



Rotary  
Club of Bombay Airport  
Be Humane



# UDAAN

STEPHANIE A. URCHICK  
R I PRESIDENT

CHETAN DESAI  
DISTRICT GOVERNOR

APURVA PATEL  
PRESIDENT

HARSHA MEHTA  
HON. SECRETARY

AJANTA RATH MISHRA  
EDITOR

## FROM THE PRESIDENT'S PEN...

### Rotary Club of Bombay Airport

Inspired by the profound wisdom of Swami Vivekananda, who exhorted us to "Serve the Lord by serving His children," the Rotary Club of Bombay Airport is committed to making a tangible difference in the lives of those in need. Our club, under the inspiring theme "Be Humane," is actively engaged in various initiatives that address pressing societal challenges.



### A Milestone Month for the Club

July has been a month of significant achievements for the Rotary Club of Bombay Airport. We marked a momentous occasion with the installation ceremony held on the 1st of July, where we welcomed six new members into our fold. To ensure a seamless integration, we are diligently planning an orientation cum assimilation program for our new members..

### Building Brighter Futures

Our flagship project, the construction of an additional floor at Ranshet Tribal Ashramshala, continues to progress steadily. This ambitious undertaking aims to provide a conducive learning environment for tribal children, empowering them to reach their full potential. By expanding the school's infrastructure, we are not only creating additional classrooms but also laying the foundation for a brighter future for these young minds. We continue our endeavor to provide menstrual hygiene to the children. Additionally, we are excited to announce the upcoming launch of a hydroponic plantation project at Ram Krishna Mission Sakwar, Virar. This initiative aims to provide fresh green grass for cattle year-round, addressing a critical need in the local community.

### A Lifeline at Every Station

In parallel to our efforts at Ranshet Ashramshala, we are committed to saving lives through the installation of AED (Automated External Defibrillator) machines at railway stations. Spearheaded by our esteemed Immediate Past President, Dr. Akshay Mehta, this project is a testament to our proactive approach to healthcare. By providing access to lifesaving equipment in public spaces, we are empowering individuals to become saviors.

### Fostering Knowledge and Fellowship

The club has consistently organized insightful speaker sessions and engaging fellowship events throughout the month. These platforms have not only enriched our members' knowledge but also strengthened the bonds within our club.

### A Symphony of Service

Our club's commitment to holistic development is reflected in our diverse range of projects. From organizing dental and general checkup camps to supporting blood donation drives, plastic collection drives, we strive to address the multifaceted needs of the community.

### A Call to Action

We invite fellow Rotarians and the community to join us in this noble endeavor. We invite them to approach their contacts to help form a new club. Your support, whether through volunteering, donations, or spreading awareness, is instrumental in achieving our goals. Together, we can create a healthier, safer, and more compassionate society. Let us embrace Swami Vivekananda's teachings and serve humanity with unwavering dedication.

President - Rtn. Apurva Patel

## TRF AWARENESS POSTERS

### Director Rtn. Manish Kothari

**TRF Awareness Initiative**

**'Stay Tuned'**

**Annual Fund- SHARE**

Annual Fund-share is the primary source of funding for a broad range of local and international Rotary Foundation activities.

- Contributions are transformed into Grants for projects that change lives.
- Contributions to Annual Fund-SHARE are directed into 2 funds: 50% to World Fund and 50% to DDG (District Designated Fund)
- TRF's funding cycle makes district contributions available for use, 3 years after they are received.
- EREY (Every Rotarian, Every Club) is a Coveted status when every member contributes to TRF.

Contact: Dir. CA Manish Kothari | Ave. Chair R Ann. CA Bijal Merchant

**TRF Awareness Initiative**

**'Stay Tuned'**

**5-TRF Funds**

- Annual Fund
- Polio Fund
- Endowment Fund
- CSR India Grant
- Global Grant

Hope & Opportunity

Contact: Dir. CA Manish Kothari | Ave. Chair R Ann. CA Bijal Merchant

**TRF Awareness Initiative**

**'Stay Tuned'**

**Doing Good In 'The World'**

- Promoting Peace
- Fighting Disease
- Providing Clean water, sanitation and hygiene
- Saving Mothers and Children
- Supporting Education
- Growing Local Economies
- Protecting Environment

Contact: Dir. Rtn. Manish Kothari | Ave. Chair R Ann. Bijal Merchant

**TRF Awareness Initiative**

**'Stay Tuned'**

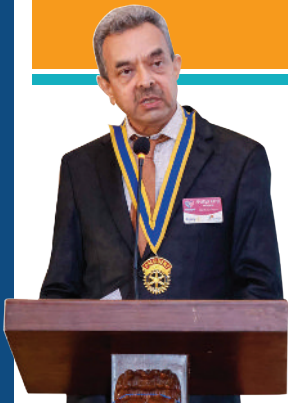
**Endowment Fund**

- The Fund permanently lies with TRF on "Never Spent" basis, however income earned on it can be used for Rotary Projects
- 50% of income generated is given back to District as (DDG) for various grants initiated by District.
- Minimum contribution is \$ 25,000
- Fund can be created in the name of Rotarian, Friends, Family, Relatives, etc.
- Contribution can be made in Cash, Property, Estate Plans or Wills, through Charitable Trust, Life Insurance plans, etc.
- The Funds ensures Future Rotarians have enough resource to do the Good for Society!

Contact: Dir. CA Manish Kothari | Ave. Chair R Ann. CA Bijal Merchant



# PRESIDENT'S INSTALLATION was held on 1<sup>st</sup> of July 2024 at The Club.





## EDITOR'S TIDINGS



### Reluctant to repeat that outfit? This might make you reconsider...

Remember when buying clothes was an event? We looked forward to it around festivals & special occasions, the whole family went out together to shop, tailors came home, people lined up for those bell bottoms, or frilled frocks. When was the last time you saw something like that?

Fashion is different now, with increased accessibility, stores are all over the city, trends go viral on the internet and new outfits can be delivered right at our doorstep. This consumerism, variety, affordability and overall obtainability has given rise to a rapidly growing concept called Fast-fashion. What was once called 'retail therapy' has now woven its way into serious crises all over the world.

Blanketed under that 'new scarf', these rapid production & consumption cycles almost always lead to wastage of resources, inhuman working conditions and, excessive generation & improper dumping of waste. While, polymer fibres like polyester that shed microplastics with each wash are non-biodegradable, even natural fibres like cotton & silk can lead to pesticide & chemical pollution. Most clothing that is discarded ends up in open landfills, without proper measures, leading to harmful chemicals dissipating into the soil, air and nearby water.

Fun Fact: Textile production is a larger contributor to climate change than the Aviation & Shipping combined.

Over the years, Millennials and Gen-Z seem to be understanding the impact of Fast Fashion outside of bright captivating retail stores; newer and more sustainable concepts like thrifting and upscaling have started to gain popularity. Additionally, various brands are launching sustainable clothing lines and more consumers are shifting from fast fashion brands to such options.

Here's hoping that we can all come together to make the fashion industry more sustainable in the future.

Rtn. Ajanta Rath Mishra  
Editor Of Udaan

## YOUTH SERVICES (Rotaract) Director- Rtn.Yogini Sheth & Team



16th Installation of Rotaract Club of Bombay Airport at Sathaye College.



Distribution of notebooks & stationery at Abhinav Vidyamandir School, Borivali (East) by RCBA alongwith Rotaract Club of Dhanukar College.



## YOUTH SERVICES (INTERACT) Director Rtn. Vaishali Paranjape & Team



**Installation Of 12 Interact schools at KES School, Khar. Guest of Honour was CDG Rtn. Rahul Timbadia. Chief Guest was Ms. Aditee Saigal, Principal of Mumbadevi Vidya Mandir.**



**Awareness on "MENTAL WELL BEING" at BPM School, Khar. Faculty Cum Speaker was Mr. Arun Chitlangia, a well known coach & trainer. Beneficiaries - 86 Students of Grade 10th**



**Awareness Talk on "CYBER SECURITY" was given by our own Rtn Anjali Malviya to the students of grade 8th, 9th & 10th at NSM School, Parle (East) It was organised by NSM Interact Club. Beneficiaries - 113 Students**

## COMMUNITY SERVICE PROJECTS- Non-Medical Director - Rtn. Sanjay Merchant & Team



**RCBA co hosted as Silver Host in a program called Vibrant Anand, where the elderly & specially abled children performed.**



**Talk on Plastic Waste & Management at KES School, Khar, by Director Sanjay Merchant.**



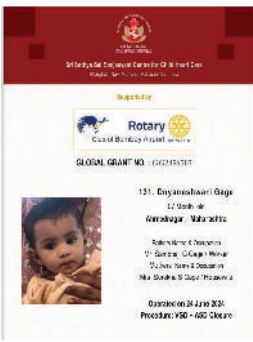
# COMMUNITY SERVICE PROJECTS-Medical

## Director Rtn. Nina Bhatia & Team

Our first project of the Vibrant year started with benevolence. Every Drop of Blood Counts



**Blood Donation Drive at Andheri Railway Station on 1st of July.  
RCBA co hosted & collected 112 bottles of blood.**



**Gift Of Life, 142 paediatric heart surgeries completed successfully this year which makes a total of 463 surgeries in the last 4 years at Sri Sathya Sai Hospital, Kharghar.**



**Health Check Up Camp (ENT & Eye Check up) at M.P. Shah School on 30th July.  
Beneficiaries- 1100**



**Thanks to our Cardiologist, IPP Dr. Akshay Mehta for providing CPR training & making 5 certified Heart Marshals from RCBA.  
Quresh, Samina, Rohit Chugani, Mehernosh & Dr.Snigdha.**



**Dental Check Up Camp at M.P. Shah school on 29th July, Vile Parle (W)  
Beneficiaries- 1100 Students**



**AED Machines were installed in Malad, Ghatkopar, Jogeshwari & Dombivali Railway Stations. CPR Training was also given by IPP Dr. Akshay Mehta.**



# SPEAKER MEETINGS & FELLOWSHIP

## CLUB SERVICE I & II

Director - Rtn. Dhruiti Shah & Team

## CLUB SERVICE III

Director - Rtn. Dhiren Shah



Our first speaker was Rtn Dr. Bharat Pandya, who gave a mesmerising & informative talk on "MAGIC OF ROTARY".



Our second speaker meeting was with Ms. Kanya Karthikeyan, The youngest Indian mountaineer, who's just 16 years old & has scaled Mt. Everest feat from the Nepal side.



**Fellowship Ramoutsav**  
 Director Dhruiti Shah created magic with her eye for minute detailing & thus creating a perfect ambience for a spiritual evening with bhajans & prasad.  
 Director Dhiren Shah, Dhruiti & team's efforts in assimilation led to high attendance.

## NEW MEMBERS



### Rtn. Namrata Nulwala

A professional in Environment, Health, Safety, Quality (EHSQ) & Sustainability. Has worked with many multinationals. She has a Master's Degree in Environmental Sciences from USA & a Master's degree in Fisheries from Mumbai University. She's a Mentor, Advisor, Trainer, Auditor & Verifier. An avid reader, trekker & keeps interest in music.

### Rtn. Kalpesh Mehta

Kalpesh is a CA by profession & runs a boutique Investment banking firm called KSM. It mainly focuses on equity/debt Mergers & Acquisitions for the companies of his clients.

**Spouse - Seema Mehta**

**Children-2**

**Son- Dhruv Mehta.** Pursuing his PhD in Robotics & Machine Learning in USA  
**Daughter- Sanskruti Mehta.** A graduate in BMS from NMIMS & working with a reputed apparel company.



### Rtn. Sandeep Jhaveri



Started his entrepreneurial journey at the age of 16. Has a business of flexible packaging with 2 factories worth 400 crores & serving 14 countries.

**Spouse- Rajul Jhaveri,** Past President of BIA (ladies wing) & IWCBA

**Children-2**

Mrunal & Alay, both are into the family business.  
**Grandchildren-4**

### Rtn. Sunil Shah

A commerce & law graduate from Mumbai University. Joined his father's business of tin industry & are pioneers in India for the manufacturing of tin lids & composite containers.

**Spouse- Shefali Shah**

**Child-1** - Shoven has an Event management firm called Tribevibe, which is a joint venture with Book My Show.  
**Grandchild- 1**



### Rtn. Mrs. Falguni Kotak



A lawyer by profession, but has now diversified into Diamond Jewellery business

**Spouse- Prakash Kotak.** A company secretary & corporate lawyer

**Children-2**

Parita Kotak & Dr. Parth Kotak

### Rtn. Dr. Ketaki Shah

MBBS, MD( Path) DPB from Grant Medical College, JJ Group of Hospitals  
Histopathologist & Cytologist  
A Senior Histopathologist in N.M. Medical Centre. Was previously holding the same position at Metropolis & Balabhai Nanavati Hospital





## Chatpata Monsoon Salad

Prep Time- 15 mins  
 Cooking Time - 5 mins  
 Serving Size- 2

### Ingredients

#### For the Salad -

- 1.5 Cups - Boiled Sprouts
- 1 Cup - Cooked Quinoa
- 1 Medium sized potato boiled & chopped
- 1 Tbsp - Chopped Raw Mango
- 1 Tsp - Fresh turmeric sliced
- Fresh Lettuce Leaves
- 1 Tbsp - Chopped Onion
- 1 Tsp - Chopped Green Chillies
- 1 Tbsp - Freshly Squeezed Lemon Juice
- 1 Handful - Crushed Pani Puris
- Salt/Black Salt to taste



#### For The Dressing -

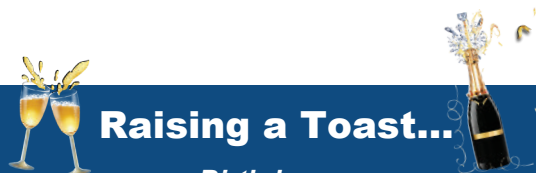
A sweet & sour chutney made of tamarind, mint leaves, jaggery.  
 3 Tbsp - Olive Oil

### Method

Take a large salad bowl & create a bed of lettuce leaves.  
 Transfer all other ingredients into it.  
 Add the above dressing & mix well.  
 Top it with crushed pani puris & serve cold



By Rtn. Ann Kavita Ambani



## Raising a Toast...

### Birthdays

01 Rashida Kadri	18 Manisha Udashi
02 Ashok Tibrewal	21 Fidahusain Tinwala
03 Himadri Nanavati	21 Nalin Shah
07 Rakesh Gupta	21 Pankaj Doshi
08 Vipul Shah	21 Jayesh Sheth
10 Manish Kothari	25 Prasad Paranjpe
10 Varsha Modi	26 Jayant Joshi
13 Priti Bhagat	26 Paritosh Ambani
15 Harshad Mehta	28 Dhruvi Shah
15 Punam Lala	28 Surekha Dhurandhar
17 Girish Vaidya	29 Mukta Dedhia
18 Neha Joshi	

### Anniversaries

12 Sandeep & Jyotika	15 Yogini & Sunil
21 Sanjay & Sonal	

## Forthcoming Events in the month of August :

5th Aug  
**Speaker Meeting**

20th August  
**Fellowship - Humsafar (Play)**

More Surprises await you



### Did you know?

The first project of Rotary was a Toilet project in Chicago.