

VIBE

TOGETHER WE CAN, TOGETHER WE WILL



Rotary
District 3141



Governor's Monthly Letter,
Issue 3, September 2024



HE MADE A DIFFERENCE. BY BEING DIFFERENT.

Here the 5 year old
Albert Einstein isn't real,
but his achievements
in science are.

Your Autistic child can also make a difference.
Early detection of Autism helps.

If you notice that your little child does not make eye contact, or doesn't laugh or stays aloof,
please immediately contact a psychologist or an occupational therapist.

Landmark Projects of Rotary Club of Borivli

DIALYSIS TREATMENT



MATUSHREE MANGALABEN NATVARLAL THAKKAR ROTARY BORIVLI DIALYSIS RELIEF SCHEME

To support the treatment of dialysis for patients, which is highly costly treatment, Rotary Club of Borivli started an ongoing project, "MATUSHREE MANGALABEN NATVARLAL THAKKAR ROTARY BORIVLI DIALYSIS RELIEF SCHEME" wherein dialysis treatment to needy patients from economically weak background is given at a highly subsidized rates through 57 years old NGO, "Shree Borivali Gujarati Seva Mandal" at Borivali West.

Support to the needy patients for chemotherapy

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From the EDITOR-IN-CHIEF

A MONTH OF PATRIOTISM AND PROGRESS: CELEBRATING EDUCATION AND INCLUSION IN ROTARY DISTRICT 3141

As we enter September, Basic Education and Literacy Month, we find ourselves reflecting on the transformative power of education in building a strong, self-reliant India. The vision of a literate and empowered nation is a cornerstone for any thriving democracy, and Rotary District 3141 is proud to contribute significantly to this noble cause.



EMPOWERING THROUGH EDUCATION

Our flagship project, Vibrant Anganwadi, has been a beacon of hope for early childhood education. Under the exceptional leadership of DC AKS Nikunj Jhaveri and his dedicated team, we have revolutionized the learning environment for thousands of children. With renovated classrooms and the introduction of educational toys and other tools designed by QUEST, these Anganwadis have become vibrant centres of learning and growth. The result is a nurturing environment where children can explore, learn, and develop the foundational skills necessary for future success.

Building on this momentum, the L.E.A.R.N. initiative (Life Skill Education for Adolescents through Rotary Network), led by Dr. Swaroop Sampat Rawal and AC Leena Shah, has provided life skills education to adolescents, which is crucial for holistic development. The first batch of 45 teachers who received this training has already reported remarkable feedback, showcasing the initiative's success in shaping responsible and skilled future citizens.

SAMAVESH: A TRIBUTE TO NATIONAL UNITY

Our commitment to education extends beyond traditional boundaries. Through SAMAVESH - Project National Integration, we have fostered unity and understanding among diverse communities. The project's success is a testament to our belief in the power of education to unite and inspire. It is not just about learning in the classroom but understanding the shared values that make us all proud Indians. Please read the full article on the memorable trip (11-17 Aug) to Kashmir in this issue.

RECOGNITION OF EXCELLENCE IN CSR AND PHILANTHROPY

September also marks two significant events for our district. The Vibrant TRF Seminar on September 13, 2024, at Jade Garden Banquets, Mumbai, will honour our big-hearted donors with recognition at the hands of TRF Trustee Dr. Bharat Pandya. These generous contributions fuel our projects and ensure our vision of an educated, equitable society becomes a reality.

Following this closely is the first-ever Vibrant Rotary CSR Conclave & Awards Night on September 27, 2024, at the National Stock Exchange, BKC. This event will reward clubs and corporates for their outstanding contributions to



Rotary
District 3141



On the Cover: IAA Award winning campaign on autism under RID 3141 initiative of disability to ability and care for the elderly.

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society. With the presence of the Commerce Minister of India, Piyush Goyal, and TRF Trustee Chair, Mark Maloney, the evening promises to be a remarkable celebration of corporate and social responsibility.

AWARD-WINNING AUTISM AWARENESS CAMPAIGN

Lastly, I am delighted to share the phenomenal success of our Autism Awareness campaign, which was awarded the Best Cause-Based Campaign at the prestigious IAA Awards Night on August 22, 2024. This recognition is a testament to the hard work and dedication of our team and the incredible support we received from media giants like Meta, Hindustan Times, and Free Press Journal. Together, we have sparked a movement that will continue to raise awareness and foster inclusion for years to come. The entire credit for this wonderful initiative goes to AC Ramesh Narayan and DC Dr Mona Shah.



TOGETHER, WE BUILD THE FUTURE

As we celebrate these achievements, remember that every step forward is towards a brighter, more inclusive India. The Rotary spirit of Service above Self drives us to make a lasting impact in our communities. I am confident that together, we will continue to

create magic through our initiatives and build a vibrant, irresistible Rotary.

Let us embrace this month with patriotism and a renewed commitment to education and inclusion. Together, we can. Together, we will. Yours in Rotary,

Yours in Rotary,

Chetan Desai
District Governor, RID 3141

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Counselor's COLUMN

LITERACY MISSION

The first two months of the Vibrant year have been a whirlwind of activities across the District, with Rotarians, Rotaractors, and Interactors putting Service Above Self. We've already achieved new milestones in membership and The Rotary Foundation, and this is just the beginning. Our heartfelt compliments to all clubs.

Compiling the GML is a challenging task, made even more so by the incredible work you're doing. The GML team has been inspired by your dedication to serving society across the nation. This was evident in the tremendous response to our District project in Kashmir, "Samavesh-Project National Integration," which was a resounding success. Hats off to all involved.

This issue of our GML is a tribute to each of you, recognizing your service and dedication, especially in these challenging times when you continue to shine a light of hope.

September is Rotary's designated month of Basic Education and Literacy. 'Basic education and Literacy' is one of The Rotary Foundation's six areas of focus where we have a larger role to play in these crucial hours. This focus is crucial as basic education and literacy are essential for reducing poverty, improving health, fostering community and economic development, and promoting peace. The National Literacy Mission emphasizes the importance of literacy in daily life, yet significant gaps remain, especially between urban and rural areas, and between male and female literacy rates.

Rotary India Literacy Mission's T-E-A-C-H program is a comprehensive effort to achieve total literacy and quality education. It focuses on Teacher Support, E-learning, Adult Literacy, Child Development, and creating Happy Schools. Each of these areas is interconnected and essential to improving learning outcomes and influencing teaching practices, particularly in elementary schools.

Let's recognize our efforts in touching lives and continue believing in "The Magic of Rotary."

Ashish Tapiawala,
District Coordinator Publications



**To order the Vibrant District
Directory scan the code:**



A New Perspective on the **ROTARY FAMILY**



STEPPING into the role of First Lady of Rotary District 3141 has been a transformative experience for me. As the partner of District Governor Chetan Desai, I entered this journey with a supportive heart but little knowledge of the profound impact it would have on me. This year has given me a unique insight into the Rotary family and has reshaped my understanding of community, commitment, and connection.

Initially, I saw Rotary as an organisation focused on service and leadership, but my perspective has evolved significantly. Through this journey, I have come to see Rotary as more than just a network of individuals working toward common goals. It is a family—one that extends beyond formal meetings and service projects. It's a family that welcomes everyone, fosters deep connections, and provides a sense of belonging.

My experiences have allowed me to witness the beauty of this extended family. I have seen the unwavering support members offer each other, the camaraderie beyond geographical boundaries, and the genuine care for each other's well-being. Whether it's sharing a laugh, offering a shoulder to lean on, or coming together to celebrate successes, Rotary truly embodies the spirit of togetherness.

One of the most heartwarming aspects of this journey has been the friendships we have forged. These relationships go beyond the surface, creating a tapestry of meaningful connections that enrich our lives. It

has been a joy to see how each member, regardless of their role, brings something unique to the table, contributing to a vibrant and dynamic community.



I have also been inspired by the dedication and passion of Rotarians and their families. Witnessing firsthand the impact of their efforts, from community service projects to global initiatives, has been a humbling experience. It has shown me that Rotary is not just about what we do but who we are together.

This role has given me a new perspective on the value of relationships within Rotary. It has made me appreciate the magic that happens when we come together with a shared purpose. As I reflect on my journey this year, I am filled with gratitude for the opportunity to be part of such a loving and committed family.

Thank you to every Rotarian, spouse, and family member who has welcomed me into this extraordinary journey. Your warmth, kindness, and dedication have shown me the true spirit of Rotary, and I am honoured to be a part of it.

With heartfelt appreciation,

Jwala Desai
First Lady of Rotary District 3141

CONGRATULATIONS!

We are thrilled to announce that Rtn. Manish Gyani, District Coordinator : TRF Support during this Vibrant year, has been appointed as the "Assistant End Polio Now Coordinator" for Zone 4-West for RY 24-25. This marks the second consecutive year that Rtn. Manish has been entrusted with this prestigious role. In this capacity, he will oversee Polio related activities and fundraising efforts across six Districts in Maharashtra, Gujarat, Rajasthan and Madhya Pradesh.



From the MANAGING EDITOR'S Desk



Rotary
District 3141



Unbottled: The Power of Speaking Up

As stress, anxiety, loneliness, and depression rapidly permeate our society, mental health concerns are no longer just someone else's problem—we are losing family and friends to them. The first barrier in addressing mental health issues is that they are still kept closeted, burdened by the stigma of being judged and the potential embarrassment that follows. By helping to normalize conversations about mental health, we make it easier for people to seek help. Speaking up about mental health is a crucial step in fostering a culture of understanding, support, and proactive care.



Rotary, as an organization, has thrived for over 100 years due to its ability to embrace societal issues in a dynamic and evolving world. Its focus on mental health is yet another relevant step in its role as a social harbinger. RID 3141's shared vision of creating a happier and healthier society has led to several impactful mental health initiatives during this Vibrant year under DG Chetan Desai. It is heartening to see that celebrities and influencers beyond the network of Rotary have stepped forward to walk with us. Together, we hope to create a more tolerant, connected, and understanding world where no one feels the need to 'Bottle it Up.'

Sree Nandy
Managing Editor
Rotary Club of Mumbai Kalakar

EDITORIAL TEAM



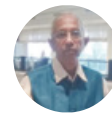
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Remembering friends we lost on the way

KLARION KALL OF KASHMIR

‘Samavesh’ under Project National Integration [PNI]

WRITTEN BY RTN JHANKAR GADKARI
MEMBER OF TEAM PROJECT NATIONAL
INTEGRATION
AVENUE CHAIR, SANSKRITI

THE week of 11th to 17th August 2024 will be permanently imprinted in the minds of the 120 plus Rotarians of RID 3141.

The entire contingent under the leadership of District Governor Chetan Desai and the Lead for Project National Integration (PNI) Deepak Jiandani, landed at Sheikh Ul Alam International Airport, Srinagar at around 10 am on the 11th of August 2024.

One could feel the excitement amongst the Rotarians, as they were warmly received by Prez Vinay Khetawat, members of the Rotary Club of Western Elite, and Farokh and his team from Arika Travels. Nine plush 16-seaters were lined up for the group, and after morning breakfast with dry fruits, the contingent was on its way to Pahalgam- a three-hour journey through the picturesque vale of Kashmir. All along the journey to our destination in Pahalgam, we witnessed heavy army presence ensuring enhanced security and a peaceful environment.

11TH AUGUST

We checked into the Hotel Hilton, and the stay and meals were very comfortable. This scenic valley was like a heaven on earth set amidst the wilderness of the





mighty Himalayas. These valleys are important trekking routes for the Amarnath and Mount Kailash pilgrimage. The views were serene and soothed the eye.

12TH AUGUST

In the morning, we left for Kokarnag in the Anantnag district. The visit to the Botanical Gardens was quite enlightening where the springwater is famous for its purity and rich mineral content.

The story of Kokarnag is quite interesting. The origin of the name is 'Kokar' which means Hen and 'Nag' which means Spring or Snake. It is said that at the behest of a holy man, a snake turned itself into a hen, clawed the earth and produced a spring which flows through the seven sources and produces enough water for 3-4 lakh people in the district.

After Kokarnag, we witnessed the ancient Sun Temple: Martanda. This structure bore proof that this land was occupied by progressive and scholarly Hindu and Buddhist civilisations almost 1,400 years ago.

The evening was star-studded with D 3141 talent on display. Songs on the moonlit lawns of Hilton grew into a lifelong bond among fellow Rotarians.



13TH AUGUST

After a brief visit to Lidder Valley, Betab Valley and the Mamal Temple in the morning, the group headed to Srinagar, the capital city known for its beauty and the famous Dal Lake.

14TH AUGUST

The day started with a climb to Shri Shankaracharya Temple on the hill overlooking the serene and impressive Dal Lake. The visit and the 'Darshan' of the temple deity was a heartwarming experience.

We visited Chasme Shahi, the Royal Springs, the water of which is supposed to have curative

minerals and was adorned by the breathtaking Mughal Garden.

This was followed by a ride in the Dal Lake in the Famous Shikaras.

THE MAGICAL EVENING OF 14TH AUGUST: CAMP SRINAGAR

The evening was reserved for a Press conference which was well organised. Deepak Jiandani, Project Lead welcomed the audience. District Governor Chetan Desai 'walked the talk' in his address to the august gathering. He appealed to the Press and other media personalities to give credence to the support Rotary is offering to Kashmir's remote



educational projects and midwifery training for 65 young girls in Macchal, a remote area of Kashmir. Ms Abida, a social worker and an activist, validated the benefits the locals were enjoying with deliveries happening with the least complications.

DG Chetan Desai tabled his ambitious plans. He said that the present project 'Samavesh', under Project National Integration will create ripples in the region. This initiative, he claimed, would certainly lead to national integration 15th August

THE INDEPENDENCE DAY

It is always a big day in every part of India and Srinagar is no exception. Despite heavy rains, Rotarians in full white and 'Tiranga' wrapped around themselves were present in large numbers to hoist the flag with the CRPF Jawans.

The evening was left to move around the city. Most of us headed for the iconic Bell Tower

areas and the hospitals and Goodwill Schools managed by the Army. Present were Mr Salim Pandit, Chief Editor of Times of India and President of Press Trust of Jammu and Kashmir, social activist Ms Abida War, BJP head of media Mr Sheikh Salman and President Manjeet Singh and Club Secretary Taufiq from Rotary Club of Srinagar. DG Chetan also shared about the continuity of Project National Integration initiated by last year's District Governor Arun Bhargava and the then Project Lead Rajan Dua.,

In 2023, RID 3141 initiated





2500 plus rakhis with personalised messages were sent by sisters from more than 20 clubs of the District 3141. These were handed over to the army and tied by army jawan brothers on the occasion of Raksha Bandhan.

in Lal Chowk. It was with an acute sense of pride, we held the Indian Tricolour below the Ghanta Ghar.

16TH AUGUST

A full-day trip to the picturesque Gulmarg was refreshing. The Gondola ride, the visit to Khyber Hotel, and the horse ride to Bollywood shooting sites were the high points of the visit.

THE EVENING CELEBRATES THE MAGIC AND THE POWER OF THE ROSARY

The evening was a gala dinner organised by RID 3141, with several Army bigwigs in attendance.

DG Chetan opened the meeting with an appeal to the gathering regarding the needs in hospitals and schools managed by the Army. Brigadier Nikhil Tiwari addressed the audience on the role of their men and the responsibilities and expectations from the corporates. Then the Magic began. One after another, project funding requirements from the army and the civilians of Kashmir were committed to by Rotarians present in the conference hall. The atmosphere was charged with euphoria and excitement.

When the formal programme was over, RID 3141 had committed INR 7 crores to the various needs and causes with INR 5 crores in the pipeline for further plans in the area.

In the implementation of these initiatives with a sense of 'Vibrancy', 'The Magic of Rotary' will unfold itself in 'Doing Good To The World'.

17TH AUGUST

We bade farewell to Kashmir with a promise to answer the clarion call of Kashmir, integrating the Crown State of Bharat into the mainstream with trust and love. In the seven magical days amidst all the fellowship and bonhomie, the Rotarians showed their seriousness and willingness to be catalysts in bringing Peace and Understanding via Economic Development, Education and the betterment of Health in the far-flung areas of Kashmir.

*Agar Firdaus bar ru-ye zamin
ast Hamin ast-o hamin ast-o hamin
ast*

If there is heaven on earth It is this,
it is this, it is this!

These lines are inscribed in the Diwan-E-Khas in Delhi's Red Fort the; Killa-e-Mubarak. Certainly, Rotarians of 3141 are not giving up on this heaven on earth.

We will answer The Klarion Kall of Kashmir...With Konviction.

EDITED BY SREE NANDY

New Leaders, New Horizons INSTALLATIONS OF VIBRANT PRESIDENTS



Rotary Club of Marine Drive Mumbai

The Rotary Club of Marine Drive Mumbai proudly installed Rtn. Arvind Katakdhond as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 01/06/2024.



Rotary Club of Dahanu Sea Coast

The Rotary Club of Dahanu Sea Coast proudly installed Rtn. Nilesh Jitithor as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 02/06/2024.



Rotary Club of Mumbai Wadala East

The Rotary Club of Mumbai Wadala East proudly installed Rtn. Amar Chavan as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 03/06/2024.



Rotary Club of Mumbai Versova

The Rotary Club of Mumbai Versova proudly installed Rtn. Sorabh Poddar as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 14/06/2024.



Rotary Club of Mumbai Ghatkopar West

The Rotary Club of Mumbai Ghatkopar West proudly installed Rtn. Shruti Dharamsi as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 16/06/2024.



Rotary Club of Mumbai Mulund East

The Rotary Club of Mumbai Mulund East proudly installed Rtn. Ananthalakshmi Balakrishnan Iyer as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 20/06/2024.



Rotary Club of Bombay Hills South

The Rotary Club of Bombay Hills South proudly installed Rtn. Neeraj Dhawan as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 22/06/2024.



Rotary Club of Mumbai Kandivli West

The Rotary Club of Mumbai Kandivli West proudly installed Rtn. Devsingh Shahani as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 22/06/2024.



Rotary Club of Mumbai Bhandup

The Rotary Club of Mumbai Bhandup West proudly installed Rtn. Asha Narang as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 24/06/2024.



Rotary Club of Mumbai Elegant

The Rotary Club of Mumbai Elegant proudly installed Rtn. Nidhika Bahl as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 04/07/2024.



Rotary Club of Deonar

The Rotary Club of Deonar proudly installed Rtn. Dr. Rajashri Mokashi as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 06/07/2024.



Rotary Club of Mumbai Bravehearts

The Rotary Club of Mumbai Bravehearts proudly installed Rtn. Tasneem Mun as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 07/07/2024.



Rotary Club of Mumbai Kalakar

The Rotary Club of Mumbai Kalakar proudly installed Rtn. Haima Deshpande as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 12/07/2024.



Rotary Club of Mumbai Royales

The Rotary Club of Mumbai Royales proudly installed Rtn. Prashant Surana as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 12/07/2024.



Rotary Club of JVPD Mumbai

The Rotary Club of JVPD Mumbai proudly installed Rtn. Raksha Pokharna as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 13/07/2024.



Rotary Club of Mumbai Malabar Hill

The Rotary Club of Mumbai Malabar Hill proudly installed Rtn. Pallavi Sanghvi as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 14/07/2024.



Rotary Club of Bombay Mid-City

The Rotary Club of Bombay Mid-City proudly installed Rtn. Ajay Mishra as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 14/07/2024.



Rotary Club of Bombay Juhu Beach

The Rotary Club of Bombay Juhu Beach proudly installed Rtn. Mansi Thakkar as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 15/07/2024.



Rotary Club of Mumbai Coastline

The Rotary Club of Mumbai Coastline proudly installed Rtn. Nishant Mehta as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 16/07/2024.



Rotary Club of Bombay Sea Face

The Rotary Club of Bombay Sea Face proudly installed Rtn. Minal Turakhia as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 18/07/2024.



Rotary Club of Bombay Central

The Rotary Club of Bombay Central proudly installed Rtn. Surangi Jitendra Mehta as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 21/07/2024.



Rotary Club of Bombay Bandra

The Rotary Club of Bombay Bandra proudly installed Rtn. Rahul Rohra as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 23/07/2024.



Rotary Club of Borivali Wonders

The Rotary Club of Borivali Wonders proudly installed Rtn. Dharti Joshi as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 24/07/2024.



Rotary Club of Mumbai Makabo

The Rotary Club of Mumbai Makabo proudly installed Rtn. Shubhada Alka as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 27/07/2024.



Rotary Club of Upper Kandivli

The Rotary Club of Upper Kandivli proudly installed Rtn. Mahesh Bhatkal as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 27/07/2024.



Rotary Club of Queen's Necklace

The Rotary Club of Queen's Necklace proudly installed Rtn. Shilpa Mehta as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 28/07/2024.



Rotary Club of Mumbai Cuffe Parade

The Rotary Club of Mumbai Cuffe Parade proudly installed Rtn. Errick Elavia as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 29/07/2024.



Rotary Club of Mumbai Jewels

The Rotary Club of Mumbai Jewels proudly installed Rtn. Charul Sharma as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 01/08/2024.



Rotary Club of Mumbai Borivali East

The Rotary Club of Mumbai Borivali East proudly installed Rtn. Tulshidas Sawant as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 02/08/2024.



Rotary Club of Mumbai West End

The Rotary Club of Mumbai West End proudly installed Rtn. Somik Shah as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 03/08/2024.



Rotary Club of Mumbai National Park

The Rotary Club of Mumbai National Park proudly installed Rtn. Suresh Naidu as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 04/08/2024.



Rotary Club of Mumbai Marvels

The Rotary Club of Mumbai Marvels proudly installed Rtn. Nitinchandra V. Khasgiwala as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 04/08/2024.



Rotary Club of Mumbai Inspire

The Rotary Club of Mumbai Inspire proudly installed Rtn. Alpa Shah as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 07/08/2024.



Rotary Club of Bombay Worli

The Rotary Club of Mumbai Worli proudly installed Rtn. Akanksha Bector as the Vibrant President along with her Board of Directors for the Vibrant Year 2024-25 on 13/06/2024.



Rotary Club of Mumbai Sion

The Rotary Club of Mumbai Sion proudly installed Rtn. Kiran Shetye as the Vibrant President along with his Board of Directors for the Vibrant Year 2024-25 on 26/06/2024.

Vibrant

Engage in the diverse initiatives that enhance lives and build communities.



SUSTAINABLE ECOSYSTEM-DISTRIBUTION AND PLANTATION OF 2000 TREES BY ROTARY CLUB OF BOMBAY BAYVIEW

Club President: Rtn Rajni Barasia

Area of Focus: Environmental Sustainability

Location of Project: Maharashtra: Sogave, Nagzari, Karajgaon, villages in Dahanu and Talasari Talukas, Palghar District Gujarat: Various locations across 24 blocks in 5 districts

Date of Execution: 5th August 2024

Project Description

Under President Rtn Rajni Barasia, the Rotary Club of Bombay Bayview distributed 2,000 Kesar mango saplings and other tree species to the underprivileged tribal communities in Maharashtra and Gujarat. This initiative promotes environmental sustainability, combats malnutrition, and bolsters local ecosystems. By equipping these communities with vital agricultural skills, the project fosters economic empowerment through mango cultivation, providing a sustainable income source. Additionally, it enhances climate resilience, ensuring long-term environmental and social benefits. This comprehensive effort is a step towards sustainable development and improved livelihoods for these marginalized communities.

Number of Beneficiaries: 2,000 tribal families

Rotarian-Hours Spent: 100

Value of the Project: INR 3,50,000/-



BLOOD DONATION CAMP BY ROTARY CLUB OF BOMBAY QUEEN CITY

Club President: Rtn Ajay Agrawal

Area of Focus: Anaemia, Thalassemia and Blood Donation

Location of Project: K.C. College, Churchgate

Date of Execution: 5th August 2024

Project Description

The Rotary Club of Bombay Queen City, in collaboration with Hinduja Hospital and HSNC University, organised a highly successful two-day health check-up and blood donation camp at K.C. College, Churchgate. Over 300 individuals benefited from comprehensive health services, reflecting the event's significant impact. Key contributors included President Rtn Ajay Agrawal, Secretary Rtn Surendra Ruia, Medical Director Rtn. Dr Arun Gupta, PP Rtn Anup Gupta, Treasurer Rtn Vijay Singhal, PP Rtn Vijay Ankalkoti, and Rtn Ralphy Jihrad, whose active participation played a pivotal role in the camp's success.

Number of Beneficiaries: 300

Rotarian-Hours Spent: 5

Value of the Project: INR 6,250/-

Sponsors/Partners: Hinduja Hospital and HSNC University



OVER 2000 ADULT DIAPERS DISTRIBUTED BY ROTARY CLUB OF MUMBAI GHATKOPAR WEST

Club President: Rtn Shruti Dharamsi

Area of Focus: Health and Hygiene

Location of Project: Rupvan Old Age Home, Panvel

Date of Execution: 9th August 2024

Project Description

Rotarians of the club—Shruti, Shrini, Sunder, Kalpana, Nikunj, Annie, Harish, and Manisha came together to address a pressing need at Rupvan Old Age Home, home to 23 bed-bound elders. Recognizing the crucial yet often overlooked need for adult diapers, which are essential for the residents' comfort and hygiene, the team worked tirelessly to raise funds. Their collective effort resulted in the donation of these vital supplies, ensuring the dignity and well-being of the elders and easing the burden on the facility's caregivers. This impactful act exemplifies the Rotary spirit of service above self.

Number of Beneficiaries: 23

Rotarian-Hours Spent: 16

Value of the Project: INR 50,000/-

Sponsors/Partners: Pee-safe, part sponsors



CERTIFICATE COURSE IN BEAUTY AND MAKEUP FOR THE FEMALE PATIENTS OF THE REGIONAL MENTAL HOSPITAL BY ROTARY CLUB OF MUMBAI KALAKAR

Club President: Rtn Haima Deshpande

Area of Focus: Mental Health

Location of Project: Regional Mental Hospital, Thane

Date of execution: 6th August 2024

Project Description

This is a certificate course which is being offered by the Rotary Club of Mumbai Kalakar to the Mental Hospital, for its female patients. There will be 10 patients who have been shortlisted by the Occupational Therapy department of the hospital to study this course. There will be four levels of this course, each level will be spread across two months. The course modules, customised for these patients, will be taught by experts in the field of beauty and makeup. The students will receive certificate of completion at the end of every level of the course.

Number of Beneficiaries: 10

Rotarian-Hours Spent: 5

Value of the Project: INR 1,00,000



PROVIDING WATER TO THE DROUGHT HIT CASPADA IN THE INTERIORS OF VIKRAMGARH BY ROTARY CLUB OF BOMBAY BAYVIEW

Club President: Rtn Rajni Barasia

Area of Focus: Clean and safe water for health and hygiene

Location of Project: Caspada, Vikramgarh Taluka

Date of Execution: 5th August 2024

Project Description

The new well in Caspada has transformed life for 85 families, who previously faced severe water shortages and had to walk kilometres to fetch water. Now, with reliable access to clean water, the community's health, hygiene, and overall quality of life have significantly improved. Families can meet their daily needs and grow kitchen gardens, enhancing nutrition and food security. The well has not only alleviated the burden of fetching water but has also freed up time for other productive activities, fostering greater well-being and development within the community.

Number of Beneficiaries: 85 tribal families

Rotarian-Hours Spent: 100

Value of the Project: INR 6,50,000/-



NOTEBOOKS DISTRIBUTION BY ROTARY CLUB OF MUMBAI MULUND EAST

Club President: Rtn Ananthlakshmi Iyer

Area of Focus: Literacy

Location of Project: RR School, Mhada colony, Mulund East

Date of Execution: 27th July 2024

Project Description

360 long notebooks were distributed among the underprivileged students of RR Secondary School, Mhada Colony, Mulund East.

Number of Beneficiaries: 90

Rotarian-Hours Spent: 6

Value of the Project: INR 15,000/-

Sponsors/Partners: Rtn Neelam Khadke



DISHA TRAINING PROGRAMME ORGANISED BY ROTARY CLUB OF LOKHANDWALA KANDIVALI

Name of the Participating Club:

Host Club: Rotary Club of Lokhandwala Kandivali

Lead Club: Rotary Club of Bombay Hanging Garden
Club President: Rtn Priya Shenoy- Host Club; Rtn Jayesh Mehta- Lead Club

Area of Focus: Mental Health

Location of Project: Matunga Lions Pioneer English School

Date of Execution: 7th to 9th August 2024

Project Description

From 7th to 9th August 2024, twenty-three teachers from Matunga Lions Pioneer English School completed the DISHA (Directive Intervention for Sustainable Mental Health Awareness) certification programme. Facilitated by MPOWER, an Aditya Birla Education Trust initiative, this eight-hour programme used videos, role plays, and discussions to address mental health concerns and encouraged seeking professional help. The Principal and staff praised the program for its structured, interactive approach, which they believe will empower teachers to become Mental Health Soldiers, equipped to support students' well-being effectively.

Number of Beneficiaries: 23 teachers

Rotarian-Hours Spent: 20

Value of the Project: INR 2,000/- + Notional INR 11,800/-

Sponsors/Partners: MPOWER, Aditya Birla Education Trust



RAKHI FOR JAWANS BY ROTARY CLUB OF LOKHANDWALA KANDIVALI

Club President: Rtn Priya Shenoy

Area of Focus: Samavesh - Project National Integration

Location of Project:

Anudatt Vidyalaya and Junior College, M.L.R.T. Gala Pioneer English School, Raj High School, St. Thomas Malankara School, Lokhandwala Foundation School, Gharkul Public Charitable Trust- Day Care Centre for Special Children

Date of Execution: 24th July to 4th August 2024

Project Description

Involving school students in making rakhis for Jawans at the border turned out to be a unique and heartwarming initiative that fosters patriotism, gratitude, and cultural pride. The creation of over 450 handmade rakhis not only honoured the sacrifices of our soldiers but also deepened the students' connection to their cultural roots. The Principal's wholehearted support energised the staff and students, making the project a vibrant celebration of love, respect, and unity. This inspiring endeavour beautifully blended tradition with a profound sense of national duty, leaving a lasting impact on all participants.

Number of Beneficiaries: Countless Jawans at the border

Rotarian-Hours Spent: 15

Value of the Project: Priceless

Sponsors/Partners: The six schools listed above



DISTRIBUTION OF SCRATCH CARDS FOR EDUCATION APP BY ROTARY CLUB OF BOMBAY QUEEN CITY

Club President: Rtn Ajay Agrawal
Area of Focus: Basic Education and Literacy
Location of Project: 5 Municipal Schools
Date of Execution: 30th July 2024

Project Description

The club distributed Scratch Cards for Smart Education App books to 10th-grade students in five municipal schools. This provided access to digital learning resources. The initiative, aimed at enhancing academic performance and digital literacy. The club is helping to bridge the educational gap, empowering students to excel and prepare well for their future.

Number of Beneficiaries: 422
Rotarian-Hours Spent: 5
Value of the Project: INR 7,46,940/-
Sponsors/Partners: PP Rtn Anup Gupta, PP Rtn Rakesh Agarwal, Rtn Pradeep Bubna, Rtn Arun Kumar Gupta, Rtn Surendra Ruia, and Rtn Ajay Agrawal of the Rotary Club of Bombay Queen City.



L.E.A.R.N (LIFE SKILLS EDUCATION FOR ADOLESCENTS THROUGH ROTARY NETWORK)

Platinum Host Club: Rotary Club of Mumbai Elegant
Club President: Rtn Dr Nidhika Bahl
Area of Focus: Basic Education and Literacy
Location of Project: Juhu Gymkhana, Mumbai.
Date Of Execution: Completion Date 10th August 2024

Project Description

Under Vocational Director Madhulika Agarwal, the club raised funds to become a Platinum Co-Host for the LEARN project of District 3141. Madhulika's generous contribution as the primary donor, and support from other donors helped. Their combined efforts have brought this project to life.

Number of Direct Beneficiaries: 45
Rotarian-Hours Spent: 50
Value of the Project: INR 1,00,000/-
Sponsors/Partners: Madhulika Agarwal, Kavita Mungi, Sejal Shah, Meenaakshi Todi, Shraddha Agarwal, and Rtn President Nidhika Bahl.



RAKHI-MAKING FOR JAWANS BY ROTARY CLUB OF MUMBAI GHATKOPAR WEST

Club President: Rtn Shruti Dharamsi
Area of Focus: Samavesh - Project National Integration

Location of Project: Ghatkopar West
Date of Execution: 5th to 9th August 2024

Project Description

The club led an initiative involving students from three schools. They crafted 800 rakhis, with personal letters, for soldiers at the Kashmir border. Vivek Vidyalaya hosted a rakhi-making competition, managed by Rotarians. These rakhis were delivered personally by Rtn Arun Ganapathy, Rtn Tejaswini Rane and Rajesh Rane.

Number of Beneficiaries: Over 800
Rotarian-Hours Spent: 48
Value of the Project: INR 6,500/-
Sponsors/Partners: Self sponsored



DIAGNOSIS TO TREATMENT: MEGA MEDICAL CAMP BY ROTARY CLUB OF MUMBAI WESTERN ELITE

Club President: Rtn Vinay Khetawat

Area of Focus: Community Service-Medical, Community Health

Location of Project: NESCO grounds, Goregaon, Mumbai

Date of execution: 7th July 2024

Project Description

This mega initiative had a vision of 'Diagnosis to Treatment', where close to 4000 attendees benefited from free and complete health care. Transforming the venue into a multi-specialty facility with over 70 consultation rooms, more than 100 doctors and medical staff volunteered their services and provided consultation and treatment. Free medicines and spectacles were provided at the camp. 379 beneficiaries were identified for follow-up treatment. The RCMWE team is now working diligently to facilitate continued care for these individuals, partnering with hospitals and specialists to ensure they receive the necessary treatments.

Number of Beneficiaries: 4000

Rotarian-Hours Spent: 2400

Value of the Project: INR 20,00,000/-

Sponsors/Partners: Lilavati Hospital and Research Centre, Bhagwati Ferro Metal (P) Ltd, SMC Global, Laqshya Media, and NESCO grounds



CERVICAL AND BREAST CANCER SCREENING CAMP FOR ADIVASI WOMEN OF TANSVA VALLEY BY ROTARY CLUB OF BOMBAY KANDIVLI

Club President: Rtn Dr Sadhana Edvankar

Area of Focus: Disease Prevention & Treatment

Location of Project: Ganesh Puri

Date of execution: 27th July 2024

Project Description

RC Bombay Kandivli In association with Mumbai Oncocare Centre and Prasad Chikitsa at Ganeshpuri conducted a cervical and breast cancer screening Camp for Adivasi Women.

Patients were screened at regular gynaecological OPD of Prasad Chikitsa since last 3 months. Suspected patients were subjected for the Mammography, Pap Smear and HPV testing. Mobile Cancer Screening Van of MOC Screened 27 patients for Mammography test. Pap smear was conducted for 4 patients and HPV testing with gene expert was carried out for 7 patients by Prasad Chikitsa gynaecological Department. Oncologist Dr Pritam Kalaskar was present in person for this camp. Grateful to our Medical Director Rtn Dr Neeta Dodwad for arranging this camp.

Number of Beneficiaries: 38

Rotarian-Hours Spent: 280

Value of the Project: INR 50,000/-

Sponsors/Partners: Self Funded



CANCER DETECTION CAMP BY ROTARY CLUB OF MUMBAI LAKERS

Club President: Rtn Palvi. N. Aggarwal
Area of Focus: Medical and Youth
Location of Project: Sinhgad College
Date of Execution: 29th July 2024

Project Description

The Rotary Club of Mumbai Lakers, in collaboration with the Cancer Patient Aids Association, organised a comprehensive cancer detection camp at Sinhgad College, Chandivali. Screening 59 individuals (28 men, 31 women), the camp offered ENT exams, blood tests, breast and PAP smear tests, and HPV Hybrid Capture 2 for cervical cancer. Men received prostate exams. Following the screenings, 36 individuals were advised to undergo further tests, including annual checkups for tobacco users, pelvic and abdominal exams, and Sono mammography, ensuring thorough follow-up care.

Number of Beneficiaries: 59

Rotarian-Hours Spent: 30

Value of the Project: INR 50,000/-

Sponsors/Partners: Rotary Club of Mumbai Lakers and Sinhgad College



SPARSH DRISHTI BY ROTARY CLUB OF MUMBAI MALABAR HILL

Club President: Rtn Pallavi D Sanghvi
Area of Focus: Basic Education for The Blind
Location of Project: Kamla Mehta School for Blind, Dadar Mumbai
Date of Execution: 27th July 2024

Project Description

Feel and see! Tactile frames depicting seven wonders of the world and India were specially made and donated to Kamla Mehta School for Blind. Children can feel the seven wonders of the world and India and know how they look. It will benefit many children year on year. A fabulous invocation song and welcome song was presented by the girls. The excitement on their faces was worth the visit. A special thanks to Nirant Foundation and Sparsh Drishti for making the frames. The project was well attended by Rotarians and Partners.

Beneficiaries: 120 children every year

Rotarian-Hours Spent: 20

Value of the Project: INR 1,00,000/-



MUSKAAN '24 BY ROTARY CLUB OF MUMBAI WESTERN ELITE

Club President: Rtn Vinay Khetawat

Area of Focus: Community Development

Location of Project: Nesco Goregaon, Mumbai

Date of Execution: 17th July 2024

Project Description

Muskaan '24 was a flagship event with 175 stalls, 4000+ visitors, and 50+ volunteers. The club had 9 big brands as sponsors and raised a total of INR 30,00,000/- with an overall profit of INR 6,50,000/-

Number of Beneficiaries: 130+ families

Rotarian-Hours Spent: 636

Value of the Project: INR 30,00,000/-

Sponsors/Partners: 9 big brands



VAN MAHOTSAV

Participating Club(s) Host / Co-Host:

Rotary Club of Mumbai Dahisar
Inner Wheel Club of Mumbai Dahisar
Rotaract Club of Dahisar Coast

Club President: Rtn Avinash Naimpally

Area of Focus: Environment

Location of Project: Dahisar

Date of Execution: 20th and 21st July 2024

Project Description

The club organized Van Mahotsav, a vibrant initiative promoting a greener, pollution-free environment by distributing 1000 Areca palm and 1000 guava plants. Over 650 people, including enthusiasts from Pune, collected plants, with participation from 60+ housing societies and 15+ schools. The project, supported by the Rotary Club of Mumbai Dahisar, Inner Wheel Club of Mumbai Dahisar, Rotaract Club of Dahisar Coast, and Udaan Parivar (a senior citizens group of NL Complex), reached various community hubs like the Dahisar Police Station and BMC offices. Led by Project Chairman PP Rtn Durgesh Sthalekar, this initiative fostered environmental stewardship across the community.

No. of Beneficiaries: 10000

Rotarian-Hours Spent: 100

Value of the Project : INR 1,00,000/-

Sponsors/Partners: LEAP India Pvt Ltd through CSR funds



YEAR-LONG NUTRITIONAL SUPPORT FOR 100 ANGANWADI CHILDREN BY ROTARY CLUB OF MULUND

Club President: Seema Sudhir Joshi

Area Of Focus : Maternal and Child Health

Location of Project: 7 Anganwadis

Date Of Execution: Ongoing for the entire year.

Project Description

RC Mulund has initiated a vital project, inaugurated by PRID Ashok Mahajan, to combat malnutrition in 100 underprivileged children across seven Anganwadi centres. Recognizing the childrens' stunted growth due to protein deficiency, the club is distributing daily protein-rich laddus made from soybean, daliya, and groundnut for an entire year. The project, led by Chairman Sudhir Joshi and guided by child specialist Dr. Kirti Bothra, aims to improve the children's growth and overall health. Their progress will be carefully monitored, making this initiative a significant step towards better health and development.

Number Of Beneficiaries: 100

Rotarian Hours will be spent: 600

Value of the Project: INR 6,00,000/-



STEP FORWARD (JAIPUR FOOT) BY ROTARY CLUB OF MUMBAI ELEGANT

Club President: Rtn Dr Nidhika Bahl

Area of Focus: Disability to Ability

Location of Project: Bhagwan Mahaveer Viklang Sahaytaa Samiti, K.E.M Orthopedic Hospital, Ground Floor, Dr. Borjis Road, Opp. Tata Hospital, Parel, Mumbai-400012

Date of Execution: 19th July 2024

Project Description

RCM Elegant successfully completed the project, 'Step Forward.' Members came together with unwavering dedication, united by the shared vision of enhancing mobility through the distribution of 24 Jaipur Foot prosthetics. The collective mission was to restore not just physical mobility, but also the independence and dignity of those who had lost their limbs. 'Step Forward' transcended the provision of a mobility aid; it was an endeavor to empower these resilient individuals, helping them to step back into life's rhythm and reintegrate into their communities, rediscovering their potential along the way.

Number of Beneficiaries: 24

Rotarian-Hours Spent: 60

Value of the Project: INR 1,20,000/-

Sponsors/Partners: Rtn Nitika Arora, Rtn Sangeeta Jain, and Rtn Dr Nidhika Bahl



DESKTOP COMPUTERS DONATION

Participating Club(s) Host / Co-Host:

RC of Mumbai Dahisar

Inner Wheel Club of Mumbai Dahisar

Club President: Rtn Avinash Naimpally

Area of Focus: Basic Education and Literacy

Location: Dahisar

Date of Execution: 2nd Aug 2024

Project Description

Six desktop computers were donated to Infant Jesus School in Dahisar as part of a collaborative project with the Inner Wheel Club (IWC) of Mumbai Dahisar. The entire initiative was generously funded by PP Rtn Durgesh Sthalekar and IWC Secretary PP Pooja Sthalekar, in loving memory of Durgesh's mother, Late Smt. Sushila Sthalekar. The project was chaired by Rtn Rajkumar Chadha and coordinated by CPP Rtn Rajendran Unnikrishnan.

No. of Beneficiaries: 10000

Rotarian-Hours Spent: 100.

Value of the Project : INR 1,20,000/-

Sponsors/Partners: PP Rtn Durgesh Sthalekar and IWC Secretary PP Pooja Sthalekar



INAUGURATION OF ENGLISH SPEAKING AND PERSONALITY DEVELOPMENT PROGRAM ACROSS 16 SCHOOLS BY ROTARY CLUB OF MUMBAI KANDIVALI WEST

Club President: Rtn Devsingh Shahani

Area of Focus: Basic Education and Literacy

Location of Project: In and around Kandivali west

Date of Execution On Going Project

Project Description

The project involves coaching 18 batches of 50 students each from the 9th standard in vernacular medium schools, focusing on English language skills and personality development. These students come from economically weaker sections of society. The program spans eight months, with sessions conducted for 2 hours each week, totalling 50 hours of training. The training is delivered by professionally trained trainers from an English-speaking institute based in Mumbai. This initiative has been the flagship project of the club for 13 years and has significantly impacted nearly 7,000 students from these schools, contributing to their personal and academic growth.

Number of Beneficiaries : 900

Rotarian-Hours Spent: 800

Value of the Project : INR 9,00,000/-

Sponsors/Partners: BNI India



PLASTIC NEUTRAL SOCIETY CORNER BY ROTARY CLUB OF BOMBAY MID-CITY

Club President: Rtn Ajay Mishra

Area of Focus: Environment

Location of Project: Bhakti Park Garden, Wadala, Mumbai

Date of Execution: 6th August 2024

Project Description

The Plastic Neutral Society Corner initiative is to protect the environment by promoting plastic recycling and creating awareness about plastic collection recycling and converting in useful product instead of dumping. The Bhakti Park Garden, spread across 25 acres is a green lung of Wadala and patronized by people of all age groups. They serve as mini schools for children from nearby slums. Under this initiative 2 benches, 1 mini library cupboard, 2 fences, 5 flowerpots, 1 Bin and paver blocks made of 270 kg of recycled plastic has been placed in one Gazebo of the park for public use. This aims to create awareness on plastic disposal and its recycling, especially among the younger generation. 25 such corners are planned across gardens in Mumbai.

Number of Beneficiaries: 100 people x 365 days a year

Rotarian-Hours Spent: 10

Value of the Project: INR 47,000/-

Sponsors/Partners: CSR Partner – Biocrux India Pvt Ltd

CONGRATULATIONS TO ALL!

CONTRIBUTED BY DC SANDIP KEDIA

District 3141 is very proud of our Vibrant Presidents and their Membership Teams for helping us achieve the World's No. 1 position in net membership growth. This is their dedication towards increasing membership in their respective clubs that has taken us here. In August alone, we added more than 170 members. Our net membership growth is 414 members for July and August.

We are also happy to announce the addition of a new club, the Rotary Club of Bombay Cosmopolis, bringing our total number of clubs in the district to 119. The Charter President of the newly formed club Rtn Piya Bhagi is a dedicated and enthusiastic Rotarian. We are looking forward to adding more clubs shortly.

Let us focus on membership and retention in Rotary. August is the month to emphasise this, but every day, we should be an example of an organisation that others would want to join. Bringing guests to our meetings helps to showcase how 1.4 million members are making a lasting impact. Retaining members is vital for Rotary, and understanding why members leave is key to developing a retention plan. Every year, Rotary clubs lose about 10% of their members, but if clubs could retain at least half of that number, we would see an increase of 300 members.



TOP 5 CLUBS TO INDUCT MAXIMUM NEW MEMBERS FOR JULY 2024.

CLUB	PRESIDENT	MEMBERS ADDED
RC Bombay Peninsula	Kailash Rajani	19 members
RC JVPD Mumbai	Raksha Pukharna	19 members
RC Bombay Bayview	Rajni Barasia	15members
RC Mumbai Western Elite	Vinay Khetawat	13 members
RC Mumbai Sher e Punjab	Jotinder Singh Ahluwalia	12 members

TOP 5 CLUBS TO INDUCT MAXIMUM NEW MEMBERS FOR AUGUST 2024

CLUB	PRESIDENT	MEMBERS ADDED
RC Borivli	Harish Chandarana	20 members
RC Mumbai National Park	Suresh Naidu	18 members
RC Garden City Mumbai	Priyanka Talreja	16 members
RC Mumbai North End	Arun Kumar Khetan	12 members
RC Mumbai Wadala East	Amar Chavan	10 members

Contact Us:

To learn more about Rotary membership and how to get involved, please reach out to DC Membership Sandip Kedia - +91 93246 11931

EDITED BY SREE NANDY



PRID Rtn. Dr. Bharat Pandya
TRF Trustee
Chief Guest

VIBRANT TRF SEMINAR

6:00 pm Friday,
13th Sept, 2024

Jade Garden Banquets,
Nehru Center, Worli,
Mumbai - 400 018

Rtn. Chetan Desai
District Governor

Rtn. Manish Gyani
Dist. Coordinator-
TRF Support

Host Club:



Rotary Club of Bombay Powai

Rtn. Dr. Susan Tripathi
Club President

Rtn. Amit Sheth
Convenor

Welcome to Co-host this prestigious event

Platinum : ₹ 35,000/- (8 seats complimentary)
Diamond : ₹ 16,000/- (4 seats complimentary)
Gold : ₹ 8,000/- (2 seats complimentary)

Registration ₹ 2,650/- per person

Rotary Club of Powai Charitable Trust

Account number: 002005038544
IFSC Code : ICIC0000020
Bank: ICICI Bank



Amit Sheth: +91 95942 07777
Latha Vanamali: +91 99309 63724

Get recognized for "DOING GOOD IN THE WORLD"

Vibrant TRF Seminar on Friday, 13/09/24 from 06.00 pm
at Jade Garden Banquets, Nehru Center, Worli.

Lead Host : RC Bombay Powai | Dr. Susan Tripathi (Pres. - RC Bombay Powai) | Amit Sheth (Convenor)

CLUB RECOGNITIONS

(Commitments / Actual Contribution)

Vibrant TRF Club : More than \$ 500,000

Platinum TRF Club : \$250,000 to \$499,999

Diamond TRF Club : \$125,000 to \$249,999

Gold TRF Club : \$60,000 to \$124,999

Silver TRF Club : \$30,000 to \$59,999

EREY / 100% Foundation Giving Club / New 100% PHF

Retaining as 100% PHF Club / 100% PHS / Rotary's Promise Club

End Polio Now Club / Polio Champion Club

INDIVIDUAL RECOGNITIONS

(Commitments / Actual Contribution)

New Arch Klumph Society member

New Major Donor level 4 / 3 / 2 / 1

New PHS member / New Benefactor / Bequest / Legacy Society

New PolioPlus Society / End Polio Fellow

Individual contributing \$ 5,000 and above

COUNTDOWN TO HISTORY

POLIO CHAMPION CLUB

Contribute INR 1,000
per capita to
PolioPlus Fund and
get this Zonal level
recognition
certificate for club.

POLIOPLUS SOCIETY MEMBER

Commit to contribute
USD 100 each year to
PolioPlus Fund of TRF
till the world is
certified Polio-Free.



END POLIO FELLOW

Contribute
INR1,00,000/- to
PolioPlus Fund of TRF
and get recognized
with this national level
recognition.







27th September, 2024 | National Stock Exchange, BKC | 5 pm onwards



Rtn. Mark Maloney
Past RI President
Rotary Foundation Chair





Piyush Goyal
Union Minister for
Commerce & Industry

Host Club



VIBRANT ROTARY CSR CONCLAVE & AWARDS

Rtn. Chetan Desai
District Governor

Rtn. Kamlesh Shroff
President
9820039099

Rtn. Akkshay Mehta
District Co-Ordinator - CSR

Rtn. Rupen Doshi
Convenor
9820101396

Co-Hosting

PLATINUM

- 4 Rotarians included
- 4 Projects in Booklet
- Display 4 Projects at Event
- AT LEAST 4 CORPORATE GUESTS
- Announce Club Name at Event
- Name on LED

Rs. 50,000

GOLD

- 2 Rotarians included
- 2 Projects in Booklet
- Display 2 Projects at Event
- AT LEAST 2 CORPORATE GUESTS
- Announce Club Name at Event

Rs. 25,000

SILVER

- 1 Rotarian included
- 1 Project in Booklet
- Display 1 Project at Event
- AT LEAST 1 CORPORATE GUEST
- Announce Club Name at Event

Rs. 15,000

OTHER OPTIONS

Display a Project at the Event **Rs. 5000**

Display a Project in CSR Booklet **Rs. 3000**

Individual Registration **Rs. 1800**

RTGS/NEFT to: Rotary Club of
Bombay Pier Charities trust

Account No. : 02911450000012

IFSC Code : HDFC0000291

Email: RotaryCSRconclaveandAwards@gmail.com

Dear Vibrant President,

Led by DG Chetan Desai, District 3141 is organising the CSR Conclave & Awards on Friday 27th September, 2024 from 5 pm onwards at the National Stock Exchange (NSE), BKC. This conclave is a unique platform for Rotary clubs to meet CSRs of Corporates and showcase impactful CSR projects in various avenues of service. Rotary Club of Bombay Pier is hosting this event which promises to be meaningful for Rotarians and all Rotary clubs.

The objective is to facilitate an interaction between CSRs and small, mid-sized and big Rotary clubs in District 3141, so you may be able to execute larger and more meaningful projects with CSR support.

CSR may be our only source of sizable funds in the years to come, so be sure to participate in this flagship event of the year.

We look forward to your wholehearted participation.

Thank you.

EDITED BY SREE NANDY

One Year TO INSPIRE!

Let us get to know the Movers and Shakers of 24-25, the Vibrant Presidents who are all set to lead with passion and resolve.

ROTARY CLUB OF CHEMBUR (MUMBAI): RTN NANDA N. KULKARNI

1. **Why did you choose to become the Vibrant President?** The Club felt that I was the most suited.
2. **The most beautiful moment of your Rotary journey so far.** When a woman entrepreneur trained under our EDP programme inaugurated her own business of fast food.
3. **What will be the signature project of your Presidential tenure.** To cover a larger area under our "Mission 500 Crore Litres Water Conservation Project", a signature project of our Club. Collaborations sought.
4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Accountable - as our Club is known for its Commitment.
5. **What are the Vibrant Focus Areas that you would like to work on?** Basic education, Environment related projects, and project related to conservation of Water.



Profession: Working as Chief General Manager (HRD) in RCF Ltd.

Club name: Rotary Club of Chembur (Mumbai)
Membership strength: 18

Key projects: Mission 500 Crore Litres Water Conservation Project, EDP for Women, Nursing Assistance, Mid-day Meal Scheme, and Medical Projects.

Family: Spouse: Rtn. N. K. Kulkarni, PP, Director (Education) in RCCM.

Daughter: Ms. Prachiti Kulkarni.

Favourite Cuisine: South Indian Dishes

Favourite Holiday destination: Dubai

Favourite Book/Music: Science Fictions / Bollywood songs

Quote I live by: "The roots below the earth claim no rewards for making the branches beautiful" by Rabindranath Tagore.

ROTARY CLUB OF BOMBAY SEAFACE: RTN MINAL JANAK TURAKHIA

1. **Why did you choose to become the Vibrant President?** My passion for Rotary has fuelled me.
2. **The most beautiful moment of your Rotary journey so far.** Happiness on the faces of the needy school children whom we fed.
3. **What will be the signature project of your Presidential tenure :** Various medical projects(including physiotherapy clinic, dental clinic, and eye clinic).
4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Trustworthy, because it resonates with our Club's ethos.
5. **What are the Vibrant Focus Areas that you would like to work on** Education(LEARN), Medical Projects and Anganwadi.



Profession: Social and Community Service worker.

Club name: Rotary Club of Bombay Seaface.

Membership strength: 82.

Key projects: Medical projects.

Family : Janak Turakhia – Spouse.

Favourite Cuisine: Sizzlers.

Favourite Holiday destination: Scotland and New Zealand.

Favourite Book: Vachanamrut (a religious book on Jainism).

Favourite Music- Contemporary and Retro Bollywood music.

Quote I live by: People will opine. Let them be. Be your own person and do your own thing.

ROTARY CLUB OF BOMBAY CHANDIVALI: RTN MEENA BHASIN

1. **Why did you choose to become the Vibrant President?** An opportunity to participate in Rotary's Vibrant Journey in an impactful manner.
2. **The most beautiful moment of your Rotary journey so far.** Adoption of POLE Village (in Maharashtra) by our Club.
3. **What will be the signature project of your Presidential tenure :** Presently on the drawing board. Planning to roll out various Projects soon.
4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Inclusive, because our Projects are based on that principle, coupled with our DG's qualities of Passion, Patience, and Persistence.
5. **What are the Vibrant Focus Areas that you would like to work on?** Medical Camps, and projects for the village adopted by us.



Profession: Yoga Instructor.

Club name: Rotary Club of Bombay Chandivali.

Membership strength: 30.

Key projects: Medical camps, Annapoorna, and Tree Plantation

Family: Naresh Bhasin – Spouse- International Fellowship of Rotarian Musicians.

Favourite Cuisine: Pan Asian.

Favourite Holiday destination: Landour, Uttarakhand.

Favourite Music: Punjabi Folk Songs.

Quote I live by: Live and Let Live.

ROTARY CLUB OF BOMBAY PENINSULA: RTN KAILASH RAJANI

1. **Why did you choose to become the Vibrant President:** My fellow Rotarians (including Rtn Pankaj Vora) inspired me.
2. **The most beautiful moment of your Rotary journey so far.** Witnessing the smiles of the needy whom we helped with our projects. I aim for similar such moments during my tenure.
3. **What will be the signature project of your Presidential tenure :** Various Projects (with special focus on Education) are on the anvil and will be executed soon.
4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why** Trustworthy, because it reflects Rotary's ethos.
5. **What are the Vibrant Focus Areas that you would like to work on?** Education and healthcare.



Profession: Realtor.

Club name: Rotary Club of Bombay Peninsula.

Membership strength: 79.

Key projects: Projects for Vatsalya Foundation, and various schools such as SPJ Sadhana School, BKM School, Balwadi etc .

Family: Roshnee Rajani – Spouse, Karishma Rajani - Daughter, Raunaq Rajani – Son.

Favourite Cuisine: Indian Vegetarian.

Favourite Holiday destination: Europe.

Favourite Music- Any form of music which is vibrant and peppy.

Quote I live by: Life comes only once, so live it to the fullest.

ROTARY CLUB OF BOMBAY SEA COAST: RTN NITIN SHAH

1. **Why did you choose to become the Vibrant President:** A chance to combine my passion for mental health and community service to make a real impact.
2. **The most beautiful moment of your Rotary journey so far.** The dedication of our team in executing our mega medical Project last year.
3. **What will be the signature project of your Presidential tenure :** Samagra is an initiative to train students of psychology in advanced mental health support. It enables students in providing emotional first aid (via practical mentoring by practising psychologists & and our Club) and connecting the needy with essential mental health resources.
4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Visionary, because our Club's initiatives are based on the "Look Ahead" principle.
5. **What are the Vibrant Focus Areas that you would like to work on?** Mental health care support, Education, and medical initiatives.



Profession: Cognitive Hypnotic Psychotherapist.

Club name: Rotary Club of Bombay Sea Coast.

Membership strength: 56.

Key projects: Cochlear Implants, Paediatric Heart Surgeries, and Samagra

Family: Misba Shah – Spouse- IWC Bombay Sea Coast.

Favourite Cuisine: Indian.

Favourite Holiday destination: Goa.

Favourite Book - The Alchemist – by Paul Coelho.

Favourite Music : Bollywood Songs.

Quote I live by: In life, opportunity knocks on each person's door; one's job is to do what they can, to be prepared to take the opportunity when it comes.

ROTARY CLUB OF BORIVALI WONDERS: RTN DHARTI JOSHI



1. **Why did you choose to become the Vibrant President:** The opportunity to work with DG Chetan Desai in the Vibrant Year.
2. **The most beautiful moment of your Rotary journey so far.** My Pre Pets meet in Lonavala where I made many friends.
3. **What will be the signature project of your Presidential tenure :** Projects for Specially abled children and cancer patients.
4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Trustworthy, because it reflects our Club's ethos.
5. **What are the Vibrant Focus Areas that you would like to work on?** Anganwadis.

Profession: Kathak Trained Dancer.

Club name: Rotary Club of Borivali Wonders.

Membership strength: 15.

Key projects: Various Projects related to Anganwadis and medical aid have been planned and will soon be executed. Each such Project would be a key Project for our Club.

Family: Mukund Joshi – Spouse. Hitarth Joshi - Son (Rotaractor – Rotary Club of Bombay Airport).

Favourite Cuisine: Indian and Italian.

Favourite Holiday destination: Various locales in India.

Favourite Music- All types of music.

Quote I live by: Service above self

ROTARY CLUB OF DEONAR: RTN DR RAJASHRI MOKASHI



1. **Why did you choose to become the Vibrant President:** Experience how serious leadership can be seriously fun, alongside the journey of making the world a better place.
2. **The most beautiful moment of your Rotary journey so far.** Witnessing a revolution in women empowerment where 14 Clubs (Rotary and IWC) have collaborated to drive the Project " Pink Angels" which trains ladies to drive auto rickshaws and supports them in purchasing these vehicles .
3. **What will be the signature project of your Presidential tenure:** (Mention if you are looking for collaborations for any project?) Building Smart Communities (Urban RCC - Maharashtra Nagar – near Govandi), Polio eradication, and providing nutritional supplements to TB afflicted patients . Collaborations sought to execute these initiatives on a mass scale.
4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Visionary, because we wish our initiatives to have a sustainable and long-lasting impact on the community.
5. **What are the Vibrant Focus Areas that you would like to work on?** CSR, Sanskriti (Heritage), Paediatric Heart Surgeries, Musculoskeletal surgeries, corrective burn surgeries, and supporting Cancer diagnostic centres.

Profession: Healthtech Entrepreneur.

Club name: Rotary Club of Deonar.

Membership strength: 79.

Key projects: Paediatric Heart Surgeries, Nutritional supplements to TB Patients, Training & supporting ladies to drive pink auto rickshaws, and supporting Amnion banks.

Family: Ramesh Mokashi – Father, Pratibha Mokashi - Mother, Ranjan Mokashi – Brother. Deepali Mokashi – Sister – in – law, Yash Mokashi – Nephew (Rotaractor). Raj Mokashi – Nephew.

Favourite Cuisine: Home cooked Maharashtrian delicacies.

Favourite Holiday destination: Hometown – Nashik.

Favourite Book : Jonathan Livingston Seagull : A Story (by Richard Bach).

Favourite Music- Ghazals of the Ghazal Samrat Suresh Bhat.

Quote I live by: If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them.

ROTARY CLUB OF BOMBAY WORLI: RTN. AKANKSHA BECTOR



1. **Why did you choose to become the Vibrant President?** Understand Rotary more closely and work with varied people.
2. **The most beautiful moment of your Rotary journey so far:** Projects executed with our Club members and the resultant get togethers.
3. **What will be the signature project of your Presidential tenure :** (Mention if you are looking for collaborations for any project?) Mental health projects for high school and college children.
4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Visionary – because one needs to look ahead.
5. **What are the Vibrant Focus Areas that you would like to work on?** Tribal development.

Profession: Business Advisory and Training Services.

Club name: Rotary Club of Bombay Worli.

Membership strength: 50.

Key projects: Zugarewadi Village development (Maharashtra), Blood donation camps, Cochlear Implants, Orthopaedic surgeries, and donations for cancer patients.

Family: Parnil Bector – Spouse.

Pranita - Daughter.

Favourite Cuisine: Continental.

Favourite Holiday destination: Spain.

Favourite Music : Bollywood classics.

Quote I live by: Happiness can exist only in acceptance.

ROTARY CLUB OF BOMBAY POWAI : RTN DR SUSAN TRIPATHI



1. **Why did you choose to become the Vibrant President:** The Chance to work with District Governor Chetan Desai is very inspiring for me and my Club.
2. **The most beautiful moment of your Rotary journey so far.** The experience of preparing for the skits and going through the training and fellowship amongst Co-Presidents.
3. **What will be the signature project of your Presidential tenure.** Powai Fest which gives Rotary branding opportunities; 15,000 footfalls for this Fest. We welcome sponsors. We are doing 100 medical camps with the involvement of five Rotary Clubs. We are the lead host club for District Knowledge Quest – interschool quiz competition with support of 24 clubs, covering 90 schools, 270 students, and five venue partners.
4. **Which is the Vibrant Year attribute that you, as a club, most relate to and why?** Trustworthy – Our beneficiaries, members and CSR partners have tremendous mutual trust and believe in the Rotary ecosystem.
5. **What are the Vibrant Focus Areas that you would like to work on?** Medical camps for diabetes and malnutrition, Anganwadis, Samavesh, Annapoorna, Baghbaan & Disability to Ability, Sanskriti, Neo-natal, LEARN and Environment related Projects.

Profession: Digital Marketing Entrepreneur

Club name: Rotary Club of Bombay Powai

Membership strength: 92

Key projects: Medical camps, inter school quiz contests, Powai Fest, yearlong Annapoorna, yearlong Baghbaan, Literacy, vocational, community services, fellowship, Sanskriti, LEARN initiative.

Family: Past President, AG and DS, Rtn. Hanuman Tripathi

Favourite Cuisine: Indian and Italian

Favourite Holiday destination: The jungles of Masai Mara

Favourite Book: Alchemist by Paul Coelho and The Secret by Rhonda Byrne.

Favourite singers : Lata Mangeshkar and Shreya Ghoshal

Quote I live by: Be the Change you want to see!

Youth Services:

BUILDING KNOWLEDGE AND UNDERSTANDING



Balanced and innovative endeavours in the Youth Avenue helps create sensitized world citizens.

CONTRIBUTED BY PANKAJ PHATARPHOD,
AVENUE CHAIR FOR YOUTH SERVICES I AND
DISTRICT INTERACT CHAIR

DISTRICT VIBRANT KNOWLEDGE QUEST '24

The Rotary Club of Bombay Powai hosted the Grand Finale of the District Knowledge Quest Contest on August 4, 2024, at Sanjivani World School in Dahisar. The event was graced by District Governor Rtn. Chetan Desai and First Lady Jwala Desai, along with many distinguished district officials. The contest had the participation of 88 schools across Mumbai, including English, Hindi, and Marathi mediums. Both Interact and non-Interact schools participated in the contest.

The Knowledge Quest is a signature programme of the Rotary Club of Bombay Powai being organized for many years. It started with quiz sessions for Powai area schools and gradually included schools in Chandivali, Vikhroli, Mulund, and Bhandup. IPP Rtn. Dr. Kamalini Pathak with her team got the participation of 58 schools from Mumbai with 2 co-hosts as a District program in an online format with finals in physical mode.

In the Vibrant year, under the Leadership of President Rtn. Dr. Susan Tripathi and her team, it has been a hugely successful



programme with the participation of 88 schools, 255 students and 25 co-hosting clubs, all in physical format over 7 full days across the zones of North, South, Central and West. We would like to thank President Rtn. Dr. Susan Tripathi for keeping the Youth Services Avenue informed at every stage and Zonal Chairs for Youth Services – I, Rtn. Sanjay Thakur and Rtn. Anju Ahluwalia, members of RCB Powai, for their active involvement.

ROTARY YOUTH EXCHANGE PROGRAMME

Rotary Youth Exchange has been inspiring young leaders to serve as catalysts for peace and social justice. Exchanges for students between the ages of 15-19 and are sponsored by the Rotary clubs in more than 100 countries.

In the Vibrant year, under the leadership of Rtn. Hima Dalal, District Avenue Chair for Youth Services II, four Inbound students (Two from France and one each

from Germany and Brazil) arrived in our District. Inbound orientation was held on 3rd Aug 2024 at Regency, Andheri East. Our Outbound orientation was held on 24th June at Hotel Suba Galaxy.

DG Chetan Desai gave his blessings to all the students. We had other speakers like PDG Prafull Sharma, Rtn. Vinay Vyas, Rtn. Piyush Shah, Rtn. Kamlesh Kharade, Rtn. Ashmi Parekh, Rtn. Ujjawala Jiandani, Rtn. Malvika Sukhani and Rtn. Hima Dalal.

The students were guided on how to make their exchange wonderful and memorable. They were told about the rules, Do's & Don'ts of the program, and how to overcome the cultural shock and adopt the culture. Counsellors, host parents and club Presidents were also guided in their roles.

We are looking to scale up this programme with more participants and therefore please write to rye3141@gmail.com or contact Rtn. Hima Dalal on 9892444619.

EDITED BY SREE NANDY

Of Friendship and **ROTARACTION**



Several exciting and meaningful initiatives were conducted by Rotaract District 3141 to build a sense of belonging and commitment among the Rotaractors.

CONTRIBUTED BY DRR NIKHITA SUNIL

SAFAR



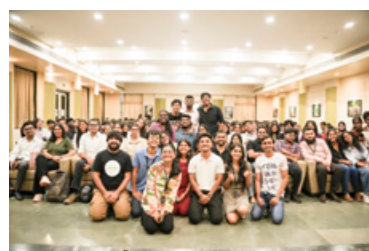
SAFAR, a yearly tradition of RID 3141, celebrated Friendship Day with a trek to Karjat's Vanraj Point on 4th August 2024. The event saw over 1200 registrations. The well-prepared team ensured a smooth trek with breakfast supplies, first aid, and assistance on hand. The summit began at 10:30 AM, and the descent was completed by 4 PM, successfully concluding the scenic adventure.

WANDERERS GUIDE



On August 15, 2024, District Council members, Presidents, and Secretaries celebrated Independence Day with a Mumbai-themed treasure hunt at the Gateway of India. Teams solved clues to uncover the city's rich cultural history, and winners were chosen based on their success. Wanderers Guide was a memorable event, celebrating Mumbai's heritage and spirit.

MEGA ORIENTATION- DAHUNKAR COLLEGE



RID 3141's Mega Orientation programme on August 18, 2024, welcomed over 200 new Rotaractors with a Mario-themed event. The programme included icebreakers, a Rotaract history quiz, and engaging presentations on the organisation's history, opportunities, and benefits. The creative use of Mario's references made the event interactive and memorable, ensuring that the new members were introduced to the community in a fun and

informative way.

RISING STARS



Rising Stars was an event conducted on the 18th of August to create awareness and education about Rotaraction among new members. This event brought into light many activities and the active participation of members to understand the amount of Rotaraction every individual has, thus creating new Rising Stars in District 3141.

EDITED BY SREE NANDY

Inner Wheel IMPACT



The mission of the Inner Wheel is to foster initiatives, services, and exemplary practices aimed at enhancing the lives of women and children worldwide. This is achieved through a global network of members who voluntarily serve with dedication and compassion.

CONTRIBUTED BY – JYOTI KOTAK, DISTRICT EDITOR, IW DISTRICT 314



IWC Palghar set up Ramanujan's Mathematical Garden at the Surya Valley School to make learning mathematics a fun and engaging activity for children through a play-and-learn approach. Total cost: INR 90,000.



IWC Mumbai Nariman Point donated kits, including school bags, raincoats, pencil pouches, sandals, and water bottles, to 214 students at the Abhinav Education Society, a primary school in the tribal area of Borivli National Park. The total amount spent was INR 2,51,046.



IWC Mumbai Green City supported the Narayan Sewa Sansthan, a nonprofit in Udaipur that aids polio-affected and differently-abled individuals regardless of religion, region, caste, or gender. The club donated INR 50,000 towards providing prosthetic limbs and improving the mobility of those in need.



IWC Bombay Pier sponsored 100 nutritional kits for adult cancer patients with nasal tubes and distributed 600 play dough boxes to paediatric cancer patients at the Tata Hospital. The projects benefitted 100 adults and 300 children, with a total cost of INR 84,500.



SS Bottles were distributed by IWC Borivli to rickshaw drivers and BEST bus drivers at the Poisar Bus Depot to help "Protect Nature and Save the Future."



EDITED BY SREE NANDY

Breaking the Silence: ROTARY'S BOLD PUSH FOR MENTAL HEALTH AWARENESS



RTN DR. NILAM GADA, AVENUE CHAIR 24 – 25, MENTAL HEALTH & ADDICTION PREVENTION

MENTAL HEALTH: THRUST AREA, ROTARY INTERNATIONAL

Rotary has long been synonymous with groundbreaking health initiatives, from nearly eradicating polio to advancing maternal and child health. Today, Rotary is once again at the forefront, addressing the critical issue of mental health, which has gained urgency in a post-pandemic world. With increasing awareness around mental well-being, Rotary is leading efforts to bridge gaps in understanding, resources, and support systems for mental health worldwide.

Mental health conditions, including depression and anxiety, affect over 264 million people globally, as reported by the World Health Organization. Additionally, various forms of addiction are cutting across all demographics—irrespective of age, gender, or socio-economic status. Despite being treatable, many people do not receive the care they need. Our District has responded to this challenge through focused initiatives targeting three key impact areas:

- ❖ Breaking the stigma
- ❖ Raising awareness, and
- ❖ Increasing access to prevention and early treatment.

"DON'T BOTTLE IT UP" CAMPAIGN

Our flagship mental health initiative, the "Don't Bottle It Up" campaign, has been central to our efforts to destigmatize mental health. Led by District Governor (DG) Chetan Desai, the campaign leverages social media to unite celebrities, Rotary leaders, and mental health professionals in creating a dialogue around mental health. The message is clear: those suffering from depression, anxiety, and other mental health challenges should not remain silent but seek



help. The campaign, which shares mental health facts, helpline numbers, and personal stories, has reached a broad audience and sparked conversations that help break down the stigma surrounding mental health issues.





AWARENESS WORKSHOPS

In addition to digital efforts, the Mental Health Avenue of D-3141 has organized numerous awareness workshops targeting various communities, including students from night schools, orphanages, and juvenile rehabilitation centers. These workshops cover vital topics such as substance abuse, digital well-being, exam stress, and healthy boundaries. Through art therapy, group discussions, and videos, these sessions provide practical coping strategies, emphasize early intervention, and foster a supportive environment.

A highlight of these efforts has been the involvement of youth through live quizzes, role plays, and games. These activities empower students to understand the importance of mental well-being, addiction prevention, and how to handle peer pressure. Training teachers to recognize early signs of mental health issues and prioritize self-care has also been a crucial component, enabling more robust grassroots support for mental health awareness among teenagers and young adults.

One of the significant

achievements by the Avenue is the training of over 300 doctors in Tobacco Cessation Therapies, in three different dental colleges in Bangalore. This training emphasized a holistic approach to tobacco cessation, equipping medical professionals with the tools necessary to support those battling addiction effectively.

MEDICAL CAMPS

The Avenue's commitment to mental health extends to initiatives like medical camps. Mental health is given equal importance alongside physical health at these camps, and teenagers participate in activities designed to introduce them to mental health concepts in fun and accessible ways.

The recent mega medical camp organized by the District saw over 3000 footfalls, which provided screening and consulting opportunities for numerous beneficiaries.

COLLABORATION AND IMPACT

Collaboration has been crucial to the Avenue's success in these mental health endeavors. Working with organizations like Mpower (Aditya Birla Foundation), the Tata Institute of Social Sciences, and

the Agrim Agarwal Foundation, the Avenue has expanded the reach of its initiatives creating a powerful network of Rotaractors, Inner Wheel members, and other community stakeholders have contributed to making these programs a reality. These efforts have helped us reach over 5,000 students in just a short span of two months. Furthermore, the Avenue has gone beyond district borders collaborating with Districts 3142, 3132, and 3192 to carry out various mental health projects. This collaboration has broadened the scope and amplified the impact of these initiatives, further cementing Rotary's role as a leader in mental health advocacy.

FUTURE PLANS

The Avenue team has lined up several impactful mental health initiatives like walkathons, street plays, messaging through comedy shows, and conclaves to creatively engage the community and break taboos around mental health. Led by DG Chetan Desai, these efforts are setting a global precedent to leave a lasting impact by promoting and supporting mental health worldwide.

EDITED BY MAHERA GOEL

Exploring the Heritage of Kanheri Caves

A WALK DOWN HISTORY LANE

On a crisp rain-free morning of August 18th, 2024, the District 'Sanskriti' team with the Rotary Club of Borivili, as the lead club, conducted a heritage walk at the Kanheri Caves, Borivili. This initiative was a captivating blend of history, culture, and community engagement, aimed at celebrating and preserving our rich heritage.

K.V. Premraj's opening address emphasized the immense cultural heritage our country harbours and that the District 'Sanskriti' team would spotlight these gems. Premraj urged the gathering to immerse themselves in the profound history of the Kanheri Caves, a legacy stretching 2,500 years.

President Harish Chandarana welcomed all, expressing RC Borivili's enthusiasm in supporting such enriching cultural experiences.

Past District Governor, Bansi Dhurandhar, reflected on his tenure as District Governor. He recounted his previous endeavours in similar ventures, underscoring the continuity and importance of such initiatives.

District Governor Chetan Desai conveyed his delight at choosing Kanheri Caves as the inaugural Sanskriti project. Recalling his tenure as Club President of

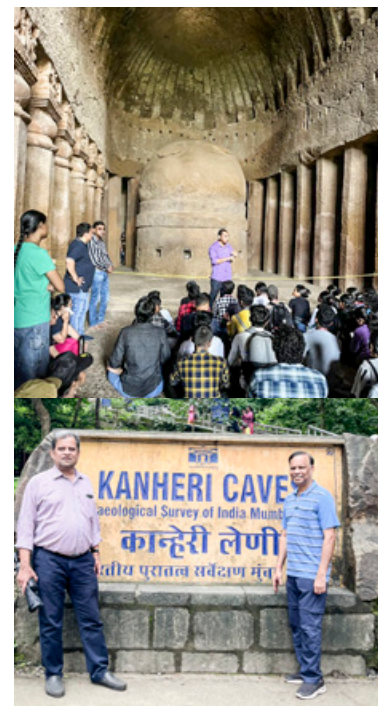
Borivili in 2008, he highlighted the significant contributions towards preserving Kanheri Caves. Talking about the depth of antiquity at our disposal he mentioned Gilbert Hill, Andheri, an ancient monolithic structure dating back to 66 million years that offered us a blend of history and geology. Chetan encouraged us to be proud of having such a structure in our midst and cherish it.

An Indologist, Navin Mhatre, delivered an enlightening talk on the Kanheri Caves and took the group for an hour's tour guiding the participants through the intricate history and archaeological marvel carved out of solid rocks. The caves, renowned for their stupas and viharas, showcased beautiful sculptures and an ingenious water supply system with multiple storage tanks, epitomising ancient engineering prowess.

The participation of 106 representatives from the Rotary Clubs of Borivili, Dahisar, National Park, Kandivali and Parleshwar made it inclusive. K.V.Premraj

and Girish Waingankar planned and executed the heritage walk, a celebration of our cultural heritage. It fostered a deeper appreciation for India's historical treasures, reinforcing the importance of cherishing them.

K.V.PREMRAJ
DISTRICT SANSKRITI TEAM



IN LOVING MEMORY



Rtn. Urmila Prabhu

Imagine a life full of energy and enthusiasm, always eager to learn and share knowledge. That was Rtn. Urmila Prabhu.

A vibrant personality who joined our Rotary Club of Mumbai North Island in 2015, left this world in June 2024, leaving a never-to-be-filled void in our hearts. Urmila brought a spark to every meeting and fellowship, inspiring others with her passion for education.

Her motto was to empower teachers with knowledge, drawing on her vast experiences in India and beyond. District 3141 recognised her talent and involved her in various educational initiatives. Life may never be the same without her vivacious presence around us, but the legacy she leaves behind will continue to inspire many.

May Urmila find eternal peace.

Fondly reminisced by PP Pushpa Suryamurthy



Rtn. Atmaja Rajesh Kasat

(30th June 1978 – 1st August 2024)

It is with deep sorrow that we remember the life of Rtn. Atmaja Rajesh Kasat, a passionate and energetic individual who touched countless lives. Born on 30th June 1978, Atmaja was a gifted writer, poet, orator, and professor of English at Viva College, Virar. She was pursuing her PhD. in Education and was dedicated to social causes, particularly organ donation awareness. Even in her passing on 1st August 2024, she continued making a difference by donating her corneas and giving the gift of vision to two people.

Atmaja was deeply involved in social work from her college days and was an active member of the Maheshwari Pragati Mandal, Virar. Her literary talents earned her numerous national and state-level awards.

A devoted wife to Rajesh Kasat (Assistant Governor - Vibrant Year) and a loving mother to Krutika and Hriday, Atmaja was also a trailblazer in the Rotary community, being the first female member of RC Palghar and a Charter Member of RC Virar. She served as Zonal Chair for Community and Youth Services and Co-Chair for the Vibrant Focus Area.

Rtn. Atmaja Rajesh Kasat's legacy of compassion, creativity, and service will continue to inspire.

Note by Rtn Naresh Bajpai

