

अतुल्य!

incredible
2023-24

Rotary
District 3141

CREATE HOPE
in the WORLD

iGML

Governor's Monthly Letter

Rtn. Gordon R. McInally
R.I. President

Issue 5 | November 2023

Rtn. Arun Bhargava
District Governor

धनोदय

यद्ददाति यदश्नाति तदेव धनिनो धनम्



Peace building and
Conflict Prevention



Community Economic
Development



Maternal and Child Health



Basic Education and Literacy



Water Sanitation and Hygiene



Disease Prevention and Treatment



Supporting Environment

Doing good in the world....



जब भी देना हो अमित, देना नयन झुकाय । समझो उसको ही दिया, जिससे था तू पाय ॥
सरल हृदय को पास रख, उर देने का भाव । अहंकार देता सदा, पथ से ही बिलगाय ॥

NOVEMBER - The Rotary Foundation Month



“Enrika Trades & Services Pvt.Ltd.”, specialises in the field of high quality products in the mining sector of India with a techno-commercial edge over its competitors.

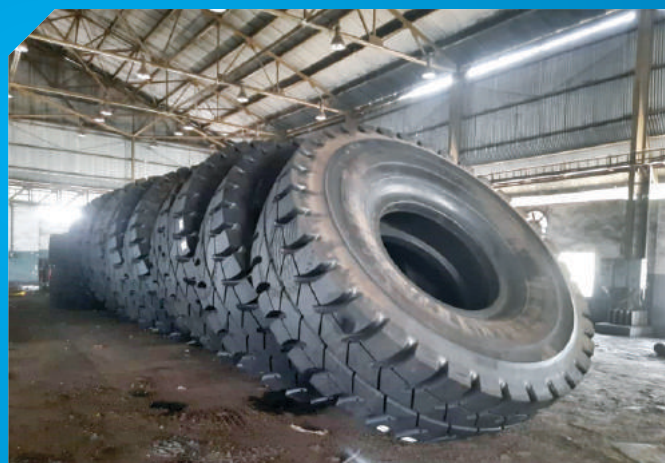
We have been the market leaders in the heavy-duty dumpers within the mining industry through consistent customer delight, quality services and technology.

Enrika Trades & Services Pvt. Ltd formed a Joint Venture with one of the major world producers of heavy-duty Dumpers, OJSC Belarusian Autoworks – Belaz in 2010.

Our Joint Venture with Belaz has helped us to be fully equipped to provide a thorough and regular after sales and back up support for the end users of “Belaz” mining equipment in India. Along with a large inventory of critical spares and components, our facilities at Gevra and Barbaspur, play a role of a ‘Nerve Centre’ for all workshops which are based at the end users’ site.

We are proud of our talent pool of well experienced, dedicated, team of Service Engineers. Our dispatch team & technical experts to the sites of the end users carry out necessary servicing and maintenance work of the dumpers.

We also run a training centre by the highly skilled technical experts from the OEM, who impart training to the local engineers / technicians. The centre also offers training of the operators on simulators, a unique service by itself.



Enrika Trades and Services Pvt Ltd

Office Premises No. 72, 7th floor, Maker Chambers IV, Nariman Point, Mumbai - 400 021, Maharashtra, INDIA.



Arun Bhargava

District Governor | 2023-24

My Dear Incredibles,

The jubilant mood of festivities is at its peak in the month of November when we celebrate one of the biggest festival of the year – the festival of lights “DIWALI”. It celebrates the victory of light over darkness, good over evil, knowledge over ignorance and strong hope for eradication of poverty and sufferings. Diwali is also a time to express gratitude, happiness, brotherhood, and care for the people who are deprived of the basic needs and who also deserve a dignified living.

Thankfully, Rotary have also designated November as “Rotary Foundation Month” and every year we focus on expanding our reach and enhancing our impact through sustainable projects funded by TRF's Global and District Grants. The Joy Of Giving reaches its pinnacle when you see the smile of the faces and fills your veins with positive energy and utmost satisfaction. There's no better time than now as we join Rotarians from all over the world celebrate with fervour - The Rotary Foundation month. Rotary's impact changes life – “Eradication of polio is an example.” We are now very close declaring victory against this deadly disease and your support will be crucial.

Our District TRF team is working very hard to support you and make your Joy of Giving truly overwhelming

and satisfying. Please feel free to contact them for any assistance.

One of the most important events of our INCREDIBLE year is DISCON – Darpan “The reflections” is approaching. It is going to be an informative, motivating, entertaining and enriching event. Don't miss this opportunity to be a part of it and register yourself at the earliest.

Official Club Visit program have gathered pace and it gives a sense of satisfaction that our efforts and planings are yielding desired results with Clubs doing voluminous community service activities across the District. The atmosphere during Club assemblies or OCV's is cheerful, encouraging and interactive. Seema and me are truly humbled to have this opportunity to lead this truly INCREDIBLE team of Rotarians. The love, respect and affection we receive in all the Clubs we are visiting is something I just can't explain in words – we are enjoying our togetherness and it is adding more energy and power to us.

Our warm wishes to you all for A Happy Diwali and A Prosperous New Year. I wish you happiness, good health, success and recognition, May you achieve all the milestones and goals that you have set for yourself.

Let there be Joy, exuberance, ecstasy, optimism and bliss forever ...

Together we can, Together we will, Together Again !

Yours in Rotary,

Rtn Arun Bhargava

District Governor

I can choose to let it define me, confine me, refine me, outshine me - or I can choose to move on and leave them behind me.

A quote graphic with a textured, parchment-like background. The text is in a bold, black, sans-serif font, arranged in five lines.



Seema Bhargava

First Lady

दान क्या है ? सही अर्थों में किसी वस्तु पर से अपना अधिकार समाप्त करके दूसरे का अधिकार स्थापित करना ही दान है-जहाँ बदले में कोई भी वस्तु ली नहीं जाती। दान का तात्त्विक अर्थ है - अपने द्वारा न्याय के रास्ते से उपार्जित अन्न-धन आदि देने योग्य पदार्थ को अपनी शक्ति के अनुसार किसी और सत्पात्र को देना। किन्तु दान की पूर्ति तभी मानी जाती है जब कि दान में दी हुई वस्तु पर पानेवाले का अधिकार स्थापित हो जाय। पानेवाले के पाने के पहले ही वह वस्तु नष्ट हो जाय तो वह दान नहीं है।

दान कई प्रकार के हैं, जैसे अन्न-दान, जल दान, धन दान, प्राण दान, क्षमा दान, अभयदान आदि। वर्तमान समय में तो और भी कई अन्य नाम इसमें जुड़ गये हैं, जैसे जीवन-दान, भूमि-दान, समय दान, श्रम दान, रक्त दान, नेत्र दान इत्यादि। ये तो सब नये अभियान हैं जो चलाये जाते हैं। दानों में अन्न-दान और अभयदान का बड़ा महत्व है। इन्हें सर्वोच्च दान कहा गया है।

सही अर्थों में सच्चा दान दो प्रकार का होता है-एक वह जो श्रद्धा से दिया जाता है और दूसरा वह जो दया से दिया जाता है। पंडितों और विद्वानों को

जो दान दिया जाता है, वह श्रद्धावश दान है। विकलांगों और जरूरतमंदों को जो दान दिया जाता है, वह दयावश दिया जाता है। श्रद्धावश दिया जानेवाला दान ही महत्व पूर्ण दान है। **आचार्य रामचन्द्र शुक्ल के अनुसार**

**"श्रद्धावश दिया दान ही सफल माना जाता है-
अश्रद्धा से दिया दान निष्फल माना जाता है।"**

हमारे पास जो भी है यथा- धन, वस्तु, अन्न, बल, बुद्धि, विद्या उसे किसी अन्य जीव को उसकी आवश्यकतानुसार-चाहे वह मांगे या न मांगे-उसे देना ही परम धर्म, मानवता या कतव्य है। प्रकृति अपना सब कुछ जीवों को बिना मांगे ही दे रही है। ईश्वर भी भले हम मांगें या न मांगें हमारी योग्यता और आवश्यकता के अनुसार हमें देता है। अतः वह हमसे भी अपेक्षा करता है कि हम भी हमारे पास जो है उसे दूसरों को दें।

अतः समाज के अस्तित्व और प्रगति के लिए सहयोग आवश्यक है। दान देने के समय आपके मन में, अहं का, पुण्य कमाने का या अहसान करने का भाव नहीं होना चाहिए। उस पाल का आपको कृतज्ञ होना चाहिए कि उसने आपके अंदर सद्भाव जगाकर आपको कृतार्थ किया। ईश्वर के प्रति कृतज्ञता होनी चाहिए कि उसने आपको कुछ देने के योग्य बनाया।

जो स्वयं दीन है, वह दानी नहीं हो सकता। वास्तव में कुटुंब के भार, भरण-पोषण के बाद जो बचता हो - वही वस्तु दान करने योग्य है। हम भगवान से प्रार्थना करें कि वे हमें इतना दें कि हम अपना भी पेट भर लें और दूसरों का भी भरते रहें। कितना सुंदर लिखा गया है,

**“साई इतना दीजिए, जामें कुटुंब समाय।
मैं भी भूखा न रहूँ, साधु न भूखा जाय ॥”**

November 2023 QUIZZZZO

Hello friends...

Welcome back with the fresh challenge for you in our GML Quiz (all questions are from the contents within this issue of GML).

Remember – All respondents will be recognised prominently in the next edition and first 3 respondents with correct and complete answers will receive our especially designed Coffee Mug !

Quiz Questions

- 1) How many Walkathons have been organised in the District in October ?
- 2) Which Club organised RYLA on 28th October in Malad ?
- 3) In which year Rotary Foundation made its first contribution of US\$ 26.5 ?
- 4) How many teams in both Men & Women category participated in Rotary Premier League ?
- 5) How much time difference was there between BOMBAY TIME and GREENWICH MEAN TIME (GMT) ?

So friends please hurry, send your answers on incrediblegml@gmail.com and get recognised for your knowledge, wisdom, keen eye and swift response.

For feedbacks, reviews and suggestions please mail us on incrediblegml@gmail.com

Quiz Masters

Rotarians who responded with the answer (Sequence as per receipt of email)

Rtn Prof Sanjay Mahajan – RC Palghar, Rtn Ninal Shah – RC Palghar

Rtn Dr Sadhana Edvankar - President Elect - RC Bombay Kandivli

PDG Rtn Lata Subraidu – RC Mumbai Green City

And The Fastest Fingers (Obviously With Correct & Complete Answers)

Rtn. Prof Sanjay Mahajan
RC Palghar

Rtn. Dr. Sadhana Edvankar
RC Bombay Kandivli

PDG Rtn. Lata Subraidu
RC Mumbai Green City

Kashmir Valley (PNI) Project By Rotary District 3141 **Rtn Rajan Dua | Lt Governor & Avenue Chair PNI**

“A MEMORABLE PROJECT AT MACHHAL - KASHMIR”

**“Agar Firdaus Bar roo-e-ZameenAst
HaminAst-o HaminAst-o HaminAst”**

The ancient words of Amir Khusro echo in the heart when one enters Kashmir. A paradise to most, Kashmir is mesmerizing, almost surreal. The Valley of Kashmir lies ensconced in a rugged terrain where Nature regales in her raw and real splendour.

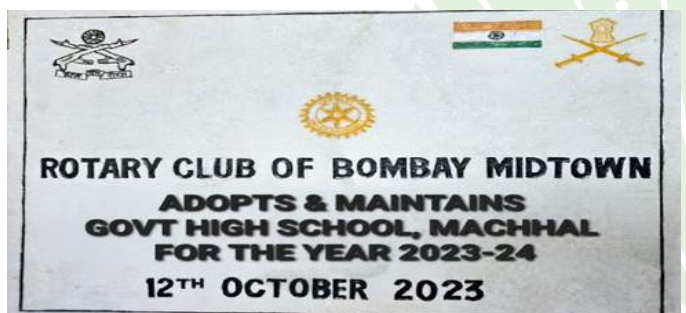
The expanse of natural wonder bestowed to Kashmir reminds one of the magnificent power and grace wielded by Mother Earth. The Rotary Club of Bombay Mid-Town embarked on its maiden trip for National Integration project for this 'Incredible Year'. Our team comprising of President Ashwin Ankhad and others departed from Srinagar to Kupwara area on 11th October 2023 morning. The winding terrain awaited us and we could eye the change of flora and fauna as we traversed through the undulating roads. The historical site of Kalaroos caves is in the north Kashmir in Kupwara region. The story behind this site is intriguing as it bears the possibility of being a secret route between India and Russia. The name comes from the word “Qil.e-Roos” which means Russian Fort. It is yet to be unearthed to its fullest to realise the impact of this finding on the bond between the two countries. Passing this, we entered Kupwara town in Kupwara region and briefly halted there. It was early afternoon when we headed towards Machhal region and it marked our entry into the Indian Army territory. We were privileged to visit Z Galli (Zamindar Galli) a monumental Indian flag and tower which marked the sacrifice of two martyrs who laid down their life to protect the Indian borders at the Line of Control. The beautiful Nanga Parbat peak was clearly visible from the Indian side and we got a sense of how the Indian Army must be surviving in this dense tree-lined mountain area at 11,000 feet above sea level. This was the crucial juncture of crossing over from being a civilian to a uniformed soul for me. We thereafter were warmly escorted by the Indian Army officer to continue our journey. We went through a deeper terrain of slim circulating roads which dropped height drastically as we drove towards the valley. As we progressed further, the gravity of the location hit me. It was

absolutely rough and looked bare at the advent of winter. The singular thought that fled across my mind was: how does our Indian Army survive this intense weather! We finally entered ground zero: the Machhal valley region, entrenched within the wide perimeter of rocky mountain. The location was breath-taking as well as daunting.



We were greeted whole-heartedly by the 56 Rashtriya Rifles unit and its Lieutenant Colonel MP Sharma, Major Himanshu Rohilla and the unit. Colonel Rajat Kumar Birman joined us shortly. Being almost 4pm, with the daylight diminishing and children waiting, we directly headed towards the project area: the government school led by the Indian Army. An unassuming brick structure which holds the future of 131 students from the primary to 10th standard. We got an opportunity to interact with the senior students. They introduced themselves and also shared their ambitions in life. It was a delight to get an insight into the minds of the youth. Their dreams and aspirations. Few of us ladies spoke to the girls to understand what runs through their minds. We understood that our “Bharat” has such vibrant youth who stand on the threshold of the future in anticipation and hope. The students were thrilled to receive the sports equipment distributed by our Rotary. It was a humbling experience to observe the challenges faced by students and Indian Army alike to ensure that schooling did not suffer through the adverse weather. Our rotary decided to donate towards the education and examination fee of 120 children for six months and for 50 benches required in the primary section and 5th and 6th standard classroom. A plaque commemorated this moment with our Rotary adopting the school for the year 2023-2024. Our personalised motto “Being someone's reason to smile” rang true here.

We then proceeded to the vocational centre and conversed





with few women. This vocational centre boasts of several sewing machines, a specialised machine to manufacture the Indian flag and looms to weave shawls and carpets. The centre is currently equipped to manufacture Jute bags of several sizes with the Machhal logo on it. These bags can be personalised for different organisations. The women needed to be motivated to come and explore their hand at this skill to become financially self-sufficient. Our Rotary will be sponsoring all the cost for skill building of these women.

One more highlight of the evening was the teaching to us to handle AK-47. We all were allowed five live shots each to hit the marked target.

Three of our members, including Dr. Dilip Raja, who is responsible for coordinating this project with the Indian Army arrived shortly and joined us. Later that evening, the unit hosted us to an informal dinner on the riverside camp in the valley. It was an exhilarating experience to be in the lap of nature and the military. I have never known such gracious hosts in the heart of nature. The feeling of inner joy reflected in the faces of the unit in serving us. This was a surreal experience for me. To be hosted by the very same forces that protect India on its every border and LOC: with unabashed pride for our country and a passion to embrace Machhal valley citizens into the fold. The hardships, the trials and tribulations do not deter our Armed forces from surmounting this uphill task with their heart on their sleeve. It was an absolute honour.

The next morning, 12th October 2023 saw us in dialogue with the Colonel Rajat and Lieutenant Colonel M. P. Sharma to evaluate the lacunae areas of the school and needs of the students. We could assess that an ongoing support for the school uniform, NCC uniform, school bags and pencil/compass boxes would lend great ease to the students, Students look forward to the sessions of fun and camaraderie



A New Level of Patriotism Project National Integration

and the NCC brings that to the environment to bond the students. They need to learn Hindi and English apart from computer and vocational skills.

Prior to the visit we also had donated substantial goods worth Rs. 7.5 lakhs to Army Welfare Fund including T.Vs, Tata Sky boxes, water tanks and heaters. The army had laid out these items for us to see how useful they are to soldiers in extremely hostile climate of Machhal.



Immediately thereafter, our entire visiting Rotary team of 10 Braveheart members, the Bharat Diamond Bourse and the Gem and Jewellery Export Promotion Council teams first headed to participate in the formal flag hoisting ceremony where a 100-foot flag was unfurled with due honours at Kalaroos in the Kupwara region. A whole-some lunch was served to us before we proceeded to the next event of flag hoisting at the Payapore peak in the Machhal region. The first flag is visible in the entire area of Kupwara and the latter is visible from both sides of the Indian and Pakistan Occupied Kashmir. These ceremonies with our national flag flying high, is a symbol of patriotism for our motherland and to instil the same 'josh' in the region.

Once completed with the project on different fronts, we as a team sped back to the airport. We carried back with us a sense of national pride, nostalgic moments of schooling and the simplicity of life, josh to serve an under-developed area in our country, zeal to facilitate national integration and join hands with our Armed forces to achieve this noble goal.

In the words of Robert Frost:

*"The forest is dark and deep
And I have miles to go before I sleep
and miles to go before I sleep"*

These words resonate the emotion that we returned with from Kashmir. The path may be laden with an avalanche of tasks fraught with challenges, yet there is always hope. To every Rotarian citizen: our "Bharat" which is blessed with a cultural heritage which surpasses boundaries – we need to rise to the occasion to extend ourselves with service before self. To open our minds, change mindsets and contribute towards building a harmonious and peaceful nation.

Jai Hind!!

Sonal Chandalia
Director - RC - Bombay Mid-town

The Transformative Impact of The Rotary Foundation (TRF) on Society

Introduction: The Rotary Foundation (TRF) stands as a beacon of hope and empowerment, contributing significantly to positive societal change around the globe. Established in 1917 by Rotary International, TRF has evolved into a formidable force for good, leveraging its resources to address persistent social issues.

Historical Roots : The Rotary Foundation has its roots in the vision of Arch C. Klumph, the sixth president of Rotary International. In 1917, Klumph proposed the creation of an endowment "for the purpose of doing good in the world." The idea gained traction, and in 1928, the foundation made its first contribution of \$26.50. Since then, TRF has grown exponentially, with its scope expanding to address a wide array of social challenges.

Recognition for Donors : Generous contributions to The Rotary Foundation are essential to securing and growing Rotary programs throughout the world. Donors are recognized for their commitment. Rotary offers individual and club recognition as well as naming opportunities that enables one to honour a friend or family member with a named or endowed gift.

Impact of donations : Donations have far reaching consequences for humanity. Some of them are:

- 60 cents can protect a child from polio.
- \$50 can provide clean water to help fight waterborne illness.
- \$500 can launch an antibullying campaign and create a safe environment for children.

Global Grants and Humanitarian Projects : One of the primary ways TRF makes a tangible impact on society is through its global grant programs. These grants fund projects that address critical issues such as poverty, hunger, disease, and lack of education. By partnering with local Rotary clubs, TRF ensures that these projects are tailored to the specific needs of each community.

For instance, TRF has been instrumental in supporting initiatives related to clean water and sanitation in underserved areas. Through global grants, the foundation enables the implementation of sustainable solutions, providing communities with access to clean water sources and sanitation facilities. This not only improves health but also empowers individuals to break free from the cycle of poverty. The humanitarian crisis that came about with Russian intervention in Ukraine is a recent instance when TRF funding came in handy.

Educational Initiatives : Education is a cornerstone of societal development, and TRF recognizes its transformative power. The foundation invests in educational initiatives that range from basic literacy programs to advanced scholarship opportunities. The Rotary Foundation's educational support extends beyond borders, fostering a global community of learners.

Rotary Peace Centres, a flagship program of TRF, exemplifies the commitment to education for societal betterment. These centres offer master's degree fellowships to individuals dedicated to building peace. By empowering these peacebuilders with the necessary skills and knowledge, TRF contributes to the creation of a more harmonious and just world.

Healthcare Interventions : The Rotary Foundation is at the forefront of the fight against diseases that disproportionately affect vulnerable populations. Through partnerships with organizations such as the World Health Organization (WHO) and the Centres for Disease Control and Prevention (CDC), TRF has played a crucial role in global health initiatives.

One notable success is the Rotary effort to eradicate polio. Since

1985, Rotary has been a key player in the Global Polio Eradication Initiative, contributing funds and mobilizing volunteers. The impact has been profound, with polio cases reduced by over 99%, with only two countries left in the world where polio has not yet been eradicated.

Economic Development and Vocational Training : Sustainable economic development is vital for the prosperity of any society. TRF recognizes this and supports projects that promote entrepreneurship, vocational training, and economic empowerment. By fostering self-sufficiency, the foundation enables communities to break free from the shackles of poverty.

Microfinance initiatives supported by TRF empower individuals to start small businesses and become financially independent. Vocational training programs, another facet of the foundation's work, equip individuals with the skills needed to secure employment and contribute meaningfully to their communities.

Disaster Response and Recovery : Natural disasters can have devastating effects on communities, disrupting lives and infrastructure. The Rotary Foundation plays a crucial role in disaster response and recovery, providing immediate relief and supporting long-term reconstruction efforts.

Through the Disaster Response Fund, TRF mobilizes resources quickly to aid communities affected by disasters such as earthquakes, hurricanes, and floods. Additionally, the foundation supports projects that focus on building resilience and preparedness, ensuring that communities are better equipped to withstand and recover from future disasters.

Community Development and Peace building

Beyond individual projects, TRF invests in broader community development and peacebuilding efforts. The foundation recognizes the interconnectedness of various societal factors and aims to address root causes of conflict and instability.

Community-based projects supported by TRF focus on fostering social cohesion, inclusivity, and sustainable development. By engaging with local communities and promoting cultural exchange, the foundation contributes to the building of peaceful and resilient societies.

TRF and District 3141 : Our District (3141) has been on the vanguard regarding contribution to TRF. In the last Rotary year (2022-23), we reached the pinnacle with the district becoming the highest donation giver to TRF. 5 clubs of the district were in the top 25 and 8 clubs in the Top 50 in the world in giving were from district 3141.

A record number of new AKS members were enrolled. 100 new Major donors joined the ranks.

Conclusion : The Rotary Foundation stands as a testament to the power of collective action in creating positive societal change. TRF continues to embody the Rotary motto of "Service Above Self." Through global grants, educational initiatives, healthcare interventions, economic development projects, disaster response, and community building, The Rotary Foundation remains a force for good, empowering individuals and communities to survive, thrive and grow. As we reflect on the rich history of giving from our District, we need to see this catalyst for transformation, continue working to make the world a better place for its denizens.

K. V. Premraj
Rotary Club of Borivli

WALKATHON - FOR MENTAL HEALTH AWARENESS IN RI DIST. 3141

Mental Health is a major concern worldwide and India is not far behind in sharing this. District 3141 has taken initiative to have Rotarians spread the awareness in our community. Six Walkathons were organised across District in One week.

WEST ZONE | SNTD/Raheja College, JUHU - Khar Gymkhana



Rotary Club of Mumbai North Island - Lead Club, organised Walkathon for Mental Health Awareness along with BPS (Bombay Psychiatric Society) members & 7 Rotary Clubs. The Walkathon was flagged off by DG Rtn. Arun Bhargava. 135 Rotarians together walked 2.5 kms.

At Khar Gymkhana, Dr. Henal Shah - HOD Nair Hospital made an excellent audio-visual presentation on the subject. Chief Guest District Learning Facilitator Rtn. Dilip Mulay made an impactful Speech. President of Rotary Clubs of Mumbai North Island, Bombay Mahakali Heights, Mumbai Iconic, Mumbai Juhu, Bombay Bandra, Mumbai Versova, Mumbai Khar, Mumbai Sher e Punjab were honoured with mementos by Guest of Honour Dr. Heena Merchant-Hon. President BPS.

NORTH ZONE- Borivli



Rotary Club of Borivali took the lead in organising Walkathon with 5 other co - host clubs. The walkathon was supported by Abhinav Vidya Mandir school &

Rotary clubs. Concluding the walkathon, a meeting was held where Dr. Pratik Surandashе threw light on many of the unknown aspects of mental health. Chief Guest PDG Praful Sharma charmed everyone with his beautiful speech. President of Rotary Clubs of Borivali, Mumbai National Park, Mira Road, Mumbai Wonders, Vasai, Mumbai Kandivali were felicitated by Bombay Psychiatric Society.

NORTH ZONE- Palghar



All Rotarians, Inner wheel members, and Rotaractors Assembled at 'Hutatma Smarak' and distributed Flyers, carrying Placards during the walkathon which lasted an hour. On reaching ISKON temple a Speech was delivered by Shahapure ma'am.

SOUTH ZONE – NCPA to Churchgate station



The event was flagged off by PDG Rtn Rajendra Agarwal, along with the Guest of Honour PDG Rtn Nitin Mangaldas. 40 members from 6 clubs attended. Dr Anita Sukhwani addressed Rotarians on Mental health. President of Rotary Clubs of Mumbai South, Bombay Midcity, Mumbai Lower Parel, Bombay Hill south, Bombay Sea face, Bombay Central were felicitated by Bombay Psychiatric Society for organising the successful walkathon.

EAST ZONE- Ghatkopar



RC Mumbai Ghatkopar had a successful walkathon, with 100+ participants. Participants were addressed by Dr Dipti Gada which elicited immense interest followed by impressions from DGN Dr Manish Motwani, who was the Chief Guest. President of Rotary Clubs of Ghatkopar was felicitated by Bombay Psychiatric Society for organising the successful walkathon.

POWAI – Hiranandani Complex



At Heritage Garden, Powai, we walked for mental health in association with Bombay Psychiatric Society. RC Mumbai Lakers involved local colleges and schools to have great participation. Dr. Jyoti Sangle delivered a powerful speech, and Dr. Sheba Singh, along with their interns, graced us with a thought-provoking street play: the Nukkad Natak. DG Rtn Arun Bhargava was the Chief Guest. President of RC Mumbai Lakers & Mumbai Bandra Kurla Complex were felicitated by Bombay Psychiatric Society.

Project was executed by Avenue Chair Rtn Dr Pankaj Maheshwari

Zonal Chairs: Rtn's Dr Shailesh Divecha, Dr Dharmaji Shinde, Viren Gohil, Mehernosh Engineer

Co-Chairs: Rtn's Dr Gopinath Menon, Dr Jyoti Maheshwari, Dr Ojas Dave, Dr Kruti Bhuskute, Varsha Baradiya, Nilu Agarwal, Dr Sachin Shah, Tarun A, Sonu Chowdhry, Anand Bhakal, Manjushree Patil of Team Disease prevention & treatment 4 (Oral Care, Mental health & alternative medicine)

MEMBERSHIP SAMACHAR

Avenue Chair : Rtn Anand Ramnani (Growth & New Clubs) 9820084649/8169222562

- 1) Number of clubs – 115
- 2) Membership Strength – 6233 members
- 3) New Members Added – 575 (as on 19.11.23)
- 4) Out of 115 clubs, 78 clubs have added new members so far.
- 5) New Rotary Clubs under formation at: 1) Lokhandwala Andheri, 2) Dahisar West, 3) Malad Link Road

Other un-represented areas where we are planning to form new clubs are
1. Between Siddhi Vinayak & Haji Ali, 2) JVLR, 3) Bhayander

We require new member leads for the above 3 clubs mentioned, in case any of you have any leads kindly DM me on 9820084649.

Avenue Chair : Rtn Deepak Jiandani (Retention & Fire Site Meetings) 9821035822

Our retention team has so far conducted 2 fire site meetings for new members.
One at Central Zone & other at South Zone.

West Zone & North Zone fire site meetings are under planning.
Requesting Presidents to send your new members to attend & take advantage of this facility.

Presidents/Club Membership Director's kindly note that in case you need any assistance/guidance for Membership Growth, Retention kindly do contact the Membership Team.



Ajit Dubey

Managing Editor - GML | 2023-24

Diwali is the festival which inspires us to do good for the community, to make new resolutions for improving our lives and that of the others around us. Our Incredible GML Team has also resolved collectively to produce and compile the articles which touch the heart of every Rotary and Non Rotary reader it reaches. Our authors are committed to make your experience as a reader rewarding, enriching, entertaining and worth sparing your valuable time.

Our Incredible Presidents are breaking barriers, making huge impact with large scale Community service activities across the District and helping the less privileged ones have an opportunity to flourish, thrive, realise their dream and thus creating hope for the unfortunate, weak and oppressed in their communities. This surely is God's work on earth and we at GML team are witness to the great efforts being taken by our Presidents and their respective teams.

As we celebrate November as The Rotary Foundation month, there is an article which focuses on the projects that were impacted by Rotary, articles on our art-culture & traditions, our Flagship Project – PNI, Mumbai-मेरी जान, Incredible projects done in the month of October and many more informative and exciting stories for you. We dedicate this issue to the large hearted donors of our esteemed District 3141 who have impacted the lives of millions world over through their generous and unselfish contributions. On behalf of the District Governor Arun and the Editorial Team we warmly invite you to enjoy this edition “धनोदय” and urge all to give back to the foundation as we continue to proudly serve as Rotarians.

We hope, you will enjoy this edition and urge you to please write us about your views / feedback / valuable suggestions on incrediblegml@gmail.com and help us in making our IGML truly Incredible. I thank our leader DG Arun, First lady Seema, Incredible Presidents, all our distinguished authors for their continued support. Last month, unfortunately very few of you participated in the Quiz but the silver lining was participation of PDG Lata Subraidu and we all were delighted to see her name in our Quiz Masters list. Please do participate in large number this time and encourage your team to participate.

Enjoy reading & Stay connected

- Rtn Ajit Dubey | Managing Editor

Kitchen of Ideas & Our Executive Chef

Editor In Chief

Rtn Arun Bhargava

District Governor



Advisor

Rtn Vinay Khetawat

Editor In Chief - Incredible Optimus Studio



Managing Editor

Rtn Ajit Dubey

District Secretary – Admin & Publications

District Executive Secretary



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Rtn Ajit Dubey

For and On Behalf of DG Rtn Arun Bhargava,

District Events & Publications

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रोटरी क्लब ओक मुंबई गांधिवली (वेस्ट)



रोटरी क्लब ओक मुंबई गांधिवली (वेस्ट) न्या प्रमुख प्रीतिदा राभाणी, सेक्रेटरी विपुल गनदाणी, चे-मैन-मिन्ट डिवेन्द्र नीरव...

रोटरी क्लब ओक बोरीवली



रोटरी क्लब ओक बोरीवली, अग्रभाष्युमारी, लायन्स क्लब मुंबई चेम्प अने सलमन-डायोलॉस्टिक्स-सहयोगी अग्रभाष्युमारी...

लोकावत



रोटरी क्लबच्या मुंबई सिटी चार्टरच्या अध्यक्षपदी विकास अग्रवाल

रोटरी क्लबच्या मुंबई सिटी चार्टरच्या अध्यक्षपदी विकास अग्रवाल यांची नियुक्ती करण्यात आली आहे. विकास अग्रवाल यांनी...

Date: 11-10-2023, Wednesday

रोटरी क्लब द्वारा शाणाओमां वोटर क्लर्स प्युरीझायर मशीन डोनेट कराया



रोटरी क्लब ओक मुंबई गांधिवली (वेस्ट) न्या प्रमुख प्रीतिदा राभाणी, सेक्रेटरी विपुल गनदाणी, चे-मैन-मिन्ट डिवेन्द्र नीरव...

सिद्धांत समाचार

मुंबयार २६, अक्टोबर २०२३

पिंकी राजगढ़िया ने विशेष बच्चों के साथ धूमधाम से मनाई नवरात्रि



मुंबई - मुंबई रोटरी क्लब ऑफ बोम्बे महाकाली हाट्टस की अध्यक्ष पिंकी राजगढ़िया ने नवरात्रि के उत्सव में धूमधाम से मनाई...

रोटरी क्लबतर्फे विद्यार्थिनींना सायकल वाटप

मुंबई, दि. २७ (प्रतिनिधी) - रोटरी क्लब ऑफ मुंबई गांधिवली (वेस्ट) न्या प्रमुख प्रीतिदा राभाणी, सेक्रेटरी विपुल गनदाणी, चे-मैन-मिन्ट डिवेन्द्र नीरव...

नवराष्ट्र

राजगढ़िया ने विशेष बच्चों के साथ धूमधाम से मनाई नवरात्रि. The text continues with details of the event and the club's activities.

शब्दाना सत्याची धार प्रहार

लोअर परले येथे आयोजन उभी राहणार मुंबईकरांची 'माणुसकीची भिंत' मुंबई (प्रतिनिधी) - मुंबई रोटरी क्लब ऑफ बोम्बे महाकाली हाट्टस की अध्यक्ष पिंकी राजगढ़िया ने नवरात्रि के उत्सव में धूमधाम से मनाई...

Advertisement for 'Aadarsh Swarajya' newspaper, featuring the masthead and contact information.

Advertisement for 'Raigad Plus Edition' newspaper, featuring the masthead and contact information.

Advertisement for 'Pravar' newspaper, featuring the masthead and contact information.

Advertisement for 'Aadarsh Swarajya' newspaper, featuring the masthead and contact information.

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Advertisement for 'Raigad Plus Edition' newspaper, featuring the masthead and contact information.

Advertisement for 'Pravar' newspaper, featuring the masthead and contact information.

लोअर परलमध्ये 'माणुसकीची भिंत'

मुंबई, दि. २७ (प्रतिनिधी) - सणासुदीनिमित्त गोरगरीबांच्या चेहऱ्यावर हसू फुलवण्यासाठी लोअर परलमध्ये पॅनलचा विद्यार्थिनी पार्क गेटच्या बाजूला 'माणुसकीची भिंत' उभी राहिली आहे. शुक्रवार, २७ ऑक्टोबर रोजी अपिनेते आर्मा शिक्सेना (उद्भव बाळासाहेब ठाकरे) पक्षाचे सचिव आदिस बदिकर यांच्या उपस्थितीत या उपक्रमाला सुरुवात झाली. ३९ ऑक्टोबरपर्यंत सकाळी १० ते रात्री १० या वेळेत हा उपक्रम सुरू राहणार आहे. याआसपास लोकांनी दान केलेले कपडे, इलेक्ट्रॉनिक्स वस्तू, सापकली वापरण्याजोग्या बनवून त्या...

QUICK NEWS

रोटरी यूथ लीडरशिप अवार्ड आयोजित मुंबई. रोटरी क्लब ऑफ बोम्बे महाकाली हाट्टस ने डी.जी.खेतान इंटरनेशनल स्कूल में 28 अक्टूबर को मालाड पश्चिम में रोटरी यूथ लीडरशिप अवार्ड का आयोजन किया. कार्यक्रम की टाइटलाइन थी 'यूवा भारतीयों के लिए नेतृत्व की सीढ़ी'. यह पश्चिमी क्षेत्र के जिला 3141 में पहला रोटरी यूथ लीडरशिप अवार्ड कार्यक्रम था. डिस्ट्रिक्ट 3141 के 12 रोटरी क्लबों ने इस कार्यक्रम की सह-मेजबानी की. रोटरी यूथ लीडरशिप अवार्ड में मंडई...



INNER WHEEL DISTRICT PROJECTS



PALLAVI CHOKSI
DIST. CHAIRMAN



PRERANA RAICHUR
DIST. VIGHARMAN



MITA SHETH
IPIC & AC MEMBER



LAKSHMI V. SINGH
DIST. SECRETARY



MONA GYANI
DIST. TREASURER



SHUBHALAXMI CHHAPWALE
DIST. EXT. SERVICE ORGANIZER



MONILA BHATTASALI
DIST. ISO



SUCHITRA NAYAK
DIST. EDITOR

OCTOBER THEME : Adopt & Build - Commitment to Senior Citizens – Our elderly deserve our respect, support and a nurturing environment that enriches their golden years



IWC BOMBAY PIER - AID TO SR CITIZENS AT ALL SAINTS HOME BYCULLA



IW DIIST 314 ORGANISED RALLY "PANKH" FOR ITS MEMBERS TO SHOWCASE THEIR TALENT



IWC BOMB HOME AY HARBOUR-RENOVATION DONE AT SHEPHERDS WIDOWS HOME BYCULLA



IWC PALGHAR - INAUGURATION OF BUS STOP BY DIST. CHAIRMAN PALLAVI CHOKSI



IWC MUMBAI PARLESHWAR ARRANGED A MUSICAL EVENING FOR SR CITIZENS



IWC VASAI -SUPPORT GIVEN TO CHILDREN WITH SPECIAL NEEDS



IWC MULUND-SKIN CARE SESSION DONE FOR SR CITIZENS



IWC BOMBAY AIRPORT - DONATED NECESSITIES FOR SR CITIZENS AT NITYANAND ASHRAM



IWC BOMBAY HILL SOUTH - DONATED SWEET BOXES TO ADAPT SCHOOL CHILDREN FOR GANPATHY



IWC CHEMBUR- AID GIVEN TO SR CITIZENS



IWC MUMBAI KHAR - SPONSORED WEDDING OF VISUALLY CHALLENGED PEOPLE



IWC PALGHAR - MUSICAL NIGHT AT ANAND VRUDHASHRAM FOR SR CITIZENS

ROTARACT DISTRICT PROJECTS

NAVROTSAV



Infinity Council at Navrotsav



Engrossed in the festive energy!



Judges Swati Thakkar & Freya Desai



Celebrity Appearance - Feroz Khan

Rotaract Mumbai's own Garba Evening, Navrotsav was conducted on 8th October, 2023 at Sky Turf, Adani Inspire, BKC. Navrotsav focused on raising the spirits of all the garba enthusiasts and organizing a Pre-Navratri event for everyone to gear themselves up for the festival Navratri.

Garba was not just all that the evening had, a perfect ceremonial ritual towards Goddess Durga along with the authentic Garba Decor added a touch of emotions. Chat Corner & different award categories added a touch of extra fun to the evening. The judges for the evening were Swati Thakkar (Mrs. Universe Empathy 2022) & Freya Desai (Senior Instructor Thangaat Garba). The event was graced by the presence of our Celebrity Guest Feroz Khan.

Rotaract Inter District Exchange - RID 3131 & RID 3055



Rotaractors from RID 3141 had the opportunity to be a part of two outgoing RIDEs to RID 3131 during Ganesh Chaturthi & RID 3055 during Navratri. The Rotaractors experienced the authentic culture of Pune & Gujarat amidst the festive celebrations.

From September 22 to September 24, 2023 our outgoing Team to RID 3131, explored Pune and had fun hopping different Pandals during the auspicious Ganesh festival. From strangers to friends and from friends to family they made memories & bonds for a lifetime in these 3 days.

From October 20 to October 22, 2023 our Team of Rotaractors from RID 3141 visited RID 3055, Gujarat on the occasion of Navratri. They explored Gandhi Ashram & Kankaria Lake, experienced the OG garba experience of the state where it originated from, Indigo Museum, Mosque & Sardar Vallabhai Patel Memorial are some of the other iconic places they visited. The electrifying energy of RID 3141 matched with the festive energy of RID 3055!

Exploring Pune



Exploring Gujarat



Action Across The District

Service To The Devotees by RC Mumbai JVPD



Rotary Club of Mumbai JVPD along with Soham Rockstar Entertainment put up a pandal and served devotees with Vada pav, biscuits, bananas and water. Over 20000 devotees were benefited. Our DG Arun Bhargava and 1st Lady Seema Bhargava also joined the members in this good cause.

Program for Senior Citizen by RC Goregaon West



Today Rotary Club of Goregaon West organised Programme for senior citizen on health, yoga and Legal matters at Masur Ashram, Goregaon West. 150 participants.

Celebrating Sernior Citizen Day by RC Borivali Wonders



Rotary Club Of Borivali Wonders Celebrated Elder's Day on 1st Oct 2023 at Aaijidevi Care Foundation (Senior Citizen Old Age Home) by donating Groceries & Adult Diapers.

Cultural Program - Rimjhim by RC Mumbai Kalakar



An Excellent, Rocking Rimjhim programme by Rotary Bombay Kalakars at Bal Gandharva Rang Mandir, Bandra on 1st October. A Lovely evening program with quality, synchronised group and mesmerizing solo dance performances.

Financial help to needy students by RC Bombay Film City



Rotary Club of Bombay Film City along with Jeevan Jyot Pratishthan supported the youth by handing over cheques to 5 needy students for their school fees, for the current academic year.

School Picnic for students by RC Borivali



Rotary club of Borivali sponsored 2 buses for school picnic to veer Mata Jijabai Udhyan and Zoo for the students of Abhinav Vidhya Mandir, Borivali East. Beneficiaries: 80 students.



SMILE, International Project - Dental Health Check-up camp by RC Bombay Mahakali Heights & RC Birat Nagar Central

RC Biratnagar Central and RC Bombay Mahakali Heights organised dental check-up camp for students of Shree Narayan Adharbhut Vidyalaya. Training and awareness of oral hygiene was also given. Dental hygiene kits were distributed. 85 beneficiaries.

Action Across The District

Workshop on Good Touch- Bad Touch by RC Mulund Hill View



On 5th October Club organised talk on Good Touch- Bad Touch & Menstrual Cycle & Hygiene at Rajiv Gandhi School, Mulund. Appox 100 girl students took the benefit of this talk.

Solar Light Distribution by RC Dahanu



On 11th October, the club installed 5 solar lights in remote areas which will benefit 500 to 700 people.

Project Bagban by RC Boisar Tarapur



To bring smile on the faces of our elders, Club organised a program for senior citizen at Pawar Vrudhhashram, Boisar

Food Distribution by RC Bombay Queen City



A whole day meal at JJ Gadge Maharaj Dharamshala was served.

Mental Health Awareness by RC Bombay Kandivli



Bombay Kandivli organised a Mental Health Awareness Session at Thakur College of Science and Commerce

Medical Camp by RC Mumbai Kandivali West



Medical camp at Ekveera School, Kandivali was conducted on 14th October 2023. Beneficiaries: OPD – 148, Cyclo RR -36, Squint – 01

Cycle donation to students by RC Mumbai Mahim



Rotary club of Mumbai Mahim members visited Katta, Malvan in Konkan and distributed 10 bicycles to school girls of different nearby schools. Note books were also distributed to students.

Cardiac Arrest Awareness by RC Bombay Uptown



Cardiac arrest awareness and treatment session at NKES Jr College, Wadala

Protein Hamper to TB Patients & Sewing Machine Donation by RC Bombay Bandra



Distributed high protein hamper to T B patients at municipal tb center



Singer Sewing Machines donation to ladies and young women at Bandra (E)

Medical Check-up Camp & Supporting the Youth by RC Bombay Hills South



Organized a Medical Check-Up Camp for senior citizens residing at All Saints Home in Mazgaon



Sponsored 37 students of SEC School-Naigaum (Society for the education of the challenged) for one year. The sponsorship is for their education, nutrition & health care. A cheque of Rs 9,25,000/ was handed over for SEC at Agridapa.

Project Annapurna & Mats Distribution by RC Bombay Mahakali Heights



Project Annapurna fed complete meals to the farmers along with their families at village Tarkhan Majra



Bombay Mahakali Heights with RC Biratnagar Central (Nepal) distributed 65 mats made from waste slippers & rubber scrap in their adopted village

Walkathon by RC Dahanu Seacoast



Organised Rotary Mental Health Awareness Walkathon for senior citizens

Free Medical Check-up Camp by RC Dahanu



Free ECG, Sugar, BP, HIV test along with Gynaecology, General, Skin, ENT, Dental Check up were also done. 20 Cataract Patients will be operated at Rotary Eye Hospital & 1 patient for Joint Replacement surgery will be done at SMTB Hospital

Action Across The District

Formation of Rotary Club of Mumbai City



Formation of Rotary Club of Mumbai City. Chief Guest DG Arun Bhargava

BMI & General Health Check-up by RC Manor Highway



Conducted screening of students from Ashramshalas for BMI & General health check up under Integrated Tribal Development Project.

Medical Check-up Camp & Lunch to Blind School by RC Mumbai Cuffe Parade



Mega Medical Camp held at Sind Model School & Nagpada Police Colony



Served lunch to 160 children of the blind school, teachers & staff members at Kamla Mehta Blind School, Dadar

Financial Literacy Camp by RC Mumbai Horizon



Organised a Financial Literacy camp for Domestic workers & other service staff

Needle Craft Project by RC Mumbai Kalakar



Organised with Shakti NGO skilling 23 women in embroidery, tailoring, etc. took the project one step forward by giving them a platform to sell

Waste Management Awareness & Yoga Session by RC Mumbai Kandivali West



An Awareness on Waste Collection and Management for the Interactors of Pawar Public school



Yoga Session conducted in Ekveera School kandivli

Action Across The District

Wall of Humanity by RC Mumbai Lower Parel



Extended support to the unique & inspiring initiative "Wall of Humanity"

Footwear Distribution by RC Mumbai Mahim



Distributed 41 brand new sandals to the children in KEM Hospital

Valedictory Function & Nation Builder Awards by RC Mumbai South



Valedictory Function & Nation Builder Awards at The Aryan School - Culmination of Youth Month Program. Chief Guest DG Arun Bhargava.

Thalassemia & Diabetes Awareness by RC SoBo



Rotary Sobo Thalassemia and Diabetes awareness and check-up camp for underprivileged girls at Smt. Kamala Mehta College at Versova

Education Session, Free Medical Camp & Healthy Diet Session by RC Virar



Education session for students of Gurukul International school at Virar west for grade 5 to 9



Free medical camp at Shri Vardhman Sthanakvasi Jain sangh. Chief Guest: Dr. Indumati Gopinathan

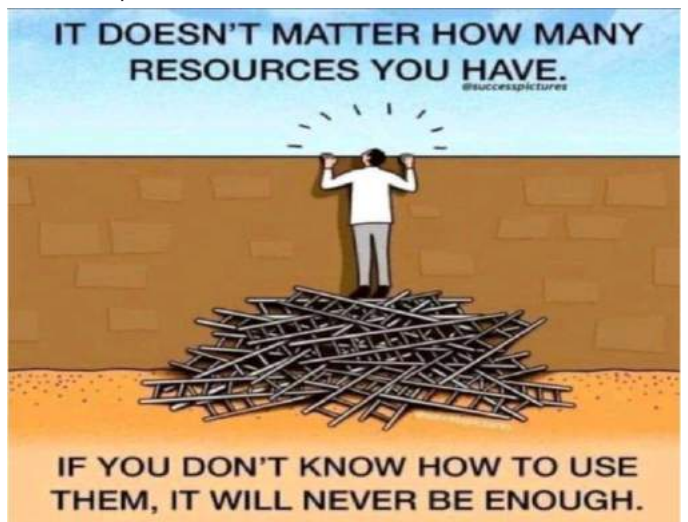


Virar Healthy Diet Session at Amul Factory

Swachhata Abhiyan at Railway Station by RC Palghar



Conducted Swachhata Abhiya at Palghar & Kelwe Road Railway Station



Rotary Premiere League



Rotary Club of Bombay Kandivli's first ever "Rotary Premier League" under the leadership of Incredible President S Ravichandran was a grand event with 12 Men's team and 8 Women's team participating from Thakur Village/Complex and Lokhandwala Township. The event started with a Zumba workout and thereafter, many electrifying moments with 200 players playing and another 400 cumulative audience encouraging the players.

DG Rtn Arun Bhargavaji visited the event and was present for more than an hour enjoying the moment. Valley of Flowers society team won the Finals in women's group while Dheeraj team won the Men's finals. PDG Prafull Sharma was the Chief Guest for the evening event. Various Awards were also given to deserving players chosen by the Umpire. Promotion stalls for Organ Donation Drive and Fund Raising Musical event scheduled for 6th Jan 2024 were on display for awareness.

Total about 600 people including players visited the event area. It turned out to be a major Public Image / PR exercise with not less than 5000 residents of Kandivli East coming to know about Rotary and this event. The tournament was Played for a cause (Old age home betterment).

R.Y.L.A.



Rotary Club of Bombay Mahakali Heights organised RYLA, Rotary Youth Leadership Awards at D.G. Khaitan International School at Malad West on 28th October 2023. It was a whole day event lead by president Pinky Rajgarhiya. The Tagline of the event was 'Leadership Ladder for Young Indian'. It was the first RYLA event in the District 3141 in West Zone. 12 Rotary Clubs of District 3141 co-hosted the event. The Clubs included

- 1) Rotary Club of Mumbai Juhu.
- 2) Rotary Mumbai Versova.
- 3) Rotary Club of Bombay west.
- 4) Rotary Club of Mumbai Iconic.
- 5) Rotary Club of Bombay North West Malad.
- 6) Rotary Club of Bombay Elegant.
- 7) Rotary Club of Bombay Airport.
- 8) Rotary Club of Bombay North Island.
- 9) Rotary Club of Bombay Bandra.
- 10) Rotary Club of Goregaon West
- 11) Rotary Club of Bombay Kandivali West.
- 12) Rotary Club of Mumbai Horizon.



120 Rotaractors of different colleges along with 50 Rotarians of Mumbai Clubs participated in RYLA. The program started with Speech by Chief Guest Mr. Sudhir Widge. Mr. Pankaj Phatarphod spoke about

'Envisioning the Future' and conducted activities with Rotaractors. Speaker Mickey Mehta, Holistic Health, Yoga and Fitness Coach spoke about Physical and mental challenges facing the Youth today. In the afternoon session Arun Wadhwa, President of Rotary Club of Mumbai Juhu apprised the Rotaractors about Mental Health Issues. This was followed by speech by Mrs Pinkky Rajgarhiya, President of Rotary Club of Bombay Mahakali Heights. She spoke about her personal journey and how she overcame the challenges at different stages of her life. At the end Awards and certificates were distributed to Rotaractors.

opportunity to participate in such celebration. Girl who was earlier supported by RC Borivali for her eye operation also enjoyed with her sisters. One visually challenged girl won the hearts of everyone present with her voice when she sang 3 lovely songs. Food was arranged for all.

Gifts by Dr. Umesh Khanna chairman, Mumbai Kidney Foundation were given to all the children present. More than 325 people including 225 children, their parents, teachers, guests and Rotarians participated in this event.

Navratri Celebration – RC Borivali



Navratri this year is very special as first ratri of Navratri was celebrated with God gifted special children - our ongoing most awaited project, which was started in year 2007. On Sunday, 15th October Club celebrated Ek Ratri Garba Night with special children of Posat foundation and Urja Foundation. It was a joint project of Inner Wheel Club of Borivali.

It was an incredible experience to see the joy, happiness and smile on the faces of all children and their parents. All dressed in navratri attires, with DJ music couldn't resist themselves from dancing forgetting all the obstacles they have in their life. Few street children were also invited, who danced their heart out to the DJ rhythm. It was the first time that these children got an

Udaan 2023 19th Interact District Conference



Lead Host Club: RC Mumbai Juhu, Incredible President Rtn Arun Wadhwa

Co – Host Clubs: RCM Airport, RCM North Island, RCM Bandra, RCM GenX, RCM Khar, RCM Parleshwar

An event to remember for years. The 19th Udaan was a super event wherein all the work and planning for the last couple of months showed in its flawless execution. The youth team of RC Mumbai Juhu made this a great celebration of the talents of the Interact students. The numbers of Udaan speak for themselves. The scale and the depth of the involvement of the interact students was phenomenal. Incredible DG Arun Bhargava graced the event as a Chief Guest and spoke about the unique opportunities that Interact gives to the students. DRR Astha, Avenue Chair Pankaj alongwith RCMJ President Arun Wadhwa, were the other speakers. The star speaker of the event was Mr. Rahul Ramgude who is a specially abled captain of the Indian Wheelchair Cricket team.

Incredible Actions



42 Interact Clubs, 3 competitions – Art, Dance and Service Project presentation

625+ Interactors attended Udaan physically, 352 paintings received for the Art competition

26 dance performances, 15 Service project presentations, 75 moderators and parents attended

School bus donation – PNI Project



Our commitment to the Rotary mission for National Integration Project under the able guidance of our DG Rtn Arun Bhargavaji unites us, believing that peace in the valley will ultimately foster peace in the entire nation. With this vision, the Rotary Club of Bombay Seacoast and The Bombay Seacoast Rotary Foundation embarked on its journey to make a meaningful contribution to this cause. We are proud to report that with the amazing efforts of our Director National Integration Dilip Thakkerji, we have successfully provided a vehicle to the Army Goodwill School in Kashmir, supporting education in the region.

Jai Hind!

President: **Rtn Ankush Jain**
Director – Club Service: **Rtn Ratnesh Desai**

Incredible Vibes



I for Eye

Eye is the important part of our body, it's not possible to imagine life without eyes, life without eyes is difficult. Rohan Dival Kothari an 11 year kid, student of 6th std, studying in zilla Parishad School, khedpada, Gholwad, Dahanu had issues of blurred vision. He wanted to Study, wanted to watch movies, He loved cricket, but his bad eyesight restricted his participation in any activities. RC Dahanu in association with RC Mumbai Bravehearts & RC Bombay Pier were having an reusable sanitary pads distribution in one of the tribal zilla parishad school when the school principal introduced them with this kid and his parents with a request for help.



Creating hope in the world is the mantra for our Incredible team and Rotarians swung into action almost immediately. PDG Sunnil Mehra, Incredible President Mayuri Bhasin of RC Bombay Pier, Rtn Khuzem Sakharwala, Rtn. Avinash Fathak, Rtn Dr Keiki Mehta & Dr. Cyrus Mehta took pains to ensure that after number of tests on 30th Oct, the kid got successfully operated and with the grace of God he will be able to see this beautiful world and will be able to achieve all his goals and hope for a better future.

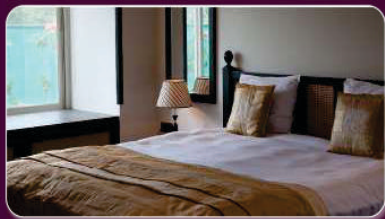
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Rotary District 3141 stretches all the way from Cuffe Parade in the South to all the way upto Dahanu in the North. To most it is the Metropolis of Mumbai along with its extended suburbs and some rural pockets. Very few know that our Geographical Area of District 3141 has a glorious history stretching back to centuries and has Monuments/ forts/ palaces/ caves and religious places which are Internationally famous but less known to us. In the GML issues of the Incredible Year, we shall make a modest effort to unravel these lesser

known Gems of District 3141. A lot of Rotarians will definitely have even more interesting stories and facts which will make amazing & interesting reading material.

We request you all to share any information you may have with us on poonam@opportunitiesindia.com

Together lets celebrate the History of the geographical areas of our Incredible District 3141!

Let us continue the journey with Little known
3 Time Zones !

Bombay Once Had **3 Time Zones !**

Was there a time when the city of Mumbai followed 3 different time zones simultaneously???????



Yes, this was actually true and people of Mumbai lived through the confusion for a good three decades of the 19th-century.

A hundred years ago, watches were a luxury item that few people owned. Public clocks fulfilled a real need for telling the time.

The city's clock towers across public buildings are the face of an era when time flowed leisurely. To know more of this time story one has to study the official documents of the time at the Maharashtra State Archives at Kala Ghoda.



'Bombay Time', was the time zone that only some parts of the city of Bombay followed. It was 4 hours and 51 minutes ahead of the Greenwich Mean Time (GMT), and was based on the movement of the sun. It was followed only in the city of Bombay from Sion to Mahim.

The rest of India, though, had their clocks set according to another standard, called the Railway Time (also known as Madras Time/Indian Mean Time), which was 5 hours and 21 minutes ahead of the GMT.

The 30-minute difference in the two time zones meant that when the clock tower showed 10 AM, the Railway Time would be 10.30 AM. Citizens of Bombay had learnt to live with these two time zones. People would leave half an hour early by Bombay Time if they had to catch a train by Railway Time. It did cause confusion sometimes, and as Sir James Fergusson (the Governor of Bombay from 1880 to 1885) found out, it wasn't too uncommon that people missed their trains when they failed to factor in the time difference.



Bombay people thought they were special, and they still do.



But having two time zones wasn't the end of Bombay's confusion with clocks. Because it was one of the most important port towns of the country, the seafronts on the East side of the city followed another TIME known as the Port Standard Time. Astronomer at the Colaba Observatory, Nanabhoy Ardeshir Framji Moos, set the Port Standard time to be ahead of GMT by 5 hours.

And yes, moving through the city in those days was like moving between time zones, while still being in the same city. Clock towers, church bells, time signals and railways were all functioning on different time standards. However, until the turn of the century, clock precision didn't matter much. 30 minutes here and there was not a problem. It was only after the invention of the telegraph, that the need for accuracy arose.

SOME OF THE ICONIC CLOCKS

- *The magnificently crafted time pieces that crown the CST building.*
- *Rajabai Tower are the most prominent clock towers.*
- *The naval dockyard near the Lions Gate has a clock tower.*
- *Sailor's Home in Dana Bunder, Byculla Zoo keeps time by an old clock.*

Prince's Triumphal Arch stands on Bhulabhai Desai Road. Pale ochre in color, the arch is supported by little ornate Corinthian pillars domed by a beautiful clock at the top. The tower was built in 1905; the blue windows on the sides of the clock give it a nice antique touch. There is a small verandah beside the clock with a ladder going right up used when winding the clock and cleaning the monument.

Thankfully, all this was put to an end, when the entire country, including Bombay, adopted a standard time, which we now know as Indian Standard Time (IST), set by the longitude of the observatory in Allahabad.

But again, Bombay, thanks to its need for exclusivity, refused to add 39 minutes to their clocks to keep up with IST. It became their way of standing up against the colonial masters. Workers in Jacob Sassoon Mill went on strike when the time was changed from 5.30 AM to

6.09 AM. It was only in 1950, when Bombay city was unified with suburban Bombay, that the city finally adopted the IST.

-Rtn. Poonam Bijoor

Revisit India's **Frida Kahlo**



Hungarian Gypsy Girl



Amrita Sher-Gil

Amrita Sher-Gil was one of the most impressive as well as the most gifted Indian artists of the pre-colonial era. She was also the youngest as well as the only Asian artist to be elected as an Associate of the Grand Salon in Paris. For her work 'Young Girls', she was awarded with a gold medal in Paris, which was considered as a prestigious award there. The works of Amrita Sher-Gil have been declared as National Art Treasures by the Government of India. Most of her paintings adorn the National Gallery of Modern Art in New Delhi. Though her paintings were largely unsold while she was alive, they fetched impressive amount of money later on, making her one of the priciest Indian women painters of all-time. In 2021, a 1938 oil on canvas by Amrita Sher-Gil titled In the Ladies Enclosure fetched ₹37.8 crore (\$ 5.14 million) at the summer live sale of Mumbai auction house Saffronart.

During the initial stages of her career, Amrita's works deeply reflected her Western influence and her technique was similar to the paintings that were practiced in the Bohemian circles. While in Paris, she came up with a number of paintings depicting her own life in Paris. Around this time, she created 'Young Girls', which gained wide recognition and appreciation. Amrita Sher-Gil returned to India in the year 1934 and began her never-ending journey of trying to decode the traditions of Indian art. She was influenced by the Mughal as well as the Ajanta paintings. In 1937, she began her journey to the southern parts India and was deeply moved by the plight of many villagers and unprivileged people. This started reflecting in her works and eventually gave rise to paintings such as 'Brahmacharis', 'Bride's Toilet' and 'South Indian Villagers Going to Market'. Amrita Sher-Gil is often considered as the pioneer of modern art in the country as her works influenced and inspired a number of modern day greats. India Post released a stamp of her painting 'Hill Women' in the year 1978. There is a road named after the painter in Lutyen's Delhi, known as the Amrita Shergil Marg. Budapest's Indian cultural center has been named after her. In 2013, the 100th anniversary of her birth was declared as the international year of Amrita Sher-Gil by UNESCO

- Swapan Sengupta

Gallery



Young Girls - 1934



Self Portrait - 1931



South Indian Villagers Going to a Market



The Little Girl in Blue

सोशल मीडिया का प्रभाव-जीवन का बदलता भाव

विज्ञान कहता है-मनुष्य एक प्राणी है। समाजशास्त्र उसे थोड़ा और विस्तृत करके समझाता है कि मनुष्य एक सामाजिक प्राणी है। अतः समाज के साथ जुड़ना, मिलना-जुलना उसके स्वभाव का अभिन्न अंग है। आज की तनावपूर्ण परिस्थिति और भागदौड़ भरी जिंदगी में सोशल मीडिया मानो कुछ पल के सुकून की छाँव-सा है। अपने पुराने दोस्तों से जोड़ता, दूर रहते रिश्तेदारों से रिश्ते गहरे कराने वाला सुहाना सुनहरा माध्यम सोशल मीडिया। सोशल मीडिया हमें सबके साथ जोड़कर रखता है। सभी के सुख-दुःख में हमें परोक्ष रूप से शामिल रखता है और सभी हमारे सुख-दुःख के सच्चे साथी है यह जताता है।

पर, जैसे कि संस्कृत में कहा है, “अति सर्वत्र वर्जयेत्” यानी किसी भी वस्तु का अधिक सेवन हानिकारक होता है-ठीक उसी प्रकार सोशल मीडिया का अत्याधिक उपयोग आज विनाश का रूप धारण कर चुका है। सोशल मीडिया में दिन रात डूबा व्यक्ति स्वयं का तो विनाश करता ही है, साथ में अपने परिवार, पारिवारिक रिश्तों एवं मूल्यों का भी विनाश करता है। यह स्थिति आगे चलकर पारिवारिक, सामुदायिक एवं सामाजिक सर्वनाश का कारण बन सकती है। होना यह चाहिए कि हम सोशल मीडिया का उपयोग करें किंतु चित्र ऐसा प्रतीत हो रहा है मानों सोशल मीडिया हमारा उपयोग कर रहा है। आज इंसान इस सोशल मीडिया के मायाजाल में इतना फंस चुका है कि वास्तविक दुनिया से दूर होता जा रहा है। इंसान धीरे-धीरे सोशल मीडिया की कठपुतली बनकर भावनाशून्य और विवेकशून्य होता जा रहा है। उसका हंसना-रोना, खाना-पीना, खुशी-गम सब कुछ मानों सोशल मीडिया के इर्द-गिर्द ही घूमता है।

सोशल मीडिया पर कुछ अच्छा पढ़कर खुश होता इंसान दूसरे ही पल कुछ और पढ़कर चिंतित, उदास हो जाता है। एक ही वक्त में वह मृत व्यक्ति को श्रद्धांजलि देता है, दूसरे को कामयाबी की मुबारकबाद। ये सब केवल तकनीकी क्रिया के रूप में होता है-सच्ची भावना कोसों दूर होती है। उसके लिए हर एक रिश्ता धीरे-धीरे औपचारिक रूप धारण करने लगता है। मानवीय सहज क्रियाएं, भावनाएं आज दिखावा बन चुकी है। दिखावे से दूर रहने वाला इंसान भी आज अपनी छोटी से छोटी बात बढ़ा-चढ़ा कर सोशल मीडिया पर रखकर झूठी तारीफ़, झूठा अफ़सोस बटोरता है। सोशल मीडिया के खोखले विश्व को अपना-सा समझने लगा है और एक ही छत के नीचे रहते अपनों से कभी ना ख़त्म होने वाली दूरियां बना बैठा है।

एक वक्त था जब तीन घंटे का सिनेमा देखते-देखते इंसान उस काल्पनिक दुनिया में खो जाता था। वह काल्पनिक सफ़र उसे रोमांचित करता था और तीन घंटे बाद जब वह अपनी वास्तविक दुनिया में लौट आता था तो अपने आप को नए सपनों से सजा स्फूर्तिला महसूस करता

था। बढ़ते हुए सोशल मीडिया के प्रभाव में आज इंसान सत्य को काल्पनिक मानने लगा है और कल्पना से भरी दुनिया को सच। न वह सही-गलत में भेद कर पा रहा है न ही अच्छे-बुरे में।

आज कितने ही ऐसे उदाहरण समाज में मौजूद हैं जहाँ सोशल मीडिया के अतिरेक से आपसी आंतरिक संबंधों में दूरियां आ चुकी है। रिश्ते क्रमशः मृतप्राय हो रहे हैं। इंसान गलतफहमियों और अलग-अलग शारीरिक-मानसिक बीमारियों का शिकार बनता जा रहा है। हमारी युवा पीढ़ी दिशा-शून्य बनती जा रही है। सोशल मीडिया पर अपना आदर्श ढूँढ़ रही है और महात्मा गांधी, शिवाजी महाराज, सुभाषचंद्र बोस, महाराणा प्रताप इत्यादि को काल्पनिक पात्र।

सोशल मीडिया पर चलती अफवाहों, बहस और खबरों से स्वयं को सातक, अनुसातक समझती हमारी युवा पीढ़ी जीवन के मूल मंत्र, जीवन जीने की सही शैली को खो रही है। छोटे छोटे बच्चों की स्थिति और भी गंभीर है। इनके लिए सोशल मीडिया ही जीवन का लक्ष्य और परम सत्य प्रतीत हो रहा है। सोशल मीडिया की भ्रामक दुनिया ने उनसे उनका बचपन, उनकी सहजता, उनकी कल्पनाशक्ति, उनके सपने, उनकी क्षमता सब कुछ छीन लिया है। ज़िद, गुस्सा, चिड़चिड़ापन आज के बच्चों में आम दिखाई देता है जो आगे चलकर कई मानसिक तनाव का कारण बनता है। जीवन की सच्चाई, मुश्किलों से ये कोसों दूर है इसीलिए जब जीवन की हकीकत से ये टकराते हैं तो बिखर जाते हैं, टूट जाते हैं। इंसान का आत्मविश्वास आज कम होता जा रहा है। हर एक को अपना मानने का दावा करता हुआ ये कभी ना ख़त्म होने वाले शक के घेरे में घिरा रहता है। कहने का तात्पर्य यह नहीं है कि सोशल मीडिया बुरा ही है। बुरा उसका अतिरेक है।

एक प्रसिद्ध साहित्यकार ने अपनी व्यंग्यात्मक शैली में आधुनिक उपकरणों के बारे में कहा है, “आजकल हम इन उपकरणों में लगे हैं।” कितना यथार्थ है यह! सोशल मीडिया का दुरुपयोग या विवेकहीन उपयोग सचमुच घातक है। सोशल मीडिया से कब और कैसे तथा कितना जुड़ना चाहिए, उस पर दिखाई जाने वाली बातों पर कितना गौर करना यह हमारे ऊपर निर्भर करता है। सोशल मीडिया का आविष्कार इंसान को अकेलेपन का एहसास ना हो इसीलिए हुआ था, पर आज सोशल मीडिया में डूबा इंसान वास्तव में सबसे ज्यादा अकेला है। हम पर सोशल मीडिया का ऐसा प्रभाव हमें बर्बाद कर सकता है। उसका विवेकपूर्ण उपयोग जहाँ हमें मनोरंजन प्रदान करता है वहीं उसका विवेकहीन, अमर्यादित उपयोग हमारा सर्वनाश कर समाज में भी अराजकता फैला सकता है।

-Rtn. Atmaja Kasat



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Rtn. Mona & Rtn. Manish Gyani



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