக திகழும் எஸ்.பத்மா, கற்றுச்சூழல் பாதுகாப்புக்காக சிறப்பான சேவையாற்றிய நிமல் ராகவன் ஆகியோருக்கு தொழில்சார் சேவை விருதுகள் வழங்கப்பட்டன. மேலும் தொழில்சார் சேவை விருதின் ஒரு பகுதியாக வாழ்நாள் சாதனையாளர் விருது லீலா சாம்சனுக்கு வழங்கப்பட்டது. விருது வழங்கும் விழாவில் சிறப்பு விருந்தினராக என்.எல்.சி, இந்தியா லிமிடெட் சி.எம்.டி. பிரசன்னகுமார் மோட்டுபல்லி பங்கேற்றார். மேலும் ரோட்டரி சங்க தலைவர் ஆர்.வெங்கடேஷ், செயலாளர் டாக்டர் விக்னேஷ் புஷ்பராஜ், தொழில்சார் சேவையாளர் ரோட்டேரியன் சதீஷ் கண்டிமல்லா ஆகியோர் கலந்து கொண்டனர்.

MEGA DIGITAL **COLOUR XEROX**
 * அரசியல் பேனர்கள் * திருமண அழைப்பிதழ்

Vocational awards presented

Rotary Club of Chennai Tower, a unit of Rotary International District 3233, organised its annual vocational service award event recently.

According to a press release, N Silambarasan, better known as "Silambam Silambu" from Ponneri was presented with Vocational Service Award - Young Achiever in Sports in recognition of his expertise in martial art, Silambam. The Vocational Service Award - Social Service was presented to Selvakumar, a tailor from Virudhunagar. He has trained a large number of underprivileged women in tailoring with an aim to empower them for a fee



presented with Vocational Service Award - Epitome of Ethics Icon for the prompt return of 45 sovereigns of gold jewellery that she discovered during her duty. The award aims to honour her exceptional honesty.

noured for his work on conservation of lakes. He was presented with Vocational Service Award - Environmental Preservation.

Vocational Service Award - Lifetime Achievement was presented to

RCCT in 3233

Ugadi Celebration

Rotary District 3233 **UNITE FOR GOOD**

Rtn. D. Devendran
District Governor
&
Ann. Archana Devendran
District First Lady
Cordially Invites You to

Ugadi Sambaralu 2026

Celebrating Tradition, Togetherness & Telugu New Year – Paraabhava Nama Samvathsaram

Chief Guest
Sri. Jonnavithula Ramalingeswara Rao
Poet, Lyricist

Guest of Honour
Mr. Pavan Kumar Reddy
Deputy Commissioner of Police
Tambaram Commissionerate

15 Sunday March 2026 **From 8.30 am Onwards**
Venue: Madras Race Club, Guindy

CHENNAI CHOLA
Lead Club - Rotary Club of Chennai Chola

Rtn. A. Venkat Reddy Co-Chair - Ugadi Rtn. Kamal Narendra Chairman - Ugadi Rtn. Manoj Co-Chair - Ugadi
Rtn. V. Balamurugan District Secretary 2025-26 Rtn. Dr. G. Saravanan District Secretary 2025-26





PELS

President Elect Learning Seminar (PELS) at Bangkok, a must for any president who is taking up as a club president.

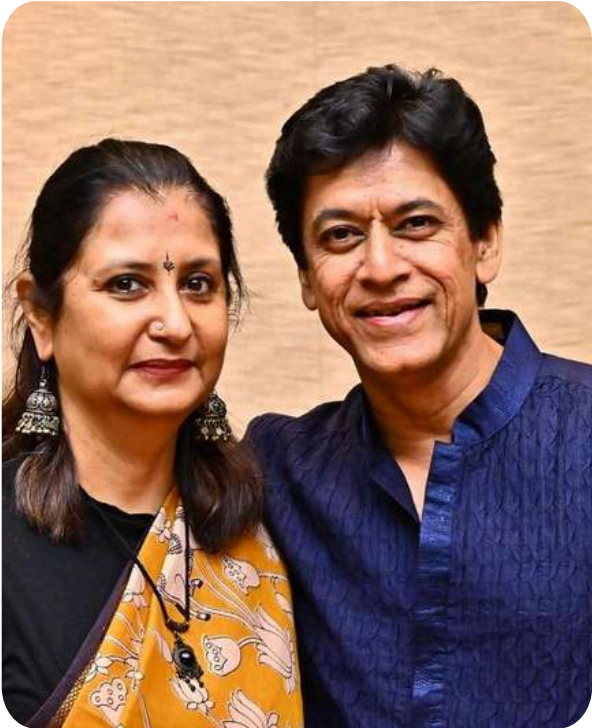
It was a tightly packed 4 days of Knowledge, Bonding, Fun and Fellowship. This enriching journey has laid a strong foundation for a year marked by purposeful planning, seamless coordination, vibrant enthusiasm, and the fulfillment of meaningful goals across RID 3233







Anniversary Celebrations



Rtn Padmaja & Spouse Venketram



Rtn. Krishnakumar & Ann Archana





About Rotary

What is The Rotary Foundation?

The Rotary Foundation is the charitable arm of Rotary International, a global network of over 1.4 million community volunteers. It is a not-for-profit corporation whose mission is to enable Rotarians to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty.

Established in 1917 by Rotary International's sixth president, Arch C. Klumph, it is funded solely by voluntary contributions from Rotarians and friends of the Foundation who share its vision of a better world. It is one of the world's largest and most respected private charitable foundations.

How is it Funded?

The Foundation is funded through the generosity of its supporters. Key points:

- The Annual Fund: The primary source of funding, where Rotarians are encouraged to donate every year.
- The Permanent Fund: An endowment where gifts are invested to provide long-term, stable support for the Foundation's mission. Donors can include the Foundation in their estate planning (e.g., through the Bequest Society).
- PolioPlus Fund: Specific donations dedicated to the global eradication of polio.
- Recognition: The Foundation is famous for its 100% rating on Charity Navigator and similar sites. This is because all administrative and fundraising costs are covered by investment income and a portion of the Rotary World Fund, meaning that every dollar donated goes directly to supporting programs.