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Operation Wipe Out Rotary's Bold Stride Towards a Healthier World **Friendship Takes Flight** Rotary's Kite Fellowship **Connects** Cultures



A Message From Our Leadership Hewko: Rotary: A Blueprint for the Future

Official Communication from RIDN KP Nagesh to RID 3142



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Beyond the Veil

An Exclusive Sneak Peek



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Register today at convention.rotary.org



What's Inside:

Explore the diverse facets of Rotary's global impact. From fostering international friendships through the Kite Fellowship to addressing pressing global health challenges, Rotary continues to make a difference.

The magazine also features insights from Rotary leadership, including a message from General Secretary John Hewko on the organization's future direction. Additionally, District Governor Dinesh Mehta shares his vision for the month ahead.

December Edition: A Focus on Health and Wellness

This month's issue delves into Rotary's commitment to Disease Prevention and Treatment, one of the organization's Seven Areas of Focus. Discover how Rotary is making a difference in global health initiatives.

Magic All Around

2025 Rotary International Convention

21-25 JUNE 2025 | CALGARY, CANADA

Connect In Calgary

Embark on an exhilarating journey of connection

and inspiration at the 2025 Rotary International Convention in Calgary! Engage in riveting discussions, learn from distinguished speakers, and explore enlightening breakout sessions against the backdrop of Calgary's picturesque beauty nestled amid the Canadian Rockies.

Fueled by friendship and a spirit of collaboration, exchange best practices, ignite innovative projects, and form lifelong connections with fellow changemakers from around the world.

Take part in this transformative, one-of-a-kind event and experience the Magic All Around at the 2025 Rotary International Convention in Calgary, Canada 21-25 June 2025.







https://convention.rotary.org/en-us/ https://www.rotary.org/en/get-involved/join https://my.rotary.org/

Feedback Fuels Progress:

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माल ही करते हो आप लोग।

हम लोगों को थोड़ा बहुत आराम

भी तो करने दो दिनेश, नम्रता व

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Well done 🛸 🐂

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Outstanding GML

Your appreciation me a lot to us. Thank you

will convey this to the GML team, Sir.

3:24 PN

Message from RID Raju

Cheers Dinesh

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Editor's Musings

A Harmonious December: A Cosmic Cocktail for Optimal Health

Rotary Times @3142 GML 24-25

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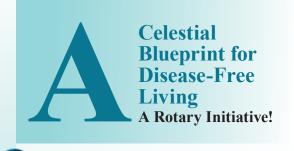
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Errata: "This edition incorporates minor corrections from the previous edition. We sincerely apologize for any inconvenience these errors may have caused."



DECEMBER, a month marked by CELESTIAL SHIFTS, GEMSTONE BRILLIANCE, and GLOBAL HEALTH INITIATIVES, offers a unique opportunity for reflection and action. As the sun transitions from Sagittarius to Capricorn, the birthstones tanzanite, zircon, and turquoise shimmer with their own unique allure. And as the year 2024 draws to a close, ROTARY INTERNATIONAL shines a spotlight on DISEASE PREVENTION and TREATMENT, a critical area of focus.

The zodiacal shift from Sagittarius to Capricorn signifies a transition from expansive exploration to FOCUSED REALIZATION. This celestial shift mirrors the transformative power of December's birthstones: Tanzanite, a symbol of TRANSFORMATION, guides us from darkness to light. Zircon, associated with WISDOM, fosters spiritual growth. And turquoise, believed to offer PROTECTION, provides a sense of security.

In parallel, Rotary International, a global network of volunteers, is dedicated to improving global health. By supporting initiatives such as POLIO ERADICATION, MATERNAL & CHILD HEALTH, and WATER SANITATION, Rotary is making a tangible difference in countless lives.

As we celebrate The Cosmic and Humanitarian aspects of December, we are reminded of our interconnectedness and our collective responsibility to create a healthier, more equitable world.

I have been pondering a pretty out-of-the-box idea lately, can a Celestial Perspective on Global Health, be a NEW Frontier for Rotary... it's sure provocative idea... could the cosmos hold the key to unlocking revolutionary advancements in global health?

A dream by exploring the potential connections between celestial bodies and human health, Rotary International could pioneer a new era of scientific discovery.

Imagine a future where Rotary, renowned for its dedication to service, aligns its mission with a "Celestial Blueprint for Disease-Free Living. "This visionary approach would involve:

I have been pondering a pretty out-of-the-box idea lately, and here again, I am excited to share athought-provoking idea that has been occupying my mind: What if we could tap into the cosmos to improve global health? What if we align Rotary's mission with a "Celestial Blueprint for Disease-Free Living."? You never know by just exploring the potential connections between celestial bodies and human health, we could unlock groundbreaking insights and innovative solutions.

[Disclaimer: This is a speculative thought from a Rotarian editor who believes in imagination and interdisciplinary exploration. Rigorous scientific research is essential for any potential applications.]

Consider the possibilities for once of studying the impact of lunar cycles on biological rhythms or delving into astrobiology to understand the conditions conducive to life beyond Earth.

Trust me! this interdisciplinary approach could revolutionize our understanding of health and disease. While it might sound a bit futuristic, it is an exciting opportunity to push the boundaries of science and medicine and maximize our impact by considering these next-level initiatives:

- Strategic Partnerships
- Targeted Research Funding
- Global Health Education and Awareness
- Policy Advocacy

By embracing these initiatives, Rotary International can position itself as a catalyst for positive change, shaping a healthier, more prosperous future for generations to come. Fostering collaboration between scientists, astronomers, and medical professionals. It would certainly resonate with our core values of SERVICE ABOVE SELF and PROMOTING PEACE AND UNDERSTANDING.

However, it is important to balance this ambitious vision with practical considerations. Any such endeavor must be grounded in solid scientific research and align with our existing health programs.

Additionally, we should consider the potential for public perception and the importance of clear communication to avoid misconceptions.

Time for us to harness the POWER OF SCIENCE and INNOVATION to create a WORLD where DISEASE is a thing of the PAST.

"I heard a bird sing, In the dark of December, A magical thing, And sweet to remember." - Oliver Herford

Namerataa

Fuel your creativity with... Namrataa #RotaryTimes@3142 GML Editor 24-25



Rotary International

Rotary Goes Mobile: A Game-Changer in Global Health

iny Tech, Big Impact Smartphone Era in Disease Control

In the relentless battle against polio, a powerful weapon has emerged: the humble cell phone. By harnessing the potential of mobile technology, health workers in countries like Pakistan and Nigeria are revolutionizing the way they collect and share crucial health data.

Gone are the days of cumbersome paper-based reporting. Now, frontline health workers can instantly transmit information on vaccinations, disease outbreaks, and maternal and child health directly to central databases. This real-time data empowers health officials to make informed decisions, allocate resources efficiently, and respond swiftly to emerging health threats.

The benefits of mobile technology extend far beyond polio eradication. It's being used to track pregnancies, monitor disease outbreaks, and improve access to healthcare in remote and underserved communities. By leveraging the power of cell phones, we can bridge the digital divide and ensure that everyone, regardless of their location, has access to essential health services.

As we continue to face global health challenges, mobile technology will undoubtedly play a pivotal role in shaping the future of healthcare. By embracing innovation and empowering communities, we can work towards a healthier, more equitable world.

"Good health for all, a worthy fight, Rotary's there, shining ever bright. From clinics to cures, a global reach, Let us join the cause, a noble speech."



We believe good health care is everyone's right. Yet 400 million people in the world cannot afford or don't have access to basic health care.

Disease results in misery, pain, and poverty for millions of people worldwide. That is why treating and preventing disease is so important to us. We lead efforts both large and small. We set up temporary clinics, blood donation centers, and training facilities in underserved communities struggling with outbreaks and health care access. We design and build infrastructure that allows doctors, patients, and governments to work together.

Our members combat diseases like malaria, HIV/AIDS, Alzheimer's, multiple sclerosis, diabetes, and polio.

Prevention is important, which is why we also focus on health education and bringing people routine hearing, vision, and dental care.

HOW ROTARY MAKES HELP HAPPEN?

We educate and equip communities to stop the spread of life-threatening diseases. Rotary members have hundreds of health projects underway around the world at any given time.

> Global eradication of a disease like polio requires big data. Rotary's program in Pakistan helps collect massive amounts of data by gathering and sharing patient information via SMS. This real-time data collection allows health workers to serve mobile populations, sometimes in hard-to-reach areas.



How Mobile Phones Help Prevent Disease: https://youtu.be/tTH6gxXgo21

Cell phones power disease fight: https://www.rotary.org/en/cellphones-help -disease-eradication#page-content

Rotary International

Rotary is leading the charge against Malaria in Zambia



"Rotary's investment in community health workers is a game-changer," says Martha Lungu. "We're empowering communities to fight malaria."

Rotary's Programs of Scale initiative is making significant strides in the fight against malaria in Zambia. By investing in community health workers, Rotary is empowering local communities to take control of their health.

Partners for a Malaria-Free Zambia, a Rotary-led initiative, is training and equipping 2,500 community health workers to provide essential malaria testing and treatment services in remote areas. This approach has proven to be effective in early detection and timely treatment, reducing the severity of malaria cases and saving lives.



Martha Lungu, a key figure in this initiative, is driven by personal loss to make a difference. Her tragic experience has fueled her commitment to combating malaria and improving public health in Zambia.

By collaborating with World Vision and the Bill & Melinda Gates Foundation, Rotary is

leveraging its global network to maximize impact. This partnership strengthens the initiative's capacity to provide comprehensive support to community health workers and enhance data collection and analysis.

This is where Rotary clubs can play a key role, suggests Busiku Hamainza, acting director of the National Malaria Elimination Centre, part of Zambia's Ministry of Health. "Moving forward, behavior change won't be looked at as a support intervention, but a core intervention," he says. "Rotary is designed in a way that the club is very close to the community. It's important to utilize that advantage to raise the profile of [fighting] malaria."







As of September, Rotary members had already volunteered more than 30,000 hours since the start of Partners for a Malaria-Free Zambia. Collins Kachana, a nurse and a member of the Rotary Club of Ndola, is one of those volunteers, using his medical background to help train health workers. "I've seen malaria firsthand," he says. "I've seen what it can do. People have died in my hands during my care. So when you see certain projects happening, you know right away the impact.

Rotary's efforts in Zambia demonstrate the power of community-based interventions and the potential to eliminate malaria as a public health threat. Through this initiative, Rotary is not only saving lives but also building a healthier future for generations to come.

A four-pronged approach

Partners for a Malaria-Free Zambia's program is Rotary-led and fights malaria by making improvements in four key areas:

- **Personnel:** Training and supporting 2,500 new community health workers to test for and treat malaria, as well as lung and intestinal issues
- **Support:** Training members of neighborhood health committees, who advocate for and support community health workers
- **Communications:** Increasing awareness of malaria testing and treatment through radio talks and dramatic performances
- Data: Improving malaria surveillance and management.

Story courtesy by Diana Schoberg & Photography by Esther Ruth Mbabazi



A community cure CLICK: https://youtu.be/fcwB4SBjxus

RI President Stephanie Urchick's Message

Global Peace Pole Day & #Rotary25

he Power Of Peace Poles to Inspire Hope and Foster Unity.

"Unite as one, planting seeds of Peace across the Globe. Each Peace Pole is a testament to our shared commitment to Harmony and Understanding."

November 22nd marks Global Peace Pole Day, a day dedicated to the powerful message: "May Peace Prevail on Earth." Peace poles are more than just symbols; they are tangible expressions of hope, uniting communities worldwide in a shared aspiration for peace and harmony.

As your Rotary International President, I've been honored to dedicate peace poles across the globe, each inscribed with this universal message in various languages. These moments signify our collective commitment to building peace – one community, one pole, and one action at a time.

Peacebuilding lies at the core of Rotary's mission. From training nearly 1,800 peace fellows at our Rotary Peace Centers to inspiring initiatives like the Peace Pole Project, we are actively working to foster understanding, bridge divides, and promote healing in our divided world.

With warmest regards, Stephanie Urchick RI President 2024-25



A Message From Our Leadership Hewko

Rotary: A Blueprint for the Future

harting a New Course



Rotary's Action Plan for a Sustainable Future

Rotary has reached a crucial point in our path to uniting people to take action and make lasting change. In a message to the Rotary world, RI General Secretary and CEO John Hewko invites us to implement the Action Plan and help Rotary make a meaningful difference to shape a lasting future.

The Action Plan represents our future and serves as the strategic road map for where we need to take our organization over the next 20 to 30 years. It's a well-developed plan with input from Rotary members, alumni, staff, partners, and non-Rotary members, all around the world. A lot of thought went into it, and we're looking forward to implementing it.

The Action Plan has four main Priorities. One is to expand our reach. We want to have greater impact. We want to engage our members and other participants more, and we want to be more nimble, to be able to adapt to changing times.

Overnight the entire Rotary world, 1.2 million members and many other participants, were forced to move to this new virtual existence due to COVID-19. This new way of life has shown us that we can embrace technology in a way that we hadn't in the past. We've expanded our reach through partnerships.

We've introduced a new Area of Focus, the environment. We introduced programs of scale, where we're trying to fund large, significant projects that are truly going to make a difference. And we've also engaged more with our Rotaractors, which is a segment of our Rotary family that is so important to the strength of our organization. So, the Action Plan is our future.

It's exciting, and we've begun to undertake a number of important initiatives to bring it into reality.

Every so often, certainly every century or so, an organization needs to reach an inflection point, and to step back and ask:

What can we do differently? How can we adapt? How can we change? What do we need to do to take our organization further, in an even better direction?

I believe this is this point. The COVID-19 pandemic has shown us that it is possible to change, and that we are going to be required to adapt. The world is not going to change for us. We will need to change for the world.

Every club leader and every member should take a look at the strategic plan-the Action Plan, and ask:

What are the gaps in my club's strategy that are keeping us from aligning with the Action Plan?

What are my club's greatest challenges that if addressed could help advance the Action Plan through the work of our club? What are my club's unique strengths that can be leveraged to align my club with at least one or more of the four priorities? Is my club seeking relevant partnerships and making purposeful connections that are moving us towards advancing the overall Action Plan?

There is, no doubt, action we can all take to make Rotary stronger. Consider the resources available on the Action Plan website and the Learning Center that can help you think through these questions and come up with a specific plan for your club that addresses the issues that you're facing locally, and make your club stronger, engage your participants more, have greater impact, make a greater difference.

"The future belongs to those who believe in the beauty of their dreams."



John Hewko RI General Secretary and CEO

[Rotary International is led by a dedicated team, including the General Secretary and CEO, who oversee a staff of over 800. This team works tirelessly to serve Rotary's 1.4 million members worldwide. John Hewko, the current General Secretary and CEO, has been instrumental in driving Rotary's mission since 2011. A passionate Rotarian, Hewko has actively participated in various humanitarian initiatives, from polio eradication to fundraising.]



John Hewko: 'The Power of Connection Rotary International Assembly 2024: https://fb.watch/w3eEzdmOsG/ https://my.rotary.org/en/message-from-our-leadership https://my.rotary.org/en/who-we-are/about-rotary/action-plan

PRID Speaks About

A Timeless Lesson in Giving



Inspired by Alexander the Great

Dear Rotary Leaders,

Alexander the Great, while lying on his deathbed, made three wishes and interpreted them.

"My physicians alone must carry my coffin".

"...because people should realize that no doctor on this earth can really cure anybody.

"I desire that when my coffin is being carried to the grave, the path leading to the graveyard be strewn with gold, silver and precious stones which I have collected in my treasury." "....to Tell People that not even a fraction of gold will come with me.

"My third and last wish is that both my hands be kept dangling out of my coffin." "I wish people to know that I came empty handed into this world and empty handed I go out of this world."

Alexander reminds all of us powerfully through these words that no matter however much may be our earthly possessions, at the time of our death we won't be able to take anything of it along with us.

It is a great paradox of human life that what we try to keep for ourselves we lose and what we give to others we have. It's easier to take than to give. It's nobler to give than to take.

Human as we are, we spend a lot of our time, making meticulous calculations of our income and expenditure. Of course, it can enable us to make the optimum use of our material resources and get more satisfaction out of them. But, often we lose sight of the great joy we can have, when we are truly concerned about giving good things to others and be at the service of others, without expecting anything in return. As a Rotarian ask yourself whether you are a cheerful giver. And if yes, I for one can't find a better avenue than The Rotary Foundation to give and do good in the world.

'BE A CHEERFUL GIVER TO THE ROTARY FOUNDATION' SMILE SERVE SACRIFICE SATISFY

"Rajashree Ji's generous donation of Rs 80 Lakhs towards our club's pediatric heart surgery project is commendable. Her philanthropic gesture will significantly benefit countless children suffering from congenital heart defects"- Ashok Mahajan

PRID Ashok M. Mahajan

Director, Rotary International (2007-09) Trustee, The Rotary Foundation (2009-13) SMILE SERVE SACRIFICE SATISFY



A Message from the District Governor

December: A Month of Hope and Healing RID 3142 Leads the Way

revention The Key to a Healthier World

A quote attributed to Bill Gates is "Treatment without prevention is simply unsustainable". What this essentially means, is that unless the world works towards preventing disease it will simply run out of resources to control it. Prevention is certainly, better than cure"

Disease prevention and treatment is one of the seven focus areas of Rotary International and the month of December is designated as the month where we focus our attention on this invaluable service .

So what does Rotary do, towards Disease Prevention and Control. It undertakes both World-wide projects, with colossal costs, like the endeavour to eradicate polio and local community based projects promoting health and hygiene . Another, yeoman service that Rotary does for the Community is to make Health care both affordable and available

We have , for example, donated Seven Portable X Ray Machines to Kalwa Hospital , through the aegis of a CSR Grant from Indian Oil. This was initiated by the Rotary Club of Bombay West Coast and my home club helped in its closure.

All the good that Rotary does in the world is through the Rotary Foundation and by hosting TRF (The Rotary Foundation) seminars in the various zones that comprise our District we make Rotarians aware of why making a donation is important and how the funds help serve the community. We also use the occasion to recognise those Rotarians and Clubs which have made significant donations to the Foundation. Diwali, this year, was a very eventful, gracious, divine, awesome occasion for Jyoti and me. There were pious moments, that entailed a visit to a Gaushala, classical moments filled with divine music, historical moments witnessing models of the forts of Maharashtra and of ushering in the Festive dawn with the District Diwali Pahat programme. Of this are lifelong cherished memories made.

The setting up of The Rotary Centre at Thane , was for me, a dream come true. Its primary goal is to serve as a Skilling Centre that will assist in helping needy individuals to find gainful employment. Chief Secretary of Maharashtra, Sujata Saunik, who recently visited the Rotary Centre has outlined that she has great expectations from this project

It has been Awesome Teamwork all the way and I urge each and everyone of you to participate in full measure in the Magic that is Rotary.

"Health is the greatest gift, contentment the greatest wealth, faithfulness the best relationship." - Buddha

Dinesh Mehta District Governor 2024-25

https://www.facebook.com/groups/389235004071433/

Rotary In Action: Global News and Updates

Rotary's Power for Prevention: Operation Wipe Out: A Bold Move



Isabel Scarinci's Crusade Against Cervical Cancer

"We can truly prevent this cancer. It's a miracle."

- Nancy Wright, Director of the Cancer Prevention and Control Division of the Alabama Department of Public Health

Isabel Scarinci, a renowned public health advocate, is spearheading a groundbreaking initiative in Alabama to eradicate cervical cancer. Through Operation Wipe Out, she is mobilizing a coalition of healthcare providers, community organizations, and policymakers to increase HPV vaccination rates and promote regular screenings.

By addressing the underlying social and economic factors that contribute to cervical cancer, Scarinci and her team are working to improve access to healthcare, particularly in underserved communities. The initiative's success hinges on a multi-faceted approach that includes education, outreach, and policy advocacy.

Scarinci's personal experience with polio has fueled her passion for public health and inspired her to dedicate her life to preventing disease. With her leadership and unwavering commitment, Operation Wipe Out is poised to make a significant impact on the global fight against cervical cancer.

To delve deeper into the details of this inspiring initiative, we invite you to read the full article

CLICK: https://www.rotary.org/en/elimination-round



Rotary's Science of Saving Lives- Vaccines: Rotary is leading the charge in global health. Rotarians have reduced polio cases by over 99% and continue to fight for a world free of disease. Join us in promoting vaccination and ensuring equitable access to healthcare.

Just as we won't stop working until polio is eradicated globally, Rotary will remain at the forefront of this effort until every global citizen is safe: **#Rotary #EndPolio #GlobalHealth #Vaccines**



https://www.rotary.org/en/why-vaccinations-matter#:~:text=Rotary%20has%20advocated%2C %20distributed%2C%20and,end%20the%20COVID%2D19%20pandemic **Rotary Fellowship** Rotary Kite Fellowship: Friendship Through Flight

Ethiopia

With the wind at their backs, members of the Rotary Fellowship of Kites and its founder, Henock Alemayehu, gathered for a day of kite making and flying with 250 children, many of them displaced by conflict among the more than 80 ethnic groups in Ethiopia. The children and volunteers converged on the grounds of an elementary school in Quiha, in the northern Tigray region, for the Ashengoda Kite Festival on 9 June. "The simplicity of this activity carried profound significance, offering a rare moment of peace and joy for these children," says Alemayehu, a member of the Rotary Club of Addis Ababa Central-Mella. The kite fellowship, which has more than 100 members from 12 countries, is "creating lasting change through the simple yet powerful act of kite flying," says Alemayehu.

This story originally appeared in the November 2024 issue of Rotary magazine







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https://rotarykites.org/ | https://www.rotary.org/en/rotaryprojects-around-globe-november-2024



A

Rotary Tradition Takes Flight

First Lady Says

हमेशा याद रखें, हम ही सकारात्मक ऊर्जा के वाहक हैं।



The First Lady continues to inspire with her latest experience

A heartfelt confession, with a touch of humor and vulnerability...

"I have often heard people say that being a First Lady is all glamour and grace. While there are certainly glamorous moments, the reality is far more grounded. It is a constant balancing act, juggling family life, social events, and the demands of a busy District Governor.

But amidst the chaos, I have found a newfound sense of purpose and joy.

Witnessing my husband's unwavering dedication to service has inspired me in ways I never thought possible. It is amazing how Rotary has transformed our family dynamic. Our children, who were once consumed by their own little worlds, are now passionate about giving back. They have learned the value of empathy, compassion, and hard work.

I will admit, there have been moments of exhaustion. Those late nights spent preparing for events, the countless meetings, and the endless stream of people to greet can be overwhelming.

But then I remember the smiles of the beneficiaries we have helped, the gratitude in the eyes of our community members, and it all seems worthwhile.

I am so grateful for this journey. It is been a whirlwind, but it is been one of the most rewarding experiences of my life. I am excited to see what the future holds for our Rotary family."

Remember always..."हर सफल पुरुष के पीछे एक ऐसी महिला होती है जो उस पर विश्वास करती है और हर सफल महिला के पीछे एक ऐसा पुरुष होता है जो उस पर विश्वास करता है। और हर सफल जिला गवर्नर और क्लब अध्यक्ष के पीछे एक फर्स्ट लेडी/जेंटलमैन होता है जो उनके साथ इस यात्रा को जीता है।"

Jyoti Mehta First Lady 2024-2025



IW District 314

Impact Service and Compassion Together



As Mahatma Gandhi once said, "The best way to find yourself is to lose yourself in the service of others." Inner Wheel embodies this philosophy, inspiring individuals to contribute to their communities and make a positive difference - Team GML

A Testament to Inner Wheel's Commitment

These remarkable initiatives by Inner Wheel District 314 exemplify the organization's unwavering commitment to community service. By addressing diverse needs, from basic necessities to healthcare and education, Inner Wheel continues to make a profound impact on society.

A Shade of Kindness

INNER WHEEL CLUB OF NEW BOMBAY SEASIDE, under the guidance of District Chairman Prerna Raichur, extended a helping hand to the marginalized ragpickers associated with Stree Mukti Sangathan at Koparkhairane. The club distributed branded umbrellas worth Rs.50,000, offering respite from the harsh elements.

MEGA Lifeline at the Station

INNER WHEEL CLUB OF THANE SHINING STARS, has taken a significant step towards improving the facilities at Thane Railway Station. To enhance passenger comfort, the club has donated wheelchairs, stretchers, and benches for platforms 2 and 3. For emergency response, they have provided standing fans, water purifiers, medicines, and first aid kits to the CRPF. Additionally, to improve the working conditions of the station staff, the club has donated cupboards, chairs, standing fans, water purifiers, medicine kits, and uniforms to 28 station coolies. These generous donations aim to enhance the overall passenger experience and provide a better working environment for the station staff.

Empowering Young Minds

INNER WHEEL CLUB OF THANE EAST, focused on the educational needs of young learners at Vidyasagar. The club distributed rainy shoes to 210 students and a whiteboard to enhance the learning environment.

Restoring Sight, Restoring Hope

INNER WHEEL CLUB OF KALYAN RIVERSIDE, in collaboration with Isha Netralaya, conducted cataract surgeries for needy individuals. The project, costing Rs.10,000, brought sight and hope to countless lives.

Mobility, Dignity, and Independence

INNER WHEEL CLUB OF DOMBIVALI, donated wheelchairs to two individuals with disabilities at the hands of District Chairman Prerna Raichur. This act of kindness empowered the recipients, enabling them to regain their independence and mobility.



Message for Inner Wheel District Conference

Jyoti joins me in greeting all of you enthusiastic and dynamic ladies of Inner Wheel District 314 AABHA, what a lustrous and unique name for a confluence of energy, vivacity, caring and determination. Rotarians of District 3142 join me

in wishing all of you profound success in all your endeavours Isabel Allende, a Chilean Author, who is regarded as the world's most widely read Spanish - language author, had this to say " I can promise that women working together - linked, informed and educated - can bring peace and prosperity to this forsaken planet" I believe that amazing things happen, when women help other women. It is empowered women, who empower other women. They like the rising ocean tide that lifts all ships. I believe this is the core of what Inner Wheel does. It is wisely said that " The King may rule the kingdom but it is the Queen who moves the board" The French Philosopher and Social Activist, put it rather well " One is not born, but rather becomes a woman"

I would like to wish you all the very best in everything you set out to do and am confident that you'll will meet with great success because like Margaret Thatcher, Former Prime Minister of the UK, liked to point out " Any woman who understands the problems of running a Home will be nearer and more appreciative of the problems of running a country or society or organisation "

So more power to your elbow, dear ladies.

With warm regards, **DG Dinesh Mehta** RID -3142

District Editor 2024-25 | IW District 314

Ivoti Kotak

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रोटरी फेलोशिप का जादुई स्पर्श

- एक अद्भुत सांस्कृतिक रंगों का संगम

30 अक्टूबर 2024 को घाणेकर ऑडिटोरियम, ठाणे में एक शानदार दिवाली पहाट का आयोजन किया गया। यह कार्यक्रम डीजी दिनेश औरप्रथम महिला ज्योति मेहता, रोटरी क्लब ऑफ ठाणे एसेस, डिस्ट्रिक्ट कोर और फेस्टिवल टीमों के साथ-साथ सह-होस्ट क्लबों द्वारा आयोजितकिया गया था।

दिवाली पहाट एक ऐसा उत्सव है जो खुशी, कृतज्ञता और एकता का प्रतीक है। परिवार, दोस्त और समुदाय एक साथ आते हैं और उत्सव कीभावना को साझा करते हैं। विशेष रूप से महाराष्ट्र राज्य में, दिवाली पहाट का सांस्कृतिक महत्व बहुत अधिक है। सांस्कृतिक उत्सवों के अलावा, दिवाली पहाट में सद्भावना और करुणा का प्रसार भी शामिल है।

कार्यक्रम सुबह 6:45 बजे शुरू हुआ। यह पारंपरिक मराठी गीतों, भक्ति संगीत, उच्च गुणवत्ता वाले मराठी नृत्य और लावणी नृत्य प्रदर्शनों औरजातीय फैशन शो का एक पूर्ण आनंद था। शुभ दिन पर दिवाली मनाने से उत्सव में एक विशेष स्पर्श जुड़ गया। इस तरह के कार्यक्रम न केवलपरंपराओं का सम्मान करने का एक शानदार तरीका हैं, बल्कि समुदाय और रोटरी फेलोशिप को बढ़ावा देने का भी एक तरीका हैं।

पूरा कार्यक्रम पूरी तरह से मंत्रमुग्ध कर देने वाला था। श्री अभिजीत करंजकर के नेतृत्व में गायन समूह ने दिवाली पहाट के मराठी गीतों परअसाधारण प्रदर्शन किया। आकांक्षा के नेतृत्व में नृत्य दल ने लावणी सहित तीन सबसे शानदार नृत्य प्रदर्शन किए। केक पर आइसिंग मराठी धुनपर महिलाओं द्वारा जातीय फैशन शो था, जिसमें अंतिम उपस्थिति प्रथम महिला ज्योति मेहता की थी। प्रसिद्ध कंपेयर श्री राजेंद्र पाटणकर ने पूरेकार्यक्रम को अपनी मराठी शैली की प्रस्तुति में शानदार और जीवंत बना दिया था। सुबह की चाय और मटर कचौरी के साथ शुरुआत हुई, जिसमेंसेल्फी पॉइंट सहित मज़ेदार तस्वीरें शामिल थीं। कार्यक्रम का समापन महाराष्ट्रियन शैली के भव्य नाश्ते के साथ हुआ।

सुबह की चाय और मटर कचौरी के साथ कार्यक्रम की शुरुआत हुई। इसके बाद, एक शानदार महाराष्ट्रियन नाश्ते के साथ कार्यक्रम का समापन हुआ। सभी उपस्थित लोगों ने इस दिवाली पहाट कार्यक्रम का भरपूर आनंद लिया और यह निश्चित है कि वे इसे लंबे समय तक याद रखेंगे। डीजी और फर्स्ट लेडी के साथ-साथ एवेन्यू चेयर फेस्टिवल्स आरटीएन पीपी दुर्गेश बक्सी को विशेष धन्यवाद।

इस तरह के शानदार आयोजन के लिए रोटरी क्लब ऑफ ठाणे एसेस के सभी सदस्यों, विशेषकर अध्यक्ष सुनीता जैन, सचिव डेविड पेज़रकर, संयोजक डीएस डॉ. संजीव जैन और डीजी दिनेश और फर्स्ट लेडी ज्योति मेहता का हार्दिक धन्यवाद। आप सभी ने मिलकर एक यादगार दिवाली पहाट बनाई है।



दि वाली पहाट

ठाणे एसेस ने किया कमाल

रोटरी फेलोशिप जादुई छाननीने

किल्ला महोत्सव अधिकच रंगतदार बनला



मराठी संस्कृतीला जिवंत ठेवण्याचे प्रयत्न



दिवाळीच्या त्यौहारात महाराष्ट्रात किल्ले बनवण्याची एक खास परंपरा आहे. ही परंपरा केवळ उत्सवात भर घालत नाही तर आपल्याभूतकाळाचीही आठवण करून देते. इतिहास, संस्कृती, कल्पकता आणि समुदायाची एकजूट यांचे सुंदर संगम असलेली ही परंपराचांगल्यावर वाईटाच्या विजयाचा आनंद साजरा करण्याचे एक अर्थपूर्ण साधन आहे.

रोटरी क्लब ऑफ ठाणे अर्बानियाचा सिग्नेचर इव्हेंट असलेला "किल्ला महोत्सव" या वर्षी जिल्हास्तरीय कार्यक्रम म्हणून साजराकरण्यात आला. जिल्ह्यातील इतर क्लबांच्या व्यापक सहभागासह हा कार्यक्रम आयोजित करण्यात आला.

जिल्ह्यातील मान्यवरांच्या पावलांनी कार्यक्रमाला गौरव लाभले. पारंपरिक तुतारीच्या मधुर स्वरांनी आणि उत्साही लेझिमच्या तालावर कार्यक्रमाला उद्घाटन झाले. दीपप्रज्वलनाच्या शुभ मुहूर्तावर जिल्हा गव्हर्नर दिनेश मेहता आणि मान्य अतिथी आयपीडीजी रोटॅरियन मिलिंद कुलकर्णी यांचे हार्दिक स्वागत करण्यात आले.

न्यायाधीशांना विजेता निश्चित करण्याचे कठीण काम पडले, परंतु सर्व सहभागी विजेते होते कारण प्रत्येक संघाने समृद्ध मराठा वारसाजिवंत ठेवण्याचा प्रयत्न केला.

क्लब अध्यक्ष तस्नीन सय्यद, क्लब सचिव शिवराम बालन आणि संयोजक पीपी रोटॅरियन आसिफ सय्यद यांनी सर्व सह-होस्ट क्लब, प्रायोजक जिल्हा मान्यवर आणि सहभागींचे आभार व्यक्त केले.

कार्यक्रम सह-होस्ट आणि सदस्य क्लबांचे सन्मान आणि मोठा बक्षीस वितरण समारंभ आणि त्यानंतर चांगल्या चवीचे स्नॅक्स देऊनसंपला.

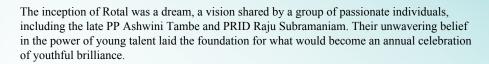
Asif Sayyed PR & PI 2425



Rot's GOT Tal

A Legacy of Talent and Togetherness: The Story of Rotal





The initial years of Rotal were marked by humble beginnings. With a small group of participants and a modest stage, the event aimed to provide a platform for young artists to showcase their skills and gain exposure. However, the spark ignited within those early years set the stage for a remarkable journey.

As years turned into seasons, Rotal blossomed into a grand spectacle of talent, drawing participants from every corner. The stage expanded, the audience grew, and the competition ignited. Hosted by various clubs, including Thane Hills, Hiranandani Estate, Thane Green City, and Thane Premium, Rotal's core mission, to nurture young talent, inspire creativity, and foster a sense of community, remained the beating heart of the event.

Today, Rotal serves as a unifying platform for generations of Rotarians, bringing together young and old. It provides an opportunity for all members, from children to seniors, to showcase their talents, fostering a sense of community and inspiring future generations.

ROTAL 2024 Singing Finals Results

SN	Participant's Name	Participant's Rotary Club	Event	Prize
1	Sourysh Biju	Thane Downtown	Age 6 to 18 Marathi Solo Female & Male	Winner
2	Alap Joshi	Thane	Age 6 to 18 Marathi Solo Female & Male	Runner up
3	Avni Anil Kumar	Thane Hills	Age 6 to 18 Hindi Solo Female	Winner
4	Ragini Sensharma	Thane Royales	Age 6 to 18 Hindi Solo Female	Runner up
5	Alap Joshi	Thane	Age 6 to 18 Hindi Solo Male	Winner
6	Sourysh Biju	Thane Downtown	Age 6 to 18 Hindi Solo Male	Runner up
7	Sneha Sane	Thane Connoisseurs	Age 19 to 40 Hindi Solo Female	Winner
8	Pooja Kamble	Badlapur Smart City	Age 19 to 40 Hindi Solo Female	Runner up
9	Siddharth Limaye	Dombivli East	Age 19 to 40 Hindi Solo Male	Winner
10	Pratik Vidhvans	Thane Downtown	Age 19 to 40 Hindi Solo Male	Runner up
11	Siddharth Limaye	Dombivli East	Age 19 to 40 Marathi Solo Male & Female	Winner
12	SNEHA SANE	Thane Connoisseurs	Age 19 to 40 Marathi Solo Male & Female	Runner up
13	Sohini Dam	Thane Royales	Age 41 to 60 Hindi Solo Female	Winner
14	Latha sanjay	Thane Hills	Age 41 to 60 Hindi Solo Female	Runner up
15	Samir Limaye	Thane Hills	Age 41 to 60 Hindi Solo Male	Winner
16	Kapil Kawthankar	Badlapur Industrial Area	Age 41 to 60 Hindi Solo Male	Winner
17	Omkar Dahotre	Dombivali Sun city	Age 41 to 60 Hindi Solo Male	Runner up
18	Ramakrishnan Subramaniam	Thane	Age 41 to 60 Hindi Solo Male	Runner up
19	Sohini Dam	Thane Rovales	Age 41 to 60 Marathi Solo Female	Winner
20	Manasi Shelar	Thane Smart City	Age 41 to 60 Marathi Solo Female	Runner up
21	Vaidehi Godse	Thane Uptown	Age 41 to 60 Marathi Solo Female	Runner up
22	Mangesh Shelar	Thane Smart city	Age 41 to 60 Marathi Solo Male	Winner
23	Kapil Kawthankar	Badlapur Industrial Area	Age 41 to 60 Marathi Solo Male	Runner up
24	Kedar Patwardhan	Thane	Age 41 to 60 Marathi Solo Male	Runner up
25	Nibedita Sircar	Navi Mumbai	Age above 60 Hindi Female	Winner
26	Vrushali Sane	Thane Connoisseurs	Age above 60 Hindi Female	Runner up
27	Nitin Dhoble	Thane Connoisseurs	Age above 60 Hindi Male	Winner
28	Vikram Mane	Thane Hills	Age above 60 Hindi Male	Runner up
20	Nibedita Sircar	Navi Mumbai	Age above 60 Marathi Female	Winner
30	Vrushali Sane	Thane Connoisseurs	Age above 60 Marathi Female	Runner up
31	Nitin Dhoble	Thane Connoisseurs	Age above 60 Marathi Penale	Winner
32		Dombivli City		
32	Madhav Singh	Thane	Age above 60 Marathi Male	Runner up
	Vivaan Soni, Aalap Soni		Age 6-18 Hindi Duet	Winner
34	Swara Devkar, Ashmit Sule	Thane, Thane Premium	Age 6-18 Hindi Duet	Runner up
35	Siddharth Limaye, Sanika Dhoble	Dombivli East, Thane Connioseurs	Age 18-40 Hindi Duet	Winner
36	Omkar Padhye, Pratik Vidwans	Thane Hills, Thane Downtown	Age 18-40 Hindi Duet	Runner up
37	Madhav Singh, Anita Yadav	Dombivli East	Above 41 years Hindi Duet	Winner
38	Mangesh Shelar, Manasi Shelar	Thane Smart City	Above 41 years Hindi Duet	Runner up
39	Sachin Devkar, Ameya Joshi	Thane	Above 41 years Marathi Duet	Winner
40	Namrata Puranik, Nilesh Kadam	Thane Hills, Thane Downtown	Above 41 years Marathi Duet	Runner up
41	Atul Madiwale	Thane Connoiseurs	Light Vocal- Hindi (Group)	Winner
42	Madhav Singh	Dombivli East	Light Vocal- Hindi (Group)	Runner up
43	Aditi, Kelkar	Thane	Freq Winners Hindi Solo	Winner
44	Shruti Gosavi	Thane	Freq Winners Hindi Solo	Winner
45	Rahul Deshpande	Thane West	Freq Winners Hindi Solo	Runner up
46	Deepali Ghule	New Dombivali	Freq Winners Marathi Solo	Winner
47	Rahul Deshpande	Thane West	Freq Winners Marathi Solo	Runner up
48	Aditi Kelkar, Rahul Deshpande	Thane, Thana West	Freq Winners Hindi Duet	Winner
49	Sanjeev Jain, Shruti Gosavi	Thane Aces, Thane	Freq Winners Hindi Duet	Runner up
50	Vivekanand Mundhe	Thane	Super Seniors Hindi Solo	Winner
51	Dhanashri Sabnis	Thane Hills	Super Seniors Marathi Solo	Winner
52	Vivekanand, Mundhe	Thane	Super Seniors Marathi Solo	Winner
53	Dhanashri Sabnis	Thane Hills	Super Seniors Marathi Solo	Runner up
54	Rekha Karnik	Thane	Super Seniors Marathi Solo	





3142's GOT Talent'24

A Magical Showcase

This year, Rotary Club Thane hosted Rotal, with Rtn Mandar Joshi serving as the convenor. The event featured singing and dancing competitions, each comprising multiple rounds. Over 240 young artists, from singers to dancers, participated in the event, with preliminary rounds held at Sahayog Mandir, Thane, and the grand finale took place at the prestigious Kashinath Ghanekar Auditorium. The event was graced by a panel of eminent judges, including renowned artist Kaushal Inamdar. Renowned musicians like Satyajit Prabhu and Archis Lele accompanied the young performers, elevating the stage performances to new heights.

Rotal is more than just a competition! it is a celebration of community! This year again Rotarians and their families from across District 3142 came together to witness the performances, cheer for their club members, and foster lasting friendships.

2024 witnessed a slew of innovative ideas at Rotary, including the unique concept of having Frequent Winners and Super Seniors perform songs originally sung by the opposite sex. The finalists also benefited from a workshop conducted by the renowned Kaushal Inamdar.

Alaap, a young and enthusiastic participant, had a profound experience at Rotary and Rotal. When asked about his understanding of Rotary, his simple yet confident response was "Everything!" His aspirations are equally diverse, ranging from a singer and keyboard player to a sportsman, doctor, and engineer. At the finals, Alaap displayed remarkable confidence, effortlessly performing challenging songs. His swag captivated the audience, and his impressive singing skills earned praise from the judges. The culmination of his outstanding performance was his well-deserved win in his categories and the prestigious award for Best Male Debutant.

The beauty of Rotal is one platform which brings together generations, from the youngest Rotarians to the most seasoned members. It provides a platform for everyone, young and old, to showcase their talents and celebrate the spirit of Rotary.

ROTAL 2024 Dance Finals Results

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AND FINALE	SN	Participant's Name	Participant's Rotary Club	Dance Category	Winner
	1	Nupur Rahane	Thane Hills	Group - Upto 35 Years	Winner
100 A	2	Aparna Bedekar	Thane	Group - 36 and Above	Winner
	3	Priyanka Madiwale	Thane Connoisseurs	Group - 36 and Above	Runner up
	5	Mukta Bharambe, Mishka Bhambani	Thane Hills	Duet (Pair) - Upto 18 Years	Winner
Product of the	6	Aarohi Batra, Jiya Mehta	Thane Hills	Duet (Pair) - Upto 18 Years	Runner up
	7	Ashwini Vaidya, Rajalaxmi Pejawar	Thane	Duet (Pair) - 36 to 50 Years	Winner
	8	Karthik Radhakrishnan, Preeta Karthik	Thane Royales	Duet (Pair) - 36 to 50 Years	Runner up
	9	Satish Kothare, Shruti Kothare	Thane Royales	Duet (Pair) - 51 and above	Winner
	10	Seema Ramakrishnan, Ramakrishnan Subramaniam	Thane	Duet (Pair) - 51 and above	Runner up
	11	Ragini Sensharma	Thane Royales	Solo Female - 5 to 10 Years	Winner
	12	Spruha Modak	Dombivali	Solo Female - 5 to 10 Years	Runner up
	14	Maithili Patwardhan	Thane	Solo Female - 11 to 18 Years	Winner
	15	Aarohi Batra	Thane Hills	Solo Female - 11 to 18 Years	Runner up
	16	Neethu Nair	Badlapur	Solo Female - 19 to 35 Years	Winner
	17	Prajakta Badadare	Thane Hills	Solo Female - 19 to 35 Years	Runner up
	18	Darshana Shivankar	Thane Horizon	Solo Female - 36 to 50 Years	Winner
AL BALL	19	Aparna Bedekar	Thane	Solo Female - 36 to 50 Years	Runner up
	22	Omraj Rajan	Dombivli East	Solo Male - 36 to 50 Years	Winner
	23	Biju Gopalan	Thane Downtown	Solo Male - 36 to 50 Years	Runner up
	24	Bhakti Kapadia	Hiranandani Estate	Solo Female - Above 51 Years	Winner
and and a second se	25	Reshma Kasulla	Thane Hills	Solo Female - Above 51 Years	Runner up
	27	Ashish Moghe	Thane Suburban	Solo Male - Above 51 Years	Winner
16	28	Satish Kothare	Thane Royales	Solo Male - Above 51 Years	Winner
1175	29	Shreyas Desai, Maithili Patwardhan	Thane	Professional Pair	Winner
	30	Supriya Prakash Naiker, Alka Pendam	Dombivli Saudamini	Professional Pair	Runner up



SN	Award	Awarded to
314	Awaru	Awarded to
1	Emerging Female Singer-	
	In memory of Late PP Ashwini Tambe	Avni Anil Kumar
2	Best Male Debutant - In Memory of	
	Rtn Col Azimuddin	Aalap Joshi
3	Highest Registrations among clubs	
	with more than 50 members	RC Thane Hills
4	Highest Registrations among clubs	
	with less than 50 members	RC Thane Royales
5	Spirit of Rotal	Vikram Mane
6	Spirit of Rotal	Sucheta Rege
7	Spirit of Rotal	Shyam Madiwale
8	Fair Play Award	Vivaan Soni
9	Fair Play Award	Anita Yadav
10	Fair Play Award	Jayant Nagavkar

Special Awards



The Inspiring Story of Rotal

Legacy of Nurturing Young Talent

Foundation Snippets

TRF Aligning Efforts, Achieving Goals

nvesting in Our World

Supporting The Rotary Foundation's EREY Partnership

Dear Fellow Rotarians,

The Rotary Foundation serves as the cornerstone of our global mission: Doing Good in the World. We envision a world where communities thrive, diseases are eradicated, and every child has access to quality education. The Rotary Foundation actively works towards this vision through strategic grants and impactful programs, tackling critical issues like peacebuilding, disease prevention, sanitation, education, and economic development.

A Heartfelt Thank You and a Renewed Commitment!

We extend our deepest gratitude to those who have already generously contributed to The Rotary Foundation appeal this year. Your contributions, regardless of size, represent a significant investment in a brighter future. They empower us to directly impact the lives of countless individuals across the globe.

However, to fully realize our ambitious **Every Rotarian, Every Year (EREY) target** established by TRF, we require the collective strength of all Rotarians within our district. This target transcends mere numbers; it embodies the potential of Rotary's vast network to create lasting change.

The Power of Your Contribution! Your investment, no matter the amount, signifies a powerful contribution that can, Expand Our Reach by extending clean water access to a remote village or providing educational resources to a war-torn region, Empower Local Leaders by fueling the cycle of sustainable solutions residing within communities themselves, Create Lasting acts as a seed for a brighter future,

by investing in peacebuilding initiatives, disease prevention programs, and educational opportunities that have a ripple effect, fostering positive change for generations to come, **Taking Action Together**, visit **rotary.org/donate** today and make a secure contribution to The Rotary Foundation. By uniting in this endeavor, we can not only surpass the EREY target but solidify Rotary's position as a preeminent force for positive social change.

Appreciation for Existing Donors, to those who have already donated, we express our deepest gratitude. Your unwavering commitment to our shared mission is truly inspiring. You are a vital part of the Rotary story, and your generosity paves the way for a better world.

Come and enable us build upon this momentum. With your continued support, we can achieve remarkable things together.

Sincerely, DRFC Chandrahas Shetty EVERY ROTARIAN EVERY YEAR



DOING GOOD IN THE WORLD

TAKE ACTION: rotary.org/donate

Matching Gifts

Double the good your gift can do by having your employer match it. Visit: **rotary.org/matchinggifts** or ask your human resources department about your company's matching gifts and volunteer grants programs.

Giving Made Easy

Whether you choose to make a one-time, recurring, or matching gift, it's easy to give to The Rotary Foundation

Online Giving

Visit rotary.org/donate to make a one-time or recurring gift online.

Rotary Direct

Support our work year-round by making a recurring gift through Rotary Direct. You choose how much and how often you want to give. It's a simple and secure way to make a big impact. Visit **my.rotary.org/rotary direct**

The Rotary Foundation of Rotary International

One Rotary Center, 1560 Sherman Avenue, Evanston, IL 60201-3698 USA | rotary.org/donate

A Foundation to build on





Chandrahas Shetty District Annual Fund Subcommittee Chair



Official Communication

from RIDN KP Nagesh to RID 3142

levating Corporate Social Responsibility

A Strategic Partnership with The Rotary Foundation



A Message for RID 3142

The Rotary Foundation (TRF), with its global presence and proven impact, offers a unique platform for companies to make their CSR efforts more meaningful and effective. Corporate Social Responsibility (CSR) is more than a legal obligation; it's an opportunity for businesses to create lasting change in society

The Rotary Foundation has been serving communities for over a century, focusing on areas like disease prevention, clean water and sanitation, education, maternal and child health, economic development, and environmental sustainability. When businesses partner with TRF, they can align their CSR goals with globally recognised priorities and see real, measurable results. Through my experiences as a Rotarian, I have seen how these partnerships can transform lives. Rotary brings to the table an unmatched grassroots network, expert project management, and a commitment to transparency. This ensures that every contribution is used effectively and directly benefits communities in need.

Imagine the impact we can create together: bringing clean drinking water to remote villages, funding healthcare for underserved populations, or supporting education for children who dream of a better future. These are not just projects; they are investments in building stronger, more resilient communities. For businesses, working with TRF is not just about fulfilling CSR obligations. It's about fostering goodwill, enhancing brand reputation, and making a real difference. More importantly, it's about becoming a part of something bigger creating a world where businesses and communities grow together.

The Rotary Foundation and CSR share a common vision: to make the world a better place. By working together, we can achieve incredible things. I invite every leader to explore this partnership and contribute to a future filled with hope and opportunity for all.

Let's join hands and make it happen.

Yours in Rotary Flt Lt KP Nagesh RI Director 2025-27



RID3142 @Spotlight

Mark Your Calendar

ecember District Engagements

Dear Fellow Rotarians,

December is recognized as Disease Prevention and Treatment Month in the Rotary calendar. It marks a season of reflection, togetherness, and action. While families gather to celebrate the warmth of the season, Rotarians dedicate themselves to fighting preventable diseases, ensuring access to treatment, and building healthier communities. Through vaccination campaigns, health awareness programs and improved access to medical resources, Rotary clubs worldwide work tirelessly to fulfil this mission. December reminds us of our shared responsibility to create a healthier, more compassionate world, embodying the Rotary values of service and peace.

This month inspires us to transform festive warmth into meaningful action, embodying Rotary's motto, Service Above Self. It's time to take action while celebrating together. This month, we are set to deliver on the 'Awesome Concepts' conceived long ago. Let's come together to plan, celebrate, and embrace gratitude and togetherness.

Details Of Upcoming Events:

Event: Blood Donation Drive

Date: Sunday, 1st December 2024 Contact Person: JDS Dr. Rajendra Wankhede (M: 9833667128) This is a JDS-led project and will be conducted three times a Rotary year, with the dates already communicated. On this day, the second camp will take place, and each club is expected to organize a blood donation drive. For further details, please contact JDS Dr. Rajendra Wankhede.

After completing the project, kindly

submit your report in the specified reporting format.

Date & Time: Venue: Number of bags collected: No. of Club members present: Cost of the project: Special additions to the project, if any:

Event: DGND Felicitation Date: Sunday, 1st December 2024 **Organizers:** District Team

A special celebration to honor our newly elected DGND, Rtn. Chandrahas Shetty, who will take on the prestigious role of District Governor for our district in RY 2027-28! DG Dinesh Mehta, along with the vibrant Awesome District Team, invites you to join this joyous occasion as we felicitate Rtn. Chandrahas Shetty for this remarkable achievement. The celebration will be held at Hotel Ramada, Mahape, Navi Mumbai, starting at 7 PM. The evening promises delightful moments, warm camaraderie and hearty congratulations, followed by happy hours and a sumptuous dinner to mark this milestone.

Event: SANGAM, Action Group Convention

Date: Friday-Sunday, 13th -15th December 2024 Contact Person: Convenor Rtn. S. Padmanabhan (Paddy) (M: 9820186214)

For the first time in the history of RID 3142, we are proud to announce the Action Group Convention, SANGAM. This grand event brings together action group members from not only our district but also from other districts, creating a platform for shared learning, collaboration, and fellowship like never before. The convention will take place amidst the serene beauty of Lonavala, offering the perfect setting to connect, exchange ideas, and ignite new friendships. It is a unique opportunity to strengthen relationships within the Rotary community, share experiences, and unite in our shared mission to make a meaningful difference in the world. For more details, please contact the Convenor S. Padmanabhan (Paddy).

Event: Project Annapurna

Date: Thursday, 15th December 2024 Contact Person: JDS Resham Thanekar (M: 9833667128)

This is a JDS-led project. On this date, as in the past five months, clubs should plan food distribution for those in need. This project is ongoing and will take place every month, with the dates already communicated. After completing the project, please submit your report to the AG, DS and JDS Resham Thanekar.

Event: HUMSAFAR, Car Rally

Date: 17th - 12st December 2024 Contact Person: JDS Jay Karia (M: 9152735595) This is a JDS-led project. The Humsafar Car Rally is an inspiring initiative, aimed at raising awareness about the importance of eye, organ, and skin donation. This unique event is organized by six districts: 3030, 3131, 3132, 3141, 3142, and 2170, reflecting a collaborative effort to promote this noble cause. The rally will commence from Pune and traverse through several iconic cities and towns, including Shirdi, Nashik, Thane, Mumbai, Alibaug, Ganpatipule, Goa and Kolhapur. Each destination offers an opportunity to engage with local communities, spread awareness, and inspires individuals to pledge their support for this life-saving mission. For more details about the rally and how to participate or support, please get in touch with JDS Jay Karia. Together, let's drive change and create a lasting impact!

Event: Christmas Celebration

Date: Saturday, 21st December 2024 As part of the District Festival Celebrations, we have scheduled this event. The Christmas season is a time of joy, togetherness, and reflection, making it the perfect occasion to host a celebration party. Organising such an event serves several meaningful purposes, including fostering a deeper sense of connection and belonging, reinforcing a culture of appreciation and motivation, boosting morale, promoting positivity, and creating lasting memories. This celebration also provides an opportunity for leaders and organisers to express heartfelt thanks to members for their dedication, support and efforts throughout the year. It is a thoughtful way to spread joy and remind everyone of the importance of balancing work with fun and celebration. Further details regarding the event will be communicated in due course.

As you all know, the Official Club Visit (OCV) of DG Dinesh Mehta is currently underway. DS-OCV Santosh Bhide informs the Club President, DS, and AG of the respective clubs about the scheduled OCV dates in advance.

Below are the OCV details for the month of November:

1. Sunday, 1st December 2024 (Morning) – Rotary Club of Thane Skyline

- 2. Tuesday, 3rd December 2024
- Rotary Club of Dombivli Winners
- 3. Monday, 9th December 2024
- Rotary club of New Dombivli
- 4. Thursday, 12th December 2024
- Rotary Club of Ambarnath Industrial Area
- 5. Friday, 13th December 2024
- Rotary Club of Bhiwandi Rural
- 6. Saturday, 14th December 2024
- Rotary Club of Dombivli West
- 7. Sunday, 15th December 2024
- Rotary Club of Thane City

Thank you all for your enthusiastic involvement and support in our recent events. Your commitment played a key role in their success and I truly appreciate your contributions. Let's continue working together toward future successes.

Best regards, Rtn. Shirish Songadkar CEO & Chief Coordinator RY 2024-25

Membership Miscellania

Hold on to OUR Rotarians!



A Key to Rotary's Future

Steve and Me...

Me: Hey Steve, I need some quick answers from you. I am a two year old Member, in the Club and I am thinking whether to continue or not.

Steve: Why do you want to leave?

Me: Quite a few reasons, actually. Initially after induction for a few months, I attended regularly. Later on I have been quite irregular and now I am seriously considering to quit.

Steve: Why did you become irregular in the Club?

Me: The meetings are so mechanical, Have Tea and snacks, listen to some announcements by the President, sometimes a guest speaker, and happy announcements. Tell me how I can stay interested in Rotary. Moreover the Annual Fees are quite steep.

Steve: Weren't you given proper Rotary Information while joining.

Me: Past President Is a friend of mine and he, very briefly explained about the Club. Then one day he called me and said I would be inducted and that is how I am here.

Steve: I am surprised that you have lasted more than a year. Mostly Members like you, who join at the behest of the serving President, leave in one year. Obviously you have stuck around, since there is something you like here.

Me: I am passionate about the Medical Projects that are done, especially the ones for senior Citizens.

Steve: I suggest you stick around and participate in other Projects, you will find a new liking for Rotary. I will like to suggest a few tricks that will make you popular in the club.

Me: What would that be?

Steve: You need to volunteer to your President about your intention to be more active in the Club and take up more responsibility. With your background as a Journalist, you can get known personalities as a Speaker to the Club.

Me: Never thought on those lines, that is why I wanted to speak to you.

Steve: When you are able to do something different for the Club you will become a go to Man. It is just, not getting a speaker, it could mean anything that you feel you like to

participate in or you can do. You need to get involved. You need to make yourself noticed.

Me: There are other new Rotarians who could have a lot they can do for the Club, but probably hesitate.

Steve: Just broach these with the President and volunteer to design a weekly meeting for the new Members where they can talk bout themselves, their vocation, families and children.

Me: That is a wonderful idea to break the ice. The Club and the President will know more about us. I think we will be able to assimilate better with the Club.

Steve: You need to remember that not all of us are adept at taking center stage, they need to be coaxed. The club needs to know the talents and abilities that members bring to the Club.

Me: I can surely see the Club benefitting from good personalities coming to the club and sharing their stories and experiences. I can also visualize the attendance going up in the Club.

Steve: Now I have been able to kindle a small spark in you. Go ahead, volunteer, perform, get noticed and enjoy Rotary.



Steve: This is my message to all the serving Awesome Presidents:

1) Make the journey of a New Member to a Rotarian an enjoyable one.

 2) Make them speak in the Club about their Vocation, Families. You will hereby notice a quality that the Club will benefit from.
 3) Give them small tasks to begin with, like introducing a Speaker, giving Vote of Thanks, contribute their talent to a Project, etc.

4) Based on their Talent, you may also ask them to contribute to a Club Initiative. 5) Recognize and appreciate their achievements in the Club. By doing the above you will successfully create a Rotarian out of the New Member. Do remember that this transition takes about two t three years. At the end, you have a Rotarian in the Club and not merely a Member. I believe Retention starts from the Induction itself. A well informed New Member about Rotary will stick around. Rotary doctrine on New Members' Induction clearly outlines a Steven step Induction process.



Ravi Iyer (DMC) District Membership Chair

Follow it and make the transition a smooth process and I can guarantee you would have contributed new Rotarians to the fold. Increasing the Rotarians amongst us is as important as getting monetary donations. At the end of the day Money and ideas can only work if you have helping hands. Last Word..... ROTARIANS MATTER. Au Revoir

I hope this interlude between Steve and me has conveyed message not only to the New Rotarians but also to the Presidents. This is also to announce the Membership Retention Seminars being planned on the 29thNovember and 30th November at Thane and Ambernath respectively. The locations are planned to facilitate attendance locally.

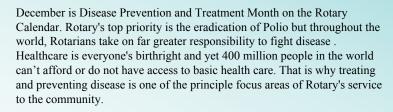
The Zone 1 and 2 members can attend the Seminar at Thane on 29th November at Sahyog Mandir, Thane and the Members from Zone 3 and 4 can attend the Seminar on 30th November at Rotary Community Centre at Ambernath. We have designed a crisp program with good speakers and Interactive sessions.



The Immortal Cells of Henrietta Lacks

A Legacy of Life-Saving Research





Most people are aware that we are "this close" to eradicating Polio and that the only disease to be eradicated, thus far, is Small Pox in 1980.

But how many are aware of the HeLa Cell Line, the first " immortalised human cell line" and one of the most important cell lines in medical research.

An immortalised cell line, reproduces indefinitely, under specific conditions and the HeLa Cell line continues to be a source of invaluable data.

Henrietta Lacks, was an African-American woman, whose cancer cells are the source of the HeLa cell line. Lacks was undergoing treatment for cervical cancer in John Hopkins Hospital in Baltimore, Maryland in 1951. The cells were obtained from a tumour biopsied during treatment and then cultured by George Otto Gey. As was then the practice, no consent was required to culture the cells obtained from Lacks treatment and neither she nor her family compensated for the extraction or use of the HeLa cells.

George Gey, the first researcher to study the cells, observed that these cells were unusual in that they reproduced at a very high rate and could be kept "live" long again to enable in depth examination. He started a cell line from Lacks sample by isolating one specific cell and repeatedly dividing it. This meant that the same cell could be used to conduct multiple experiments.

The ability to reproduce HeLa cells in a laboratory setting has led to many breakthroughs in biomedical research For example, in 1954, Jonas Salk, used these cells in the development of the Polio Vaccine

On October 13th 2021, the World Health Organisation (WHO) presented the Director General Award to Lawrence Lacks, son of Henrietta Lacks, in recognition of her unknowing contribution to Science and Medicine . Soumya Swaminathan, the Chief Scientist at WHO said "I cannot think of any other single cell or lab reagent that's been used to this extent and has resulted in so many advances"

Kumar Deshpande (OSD)



Awesome GML Shines Light on A Rotary Star! A Special Recognition for a Dedicated Rotarian

A heartfelt shoutout to a remarkable member of the Rotary Club of Thane! **PP Smita Mahajan** Your passion for Rotary's endeavors is truly inspiring, and your desire to remain humble is

a testament to your character.

 markable member of of Thane!
 'aquarise universal' lahajan s endeavors is truly
 incredible generosity in sponsoring the publication of GML 2024-25.

Thank you for everything you do!

While you prefer to stay out of the spotlight, Team GML simply couldn't resist acknowledging

Mob. : 9820610343 mahajan_smita@rediffmail.com



Rotary Interacts

The Secret Spell for Good

The 13 Inspiring Facts Of Interact





1. Rotary's work with young people DATES BACK to 1920, when Rotary Club of New York took part in an international event known as BOYS' WEEK. Boys' Week events quickly spread throughout the world. Girls got included in it in 1924. Rotary clubs supported their local Boys' Week events. In 1934, Boys' Week became known as Youth Week, and in 1936, Boys' and Girls' Week. RI Board of Directors discontinued Rotary's official sponsorship of the week in 1954 but encouraged clubs to continue participating with them.

2. A decade later, RI formally made school boys their partners by forming THE FIRST INTERACT CLUB on Nov 5, 1962 at MELBOURNE HIGH SCHOOL, IN FLORIDA, USA, sponsored by Rotary Club of Melbourne, Florida, USA (which was chartered in 1927).

3. DON'T CONFUSE MELBOURNE in USA WITH MELBOURNE in AUSTRALIA! Melbourne in Florida, USA is located 282 km from Miami, having a population of 84,000. The city, formerly called "Crane Creek", was named Melbourne in honor of ITS FIRST POSTMASTER and the FOUNDER of the city, Cornthwaite John Hector, an Englishman who had spent much of his life in Melbourne, Australia.

4. A year later after the formation of first Interact club, in 1963, Interact numbered 177 clubs in 24 countries!

5. The name "INTERACT" is a combination of words "international" and "action".

6. The name Interact was suggested by a RI committee to EXPRESS "INTER-CLUB and INTER-MEMBER COOPERATION on all planes of activity - local, national, and international."

7. The FIRST INTERACT CLUB OUTSIDE THE US was certified in India in Jan 1963!! It was INTERACT CLUB OF CHICKMAGALUR in KARNATAKA!

8. WORLD INTERACT WEEK was first observed in 1964. However, it was since 1999, World Interact Week is celebrated every year during the week of 5 Nov (Nov 4–10).

9. ROTARY OPENED INTERACT MEMBERSHIP to YOUNG WOMEN in 1968! Women in Rotary joined much later, after a court case, in 1989!!

10. Chandrodaya, the Interact Club at Omega International School, is the largest Interact Club in India and the world,sponsored by Rotary Club of Madras. Chandrodaya is the moon rise - named so in remembrance of the Ram Chandra Mission. The word CHANDRA was derived from it and DAYA refers to Care, Concern and Help.

11. Interact Club of Gopal Sharma group of Schools is Asia's 2nd largest Interact club, sponsored by Rotary Club of Bombay Powai.

12. Since 2010, the MINIMUM AGE for participation in Interact changed from 14 to 12.

13. Today, there are approximately 15,500+ clubs in 145 countries.

Dr. Lucky S Kasat District Interact Chair 2024-25



DG's Diary

26 - 10 - 2024

State-Level Carrom Championship That

charity at the Carrom

"felt Proud to inaugurate the

Celebrated sportsmanship and

Championship! #RCDEAST

A Festive October, A Giving November



Two Months of Rotary Magic!

October and November were a period of intense Rotary activity, marked by a spirit of service and community engagement.

October: A Festive Beginning, marked the start of a new Rotary year, filled with festive cheer and community engagement. The Diwali season provided the perfect opportunity to share joy and spread kindness. We celebrated with intellectually disabled individuals at Aanchal Vocational Centre, fostering a sense of inclusion and warmth. Additionally, a state-level carrom tournament was organized to raise funds for a noble cause, demonstrating the power of sports and philanthropy.



22 - 10 - 2024

Getting creative and crafting beautiful Diwali decorations with the talented individuals at Aanchal Vocational Centre & A spiritual beginning to Diwali, offering prayers and food to Gaumata. **#RCTPASSION**

26 - 10 - 2024 Spreading Diwali cheer in Pankhanda! **#RCHIRANANDANI** ESTATE

> 28 - 10 - 2024 Immersed in the melodies of Sursamvad **#RCTSUBURBAN**

29 - 10 - 2024 A night of soulful music and Rotary camaraderie. **#RCTHANE**

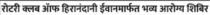






30 - 10 - 2024 Diwali celebrations with friends from #RCRONMIA





















30 - 10 - 2024 "We were not just lighting diyas, we were lighting up lives. #RCDEAST

29 - 10 - 2024 Celebrating Maharashtra's rich heritage at the Killa Mahotsav. #RCTURBANIA

IVAN

30 - 10 - 2024 Who knew Diwali mornings could be this much fun? Thanks. **#RCTHANEACES**

DG's Diary The November Notebook



November: A Month of Service and Impact, was a month dedicated to service and social impact. We actively participated in various initiatives, including medical camps to provide essential healthcare, blood donation drives to replenish blood banks, and educational programs to empower young minds. The Rotary Centre hosted esteemed guests, highlighting the organization's significant contributions to society.

दिनेश ने कहा, "अक्टूबर और नवंबर रोटरी गतिविधि का एक तीव्र काल था, जो सेवा और सामुदायिक जुड़ाव के प्रति दृढ़ प्रतिबद्धता की विशेषता थी।हम बहुत संतुष्ट महसूस करते हैं कि बिताया गया प्रत्येक दिन और क्षण हमारे लिए जीवन भर संजोया जाएगा।"



DG's Diary The November Notebook

1

15 - 11 - 2024 Guest of Honor at the Pre-PELS program for RY 2025-26 : Shaping the future of Rotary: Inspiring the next generation of leaders. #RCHIRANANDANIESTATE





A Shared Journey of Purpose and Fulfilment, throughout these two eventful months, we witnessed the transformative power of Rotary. Each event, each interaction, filled us with a sense of purpose and fulfilment. We are grateful for the opportunity to serve alongside dedicated Rotarians and make a positive difference in the world. As we embark on new challenges and opportunities, we remain committed to upholding the Rotary ideal of "Service Above Self."

Through these experiences, we have witnessed the transformative power of Rotary. Each event, each project, and each interaction has been a source of immense joy and satisfaction. It is a privilege to be part of this incredible organization, and I'm grateful for the opportunity to serve as your District Governor. 17 - 11 - 2024 Chief Guest at the fundraising event organized by #RCKALYAN :Supporting a noble cause: Together, we can achieve more

17 - 11 - 2024

First Lady Jyoti served as Chief Guest at the Bachpan program by #RCD: Investing in our children, investing in our future.



Impact Story Rotary Club of Kalyan City

#RC Kalyan city inspired to create a brighter future through service

In just one year, the Rotary Club of Kalyan City has made remarkable strides in community, health and empowerment. From innovative medical camps to youth engagement initiatives, the club embodies the Rotary motto, "Service Above Self," making a tangible difference in the lives of many.

One of the club's most poignant efforts has been the Adharwadi Prison Medical Camps, where Rotarians provided crucial healthcare services to both female and male inmates. Medical professionals addressed gynecological needs for women and orthopedic issues for men, including bone disfigurements and injuries. The team also conducted cataract screenings, preparing to facilitate surgeries for those in need. Essential medications and skin ointments were provided, significantly improving inmates' quality of life.

In honor of the late PP Daudbhai Bhetasiwala, the club has continued its signature eye camps, performing cataract surgeries at no cost and providing free spectacles by Bhetasiwala Family. This commitment not only honors a legacy but also restores sight to those who would otherwise be unable to afford such care.

The club's commitment to social welfare is evident in its Project Positive Health Camp and blood donation drives. Recognizing the vital role of education, the club honoured 31 dedicated teachers with the Nation Builder Award, celebrating their contributions to shaping the future.

In a heartfelt initiative, the Annapoorna project provided meals for 2,000 individuals, including 60 visually impaired individuals, reinforcing the club's mission to serve the hungry. The unique PATRADAAN project initiated by Nikhil Parmar supports various institutions, including rag pickers' children's homes and old age homes, ensuring ongoing assistance to those in need every month.

Additionally, the completion of the compound fence at Hatkeshwar School, Chasole is a testament to the club's commitment to education. Plans for a Vocational Training Centre are also underway, aimed at empowering local youth with essential skills. Engaging the Youth The establishment of seven Interact Clubs this year underscores the club's belief in nurturing youth as responsible citizens. Interactors have actively participated in various initiatives, including tree planting, CPR training, and environmental awareness programs in collaboration with the Pollution Control Board. They received hands-on education through workshops on eco-friendly practices, such as eco-brick and eco-Ganesh idol making, promoting sustainable living.

In a bid to enhance academic performance, the club provided the Ideal Study App free of charge, helping students prepare for their 10th standard exams. Several batches of Interactors also benefited from the Innovative Thinking Workshop at Nehru Science Centre, engaging in hands-on science experiments that inspire curiosity and creativity.

International Outreach International service is another cornerstone of the club's efforts. President Hycenth and PP Yakub have acted as goodwill ambassadors, visiting Rotary clubs in Dhaka, Bangladesh, and Singapore. These visits have sparked interest in global grant projects, fostering international collaboration and support. Dr. Neena Goveas visited Rotary HQ at Evanston & also initiated talks with several clubs in USA for Global Grant Project.

Local Development and Celebrations In celebration of the 75th year of India's Constitution, the club is initiating the GHAR GHAR SAMVIDHAN campaign, distributing copies of the Constitution to promote civic awareness

The Rotary Club of Kalyan City is a vibrant club engaged not only in service & Supporting The Rotary Foundation (TRF) but also in fellowship and celebrations that foster camaraderie among members. Their participation in district events and mega projects in the latter part of the year, such as the Check Dam, exemplifies their dedication to the Rotary mission. As they continue to move forward, the club embodies the spirit of "Together We Move Ahead," making lasting impacts in their community and beyond.

Hycenth Yakub Bhetasiwala President Rotary Club Of Kalyan City



Elevating Service, Inspiring Change

Awesome Story 1

Yogic Balance Triumph! A Pose for the Ages Serene Strength

Kalyan, a city known for its rich cultural heritage, is now making waves in the world of yoga! The Rotary Club of Kalyan City has been at the forefront of this yogic revolution, recently co-sponsoring the Maharashtra State Yoga Association's team at the prestigious National Yog asana Sports Championship 2024.

Young yoga prodigies like Anushka Chitre, Reva Chitte, Amon Chatterjee, and Rishika Kadam, under the guidance of experienced coaches like Dipesh Bhoir, Devendra Ajgolekar, Minal Joshi, and Sheetal Patil, brought home a haul of medals, including gold, silver, and bronze.

But the excitement doesn't stop there. The city also witnessed a historic moment on October 20th, 2024. Over 180 yoga enthusiasts, led by the Maharashtra State Yoga Association, set a world record by holding the GOMUKHASANA pose for 180 seconds, each balancing a cup of water on their head!

The Rotary Club of Kalyan City, with its visionary leadership, including President Hycenth Bhetasiwala and Secretary Nikhil Parmar, has been instrumental in fostering this yogic spirit. Their dedication and support have elevated Kalyan to a global yoga hub.

So, next time you think of yoga, remember Kalyan – a city that's not just steeped in history, but also in the future of fitness and wellness.









ANUR











Elevating Service, Inspiring Change

Awesome Story 2

"Silent Screen, Golden Dream" A Whispering Cinematic Delight

The Rotary Club of Navi Mumbai Sunrise, recently concluded its third successful Whispering Cinema event, a unique initiative designed to provide an inclusive cinematic experience for visually impaired individuals. Held on October 19, 2024, at Balaji Movie plex, Koparkhairane, the event attracted over 160 attendees from various institutions supporting the visually impaired.

The event featured the film "Jigra," with volunteers providing live audio descriptions to guide the visually impaired audience through the visual elements of the movie. This innovative approach created a truly immersive and engaging experience for all attendees.

The success of this event was further enhanced by the presence of distinguished guests from the Rotary community, including District Governor Rtn Dinesh Mehta, Past District Governor Rtn Kailash Jethani, District Governor-Elect Rtn Harsh Makol, and District Governor-Nominee Designate Rtn Chandrahas Setty. Additionally, Shri Ajay, a member of the film's music composition team, graced the occasion with his presence.

The Rotary Club of Navi Mumbai Sunrise remains committed to promoting inclusivity and community service through innovative projects like Whispering Cinema. By providing accessible and engaging experiences, the club continues to make a positive impact on the lives of individuals with visual impairments.







Focused Service, Exceptional Results

A Club 'S'ensational Ode •

Hillside, Smart City, North End's might, Horizon, Greenspans, a dazzling sight.

Hiranandani Ivan, a future's gleam, Kalyan City, a vibrant dream.

New Kalyan, a rising star, Dombivli Regency, so far.

Satellite City, a cosmic view, Kalyan's heart, ever true. Metro Thane, a modern pace, East Thane, a tranquil place.

Hills Thane, a lofty height, Central Thane, a guiding light.

S'ensational service, a top-notch crew, Exceptional results, the whole year through.

A club that shines, a name renowned, S'ensational service, all around...Savi





Awesome Story **3**

A Record-Breaking Effort RCHI's Mega Medical Camp Sets a New Standard.

#RCHiranandaniIvan #CommunityService #HealthAndWellness The Rotary Club of Hiranandani Ivan (RCHI) recently pulled off a massive medical camp that's got everyone talking. Over 632 people benefited from this incredible event, making it the biggest medical camp the club has ever hosted!

Held on October 27th, the camp was a hive of activity. Top doctors were on hand to offer free consultations, and a variety of tests were conducted, including heart, sugar, and blood tests. Dental check-ups and even eye exams were provided, with 25 people identified for much-needed cataract surgery.

The club didn't stop there. They distributed a whopping ₹3 lakhs worth of medicines and handed out value coupons worth ₹2.34 lakhs to help patients with additional costs. This massive effort is a testament to RCHI's dedication to

community service. They're not just talking the talk, they're walking the walk, and making a real difference in people's lives.

Focused Service, Exceptional Results



Grateful for the life-saving skills learned at the COLS training. #RCNMHillside #CommunityFirst



Early screening, better future. #RCNMHillside #ThalassemiaAwareness



"Age is just a Number, Every life matters, every age matters." #ThaneNorthEnd #JeevanDhara #SeniorCitizenWelfare #RotaryMakingADifference



Every child deserves to thrive! RCNMSmartcity's" #Inclusion #RotaryCares #TogetherWeCan



"A powerful message delivered to a promising generation. #RCTHorizon #DrugAwareness #HopeForTheFuture"



"Knowledge is power. Spread awareness, save lives" #RCTGreenspans" #WomenHealth #CervicalCancerAwareness #WomenEmpowerment"



"Investing inside minds of young Girls to make informed choices. #RCTHorizon #ChildWelfare #CommunityEngagement"



"A heartfelt story, a powerful message. Let's honor the gift of life. #RCNMHillside #OrganDonation #BharatiVidyapeeth



 "66 units of love, hope, and life for thalassemia patients."
 #RCHorizon, #giveblood #savelives
 #PawarPublicSchool #thalassemia.

Focused Service, Exceptional Results

club or Thane Hills



" Incredible achievements! Top TRF contributors, and well-deserved awards. #RCHIvan #AKSDPTripathi#Rotary3142 "



"Knowledge is power, vaccination is protection" #RCNMHillside #CervicalCancerAwareness #CommunityHealth"



"Learn, prevent, and protect. Together, we can combat heart disease. #RCNMHillside #IWC #HeartDiseaseAwareness #HealthyLifestyle



"A safer world starts with education." #RCNMHillside #ChildSafety, #BodySafety, #InnerWheel, #CommunityService



Breaking barriers! Madhuri Sarode Sharma honored for her work. #RCKalyanCity #ROVEXAward #TransgenderRights



"New leaders, bright future. Welcome, 03 Interact Clubs!" #RCKalyanCity, #Interact#LDSonawaneJuniorCollege and #MJBKanyaVidyala #MohindarSinghKabal SinghSchool, #Kalyan



"A day filled with passion, purpose, and potential to inspire and be inspired. #RCNMHillside #StudentEmpowerment



"Over 250 young minds, Break the silence get empowered to embrace their journey with confidence. #RotaryClubDombivliRegency #MenstrualHealth #MentalHealth #EmpoweringGirls #CervicalCancerAwareness #SwamiVivekanandVidyaMandir



"Every vaccine administered is a step closer to a cancer-free world. #RCTHills #RCTMetro, #RCNMSatelliteCity, #RCNewKalyan, #RCDombivliRegency, #RCKalyan, #CervicalCancer, #Vaccination.

Focused Service, Exceptional Results



"Lifesavers in the making! #RCTEast #CPRTraining #EmployeeSafety #EmployeeWellness #BonaceEngineers



"A heart full of hope, a wallet full of love, Together, we heal." #RCTEast #PaediatricSurgery #ChildrensHealth



"Inspired by the indomitable spirit of these brave soldiers. #RCTHills #Inspiration #Resilience #ParaplegicRehabilitationCentre #Pune #IndianArmy #HumanSpirit.



"Early detection, early action. Together, we can fight breast cancer. #ThaneNorthEnd #BreastCancerAwareness #EarlyDetection.



Turn e-waste into e-hope! Donate your old gadgets #RCSmartCityNM #e-waste, #sustainability, #ecofriendly.



A powerful partnership for a powerful purpose, for a brighter future for children with special needs. #RCSmartCityNM #DonBoscoAcademy #PrafultaFoundation #specialneeds, #inclusion



"Hope during hardship. #RCTNorthEnd" #RotaryGivesHope

In the darkness, let us be the light. #RotaryKalyanCity #WorldBlindDay #AnnapurnaProject"



Grateful to support Parivartan Balikashram. #RCTCentral #ParivartanBalikashram #CommunityService #GivingBack #Empowerment

Bite-Sized Primers Series

Time Pass with a Twist



"दो दृष्टिकोणों की कहानी"

कल्पना कीजिए दो संगठनों को: सूझबूझपूर्ण योजना और प्रतिक्रियात्मक प्रतिक्रिया। दोनों अपने समुदाय की सेवा के लिए समर्पित थे, लेकिनउनके दृष्टिकोण काफी भिन्न थे। सूझबूझपूर्ण योजना दूरदर्शिता की शक्ति में विश्वास करती थी। उन्होंने संभावित जोखिमों की पहचान की, निवारक उपाय लागू किए और तैयारीकी संस्कृति को बढ़ावा दिया। उन्होंने समस्याओं के बढ़ने से पहले ही उन्हें संबोधित करने के लिए स्वास्थ्य जांच, टीकाकरण अभियान औरजागरूकता अभियान आयोजित किए।

दूसरी ओर, प्रतिक्रियात्मक प्रतिक्रिया अधिक प्रतिक्रियात्मक दृष्टिकोण पसंद करती थी। वे संकटों का सामना करने पर प्रतिक्रिया देते थे, अक्सर नुकसान को रोकने के लिए हाथापाई करते थे। हालांकि वे अपने प्रयासों में बहादुर थे, लेकिन उनका दृष्टिकोण अक्सर अक्षम और महंगाथा।

समुदाय में एक गंभीर स्वास्थ्य संकट आया, और दोनों संगठन परीक्षा में डाल दिए गए। सूझबूझपूर्ण योजना, अपने सक्रिय उपायों से लैस होकर, संकट के प्रभाव को कम करने में सक्षम थी। उनके शुरुआती हस्तक्षेपों ने समुदाय की लचीलापन को मजबूत किया और प्रभावित व्यक्तियों कीसंख्या को कम किया।

December A winter's wonder, a sweet surprise.

"I heard a bird sing, In the dark of December, A magical thing, And sweet to remember." - Oliver Herford



Zodiac Signs: Sagittarius (until Dec 21), Capricorn (from Dec 22) Gemstones: Tanzanite, Zircon, Turquoise Flowers: Narcissus, Holly Tree: Hornbeam, Fig, Beech प्रतिक्रियात्मक प्रतिक्रिया, अपने सर्वोत्तम प्रयासों के बावजूद, स्थिति को नियंत्रित करने के लिए संघर्ष किया। उनकी देरी वाली प्रतिक्रिया औरसीमित संसाधनों ने संकट को प्रभावी ढंग से संबोधित करने की उनकी क्षमता को बाधित किया।

रोटेरियन के लिए एक सबक

रोटेरियन के रूप में, हमें मानवता की सेवा करने और अपने समुदायों पर सकारात्मक प्रभाव डालने के लिए बुलाया जाता है। सूझबूझपूर्णयोजना और प्रतिक्रियात्मक प्रतिक्रिया की कहानी एक मूल्यवान सबक प्रदान करती है: रोकथाम की शक्ति।

आइए हम सूझबूझपूर्ण योजना की बुद्धि का अनुकरण करें और सक्रिय उपायों को प्राथमिकता दें। निवारक स्वास्थ्य देखभाल, शिक्षा औरसामुदायिक विकास में निवेश करके, हम एक मजबूत, स्वस्थ और अधिक लचीला विश्व का निर्माण कर सकते हैं।

में आपसे आग्रह करता हूं, मेरे साथी रोटेरियन, हमारे सभी प्रयासों में एक सक्रिय दृष्टिकोण अपनाने के लिए। आइए हम:

- निवारक स्वास्थ्य पहल आयोजित करें: दबाव वाले स्वास्थ्य मुद्दों को संबोधित करने के लिए स्वास्थ्य जांच, टीकाकरण अभियान औरजागरूकता अभियान आयोजित करें।
- शिक्षा और साक्षरता का समर्थन करें: व्यक्तियों और समुदायों को सशक्त बनाने के लिए गुणवत्तापूर्ण शिक्षा और साक्षरता कार्यक्रमों मेंनिवेश करें।
- सतत विकास को बढ़ावा दें: हमारे पर्यावरण की रक्षा और एक स्थायी भविष्य सुनिश्चित करने के लिए स्थायी प्रथाओं की वकालत करें।
- सामुदायिक साझेदारी को बढ़ावा दें: हमारे प्रभाव को बढ़ाने के लिए स्थानीय संगठनों और सरकारों के साथ सहयोग करें।

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Smart Rtn to Speaker: Why should I wake them up ! You put them to sleep – you come and wake them up!!







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Planning for the Future: How much money should you save to retire comfortably?



Retirement should be a time to relax and enjoy the life you've worked hard to build. But when it comes to figuring out how much you need to save, it's not always straightforward. Guidelines like the 80% rule can be a helpful starting point, but today's retirement planning requires a broader approach, accounting for factors like rising healthcare costs, inflation, and your personal goals.

What Is the 80% Rule and How Can It Help?

The 80% rule suggests retirees aim to replace about 80% of their pre-retirement income to maintain a similar lifestyle. This is based on the idea that some expenses (like commuting) will decrease in retirement, while others (such as healthcare) may increase.

- Maintain Lifestyle: The 80% target helps ensure you can maintain your standard of living.
- Inflation: It provides a buffer against rising costs over time.

• Adjust for Your Needs: This rule is a guideline, not a one-size-fits-all. Depending on personal goals - such as travel, hobbies, or supporting family—you may need to aim higher or lower.

What Does a Fulfilling Retirement Look Like to You?

While financial targets like 80% are helpful, retirement is more than just about covering expenses. It's about enjoying the lifestyle you've earned, whether that means keeping your home in good shape, spending more time with family, or pursuing long-delayed passions.

When planning, think about:

- Maintaining or upgrading your home for comfort.
- Traveling, taking on new hobbies, or spending more time with loved ones.
- Supporting family members, like funding grandchildren's education or charitable giving.

How Much Should You Actually Save to Retire?

- To ensure your retirement is financially secure, aim to save a percentage of your income and grow your wealth:
- 1. Save 15% of Your Income: Aim to save at least 15%, including employer contributions. Starting early takes advantage of compound interest.
- 2. Retirement Corpus Goal: By age 60, aim for 7-8 times your annual salary in savings. Alternatively, save 30 times your current annual expenses.
- 3. Tailor Savings to Your Goals: Factor in lifestyle aspirations, debt, and healthcare costs when adjusting your savings plan.

How Will Healthcare Costs Affect Your Retirement?

Healthcare costs rise faster than inflation, so it's crucial to plan ahead. Consider long-term care insurance or building an emergency fund to cover unforeseen medical expenses. For smart investing:

- Start Early: The earlier you save, the more your investments will grow.
- Diversify: A mix of assets (stocks, bonds, etc.) helps balance risk and reward.
- Tax Efficiency: Use tax-advantaged accounts like IRAs or 401(k)s to maximize your savings.

How Can You Plan for Supporting Your Family and Leaving a Legacy? Retirement is also a time to think about supporting family and leaving a legacy. Consider funding education for grandchildren or creating a will to ensure your assets are passed on as you wish.

A fulfilling retirement is within reach if you start planning today. By considering both your financial goals and personal aspirations, you can design a strategy that aligns with your vision for the future. If you're looking to take your retirement planning to the next level, seeking professional guidance can help refine your approach and ensure you're on the right track for a secure and rewarding retirement. Take control now to enjoy the retirement you've always dreamed of.

Kapil Jain is the Director of Enrichwise Financial Services and Enrichwise Insurance Broking Services, an IIM Indore Gold Medalist in Finance and an investor for 25+ years.

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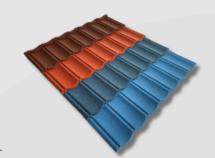
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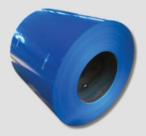
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