

UDAAN

November 2024

STEPHANIE A. URCHICK
R I PRESIDENT

CHETAN DESAI
DISTRICT GOVERNOR

APURVA PATEL
PRESIDENT

HARSHA MEHTA
HON. SECRETARY

AJANTA RATH MISHRA
EDITOR

FROM THE PRESIDENT'S PEN...

October 2023 was a month filled with significant achievements and profound loss. We kicked off the month with a vibrant Navratri fellowship, fostering unity and camaraderie among Rotarians and their families. Our commitment to community health shone through the successful Mega Medical Camp organized in collaboration with IWCBA, providing essential healthcare services to numerous individuals.

On World Polio Day (October 24th), we raised an impressive Rs 3.90 Lacs+ through crowdfunding, contributing to the global effort to eradicate polio. We also revived the "The Shrink & The Nut" program to address mental health issues, fostering open conversations and reducing stigma.

Our young members continue to inspire us. The Interact Club of R. N. Shah International School collected a record amount of waste, demonstrating their dedication to environmental sustainability. Additionally, young leaders from the Interact Club of Parle Tilak ICSE School organized a visit to an old age home, showing compassion and empathy for the elderly.

The month of October was also marked by the loss of Ratan Tata, a true visionary and philanthropist. His legacy of compassion, innovation, and social responsibility continues to inspire us. As Swami Vivekananda wisely said, "We must have a great ideal, a great purpose before us." Let us continue to strive for a better world, guided by the principles of Rotary and inspired by the selfless service of individuals like Ratan Tata.

Looking ahead, the construction of the 2nd-floor classroom at Ranshet Ashramshala is nearing completion, and the 2nd phase of the project will commence soon.

We are committed to empowering youth through RYLA, RYPEN, and MIPS programs. These initiatives provide young individuals with valuable leadership skills and opportunities for personal growth.

During Rotary Foundation month of November, we aim to make substantial contributions to support global initiatives such as maternal & child health, technology, and growing local economies overseas. Let us embrace the magic of Rotary, infuse vibrancy into our communities, and embody the spirit of humaneness. Together, we can create a lasting impact and build a brighter future for all.



President - Rtn. Apurva Patel

OCV



Official Club Visit of RCBA was seamless & very successful. DG Rtn Chetan Desai praised President Rtn. Apurva Patel, Sec AKS Harsha Mehta, entire BOD, partners in service & the entire club for being so perfect in every aspect. The members & partners were present in large numbers to show the unity & strength of RCBA. The DG & all the district dignitaries were highly impressed by our work, unity & culture. Thus RCBA flag kept flying high as usual.

MEDICAL PROJECTS

AVENUE DIRECTOR: RTN NINA BHATIA



The Shrink & the Nut is a program on mental health awareness, was held at Atlas Skill-Tech University. It was a spectacular event benefiting the students & was well supported by Rtn. Dr. Indu Shahani. Session was conducted by the celebrity sister-brother duo, Dr Anjali Chhabria & Atul Khatri.



Mega Health Check-Up Camp at Nehru Nagar Slum, Juhu, in collaboration with NMIMS Rotaractors, benefitted 700 underprivileged individuals. With the esteemed presence of the DG Chetan Desai, our dedicated in-house doctors volunteered their expertise, supported by a strong turnout of Rotarians.



AED MACHINES were installed in Kalyan Railway Station & Matunga Station along with CPR TRAINING. Interesting fact is, Matunga railway station is manned entirely by females.

YOUTH SERVICES II (INTERACT)

Director: Rtn. Vaishali Paranjape



110 students of 10th grade of Parle Tilak ICSE School visited the old age home, "Helpers of Mery-Home for the Elderly" at Andheri (w) The students donated goodies like shampoo, talcum powder & biscuits & entertained the elderly & spread joy.



CNVM students collected old papers and books for recycling to create new notebooks for the underprivileged.

Plastic Waste Collection drive by the students of the following 4 Schools 1. R.N SHAH International School, 2. Shri MM PUPILS OWN School, Khar(w), 3. Shree Mumbadevi Vidya Mandir ICSE, Khar (W), 4. Shree Mumbadevi Vidya Mandir, SSC, Khar (W).



Career Guidance Counselling at NSM School, Vile Parle (E) for the 9th & 10th grade Students.
Speaker: Shri Vraj P. Patel
A very highly qualified & established TEDx Speaker

CLUB SERVICES I & II

Avenue Director: Rtn. Dhruiti Shah



Navratri fellowship was held in a spectacular way along with IWCBA at the Nanavati Choksi Hall with beautiful performances & a live band.



Know Your Rotarian Or Jaan Pehchan was conceptualised in a new way by Dir Dhruiti Shah & was very well conducted by Rtn Sanjay Udeshi & Rtn. Sandip Tarkas.

Participants were Rtn Kalpesh & Seema Shah, Rtn Falguni Kotak, Rtn. Vaishali Salla & Rtn Sunil & Shefali Shah.



Rtn. Ravindra Vora exchanged RCBA flags with the flags of RC of Hayward & RC of Pleasanton North, in USA

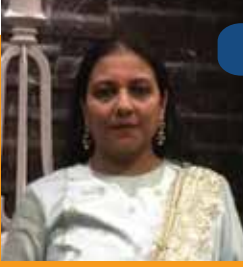


The Rotary Foundation receives highest rating from the Charity Navigator for the 16th consecutive year in a row.

WELCOME NEW MEMBERS TO OUR RCBA FAMILY!

We're thrilled to welcome you aboard!

Here's to new beginnings, friendships & a collective pursuit of sharing goals, taking responsibilities & making a positive impact.



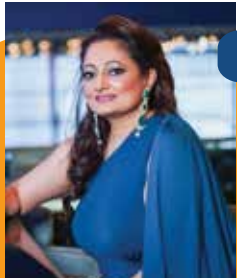
Rtn. Bijal Sanjay Merchant

Bijal is not a new face to our club; she is the spouse of Rtn. Sanjay Merchant, who has been a director on the board for the past two years. Even before officially becoming a member, Bijal actively contributed to our club as the chair of the TRF & International Services Committee.

A Chartered Accountant by profession, Bijal runs her own firm, Shruti Enterprise, alongside her husband, Rtn. Sanjay Merchant. She is also the proud mother of two children, Parthivi and Kshitij.

Rtn Darshana Haresh Jhaveri

Darshana, a graduate in Home Science, is a proud homemaker and is married to Haresh Jhaveri. She has a love for music and travelling and is a devoted mother to her son, Kunal.



Rtn. Vaishali Sanjay Salla

Vaishali is the founder of her Jewellery brand, The White Lotus, and proudly carries forward a 40-year old family legacy. A talented singer and avid traveller, she is also a proud mother of two children, Arjun and Aarzo.

Rtn. Daksha Naishadh Patel

Daksha is no stranger to our club; she is the spouse of Rtn. Naishadh Patel, who has been a dedicated member for many years. An entrepreneur, singer, and traveller, Daksha also has a passion for cooking and sharing her meals with others.

A proud mother of two—Jaimin Patel and Dr. Prachi Desai—Daksha joins our club as a member with a heartfelt commitment to serving the community.



Rtn. Paresh Mehta is not only a skilled engineer and successful industrialist, but also an exceptionally talented rangoli artist. His intricate rangoli designs have even been featured in publications like The Times of India.

Here, we showcase a recent rangoli creation by Paresh that beautifully captures the essence of the Mahayagna, symbolizing the drive to dispel negativity and invite positivity and good energy.



Rangoli

DISTRICT EVENTS



Dr Priti Doshi & Rtn. Quresh Habibulla participated in the district sports tournament (Badminton & Table tennis)
RCBA was a Co host.



Swachhata Pakhwada in the District.
RCBA was a Co host.



Disability to Ability Avenue.
RCBA was a Co host
Cricket match was played on wheelchairs by the specially abled people.

Did you know?

U.S. Presidents Roosevelt, Carter, Reagan, and both Bushes were all Rotarians—and Donald Trump is also a past president of a Rotary Club.

MUMBAI ON MY PLATTER



Shree Thaker Bhojanalay,
Kalbadevi
₹₹
Gujarati Heaven, Since 1945

Soam, Girgaum Chowpatty
₹₹₹
Comfort Food Forever

Chaifanya, Dadar
₹₹₹
Seafood Paradise

Tuskers, Sofitel BKC
₹₹₹₹₹
Seasonal Thalís,
that hit the spot

Forthcoming Events in the month of November :

- 18th - Speaker meeting
- 25th - Club assembly
- 27th to
- 1st Dec - Domestic tour to Tehri and Rishikesh

International Services & TRF

Avenue Director: Rtn. Manish Kothari



**ON A WORLD
POLIO DAY
2024**



RCBA Created a History-
39 YEARS
DONORS
RS. 390,000+



39th Polio Day: A Resounding Success!

We are thrilled to announce that on the 39th Polio Day, 39 generous donors contributed an impressive total of ₹3,90,000+! This overwhelming support will go a long way in making the world Polio free.

Samosadilla (Samosa Quesadillas)

Perfect for Diwali parties as a non-fried snack.

Recipe for 6 servings:

Take 6 large tortilla wraps of your choice: cornflour, whole wheat, gluten-free, or even leftover rotis.

Ingredients for the stuffing:

- | | |
|--|---------------------------------------|
| 3 medium-sized potatoes | 1 teaspoon coriander powder |
| 1 cup boiled green peas | 1 teaspoon dry mango powder |
| 2 teaspoons oil | 1/2 teaspoon garam masala |
| 1/2 teaspoon cumin seeds | 6 tablespoons date-tamarind chutney |
| 2 teaspoons coarsely crushed coriander seeds | 6 tablespoons green coriander chutney |
| 2 teaspoons ginger-green chili paste | 6 ounces shredded mozzarella cheese |
| 1 teaspoon red chili powder | 2 tablespoons ghee |



Preparation:

In a pan over medium heat, add 2 teaspoons of oil and sprinkle in the cumin and coriander seeds. Let them roast, then add the ginger-chili paste.

After 30 seconds, add the boiled green peas, a pinch of salt, and sauté for 2 minutes. Next, add all the dry spices mentioned above. Finally, add the mashed potatoes and mix well.

To make the quesadilla:

On a flat tortilla, spread green chutney on one half and tamarind on the other half. Spread one-sixth of the potato filling over one half and top it with one-fourth cup of shredded mozzarella cheese. Fold the other half of the tortilla over to close it. Heat a skillet over medium heat, add a teaspoon of ghee, and toast the quesadilla on both sides until it turns golden. Transfer it to a chopping board and cut into wedges. Serve hot while the cheese is melted, alongside green chutney and ketchup, and enjoy!



Meena Joshi



Raising a Toast...



Birthdays

- | | | |
|-------------------|-------------------|-------------------------|
| 02 Ashit Lathia | 15 Vikram Modi | 25 Satish Shah |
| 02 Rajeev Puri | 15 Seema Tibrewal | 25 Smruti Sanghvi |
| 03 Ami Shivpuri | 16 Snigdha Mehta | 27 Mehernosh Randeria |
| 04 Bimal Shah | 19 Paresh Mehta | 28 Daksha Naishad Patel |
| 04 Sunil Shah | 19 Rajeev Dalal | 29 Ujwal Andhari |
| 06 Vikram Sanghvi | 23 Dhiren Shah | 30 Niraj Thakkar |
| 07 Dhiraj Mehta | 23 Suvendu Mishra | 30 Rama Dhoot |
| 07 Sunita Mehta | 23 Swati Sathaye | |
| 15 Apurva Patel | 25 Anil Harlalka | |

Anniversaries

- | | | |
|------------------------|------------------------|---------------------|
| 09 Biren & Deena | 24 Falguni & Prakash | 28 Viekram & Pooja |
| 15 Fidahusain & Subina | 24 Lalit & Mamta | 29 Apurva & Mona |
| 21 Bidyut & Rina | 26 Jagdish & Hema | 29 Bankim & Neha |
| 22 Paresh & Priti | 28 Mehernosh & Dilshad | 30 Babulal & Indira |

