

"Pahal"

Rotary Club of Patna Kankarbagh

Dist-3250 2024-25

December 2024 Club ID-85313

RIP Stephanie A. Urchick

PP Rtn. Raj Kishor Singh

President

PP Rin, Kiran Kumari Treesever Rin. Govind Kumar Secretary DG Bipin Chachan PP Rtn. Sudhanshu Prakash Club Editor

 President :
 Rtn. Raj Kishor Singh, 9431446576

 IPP :
 Rtn. Ravi Shekhar Singh, 7070992525

 President Elect :
 Rtn. Ajit Kumar Sinha, 9431459567

 Vice-President :
 PP Rtn. Ajit Kumar Sinha, 9431459567

 Vice-President :
 PP Rtn. Madhu Prakash, 9835212025

 & Rtn. Renu Mowar, 9430248630

 Secretary :
 Rtn. Govind Kumar, 9386545166

 Jt. Secretary :
 Rtn. Nitesh Mishra, 9334889518

 Treasurer :
 PP Rtn. Kiran Kumari, 9470610136

DIRECTORS

Club Administration & Executive Secretary PP Rtn. Sudhanshu Prakash, 9431021644

Membership

PP Rtn. Dr. Shanker Nath, 8709205878 Public Image

PP Rtn. Shambhu Nath Singh, 9431200388 The Rotary Foundation

PP Rtn. Dr. Dipti Sahay, 9431216863

Service Project (Health)

PP Rtn. Dr. Diwakar Tejaswi, 9835078298

Service Projects (Non-Health)

Rtn. Baliram Srivastava, 9386502082

Club Young Leaders Contact

Rtn. Dr. Rupashree Jamuar, 9471828906

Club Learning Facilitator

PDG Rtn. Dr. Rakesh Prasad, 9431216436

Sergeant-at-Arms

Rtn. Niranjan Kumar, 8958798449

PERMANENT INVITEES

Club Activities Reporting Rtn. Ashish Kumar PP Rtn. Rishikesh Pd Srivastava Rtn. Dr. Sujeet Kumar

EDITORIAL BOARD

Editor : PP Rtn. Sudhanshu Prakash Member : PP Rtn. Dr. Dipti Sahay Member : Rtn. Ashish Kumar, 7979866851



Bring the joy

always walk into meetings at my home club of McMurray, Pennsylvania, with a smile on my face. A law years ago, someone arrived late. In-

stead of scoking the person, we cheered Since then, we've made it a tradition to applicat all members when they arrive for meetings. It's tough not to mike with a greeting like that.

There's nothing more powerful for engaging and retaining members than a club that's vibrant, welcoming, and — yes — fun.

Thick back to what drew you to Rotary. Chances are, it wan't just the service projects or professional networking. It was the people — the friendships, the shared laughter, and the joy of working toward a com-

non purpose. That's what keeps us coming back. If you're looking for that sense of jop in your meetings, don't be afraid to ask yourself and your fellow members some tough questions. If you were a proquestive member, would you join your current cleb? It's a powerful question but don't stop them.

Do members of your club feel that they belong? Are your meetings fun? If not, what can you do about it together?

At your next meeting or event, try something new to bring out a few extra nuiles. It's the simple things that create lasting bonds and make clabs simply irresistible. Here's one example of a clab moving in the right

direction. The Rotary Club of Fokushima, Japan, bas been combining environmental responsibility with community fun since 2021. In Japan, people have made picking up trash into a sport known as SpoGoni, and every year the club hosts a game. This year, more than 400 participants cherred each other on while they came basefire to improve their community.

carte togetter to improve inser community. This event is an excellent example of how Rotary clubs can have fun, make a difference, and miseawareness for broader global challenges all at the same time. And the inclusive, family-friendly format allows people of all ages to participate.

When we enjoy what we do, that energy becomes contagious. It's what attracts new members and keeps our clubs strong and engaged. It helps people feel that they belong.

Retention and culture go hand in hand. The healthier our dah culture, the more likely members are to stay. *Robay* magazine is an outstanding resource for inspiration on how to enhance our dah culture and deepes member engagement. I encourage you to explore the stories and strategies in these pages, drawing from other dubs' successes to find ideas that work for you.

Together, we can create a more engaged, enjoyshile, and inclusive Rotary that every member can leel proud to be part of. Let's continue with renewed commitment and enthusiasm, living *The Magk of Rotary*.

STEPHANE A. INCHIDA

President, Rotary International

JUNUARY 2015 ROTARY 1

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Dear Fellow Rotarians and Friends,

As the calendar turns to a new year, we stand at the threshold of fresh beginnings and endless possibilities. January is not just the start of a new year but also a time for renewed energy, determination, and vision. It is a moment to reaffirm our commitment to the ideals of Rotary and to chart a path for the months ahead.

Reflecting on the past year, we can take pride in our collective achievements. Each initiative, whether big or small, has brought us closer to fulfilling our mission of Service Above Self. From community development to healthcare initiatives, our efforts have left a lasting impact on many lives.

January also brings the opportunity to reimagine our goals and strengthen our resolve. As we embrace this year's Rotary International theme—''Create Hope in the World''—let us focus on building bridges of understanding, compassion, and collaboration. Together, we can tackle pressing challenges like education, environmental conservation, and healthcare with renewed vigor.

This is also a time for introspection. Let us ask ourselves: How can we make our service more meaningful? How can we involve more members of our community in our projects? And how can we, as individuals and as a club, leave a legacy of hope and progress?

As we embark on this journey, let us continue to uphold the values of fellowship and inclusivity that define our Rotary family. The bonds we share are the foundation upon which our collective success is built.

May this year bring us countless opportunities to serve, grow, and celebrate together. Let's make 2025 a year of remarkable milestones and cherished memories. In service and fellowship,



[Sudhanshu Prakash] Editor in Chief, PAHAL



[Dr. Dipti Sahay] Member



[Ashish Kumar] Member

Birthday/ Anniversary Greetings



- 2nd Jan Ishaan R/let Rtn. Sanjay Sarkar
- 5th Jan Rtn. Sanjay Kumar Sinha CA
- 12th Jan Rtn. Raj Kishore Singh
- 15th Jan Dr. Binod Kr. Verma R/Sp. Rtn. Sushma Kumari
- 16th Jan Rtn. Sanjay Sarkar & Mrs. Sandhya Sarkar
- 17th Jan Mrs. Amrita Mishra R/Sp. Rtn. Nitesh Mishra
- 17th Jan Mrs. Anamika Sinha R/Sp. Rtn. Sanjay Sarkar
- 17th Jan Dr. Rajiv Ranjan R/Sp. Rtn. Dr. Anita Kumari
- 19th Jan Rtn. Sanjay Sarkar
- 21st Jan Amrit Raj R/let PP Rtn. Arbind Kr. Srivastav
- 26th Jan Dr. Rakesh Kumar R/Sp. Rtn. Dr. Anita Kumari
- 27th Jan Mrs. Seema Singh R/Sp. PP Rtn. Ravi Shekhar Singh
- 28th Jan Mrs. Pooja R/Sp. Rtn. Govind Kumar

Wishing you all very Happy Birthday/ Anniversary PP Rtn Madhu Prakash Chair Greetings committee

Family News

Father of Rtn. Govind Kumar, Sri Birendra Prasad left for heavenly abode on 26.12.2024. May his soul rest in peace.









Joint club meeting on the eve of World Aids Day cum RWM No. 564 on 02.12.2024

"Pahal"





World AIDS Dav Awareness Program a Joint Project of Rotary Club of Patna Kankarbagh & Rotary Club of Patna was organised on 02.12.2024 at Rotary Bhawan Patna. Meeting was called to order by Rtn. Akhilesh Kumar, President of Rotary Club of Patna. The session began with the National Anthem. 4-Way Test: Recited by members, led by PDG Rtn. Dr. Rakesh Prasad. President of RC Kankarbaah welcomed all Rotarians and guests. Rtn. Dr. Diwakar Tejaswi. Dr. Tejaswi the former Medical Director of Regional AIDS Training & Network India, associated with IHO Boston, and an Ex-Governing Council Member of the Bihar State AIDS Control Society was the quest speaker on the occasion.. Dr. Tejaswi delivered а speech on "HIV/AIDS: Causes, Remedies, and Precautions." Key Highlights: Causes: HIV (Human Immunodeficiency Virus) as the root cause. Modes of transmission: Unprotected sexual contact. Sharing needles or syringes. Infected blood transfusions. Mother -tochild transmission during childbirth or breastfeeding. Remedies (Management & Treatment): Antiretroviral Therapy (ART): Helps control the virus, improving life expectancy and reducing transmission risks. Supportive Care: Emphasized proper nutrition, regular medical check-ups, and managing opportunistic infections. Precautions :Safe sexual practices and condom use. Avoid sharing needles and syringes .Safe transfusions from screened blood donors. Mother-to-Child Prevention: durina pregnancy ART and breastfeeding. Regular HIV testing for early detection and treatment. Dr. Tejaswi was honored with a shawl and पाग by PDGs Rtn. K. P. Sinha and Rtn. Dr. Rakesh Prasad.







District Foundation & Membership Seminar "Sankalp" at Darbhanga on 01.12.2024

RWM No 565 on 04.12.2024



Members of the Rotary Club of Patna Kankarbagh, including PDG Rtn. Dr. Rakesh Prasad, President Rtn. Raj Kishor Singh, and President-Elect Rtn. Ajit Kumar Sinha, attended the District Foundation & Membership Seminar "Sankalp" held in Darbhanga. The club received recognition from the District Governor and other dignitaries for its outstanding contribution of US\$ 25 per member to the Rotary Foundation. This achievement was made possible through the efforts of Rotary Foundation Chair PP Rtn. Dr. Dipti Sahay and President Rtn. Raj Kishor Singh, with generous support from all club members





The Regular Weekly Meeting (RWM) No. 565 on 4th December 2024 was organised at E-70, P C Colony, Kankarbagh The meeting was called to order by President Rtn. Raj Kishor Singh, followed by the recitation of the National Anthem. The President welcomed all the members present. The 4-Way Test was recited by members, led by PDG Rtn. Dr. Rakesh Prasad.Greetings announced by PDG Rtn. Dr. Rakesh Prasad. Rtn. Ajit Kumar Sinha briefed the members about the following activities: a. Foundation and Membership Seminar held in Darbhanga on 1st December 2024. b.. A talk on World AIDS Day arranged, with PP Rtn. Dr. Diwakar Tejaswi as the speaker. Two health check-up camps were proposed at Malahi Pakri School and Raghunath Prasad Vidyalay. A blood donation camp will be organized before 20th December in a college. The Malahi Pakri School Hall will be painted, and proper lighting will be ensured using the club's funds. PP Rtn. Dr. Shanker Nath extended the vote of thanks.The President announced the amount collected as Sunshine and offered a toast to Rotary International before adjourning the meeting.







Vth BOD on 08.12.2024





Birthday Celebration of Rtn. Sudhanshu Prakash Ji on 24.12.2024





HINY BAYES











5th Board of Directors (BOD) Meeting was held on 8th December 2024 Hosted by Rtn. Dr. Sujeet Kumar.

The meeting was called to order by the President, followed by the national anthem.

The minutes of the last BOD meeting and Action Taken Report (ATR) were approved. On behalf of the Treasurer, Rtn. Ajit Kumar Sinha presented the Receipt and Payment account up to October 2024

Presiding Officer IPP Rtn. Ravi Shekhar Singh informed that the election process has started, with notices issued and shared via WhatsApp.

The printing of 50 membership certificates in the new format was approved.

PP Rtn. Dr. Dipti Sahay agreed to design the flag.

PP Rtn. Sudhanshu Prasad will oversee printing after BOD approval.

Approaches to the Principals of T.P.S. College and Dwarka College were not finalized.

Upcoming Events:

(a) Dental Check-Up Camp (10th December): Location: Malahi Pakri, Kankarbagh.

Rtn. Govind will donate dental kits (toothbrushes, toothpaste, and tongue cleaners).

(b) Career Counselling (16th December): To be conducted in a college in Chapra.

(c) Blanket Distribution: Marchi Village (with Eye Check-Up Camp): In charge PP Rtn. S.N. Singh.

Another Distribution camp will be held in Mayargarh, Nalanda- Date to be decided with VP Rtn. Dr. Renu Mowar.

Third distribution Contributions pledged by Rtn. Ajit Kumar Sinha, PDG (₹5000 each), and Rtn. Balram Srivastava for blanket costs during the Eye Check-Up Camp.

PDG appreciated the continued efforts of the team in publishing the Club Bulletin and suggested that we consider publishing a Club Souvenir as well. For fundraising, he recommended that each member be encouraged to contribute by securing advertisements for the Board Members celebrated the birthday of PP Rtn. Sudhanshu Prakash.



"Pahal'



RWM No 566 on 11.12.2024



The Regular Weekly Meeting (RWM) No. 566 was held on 11th December 2024 at E-70, P C Colony, Kankarbagh The meeting was called to order by Acting President PP Rtn. Dr. Dipti Sahay, followed by the recitation of the National Anthem. The Acting President welcomed all the members present. The 4-Way Test was recited by members, led by PDG Rtn. Dr. Rakesh Prasad. PP Rtn. Madhu Prakash announced greetings. In absence of Secretary Acting Secretary Rtn. Ajit Kumar Sinha briefed the members on proceedings of the BOD meeting held on 8th December 2024.. Treasurer Rtn. Kiran Kumari reported that the Receipt and Payment account up to October 2024 has been submitted to the BOD.. The BOD approved Blanket Distribution and an Eye Check-Up Camp. Members suggested considering the distribution of Mosquito Nets due to rising dengue cases. A Career Counselling session is scheduled for 16th December at a school in Chapra. Members also discussed on Old & Warm Clothes Distribution in the month of December/January. Discussion was held on Souvenir to be released around February'25/March'25 and requested Chairman : PP Rtn. R P Srivastava, to go ahead with committee members. Proposed Club Flag sample shown by PP Rtn. Dr Dipti Sahay.

RWM No 567 Closed Door Meeting on 18.12.2024



The RWM NO.567 was held on 18.12.24 at the Residence of Rtn Ajit Kumar Sinha. Meeting called to order by the President followed by national anthem. Welcome address by the President and purpose of the close door meeting. Recitation of the 4 Way Test by PDG Rtn. Dr. Rakesh Prasad followed by club members. Confirmation of minutes of last RWM.. Greetings were announced by PP Rtn.Madhu Prakash. Result of election of office bearers for the year 2024-25 was announced by the Presiding Officer, IPP Rtn. Ravi Shekhar Singh. Reporting of following forthcoming projects were done :* Blanket distribution* Eye check up Camp * Final design of Club flag* Distribution of Old Woolen clothes. After vote of thanks & reporting on Sun Shine Collection, meeting was adjourned by the President.







Career Councelling Session at Apahar, Saran on 16.12.2024



The Rotary Club of Patna Kankarbagh, in collaboration with RCC Aphar and Chhowpatiya Trust, successfull organized a Career Counselling Session for the girl students of Ramvanti Nandrani Interlevel Project Balika Vidyalaya, Aphar, Saran. The event aimed to guide students on educational and career opportunities available after Class X and XII. The session was led by PDG Rtn. Dr. Rakesh Prasad), who provided a detailed overview of the New Education Policy of India and discussed an array of career options in both Arts and Science streams. Dr. Prasad highlighted several unconventional and emerging career fields, including: Vocational Courses, Hotel Management, Defence Services (including Agniveer), Pilot Services, Paramilitary Forces, Merchant Navy, Paramedical Fields (Physiotherapy, Homeopathy, Ayurveda), Law, Biotechnology, Radio Jockeying, Journalism, Foreign Languages, Press and Media, Travel & Tourism, IT, Print Technology, Fashion Designing, Beautician Courses, Modelling, Music, Sports, and more. He also shared valuable insights into the best educational institutions in Bihar, Jharkhand, and across India, along with details about the cost structures for various courses. A total of 128 girl students actively participated, showing enthusiasm and curiosity about exploring diverse career paths. The suggestion by a few teachers to invite guardians to future events also was widely appreciated. The event was graced by several notable Rotarians, including: President Rtn. Raj Kishor Singh, PP Rtn. Sudhanshu Prakash, PE Rtn. Ajit Kr Sinha, Rtn. Baliram Srivastava, Rtn. Niranjan Kumar & spouse Ms. Sangeeta, Rtn. Shailesh Kumar (Bunty). Additionally, Ex-DRR Mr. Jnanesh Kumar Verma (DRR-3250) was also seen actively involved in the proceedings. The event was presided over by Acting Principal Ms. Sangeeta Singh and skillfully anchored by Mr. Akhilesh Pandey. This initiative not only introduced students to a broad spectrum of career opportunities but also equipped them with essential knowledge to make informed decisions about their future







VI th BOD on 19.12.2024













Elected members of BOD for the Rotary Year 2025-26

President : 25-26	: Rtn.	Ajit Kun	nar Sinha	
IPP	: Rtn.	Raj Kish	or Singh	
President Elect	: Rtn.	Dr. Dipt	i Sahay	
Secretary	: Rtn.	Nitesh I	Mishra	
Treasurer	: Rtn.	Baliram	Srivastav	,
Vice-Presidents : Rtn.Renu Mowar				
	Rtn.		Satya	Raj
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Joint Secretary				
Sgtat-Arms	: Rtn.	Shailesh	Kumar	
	Rtn.	Niranjar	N Kumar	
Club Facilitator	: PDG	Rtn. Dr.	Rakesh P	rasad
Club Executive	Secre	tary &	Directo	r, Club
Administration	: PP F	Rtn. Sudl	nanshu Pi	akash
Director Membership : Rtn. Dr. Sujit Kumar				
Director , Service	Projec	ts (Heal	th): PP	Rtn. Dr.
, i				n Kumar
Director, Service	Projec	ts (Non-	Health) :	PP Rtn.
Shambhu Nath Singh				
Diversion (Chairman				-
Director/Chairma	n Kot	ary Four		
			Madhu	Prakash
Director, Public Image : PP Rtn. Diwakar Tejaswi				
Director, Club Young Leaders Contact : PP Rtn.				
Kiran Kumari				
Chairman, Polio :		tn Dr Sh	anker Na	th
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Vith BOD was held on 19.12.2024. The meeting was Call to Order by the President followed by National anthem. President warmly welcomed all members. Minutes of the previous meeting were approved. Rtn. Kiran, submitted the Receipt and Payment account up to November 2024. Blanket distribution on 5th January 2024 at Mayer Village, Rajgir was finalised. Second Distribution on on 19th January 2024 at Marchi Village was finalised. Souvenir Committee - Members urged to collect at least one advertisement to support the souvenir initiative. The Souvenir Committee Chairman was instructed to arrange a meeting. Rotary Year 2025-26 Selected Board members were announced. Vote of Thanks Extended by Rtn. Dr. Sujeet Kumar. Special acknowledgment of the host, Rtn. Dr. Renu Mowar, for hosting and providing excellent refreshments.



"Pahal"



District Conference at Banglore on 29.12.2024

















Six members President Raj Kishor Singh, PDG Rakesh Prasad PP Dr. Shanker Nath, PP Sudhanshu Prakash, PP Madhu Prakash and PP Dr. Dipti Sahay attended Conference District held Banglore at from 27th to 29th Dec.