

VIBE

TOGETHER WE CAN, TOGETHER WE WILL



Rotary
District 3141



**Governor's Monthly Letter,
Issue 4, October 2024**



**THE CSR CONCLAVE...
A CATALYST FOR IMPACT**

Landmark Projects of Rotary Club of Borivli

VOCATIONAL LOAN SCHOLARSHIP



Dr. S. S. PANDYA MEMORIAL ROTARY BORIVLI VOCATIONAL LOAN SCHOLARSHIP

'Dr. S. S. Pandya Memorial Rotary Borivli Vocational Loan Scholarship' is a vocational service project of Rotary Club of Borivli which has been initiated with the generous donation from TRF Trustee PRID Dr. Bharat Pandya in fond memory of his father Late Dr. Surendra S. Pandya. This project is formulated to help the needy brilliant students of our society.

Scholarship is granted as interest free loan to students who are academically sound but economically weak. The loan given is then repaid in easy installments after applicant completes course of study and is capable of repaying the loan. This makes project self-financing.

This project was launched in July 2007 under the leadership of Rtn. Mahesh Mistri as Project Chairman along with Vibrant President Harish Chandarana & PP Nitin Majithia as committee members. Many deserving students are benefited since its launch.



Educational Support to needy brilliant students

Contact for Details

Rtn. Mahesh Mistri : 9870275751

From the EDITOR-IN-CHIEF



The Magic of Rotary UNFOLDS IN SEPTEMBER

Dear Fellow Rotarians,

As we turn the pages of another incredible month in our Rotary journey, I am filled with immense pride and gratitude for the relentless passion and dedication each one of you has demonstrated. September was truly a month where the 'Magic of Rotary' was visible across every sphere of our district, affirming that together we can, and together we will, continue to build on the vibrant legacy of Rotary District 3141.

A GLORIOUS RECOGNITION FOR OUR EFFORTS

One of the highlights of this month was that Rotary Foundation India had been recognized as the best CSR implementing partner at 14th India CSR Award night.

THE FIRST-EVER VIBRANT ROTARY CSR CONCLAVE

September also witnessed the grand success of the Vibrant Rotary CSR Conclave held on the 27th, my vision that came to fruition through the collective efforts of our team and the exemplary leadership of President Kamlesh Shroff, Convenor Rupen Doshi & passionate team of lead host club RC Bombay Pier along with DC CSR Akshay Mehta and very able district CSR team. With the esteemed presence of Commerce Minister of India, Shri Piyush Goyal, and TRF Trustee Chair, Mark Maloney, the event was a confluence of ideas, partnerships, and future collaborations.

The conclave served as a platform to showcase the incredible work being done by Rotary clubs across the district and how corporates can synergize with us to magnify the impact. Our focus on projects such as paediatric heart surgeries, vibrant Anganwadis, water check dams, and medical initiatives resonated strongly with the attending dignitaries and corporate leaders. This event has set the stage for more robust partnerships, promising a brighter future for the communities we serve.



On the Cover: Moment from the Vibrant CSR Conclave 2

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CELEBRATING THE POWER OF TOGETHERNESS WITH RI PRESIDENT- ELECT MÁRIO CÉSAR MARTINS DE CAMARGO

Another momentous occasion was the visit of RI President-Elect Mario to our district. The event, hosted by RC Mumbai Juhu under the stellar leadership of President Subhashis and his team, was a magical evening that truly embodied the spirit of Rotary fellowship. It was heartening to see the camaraderie and collective enthusiasm of Rotarians, as we engaged in fruitful discussions and shared our district's vision for the future.

A special mention must be made of our visit to the SRCC Hospital project. RIPE Mario was visibly moved by the impact of our paediatric heart surgery project, which has given a new lease of life to countless children. This visit not only showcased our district's commitment to health and medical outreach but also reaffirmed the global significance of Rotary's work.

UNVEILING NEW HORIZONS: THE VIBRANT TRF SEMINAR

The Vibrant TRF Seminar held on September 13th was another feather in our cap. With TRF Trustee Dr Bharat Pandya gracing the event, we celebrated the generosity of our donors and the power of The Rotary Foundation in transforming lives. The seminar not only raised a remarkable \$115,000 for the Vibrant Anganwadi project but also reinforced the ethos of giving and the unparalleled impact of Rotary's global grant model.

Kudos to President Dr Susan, Convenor Amit of lead host club RC Bombay Powai and DC TRF Manish and his team for orchestrating an unforgettable seminar. Their dedication ensured that every Rotarian present felt inspired and equipped to contribute towards Rotary's mission of doing good in the world.

EMBRACING NEW BEGINNINGS AND STRENGTHENING OUR BONDS

September also marked the launch of several new initiatives aimed at enhancing our outreach and impact. The Vibrant Anganwadi Project continued to gain momentum, touching the lives of children and families across the district. Our adult literacy programs and the Vibrant Study app have been instrumental in bridging educational gaps and empowering communities. Hats off to efforts of DC AKS Nikunj and team for their

outstanding efforts.

I am also deeply touched by the unwavering support of Jwala, our First Lady, whose belief that Rotary is a family affair resonates profoundly. Her efforts in engaging the families of Rotarians have enriched our district's spirit of camaraderie and inclusiveness.

Looking Ahead with Optimism and Determination

As we step into October, let us carry forward the momentum and spirit of September. There is still much to be done, and I am confident that with the collective strength of our district, we will continue to achieve great things.

I urge each one of you to stay engaged, stay inspired, and most importantly, continue to believe in the magic of Rotary. Together, we are a force for good, a beacon of hope, and a source of endless possibilities.

Yours in Rotary,

Chetan Desai

District Governor, RID 3141

A Quarter WELL-LIVED

Fellow Rotarians, how are you after the first quarter of our term in the Rotary year 2024-2025? We are thrilled with the remarkable work done by all clubs in humanitarian service projects. Notably, we've welcomed over 500 new members and contributed nearly \$1 million to The Rotary Foundation.

October focuses on Economic and Community Development, one of Rotary International's seven Areas of Focus. As we work towards strengthening financial and social stability in our communities, we must recognize the global need. By supporting community development and entrepreneurs, we can help improve conditions globally and locally. Clubs can foster economic growth by expanding vocational training, partnering with lenders, or supporting nonprofits that assist entrepreneurs.

Our District is home to many inspiring stories where we have transformed thousands of lives through economic development projects, whether by offering vocational training, initiating community development in rural areas, or providing essential tools to help people achieve self-sufficiency. One best example is providing Pink Auto (Auto rickshaw for women).

Of course, developing strong communities is impossible without strong public health. On 24 October, we celebrate World Polio Day and Rotary's success in reducing polio cases by 99.99% since 1988. New initiatives like the Polio Plus Society and End Polio Fellow recognition for individuals and End Polio Champion recognition for clubs will drive continued support for eradication efforts.

In India, from September, the festive season starts with Janmashtami, followed by Ganesh Chaturthi, Navratri and Diwali, wherein Ganesh Chaturthi generates over ₹5000 crore in economic activity. The festival not only fosters hope but also aids underprivileged communities financially.

Lastly, as Rotary embraces the environment as a new focus area, we highlight eco-friendly celebrations during this festive season by fellow Rotarians in our District 3141.

Wishing you all a happy festive season!

Ashish Tapiawala,
District Coordinator Publications



**To order the Vibrant District
Directory scan the code:**



The Role of Women in **ECONOMIC DEVELOPMENT**



A Perspective from Rotary's First Lady

AS we celebrate October, Rotary's Community Economic Development month, I am reminded of the profound impact women have on economic growth and community prosperity. Women are not only integral to family and societal well-being but also to the economic fabric of our world. Empowering them is not just a matter of social justice; it is a proven pathway to sustainable economic development.

In many communities, women are the backbone of economic activities—whether through entrepreneurship, leadership in grassroots movements, or their crucial contributions to sectors such as agriculture, healthcare, and education. Studies have consistently shown that when women thrive, communities prosper. They reinvest up to 90% of their income into their families, ensuring better health, education, and overall quality of life for future generations. This multiplier effect amplifies community resilience and growth.

Yet, despite their contributions, women often face significant barriers, from limited access to financial resources and education to societal norms that restrict their economic participation. This is where Rotary's work becomes vital. Through projects like microfinance initiatives, vocational training, and leadership programs, Rotary empowers women to take control of their economic futures.

As we advance Rotary's vision in District 3141, I encourage us all to deepen our commitment to projects that promote gender equality and economic opportunities for women. We must recognize that investing in women's economic empowerment is not just a strategy for poverty alleviation but a cornerstone of sustainable development.

Together, through the Magic of Rotary, let us build communities where women lead, succeed, and inspire future generations toward economic independence.

Jwala Desai
First Lady of Rotary District 3141

From the MANAGING EDITOR'S Desk



Rotary
District 3141



A Shared Vision for Positive Change

CORPORATE Social Responsibility (CSR) has become a cornerstone of modern business, emphasizing the importance of companies giving back to society. This aligns perfectly with Rotary's core values of service, ethical leadership, and community development. Both CSR and Rotary are committed to improving lives, building sustainable communities, and promoting goodwill across the world.



District 3141's first-ever CSR Conclave, held at the iconic NSE, brought together the on-the-ground insights of Rotary clubs and like-minded corporate donors, ensuring that CSR initiatives address real needs. From education and health to environmental conservation, the limitless potential found a beautiful platform where social impact is increasingly valued.

This month also witnessed another significant gathering, the TRF Seminar, celebrating the spirit of giving among Rotarians. Both of these events are featured in this issue.

We also shine a spotlight on the district's literacy initiatives, focused on empowering minds through education.

With the festive season around the corner, Ganpati Bappa graces our pages from the homes of District Rotarians.

Wishing everyone Happy Festivities!

Sree Nandy
Managing Editor

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Bringing in the festivities

The Golden Handshake for FUTURE PROGRESS

BY RTN SAURABH SONAWALA
ZONAL CHAIR (SOUTH) - CSR

A strong partnership goes a long way. When two giants in the social service sphere – Rotary District 3141 and the Corporates of India – come together to cement their relationship, the result is a shared together journey. On an evening when the skies opened its heaviest downpour, an event to showcase this shared partnership – the Rotary CSR Conclave – was underway at the iconic National Stock Exchange in the Bandra Kurla Complex. The downpour did not dampen the spirit of service as Rotarians and the leaders of the industry came together to light the lamp of shared service. The event, on the evening of September 27, was led by DG 3141 Rtn Chetan Desai, District Chair (CSR), rtn Akkshay Mehta, Convenor Rtn Rupen Doshi and President of the host club, Rotary Club of Bombay Pier, Rtn Kamlesh Shroff was a resounding success.

The event was graced, not only by Rtn Mark Maloney, Past RI President and TRF Trustee Chair as well as Rtn Dr Bharat Pandya, Past Rotary International Director and TRF Trustee, but also by Rtn Piyush Goyal (that's not a typo – he is a Rotarian), Union Minister for Commerce & Industry and Ashishkumar Chauhan, CEO, NSE. Also present were poet and actor Shailesh Lodha and Prof Bipin Jojo,

Dean of Tata Institute of Social Sciences.

The object of the event was to start building an ecosystem around Corporate CSR and Rotary. It is expected that more companies will see Rotary as the ideal partner to ensure that their CSR funds

are used wisely and efficiently to benefit the community in their chosen area of focus and more Rotary clubs get access to CSR funds to execute their service projects. A project booklet listing over 70 projects was given to all the corporate invitees.



The event was divided in 3 parts:
Demo Gallery, Knowledge Sharing
and CSR Awards

DEMO GALLERY

A dedicated space was set up for display of projects by Rotary Clubs. About 30 projects are showcased by clubs to corporate invitees. Many visitors were seen interacting with the clubs to understand the various projects. They also interacted with many Rotarians to understand how they can work together.

KNOWLEDGE SHARING

At the beginning of the session, during the lighting of the lamp, AI enabled glasses were given to two visually challenged girls. These glasses are equipped with sensors, cameras, and AI algorithms to interpret the environment and provide useful information.

DG Rtn Chetan talked about the amazing work done by our district in just a few short months and significant contributions made to TRF. He touched upon the strong correlation between Rotary's Areas of Focus and the permitted



activities under the CSR rules. He also emphasized that TRF has been receiving the highest rating by Charity Navigator, a global rating agency for NGOs, every year for 15 years. He also announced that at a meeting with the Vibrant Presidents and Mark, just prior to the event, US\$ 55,000 was committed on the spot towards an endowment.

PRID and TRF Trustee Rtn Dr. Bharat Pandya emphasized

that while most NGOs have administrative costs between 25 – 50 %, for CSR projects executed by Rotary, this cost is between 3 – 5 %. This is because most of the project work, especially the oversight and stewardship, is undertaken free of cost by Rotarians, who are not only professionals in their own right, but often domain experts as well. He also explained the extremely high stewardship standards followed by TRF and Rotarians.

Dr. Jojo, Dean of TISS said that the three pillars of a successful service project are Time, Money and Expertise and Rotary is able to contribute all of these due to its collective and collaborative nature. He appreciated the connection and partnership with Rotary.

Ashish Chouhan, CEO NSE was appreciative of the opportunity to partner with Rotary for this event. He said that, as a past Rotarian he was keenly aware of the exemplary work being done by Rotary. He also explained about NSE's new initiative, the Social Stock





Exchange, that brings together social enterprises and donors.

The honourable minister, Rtn Piyush Goyal, as a member of the Rotary Club of Bombay Pier, said he was very proud of the work being done by his club and by all Rotarians. He constantly referred to “our work” and “our time”. He explained that giving back to society was a concept he learnt from his parents since childhood. He expressed the joy he felt when he could contribute to improving the life of people less fortunate than us. He also appreciated the work being done by corporates over the years, whether required

by law or not, in ploughing back some of their profits to benefit the society in general because, it was the Indian ethos.

TRF Trustee chair, Mark Maloney, was appreciative of the Hon Minister’s speech and correlated how he also learnt lessons on contributing to society early in his life. He talked about TRF’s global experience in “Doing good in the world”. He talked about learning from his future father-in-law the idea of “paying your civic rent” for occupying the space in the world and that this is done by doing service for the community.



CSR AWARDS

This year Rotary District 3141 decided to recognise all the good work being done by Corporates through their Corporate Social Responsibility (CSR).

Entries were invited from Corporates who had done excellent projects benefitting the community at large, in consonance with five (of the seven) Areas of Focus identified by Rotary Foundation. One award was given in each category - Disease Prevention and Treatment; Basic Education and Literacy; Community & Economic Development; Environment; Water, Sanitation and Hygiene

From the numerous, high-quality entries that were received, 45 were carefully studied, debated and judged by an elite panel of judges consisting of: Peecom Basu (Assistant Professor Tata Institute of Social Sciences) and the Jury Co-ordinator, Abhishek Karnani (Founder and Managing Director Free Press Journal), Madhu Chhibber (Executive Vice President and Head of Corporate Communications - HDFC Bank Ltd) and Pratibha Pai (Founder/ Director Chirag Rural Development Foundation).

The entries were judged through a very stringent process, with hours of discussions and the winners were judged on the following criteria: Need Assessment; Holistic Implementation; Impact Assessment; Sustainability.

The winners included:

DISEASE PREVENTION & TREATMENT

Mahanagar Gas Limited – for their holistic approach to health, promoting health of marginalised people - from children to adults to livestock and Using technology for monitoring the work that includes live feedback.

BASIC EDUCATION & LITERACY

In this category there was a tie

Tata Class Edge Limited. The initiative enhances Basic Education and Literacy by improving the accessibility of quality content to the unreached....and orienting teachers in the integration of technology for improving

teaching-learning, evaluation, and ‘ professional development”

Hyundai Motor Private Limited.

For their Increase access to practical, hands-on science education for economically disadvantaged government school children has resulted in a 20.9% increase in science knowledge, and they sustain the initiative through training of teachers in government schools.

The Jury gave a special mention in this category to Connect Chemical India - for helping provide a place for education and long-term support to 9 primary teachers who, in turn, teach approximately 450 students every year and use Malkhamb for the physical and mental well-being of the students.

COMMUNITY AND ECONOMIC DEVELOPMENT

Rallis India Ltd. For the skills implemented as per local market demand while aligning with the interest of beneficiaries as well.

In FY24, 722 individuals initiated self-enterprises, and 22 became job creators, providing jobs for 30 people.

ENVIRONMENT

Sudarshan Chemical Industries Ltd. A community driven water resource development model, that provides technical solution to address the severe water scarcity as well as inputs on water conservation and awareness on sustainable agricultural practice.

WATER, SANITATION & HYGIENE

Crompton Greeves Consumer Electricals Limited For their Watershed Initiative that integrates environmental restoration and economic empowerment. Planting of Mango trees reduce soil erosion, improve water retention, and contribute to carbon sequestration, while also providing livelihood by generating ₹2.5 crore annually.

Rtn Piyush Goyal, presented the awards to the winners

EDITED BY HAIMA DESHPANDE



New Leaders, New Horizons INSTALLATIONS OF VIBRANT PRESIDENTS



Rotary Club of Bombay Airport

The Rotary Club of Bombay Airport proudly installed Rtn. Apurva Patel as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 01/07/2024.



Rotary Club of Bombay Seacoast

The Rotary Club of Bombay Seacoast proudly installed Rtn. Nitin Shah as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 04/07/2024.



Rotary Club of Mumbai Western Elite

The Rotary Club of Mumbai Western Elite proudly installed Rtn. Vinay Khetawat as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 07/07/2024.



Rotary Club of Mumbai North End

The Rotary Club of Mumbai North End proudly installed Rtn. Arun Kumar Khetan as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 10/07/2024.



Rotary Club of Bombay Peninsula

The Rotary Club of Bombay Peninsula proudly installed Rtn. Kailash Rajani as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 11/07/2024.



Rotary Club of Mumbai Elite

The Rotary Club of Mumbai Elite proudly installed Rtn. Nilesh Hindurao as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 13/07/2024.



Rotary Club of Bombay Harbour View

The Rotary Club of Bombay Harbour View proudly installed Rtn. Kajal Dhall as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 24/08/2024.



Rotary Club of Bombay Queen City

The Rotary Club of Bombay Queen City proudly installed Rtn. Ajay Agarwal as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 20/07/2024.



Rotary Club of Garden City Mumbai

The Rotary Club of Garden City Mumbai proudly installed Rtn. Priyanka Talreja as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 24/08/2024.



Rotary Club of Mumbai Mulund South

The Rotary Club of Mumbai Mulund South proudly installed Rtn. Dr. Sachu Ramalingam as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 25/07/2024.



Rotary Club of Mumbai Greens

The Rotary Club of Mumbai Greens proudly installed Rtn. Shweta Mohite as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 25/08/2024.



Rotary Club of Mumbai Juhu Elite

The Rotary Club of Mumbai Juhu Elite proudly installed Rtn. Jayesh Khemka as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 25/08/2024.



Rotary Club of Organ Donation International

The Rotary Club of Organ Donation International proudly installed Rtn. Lal Goel as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 01/09/2024.



Rotary Club of Bombay Metropolitan

The Rotary Club of Bombay Metropolitan proudly installed Rtn. Ketki Nisar as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 15/06/2024

COMPILED AND EDITED BY NARESH BAJPAI

Vibrant

*Driving Impact With Vibrant Action:
Empowering Communities Through Service Projects.*



GANPATI IDOL-MAKING WORKSHOP BY ROTARY CLUB OF MULUND

Club President: Rtn Seema S Joshi

Area of Focus: Education, Environment.

Location of Project: Rotary School for Deaf

Date of Execution: 30th August 2024

Project Description

Rotary Club of Mulund organized a Ganpati Idol-making workshop for students aged 6 to 16, using eco-friendly Shadu Clay. The three-hour workshop beautifully combined spirituality, creativity, art, education, and environmental awareness. Even the youngest participants crafted impressive Ganpati idols. Students were provided with snacks and educational kits, and eight outstanding participants received prizes. The event, which fostered both learning and environmental consciousness, was led by Project Chairman and President Seema Joshi, with support from Ansuyaben Shah, Tara Malde, and Nutan Dhulla.

Number of Beneficiaries: 50

Rotarian-hours Spent: 20

Value of the Project: INR 15,000/-

Sponsors/Partners: Ansuyaben Shah





PROJECT DIGNITY BY ROTARY CLUB OF MUMBAI ELEGANT

Club President: Rtn Dr Nidhika Bahl
Area of Focus: Maternal & Child Health
Location of Project: Tata Compound School (Andheri W) and Vidhyanidhi School (Juhu)
Date Of Execution: 28th August – 29th August 2024

Project Description
Project Dignity successfully promoted menstrual health and hygiene by distributing 10,000 sanitary pads at Tata Compound School and Vidhyanidhi School on August 28th and 29th. The initiative was made possible by Shweta Malpani’s generous donation and talks by her and Dr Pankti Shah, which empowered numerous women. Gratitude to Women Empowerment Director Mala Kabra, President Nidhika Bahl, Treasurer Pooja Jain, and dedicated directors, chairpersons, and members for their unwavering commitment and coordination. Together, the club is equipping women and girls with essential resources and knowledge for a healthier future.

Number of Beneficiaries: 1000
Rotarian-hours Spent: 47
Value of the Project: INR 1,00,000/-
Sponsors/Partners: Shweta Malpani



BREAST CANCER SCREENING CAMP CONDUCTED BY ROTARY CLUB OF MUMBAI ELEGANT

Club President: Rtn Dr Nidhika Bahl
Area of Focus: Disease Prevention and Treatment
Location of Project: Colaba Military Station
Date Of Execution: 21st August 2024

Project Description
The club successfully completed a breast cancer screening camp at Colaba Military Station, in partnership with the Military and the Army Wives Welfare Association. In all, 165 scans were arranged providing vital health screening to the community. Medical Director Sangeeta Jain, Mohan Jain, Joint Secretary Disha Bathija, and Madhavi Parekh were instrumental in carrying out the project with support of President Nidhika Bahl, Medical Director Dr Pankti Shah, and Club Secretary Priya Parikh. With the continued unwavering support of Rotary Club of Mumbai Nova, the club looks forward to organizing more impactful events for our cause.

Number of Beneficiaries: 165
Rotarian-hours Spent: 50
Value of the Project: INR 60,000/-
Sponsors/Partners: Disha Bathija and Madhavi Parekh



BREAST SCREENING CAMP BY ROTARY CLUB OF MUMBAI GHATKOPAR WEST

Club President: Rtn Shruti Dharamsi
Area of Focus: Breast cancer awareness and screening
Location of Project: Vista 1 Meeting Hall, Ghatkopar West
Date of Execution: 12th September 2024

Project Description
The Rotary Club of Mumbai Ghatkopar West, in partnership with the Rotary Club of Nova, successfully conducted a breast screening camp to promote early breast cancer detection. Using the innovative, painless, and radiation-free iBreastExam device, the camp provided critical screenings for women over 18. Those with positive findings were guided toward discounted mammography and sonography services. through Suburban Diagnostic, accessible via a special QR code. Led by PP Tejaswini Rane, the project offered free screenings, raising vital awareness and ensuring follow-up care, significantly impacting community health and preventive care.

Number of Beneficiaries: 60
Rotarian-hours Spent: 80
Value of the Project: INR 20,000/-
Sponsors/Partners: Self-funded



VYAKTI VIKAS PROJECT FOR UNDERPRIVILEGED CHILDREN BY ROTARY CLUB OF MUMBAI KANDIVLI WEST

Club President: Rtn Devsingh Shahani
Area of Focus: Basic Education and Literacy
Location of Project: In and around Kandivli West
Date of Execution: Ongoing project

Project Description
A holistic 77-hour course spanning 25 weeks was designed for 50 underprivileged secondary school students to enhance their mental, emotional, spiritual, and physical faculties. Aimed at addressing the gaps in today’s education system, the program focuses on consciousness development, preventive healthcare through yoga, intellectual and emotional growth, and financial mindset training. By fostering well-rounded individuals, the course empowers students to live life fully and become valuable assets to their families, communities, and society at large, promoting both personal prosperity and collective well-being.

Number of Beneficiaries: 300 students from 6 schools
Rotarian-hours to be spent: 462
Value of the Project: INR 8,00,000/-
Sponsors/Partners: Rotarians, family members and friends, and CSR
Partners: Rise Development Academy, Equipoise Learning Academy, Art of Living, and Rotary team



FOOD DISTRIBUTION BY ROTARY CLUB OF BOMBAY QUEEN CITY

Club President: Rtn Ajay Agrawal
Area of Focus: Annapoorna
Location of Project: Dadar
Date of Execution: 1st September 2024

Project Description
The Rotary Club of Bombay Queen City, in collaboration with PP Rtn. Anoop Gupta organised a heartfelt initiative, distributing food to 500 cancer patients and their relatives at Ghadge Maharaj Dharamshala, Dadar East. This compassionate effort provided essential nourishment and support to families facing challenging times, reflecting the club's commitment to community care and service.

Number of Beneficiaries: 500
Rotarian-hours Spent: 05
Value of the Project: INR 17,000/-
Sponsors/Partners: PP Rtn Anoop Gupta



SESSION ON UNDERSTANDING CHILD MENTAL HEALTH ORGANISED BY ROTARY CLUB OF LOKHANDWALA KANDIVALI

Name of the Participating Club:
Host Club: Rotary Club of Lokhandwala Kandivali
Lead Club: Rotary Club of Bombay Hanging Garden
Club President: Rtn Priya Shenoy- Host Club; Rtn Jayesh Mehta- Lead Club
Area of Focus: Mental Health
Location of Project: M.L.R.T. Gala Pioneer English School, Kandivali East
Date of Execution: 24th August 2024

Project Description
Following the establishment of a counselling cell at M.L.R.T. Gala Pioneer English School in late June, the Rotary Club of Lokhandwala Kandivali hosted a session on 'Understanding Child Mental Health' for parents, facilitated by MPOWER, an initiative of Aditya Birla Education Trust. It was a natural progression in promoting the mental well-being of students. The session drew nearly 200 parents, effectively raising awareness about the significance of counselling and its role in addressing and resolving mental health challenges.

Number of Beneficiaries: 200
Rotarian-hours Spent: 05
Value of the Project: INR 1,000/- + Notional INR 8,000/-
Sponsors/Partners: MPOWER, Aditya Birla Education Trust



STATIONERY DISTRIBUTION BY ROTARY CLUB OF MUMBAI MULUND EAST

Club President: Rtn Ananthlakshmi Iyer
Area of Focus: Literacy
Location of Project: Apni Pathshala, Khindipada, Mulund Colony, Mulund (West)
Date of Execution: 15th August 2024

Project Description
A total of 140 pens, 100 pencils, 100 rulers, 100 erasers, 100 sharpeners, 70 long books, 35 notebooks, and 50 sets of crayons with drawing books were generously distributed to the students of Apni Pathshala, providing them with essential tools to support their education and creativity.

Number of Beneficiaries: 100
Rotarian-hours Spent: 04
Value of the Project: INR 15,000/-
Sponsors/Partners: Rtn Suyash Tripathi



FOOD DISTRIBUTION BY ROTARY CLUB OF BORIVLI

Club President: Rtn Harish Chandarana
Area of Focus: Annapoorna
Location of project: Ram Roti Centre, Shatabdi Hospital, S.V Road, Kandivali West
Date of execution: 17th August, 24th August, 31st August, 7th September and 14th September 2024 (Ongoing Project)

Project Description
The Rotary Club of Borivli, in collaboration with the Ram Roti Foundation, is organizing the weekly Annapoorna Food Distribution Project at Shatabdi Hospital. This initiative provides free lunches to patients and their relatives, showcasing our dedication to community support and welfare. The event was directed by Rtn. Harish Davda, with generous contributions from all our donors.

Number of Beneficiaries: 2750
Rotarian-hours Spent: 51
Value of the project: INR 30,000/-
Sponsors/Partners: Ram Roti Foundation, Rotary Club of Borivli



SHIKSHA DAAN - MAHADAAN BY ROTARTY CLUB OF BORIVILI

Club President: Rtn Harish Chandarana
Area of Focus: Education
Location of project: Hostel Sheth Shri Jaychanddas Shah Swapna Srushti, Vikramgad
Date of execution: 16th September 2024

Project Description
The “Shiksha Daan - MAHADAAN” project, facilitated by the MAD Foundation and Rotary Club of Borivli, aimed to enhance educational opportunities for 130 boys residing at Hostel Sheth Shri Jaychanddas Shah Swapna Srushti in Vikramgad. The initiative provided comprehensive support, including school fee coverage, uniforms, Educational Gyan Prerna Kits (boards, stationery, notebooks), and umbrellas. This endeavour significantly contributed to the educational development and well-being of the boys.

Number of Beneficiaries: 130 boys
Rotarian-hours Spent: 24
Value of the project: INR 2,00,160/-
Sponsors/Partners: MAD Foundation, Rotary Club of Borivli



RATION KITS DISTRIBUTION BY ROTARY CLUB OF MUMBAI GHATKOPAR WEST

Club President: Rtn Shruti Dharamsi
Area of Focus: Annapoorna
Location of Project: RCC office Ghatkopar West
Date of Execution: 30th August 2024

Project Description
51 Underprivileged families are supplied with groceries for a month. The families were chosen by our Rotary Community Corps (RCC), and the distribution was arranged at their club office. Annapoorna is a district project under Avenue Chair Hemang Jangla, who joined for the distribution himself. V.P. Shaline Sherpes was the project coordinator for the same.

Number of Beneficiaries: 51
Rotarian-hours Spent: 06
Value of the Project: INR 26,000/-
Sponsors/Partners: Self-funded



GANPATI IDOL MAKING WORKSHOP BY ROTARY CLUB OF LOKHANDWALA KANDIVALI

Club President: Rtn Priya Shenoy
Area of Focus: Sanskriti and Environment Sustainability
Location of Project: M.L.R.T Gala Pioneer English School, Kandivali East
Date of Execution: 24th August 2024

Project Description
The workshop was a resounding success, offering students aged 6 to 16 a platform to explore creativity while fostering eco-consciousness. Participants crafted idols from natural clay, gaining insights into Ganesh Chaturthi’s significance and sustainable practices. The lively, interactive session encouraged cross-class bonding and idea exchange, blending artistic, cultural, and environmental learning. Students left with a sense of pride and accomplishment, taking home their handcrafted idols. The event, spearheaded by Rtn. Dr Ambujam Iyer and PP Rtn Anu Srivastava garnered strong support from the key Rotarians of the club and concluded with rewarding snacks.

Number of Beneficiaries: 81
Rotarian-hours Spent: 05
Value of the Project: INR 10,500/-
Sponsors/Partners: M.L.R.T Gala Pioneer English School and Rtn Sanjeev Kotkar



DISTRIBUTION OF ESSENTIALS BY ROTARY CLUB OF BOMBAY QUEEN CITY

Club President: Rtn Ajay Agrawal
Area of Focus: Community Service
Location of Project: Shantivan Nere, Panvel
Date of Execution: 25th August 2024

Project Description
The Rotary Club of Bombay Queen City, led by President Rtn. Ajay Agrawal and Rtn. Surendra Ruia, donated towels, bed sheets, and fruits to leprosy patients at Shantivan Nere, Panvel. This thoughtful gesture aimed to provide comfort and care, exemplifying the club’s dedication to supporting marginalized communities with dignity and compassion.

Number of Beneficiaries: 500
Rotarian-hours Spent: 05
Value of the Project: INR 20,000/-
Sponsors/Partners: President Rtn Ajay Agrawal and Rtn Surendra Ruia



HOPE FOR SPECIALLY-ABLED CHILDREN BY ROTARY CLUB OF BOMBAY BAYVIEW

Club President: Rtn Rajni Barasia
Area of Focus: Enhance the physical and mental fitness for the underprivileged specially abled children.
Location of project: Ummeed Centre, Lower Parel
Date of execution: 10th Aug 2024

Project Description
Ummeed’s Clinical Services Program offers high-quality, evidence-based, and culturally relevant support to children and families from lower socio-economic backgrounds with diverse disabilities, including autism, cerebral palsy, and Down syndrome. Reaching over 14,500 children, the program provides comprehensive services at its centre in Lower Parel, Mumbai, as well as through online sessions. Services include diagnostic assessments, one-on-one and group therapy, social work support with dedicated case managers, and assistance with orthotic devices and other equipment. The Ummeed Child Development Centre is committed to addressing developmental disabilities and ensuring tailored support for the unique needs of each child and family.

Number of Beneficiaries: 10 for one year
Rotarian-hours Spent: 5
Value of the project: INR 5,00,000/-



EMPOWERING STUDENTS WITH IMPAIRED HEARING BY ROTARY CLUB OF BOMBAY BAYVIEW CHARITABLE TRUST

Club President: Rtn Rajni Barasia
Area of Focus: Equip deaf students with speech impairment for knowledge and job readiness.
Location of project: TEACH centre at Sion
Date of execution: 15th August 2024

Project Description
This project aims to empower deaf and hard-of-hearing students at the TEACH Centre through specialized workshops and training that enhance their skills and job readiness. The initiative provides a supportive environment for holistic development, helping these students lead independent, successful lives. Addressing the significant gap in higher education accessibility—where fewer than 1% of colleges cater to their needs—TEACH bridges this divide. By focusing on personal, professional, and social growth, the project ensures students are well-prepared for meaningful careers, confident in securing employment, and able to achieve a good living for themselves and their families.

Number of Beneficiaries: 287
Rotarian-hours Spent: 12
Value of the project: INR 7,50,000/-



CLAY GANPATI MAKING WORKSHOP BY ROTARY CLUB OF MUMBAI DAHISAR AND ROTARY CLUB OF MUMBAI MULUND EAST

Club President: Rtn Avinash Naimpally
Area of Focus: Basic Education and Literacy
Location: Dahisar
Date of Execution: 25th August 2024

Project Description
Clay Ganpati Making workshop was organised for school / college children at the Rotary Centre on Sunday, 25th Aug 2024. The event was arranged in association with RC of Mumbai Mulund East. 45+ children in the age group 5-20 attended the workshop. A couple of enthusiastic mothers also joined. Overall, children had fun while learning to sculpt. All participants received participation certificates. Rtn Rajesh Panchamiya, Rtn Bharat Vasoo, and Club Secretary PP Harsha Davawalla led the project under the guidance of Project Chairman, Rtn Bharat Vasoo

No. of Beneficiaries: 45
Rotarian-hours Spent: 16
Value of the Project: INR 8,000/-
Sponsors/Partners: Rotary Club of Mumbai Dahisar, Rotary Club of Mumbai Mulund East



MALARIA AWARENESS CAMP BY ROTARY CLUB OF MUMBAI DAHISAR

Club President: Rtn Avinash Naimpally
Area of Focus: Disease Prevention and Treatment
Location: Dahisar
Date of Execution: 5th September 2024

Project Description
A camp on Malaria Awareness, Prevention and Eradication was organised at Amar Jyoti School. The project was executed with the help of Pest Control Officer of BMC R-Ward. Over 60 students at the school from class 9th and 10th along with their teachers attended the event. Project Chairman: Rtn Rajkumar Chadha

No. of Beneficiaries: 60
Rotarian-hours Spent: 10
Value of the Project: INR 1,000/-
Sponsors/Partners: Rotary Club of Mumbai Dahisar



DISTRICT PROJECT “LEARN “ BY ROTARY CLUB OF MUMBAI MALABAR HILL

Club President: Rtn Pallavi D Sanghvi
Area of focus – Basic education
Location – Juhu club, Juhu
Date of execution – 9th August 2024

Project Description
LEARN a District initiative where life skills knowledge is imparted to teachers through drama, games etc by renowned Dr Swarup Sampat. These teachers then further educate other children.

No. of Beneficiaries: 60 teachers
Rotarian-hours Spent: 04
Value of the Project: INR 15,000/-

BANGANGA CLINIC: COMPREHENSIVE PHYSIOTHERAPY SERVICES FOR HOLISTIC RECOVERY

The Banganga Clinic in Walkeshwar, also known as the Physiotherapy Centre, has been serving the community for over 15 years, treating 1,000+ patients monthly. Initially founded with two beds through INR 70,000/- District Grant, it now features five beds and advanced physiotherapy equipment, including laser-based Pneumatic Shock Wave therapy.



PROJECT SU-RAKSHABANDHAN BY ROTARY CLUB OF PALGHAR

Club President: Rtn Arun Patil
Area of Focus: Non-medical
Location of Project: Zozila War Memorial and Kargil War Memorial, Jammu and Kashmir
Date of Execution: 19th August 2024

Project Description
In a heartfelt gesture of gratitude for our soldiers, the women of Palghar district decided to celebrate Raksha Bandhan with them, recognizing the sacrifices they make for our nation’s security. As soldiers remain away from home, often missing important traditional celebrations, these women tied rakhis to honour and express their deep appreciation for their service and dedication. The celebration was a touching tribute to the soldiers, symbolizing the bond of protection and solidarity between the community and those who defend the country.

Number of participants : 25
Rotarian-hours Spent: 40
Sponsors/Partners: Priya Tours

The clinic operates in premises provided by PDG Rtn. Nitin Mangaldas’s trust and is led by UK graduate Dr. Rohan Tiwari. Alongside physiotherapy, it offers dental care by Dr. Disha, general medicine by Dr. Shalini, vision care through Dr. Kulin Kothari’s clinic and nutrition consultations by Dr. Vibha. Managed by three dedicated Rotarians, fondly called “The Three Deviyans” - Gita, Minal, and Hema, the clinic provides low-cost or free treatment to those in need, becoming a crucial healthcare hub for the community.



PROJECT “AABHALMAYA” BY ROTARY CLUB OF PALGHAR

Club President: Rtn Arun Patil
Area of Focus: Non-Medical
Location of Project: Palghar
Date of Execution: 1st July 2024

Project Description
Rotary Club of Palghar inaugurated the Vibrant Year 2024-25 event by honoring senior citizens. Members from various senior citizen groups were invited to a delightful evening that featured a musical program, Geet Sharvari, which they thoroughly enjoyed. Many also participated by singing and dancing. High Tea and a delicious dinner were served to all attendees.

During the event, the Rotary Club also felicitated doctors, CAs, farmers, and postal workers with Rotary-branded umbrellas and Tulsi plants. A special recognition was given to Manisha and Pradeep Kotak, owners of Anand Vriddhashram, and renowned CA Sachin Kore for their exceptional contributions to social causes.

Number of Beneficiaries: 245
Rotarian-hours Spent: 4
Value of the Project: INR 71,000/-
Sponsors/Partners: Inner Wheel Club Palghar and Manjushree Patil



MEDICAL CAMP BY ROTARY CLUB OF MUMBAI MULUND EAST

Co-host Clubs: Rotary Club of Bombay Mulund Valley; Rotary Club of Mumbai Salt City
Club President: Rtn Ananthlakshmi Iyer
Area of Focus: Medical
Location of Project: Nirmal Cooperative Housing Society, Mulund (West)
Date of Execution: 31st August 2024

Project Description
A mega medical camp was successfully organised at Nirmal Lifestyle Society in collaboration with the Rotary Club of Bombay Mulund Valley and the Rotary Club of Mumbai Salt City. The event saw active participation from 25 Rotaractors from the Rotaract Clubs of Mumbai Salt City, Mulund Hill View, and Bombay Mulund Valley. The camp received an overwhelming response from Nirmal residents, who appreciated the initiative. The joint efforts of the Rotary and Rotaract teams ensured comprehensive medical services and support for the community, reflecting a strong commitment to public health.

Number of Beneficiaries: 172
Rotarian-hours Spent: 10
Value of the Project: INR 61,000/-
Sponsors/Partners: Self-funded



AUTOMATED EXTERNAL DEFEBRILLATOR (AED) INSTALLATION AND CPR TRAINING BY ROTARY CLUB OF BOMBAY SEACOST

Club President – Rtn Nitin Shah

Area of Focus: Disease Prevention

Location of Project: Byculla Zoo

Date: 20th August 2024

Project Description

Rotary Club of Bombay Seacoast, along with its Inner Wheel, installed an AED machine at Byculla Zoo and provided hands-on CPR training to 100 participants. DG Chetan Desai inaugurated and District Lifestyle Diseases Avenue Head Dr. Krishna Kumar also joined them in the presence of many Rotarians and Inner Wheel Members. Special thanks to Dr. Surendra Soneji for his outstanding coordination and initiation in making this project a reality.

Number of Beneficiaries – Over 100 Zoo staff and 3,000-4,000 footfalls daily and 30 to 40,000 on holidays.

Rotarian-hours Spent: 3

Value of the Project: INR 1,40,000/-

Sponsors/Partners: Mrs. Nilima Parmar and Inner Wheel Club of Bombay Seacoast



FREEDOM FOR GIRLS

The “Freedom for Girls” initiative, launched by the Rotary Club of Bombay Juhu Beach (RCBJB) in 2012, has empowered over 35,000 girls by promoting menstrual health and hygiene across District 3141 and beyond. This community-driven campaign educates girls and women on menstrual hygiene, providing access to affordable and sustainable products like sanitary pads and menstrual cups. It also tackles the stigma surrounding menstruation by engaging boys, men, and community leaders.

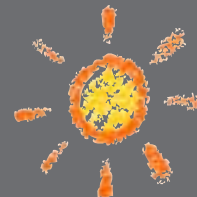
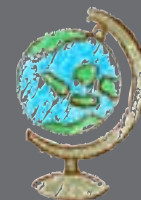
During the Vibrant year, napkin distribution extended to schools in Mumbai, tribal villages in Maharashtra, and even Gujarat, including flood-affected areas and refugee centres. On August 22nd, First Lady Jwala Desai interacted with beneficiaries during a distribution event. RCBJB also installed sanitary napkin vending machines in Mumbai colleges, addressing emergency needs, and encouraged the installation of eco-friendly incinerators for safe disposal, with an emphasis on environmental safety.

Workshops on menstrual cup usage were organised in colleges to promote sustainable practices. With strong support from donors like the Doshi Foundation (USA), and dedicated RCBJB members, the initiative has distributed approximately 50 lakh sanitary pads, with a total investment of INR 72,00,000/- over 12 years. By fostering community and club participation, “Freedom for Girls” aims to create lasting change in menstrual health awareness and hygiene.

Project Director: DC Mona Shah (PP RCBJB)

EDITED BY ANU SRIVASTAVA WITH INPUTS FROM K.V. PREMRAJ

“EMPOWERING MINDS: THE TEACH REVOLUTION IN DISTRICT 3141”



“Transforming Education, One Classroom at a Time”

INFORMATION COURTESY NARGIS GAUR - AVENUE CHAIR
CENTRAL - ZONAL CHAIR - MEENAKSHI KHOSLA, CO-CHAIRS - SONALI KHATTAR & SHRIKANT BHAT
WESTERN - ZONAL CHAIR - JAYSHREE BHATT, CO-CHAIRS - INDU SALIAN & GURDEEP BHAMRA
SOUTH - ZONAL CHAIR - ANUP GUPTA, CO-CHAIRS - TEJAL GANDHI & SONU CHOWDHRY
NORTH - ZONAL CHAIR - PRASHANT PATIL, CO-CHAIRS SONALI PATIL & AMEY RAUT

TEACH INITIATIVE IN ROTARY DISTRICT 3141



Rotary International has consistently and strongly emphasised Basic Education and Literacy, recognising it as one of its core focus areas. Within District 3141, the TEACH initiative is a powerful expression of this commitment. Launched to transform education through a multi-dimensional approach, the TEACH initiative is making significant headway.

OVERVIEW OF THE TEACH INITIATIVE

The TEACH initiative is a robust and holistic program that caters to educational needs across all

demographics. It is based on five key pillars: Teacher Training, E-Learning, Adult Literacy, Child Development, and Happy Schools. These pillars ensure that education becomes more inclusive, accessible, and impactful.

Key milestones of the TEACH initiative in 2024 include significant advancements in teacher training, e-learning, adult literacy, and child development programs.

- ▲ Workshops on modern teaching methods, technology integration, and classroom management have boosted teachers' confidence and effectiveness.
- ▲ E-learning access was expanded, with 5202 students receiving the Study App.
- ▲ Adult literacy programs have empowered many individuals,

fostering a ripple effect in their communities.

- ▲ Child development programs and Back-to-School initiatives continue to support students' intellectual growth.
- ▲ The eLakshya Scholarship - Aimed at enhancing educational opportunities for students, it provides access to the Think & Learn Premium App by BYJU, aligning with SSC, CBSE, and ICSE curricula. The program is subsidised at Rs. 1000 per student, supporting up to 25 students per school. This initiative empowers students by offering digital learning in Math, Science, and History. Schools and community members can contact RILM at digitallearning@rotaryteach.org for more information about these initiatives.

KEY PROJECTS

ROTARY CLUB OF MUMBAI VERSOVA

Under the leadership of President Sorabh Podar, the club recently completed two impactful projects at Taraben School, Santacruz West. A self-defence training programme benefited 50 girls, with an expenditure of Rs 35,000. Additionally, a skill development initiative on Ganpati idol-making was conducted for 40 children, with a modest investment of Rs 8,000, enhancing their artistic abilities.

ROTARY CLUB OF GOREGAON-WEST

President Gauri Bhadkamkar led several community-focused projects, including distributing books, notebooks, bags, and two desktops to students at Maharashtra Nutan Vidyalaya and paying the school fees for 11th and 12th-standard students. The club also covered the fees for 25 girls at Murar Rao Rane School and provided 40 school bags with books and stationery to Chandrabhaga School in Malad East. Furthermore, Ganesh idol-making seminars were held at Nagrinivara School in Goregaon East, positively impacting the local student community.

ROTARY CLUB OF BOMBAY FILM CITY

Under President Sharmendra Jain's leadership, the club generously donated 20 two-seater benches



to St. Paul School, Chandivali, benefiting 400 students. The total expenditure for this project amounted to Rs 74,000, providing much-needed infrastructure for the school's growing student population.

ROTARY CLUB OF MUMBAI SOUTH

The Rotary Club of Mumbai South launched a Mid-Day Meal Project in August, nourishing 700 underprivileged students at an annual cost of Rs. 20 lakhs. The project was inaugurated at Sharda Sadan School, where President Padmashree Rtn. Prof. Dr. Keiki Mehta and other members installed 10 Interact Clubs, concluding with a meal distribution.

The club also celebrated Independence Day with a flag-hoisting at Eklavya School, supported by donor PP Rtn. Virendrabhai Sanghavi, and at Wilson High School, led by IPP

Shiv Khator. The event featured speeches in Marathi, Hindi, and English and a dance performance. A student received a cash prize for achieving 97%, which was highlighted in local newspapers. Snacks were provided to 350 attendees, fostering a positive response from the school community and emphasising the importance of education.

September, the month focusing on 'Child Development,' saw 2,500 children across 32 schools participate in various competitions, including chess, elocution, essay writing, quizzes, folk dances, and drama, culminating in a valedictory program on September 27.

ROTARY CLUB OF BOMBAY SEAFACE

The club conducted a finance management session for teachers at Vanita Vishram School, followed by an English book reading competition involving 475 students. The event fostered a

love for learning, with certificates awarded to top participants. The club continues to plan innovative literacy projects, further enriching the educational experiences of students.

ROTARY CLUB OF BOMBAY

In partnership with the Rotary India Literacy Mission (RILM), the club commenced an Adult Literacy Program (ALP) in Mankhurd. The program ran 10 batches with 20 trainers and 50 students per class, benefiting 1,500 women. This significant literacy initiative concluded on September 2, 2024, showcasing the club's ongoing dedication to empowering communities through education.

The Rotary Club of Bombay also actively supports the Rotary India Literacy Mission (RILM) through the eLakshya and eShiksha projects. The club has already distributed 100 scholarships and has 200 more ready for distribution, positively impacting 300 students overall.

ROTARY CLUB OF PALGHAR

The club recently hosted a memorable Guru Gaurav event for Teachers' Day, honouring the contributions of educators in the community. Chief guest



Prasad Kulkarni delivered an inspiring speech, and 90-year-old Sanskrit teacher Madam Chitre was presented with the Lifetime Achievement Award for her dedication to education. Local teachers were recognised for their invaluable service, making the event a fitting celebration of the teaching profession.

ROTARY CLUB OF MUMBAI KANDIVALI WEST

Led by President Suresh Naidu, the club collaborated with Rotary Clubs of National Park and Palghar to host the District Vibrant Knowledge Quest 24. The event benefited over 200 students from 75 schools and promoted critical thinking and general knowledge.

ROTARY CLUB OF BOMBAY POWAI

President Dr. Susan Tripathi led the club in hosting a Knowledge Quest competition, benefiting 255 students from 88 schools.

ROTARY CLUB OF MUMBAI MULUND EAST

President Ananthalakshmi Iyer led significant initiatives, including a space-themed quiz for 115 students with a modest budget of ₹3,500, sparking interest in STEM fields. The club also distributed books to 90 students as part of its back-to-school program.

ROTARY CLUB OF ADDICTION PREVENTION 3141

This club focuses on addressing digital addiction among youth. Their workshops in educational institutions aim to help students develop healthy habits, preventing the harmful effects of excessive screen time. These workshops are part of a broader child development initiative, promoting well-rounded growth and awareness of digital dependency.

ROTARY CLUB OF MUMBAI MULUND SOUTH

A big shout out to the Club under the stewardship of President Dr Sachu Ramalingam to digitalise learning for 1339 students with the IDEAL Study App.

THE ROTARY CLUB OF QUEEN CITY

The Club has undertaken several impactful projects, thoughtfully allocating resources to support education and community welfare.

A state-of-the-art computer lab was established at Banganga Municipal School, benefiting 100 students, with an annual investment of approximately Rs. 5 lakh. In addition, the club covered school fees and provided study materials for six students at Banyan Tree English Medium School, contributing around Rs. 1.25 lakh.

A field trip was organised for 184 children from Zilla Parishad School to Jawhar District, where raincoats were distributed to 500 students at Vinwal School. Vocational guidance was provided to 80 girls

preparing for the NEET exam. The club also distributed school bags and snacks to 70 children at Zilla Parishad School in Nesave Village, with a total outlay of Rs. 54,000.

Books were distributed, and vocational guidance was provided to 200 children at the Banganga Municipal School, supported by Rs. 70,000. At the same time, 90 YJS Gujarati Night School & Junior College students received educational materials, with Rs. 30,000 allocated.

The Ideal Study app was introduced for 1,000 10th-grade students across 15 municipal schools, with a commitment of Rs. 65,000. The club also launched an inter school science quiz competition at Nehru Center, engaging 150 schools, with a funding of Rs. 1.5 lakh.

In a long-term initiative, the club adopted five Anganwadi centres in tribal villages in Jawhar for three years, benefitting 200 children, with an investment nearing Rs. 6.1 lakh.

The club sponsored a library in Kashmir, reaching 500 children, with a contribution of Rs. 1.25 lakh.

Support for special education was extended to 45 children at Umang Special School through vocational programs. In addition, blind students at Bahai Center were recognised and supported, with around Rs. 60,000 devoted to 100 children.



IMPACT OF THE TEACH INITIATIVE

The overall impact of the TEACH initiative in the past two months has been remarkable, touching the lives of more than 4,000 students across District 3141. With over ₹3,20,000 raised, these funds have been crucial in supporting the various initiatives under TEACH.

In just the first two months of the Rotary Year, 5202 students have successfully received the Ideal Study App under the leadership of District Governor Chetan Desai. A big shoutout to the Rotary Clubs of Mumbai Mulund South, Mumbai South and Queen City for their effort and commitment.

AKANKSHA EDUCATION PROJECT DIST. 3141. DISTRIBUTION OF IDEAL APP FOR SSC STUDENTS

1. Rotary Club of Mumbai South - 1300
2. Rotary Club Of Mumbai Mulund

South - 1339

3. Rotary Club Of Queen City - 1000

4. Rotary Club of Mumbai Ghatkopar - 420

5. Rotary Club of North West Malad - 380

6. Rotary Club Of Mumbai Mahim - 282

7. Rotary Club of Bombay Powai - 256

8. Rotary Club Of Chembur Mumbai - 225

ROAD AHEAD!

Looking forward, Rotary District 3141 remains dedicated to expanding the reach of the TEACH initiative. Plans for the coming months include deepening engagement with local communities, enhancing educational programs, and further empowering individuals through learning. With continued support from Rotary members, volunteers, and partners, the TEACH initiative is poised to scale even greater heights, ensuring that education continues to unlock the potential of every individual.

EDITED BY MAHERA GOEL

One Year TO INSPIRE!

Let us get to know the Movers and Shakers of 24-25, the Vibrant Presidents who are all set to lead with passion and resolve.

ROTARY CLUB OF MULUND HILL VIEW: RTN G. SHANKAR

1. **Why did you choose to become the Vibrant President?** The thought of "Abhi Nahi Toh Kabhi Nahi" made me take up the role, since Rotary is all about service and ideas, execution and leadership, through networking and fellowship.
2. **The most beautiful moment of your Rotary journey so far.** Hearing a wooden name plate maker at Nainital profusely praise Rotary (i had approached him for getting a name plate made for our club). In fact, he knew a lot about Rotary and was full of praise for its social service activities.
3. **What will be the signature project of your Presidential tenure :** A fund raising Dandiya event on 28th September, 2024, for Aanganwadi.
4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Visionary – its related to the foresight of our DG, the leeway allowed by him for executing our Projects, and the help which i get from my District colleagues.
5. **What are the Vibrant Focus Areas that you would like to work on?** Back to school, Aanganwadi, Baaghban, Membership Growth.



Profession: Banker.

Club name: Rotary Club of Mulund Hill View .

Membership strength: 38.

Key projects: Back to school, Aanganwadi, Baaghban, Membership Growth.

Family: Vidya Shankar – Spouse- Rotarian.

Anisha – Daughter. Abhijit – Son.

Favourite Cuisine: Rice Plate and Maharashtrian dishes.

Favourite Holiday destination: Tamil Nadu.

Favourite Book – You can heal your life (by Louise Hay).

Favourite Music : Hindi Songs

Quote I live by: One day at a time, share your happy Time.

ROTARY CLUB OF BOMBAY QUEEN CITY: RTN AJAY AGRAWAL

1. **Why did you choose to become the Vibrant President:** This role offers an incredible opportunity to bring new ideas to the table, inspire positive changes, and execute Projects aligned with Rotary's values, creating a lasting impact across the community.

2. **The most beautiful moment of your Rotary journey so far.** The sheer joy and excitement on the faces of children on receipt of study books distributed by us at a school in Banganga, and during the distribution of study apps to approximately 1000 students studying in the 10th standard in various Municipal run schools.

3. **What will be the signature project of your Presidential tenure :** Expansion of Health camps, especially in the underdeveloped areas. Collaborations sought to amplify our reach in providing comprehensive health care to the maximum number of needy persons.

4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Visionary, coupled with Inspiration (amongst the many of our Club's attributes) enabling us execute Projects having maximum impact across the community, and making a meaningful difference to those to whom we reach out.

5. **What are the Vibrant Focus Areas that you would like to work on?** Education, Health Care, and international collaborations



Profession: Entrepreneur engaged in the manufacture of Copper Wires and Cables.
Club name: Rotary Club of Bombay Queen City.
Membership strength: 106.
Key projects: Medical Projects (e.g.: running the Club's Chikitsa Hospital in Ganeshpuri, Palghar District, and the various work conducted in the area over the past two decades) including Medical Camps conducted at Phoenix Tower, Parel over the last 15 years, benefiting more than 3000 persons; and Educational Projects

Family : Kiran Agrawal – Spouse.
Akansha and Khushi – Daughters.
Gaurav Agrawal – Son.
Favourite Cuisine: Indian Vegetarian.
Favourite Holiday destination: Europe.
Favourite Music : The song “ Zindagi Ek Safar Hai Suhana...” from the Hindi film “Andaz.”
Quote I live by: Service Above Self.

ROTARY CLUB OF MUMBAI GHATKOPAR WEST: RTN SHRUTI DHARAMSI

1. **Why did you choose to become the Vibrant President:** As a past President of the IWC, it was indeed serendipity for me to serve as a President of our Club during DG Chetan Desai's tenure.

2. **The most beautiful moment of your Rotary journey so far.** Witnessing the victory of Para Athlete Geeta Chauhan at the Asian Games - with her using the wheelchair cycle donated by our Club, in those games.

3. **What will be the signature project of your Presidential tenure**
(a) Masik Chakra – a Project which spreads awareness of menstruation through speaker sessions, along with distributing the write-up “ Menstrupedia” and promoting eco-friendly menstrual products to the needy females. Collaborations sought for outreach.
(b) Skin, Eye and Organ Donation Rally to the Rann of Kutch – Co-hosts and sponsors welcome. Maximum participation sought to make this initiative a success.

4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Inclusive because I believe that “ Together we can, together we will”.

5. **What are the Vibrant Focus Areas that you would like to work on?** Masik Chakra, Skin, Eye and Organ Donation, Baaghbaan, Annapoorna, Screening for Breast Cancer detection, and Tree Plantation.



Profession: Architect and Interior Designer.
Club name: Rotary Club of Mumbai Ghatkopar West .
Membership strength: 29.
Key projects: Masik Chakra, CPR Training, Blood Donation Camps, Evening Abhiyasika for 8th, 9th and 10th standard needy school children, and online free counselling to teens since the last three years under “Talk to Teens” programme, as well as to autistic and disabled children, every month.

Family: Amit Dharamsi – Spouse. Kayvan Dharamsi – Son. Dwarya Dharamsi – Daughter – Interact Director and Outbound Student.
Favourite Cuisine: South Indian and Burmese.
Favourite Holiday destination: Puducherry.
Favourite Book – Two States (by Chetan Bhagat).
Favourite Music : Bollywood Film Songs.
Quote I live by: Your job is to do the best. The Universe's job is to take care of the rest.

ROTARY CLUB OF MULUND HILLS: RTN RAJNIKANT PARIKH

1. **Why did you choose to become the Vibrant President:** The Vibrant RC of Mulund Hills inspired and supported me to become its President. Also, it gives me an opportunity to serve the community to the utmost.

2. **The most beautiful moment of your Rotary journey so far.** Each meaningful community service Project of ours is itself a beautiful moment for me .

3. **What will be the signature project of your Presidential tenure:** Donation of a fully equipped medical van to MMRDA for Atal Setu.

4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Trustworthy, since it reflects our Club's ethos.

5. **What are the Vibrant Focus Areas that you would like to work on?** Medical Projects including camps for Cancer check-ups, and development of schools in villages.



Profession: Entrepreneur engaged in the business of Transportation.
Club name: Rotary Club of Mulund Hills .
Membership strength: 48.
Key projects: Medical Van, AED/CPR Machines, Plantation of Trees, Lab for providing ITI training for Plumbers, and organizing Elocution competitions.

Family : Jyotsna Parikh – Spouse. Jitendra – Son. Foram – Daughter-in-law. Raj – Grandson.
Favourite Cuisine: Indian Vegetarian.
Favourite Holiday destination: Europe & South America.
Favourite Music : Songs from Hindi films
Quote I live by: Sab Kaa Saath, Club Kaa Vikas.

ROTARY CLUB OF MUMBAI MULUND EAST : RTN MRS ANANTHALAKSHMI IYER

1. **Why did you choose to become the Vibrant President:** To bring about positive changes and stronger relationships.

2. **The most beautiful moment of your Rotary journey so far.** The learning and fun collaborations during our Pre-pets at Lonavala

3. **What will be the signature project of your Presidential tenure.** The signature project was Space Education and Research. Absolutely looking out for collaborations.

4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Visionary is the Vibrant year attribute, because our club is not only prepared for current needs but also ready for future challenges and opportunities.

5. **What are the Vibrant Focus Areas that you would like to work on?** Basic Education and Literacy



Profession: Manufacturer and Researcher
Club name: Rotary Club of Mumbai Mulund East
Membership strength: 28
Key projects: Rotary Job Mela, Rotary Garden

Family: PP C.N.Balakrishnan, Husband, Rotary Club of Bombay Mulund Valley, Rtr Adith Iyer, Elder son, Rotaract Club of Bombay Mulund Valley, Rtr Ankit Iyer, Second son, Rotaract Club of Mulund Hill View.
Favourite Cuisine: South-East Asian Vegetarian
Favourite Holiday destination: Mussoorie, Uttarakhand
Favourite Book/Music: Jonathan Livingston Seagull/ Show me the meaning of being lonely.
Quote I live by: "The best way to predict the future is by creating it."

ROTARY CLUB OF MUMBAI GREENS: RTN SHWETA MANE-MOHITE

1. **Why did you choose to become the Vibrant President:** To help improvise and align the Club's processes meet RI's standards (with the support of my team).

2. **The most beautiful moment of your Rotary journey so far.** Arranging a wheelchair for a lady senior citizen in a rural place named Bhairavwadi in Kolhapur district, via verbal communication from Mumbai, through the Rotary network.

3. **What will be the signature project of your Presidential tenure:** Creating awareness of Breast Cancer and Cervical Cancer amongst women, by arranging seminars, as well as facilitating the awareness programme by arranging testing resources.

4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Resilient - because we do not allow challenging circumstances to put us down in our quest for social service. Resilience also helps our Club adjust easily to changes. This benefits our Club.

5. **What are the Vibrant Focus Areas that you would like to work on?** Prevention and Treatment of diseases, promoting sanitation and hygiene, Conservation of water, Maternal & Child health, promoting literacy and basic education to the needy, focus on Environment.



Profession: HR and Finance Head.
Club name: Rotary Club of Mumbai Greens.
Membership strength: 24.
Key projects: Blood Donation Camps, Annapoorna, Water Wheel Distribution, Recycling of Dry Waste, and CPR Training to security guards.

Family : Rahul Mohite – Spouse, Shreyas Mohite – Son (who is very enthusiastic and supportive of his mother's work in Rotary).
Favourite Cuisine: Italian and Chinese.
Favourite Holiday destination: Mahabaleshwar, Panchgani, and Andaman & Nicobar Islands.
Favourite Book – Books by Sudha Murty and the Chicken Soup series.
Favourite Music : Indipop- 90's, Bacardi Blast play lists, A.R. Rahman's music, songs rendered by Kishore Kumar and Sonu Nigam.
Quote I live by: The power of giving is manifested in the kindness and generosity that we bestow on others. The more we give something of ourselves, the more we find ourselves

ROTARY CLUB OF MUMBAI KALAKAR: RTN HAIMA DESHPANDE

1. **Why did you choose to become the Vibrant President:** For making an impact on the community we serve.

2. **The most beautiful moment of your Rotary journey so far.** The memory of smiling Club members at the time of my installation as the Club's President. Their faith in me boosted my confidence.

3. **What will be the signature project of your Presidential tenure :**

(a) Rimjim –featuring concerts by known & unknown musicians and dancers performing to a large audience.

(b) Folkstan – a celebration of known and unknown folk artistes of the country; accompanied by a themed Food Festival.

The proceeds of these concerts will be utilized for charitable purposes. Collaborations sought.

4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Inclusive – since our Club believes that none should be discriminated against or segregated.

5. **What are the Vibrant Focus Areas that you would like to work on?** Mental health, Anganwadis, Menstrual hygiene and Environment. Collaborations sought.



Profession: Journalist and Writer.
Club name: Rotary Club of Mumbai Kalakar .
Membership strength: 15.
Key projects: Rimjim, Folkstan, Certificate courses for women patients of the Regional Mental Hospital, Thane, No pausing for Menopause, Projects for physically and mentally disabled (Proposed) and Anti-Drugs awareness campaigns (Proposed).

Family: Abhay Deshpande – Spouse. Raaga Deshpande – Daughter. Mojo Deshpande – Family pet (2-year-old Golden Retriever).
Favourite Cuisine: Vegetable overloaded Pizza.
Favourite Holiday destination: Himalayan mountains.
Favourite Book – All books by Maya Angelou.
Favourite Music: Buddha Bar.
Quote I live by: Impossible is a word in the dictionary of fools – Napoleon Bonaparte.

ROTARY CLUB OF MUMBAI GHATKOPAR: RTN KAMLESH ZAVERILAL GANDHI

1. **Why did you choose to become the Vibrant President:** To serve the community, create lasting changes, and contribute to the betterment of society.

2. **The most beautiful moment of your Rotary journey so far** The gratitude and happiness on the faces of underprivileged school students on receiving school uniforms and biscuit packets from our Club.

3. **What will be the signature project of your Presidential tenure:** Providing health check-ups to the needy with a strong emphasis on preventive health care.

4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Visionary, because a proactive mindset drives our Club to anticipate challenges, take the appropriate initiatives, and stay focussed on achieving our goals.

5. **What are the Vibrant Focus Areas that you would like to work on?** Health care and Education.



Profession: Owner of a pathology laboratory which is an authorized centre of several leading pathology laboratories in Mumbai.
Club name: Rotary Club of Mumbai Ghatkopar.
Membership strength: 53.
Key projects: 28 Nos. Dialysis machines at Ghatkopar Centre, monthly medical camps at Murbad, and blood bank & thalassemia centre at Ghatkopar.

Family: Purnima Gandhi – Spouse. Rujuta – Daughter Parth Mehta – Son-in-law. Viha – Granddaughter. Preksha – Daughter.
Favourite Cuisine: North Indian.
Favourite Holiday destination: Rajasthan.
Favourite Music : Songs sung by Mohd. Rafi, and songs from the Hindi film Razia Sultan.
Favourite Book – You can heal your life (by Louise Hay).
Quote I live by: Make the best of time with focus and eye on Goal.

ROTARY CLUB OF MULUND: RTN SEEMA JOSHI

1. **Why did you choose to become the Vibrant President:** To execute impactful projects, with my experience in social work.

2. **The most beautiful moment of your Rotary journey so far.** Interest-free microfinancing for over 100 needy women by transparently reusing funds from previous beneficiaries. Conducting Electronic Workshops in many schools.

3. **What will be the signature project of your Presidential tenure :** (Mention if you are looking for collaborations for any project?) Setting up of a study centre, providing protein based laddoos to children of 7 Anganwadis, aiding 150 Anganwadis in Mulund, Aiding in Paediatric heart surgeries, and Cervical cancer detection camps.

4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Visionary – our Club believes in looking ahead.

5. **What are the Vibrant Focus Areas that you would like to work on?** Endowment fund for Rotary Peace Foundation, Facilitating Paediatric Heart Surgeries, Water Wheels Project, Blood donation camps, and detection of Anaemia etc.



Profession: Director of an industrial Electronic Control unit.
Club name: Rotary Club of Mulund.
Membership strength: 62.
Key projects: Vocational Learning Scholarships for the last twelve years costing approximately Rupees Two crores every year, Paediatric Heart Surgeries, Interest-free Microfinancing to the needy ladies, Society Cricket League, Mulund Bhushan Award, Electronic Workshops.

Family : Sudhir Joshi – Spouse – Rotarian, Daughter - Sanika, Son - Antariksha.
Favourite Cuisine: Pani Puris.
Favourite Holiday destination: Kerala.
Favourite Music : Film songs from old Hindi movies.
Quote I live by: Work hard, be kind, and amazing things will happen.

First Vibrant District TRF Seminar: A GRAND SUCCESS

REPORT BY RTN. HANUMAN TRIPATHI
PAST PRESIDENT & DIRECTOR PR, RC BOMBAY POWAI

On Friday, 13th September 2024, Rotary International District 3141, under the leadership of District Governor (DG) Chetan Desai, successfully hosted the 1st Vibrant District TRF Seminar at Jade Garden, Luxury Banquets, Worli. The Chief Guest for the event was TRF Trustee and Past Rotary International Director (PRID) Dr. Bharat Pandya. Prominent speakers included District Learning Facilitator (DLF) Past District Governor (PDG) Harjit Singh Talwar and Assistant Regional Rotary Foundation Coordinator (ARRFC) PDG Sandip Agarwalla, alongside our Vibrant Governor, Chetan Desai. Distinguished guests DGE Dr Manish Motwani and PDG Ajay Gupta also graced the occasion, with special guest PDG Ajay B. from Switzerland in attendance. DC-TRF Support Manish Gyani led the Felicitation and Award Ceremony, while the Lead Host Club, Rotary Club of Bombay Powai, handled the event arrangements. Over 130 Rotarians and guests attended this successful function.



The seminar was officially called to order by Vibrant President Dr Susan Tripathi of the Rotary Club of Bombay Powai. She invited the dignitaries for the ceremonial lighting of the lamp, as members of the host club recited the Invocation song. President Susan highlighted the growth of RC Bombay Powai, driven by corporate CSR funding, and its standing as one of the top clubs in the district in terms of Annual Fund Growth, Membership, Projects, and Fellowship. She warmly thanked her 33 co-presidents who supported this TRF Seminar.

Convenor Past President (PP) Amit Sheth elaborated on the purpose of the seminar, emphasizing the importance of expressing gratitude to the major donors of The Rotary Foundation. He proudly mentioned how honoured Rotary Powai was to have been chosen by DG Chetan to host such a prestigious event. PDG Harjit Singh Talwar eloquently spoke on the significance of TRF in Rotary's service efforts, while ARRFC PDG Sandip Agarwalla underlined the importance of the Annual Fund in enabling continuous support through Rotary's grants program.



DG Chetan then took the stage, praising the efforts of DC-TRF Support Manish Gyani, President Dr Susan Tripathi, and the members of the Rotary Club of Bombay Powai for flawlessly organizing this significant event in the first quarter of the Rotary year. He also acknowledged the role of the 33 co-hosting clubs in ensuring the event's success. DG Chetan



AKS Nirav & Devina Shah



AKS Rekha Jhunjhunwala



AKS Nikunj & Kanan Jhaveri



AKS Lalitkumar & Richa Chadha



AKS PDG Vijay & Kiran Jalan



AKS Noopur & Kushal Desai



AKS Rajendra & Sarita Ruia



AKS Meena & Vijay Khetan



AKS Sarita & Ravi Jhunjhunwala



AKS Vijay Jatia
Contribution of \$160,000 from Jatia family



Announcing Special Matching Scheme for
Vibrant Anganwadis



AKS Dilip Shah – Announced matching
of \$500 for each Anganwadi against
contribution of \$1,000



AKS Baldev Arora & PP Hemendra Shah



AKS Nikunj Jhaveri
DC Vibrant Anganwadis



Chief Dist. SAA Ujwala Jiandani & Mona Gyani
helped by DS Sunita Sainani, Rtn. Tejal Sheth
& President Dr. Susan managing backstage.



PRID TRF Trustee Dr. Bharat Pandya &
ARRFC Sandip Agarwalla

expressed his heartfelt gratitude to the Arch Klumph Society (AKS) members and Major Donors, whose contributions enable Rotary to implement large-scale service projects worldwide. He highlighted the district's achievements within the first two months of the Rotary year and discussed the path forward.

DG Chetan then led a Commitment Call, asking attendees to raise their hands in support of the Vibrant Anganwadi Project. Under a special matching scheme from AKS member Nukunj Jhaveri (DC-Vibrant Anganwadis), donations of USD 1,000 per Anganwadi from Rotarians would be matched with an additional USD 500 from AKS member Dilip Shah. DG Chetan successfully secured commitments for an impressive 115 Anganwadis.

Chief Guest TRF Trustee PRID Dr Bharat Pandya delivered an inspiring speech on the "Joy of Giving," sharing how The Rotary Foundation has transformed the lives of countless individuals globally. He also emphasized Rotary's near victory in the fight against polio.

The glittering awards ceremony, managed by DC-TRF Support Manish Gyani, recognized and felicitated AKS Donors, Major Donors, and contributing clubs. Chief Coordinator Radhika Mehta, Principal Aide Deepak Jianadani, and Zone Coordinator West-Annual Fund PP Prakash Ruia supported the 90+ felicitations. Trophies were also awarded to the Host Club and all Co-Host Clubs.

The event concluded with a Vote of Thanks by Rotary Powai's President-Elect, Anju Ahluwalia. The seminar ran smoothly and was filled with positive energy. Attendees enjoyed a delightful fellowship over dinner and cocktails, courtesy of the Rotary Club of Bombay Powai, with excellent service from the venue's Jade Garden team.



Congratulations for achieving EREY Club & 100% Foundation Giving Club

RC Mumbai Nova	President Asim Shah (Achieved on 1st July 2024)
RC Bombay	President Satyan Israni
RC Bombay Hills South	President Neeraj Dhawan
RC Bombay Metropolitan	President Ketki Niser
RC Mumbai Elegant	President Dr. Nidhika Bahl
RC Mumbai Malabar Hill	President Pallavi Sanghvi

EDITED BY SREE NANDY

MASIK CHAKRA

A Comprehensive Initiative for Menstrual and Menopause Health

WRITTEN BY PREZ SHRUTI DHARAMSI, RCM GHATKOPAR WEST



MASIK Chakra is a holistic program aimed at improving menstrual and menopausal health through education, eco-friendly solutions, and community support. Founded by President Shruti Dharamsi of the Rotary Club of Mumbai Ghatkopar West, with the support of IPP Sangeeta Shahani and AG Padma Kapoor of the Rotary Club of Deonar, as well as Rtn Ujwala Jiandani of the Rotary Club of Mumbai Mulund East, this initiative embodies the essence of its name—"Monthly Cycle," a term coined by DG Chetan Desai. The program is also backed by First Lady Jwala Desai and focuses on four key components.

1. PERIOD AWARENESS FOR GIRLS (AGES 8 TO 15)

This segment educates young girls about menstruation using the comic book Menstrupedia. Interactive sessions, conducted in Hindi, English, and Marathi, last 1 to 1.5 hours. They include



ice-breaking activities, a 25-minute educational video on menstruation, and a questionnaire to reinforce learning. In just 2.5 months, over 15 schools have hosted these sessions, reaching more than 3,000 students, fostering a positive and informed attitude towards menstruation from an early age.

2. PERIOD PANTIES DISTRIBUTION

Targeting teenage girls aged 10 to 18, this component promotes eco-friendly period panties in collaboration with Chumsafe. For ₹700, participants receive three reusable panties, providing a sustainable alternative to sanitary pads. This economical choice helps teens manage menstruation effectively while minimizing environmental impact.

3. MENSTRUAL CUP DISTRIBUTION

For individuals aged 18 and above, this component provides medical-grade silicone menstrual cups as a safer alternative to plastic options. Available from brands like Stone Soup and Pee Safe for ₹250, the cost is partially subsidized by the Ghatkopar Club. Over the past 8 years, more than 5,000 cups have been distributed, including donations to community helpers like lady police officers and nurses. These cups can last for up to 10 years.

4. MENOPAUSE AWARENESS

This component addresses menopause through awareness sessions led by gynecologists. These sessions cover symptoms, management strategies, and available resources, empowering women to navigate this stage of life effectively.



Masik Chakra combines education, sustainable solutions, and community support to enhance well-being during these critical life stages.

PARTICIPATING ROTARY CLUBS

The following Rotary Clubs have collaborated on the Masik Chakra initiative:

Rotary Club of Chandivali Mumbai - **President Meena Bhasin**
 Rotary Club of Wada - **President Prafulla**
 Rotary Club of Mumbai Nova - **President Asim Shah**
 Rotary Club of Bombay Mulund Valley - **President Sankara Ramnath**

FEEDBACK FROM PARTICIPANTS

DG Chetan Desai: "Excellent efforts, Shruti and Meenaji. Keep it up!"

Shekhhar (Trustee, Gyan Mandir School): "An excellent session that transformed hesitant girls into vocal and informed participants."

Shrutika (Student): "We understood everything, and the explanation was excellent."

Dr. Ashna Kasat: "Proud of you, Shruti. You're doing a wonderful job. God bless."

Rtn Padma Kapoor: "Good going, Shruti!"

Rtn Ujjwala: "Good job, Shruti." Meena Bhasin: "Shruti was too good!"

President Shankara Ramnath: "Thank you, Shruti. You were amazing with the children. The principal praised you, and my wife Seetha is now your fan."

CONTACT INFORMATION

For more information about Masik Chakra, please contact:

Rtn. Shruti Dharamsi President
 Rotary Club of Mumbai Ghatkopar West
 9879012077

EDITED BY SREE NANDY

Interact Training Assembly “SANSKAR”



CONTRIBUTED BY PANKAJ PHATARPHER, AVENUE CHAIR FOR YOUTH SERVICES I AND DISTRICT INTERACT CHAIR



The Rotary Club of Mumbai Juhu successfully organised the 14th Interact Training Assembly, “SANSKAR.” This event under the leadership of Vibrant President Rtn. Subhashish Mazumdar, focused on imparting in-depth knowledge to the Interactors about Rotary, leadership, and sustainable project development. DG Chetan Desai was the Chief guest. The event was organised and presented by the Interactors.

Some of the key highlights include:

- ▶ 34 schools participated in the event
- ▶ Nearly 130 students attended the event
- ▶ Two outbound RYE students were also present
- ▶ The event had 45 moderators who guided the sessions
- ▶ The event saw over 35 Rotarians in attendance

The assembly featured a comprehensive training program designed to enhance leadership skills and promote sustainable

project initiatives among the students.

All participating students were awarded certificates to acknowledge their involvement and commitment to the programme.

We would also like to thank the Zonal Chair for Youth Services – I, Rtn. Sumana Menon for her commitment to keeping the Youth Services Avenue informed at every stage.

EDITED BY SREE NANDY

Musings on a successful ROTARACT QUARTER GONE BY



RTR. AAYUSHI THAKKAR
CHAIRWOMAN PUBLICATIONS 2024-25
ROTARACT DISTRICT ORGANISATION, 3141

As September unfolds, we reflect on a productive quarter filled with engaging activities and significant milestones for Rotaract District 3141. This month has been marked by a series of enriching events and celebrations that have strengthened our community and highlighted our shared commitment to growth and cultural exchange.

RIDE 3170



The month began with an exciting cultural exchange trip to District 3170, which included Hubli, Haveri, and Dharwad. Over four days, our unstoppable RIDE team had the opportunity to explore the rich historical and cultural heritage of these areas. The warm reception from our peers and the diverse experiences gained, made this trip both educational and memorable, further deepening the connections between the districts.

RYPEN (ROTARY YOUTH PROGRAM OF ENRICHMENT)



In our ongoing effort to inspire and develop young minds, the RYPEN (Rotary Youth Program of Enrichment) event was held across two locations—Dahisar and Matunga. This two-day program focused on educating youth about the significance of Rotaract and fostering their creative and leadership skills. The interactions with the enthusiastic participants were highly rewarding and underscored the potential of our future leaders.

CHRONICLES QUARTER I - THEME: FANCIFUL WHIMSY



September also provided a platform for our creative members to shine through the Chronicles Quarter I event. This initiative allowed our storytellers and writers to showcase their talents, revealing a rich array of imaginative and thoughtful contributions.

JASHN-E 3141

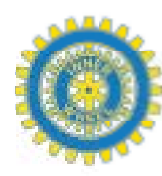


As the quarter concluded, 3141 Cha Raja welcomed Ganpati Bappa with open arms, celebrating an unstoppable year and seeking blessings for the present and future of Rotaract District 3141. The vibrant event reflected the district's unity and spirit.

Jashn-e-3141 brought together district teams from across the globe, offering them a chance to experience Mumbai's festive charm during Ganpati. The celebrations concluded with a special DRR Dinner, where incoming officials bonded over Mumbai's rich culture, delicious cuisine, and lively entertainment, marking the end of a successful quarter.

EDITED BY SREE NANDY

Inner Wheel IMPACT



The mission of Inner Wheel is to foster initiatives, services, and exemplary practices aimed at enhancing the lives of women and children worldwide. This is being achieved through a global network of dedicated and compassionate members.

CONTRIBUTED BY – JYOTI KOTAK, DISTRICT EDITOR, INNER WHEEL DISTRICT 314



IWC Bombay Mid-Town, in collaboration with the Cancer Patients Aid Association, conducted a project at the Western Railway Medical Unit. Here, we screened about 100 people for early detection of cancer.



IWC Bombay Central organised free eye check-ups and cataract surgeries for the underprivileged in collaboration with Shanmukhananda Medical Centre at the CGEES School, CGS colony, Antop Hill, Mumbai. Beneficiaries were 93 for the eye check-ups and approximately 20 for the cataract surgeries.



IWC Bombay Airport donated wheelchairs and stretchers worth INR 1,92,000 at KEM Hospital, Mumbai. Beneficiaries were many.



IWC Mumbai Khar celebrated Ganesh Chaturthi by organising weddings for two visually impaired couples and distributing lunch to the children of Angel Express at the Oceanview building in Khar. The total amount spent was INR 84,000.



IWC Bombay North Island donated a UV Water Cooler at Laxminagar School and printed the club's name on the Cooler. Lunch was also arranged for 35 teachers at the school. The total project cost was INR 1,03,806



EDITED BY SREE NANDY

Craft, Create, CELEBRATE

*Moulding the future
amidst Ganpati
Festivities*

CONTRIBUTED BY JHANKAR GADKARI,
AVENUE CHAIR, SANSKRITI



The Rain Gods have passed, and 'Vignaharta' Bappa has returned to His heavenly abode, only to return in the coming year to bless humanity.

'Bappa' is 'Achintya', 'Avyakta' and 'Ananta'. He is beyond thoughts, beyond expression and eternal. Hence no other entity is as beautiful as Him.

Team Sanskriti of District 3141 announced its project 'Bappa Murti' on the 1st of September, just before his arrival on the 7th.

The features of the project were:

- ❖ It was open to the age group of eight and beyond.



- ❖ Team Sanskriti provided a Murti-making kit comprising Shadu Clay, Cardboard, Toothpicks, Colours etc.
- ❖ The Murtis were made by the participants under the supervision of expert instructors.

Sanskriti's lead project coordinator was Rtn. Smita Puranik from RC Parleshwar.

The idea behind the project was to encourage the children to uphold India's culture, heritage and history.

Making Murtis of Bappa and being one with the festivities was the best way to encourage and sustain our roots.

Almost 1800 students from

23 schools all over Mumbai participated in the initiative.

What came out in the three-day-long exercise was the tremendous talent possessed by the children and their enthusiasm reflected in their sincere attempts to turn the clay balls' of Shadu into something marvellous and beautiful.

Team Sanskriti ensured adequate awareness was created in all the zones by regularly coordinating with various clubs.

The experts and sculptors present at the venue were a great help in guiding the children from time to time.

EDITED BY SREE NANDY



Rtn. Dr. Pallavi Saple, Honorary Member of RC Mumbai Mahim and esteemed Dean of JJ Hospital, is widely recognized for her exceptional expertise and decisive leadership in complex medical cases. Her insights are highly sought after.

Recently, she was invited to join a national task force following the brutal rape of a doctor, a case that has drawn widespread attention across India. As the only doctor from Maharashtra among the 10 members selected for this Supreme Court-mandated task force, Dr. Saple will contribute to drafting a blueprint for the safety of healthcare workers. Her invaluable experience and sound judgment are deeply trusted.

About Rtn. Dr. Pallavi Saple:

The 51-year-old pediatrician became the youngest dean of the state-run JJ Hospital since Independence when she assumed responsibility for its 48-acre campus in 2019. The daughter of a dental surgeon, she is an alumna of Grant Medical College, JJ Hospital.

Until recently, Dr. Saple also held the additional charge of Administrator of the Maharashtra Medical Council, considered the ethics watchdog for the medical profession. She has served

on several state-level committees, including the recent one formed to investigate alleged malpractices at Pune's Sassoon General Hospital, following the arrest of two doctors in the Porsche car crash case.

District 3141 is immensely proud to have her as an Honorary Member, and we wish her every success in her crucial role in establishing safeguards for the safety of healthcare workers.



WHEN BAPPA COMES HOME



Ashish Tapiawala, Rotary Club of Borivili



Anupama Jalan, Rotary Club of
Bombay Queen City



Manisha Kamble, Rotary Club of Ghatkopar West



Kalpna Sangla, Rotary Club of Ghatkopar West



Pooja Chopra, Rotary Club of Divas



Sandeep Jayaswal, Rotary Club of Ghatkopar West



Dr Jeevan Kini, Rotary Club of Ghatkopar West



Sahil Mehra, Rotary Club of Bombay Bayview



Dr Siddharth Udeshi, Rotary Club of Addiction
Prevention

'Due to space constraints, we regret that we are unable to publish all submitted photos of Ganesh idols, but we sincerely appreciate everyone's contributions.'