

UNITE
FOR
GOOD

Udaan



Rotary
Club of Bombay Airport District 3141



LET'S
INSPIRE

SEPTEMBER_2025

FRANCESCO AREZZO
R I PRESIDENT

DR. MANISH MOTWANI
DISTRICT GOVERNOR

PRAGNA MEHTA
PRESIDENT

MANISH KOTHARI
HON. SECRETARY

MEENA JOSHI
EDITOR

From the President's Desk...



September month theme- Basic Education and Literacy

As we step into September, I pause to reflect on the wonderful journey of the past two months. July and August months were truly buzzing with activities, projects, and vibrant fellowships. Each event was a testimony to the energy, commitment, and passion of our directors & members. I am deeply grateful to all our Directors and team members, who have put in tireless efforts and are raring to go further with enthusiasm. Together, we have set a strong foundation for the Inspire year.

September theme resonates deeply with our commitment to creating lasting change in the world. Education isn't just about reading and writing ; it's the foundation for a life of opportunity, empowerment and dignity. It's the key that unlocks potential and opens all the doors of life. Education is the greatest gift we can give to a child, a family and a community. It not only empowers individuals but also uplifts generations. Our RCBA projects this month will resonate with this theme, creating opportunities to learn, to read and to build brighter futures.

As Rotarians, we believe in making lasting change. A wise saying reminds us: "If you teach a man to read, you change his life. If you teach a child, you change the future of the world." Let us continue to support initiatives that spread literacy, enhance skills, and open doors of knowledge to all. RCBA believes that Education is foundation of empowerment specially for underprivileged & access to learning is pathway to independence, self confidence & better lives.

With this strong belief, RCBA has launched a mega project to build & enhance capacity for underprivileged children of Ashramshalla at Palghar. This new facility will provide a safe, hygienic, and conducive environment for education and holistic development, It will address critical need to admit more students. As we know, education is the cornerstone of all future development for students and will create lasting positive change for generations. We earnestly request your support & be our partner in fulfilling this mission.

I am confident that, with our spirit of service and unity, our club will continue to inspire, educate and illuminate lives in the months ahead. Together, we can build a more literate and educated world. Let us keep the momentum alive and make September, another month of profound impact and joy.

**Pragna Mehta - President
Inspire Year 2025- 26**

TRF AWARENESS Director: Rtn. Sanjay Merchant



- Major Donors are individuals or couples who have contributed at least \$10,000 cumulatively to The Rotary Foundation, regardless of the fund designation.
- Major Donor recognition is possible only through personal, outright giving—recognition points do not count.
- There are four standard Major Donor levels:
 - Level 1: \$10,000 to \$24,999
 - Level 2: \$25,000 to \$49,999
 - Level 3: \$50,000 to \$99,999
 - Level 4: \$100,000 to \$249,999
- Major Donors are eligible to receive a crystal recognition piece and a Major Donor lapel pin or pendant to commemorate each giving level and are often recognized at Rotary events.

CONTACT: Director: Sanjay Merchant
President: Pragna Mehta Secretary : Manish Kothari



- The Rotary Foundation (TRF) supports Rotary's work to promote peace, fight disease, provide clean water, support education, and grow local economies worldwide.
- PHS stands for the Paul Harris Society; members commit to giving at least \$1,000 each year to TRF's Annual Fund, PolioPlus, or approved global grants.
- AKS refers to the Arch Klumph Society, which recognizes donors who contribute \$250,000 or more cumulatively to TRF.
- PHS and AKS members are essential in sustaining Rotary's global humanitarian service and grant programs.
- Contributions to TRF fund impactful projects like polio eradication, education, disease prevention, and disaster relief.
- Joining PHS or AKS enables Rotarians to create lasting change and provides opportunities for recognition and Rotary events.
- Increased participation in PHS and AKS strengthens TRF's ability to serve communities and achieve Rotary's mission worldwide.

CONTACT: Director: Sanjay Merchant
President: Pragna Mehta Secretary : Manish Kothari



**Heartiest Congratulations to
PDG Bansi Dhurandhar on being invited
as Chief Guest for installation ceremony
of Rotary Club of Sholapur East!**



EDITOR'S MUSINGS...

The Quiet Power of Hobbies and Human Connection

We are more connected than ever before and yet, somehow, more alone.

We're always reachable, always online, messages flow in, groups buzz, photos get likes. But sometimes, even in the middle of all this noise, there's a quiet emptiness.

As life goes on, especially in the later stages when the roles we once played begin to shift, that silence can grow louder. The days stretch out, conversations slow down, and we begin to crave not more interaction, but more meaning. This is where something as simple as a hobby can work quiet magic. A hobby is more than a pastime. It's a reason to smile in the morning, a thread that pulls us gently into the day. It brings rhythm, colour, even mischief into routine. And when shared with others, it becomes a connection.

A shared love for gardening leads to a green initiative.

A cycling group raises funds for a cause.

A passion for painting brings colour into community spaces.

And most beautifully, friendships begin over shared hobbies and grow into lifelong fellowship.

It doesn't take much, just a little time, a little curiosity, and maybe the courage to try something again that you once loved.

We spend so much of our lives doing the things we must. But the things we do simply because we love them are the ones that bring us back to ourselves. When we share those moments with others, connection begins to feel real again. Something powerful happens when we feel fulfilled from within. We begin to give more freely.

When you're content in yourself, you naturally bring more light to others. Inner joy isn't selfish, it's contagious, and hobbies have a way of nurturing that inner spark.

So this September, if the days feel long or life feels a little too quiet, try picking up a paintbrush, a puzzle, a camera, or even that book you've been meaning to read. Try doing it with someone, or share what you love with your club.

You never know what joy it might bring, or who it might bring closer.

We may all be busy. We may all have different stories. But deep down, we're all just looking for a spark something that brings us alive and someone who understands why it does.

Meena Joshi - Editor

COMMUNITY SERVICES (MEDICAL)

Director: Rtn. Dr. Yogini Sheth



Blood Donation drive at Andheri station (W) co hosted by RCBA. Total 89 blood bottles collected.



AED installation and CPR training at Lower Parel station led by PP Dr. Akshay Mehta.



Medical Camp at CINTAA supported by Rajeev & Meena Puri.



AED installation & CPR training at Arthur Road Jail initiative by PP Dr. Akshay Mehta.



Awareness session on Cervical Cancer & testing conducted by PP Dr. Raju Sahetya for teachers & staff at Maniben Nanavati College.



Pap smear test conducted for 34 teachers of Sane Guruji and Nanavati College

YOUTH SERVICE II - INTERACT

Director - Rtn. Bijal Merchant & Chairperson Ann Dr. Urvi Kothari



Kargil Vijay Diwas - Interaction with Army Personnel at R N Shah International School.



Career Guidance and Counselling session at M M Pupils Own High School.



Kargil Vijay Diwas at Chandulal M Nanavati School, Vile Parle (W).



Menstrual Hygiene and Awareness at NSM School, Vile Parle (E).



CPR training for students, teachers and staff of KES SSC School.



A session on Active Listening was held at KES SSC English School.



Sanskar - 15th District Learning Assembly for interactors held at Mayor Hall, Juhu Lane.



Waste plastic collection drive for recycling at KES ICSE School.



Interact Project with Medical Avenue at KES, SSC School, Medical Camp for students and support staff.



Informative talk on Anti Tobacco by PP Dr. Vikram Sanghvi at Parle Tilak Vidyalay SSC .



Independence Day Celebration facilitated by RCBA at R N Shah International School.



180 story books donated by the students of R N Shah International School.



Good touch - Bad touch interactive session for primary students of Gandhi Shikshan Bhavan School.

YOUTH SERVICE I - ROTARACT Director - Rtn. Dr Ranjit Bhosale



17th Installation ceremony of Rotaract club of Bombay Airport.



29th Installation ceremony of Rotaract club of M L Dahanukar college.



6th Installation ceremony of Rotaract club of DGMC.



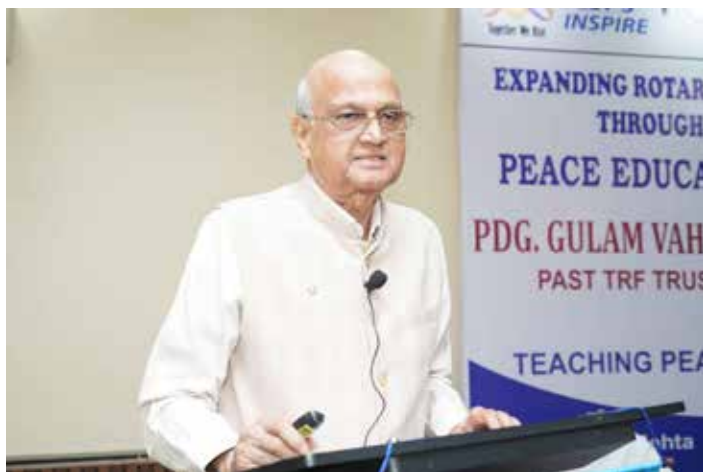
Inside Out : Obesity Awareness, Online Session conducted by Dr Ranjit Bhosale collaborated by Rotary Club of Bombay Airport & RC NMIMS' SOC.

CLUB SERVICE I - SPEAKER MEETING

Director - Rtn. Ajanta Rath Mishra



Speaker meeting with Film maker Mr Kunal Kohli an award winning Director of movies like Mujhse Dosti Karoge, Hum Tum etc.



Expanding Rotary Reach through Peace Education an enlightening & Interactive talk by Past TRF Trustee PDG Gulam Vahanvati.

VOCATIONAL SERVICES

Director: Rtn. Dr. Niteen Dedhia



Rojgar Mela organised by Rotary Club of Mumbai, and Vedanta Foundation.



3 days Craft Skills workshop at Maniben Nanavati Women's College.



RCBA in collaboration with Vedanta Foundation jointly inaugurated 3 Computer Labs at three Badlapur schools. Total 30 laptops were set up for students.

GIFT OF LIFE - Pediatric Heart Surgeries

Chair PP AKS Nitin Mehta



Milestone Event - 619 Pediatric Heart Surgeries amounting to Rs 10 Crores & graced by Chief Guest Padma Bhushan Shree Sunil Gavaskar.



Press release of project " Gift of Life " in news papers including various business news papers & online Times Global News



Donation of sarees by AKS PE Harsha Mehta to the patient's mother.

CLUB SERVICE II - FELLOWSHIP

Director - Rtn. Dhruiti Shah



"Ek Lamhaa Zindagi ka" a play by Juhi Babbar Soni at Prithvi theatre was a resounding success!

AVENUE ENVIRONMENT Director - Rtn. Derrick Angelsz



Mangrove cleaning and restoration drive lead by our club.



CANCER CARE PROJECT

RCBA supported 1st patient
a rickshaw driver treated by
Rtn Dr Praveen Kammar

Project Led by
Rtn Virag Shivpuri
(Cancer care committee) -
funding supported by donor
APPAREL GROUP

COMMUNITY SERVICES - NON MEDICAL Director - Rtn. Nina Bhatia



**Donation of Adult Diapers
to Radhika Old Age Home.**

MEMBERSHIP Vice President Rtn. Sandip Tarkas



Jaan Pehchan held at the residence of Rtn. Satish & Kiran Shah and conducted by PP Ujwal Andhari.



4th Jaan Pehchan Meet held at the residence of Rtn. Vikram & Varsha Modi and conducted by PP Raju Sahetya.



Ganesh Chaturthi Special "UKADICHE MODAK"

Ingredients for stuffing

1. Ghee One tea spoon
2. Grated Coconut two cups
3. Jaggery One cup
4. Cardamom powder half tea spoon

Procedure for stuffing

1. one teaspoon ghee in Kadhai
2. Add two Cups of Grated Coconut
3. Saute till it turns aromatic
4. Add one cup of jaggery
5. Saute on medium flame till jaggery melts.
6. Keep on cooking till the mixture turns moist
7. Add half teaspoon cardamom powder and mix well
8. Stuffing is ready

Ingredients of Covering

1. Rice flour two cups
2. Ghee one teaspoon
3. Salt half tea spoon (optional)
4. Water two cups

Procedure for Covering

1. Keep two cups of water for boiling
2. Add one teaspoon of Ghee
3. Add half teaspoon Salt
4. Add two cups of Rice flour into the boiling water
5. Mix gently till the flour gets moist and absorbs all the water
6. Cover it with lid and allow to settle for five minutes.
7. Transfer moist flour into a bowl
8. Knead the flour for five minutes with wet hands till smooth and soft dough is formed.

Procedure to cast the MODAK

1. Take a ball sized dough on hand and flatten it
2. Press from all the sides to create a dent and form a cup
3. Create pleats all around
4. Put one tablespoon of stuffing inside
5. Bring pleats together and form a bundle
6. Pinch at top
7. MODAK is ready to steam
8. Place in steamer for ten minutes.

Put ghee on MODAK and serve hot.
Enjoy !!



Dr. Surekha Dhurandhar

Celebrations in September

Birthdays

01 Alexandria Angelsz	09 Vaishali Paranjape	17 Mayoor Amin	27 Ramesh Bhatia
01 Kanir Bhatia	10 Bijal Merchant	19 Kiran Shah	27 Meena Shah
01 Manju Bhatia	11 Jagdish Vora	20 Kashyap Shah	28 Akshay Mehta
03 Pooja Gumaste	13 Geeta Sangani	20 Prakash Kotak	30 Swati Agrawal
04 Neha Jhaveri	13 Jitender Singh Sethi	20 Sumita Modi	
04 Shefali Shah	14 Vikram Gumaste	26 Umesh Modi	
04 Sonal Chhabria	15 Rakesh Agarwal	26 Vaishali Salla	
05 Paresh Bhagat	15 Samir Shah	27 Archana Mehta	
05 Suketu Jariwala	16 Parag Jhaveri	27 Kanderp Khandwala	
08 Parul Khandelwal	26 Vijay Ambati	28 Suchita Raveshia	

Anniversary

15 Riaz & Nafisa Thingna

Forthcoming events in the month of September

13th Sept - Navratri Fellowship,
A joint event with IWCBA

15th Sept - Speaker Meeting

22nd Sept - PreOCV

Grateful to be an RCBA member