



ROTARY CLUB OF CHENNAI TOWERS

ROTARY INTERNATIONAL DISTRICT 3232

23
24

MAY/JUNE 2024 | VOLUME 26 | Issue 11/12

Celebrating our RCCTians



PRESIDENT'S NOTE



Dear RCCT,

Its been one year since I took over as President of this prestigious club . Now it is time for me to sign off and pass on the baton to the next president to carry on what we have been doing for past 26 years,serving the society. Looking back at some of the events like successful fundraising for Smart Vision Glasses project, to the memorable club trip to Srilanka, it has been an interesting and rewarding journey. Our bonding has gotten stronger and sturdier. Nothing could have been accomplished with out my team avenue directors, fellow Rotarians and Anns help and support. All the best to the in coming President Rtn Shalin Shah and team, and wishing them good luck and I am sure they will take this club to greater heights.

Rtn. P.K.Binoy

President

23-24



EDITOR'S NOTE



As the Rotary year 2023-24 comes to an end, I am so overwhelmed with all the excitement and events that made it the perfect potpourri that it was. It was a great learning experience and has helped me to positively transform on so many levels. I've learned so much about focus, dedication, crisis management, people, people's skills, patience, time management, discipline, strength and die hard determination. I also discovered that I was actually passionate about what I was doing! So thank you for starting me on this journey of self discovery!

Firstly I extend my sincere thanks to President Rtn Binoy and Secy Rtn Jayashree for giving me the opportunity and absolute freedom to handle the club bulletin. As the famous saying goes, “ with freedom comes great responsibility “, it was a great opportunity to bring in new ideas and innovations to step up the game. I must say that our concepts were very well welcomed and appreciated by the club, which further encouraged us to do our best.

Secondly I express my heartfelt gratitude and thanks to my team, Anns Anuradha, Priya and Rtr Varsha for their valuable contribution, diligence, commitment and support. Their cooperation and discipline towards the demands of any situation were spot on and consistent. Our brain storming sessions, often under challenging circumstances, hard work despite hurdles, personal challenges, unexpected obstacles were overcome with grit and determination, giving shape to a year of well timed, interesting reads and to a totally unexpected reward, ‘the Bulletin Award’! This was the highlight of our efforts and it felt great to be recognised for all the efforts taken.

Lastly I want to thank ‘our gentle readers’ and contributors (writers) without whose support and encouragement we wouldn't have made it so far. It's easy to get disheartened by circumstances but when you have the solid support of your club members/friends/tribe it makes everything possible. I'm grateful for your encouragement and constant support.

Wishing the incoming president Rtn Shalin Shah and his incredible team a great year ahead!

so long, good tidings to all...signing off...

Ann Alpana, Editor



COMMUNITY SERVICE DEVELOPMENT - MEDICAL

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BLOOD DONATION CAMP PROJECT AT THANC HOSPITAL

The Head and Neck Centre Hospital, Rotary Club of Chennai towers and Victory blood bank conducted a blood donation camp on 14.6.2024 at the Head and Neck Centre Hospital on the occasion of world blood donation day. This project was spearheaded by the CS medical director Rtn Dr Vignesh and was ably supported by Rtn Dr. Vidhyadharan, Ann Mrinalini and their efficient team.

Total number of people who volunteered to donate - 33

Number of people who donated – 24



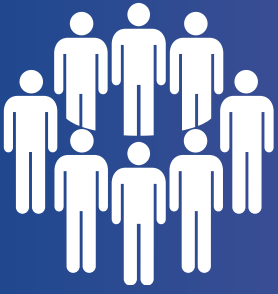
THANC Hospital in collaboration with Victory blood bank and Rotary club of chennai towers

BLOOD DONATION CAMP

VENUE: THE HEAD AND NECK CENTRE & HOSPITAL
747, POONAMALLEE HIGH ROAD,
KILPAUK, CHENNAI - 600010
DATE - 14.06.2024
TIMING- 9am to 1pm

Rtn. Binoy Pillai President
Rtn.K.P. Jayashree Secretary
Rtn.Dr. Vignesh Medical Director





COMMUNITY SERVICE DEVELOPMENT

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AKSHAYAM (MAY'24)

Annette Nidhi Prasad

On May 5th, 2024 a group of RCCT Anns and Annettes conducted the Akshayam project at Foreshore estate. To beat the summer heat, homemade sambar rice, curd rice, along with pickle, laddoo, packaged water bottle, and buttermilk were distributed to the select local community. Fisherwomen, corporation workers, auto-rickshaw drivers, fishermen and others were happy recipients of the packages. Anns Anuradha, Biju, Dr. Runitha and Annette Nidhi conducted this heart warming project. Additional thanks to Rtns Vinod K, Prasad, Eashwar, Padmaja and Anns Anitta, Shobha, Ektha, Dr Runitha, who contributed towards this project. The gratitude and happiness experienced was worth the effort!







AKSHAYAM (JUNE'24)

Ann Anuradha

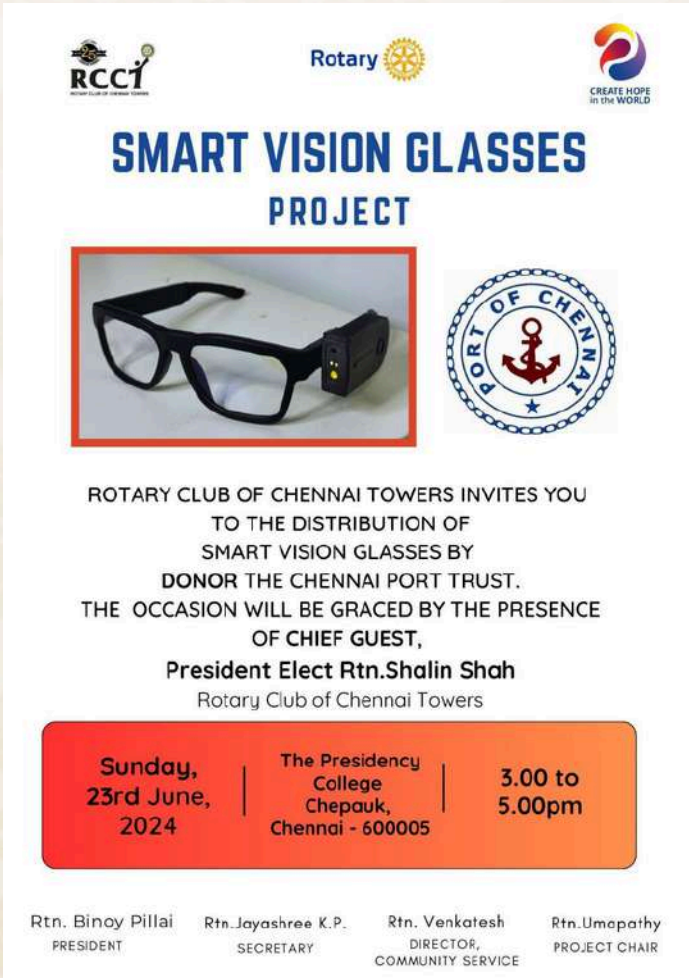
On June 10th as part of Charter Day celebration we completed the Akshayam project at Anna Nagar. The venue 'Anna Nagar Towers Park' holds a special significance as years ago, charter members of our club, to mark significance of the place and give a unique name to our club met near Anna Nagar Towers Park and decided to name our club as Rotary Club of Chennai Towers. Thank you Anns Vidya Biju and Rtn Prasad for your support for the project. We distributed 75 food packets to the needy pavement dwellers, sanitary workers, staff morning walkers, and others as breakfast near the park. Tremendous feeling of gratitude washes over us as we celebrate the consistent efforts to have made this project possible for the entire year. We appreciate all the support from our club members who donated their time, effort and monetary support to make 'Akshayam feeding the needy' project successful and possible throughout the year.



SMART VISION GLASSES PROJECT

June 10, 2024 at Madras Port Trust

Yet another milestone from RCCT! We distributed smart vision glasses in the presence of the Chairman of Chennai Port Trust. We are happy that we are able to make a difference in the lives of the visually impaired individuals by improving their quality of life, using technology at its best.



The flyer features logos for RCCT, Rotary, and the Chennai Port Trust. It includes a photograph of the smart vision glasses and the Port of Chennai logo. The text reads: "ROTARY CLUB OF CHENNAI TOWERS INVITES YOU TO THE DISTRIBUTION OF SMART VISION GLASSES BY DONOR THE CHENNAI PORT TRUST. THE OCCASION WILL BE GRACED BY THE PRESENCE OF CHIEF GUEST, President Elect Rtn.Shalin Shah, Rotary Club of Chennai Towers". The event details are: "Sunday, 23rd June, 2024 | The Presidency College, Chepauk, Chennai - 600005 | 3.00 to 5.00pm". The organizing team includes Rtn. Binoy Pillai (President), Rtn. Jayashree K.P. (Secretary), Rtn. Venkatesh (Director, Community Service), and Rtn. Umopathy (Project Chair).



June 11, 2024 at Federal Bank

1. We distributed smart vision glasses on June 11, 2024, in the presence of Mrs Betty Anthony Deputy Vice President and Regional Head Chennai city region Federal Bank along with staff at the Bank.

2. June 23, 2024 at Presidency College

As part of the Smart Vision Glasses project we distributed the smart vision, glasses at Presidency College June 23, 2024 in collaboration with Chennai Port Trust.



DONATION OF PROSTHETIC LEG

As part of RCCT Community Service, we were pleased to donate on June 10, 2024, the liner material for a prosthetic leg to Mr. Bharathi Kannan, who is a leg amputee. We congratulate him on his self-reliance and wish him the best of luck.



DISTRIBUTION OF GROCERIES

The RCCT Community Service, in partnership with the Women Empowerment Avenue, was delighted to donate groceries to support women conservancy workers and underprivileged women in the slums.

This project was conducted on May 29, 2024 at MANJARI GREEN, Kottivakkam.





VOCATIONAL SERVICE AVENUE MAY - JUNE 2024 | VOLUME 26 | Issue 11

Arpanam trust works to empower women from the lower income strata, by training them and aiding their livelihood. As part of Vocational Services, RCCT sponsored sewing machines to two women from Arpanam trust, so that they can earn some money through tailoring and become economically self-reliant. Thanks to President Rtn. Binoy for handing over the machines to the women on June 20, 2024. Special thanks to Rtn. Jayshree and Ann. Mala for identifying this project.







YOUTH SERVICE AVENUE

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GOBURANGAL SAAIVATHILLAI - ROTARCTORS CONFERENCE

Rtr Urmila

“Goburungal Saaivathillai” was the 11th District Rotaract Representative visit of Rotaract Club of Chennai Towers. We had a warm greeting, invocation, collaring and secretarial report presentation by Rtr.Urmila Kalesh and a gratitude speech by Rtr. Pres Vijay Ram. Following which we had awards presentation, within and outside the club to recognise the efforts of the Rotaractors.

Rtr. PP Vignesh introduced the newly elected President and Secretary. Followed by the speeches of Special invitee, Rtn. Shalin Shah, Guests of Honour Rtr. PHF PP Sanjana Varma and Rtn PP Krishnachander and Chief Guest Rtr PP Essaki Sekar, we were overwhelmed with their insightful speeches.

Rtr.Urmila delivered the vote of thanks and the guests were felicitated with token of appreciation. The evening ended by Rtr Vijay Ram adjourning the event.



Rotaract Club of Chennai Towers
Sponsored by Rotary Club of Chennai Towers
Rotary International District 3232

Proudly Presents

Goburungal Saaivathillai

THE 11TH DEER VISIT

GUEST OF HONOUR

Rtn. P.P. KRISHNACHANDER

Rotary Club of Chennai Towers

DEE CEE MANOR, T NAGAR
18th MAY, 2024 | 01.30 PM | SATURDAY

Rtr. Vijay Ram M. President 23-24
Rtr. Porkodi K. Event Chairperson
Rtr. IPP. Janaki S. Event Secretary
Rtr. Urmila Kalesh Secretary 23-24





WOMEN'S EMPOWERMENT

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DONATION OF WET GRINDERS

Ms Vasanthi, who suffers from polio in her legs, has set her ambition to raise her daughter in a holistic manner. To support her dream, she decided to earn money by grinding idli batter and selling it. Understanding her physical disability, nearby small tiffin shops have agreed to collect the batter from her doorstep.

Recognizing her determination and entrepreneurial spirit, RCCT stepped in to offer substantial support. On May 18, 2024, RCCT, known for its commitment to community welfare and empowerment, donated a commercial wet grinder worth Rs. 50,000 to help Vasanthi achieve her goal. This generous donation not only assists Vasanthi in her business but also reflects RCCT's dedication to enabling individuals with physical disabilities to lead independent and fulfilling lives.



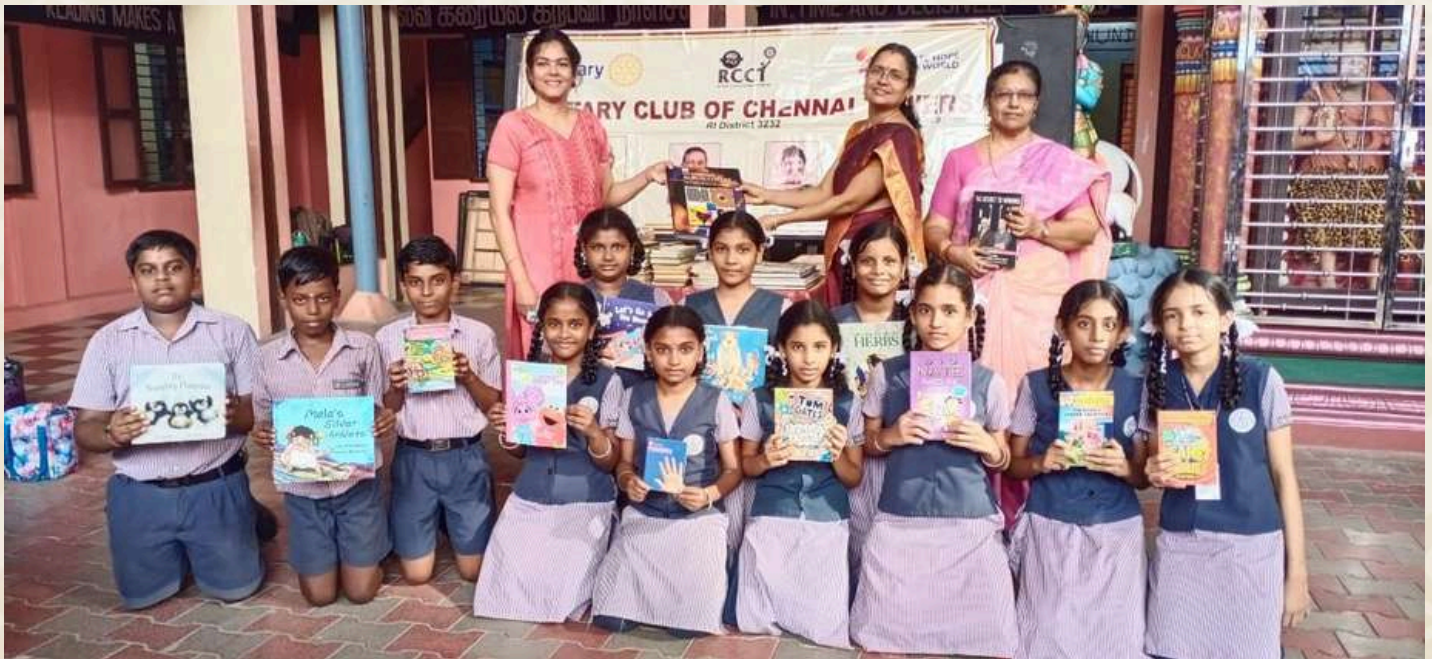


LITERACY

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BOOK DONATION

The Literacy avenue director, Rtn Rukmani on behalf of Literacy Avenue, donated books at Sri Sankara School Thiruanmiyur. Thanks to contribution by Ann Mala, the books were received with thanks and will aid in the development of their school library.





CLUB SERVICE

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FELLOWSHIP AND CHARTER DAY CELEBRATIONS

PP Rtn Sabu

The 26th Charter Night of RCCT was celebrated on June 14th at the GRT Grand Hotel. It took me to the memories of the past when on June 10th 1998 the Charter of the club was presented to me as a newly formed club. Since then the club has grown in strength and stature as one of the premier clubs in the district. The bonding and camaraderie among the members continues to be vibrant and strong while projects worth several crores of rupees have been executed, benefitting many 1000's of under privileged section of the society. The Charter night celebrations was well attended and lively with DJ music and excellent fellowship and a sumptuous dinner hosted by Rotarians Pres Binoy, Dr. Rajkumar, Hitesh Shah, Praveen, Samuel Mathew, Dr Vignesh and Rojarajan.







SPEAKER MEETING AT THE PRESIDENCY CLUB

PP Rtn Mani

June 26, 2024 marked the last speaker meet of RC Chennai Towers for the Rotary year 2023-24, with a good crowd in attendance. President Rtn Binoy was collared by PP Rtn Mani and he thanked everyone for the support given during his tenure.

Once again our club service director, Rtn Vinay came up with an amazing idea of getting ‘The Blissful Navigator’, Ms.Pooja Bardia who explained in detail about the Chakras in a human body and their significance.

Pooja, a professionally qualified CA with 14 years’ experience, successfully transformed her passion into her mainstream profession, she has evolved as a ‘Certified Life Coach’ and Energy Healer, her wish and soul's objective is to transform lives. In shaping her own journey and becoming the best version of herself, she changed her way of life and aligned herself with her divine purpose.

We were given to understand that there are 7 Chakras but in reality there is more the 110 Chakras in the human body. Some of the most important takeaways from this enlightening session was that ‘Comfort’ mode is the most important to heal and refresh your chakras and “Trauma is not our fault, but Healing is our responsibility”. The members had a great interactive session getting their chakras cleansed and interacting with the interesting speaker for the evening.

This was followed by a live streaming of the world T20 semi-final match between India and England on the big screen. Needless to say there was a wide array of delicious food and beverages to keep the spirits going.

An amazing evening spent celebrating friends and camaraderie that is the glue that binds RC Chennai Towers together. A fitting adieu to the year end and cheers to the new Rotary year 2024/25.

Cheers to new beginnings, looking forward to yet another fruitful and exciting year ahead.



RCCT SPEAKER MEET

POOJA BARDIA
Awaken Your Chakras
Unleash Your Power

27 th , Thursday, 7 PM
Presidency Club
Egmore, Chennai 600008

President: Rtn. Binoy Pillai
Secretary: Rtn. Jayashree K P
Club Service: Rtn. Vinay Asrani





MUSICAL CONCERT AT TEACH AUDITORIUM TARAMANI

On June 30, 2024, a grand musical concert was organised by Miduni, in support of various projects of RCCT. This was a tribute to the timeless classics of RD Burman on his 85th birth anniversary and was sung by various talented artists and an exceptional band. Everyone who attended this musical extravaganza were teleported to a time of yore, where music was melodious and transported you to a whole new realm of musical wonderment. A great Sunday evening spent in the tunes of an old and familiar era gone by.



RCCT IN THE DISTRICT

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BULLETIN AWARDS

The RCCT editorial team, for their club bulletin 'Towers Times,' were the proud winners of the prestigious "RC Madras Metro bulletin award". This signature RCMM event was held on May 10, 2024 at the Taj Coramandel hotel, Chennai. Pres Rtn Binoy and Ann Alpana (editor) were there, representing RCCT.

We were elected winners of the category of 'club strength above 50 members', after a stringent and exhaustive selection process. Proud to say that our club bulletin was highly appreciated for its innovative content, consistency, concept and design. The team consisting of Ann's Alpana, Anuradha and Priya were appreciated for their hard work and the resultant success.

This is a much looked forward to and coveted award that almost all the clubs compete for every year. We were delighted to be a part of this competitive process and were absolutely thrilled to have won. We are thankful to RC Madras Metro for the recognition and for their consistent commitment year on year, in their endeavour to reward the most deserving club for their bulletin.





DISTRICT LEARNING ASSEMBLY

A one day training program “District Learning Assembly” under the leadership of District Governor 2024/25 Rtn S Mahaveer Bothra, and the District Learning assembly committee, was held on May 19, 2024 at the Sri Ramachandra auditorium, Chennai.

This was a training seminar for the Presidents, Secretaries and the board members of Rotary year 2024/25. The event was well attended and RCCT was very well represented by our club Rotarians. It was a very informative and eventful session of strategic planning for the next Rotary year.



AWARDS NITE RC MADRAS TEMPLE CITY

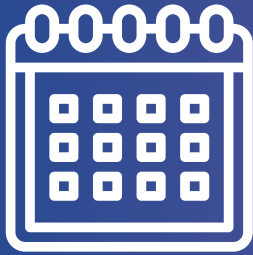
Ann Anuradha Prasad, representing RC Chennai Towers, attended the Awards Nite of Rotary Club of Madras Temple city. An evening where well deserved individuals were honoured for their services and contributions in their respective fields.



DISTRICT INSTALLATION RID 3233

Incoming President Rtn Shalin Shah, Rtns PP Rajesh Narang and Srikumar attended the installation of District Governor Rtn Mahaveer Bothra on June 29th at Chennai Convention center.





ONGOING PROJECTS

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RETTERI DIALYSIS CENTER

No. of patients treated : 46 Patients
No. of procedures done : 443 Dialysis

EGMORE DIALYSIS CENTER

No. of procedures done : 244 Dialysis



ACHIEVEMENTS

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Jaden son of Rtn Sam Mathew and Ann Monika was the runner-up in both the Under 15 singles and doubles at the Chennai District Badminton Championship.



Rtn Dr Vasumathy and spouse Dr Praveen Krishna were felicitated as Best Ophthalmologists by South Madras Club at an Achievers award function held on 4-5-2024.





ACHIEVEMENTS

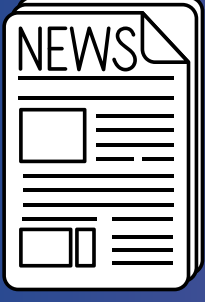
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Rtn Sapna Was part of the winning team in the men's and women's cricket league tournament organised by YI Sports Cricket Tournament. Congratulations



Annette Shishir son of Rtn Dr Vasumathy and Dr Praveen won the second prize at the event 'Picture Prowess' seminar conducted at SRM Medical college and research centre Chennai . Congratulations.





RCCT IN THE NEWS

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SHORT TAKES

2/12



Chennai: The Chennai Port Authority has given Rs. 31.50 lakh to Rotary Club of Chennai Towers Charitable Trust for its CSR project of providing Smart Vision glasses powered by the latest technologies, including AI and machine vision to give voice assistance to 100 people with uncorrectable blindness. Mr. Sunil Paliwal, Chairperson, Chennai Port Authority and Chairman Kamarajar Port Limited handed over these glasses to 25 beneficiaries from various walks of life in the presence of Mr. S. Viswanathan, Deputy Chairperson, Chennai Port Authority and Rotarians.

பார்வையற்றோருக்கான நவீன கண்ணாடிகளை வழங்கிய சென்னை துறைமுகம்



பெருநிறுவன சமூக பொறுப்பாண்மை திட்டத்தின் கீழ் பார்வையற்றோருக்கான நவீன கண்ணாடியை வழங்கிய சென்னை எண்ணூர் காமராஜர் துறைமுகங்களின் தலைவர் கனில் பாலிவால், உடன், சென்னை துறைமுக துணைத் தலைவர் எஸ். விஸ்வநாதன், ரோட்டரி சங்கத் தலைவர் பினாய் பிள்ளை உள்ளிட்டோர்.

திருவொற்றியூர்ஜின் 10: பெருநிறுவன சமூக பொறுப்பாண்மை திட்டத்தின் கீழ் ரூ.31.50 லட்சம் செலவிலான பார்வையற்றோருக்கான நவீன கண்ணாடிகளை சென்னை, எண்ணூர் காமராஜர் துறைமுகங்களின் தலைவர் கனில் பாலிவால் திங்கள்கிழமை வழங்கினார்.

சென்னை துறைமுகம் சார்பில் சுமார் 100 பார்வையற்ற நபர்களுக்கு மொத்தம் ரூ. 31.50 லட்சத்தில் செயற்கை நுண்ணறிவு தொழில் நுட்பத்துடன் இணைந்த நவீன கண்ணாடிகளை பயனாளிகளிடம் ஒப்படைக்கும் நிகழ்ச்சி சென்னை துறைமுக வளாகத்தில் திங்கள்கிழமை நடைபெற்றது. இதில் கலந்து கொண்ட துறைமுக தலைவர் கனில் பாலிவால் முதல்கட்டமாக 25 பார்வையற்ற நபர்களுக்கு கண்ணாடிகளை ஒப்படைத்தார். மேலும், மீதமுள்ள 75 நபர்களுக்கு அடுத்த கட்டமாக வழங்கப்படும் என்றார்.

இந்நிகழ்வில், சென்னை துறைமுக துணைத் தலைவர் எஸ். விஸ்வநாதன், சென்னை டவர்ஸ் ரோட்டரி சங்க அறக்கட்டளை தலைவர் பினாய் பிள்ளை, துறைமுக தலைவர்கள் உள்ளிட்டோர் கலந்து கொண்டனர்.



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Rtns Samuel Mathew and Dr Vignesh on their visit to Malaysia in May 2024, attended a speaker meeting of RC Damansara and exchanged flags.





ANNIVERSARY WISHES

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RCCT extends warm wedding anniversary wishes to the lovely couple celebrating their special day. Congratulations



**Rtn Rajesh Narang
and
Ann Sony**



**Rtn Ramakrishnan Mani
and
Ann Radha**



**Rtn Samuel Mathew
and
Ann Monika**



**Rtn GS Prasad
and
Ann Anuradha**



**Rtn Srikumar
and
Ann Manasa**





**Rtn Ajoy Kumar
and
Ann Lakshmi**



**Rtn Ketan Shah
and
Ann Jayanthi**



**Rtn Vinod Kumar
and
Ann Sangeeta**



**Rtn RM Suresh
and
Ann Sivagami**



BULLETIN TEAM



How it Started



How it Ended

Ann Alpana T
Editor

Ann Anuradha
Prasad

Ann Priya Vivek



Varsha Sriram
Digital Designer