

## FROM THE PRESIDENT'S PEN...

October 2023 was a month filled with significant achievements and profound loss. We kicked off the month with a vibrant Navratri fellowship, fostering unity and camaraderie among Rotarians and their families. Our commitment to community health shone through the successful Mega Medical Camp organized in collaboration with IWCBA, providing essential healthcare services to numerous individuals.

On World Polio Day (October 24th), we raised an impressive Rs 3.90 Lacs+ through crowdfunding, contributing to the global effort to eradicate polio. We also revived the "The Shrink & The Nut" program to address mental health issues, fostering open conversations and reducing stigma.



Our young members continue to inspire us. The Interact Club of R. N. Shah International School

collected a record amount of waste, demonstrating their dedication to environmental sustainability. Additionally, young leaders from the Interact Club of Parle Tilak ICSE School organized a visit to an old age home, showing compassion and empathy for the elderly.

The month of October was also marked by the loss of Ratan Tata, a true visionary and philanthropist. His legacy of compassion, innovation, and social responsibility continues to inspire us. As Swami Vivekananda wisely said, "We must have a great ideal, a great purpose before us." Let us continue to strive for a better world, guided by the principles of Rotary and inspired by the selfless service of individuals like Ratan Tata.

Looking ahead, the construction of the 2nd-floor classroom at Ranshet Ashramshala is nearing completion, and the 2nd phase of the project will commence soon.

We are committed to empowering youth through RYLA, RYPEN, and MIPS programs. These initiatives provide young individuals with valuable leadership skills and opportunities for personal growth.

During Rotary Foundation month of November, we aim to make substantial contributions to support global initiatives such as maternal & child health, technology, and growing local economies overseas. Let us embrace the magic of Rotary, infuse vibrancy into our communities, and embody the spirit of humaneness. Together, we can create a lasting impact and build a brighter future for all.

#### President - Rtn. Apurva Patel

## OCV



Official Club Visit of RCBA was seamless & very successful. DG Rtn Chetan Desai praised President Rtn. Apurva Patel, Sec AKS Harsha Mehta, entire BOD, partners in service & the entire club for being so perfect in every aspect. The members & partners were present in large numbers to show the unity & strength of RCBA. The DG & all the district dignitaries were highly impressed by our work, unity & culture. Thus RCBA flag kept flying high as usual.

## EDITOR'S TIDINGS



Kaleidoscope of Indian Festivals

"I had my invitation to this world's festival, and thus my life has been blessed. My eyes have seen, and my ears have heard." - Rabindranath Tagore

India is a land rich in culture and tradition, woven together by vibrant festivals that reflect a diverse heritage. These festivals are not just moments of celebration and joy but carry a deeper purpose. Beyond honoring traditions, preserving culture, and passing values to future generations, they shape our character and strengthen our sense of community.

Every festival imparts a lesson and conveys a message. For example, Lord Jagannath, revered by Hindus as the "Lord of the Universe," steps out of his temple during the Rath Yatra to meet disciples

of every caste, creed, and faith. This act symbolizes unity and the oneness of humanity. Lord Jagannath's incompleteness reminds us to accept others with love and treat them equally, despite imperfections, as we are all creations of the divine.

In Ramadan, a month of fasting teaches self-control and discipline. Festivals like Dussehra, Diwali, Navroz, Christmas, Baisakhi, Paryushan, and Eid share universal themes of brotherhood, unity, love, joy, compassion, forgiveness, truth, and service. Together, they reinforce the belief in a supreme power that connects and guides us all.

Indians celebrate these festivals with passion and enthusiasm, much like the values we uphold in Rotary. In Rotary, our commitment to spirituality transcends any specific faith, empowering us to serve humanity with humility and gratitude. Let us keep this spirit alive and work towards building a better tomorrow.

Happy Diwali to my RCBA Family

#### Rtn. Ajanta Rath Mishra

## PUBLIC IMAGE **AVENUE DIRECTOR: RTN. AJANTA RATH MISHRA**



શેટરી કલબ ઑફ બૉમ્બે ઍરપોર્ટ અને ઇનરવ્ડીલ કલબ ઑફ બૉમ્બે ઍરપોર્ટે સંયુકતપણે નિઃગ્નુલ મેડિકલ ચેકઅપ કેમ્પ, 'આરોગ્યમ'નું વંચિતોની રેવાર્થે વીરમી ઑકટોબરે આરોજન કર્યું હતું, જેનો લાભ નેઠરુ નગર, જુઠૂના ૧૦૦થી વધુ વ્યક્તિઓએ લીધો હતો. ડીજી ચેતન દેસાઈ, પ્રમુખ અપૂર્વ પટેલ, ડાયરેકટર નિની ભાટિયા, ડૉ. અક્ષય અને ડો. સ્નિગ્ધા મહેતા, ડો. નીતિન દેટિશા અને ટીમ ડો. કનીર ભાટિશા અને ટીમ ડો. સુરેખા ધુરંધર, ડો. શોગિની શેઠ, ડૉ. કેતકી શાઢ, ડૉ. સ્ટાજીત ભોસલે, ડૉ. ઉર્વી કોઠારી, રાઠી, રાચિવ સુમેધા અગવાલ, ધૂવ બજુ, થયાર્થ રાવત, ડૉ. થૂભાંગી મેરુગી, ડૉ. આશિય કદમ, ડૉ. રૂપા દોશી, સ્વયંસેવકોએ ચોગદાન આપ્યું હતું.

#### Janmabhoomi newspaper Page number 10

Mega Medical health check up camp at Nehru Nagar Slum was covered

રોટરી કલબ ઑફ બોમ્બે એરપોર્ટ અને ઈનરવ્ઠીલ કલબ ઑફ બોમ્બે ઍરપોર્ટ



શેટરી ક્લબ ઑફ એરપોર્ટ અને ઇનરવ્છીલ કલબ ઑક બોમ્બે ઍરપોર્ટે સંયુક્તપણે એક મઢત મેડિકલ ચેક-અપ કેમ્પ, 'આરોગ્યમ'નું વંચિતોની સેવાર્થે ઓક્ટોબર ૨૦ના આયોજન કર્યું હતું, જેમાં નેહરૂનગર, જુહુમાં ૬૦૦થી વધુ વ્યક્તિઓએ લાભ લીધો હતો. સહયોગી પ્રયાસમાં શેટ. એનએમઆઈએસ - એએસએમએસઓસી, રોટરી કલબ ઑક મુંબઈ નીઓ અને લાચાકુમારી બીએસઈએસ વ્લોબલ હોસ્પિટલ હારા શહ-આયોજિત, આ પહેલમાં વિવિધ વ્યાપક આરોગ્યસંભાળ સેવાઓ પ્રધાન કરી હતી. ડીજી ચેતન દેસાઈ, પ્રયુખ

પટેલ, ડાયરેક્ટર નીની ભાટિયા, ડો. અથય અને ડો. સ્નિગ્ધા સપૂર્વ યતેતા, ડો. નોતિન દેકિયા અને ટીમ ડો. કનીર ભાટિયા અને ટીમ ડો. સુરેખા ધુરંધર, ડો. પોગિની શેઠ, ડો. કેતકી શાહ, ડો. રણજીત ભોંસલે, ડો. ઇર્વી કોઠારી, રોટરેક્ટરઃ પ્રમુખ રાઠી, સચિવ સુયેધા અસવાલ, ધ્રુવ જાજુ, યથાર્થ રાવત, ડો. શુભાંગી મેસ્સી, ડો. આશિપ કદમ, ડો. કુમા દોશી, સ્વયંસેવકોના નિઃસ્વાર્થ યોગદાનથી આ શિબિરને આવ્યુત સકળતા મળી હતી તથા અસંખ્ય જીવન પર સકારાત્મક અસર પડી 4-1 0

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કોટણે કારણ ઓફ ઓપને એસપોર્ટ (આવારીઓએ), સેટલી કારણ એફ ઓપને આને એટલાના લિંકા ટેક ઇન્સિટાફડાના

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રોટરી કલબ બોમ્બે એરપોટ દ્વારા માનસિક સ્વસ્થતા પર કાર્થક્રમ યોજાયો . ૧૪ ઓસ્ટોબાન્ટ રેજ, મેટરી કલભ બોલ

પો (ખાસીએએ), કેટરી કલમ ખોર ma film in dia الد تبد بالله લેકોકાર્યન આપોળથી, મેરાવા દિલ્હોક પુરંશવંધી, કુલી, પુંચ્છે પારે પાર્ટલ મેના પ તો કાર્યાં પુરંશવારી તેને પાંડાય બરે પણનો ઉપયોગ કરીને દિર્ગ માન્દ્ર બાં બુલ્લાથી તેને પોડાય બરે પણનો ઉપયોગ કરીને દિર્ગ

અને અત્મહત્વાની સુનિય્યો સ્ટીટન પાનીવર અકસ્ય સપાયરબોનો ભાષનો કરવાનો સપાસ થયો હતો. અનેટેચિટિન્સક ટો. અંજરિ કાયદીયા અને દાગ કારાકા અનુક અગ્રેએ સાગક સામાગ્રાને કાર્યાયનો કાર્યાયનો કાર્યાયનો કાર્યાદાના અન્ય આવેલું અન્યાં કંગેજન પ્રાથક શરીતું ગ્રેફળ કર્યું હતું, દક્ષિક્ટ વચ્છે પેનવદેશાદ, પ્રાથમિત્ર કોળાવા પ્રત્યું હતું, O

પ્રયુપ પરપૂર્વ પહેલ, પ્રથમ પહિલા પોના, કારળ લેકેટરી હતાં પહેલા, પ્રેટીપોન્ટ ઇલેકટ બાલ પહેલા, કારળ લાનિંગ કેઇલીકોટર પુડેનુ જરીવાલા, પરિકાર ટિવેફટર નેના ખાડીજા વધીના પ્રગૃદિક પ્રચાલોને

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## The Shrink & the Nut project was covered in Janmabhoomi newspaper

રોટરી કલબના ઉપક્રમે મોડેલ ચુનાઈટેડ નેશન્સ ઈવેન્ટ

યુંથઈ ! સેટરેક્ટ કલાય ઓ ભોના આપોગથી શેટર ખ ખોદ ખોદને ખેટલોઈ છ udês di લ્લમાં માનું તું. છ કાલ મોચર, પ 1045, 5094 er fafte erti 12-1

તેલું. ગાંધ ચેદે ગાંધ, નીલિન અને ક er સંસ્કૃત તેવું ખોલા છે. રાવેસ અને સ્વાતિ અહવાલ, એસ.એ.એ. સુવે ડૉ. વોડિન્સે લેક, ક્રિન્ટિવ્યાલ ડૉ. અમી વોસ, સ્ બાદિયા, ડિડેક્સર વૈચાલી અને ગલાદ કરોવવે. 49.2.47 46 mm 48 પ્રિકટર મનીપ કોઠલી, સીટવી જનવલ નરીકે પંજય દહાકદેદ તરલ તરીકે આગ્ર શે. એન. અપૂર્વ પંચર, જજ કોંદિ દોકોી, ideal v ÷.

MUN was covered in Janmabhoomi newspaper



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## MEDICAL PROJECTS AVENUE DIRECTOR: RTN NINA BHATIA



The Shrink & the Nut is a program on mental health awareness, was held at Atlas Skill-Tech University. It was a spectacular event benefiting the students & was well supported by Rtn. Dr. Indu Shahani. Session was conducted by the celebrity sister-brother duo, Dr Anjali Chhabria & Atul Khatri.



Mega Health Check-Up Camp at Nehru Nagar Slum, Juhu, in collaboration with NMIMS Rotaractors, benefitted 700 underprivileged individuals. With the esteemed presence of the DG Chetan Desai, our dedicated in-house doctors volunteered their expertise, supported by a strong turnout of Rotarians.



AED MACHINES were installed in Kalyan Railway Station & Matunga Station along with CPR TRAINING. Interesting fact is, Matunga railway station is manned entirely by females.

## YOUTH SERVICES II (INTERACT) Director: Rtn. Vaishali Paranjape



110 students of 10th grade of Parle Tilak ICSE School visited the old age home, "Helpers of Mery-Home for the Elderly" at Andheri (w) The students donated goodies like shampoo, talcum powder & biscuits & entertained the elderly & spread joy.



CNVM students collected old papers and books for recycling to create new notebooks for the underprivileged.

Plastic Waste Collection drive by the students of the following 4 Schools 1. R.N SHAH International School, 2. Shri MM PUPILS OWN School, Khar(w), 3. Shree Mumbadevi Vidya Mandir ICSE, Khar (W), 4. Shree Mumbadevi Vidya Mandir, SSC, Khar (W).



Career Guidance Counselling at NSM School, Vile Parle ( E) for the 9th & 10th grade Students. Speaker: Shri Vraj P. Patel A very highly qualified & established TEDx Speaker

## CLUB SERVICES I & II Avenue Director: Rtn. Dhruti Shah



Navratri fellowship was held in a spectacular way along with IWCBA at the Nanavati Choksi Hall with beautiful performances & a live band.



Know Your Rotarian Or Jaan Pehchan was conceptualised in a new way by Dir Dhruti Shah & was very well conducted by Rtn Sanjay Udeshi & Rtn. Sandip Tarkas. Participants were Rtn Kalpesh & Seema Shah, Rtn Falguni Kotak, Rtn. Vaishali Salla & Rtn Sunil & Shefali Shah.



Rtn. Ravindra Vora exchanged RCBA flags with the flags of RC of Hayward & RC of Pleasanton North, in USA

The Rotary Foundation receives highest rating from the Charity Navigator for the 16th consecutive year in a row.

## We're thrilled to welcome you aboard!

Here's to new beginnings, friendships & a collective pursuit of sharing goals, taking responsibilities & making a positive impact.



#### Rtn. Bijal Sanjay Merchant

Bijal is not a new face to our club; she is the spouse of Rtn. Sanjay Merchant, who has been a director on the board for the past two years. Even before officially becoming a member, Bijal actively contributed to our club as the chair of the TRF & International Services Committee.

A Chartered Accountant by profession, Bijal runs her own firm, Shrusti Enterprise, alongside her husband, Rtn. Sanjay Merchant. She is also the proud mother of two children, Parthivi and Kshitij.

Rtn Darshana Haresh Jhaveri

Darshana, a graduate in Home Science, is a proud homemaker and is married to Haresh Jhaveri. She has a love for music and travelling and is a devoted mother to her son, Kunal.





#### Rtn. Vaishali Sanjay Salla

Vaishali is the founder of her Jewellery brand, The White Lotus, and proudly carries forward a 40-year old family legacy. A talented singer and avid traveller, she is also a proud mother of two children, Arjun and Aarzoo.

#### Rtn. Daksha Naishadh Patel

Daksha is no stranger to our club; she is the spouse of Rtn. Naishadh Patel, who has been a dedicated member for many years. An entrepreneur, singer, and traveller, Daksha also has a passion for cooking and sharing her meals with others.



A proud mother of two—Jaimin Patel and Dr. Prachi Desai—Daksha joins our club as a member with a heartfelt commitment to serving the community.



Rtn. Paresh Mehta is not only a skilled engineer and successful industrialist, but also an exceptionally talented rangoli artist. His intricate rangoli designs have even been featured in publications like The Times of India.

Here, we showcase a recent rangoli creation by Paresh that beautifully captures the essence of the Mahayagna, symbolizing the drive to dispel negativity and invite positivity and good energy.



Rangoli

# **DISTRICT EVENTS**





Dr Priti Doshi & Rtn. Quresh Habibulla participated in the district sports tournament (Badminton & Table tennis) RCBA was a Co host.



Swachhata Pakhwada in the District. RCBA was a Co host.



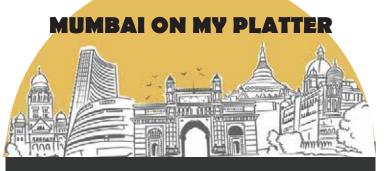
Disability to Ability Avenue. RCBA was a Co host Cricket match was played on wheelchairs by the specially abled people.

# Did you know?

U.S. Presidents Roosevelt, Carter, Reagan, and both Bushes were all Rotarians—and Donald Trump is also a past president of a Rotary Club.

# Forthcoming Events in the month of November :

- **18<sup>th</sup>** Speaker meeting
- 25<sup>th</sup> Club assembly
- 27<sup>th</sup> to
- 1<sup>st</sup> Dec Domestic tour to Tehri and Rishikesh



Shree Thaker Bhojanalay, Kalbadevi ₹₹ Gujarati Heaven, Since 1945

Soam, Girgaum Chowpatty ₹₹₹ Comfort Food Forever

> Chaitanya, Dadar *₹₹₹* Seafood Paradise

Tuskers, Sofitel BKC ₹₹₹₹₹ Seasonal Thalis, that hit the spot

# **International Services & TRF** Avenue Director: Rtn. Manish Kothari









**RCBA Created a History-**YEARS DONORS RS. 390,000+

## 39th Polio Day: A Resounding Success!

We are thrilled to announce that on the 39th Polio Day, 39 generous donors contributed an impressive total of ₹3,90,000+! This overwhelming support will go a long way in making the world Polio free.

# Samosadilla (Samosa Quesadillas)

Perfect for Diwali parties as a non-fried snack.

2024

#### Recipe for 6 servings:

Take 6 large tortilla wraps of your choice: cornflour, whole wheat, gluten-free, or even leftover rotis.

## Ingredients for the stuffing:

- 3 medium-sized potatoes
- 1 cup boiled green peas
- 2 teaspoons oil
- 1/2 teaspoon cumin seeds
- 2 teaspoons coarsely crushed coriander seeds
- 2 teaspoons ginger-green chili paste
- 1 teaspoon red chili powder

- 1 teaspoon coriander powder
- 1 teaspoon dry mango powder
- 1/2 teaspoon garam masala
- 6 tablespoons date-tamarind chutney
- 6 tablespoons green coriander chutney
- 6 ounces shredded mozzarella cheese
  - 2 tablespoons ghee

#### **Preparation:**

In a pan over medium heat, add 2 teaspoons of oil and sprinkle in the cumin and coriander seeds. Let them roast, then add the ginger-chili paste.

After 30 seconds, add the boiled green peas, a pinch of salt, and sauté for 2 minutes. Next, add all the dry spices mentioned above. Finally, add the mashed potatoes and mix well.

#### To make the quesadilla:

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Ashit Lathia

Rajeev Puri

Ami Shivpuri

**Bimal Shah** 

Sunil Shah

06 Vikram Sanghvi

Dhiraj Mehta

Sunita Mehta

Biren & Deena

15 Fidahusain & Subina

Apurva Patel

21 Bidyut & Rina

22 Paresh & Priti

On a flat tortilla, spread green chutney on one half and tamarind on the other half. Spread one-sixth of the potato filling over one half and top it with one-fourth cup of shredded mozzarella cheese. Fold the other half of the tortilla over to close it. Heat a skillet over medium heat, add a teaspoon of ghee, and toast the quesadilla on both sides until it turns golden. Transfer it to a chopping board and cut into wedges. Serve hot while the cheese is melted, alongside green chutney and ketchup, and enjoy!



# Birthdays

Raising a Toast...

- 15 Vikram Modi
- 15 Seema Tibrewal
- 16 Snigdha Mehta
- 19 Paresh Mehta
- 19 Rajeev Dalal
- 23 Dhiren Shah
- 23 Suvendu Mishra
- Swati Sathaye 23
- 25

## Anil Harlalka

## Anniversaries

- 24 Falguni & Prakash
- 24 Lalit & Mamta
- 26 Jagdish & Hema
- 28 Mehernosh & Dilshad

- 25 Satish Shah
- 25 Smruti Sanghvi
- Mehernosh Randeria 27
- Daksha Naishad Patel 28
- 29 Ujwal Andhari
- 30 Niraj Thakkar
- 30 Rama Dhoot
- 28 Viekram & Pooja
- 29 Apurva & Mona 29
- Bankim & Neha 30 Babulal & Indira













