

# UDAAN

May 2025

STEPHANIE A. URCHICK  
R I PRESIDENT

CHETAN DESAI  
DISTRICT GOVERNOR

APURVA PATEL  
PRESIDENT

HARSHA MEHTA  
HON. SECRETARY

AJANTA RATH MISHRA  
EDITOR

## From The President's Pen...

### \*Empowering Youth, Impacting Communities\*

May, dedicated to Youth Services, celebrates our unwavering belief in the potential of future generations. Preparations are underway for the Rotary Youth Leadership Awards (RYLA), a key event designed to cultivate leadership skills and inspire brighter futures.

In April 2025, our club demonstrated remarkable dedication to service through diverse initiatives. Infrastructure enhancements included the Ranshet kitchen and community hall, as well as the planned Ambeghar check dam for water conservation. In healthcare, twenty free pediatric heart surgeries were facilitated, Automated External Defibrillators (AEDs) were installed in Lonavala, and services expanded at Brahma Kumari Hospital and our dialysis center. Education efforts saw the distribution of e-learning kits, whiteboards, and UPS systems to 39 schools in Neral, alongside new mattresses for Maswan tribal school students. We also extended water sprinklers to an animal shelter in Raigad and conducted a blood drive at Glenmark Pharmaceuticals, collecting 155 units of blood to potentially impact over 465 lives. Looking ahead to May, fellowship will be strengthened through an international cruise for members and friends. Upcoming projects include outdoor gym equipment for Bandra promenade, healthcare advancements at Brahma Kumari Hospital, Bhartiya Arogya Nidhi, and Gandhi Chowk dialysis center, and tree plantation drives across the MMR region. A solar water heater is set to be commissioned at the Ranshet tribal school.

Amid these endeavors, we remain mindful of the broader context. Challenges such as economic slowdowns and trade tensions, coupled with India's promising growth, frame our actions. We also honor the victims of April's Pahalgam massacre, drawing inspiration to uphold unity and resilience.

Swami Vivekananda's timeless words, "The world is the great gymnasium where we come to make ourselves strong," guide our mission. With this spirit, the Rotary Club of Bombay Airport continues to create meaningful, sustainable impacts in an interconnected world.

President - Rtn. Apurva Patel



## Youth Service II (Interact) Director: Rtn. Vaishali Paranjape.



IPP Dr. Akshay Mehta gave an awareness talk about heart related ailments at NSM School, Vile Parle (E) for 50 teachers & staff. He taught them how to give CPR treatment as well.



NSM School in Parla (East) had collected waste paper which were recycled & made into new notebooks. It was distributed to 60 students of NSM School. Thanks to Director Vaishali & team Rtn Derrick & Alexandria Angelsz, President Rtn. Apurva Patel & Secretary Rtn Harsha Mehta for their contributions.

## Editor's Tidings



This month in rotary is dedicated to the Youth. So I have written this article about our vibrant young generation. The youth of today are very confident, unpretentious and speak their minds. They are pragmatic, fearless and straightforward to the extent of sounding self centred. At the same time, they are deeply aware of the world around them. All this makes them opinionated, which is good in a way that they can stand up for themselves.

We all will agree, that there's a huge generation gap between us and our children, compared to what we had with our parents.

Sometimes my kids surprise me with their maturity. It amazes me how at this age they have dealt with a particular situation so maturely, which I probably don't have even now. The way they quickly analyse the situation and react accordingly makes me think from where they got so much wisdom!

Them correcting my English pronunciation or getting astonished by my views, irks me as well. Though I do believe, there's so much to learn from them, right from technology to their confidence, from their open mindedness to unpretentiousness, our kids are our silent teachers.

Growing up in a digital world is giving them global exposure. All kinds of information are at their fingertips now. Older generation is complaining that Artificial intelligence is taking away their thinking and writing skills. Even creativity is outsourced now. The younger generation is reading more from the screen than the books. They prefer typing over writing and store all their information digitally. So this is not just a technical shift but a cultural shift as well. The world is changing very fast and the youth are also getting adapted to it at the same pace. Technology is taking over human skills. In this age of scrolling, curated feeds appear algorithmically dictating attention. The youth are getting addicted to screens, which have several side effects like radiation, attention deficit etc.

Their journey is also not without struggles. They face tough academic pressure, fierce competition and increasing mental health concerns like anxiety and depression. It's a responsibility to mentor and understand them and support them to bring out the best in them. Today's youth are our biggest asset. They bring fresh perspectives and can transform the world into a brighter, more inclusive and forward thinking place.

**Rtn. Ajanta Rath Mishra**

## Community Service II (Non Medical) Dir: Rtn. Sanjay Merchant



**Bhoomipoojan of Checkdam at Ambeghar, Palghar. It's a joint global grant project with IWCBA, RC of Mahakali Heights & RC of Bridgeport, USA.**



**Inagural function of digitisation of 39 schools at Karjat. 39 E-learning kits, 39 UPS, 85 white boards were given & a cabin was set up at Kalamb school centre, Karjat. Beneficiaries-5000 adivasi students. Thanks to PP Rtn Ujwal Andhari for initiating this project & executing it.**



# Community Service I (Medical)

## Director: Rtn. Nina Bhatia

AED installations at the railway stations along with CPR Training by IPP Dr. Akshay Mehta.



At  
Lonavala  
railway  
station

At  
Vidya Vihar  
railway  
station




At  
Byculla  
railway  
station



**Rotary**  
Club of Borivalda Airport

**GIFT OF LIFE**  
GLOBAL GRANT NO. : GG2569173




Name: Ritish Furwani Age: 14 Years 02 Months Y  
Address: Budhura / Maharashtra  
Father's Name & Occupation: Dinesh Furwani / Daily Wage Worker  
Date of Surgery: 4/3/2025  
Type of Surgery: ASD Device Closure  
Centre: Kharghar, Maharashtra

This Pediatric Cardiac Procedure was performed with the kind support of Rotary Club of Borivalda Airport

**Rotary**  
Club of Borivalda Airport

**GIFT OF LIFE**  
GLOBAL GRANT NO. : GG2569173



Name: Ajay Yadav Age: 03 Months Y  
Address: Raigad / Maharashtra  
Father's Name & Occupation: Manoj Yadav / Daily Wage Worker  
Date of Surgery: 4/4/2025  
Type of Surgery: Balloon Dilatation of Coarctation  
Centre: Kharghar, Maharashtra

This Pediatric Cardiac Procedure was performed with the kind support of Rotary Club of Borivalda Airport

**Rotary**  
Club of Borivalda Airport

**GIFT OF LIFE**  
GLOBAL GRANT NO. : GG2569173



Name: Shazia Bano Age: 3 Years 07 Month  
Address: Jaunpur / Uttar Pradesh  
Father's Name & Occupation: Abdul Wahid / Service (Driver)  
Date of Surgery: 4/12/2025  
Type of Surgery: PDA Device Closure  
Centre: Kharghar, Maharashtra

This Pediatric Cardiac Procedure was performed with the kind support of Rotary Club of Borivalda Airport

**GIFT OF LIFE Global Grant .**  
Received INR 2,45,86,973 (\$282,608)  
First 20 surgeries are done & kids are doing well. Thanks to AKS Nitin Mehta for his efforts & support.



## Club Services I & II

### Director: Rtn. Dhruti Shah



'The Magic of Rotary' was a speaker meeting at the club, where Dr. Sumedha Bhosale (mother of our own Rotarian Dr. Ranjit Bhosale) spoke on NEUROBICS.

She was accompanied by the famous fitness figure, Mr. Madhukar Talwarkar. This was a very informative session. RC of North Island too had joined our club for this speaker meeting.



A Speaker meeting was held, 'Romancing the Heart' in which our IPP Dr. Akshay Mehta was the speaker. He imparted awareness about heart attack & cardiac arrest along with CPR training. It was very well explained by him & was a highly informative session. RC of Bombay West & RC of North Island too joined our club for this meeting.

Director Dhruti left no stone unturned to make the meeting unique with her creativity, taking care of every minute detail which resonated with the theme.

Rtn Sandip Tarkas & Rtn Ajanta gave a kickstart to the meeting by singing a few lines of songs on 'heart'♥ Rtn Dr. Kanir Bhatia helped Dr. Akshay with his presentation.

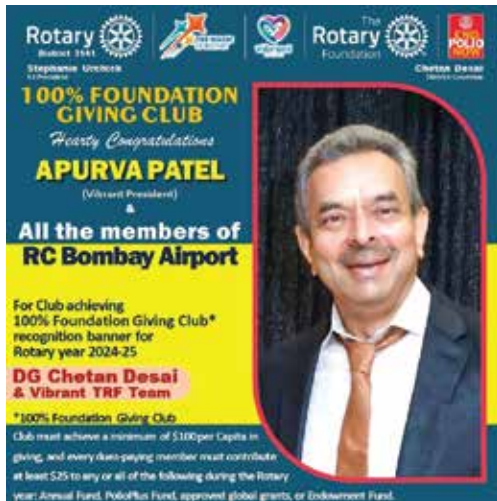
Rtn Amita Timbadia had prepared excellent menu of food. She along with Director Rtn Dhruti gave return gifts to everyone present in the meeting like every other time.





# TRF & International Service

## Director: Rtn Manish Kothari



Heartiest Congratulations to Vibrant President Apurva Patel, Sec Rtn Harsha Mehta, Director Rtn Manish Kothari & his TRF Support Team along with the members of \*RC Bombay Airport for becoming \*100% Foundation Giving Club.



Heartiest Congratulations to President Apurva Patel, Sec Rtn Harsha Mehta, Director Rtn Manish Kothari & his TRF Support Team along with the members of RC Bombay Airport for becoming EREY Club



Congratulations dear Rtn. Bidyut & Rina Sen for becoming major Donor Level 2



Congratulations dear Rtn. Mohan & Rtn. Sangeeta Jain for becoming Major Donor Level 1



Congratulations Rtn. Dhruti Shah for becoming Paul Harris Society Member.



Congratulations dear Rtn. Manoj Shah for becoming Major Donor Level 1



Congratulations dear President Apurva Patel for Polio Plus Award

PDG Bansi Dhurandhar & Rtn Paresh Bhagat also were recognised for their CSR contribution.

## Membership & Assimilation

### Director: Rtn. Dhiren shah



Fireside meeting happened in PP Rtn. Sumant & Suchitra Naik's residence with great hospitality & sumptuous food. Meeting was well conducted by PP Rtn. Buren Parekh. Thanks to Director Rtn Dhiren Shah & Chairman, PP Rtn Bharat Dhanki for putting in great efforts in executing the fireside.

## Public Image

### Director Rtn. Ajanta Rath Mishra



Bhoomi puja of Checkdam project was in print media



# A Golden Tapestry of Service: The Inspiring Lives of Nitin and Harsha Mehta

In the vibrant tapestry of our club, there shines a particularly radiant thread – our esteemed members, Nitin and Harsha Mehta. Nitin, a Past President of our club and our very first representative in the distinguished Arch Klumph Society (AKS), also serves as the dedicated chairperson of the Gift of Life project, a flagship initiative of our club. In this role, he embodies unwavering commitment to providing free pediatric heart surgeries to underprivileged children at the Sri Sathya Sai Sanjeevani Hospital. This is not just an act of charity; it is a profound expression of empathy that ripples through countless young lives and their families. Adding to their remarkable contributions, Nitin and Harsha Mehta have been jointly honored with the prestigious AKS membership, a lifelong distinction recognizing their extraordinary and enduring support of the Rotary Foundation. He's the FIRST SEATING PRESIDENT in the Dist. 3141 and FIRST in RCBA to become an AKS member.

This prestigious AKS honor recognizes Nitin and Harsha among Rotary's most dedicated supporters. Their enduring generosity will be memorialized with portraits etched on glass in the Arch Klumph Society Gallery at Rotary International Headquarters. Their inspiring story will also be showcased interactively, and they will receive special insignia befitting their remarkable commitment.

As President of RCBA (2020-21) during Covid Year, Nitin's dedication never wavered. Instead, it seemed to intensify. Under his resolute leadership, RCBA soared to the top of the TRF Pan India rankings, a remarkable achievement during such a difficult period. His vision extended even further, as he spearheaded the application for three global grants to address the urgent needs for heart surgeries and oxygen plant requirements – a proactive and impactful response to the crisis involving various international rotary clubs.

Beyond his remarkable contributions to our club and the Gift of Life project, Nitin's iconic Covid Warrior Memorial, standing proudly at the junction of Swami Vivekanand Road and Linking Road in Bandra West, serves as a poignant reminder of resilience and remembrance. It is a testament to his deep connection with the community and stands as a must-visit landmark for those exploring the vibrant city of Mumbai.

Nitin's journey encompasses a B.Com. from Sydenham College and a US MBA, leading to diverse professional experiences, including working directly under Mr. Azim Premji at Wipro. His entrepreneurial spirit later flourished in stock broking. As a past RCBA President, he demonstrated strong leadership, while his personal passions range from piloting to thrilling adventure sports.

His life is beautifully intertwined with that of his equally accomplished spouse, Harsha. They met at Sydenham College, and their connection blossomed into a lifelong partnership. Harsha is a successful homemaker, a Past President of IWCBA, has done her BCom from Sydenham College and holds an M.A. in Gujarati from Kalinga University. She carries the rich legacy of her grandfather, the renowned playwright Shri Pragji Dossa, and her uncle, the walking encyclopaedia of cricket, Shri Anandji Dossa. Her own flair for writing short stories and poems in Gujarati and Hindi adds another layer of creativity to their vibrant family life. Together, Nitin and Harsha have built a successful home and are blessed with two accomplished sons, two caring daughters-in-law, and two loving grandchildren.

To this extraordinary couple, Nitin and Harsha Mehta, we extend our deepest gratitude and heartfelt admiration. Your shared kindness, Nitin's exceptional leadership, and your unwavering commitment to making a tangible difference in the lives of others are not only an inspiration to us all but are now permanently recognized within the hallowed halls of Rotary International. You are true beacons of hope, and your legacy of compassion will continue to shine brightly for generations to come, etched not just in our hearts, but in the enduring glass of the Arch Klumph Society Gallery.



RCBA handed over an appreciation certificate to Ms. Cheryl Pinto, Director HR, Glenmark Pharmaceuticals Ltd., at the Bandra Bandstand Promenade, for initiating a joint corporate blood donation drive with IWCBA at their Andheri East office. Special thanks to PP Rtn Kevin Colaco for facilitating this project.



PDG Bansi Dhurandhar was a speaker in the Vocational Excellence Awards Function organised by RC of New Bombay Seaside

# KACHI MOGHLAI BIRYANI

## Ingredients-

Mutton	1kg	Red chilli powder.	3 tsp
Basmati rice.	750gms.	Cinnamon.	1" pc.
Onions.	1 kg.	Green cardamom.	2-3
Potatoes.	500 gms.	cloves.	3-4
Tomatoes.	1kg.	Curds.	500 gms.
Ginger paste.	1 1/2 tbsp.	Lime.	2.
Garlic paste.	1 tbsp.	Corriander leaves.	1/2bunch.
Green chilli paste.	2 tsp.	Wheat flour.	500 gms.
Pepper corns.	6-8	Garam Masala powder.	2 tsp.
Big brown cardamoms	2	Ghee.	200gms.
Bay leaves.	2-3	Oil.	300 gms.
Kala jira.	1 tsp.	Yellow colour.	few drops.
Jeera.	1 tsp.	Salt to taste.	



## Method:

Parboil basmati rice in salted water along with 1 big brown cardamom & 1 bay leaf. Strain and keep aside. Cut onions into very thin slices. Fry them in enough oil till golden brown & crisp. Remove, drain oil and keep aside. Clean, wash & cut mutton pieces.

Marinate with curd, chopped tomatoes, fried onions, potatoes cut into 4 pieces each. Red chilli powder, salt, lime juice, chopped coriander leaves, and garam masala powder. Add two table spoons of oil. Marinate for 2-3 hours in a big heavy bottomed vessel, which would hold the rice as well. Spread the par boiled rice over the marinated mutton. Colour a little rice on the top with yellow colour. Heat ghee in a small pan. Add all the whole spices and let it splatter. Pour it immediately over the rice and cover.

Knead a soft dough with wheat flour and water. Seal the cover of the pan with this dough. Cook on high flame for 45 minutes and then on a slow flame for 1 hour or till the dough on the side cracks. Serve hot with raita.



**Rashida Kadri**



Directors Orientation Program of PE Pragna Mehta was held at Radisson Hotel in Khopoli. CLF Rtn. Suvendu Mishra, planned & conducted it very well. Eminent Past Presidents of RCBA were there as speakers. The entire board of directors & partners were also present & was a great learning session of 1.5 days.



Rtn. Dr. Yogini Sheth attended a joint meeting of Rotary, Lions & Kiwanis Club hosted by RC of Tustin. She exchanged flags with RC of Tustin & spoke about RCBA's flagship projects .



RCBA had a great presence in the District Learning Assembly that happened in Yashwant Rao Centre.



# Young Hands & Big Impact!

This month in rotary is dedicated to the Youth. So we are showcasing two projects done by our rotractors.



The Rotaract Club of M. L. Dahanukar College, organised an Aarogyam health check-up camp in NSM school, where 450 children between the age group of 5 years to 15 years were screened. This check-up was free of cost conducted with the help of Mediculture Foundation, making it a successful event.



Our Rotractor Club of DGMC had organised a Cervical Cancer Awareness Programme at Keltipada Village in Aarey colony. This was led by renowned Gynaecologist Dr. Bela Bhatt. The session concluded with distribution of sanitary napkins promoting menstrual hygiene.



## Did you know?

The Rotary Emblem, the wheel with 24 cogs & 6 spokes was made the standard rotary symbol by Rotary International in 1923

## Forthcoming Events in the month of May :

**4th to 11th - International cruise for members & friends,**

**19th - Club meeting**  
**26th - Club meeting**

## MUMBAI ON MY PLATTER

### Clean Eating/healthy Food

- |   |  |
|---|--|
| <b>1. Pause,</b><br>Pali Hill                   | <b>4. Seeds Of Life,</b><br>Multiple Locations |
| <b>2. Project Hum,</b><br>Pali Hill             | <b>5. Sequel,</b><br>Khar                      |
| <b>3. Kitchen Garden,</b><br>multiple locations | <b>6. Bombay Salad Co.,</b><br>Khar            |



## Raising a Toast...

### Birthdays

02 Harshad Shah  
03 Bharat Dhanki  
03 Prem Bohra  
11 Shanta Harishingani  
14 Sangita Harlalka

14 Falguni Shah  
14 Dilshad Randeria  
14 Pravin Shah  
20 Nimesh Gudiwala  
25 Manish Nathwani

26 Ajanta Rath Mishra  
26 Shobhana Shah  
30 Nitin Dedhia

### Anniversaries

02 Ram & Shanta  
03 Paresh & Rashmi  
04 Huned & Rashida  
07 Mohan & Sangeeta

08 Rajhu & Malti  
09 Vaishali & Prasad  
09 Subodh & Prem  
12 Jayant & Meena

13 Sandeep & Rajul  
14 Bansi & Surekha  
16 Vijay & Sunita  
16 Dhananjay & Swati

22 Vikas & Parul  
25 Girish & Gargee  
26 Vikram & Smruti  
30 Virag & Ami