

# THE VOICE

Monthly Club Bulletin

November 2020 Issue



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# SERVICE ABOVE SELF



## The Object of Rotary

**THE OBJECT** of **Rotary** is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**FIRST** The development of acquaintance as an opportunity for service;

**SECOND** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

**THIRD** The application of the ideal of service in each Rotarian's personal, business and community life;

**FOURTH** The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service

## The Four - Way Test

**OF THE THINGS** we think, say, or do:

- 1) Is it the **TRUTH** ?
- 2) Is it **FAIR** to all concerned ?
- 3) Will it build **GOODWILL** and **BETTER FRIENDSHIPS** ?
- 4) Will it be **BENEFICIAL** to all concerned ?

## Rotarian Code of Conduct

The following code of conduct has been adopted for the use of Rotarians:  
**AS A ROTARIAN**, I will

- 1) Act with integrity and high ethical standards in my personal and professional life
- 2) Deal fairly with others and treat them and their occupations with respect
- 3) Use my professional skills through Rotary to : mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4) Avoid behavior that reflects adversely on Rotary and other Rotarians



A message from  
the Editor

**RTN. ARGUS RODRIGUES**

**"The Rotary  
Foundation  
transforms your  
gifts into  
service projects  
that change  
lives both close  
to home and  
around the  
world."**

**T**he Rotary Foundation transforms your gifts into service projects that change lives both close to home and around the world.

Good wishes for the upcoming festivals, Friends it's time to Gift to The Rotary Foundation. Why? I say, during past 100 years since it's inception The Rotary Foundation, has spent more than \$4 billion on projects, around the world which made our world near polio free, made lives better for community around the world.

What impact do our gifts to The Rotary Foundation have? Besides other things, every 100 Rs we give, helps protect a child from polio or every 1000 Rs we give, provides clean water to a community and the list goes on.

So Friends, this Diwali let us light a lamp of smiles on faceless child, fire a rocket of happiness for countless and unseen communities around the world. This way we can celebrate this festival of light in it's true sense.

**Happy Diwali to all !!**



# INBOX

"Truly amazing !!  
A real inspiration to Rotaractors on how a bulletin should be made. Content has been perfectly covered & importance has been given to each and every minute detail"

Rtr. Sahil Gandhi  
-On "THE VOICE"  
Monthly Bulletin, October Issue.

DRR  
RID 3170

"As always informative and a fantastic presentation. Thanks Dr. Jorson."

Hemanth Bhangui  
- On "Rotary CAP"

"Well done. Very Creative, well designed and informative"

Mrs. Lisa Dantas  
- On "THE VOICE"  
Monthly Bulletin, September Issue.

"Thankyou Dr. Jorson for the enlightening session. A big thank you to the members of the Rotary Clubs."

Fiona Fernandes  
-On "Rotary CAP"

" Your presentation of the COVID- 19 Awareness Program was good. Thankyou very much sir.

Saravana Kumar  
- On "Rotary CAP "

"Very informative talk. Thankyou Dr. Jorson "

Urmila Pawar  
-On "Rotary CAP "

Headmistress  
Yuwak Sangh High School  
Headland Sada, Vasco

## FEEL THE ENERGY IN TAIPEI

**REGISTER**

### IMPORTANT DEADLINES:

**15 December 2020:** Last day for early-registration discount

**31 March 2021:** Last day for preregistration discount

**16 June 2021:** Last day for online registration





## **OUR LEADERSHIP**

**President - Rtn. Mahadev Shirvant**  
**Immediate PP - Rtn. Subodh Sawant**  
**Secretary - Rtn. Deepak Fal Desai**  
**Joint Secretary - Rtn. Dr. Joelene Fernandes**  
**Treasurer - Rtn. Shivnath Sawant**  
**Joint Treasurer - Rtn. Tulshidas Naik**  
**Sergeant at Arms - Rtn. Tony Rebello**

## **BOARD OF DIRECTORS**

**Club Service - Rtn. Bhicu Desai**  
**Vocational Service - Rtn. Gorakshnath Panchwadkar**  
**Community Service - Rtn. Subash Desai**  
**International Service - Rtn. Pranav Prakash**  
**Youth Service - Rtn. Rajeev K Desai**  
**Strategic Planning Chairman - Rtn. Upendra Pai Angle**

## **CLUB LEADERSHIP PLANNING COMMITTEE**

**Club Administration - Rtn. Prasad Desai**  
**- Rtn. Ramakant Angle**

**Membership Development - Rtn. Achut Kakode**  
**- Rtn. Gokuldas Naik**

**Public Relations - Rtn. Krishna Angle**  
**- Rtn. Suresh Shirvant**

**Service Projects - Rtn. Gorakshnath Panchwaskar**  
**- Rtn. Tony Rebello**

**Rotary Foundation - Rtn. Argus Rodrigues**  
**- Rtn. Subash Desai**

**Pulse Polio Chairman - Rtn. Dr. Samuel Arawattigi**  
**Club Trainee - PDG Rtn. Dr. Jorson Fernandes**  
**Bulletin Editor - Rtn. Argus Rodrigues**

NOVEMBER IS



# ROTARY FOUNDATION MONTH

"You must work - we must all work to make the world worthy of its children."

Pablo Casals



[www.rotary.org](http://www.rotary.org)

This month is dedicated to

## UPCOMING EVENTS

- Rotary COVID - 19 Awareness Program (cont.)

## MEETINGS

Virtual Zoom Meetings  
2nd & 4th Wednesday at 8:30 pm

# Raise for Rotary

**Doing Good in the World  
Together  
Fundraise for The Rotary  
Foundation to help bring life-  
changing projects to every  
corner of the world.**

**[START FUNDRAISER](#)**

# SECRETARY'S REPORT

## Rotary COVID-19 Awareness Program (Rotary CAP)

1st October 2020 - 31st October 2020

*Category: Community Service*



Rtn. Deepak Fal Desai  
Secretary 2020 -21



Clad in Orange, Staff of Nusi Maritime Academy - Assolna, learning the scientific Handwashing Technique under the guidance of PDG Rtn. Dr. Jorson

**A**n awareness program on COVID 19 conducted for educational institutions, organizations and local communities with us as the lead club for the project and our partners – Rotary Clubs of Margao Sunrise, Panaji, Vasco Da Gama, Ponda, Curchorem – Sanvordem, Pernem, Margao Midtown, Margao, Mhapsa Elite and Mapuca. All the participants of the program learnt about the spread of the virus, importance of maintaining hand hygiene, practicing respiratory etiquettes & social distancing, avoiding closed and crowded places, the scientific method of Handwashing, how to wear and remove a mask and gloves. Every session taken, ended with an interactive Q & A session, with participants bringing forth their queries and clarifying their doubts.



Rtn. Dr. Joelene Fernandes handing over a Gallon of Liquid Soap to Headmistress of Cunclim United High School, Mrs. Malica



Rtn. Dr. Joelene Fernandes & PDG Rtn. Dr. Jorson Fernandes winners of the COVID Health Care Heroes Award - Most Impact Category. A Only My Health - Jagran New Media Initiative

Our very own Club members, the Father - Daughter duo, that started this initiative, PDG. Rtn. Dr. Jorson Fernandes & Rtn. Dr. Joelene Fernandes are instrumental in taking this project to a wider audience. Dr. Joelene has reported that our current **reach within the community as of 31st October is 70,000+**. She also said that all if has only been possible because of the foundation on which Rotary is built on - Networking and Fellowship. While Dr. Jorson conducts the

sessions for the beneficiaries on COVID -19 Awareness, Dr. Joelene, does all the administrative work, collects & compiles data from all beneficiaries and clubs, and handles the social media updates. The two of them together along with our President Rtn. Mahadev Shirvant, Prospective Club Member Mr. Khabir Moraes and Generous Donor Mr. Franco D' Sa have gone about Distributing the Liquid Soap and Pendrives to the schools. Two other prospective members, Mr. Milroy Goes has helped by designed certificates for the Program while Mr. Tulshidas Desai is working with our Partner Cubs RC Vasco Da Gama to reach out to the schools in the Mormugao Taluka. Similarly our Partner Clubs have also gone about distributing Liquid Soap and Pendrives to the schools.



**From Left to Right:** Prospective Member Mr. Khabir Moraes handing over the Gallon of Liquid Soap and Pendrive to Headmaster of Pope John XXIII High School, Boys Town, Quepem - Fr, Manual Vaz ; Rotary Club Members with the Head of the Goa Bharat Scouts and Guides Association Mr. James Fernandes at the Head Office, Panjim handing over Liquid Soap to be used for Camps. In the Photo (L - R) : Mr. James Fernandes, Honorary Member Mr. Franco D'Sa, PDG Rtn. Dr. Jorson Fernandes & Rtn. Dr. Joelene Fernandes

## TELL YOUR STORY

**#RotaryResponds Now is the time to share our stories as people of action.**

**Visit the [Brand Center](#) for helpful resources today.**

# SHADES OF GREEN

4th October 2020

Category: Supporting the Environment



**From Left to Right:** Cuncolim Rotary Club Members & Non Rotarians planting fruit bearing saplings at Rtn. Dr. Jorson's Farm

In the Photo : 1. Honorary Member Mr. Franco D' Sa & PDG Rtn. Dr. Jorson; 2. Mr. Piedade Fernandes & Mr. Sanjyot Ekawade; 3. Rtn. Dr. Joelene Fernandes; 4. AG Rtn. Shivnath Sawant.

**S**hades of Green is a Joint Initiative of Rotaract Club of New Bombay RID 3142 and Rotary Club of Cuncolim RID 3170. It is a Service Project focused on **Supporting the Environment.**

In continuation of the tree plantation we had in the month of September, this month we planted 31 Fruit-bearing saplings like those of - Gauva, Custard Apple, Chikoo, Mango, Jamun and Love Apple. Some of our club members planted the saplings in their private properties as they are gated which would ensure that the plants would grow well.



**From Left to Right :** IPP Rtn. Subodh Sawant planting a sapling; Mr. Vipul Kalekar planting a sapling in his backyard; Rotary Club Members & Non- Rotarians with the some of the saplings yet to be planted at Rtn. Dr. Jorson's Farm .



# Global Handwashing Day Celebration

15th October 2020

Category: Community Service

In celebration of Global Handwashing Day on 15th October our club distributed a 5 Litre Gallon of Liquid Soap to the Anganwadi Workers of Ghotton, Salcete Block.



President Rtn. Mahadev Shirvant Handing over Liquid Soap Gallon to the In-charge of the Ghpttpn Anganwadi Workers.

# Cleanliness Drive

18th October 2020

Category: Community Service

Along with Local Community Members and the youth of Cuncolim, we had a cleanliness drive near the Seven Temples, Veroda and its surrounding land where we collected 7 - 8 bags full of garbage. The project was initiated by our Prospective member Mr. Khabir Moraes with the support of our president Rtn. Mhadev Shirvant



**Clockwise from the top :** Rotary club members & Volunteers after hours of a successful cleanup; A pile of refuse collected by the volunteers during cleanup

# World Polio Day Celebration

16th October - 7th November 2020

Category: Community Service

As we celebrate World Polio Day on 24th October, Rotary club members joined together to create awareness among the Community Members in the Locality, State of Goa and Abroad. PDG Rtn. Dr. Jorson addressed a Press Conference and spoke on Rotary's work to eradicate Polio and how we are "This Close" to eradicating this crippling disease once and for all. We also gave a Press Note to the Local Media Outlets on the same. President Rtn. Mahadev Shirvant & AG Rtn. Shivnath Sawant took the initiative to Create Awareness via a Public Address System using a Mobile Vehicle.

In addition to creating awareness, Rtn. Dr. Joelene Fernandes took the opportunity to Raise Funds for the cause; using RI's New Fundraising Tool " Raise For Rotary ". This Fundraiser was a part of the **World's Greatest Meal** an initiative to Raise Funds and Create Awareness. Family Members from across the world, joined in the meal along with our Club Members and we raised 1000 USD. The Meal spanned over **3 weeks, 3 continents, 104 people** and countless family celebrations.



## पोलिओ दिनानिमित्त आज कुंकळीत रोटरीतर्फे खास जनजागृतीचे आयोजन

**कुंकळी :** व्हायरस युक्त संसर्गजन्य आजार हे म्हाणसंसादी नेहमीच त्रासदायक असतात. पोलिओ हा खासकरून लहान मुलांना होणार आजार. ते देखील त्वरपेकीच एक. त्याबाबत महिती नागरिकांपर्यंत पोहोचणे आवश्यक. म्हणूनच २४ ऑक्टोबरला कुंकळी रोटरी क्लबतर्फे मतदारसंघात पोलिओ विषयक जनजागृती करण्यात येणार आहे, अशी माहिती माजी जिल्हा गव्हर्नर डॉ. जोर्सन फर्नांडिस यांनी दिली.

यावेळी त्यांच्या सेवेत रोटरी अध्यक्ष मंजू शिरवंत, सचिव दीपक फळदेसाई, सहाय्यक गव्हर्नर शिवनथ सावंत व सहसचिव ज्योवलीन फर्नांडिस उपस्थित होते.



पत्रकार परिषदेत माहिती देताना डॉ. जोर्सन फर्नांडिस सोबत मंजू शिरवंत, दीपक फळदेसाई, शिवनथ सावंत व ज्योवलीन फर्नांडिस.

सरकारने केलेल्या शिस्तबद्ध प्रयत्नांमुळे २०१२ साली आपण पोलिओमुक्त राष्ट्र बनलो. सरकार बरोबरच रोटरी इंटरनॅशनल या संस्थेने आपल्या परीने पोलिओ निर्मूलनासाठी तन-मन-धन अर्पून काम केलेय. तामिळनाडू सरकारला लसीच्या उपलब्धतेसाठी अनुदानाच्या रूपात आर्थिक मदत केलीय. १९९५

सली पोलिओ विरोधात देशभर कार्यक्रम घडवून आणले आहेत. जवळपास ३ वर्षांखालील ८८ कोटी बालकांना त्याचा फायदा झाला आहे. अभिनयाचे वादराहा अमिताभ बच्चन या युनिसेफ संस्थेच्या स्टार प्रचारकाचाही मोलाचा वाटा राहिला आहे, असेही डॉ. जोर्सन यांनी सांगितले.

**Clockwise:** President Rtn. Mahadev Shirvant & AG Rtn. Shivnath Sawant with the Mobile Vehicle using a Public Address System to Create Awareness for Polio; Press Note in Tarun Bharat Local Media Outlet ; PDG Rtn. Dr. Jorson Fernandes & Club members addressing the Press Conference at the Club - House with reporters from Tarun Bharat & Prudent Media

## TAPPING INTO OPPORTUNITIES FOR INTERNATIONAL SERVICE



**Rotarians from Montana on a tour of a completed water project in Guatemala.**

By Jon Gresley, member of Rotary Club of Truckee, California, USA

Since 2000, I have attended 20 project fairs, 16 in Central American and four in Colombia. Attendance at project fairs provides Rotary members with opportunities for international travel and engagement in service with fellow members.

The first ever project fair was a gathering of [READ MORE](#)

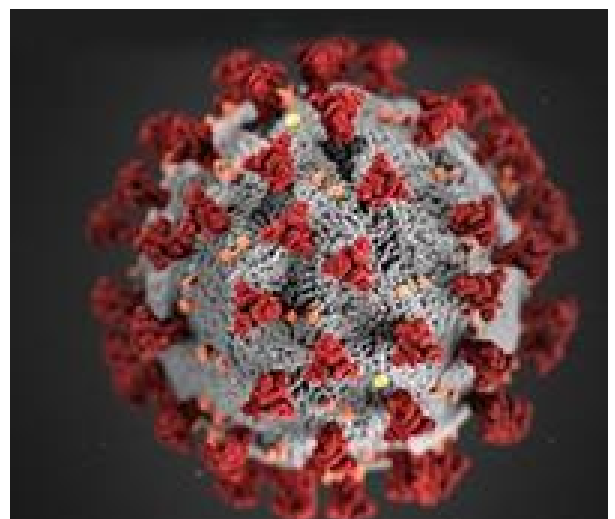
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## PUBLIC IMAGE IN THE AGE OF COVID-19

By Laura Spear, assistant Rotary Public Image Coordinator for Zone 32

How can your club promote your activities and service projects if almost all of it is virtual today? Your club's website and social media channels are now more important than ever.

Many clubs are meeting virtually, using tools like Zoom, WebEx, and GoToMeeting. Capture a screen image of your members and post it on your digital channels to show that your club remains active. Post club bulletins and newsletters to update your members and community on your club's activities, even if you aren't meeting in person.



Consistent communication with both members and the public is essential for keeping your club visible in your community. Perhaps most important, [READ MORE](#)

# The Ann's and Annet's Column

FEATURING: ANN MADHURA SHIRVANT

## What's Cooking?

### Vegetable Cutlets.

Read the recipe for instructions on how to prepare this dish .

[Click the Picture to watch the video.](#)

#### INGREDIENTS:

##### For Pressure Cooking

- 2 Potatoes, peeled and diced into cubes
- 1/2 cup Carrot
- 1/2 cup Beetroot
- 1/2 cup peas
- 1/2 cup beans
- 1 tsp salt
- 1/2 cup water

##### For Cutlet:

- 1 tsp red chilli powder
- 1/2 tsp tumeric powder
- 2 tbsp ginger garlic paste
- 2 tbsp coriander finely chopped
- salt to taste
- 1/2 cup rawa
- 1/2 cup bread crumbs
- oil for frying

#### METHOD :

1. Mash the pressure cooked vegetables completely
2. Mix all the other ingredients.
3. Combine well to form a dough
4. Take a ball sized vegetable mixture and shape by greasing hands with oil.
5. In a pan heat 2 Tbsp Oil for frying.
6. Place the shaped vegetable cutlets and fry till golden brown on a medium flame.
7. Serve with a curd dip of Tomato Sauce.



##### For Curd Dip:

- 1/2 Cup of Curd
- Red Chilli Powder
- Mint Leaves
- Chaat Masala
- Salt to taste

#### METHOD

1. In a bowl add the curd and whisk well.
2. Add Chilli Powder, Mint Leaves and Salt
3. Mix well & Serve

# The Ann's and Annet's Column

FEATURING: ANNET AMARJA SALIL SAWANT

## INGREDIENTS:

### For green paste

- 4 cloves
- 4 black pepper
- 1 inch Dalchini
- 2 elaichi
- 2 green chillies
- 6 soaked cashew nuts
- 1/2 cup pudina
- 1 cup fresh coriander
- 2 inch ginger
- 6 garlic

Make a fine paste with minimum or no water.

### Remaining Ingredients:

- 3 tbsp pure ghee
- 2 tbsp oil
- 1 tbsp jeera
- 1 inch Dalchini
- 4 cloves
- 4 black pepper
- 2 elaichi
- 5 cashew nuts
- 2 long cut onions
- 1 tomato
- 2 cups veggies (potato, carrot, capsicum, green peas, mushroom, or any vegetables of your choice)
- 1 cup coconut milk
- 2 cup rice
- Salt

## What's Cooking?

### HARIYALI PULAO .

Read the recipe for instructions on how to prepare this dish .

## METHOD :

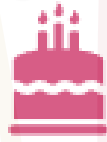
1. Add ghee to a cooker along with oil.
2. Add Jeera, Dalchini, Cloves, Black pepper, Elaichi, and Cashew nuts and sauté for a minute.
3. Add onions. Once the onions are golden add tomatoes & cook till the tomatoes become soft.
4. Add the green paste and sauté for a minute.
5. Add in the 2 cups of vegetables and fry for 2 minutes.
6. Add Salt as per taste.
7. Add Rice & fry for a minute.
8. Add Coconut Milk and Water.



9. Pressure cook for 2 whistles.

enjoy!

# Celebrating Us !



2nd November - Annet Aditya Ramakant Angle  
9th November - Annet Shantadurga Rajiv Desai  
16th November - Rtn. Krishna Pai Angle



Nil

## STAY CONNECTED

Official Club Email ID :  [rotaryclubofcuncolim@gmail.com](mailto:rotaryclubofcuncolim@gmail.com)

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