



TUESDAY 12 NOVEMBER 2024
November is Rotary Foundation Month

105

The Chaka

Bulletin of Rotary Club of Calcutta
R I Dist. 3291

First Published in 1925

Editor : Rtn. Ashok Basu

Jt. Editor : Rtn. Anindita Shoma Basu

Volume 92 No. 15

Ms. Suman Manaksia Second Innings to Happiness



Today, we are delighted to welcome an inspiring speaker who is dedicated to helping people find balance, purpose, and happiness in life. Suman is a seasoned life coach with a unique blend of expertise as an emotional intelligence and public speaking coach. With years of experience guiding people to unlock their potential and connect with their true selves, she empowers individuals to embrace life's challenges with resilience, clarity, and confidence. Today, Suman will share valuable insights on how we can all step into the 'second innings' of our lives with renewed energy and happiness. She is a dynamic and results-driven coach with extensive experience in happiness lifecoaching, emotional intelligence, spoken English, and public speaking. She is passionate about empowering individuals to achieve their personal and professional goals through effective communication and emotional resilience. Known for a



holistic approach to coaching that promotes continuous learning and development, she has conducted over 200 training sessions.

She has developed customized training modules tailored to individual learning needs and has received excellent feedback from students and colleagues for engaging and effective teaching methods. She has coached over 250 individuals, including professionals and students, to enhance their public speaking and presentation skills. She has designed and delivered workshops focusing on speech structure, vocal techniques, and confidence building. She has helped clients overcome stage fright and improve their ability to engage and influence audiences. She has coached over 300 clients on developing emotional intelligence and resilience, helped clients enhance their interpersonal relationships and professional performance through tailored coaching plans. She is focused on key areas such as stress management, time management, and goal setting. She is a Certified IELTS and TEFL Trainer, holds a Masters in English Literature from Osmania University and is Certified Life Skills Trainer.

PRANADHARA Phase 2 Water filter distribution : 5/11/2024 at Rotary Sadan - AOS Community AOF Water & sanitation



Clean drinking water is still a luxury for many underprivileged members of our society even in 2024. Many schools still don't have the basic infrastructure to provide safe drinking water to children who are the leaders of tomorrow. To ensure hygienic water infrastructure, Community Service committee of Rotary Club of Calcutta took up the cause and continued the project of water filter donation to schools to bridge the gap.

We welcomed all schools and explained the schools to put up signboards on the wall next to the water purifier highlighting the name of Rotary Club of Calcutta Welfare Trust and Bengal Beverages Pvt. Ltd. These signboards have been supplied by BBPL. Shri Jaydev Mukherjee, GM of BBPL (Bottler of Coca Cola) attended the event on our invitation and handed over the purifiers to the schools' representatives in person. He addressed the gathering by emphasizing the impact of BBPL's CSR initiatives. President Subrata De addressed the gathering and spoke about Rotary Club of Calcutta's initiative on water sanitation. The

Contd. to pg. 2

We Meet Every Tuesday at 1 p.m. at ROTARY SADAN
<https://rccalcutta.rotaryindia.org>
E-mail: rotarycalcutta.office@gmail.com

Contd. from pg. 1



President felicitated Shri Jaydev Mukherjee, GM of BBPL with a token of appreciation. The event ended with a vote of thanks from chairperson Rtn. Ravindra Khandelwal. The members attending the event appreciated the efforts of Community Service team. The beneficiaries were **19 primary schools** of Howrah, totaling to approximately 5000 beneficiaries. Food packets were given to the representatives of the schools who attended the distribution event. 5 quotations for water filters were taken. Livpure, being the cheapest and renowned brand, was chosen. We acquired machines at Rs. 9490 each directly from the company. The installation is free along with one year maintenance. The committee shall make sure to visit the schools after installation. This project was funded by the CSR initiatives of Bengal Beverages Pvt. Ltd. Rotary Club of Calcutta is grateful to Rtn. S.R. Goenka for agreeing to the respected President's appeal, year after year. The Community Service committee is highly grateful to the President for arranging the funds for this project. **Total Project Value** : Livpure branded water filters 38 units @ Rs 9490 each : Rs.3,60,620. President Subrata De, Hirak Ray, PP Heena Gorsia, PP Sujata Pyne, PP Raj Kr. Agarwal, AB4, Sarvani Gooptu, Atin Sen, Kirit Patel, Anand Sharma, Prosanta Kr. Roy, Yogesh Dassani, and Satarupa Ghosh attended.



Reported & implemented by : Ravindra Khandelwal, Chairperson Community Service committee

Interact trivia : AOS New Generations

Interact is a service club for 12–18-year-olds, the first of which was founded in 1962 by Rotary International under the presidency of Nitish Chandra Laharry, a member of Rotary Club of Calcutta, the first Asian President of Rotary International. It is a youth organization. These young people, who are called Interactors are gathered in 120 countries and carry out actions following the Rotary principle of "Serve First". Rotary International formalized Interact as a youth service club on October 28, 1962, with the goal of supporting young people, but also empowering them to serve others.

Excerpted from CYP Purnendu Roychowdhury's Whatsapp post

Special Facilities at Matri Bhawan

On behalf of Rotary Club of Calcutta, PP Sujata Pyne is happy to announce availability of some facilities free of charge and some at subsidised rate for 'women & child care' treatment at 'Matri Bhawan', Ramakrishna Sarada Mission Matribhawan, 7A, Sree Mohan Lane, Kolkata-700026.

All facilities for women and child care with super specialty doctors available. Special wards for paediatric ICU and obstetrics for women at subsidised rates. Please give reference of 'Rotary Club of Calcutta' while you speak and send your recommended patients. Contact : Bratati Mataji Matri Bhawan +91 93308 47177 Rotary 3291 liaison : Rima Chakravarty +91 98303 33474

Rotary Avenues of Service (AOS) and Areas of Focus (AOF)

The 5 Avenues of Service of Rotary are Club Service, Vocational Service, Community Service, International Service and New Generations Service.

The 7 Areas of Focus are 1. Promoting peace. Rotary encourages conversations to foster understanding within and across cultures 2. Fighting disease 3. Providing clean water, sanitation, and hygiene. 4. Saving mothers and children 5. Supporting education 6. Growing local economies 7. Protecting the environment.

Each project / activity has an association with a particular AOS and AOF. The Chaka attempts to provide these associations as far as possible to inform members, and acknowledges that Ravi Khandelwal, Chair - Community, also invariably puts an association in each of the reports he sends.

REPORTING & ANNOUNCEMENTS



ONE WORLD

We remember with good wishes Rotary Club of Leesburg, Virginia, R.I. Dist. 7610

Happy Birthday

- Rtn. Kuldip Nayar 14th November
- Rtn. Dr. Koel Roychowdhury 16th November
- Rtn. Vikram Aditya Mody 17th November
- Rtn. Haladhar Dey 18th November

Wish you many happy returns of the day

BOARD MEETING

The Fifth meeting of the Board of Directors (2024-25) of the Club will be held on Monday, 18th November, 2024 at 6.30 pm at the Rotary Sadan, (Board Room, 1st floor), 94/2, Chowringhee Road, Kolkata – 700 020. All members of the Board are requested to make a note of it and attend.

NOMINATION OF CLUB OFFICERS FOR THE ROTARY YEAR 2025-2026

Members are hereby informed that Nominations would be invited for the Posts of Vice-President, Hony. Secretary, Hony. Treasurer and five Directors on the Club's Board for the Rotary year 2025-2026 at the Regular Weekly Meeting to be held on Tuesday, 19th November, 2024. The corresponding final confirmation of the Board of Directors for the Rotary Year 2025 - 2026 will be held at the Club's Regular Weekly Meeting to be held on Tuesday, 17th December, 2024.

Our Ambassador Overseas



Rtn. Kirit Patel made a Goodwill with Rotary Club of Leesburg, Virginia, R.I. Dist. 7610 and exchanged our Club Flag on 29th October, 2024.

TODAY'S GUEST SPEAKER Ms. Suman Manaksia

NEXT MEETING

Tuesday, 19th November, 2024 at 1.30 p.m. at Rotary Sadan/Lunch 12.30 p.m. (Closed Door Meeting & Nomination for the Board of Directors for the Rotary year 2025-2026)

Members' Roster

Members' Roster 2024-25 is available. Please collect your copy from Club Office.

VACCINATION CAMP

A Vaccination Camp will be organised by Health Care Committee on Tuesday, 19th November, 2024 after the Regular Weekly Meeting. You are requested to kindly enroll your name at the Club Office.

NO MEETING

There will be no Regular Weekly meeting on Tuesday, 26th November, 2024.

99TH ANNUAL CHILDREN'S TREAT

The 99th Annual Children's Treat of the Club will be held on Sunday, 8th December, 2024 at 10 a.m. onwards at Nicco Park, Salt Lake, Kolkata. We will invite about 1,200 underprivileged Children to this Flagship programme of the Club this year.

Members are requested to generously donate or sponsor Breakfast, Lunch, Ice Cream, Caps, Carry Bags, Sports Items, or any kind of Gift Items to make this a "Day Sunshine" for these Children. Donations in Cheque payable in favor of "Rotary Children's Welfare Trust" will be eligible for Income Tax Exemption u/s 80G of the Income Tax Act.

THE ROTARY 4-WAY TEST



THANK YOU DONORS : (Donation received for Annual Children's Treat up to 05.11.2024)

Late Rtn. Nandita Sen Endowment for Annual Children's Treat Rs. 25,000/-	Rtn. Murari Lal Lohia Rtn Vikram Somany R- Ann Parveen Hirji Rtn. Dr. Indrajit Roy Rtn. L. N. Bangur	Rs. 51,000/- Rs. 10,000/- Rs. 5,000/- Rs. 10,000/- Rs. 1,00,000/-
Rtn. Atindra Nath Sen Rtn Brijendra Kumar Poddar Rtn. Ashis Kumar Bagla	Rs. 25,000/- Rs. 10,000/- Rs. 25,000/-	

FORTHCOMING MEETINGS / EVENTS

Day & Dates	Programmes	Timing and Venue
Tuesday, 19th November, 2024	Lunch followed by RWM (Closed Door Meeting & Nomination for the Board of Directors for Rotary year 2025-26)	Lunch from 12:30 p.m. RWM from 1:30 p.m. at Rotary Sadan
Tuesday, 19th November, 2024	Vaccination Camp will be organised by Health Care Committee	After the Regular Weekly Meeting at Rotary Sadan
Tuesday, 26th November, 2024	No Regular Weekly Meeting (RWM)	-

MINUTES OF THE 4961ST REGULAR WEEKLY MEETING HELD ON 5TH NOVEMBER, 2024 AT 1:30 P.M. AT ROTARY SADAN

1. President, Rtn. Subrata De welcomed all Members and Guests and called the 4961st Regular Weekly Meeting of the Club to order.
2. President informed members that in the absence of Hony. Secretary, Rtn. Suman Chakraborty, Past Secretary, Rtn Anand Sharma would conduct Club business on that day.
3. National Anthem was led by Rtn. Sarvani Gooptu.
4. Minutes of the 4960th Regular Weekly Meeting of the Club held on 29th October, 2024 were confirmed.
5. President then welcomed Rtn. Dr. Sukalyan Purkayastha as the Chief Guest on that day and informed members that Dr. Purkayastha would speak on "Masterstroke".
6. President then welcomed Visiting Rotarians and Guests who attended the meeting.
7. **President reported the following :**
Community Service Committee organized Pranadhara Project: Phase II, donating 40 pcs Water Filters to different Schools at Rotary Sadan before the Regular Weekly Meeting. He also informed members that the total amount of the same was donated by Rtn. Shiv Ratan Goenka and on behalf of the Club thanked Rtn. Goenka for his donation.
8. **President announced the following :**
Health Care Committee would be organising a Vaccination Camp on Tuesday, 19th November, 2024 after the Regular Weekly Meeting and also requested members to kindly enroll their names at the Club Office.
9. **At the request of the President, Past Secretary Rtn. Anand Sharma thereafter conducted the Club Business :**
 - a) He welcomed all the Members and Guests.
 - b) He then announced the names of Rotarians celebrating their Birthdays and Wedding Anniversaries for the week ending 11th November, 2024.
 - c) Next Regular Weekly Meeting Tuesday, 12th November, 2024 at 1.30 p.m. at Rotary Sadan/Lunch 12.30 p.m./ Speaker : Ms. Suman Manaksia.
 - d) Members' Roster for the Rotary Year 2024 - 25 is now available and requested members to collect their copy from the Club Office.
10. At the request of the President, Rtn. Dr. Sukalyan Purkayastha addressed the audience on "Masterstroke".
11. Questions raised by the members were answered by the Chief Guest.
12. On behalf of our Club, President handed over a memento to Rtn. Dr. Sukalyan Purkayastha.
13. No Sunshine Box Collection on that day.
14. The Club remembered with good wishes Rotary Club of Bombay, India, R.I. Dist. 3141
15. Meeting was adjourned at 2:40 p.m.

Subrata De
President

Suman Chakraborty
Secretary