



Rotary 
 Club of Thane Premium

ROTARY KI

ANUBHUT

DECEMBER 2024
 EDITION

Celebrating 10 yrs of Friendship

ROTARY CLUB OF THANE PREMIUM
 CHARTER NO. 86092

ROTARY MONTH THEME



**Disease Prevention
 and Treatment**

Club President
DR. SONAL BANGDE

Club Editor
MAUTULI GANGULY

NOTE FROM PRESIDENT

Dear Rotarians and Friends,

As we mark Disease Prevention & Treatment Month, I am filled with pride and gratitude for the incredible impact we have made together through our collective efforts. This month reminds us of Rotary's enduring commitment to fostering healthier communities and creating a world where no individual is left behind in the quest for wellness.

Our club has been a beacon of hope and change, and the projects we've accomplished this year are a testament to our dedication:

- 1. Nikhay Mitra Initiative:** We raised a remarkable ₹17 lakhs to support families battling tuberculosis, positively impacting 1,050 families and reinforcing our commitment to eradicating this disease.
- 2. Paediatric Heart Surgeries:** With a contribution of ₹2 crore, we facilitated 90 life-saving surgeries for children, giving them a chance to lead healthier lives.
- 3. Sutah Pranada:** Through this project, we allocated ₹7.95 lakhs to support 11 critical surgeries, bringing relief and hope to those in dire need.
- 4. Blood Donation Drives:** In collaboration with partners, we collected 1,000 blood bags & supported 550 Thalassemia patients, a vital contribution to lifesaving treatments.
- 5. Sahwas Mental Wellness Program:** With 72 impactful sessions and funding of ₹50 lakhs, we addressed mental health challenges and promoted emotional well-being in our community.

6. Health Awareness Initiatives: From drug and mobile de-addiction to mental health, cervical cancer awareness, and GT/BT education, our talks have empowered individuals with knowledge and tools for healthier living.

7. CPR Workshops: By teaching life-saving essential skills to civilians, we have empowered communities to act decisively in emergencies.

8. Polio NID: Our active participation has safeguarded children from this debilitating disease.

Every single project we have undertaken this year underscores the power of collective action and the difference we can make when we unite under the Rotary motto of "Service Above Self." Our efforts have touched countless lives, providing not just treatment but also hope, empowerment, and opportunities for a better tomorrow.

As we close this year and look forward to the new opportunities ahead, let us continue to challenge ourselves to dream big and achieve even greater milestones. Together, we can turn aspirations into reality, one project at a time.

Yours in Rotary service,

Dr Sonal Bangde
President,
Rotary Club of Thane Premium



NOTE FROM EDITOR

Dear Esteemed Readers,

The achievements of RCTP in the past six months of the Awesome YEAR 2024-25 were indeed phenomenal. Under the inspiring and visionary leadership of President Sonal Bangde, we've seen exceptional achievements and received widespread recognition. President Bangde, along with her efficient team, meticulously planned and executed strategies that led to our grand success.

Our activities have spanned over various sectors, positively touching the lives of individuals across all walks of life – from children and adolescents to adults and the elderly. We've focused on critical areas such as environmental sustainability, rural development, healthcare, education, and food security. These efforts align seamlessly with the Rotary's core mission of developing communities and nurturing a better future for all.

We extend our heartfelt congratulations to President-Elect Sonali Gandre and her team. We eagerly anticipate the magical wonders that the upcoming year will bring for us.

Let us all join together and strive towards making a meaningful change in this world, and make it a better place to live. A world where there will be peace, harmony, no hunger and equal opportunities for all to live and thrive.

I am honoured to be a part of this inspiring journey and look forward to continuing to serve and contribute to the humanitarian cause of Rotary alongside each of you.

Warm regards,
Mautuli Ganguly



NOTE FROM DISTRICT GOVERNOR

Dear Awesome President and Members of the Rotary Club of Thane Premium

As we are on the threshold of the sixth month of what has, indeed, been an awesome Rotary Year, thus far, we need to keep the momentum going. One way of keeping the momentum going is to have constantly greater goals.

Momentum is akin to riding a bicycle. You get to stay upright and move forward so long as you keep the momentum.

Your Club has been doing yeoman service to the community service and you have been participating in District Projects and events with great enthusiasm and it is my humble request to you, to keep the momentum going.

I urge you to take up projects in all the areas of focus of Rotary International. December is

designated "Disease Prevention and Control" month. If you haven't already, do take up a project in this sphere.

I believe in encouraging Clubs to Think Big. You do not have to start by being an expert. Remember, the expert in anything was once a beginner. People with momentum can get so much done. Momentum begets momentum and the best way to start is to Make A Start.

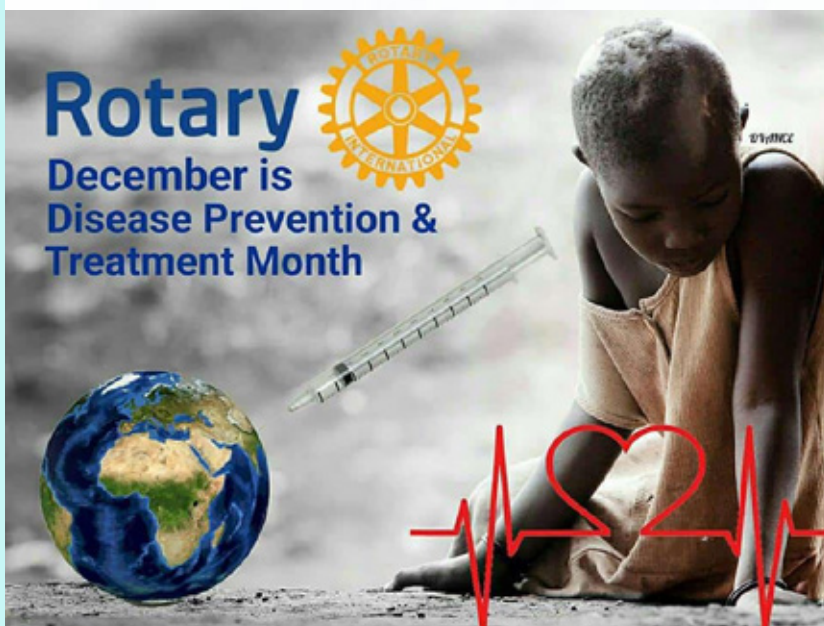
As a wise man, once said, "Success does not come to you, you've got to go to get it".

So, Jyoti joins me in urging all you awesome Rotarians to keep up the momentum and create magic of Rotary for the community at large

Yours In Rotary Service
DG Dinesh Mehta



ROTARY THEME OF THE MONTH



A healthy mind and body are essential for the proper functioning of human beings. Health has always been a major priority for Rotary International. One of Rotary's significant areas of focus is the eradication of polio worldwide. Poliomyelitis is a highly infectious disease that primarily affects children under the age of five. The virus spreads from person to person through contaminated water. It can attack the nervous system and, in some cases, cause paralysis. Although there is no cure, a safe and effective vaccine has been used by Rotary to immunize approximately 2.5 billion children globally.

“END POLIO NOW”-THE ROTARY MISSION

The History of Rotary's Battle Against Polio

In 1894, a major polio outbreak in the USA caused widespread deaths and paralysis. By 1905, polio was declared a contagious disease, and in 1916, another major outbreak caused significant fatalities and disabilities. In 1955, the polio vaccine developed by Dr. Jonas Salk was declared safe and effective.

Rotary International began its journey in polio eradication in 1979 with the launch of an ambitious project to immunize six million children in the Philippines. The launch of PolioPlus in 1985, a coordinated effort by the private sector to support public health, aimed to raise US \$120 million for the cause. These efforts bore fruit. In 1995, 165 million children were immunized in China and India. By 2006, the number of countries where polio remained endemic had dropped to just four—a significant achievement. The fight against polio continues—not only to eradicate the disease but also to prevent its resurgence.

Other Health Initiatives by Rotary International

Apart from its efforts to eradicate polio, Rotary International is involved in various initiatives to promote a healthy environment, including:

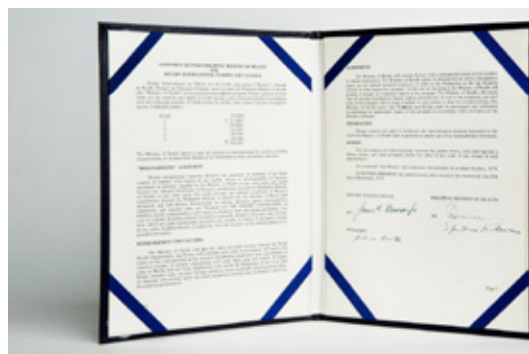
- Establishing health camps and training facilities to provide medical aid.
- Designing and building infrastructure to improve education and health facilities.
- Supporting education for the underprivileged to raise awareness about health and hygiene.
- Supporting immunization drives for various preventable diseases.
- Providing safe drinking water and sanitation facilities to promote healthier living.
- Working on maternal and child health facilities worldwide.

Rotary's commitment to ensuring a better future remains unwavering. Ending polio is a monumental task that cannot be achieved alone. It requires a collective effort from all Rotary members and partners. Together, lasting change is possible, and the reemergence of this devastating disease can be prevented.



Historical Significant event

W James L. Bomar Jr., then RI president, puts the first drops of vaccine into a child's mouth, & launched the Philippine poliomyelitis immunization effort.

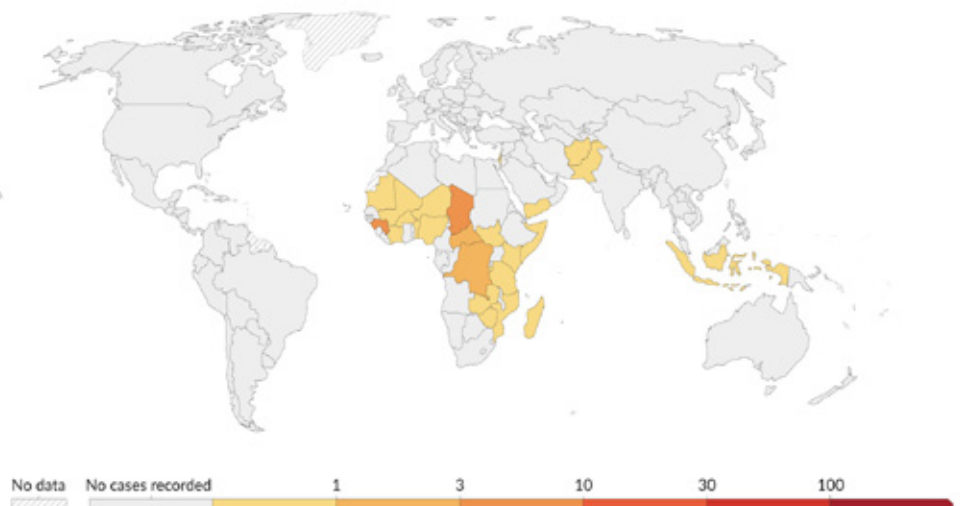


The 1979 agreement between Rotary International and the Philippine Ministry of Health for a joint multi-year effort to immunize children against polio.

Reported paralytic polio cases per million, 2023

Annual number of reported cases of paralytic polio¹ per million people. This includes all reported cases from wild polioviruses² and vaccine-derived polioviruses³.

Our World in Data



Data source: World Health Organization (2019); World Health Organization (2024); Population based on various sources (2023)
OurWorldinData.org/polio | CC BY

COMMUNITY SERVICES

AASHA KIRAN - BACK TO SCHOOL

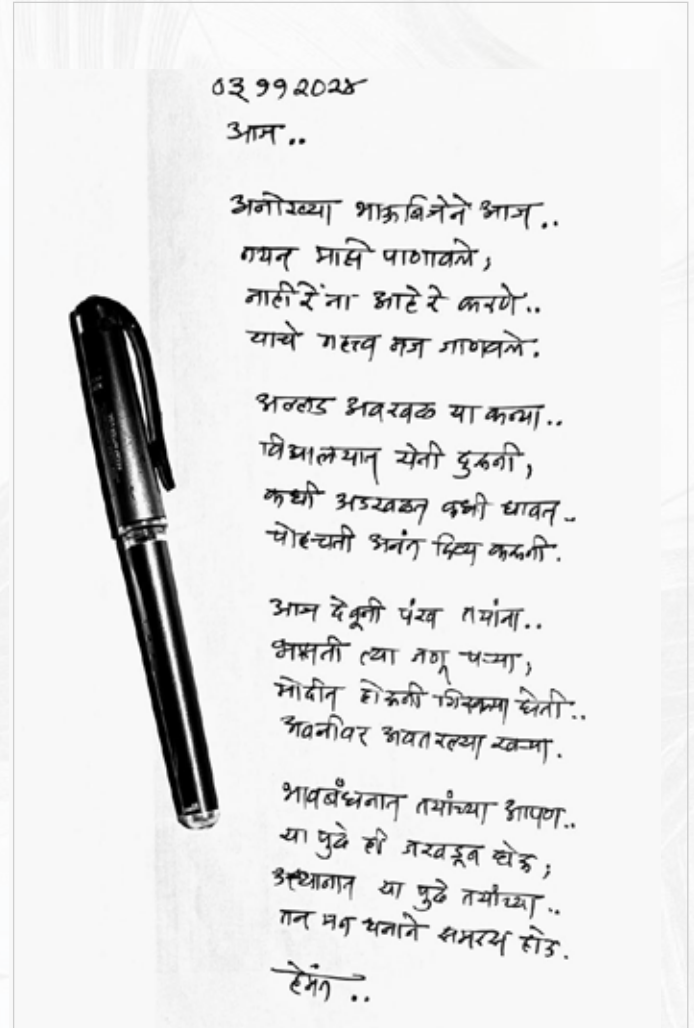


Donation of Bicycles for Daily Commute to School

Hope keeps the world moving forward. Many sleep at night hoping the first rays of dawn will bring new opportunities. For countless children, education is the ray of hope that helps them combat poverty and discrimination. Even today, 75 years after India's independence, many students still walk miles to reach their schools. This arduous journey drains their energy, consumes precious time, and sometimes diminishes their motivation to study.

As Rotarians, we strive to make their lives a little easier—giving them "tiny wings" to soar in their pursuit of education, enabling them to see and explore the world beyond their reach. On the auspicious occasion of Bhau-Beej, RC Thane Premium donated 25 bicycles to girl students for their daily school commute. Additionally, RC Thane Premium explored other avenues to support Karavale School, identifying the potential need to donate tables and desks for laboratory equipment.

A poem written by Rtn. Hemant Jagtap on the eve of project 'Asha Kiran'



VATSALYA ASHISH - LAUNCH OF MENTAL WELLNESS PROGRAM



RC Thane Premium launched the Mental Wellness Program under the guidance of the Institute of Psychological Health at Sahawas Senior Citizen Care Center in Badlapur. This is one of the club's key focus projects. The event was curated by PP Anandi Dhume, while President Dr. Sonal Bangde led the RC Thane Premium team and delivered an insightful talk on "Mind Matters." Avenue Chair for Mental Wellness, Aarti Dhoot, and Rotarian Prem Kumar conducted a lively musical quiz, bringing smiles and cheer to the senior citizens.

CELEBRATION OF AMRIT MAHOTSAV OF THE INDIAN CONSTITUTION



Dr. Lucky's presentation on the Indian Constitution was both informative and engaging. Despite being a seemingly dry topic, Dr. Lucky delivered it with precision, highlighting key points in an appealing manner. The presentation shed light on the immense effort, time, and knowledge required to draft the Constitution. Attendees learned fascinating facts, such as its calligraphy, intricately designed borders, and the 24-carat gold embossing on its pages. The talk evoked a sense of pride in the document that defines the laws of our motherland.



Nikshay Mitra ...ongoing mega project to help the families of TB patients with food packets which were provided.



CAMPS - BLOOD DONATION AND THALASSEMIA SCREENING



- RC Thane Premium and RC Thane Lake City have organised blood donation and thalassemia testing camp at Shri Thana Vardhman Jain Sthanakvasi.
- RCT Premium and RCT Lake City had organised blood donation camps at Bhiwandi. The collection was 273 blood bags as part of this camp.
- Another Blood Donation Camp was organised at Mumbra by RCT Premium and RCT Lake City, 102 blood bags were collected. Thalassemia screening was conducted along with the blood donation camp



Paediatric heart surgeries were conducted at Jupiter Hospital to treat young children suffering from congenital heart diseases, giving them a new lease on life



OCV (OFFICIAL CLUB VISIT)

OCV marks one of the most significant and prestigious events of any Rotary Club, & RCTP's OCV held on the 27th of October was no exception. It offered a grand spectacle with a space voyage theme carefully curated by Dr. Lucky Kasat and perfectly executed by Dr. Sonal & the team. DG Dinesh Mehta and his team are known for their punctuality, and they met expectations by starting the closed-door OCV meeting with RCTP club officers—President Dr. Sonal, Secretary Sukrut, and Treasurer and PE Sonali Gandre—on time. The closed-door meeting carries great significance as it allows club officers to interact with district officials and gain insight into the do's and don'ts of club functioning.

After the closed-door meeting, the club and general assembly of RCTP commenced with Dr. Sonal welcoming club members and district dignitaries, and Dr. Lucky, the MC and co-host of the event, showcased RCTP's wonderful ten years of achievement through a premium starry show in the galaxy. President Dr. Sonal donned an astronaut costume, symbolizing the club's readiness to conquer the galaxy. During the General Assembly, RCTP also inducted new member Rtn. Suresh Dol into the RCTP family.



UNVEILING THE POWER AND POTENTIAL OF AI

A captivating talk by Mr. Hemal Majitha introduced 5 AI Hacks to simplify daily life. The session showcased tools like ChatGPT, Perplexity, Meta AI, Claude, Fireflies, and Photo room, leaving the audience amazed at the possibilities AI offers for enhancing productivity and ease of work.





In Loving Memory of
RTN. HARISHBHAI GOHILL



We deeply mourn the loss of our esteemed member, Rtn. Harishbhai Gohill, who departed this life on 28th November 2024, ascending to his heavenly abode.

A cherished friend, inspiring leader, and dedicated contributor to our club. He will forever be remembered for his unwavering commitment, generosity, warmth, and the joy he brought to everyone around him. His legacy of kindness and the positive impact made will always live on in our hearts.

We extend our heartfelt condolences to his family and loved ones. May his soul rest in eternal peace.

