

THE

LIGHTHOUSE

BOND | BUILD | BRING CHEER



WEEKLY BULLETIN OF THE ROTARY CLUB OF MADRAS | ISSUE 46 | May 18, 2025



CLEAN TOILETS FULL CLASSROOMS

Dear RCMers,

Several studies indicate that the provision of school toilets leads to a noticeable increase in student enrolment and reduction in dropout rate .

Inauguration of the WASH project in two Chennai schools is our cover story for this week.



Rtn.Shivkumar Eashwaran
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Fireside 21 hosted by Rtn. Anand Vurgese and Dr. Anila Mathan on Fri, April 25, 2025



Fireside 22 hosted by Rtn. Rajit Mhetras and Sheetal Mhetras on Sun, April 27, 2025

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PAVING THE WASH WAY

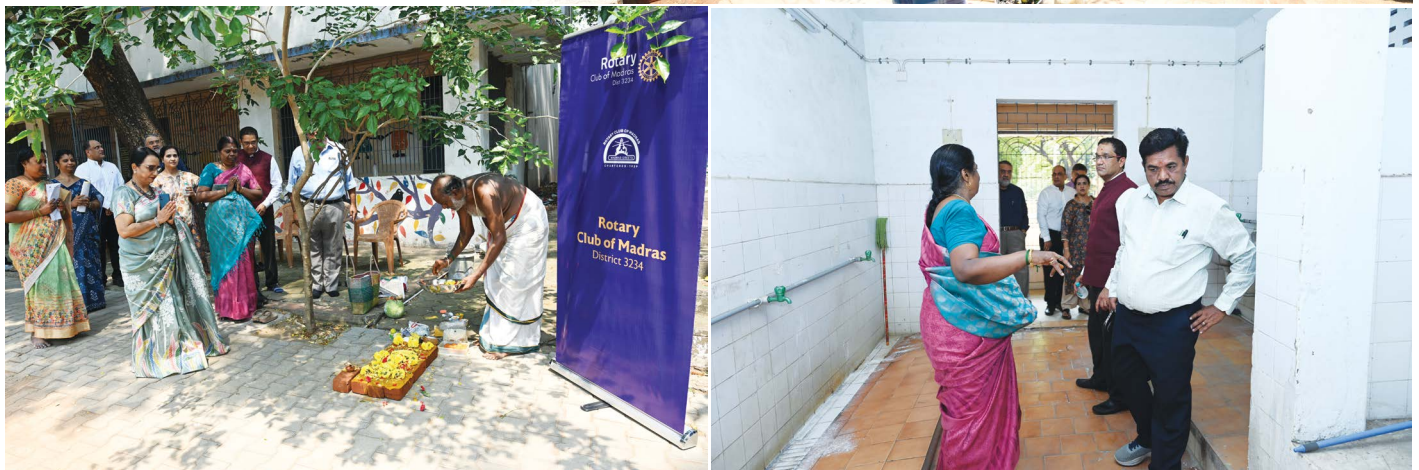
Marking the commencement of two WASH projects initiated by the Rotary Club of Madras, Bhoomi Pooja ceremonies were held on May 14th at two historic Chennai schools.





Presidency Girls Higher Secondary School, Egmore

Established in 1783, the Presidency Girls Higher Secondary School in Egmore is one of Chennai's oldest educational institutions. It is renowned for its commitment to empowering young women through quality education. Over the years, the school has witnessed various transformations, including a notable facelift recently to serve as a model institution. RCM's project at this school includes renovations and infrastructure upgrades, such as the installation of paver blocks and the refurbishment of toilet facilities.



Chintadripet Higher Secondary School

Following the ceremony at Egmore, Rotarians proceeded to the Chintadripet Higher Secondary School, an institution with a rich heritage dating back to 1845. Located in one of Chennai's oldest planned neighborhoods, Chintadripet has a storied history as a weavers' settlement established in the 18th century. At this school, the WASH project involves the construction of a new toilet block equipped with modern sanitary facilities, addressing longstanding infrastructural needs and promoting better hygiene practices among students.



Rotarian Participation:

The Bhumi Pooja ceremonies witnessed the active participation of several RCM members, including President-Elect Rtn. Nikhil Raj, Past Presidents Rtn. Jayshree Sridhar, Director of Community Services I Rtn. Dr. Anuradha Ganesan, Past President Rtn. Gopinath N.K., WASH Chairman Rtn. Arvind Kumar Sankar, WASH Co-Chair Rtn. Philip M.M. and Rtn. Abhay Mehta S.



Small Steps, Big Impact

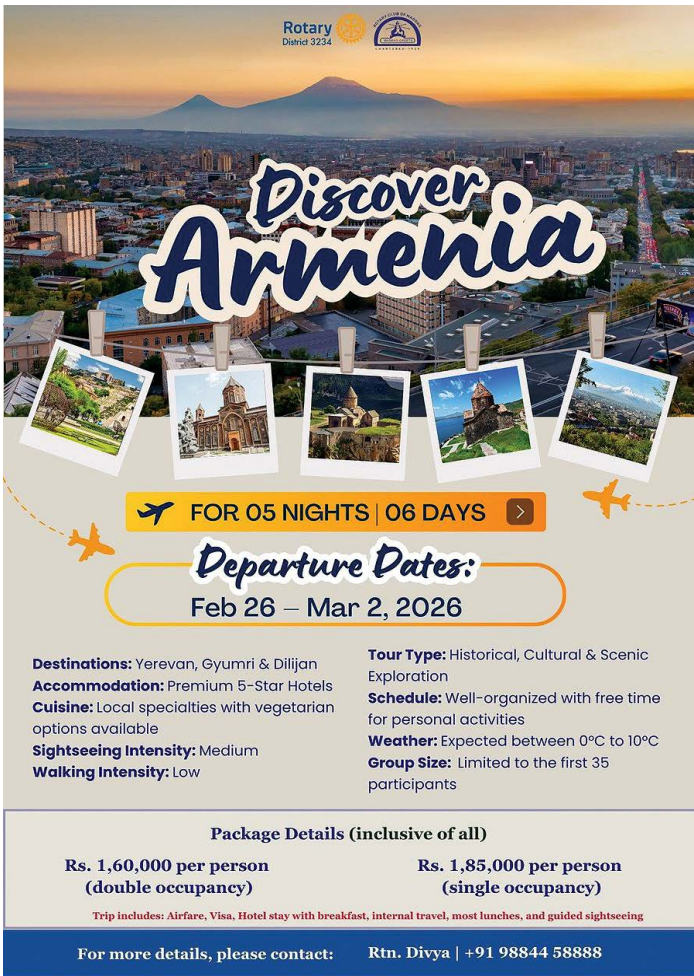
The 15th Diabetes Awareness Program, held on February 27th, 2025, was a resounding success. Organized by the Rotary Club of Madras and Rotary Club of Del Mar Solana Beach, in association with the Indian Council for Child Welfare (ICCW) – Tamil Nadu, the event took place at Nazareth Matriculation Higher Secondary School, Avadi, Tiruvallur.

The program began with the national anthem and was attended by 245 enthusiastic students from grades 6 to 9. The event aimed to educate students about the risks and consequences of diabetes and promote healthy lifestyle choices to prevent the disease.

The headmistress delivered the welcome address and facilitated the proceedings. Ms. Vimi Rony, a seasoned expert with over 25 years of experience, led an informative session on diabetes prevention, highlighting the importance of a balanced diet, BMI calculation and prevention strategies.

The program concluded with a question-and-answer session, where students demonstrated their understanding of diabetes awareness and prevention. A school teacher delivered the vote of thanks. As a token of appreciation for their participation, a healthy snack of almonds was provided to the students.

Birthdays		19th May to 25th May 2025
Rtn. Kadiresan Adityan R.		21/5
Rtn. Mohit Bajaj		21/5
Rtn. Tarun Seth		23/5
Rtn. Sonika Jain		23/5
Rtn. Mukund Subramanian		25/5
Spouses' Birthdays		
Ann. Smitha, Spouse of Rtn. Harikrishna. D		19/5
Ann. Sameena, Spouse of Rtn. Abdul Azeez.H.E.		21/5
Ann. Paramesh Krishnaier, Spouse of Rtn. Indrani Krishnaier		23/5
Ann. Madhu Agarwal, Spouse of Rtn. Aditya Agarwal		24/5
Ann. Madura, Spouse of Rtn. Ganesh Ananthakrishnan		24/5
Ann. Divya Siddharth, Spouse of Rtn. Siddharth Chandrasekhar		24/5
Ann. Tanuja Paul, Spouse of Rtn. PP. Paul K. Jacop		24/5
Ann. Lavanya, Spouse of Rtn. Vijay Balaji		25/5
Wedding Anniversary		
Rtn. Sesha Sai. M & Kamala		19/5
Rtn. Chetan Acharya & Priyanka Acharya		20/5
Rtn. Vijay Dugar & Sangeeta Dugar		21/5
Rtn. Mahmud Jamal.N & Rozeena		24/5
Rtn. Justice Dr. M. Jaichandren & Sandhya Jaichandern		24/5
Rtn. Ravindran. G & Deepam R		25/5



Rotary District 3234

Discover Armenia

FOR 05 NIGHTS | 06 DAYS

Departure Dates:
Feb 26 – Mar 2, 2026

Destinations: Yerevan, Gyumri & Dilijan
Accommodation: Premium 5-Star Hotels
Cuisine: Local specialties with vegetarian options available
Sightseeing Intensity: Medium
Walking Intensity: Low

Tour Type: Historical, Cultural & Scenic Exploration
Schedule: Well-organized with free time for personal activities
Weather: Expected between 0°C to 10°C
Group Size: Limited to the first 35 participants

Package Details (inclusive of all)	
Rs. 1,60,000 per person (double occupancy)	Rs. 1,85,000 per person (single occupancy)

Trip includes: Airfare, Visa, Hotel stay with breakfast, internal travel, most lunches, and guided sightseeing

For more details, please contact: Rtn. Divya | +91 98844 58888



Rotary District 3234

Discover Germany

FOR 06 NIGHTS | 07 DAYS

Departure Dates:
September 10 - 16, 2025

Location: Stuttgart, Black Forest & Berlin
Itinerary Highlights:

- Explore the scenic Black Forest
- Exclusive visit to the Mercedes-Benz Factory
- Guided sightseeing tours in Berlin and Potsdam

Accommodation: Luxury 5-star hotels
Cuisine: Local specialties with vegetarian options
Tour Style: Historical · Cultural · Light Adventure

Group Size:

- Tour limited to the first 35 participants

Activity Level:

- Sightseeing Intensity: Moderate
- Walking Intensity: Moderate

Weather: 10°C and 19°C
Schedule: Guided tour with personal free time

Package Details (inclusive of all)		Extras
Rs. 2,30,000 per person (double occupancy)	Rs. 2,95,000 per person (single occupancy)	Visa - Rs. 14,000 Air ticket - Rs. 80,000 Insurance - Rs. 1,500

Trip includes: Hotel accommodation with breakfast, internal travel, most lunches, sightseeing

For more details, please contact: Rtn. Divya | +91 98844 58888




Suggest the most quirky, whacky or creative caption/blurb for this photo (Maximum 15 words). The best entries will be reproduced in the next week's edition of Lighthouse.

Mail your captions to editor@rcmlighthouse.com on or before 20th May.

Issue 46





Issue 45 : Best Captions

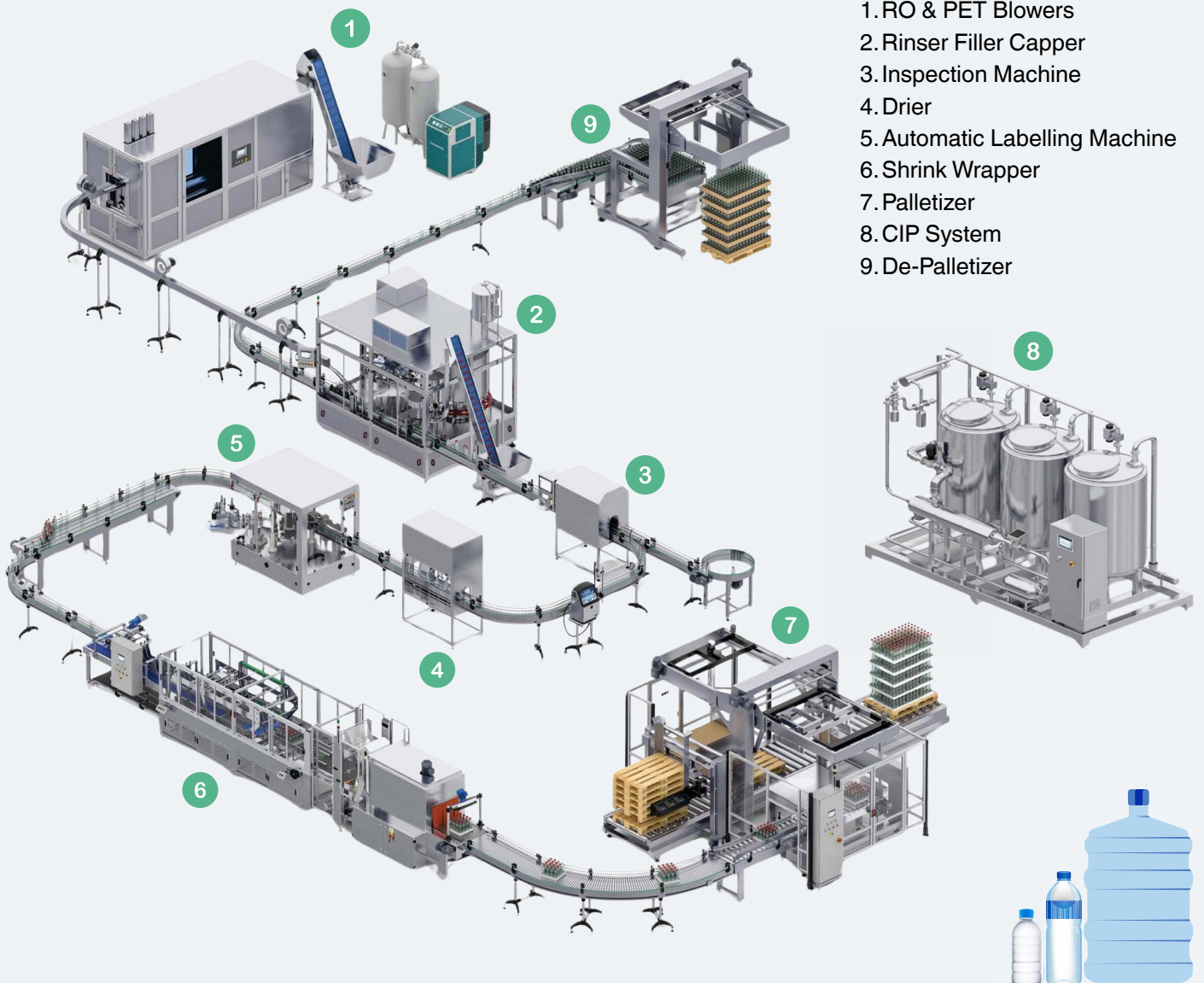
- "This is REAL love. Titanic was AI"
- Rtn. Sanjay Rao Chaganti
- When love uploads joy straight to the heart, even the strongest AI tool would say—"I can't top that." - Rtn. N.K Bhatia
- tAltanic - Rtn. Asha Mathen

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