

THE CHRONICLE

ROTARY CLUB OF GUWAHATI, LUIT
RI DIST. 3240



SERVICE ABOVE SELF

• *Helping in Need* • *Uplifting Lives* • *Giving Back*

DECEMBER ISSUE 2025

From the President's Chair:



MONA SHAH
PRESIDENT,
2025-2026

Happy New Year !!

Dear Friends!

As we step into the first month of the year, I extend warm greetings to each of you. January being Vocational Service Month, it reminds us to uphold the values that Rotary stands for—service, integrity and professional excellence. Each one of us holds a unique skill, experience and talent. When combined, these skills have the power to build futures, empower communities and create sustainable change.

Let us dedicate this month to identifying ways to use our professions for service. Let us guide, mentor and support those who seek direction. Let us encourage ethical practices in our workplaces and inspire the younger generation through our actions. Every contribution counts, every act matters, every effort strengthens our community.

May this month bring new opportunities for growth, service and fellowship. With unity in purpose and passion in service, I am confident that we will continue to illuminate lives and make a meaningful difference.

Wishing you all a purposeful and impactful January!

From the Secretary's Chair:



DEVARATI ROY
SECRETARY,
2025-2026.

December is known in Rotary as Disease prevention month. Disease prevention in today's society is a multifaceted effort, especially in India. The government has launched several initiatives to tackle various health challenges. For instance, the Ayushman Bharat scheme, Digital healthcare has also seen significant growth, benefiting rural women and other underserved communities.

These efforts demonstrate India's commitment to improving public health and disease prevention.

Rotary Club of Ghy Luit also came forward with many projects, and Health camps this month. Our most important, continued and sustainable Project of free HPV vaccination for girls is a commitment to Society. May the girls of next generation be free from carcinova.

Projects done by our club this month.

- 1-Support Children:- RCGhy Luit has taken an initiative by setting up a local learning facility at Harijan Basti with the help of our RCC.
- 2-Activity class for specially abled Children.
- 3-Deworming of Children
- 4-Annadanb Mahadan-a project every month
- 5-women empowerment
- 6-Teacher Support
- 7-Cervical Cancer Vaccination
- 8-Free Health Check up Camp
- 8-Adult Literacy
- 9-Club Foot Awareness
- 10-Yoga session
- 11-Meditation Prog and many more.

"We've wrapped up this year with laughter, sorrow, pain, and happiness... but life goes on! Wishing the New Year brings boundless happiness and joy for everyone."

SUPPORTING YOUNG MINDS

01st Dec

Responding to the heartfelt request of the community to bring education closer to their children, Rotary Club Guwahati Luit has taken a meaningful and innovative step by establishing a local learning facility within the Harijan Basti itself. This thoughtful initiative ensures that young learners are not deprived of education due to distance or lack of access.

The Rotary Community Corps (RCC) Head, Ms. Mira Basfar, along with Ms. Riya Basfar, have been at the forefront of this effort, personally engaging with the children and imparting basic educational skills. Their hands-on involvement has not only strengthened the learning process but also built trust and enthusiasm among the children.



To further support their education, stationery items were distributed, adding joy and motivation to the young minds.

The encouraging response and visible impact of this initiative have inspired the club to widen its outreach. Rotary Club Guwahati Luit has pledged to undertake similar learning initiatives in other underserved areas, reaffirming its commitment to ensuring that education reaches every child—especially those who are unable to attend formal schools—right at their doorstep.



02nd Dec

The Rotary Club of Guwahati Luit proudly commenced a new batch at its Sewing Skill Centre at Jalaram Temple, marking another meaningful step towards women empowerment and skill development. A total of 20 women have enrolled in the programme to learn sewing and tailoring skills.



To ensure a smooth and effective learning experience, all participants have been provided with the necessary training materials, enabling hands-on practice and skill enhancement from the very beginning. The initiative is designed to strengthen vocational capabilities and open pathways for sustainable livelihood and self-employment.

Threads of Hope: New Batch Begins at Jalaram Temple

Looking ahead, the club plans to introduce additional vocational training classes at the centre, further expanding opportunities for women and reinforcing Rotary's commitment to community development.

This initiative stands as a powerful step towards self-reliance, confidence, and inclusive growth, empowering women to build better futures for themselves and their families.





03rd Dec

On the occasion of World Specially Abled Children's Day, Rotary Club Guwahati Luit paid a meaningful visit to ESSAH School, creating moments of joy, learning, and connection for the children.



A series of thoughtfully curated activities made the day special—ranging from gift-giving sessions featuring games like Chess and Hola Ho, to engaging physical activities such as dancing and painting. Adding further value were unique sessions focused on laughter and face recognition, designed to encourage expression, confidence, and emotional well-being among the children.

A Day of Joy, Inclusion and Togetherness

A special mention goes to Ms. Charvi Gupta, whose expertise and warmth played a pivotal role in making the experience truly enriching and memorable. The radiant smiles and enthusiastic participation of the children were a testament to the success of the initiative, as they enjoyed the day to the fullest.



04th Dec



The Rotary Club of Guwahati Luit undertook a meaningful deworming initiative at ESSAH School, reaching out to specially abled children with a strong focus on preventive healthcare and well-being. This thoughtful intervention highlights Rotary's continued commitment to caring for the most vulnerable sections of society.

Deworming plays a vital role in a child's overall development. The initiative aims to improve nutritional absorption, enhance cognitive development, reduce anemia and iron deficiency, and strengthen overall health and immunity. By addressing these often-overlooked health concerns, the club is contributing to a healthier foundation for learning and growth.

STRENGTHENING HEALTH





With the blessings of the Almighty, Mr. Deepak Mehta graciously sponsored a special meal on the joyous occasion of his wedding anniversary with Mrs. Preeti Mehta. The initiative turned into a heartwarming and meaningful programme, touching many young lives.



Annadaan Mahadaan

More than 100 children were served a wholesome and lovingly prepared meal of khichdi, sabji, and kheer puri. The radiant smiles on their faces—truly priceless, “million-dollar smiles”—made the entire effort deeply rewarding. The programme was filled with warmth, gratitude, and shared happiness, making it a memorable occasion for everyone involved.





07th Dec

On 7th December 2025, a refreshing Yoga Session was organized at Riverfront Garden, led by Rtn. Pami Das. The session was thoughtfully planned and beautifully conducted, offering participants a holistic wellness experience.

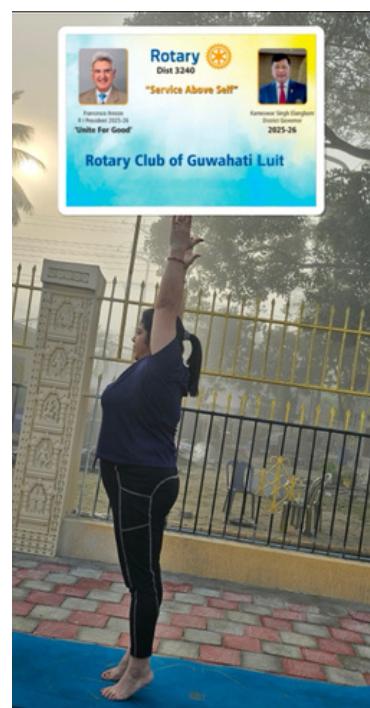


The practice included Pranayama, Surya Namaskar, and various Asanas, seamlessly woven together with a prayer that added a spiritual dimension to the session. This harmonious blend of physical exercise, mental calm, and spiritual balance made the session both enriching and rejuvenating.

Empowering Educators

The engaging and joyful atmosphere ensured enthusiastic participation, and the programme was widely appreciated by all present. The session left everyone feeling refreshed, energized, and centered.

Heartfelt appreciation to Rtn. Pami Das for conducting such a meaningful and well-executed yoga session, reinforcing the importance of wellness in our daily lives.





A MORNING OF FELLOWSHIP AND WELLNESS

07th Dec



On 7th December 2025, Rtn. Rajiv Jain and Rtn. Swastika Jain graciously sponsored a fellowship for the members of Rotary Club of Guwahati Luit at the picturesque Riverfront Park, following the club meeting.

The fellowship was thoughtfully curated with a clear emphasis on health and nutrition. Members were treated to a delightful and wholesome spread that included fresh fruits such as apples and bananas, healthy sandwiches, sprouts, and a refreshing apple-flavoured tea—a unique and much-appreciated touch. The addition of Dhokla and Thepla made the menu both distinctive and satisfying, earning praise from everyone present.

Sharing breakfast together in the serene surroundings of Riverfront Park fostered warmth, fellowship, and camaraderie, making the gathering truly enjoyable and memorable.

12th Dec



As part of its continued commitment to women empowerment and community development, Rotary Club of Guwahati Luit successfully organized a skill training programme for women from a self-help group, focusing on the preparation of detergent powder, liquid soap, and toilet cleaner—skills that are both practical and income-generating.

The enthusiasm and pride displayed by the women reflected the transformative power of skill-based learning. Such initiatives stand as a strong example of Rotary's dedication to empowering women, strengthening communities, and creating opportunities for long-term economic stability.

EMPOWERING WOMEN

Through this hands-on training, the women gained valuable knowledge that enables them to produce everyday household products and market them independently. This initiative not only opens avenues for sustainable livelihoods but also promotes financial independence, self-reliance, and confidence among the participants.





13th Dec

The Rotary Club of Guwahati Luit's Teacher Support Program at Rising Star School was a thoughtfully planned and impactful initiative aimed at strengthening the role of educators in the holistic development of students. Recognizing the evolving challenges in today's educational landscape, the programme addressed key areas essential for effective teaching and nurturing young minds.



The sessions focused on hygiene and cleanliness, stress management, and behaviour modification in children—topics that are highly relevant in modern classrooms. A total of 20 teachers actively participated and benefited from the programme.

Empowering Educators

The sessions were conducted by RC Guwahati Luit's in-house faculty, whose practical insights, relatable examples, and interactive approach made the programme both engaging and informative. The initiative not only enhanced the teachers' professional competencies but also emphasized the importance of teacher well-being and positive classroom practices.

By empowering educators with the right tools and perspectives, the programme reaffirmed that strong teachers are the foundation of confident students and a resilient education system.



HPV VACCINATION DRIVE

13th Dec

The Rotary Club of Guwahati Luit successfully conducted the HPV Vaccination Drive for the second and final dose (4th batch), benefiting 21 girls and marking a significant milestone in ensuring complete immunization and long-term protection against HPV-related health concerns.

The vaccination was efficiently administered by Rtn. Dr. Amit Agarwal, whose professional expertise, dedication, and commitment to preventive healthcare ensured the smooth and successful execution of the programme. With this drive, all beneficiaries completed the full HPV vaccination schedule, reinforcing the importance of timely and comprehensive immunization.



To recognize and encourage the beneficiaries for their participation and commitment to their health, completion certificates were distributed to all 21 girls following the administration of the final dose. The certificates symbolized not only the successful completion of the vaccination course but also Rotary's sustained efforts in promoting awareness and preventive healthcare among young girls.

This initiative stands as a testament to Rotary Club of Guwahati Luit's continued focus on community health and disease prevention through impactful and well-planned service projects.

14th Dec

CELEBRATING CHARTER NIGHT

Members of Rotary Club of Guwahati Luit enthusiastically participated in the Charter Night Celebration of IFRM-3240 Guwahati Symphony, held at the India Club on 14th December 2025. The evening was vibrant, joyful, and filled with fellowship, making it a truly memorable event.

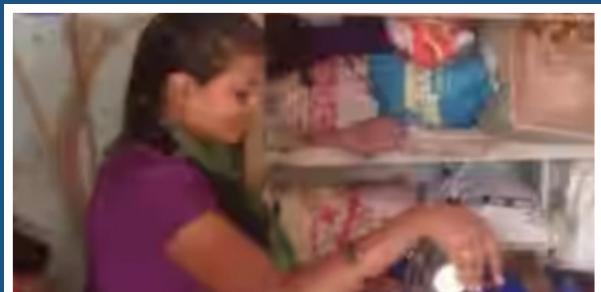


Charter Night, marking the founding of a Rotary club, is always a special milestone, and this celebration was no exception. The presence of many Luitians added warmth to the occasion, as members bonded over music, singing songs together and enjoying moments of shared joy and camaraderie.

The celebration beautifully reflected the spirit of Rotary—friendship, togetherness, and celebration of service. It was an evening well spent, creating memories that will be cherished and setting the tone for many more such meaningful gatherings in the future.

15th Dec

FROM SKILL TO SELF-RELIANCE



The Rotary Club of Guwahati Luit continues its steadfast commitment to women empowerment through a sustained and ongoing project focused on skill development and livelihood generation. Under this initiative, women are provided with cloth material and stitching threads to manufacture eco-friendly cloth bags, enabling them to transform skills into sustainable income opportunities.

The project is designed to strengthen stitching skills, promote self-employment, and encourage financial independence. Through the production and sale of cloth bags, participating women are able to earn a livelihood while gaining confidence, dignity, and economic stability.

Beyond empowerment, the initiative also carries a strong message of environmental responsibility by encouraging the use of cloth bags and reducing dependence on plastic. The dual impact of women empowerment and environmental sustainability makes this project both meaningful and far-reaching.

By empowering women economically and socially, RC Guwahati Luit is creating long-term, positive change within the community—one stitch, one bag, and one empowered life at a time.

18th Dec

WHEN WOMEN LEARN, COMMUNITIES RISE

The Adult Literacy Programme of Rotary Club Guwahati Luit is a continuous, ongoing, and sustainable initiative aimed at empowering women through education. Under this programme, 22 women from the Self-Help Group of Solapara are actively participating in regular literacy classes with great enthusiasm and dedication.



The beneficiaries have shown remarkable eagerness to learn and a strong commitment to self-improvement. The classes focus on basic Mathematics, elementary English, and Hindi, helping the women build a solid foundation in literacy and numeracy. To further enrich the learning experience, external teachers are periodically invited to provide additional guidance and support.

The programme has been progressing steadily and effectively, reflecting the combined efforts of both the learners and the facilitators. This initiative beautifully reinforces the belief that when a woman becomes literate, an entire family—and eventually the community—moves towards literacy.

Through this meaningful programme, RC Guwahati Luit continues to create lasting impact by opening doors to knowledge, confidence, and empowerment for adult women.

STRENGTHENING COMMUNITY HEALTH

19th Dec

As part of its ongoing commitment to community health and preventive care, Rotary Club of Guwahati Luit organized a Free Blood Pressure and Diabetes Screening Camp on 19th December at Solapara, Guwahati. The initiative was aimed at early detection of lifestyle-related health conditions and spreading health awareness among women at the grassroots level.

The camp was efficiently conducted by Rtn. Dr. Amit Agarwal and his medical team, ensuring professional care and accurate screening. A total of 26 women from the Self-Help Group of Solapara benefited from the programme.



During the screening, three women were detected with high blood sugar levels and were promptly advised to seek further medical consultation. The remaining participants were found to have normal blood pressure and sugar levels, offering reassurance and encouraging healthy practices.

The programme received an enthusiastic response from the beneficiaries, who expressed appreciation for the initiative. By promoting awareness and early diagnosis, the camp proved to be highly impactful in strengthening preventive healthcare and empowering women to take charge of their well-being.

19th Dec

CLUB FOOT: AWARENESS THAT LEADS TO CURE

The Rotary Club of Guwahati Luit organized an awareness programme on Club Foot, aimed at educating the community about early diagnosis and available treatment options for this correctable condition.

Ms. Maushmi Rudra, In-charge of the programme, addressed the beneficiaries and clearly explained that Club Foot is completely curable when detected early. She highlighted that free treatment is available through CURE India, which includes corrective shoes, medication, and surgery—provided entirely free of cost.



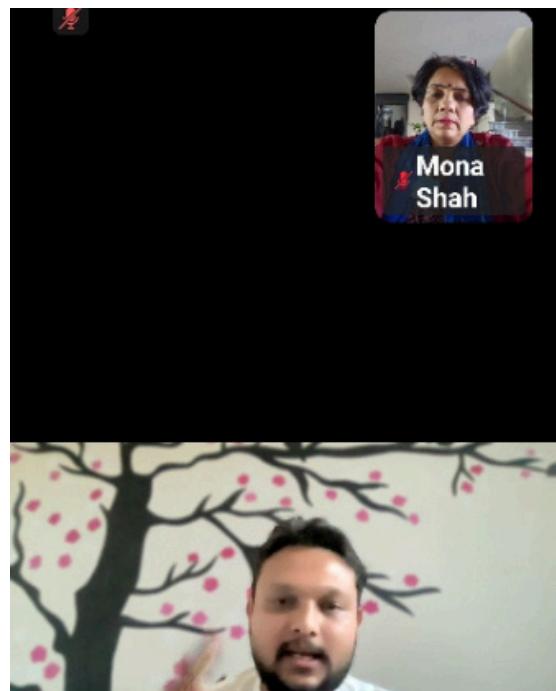
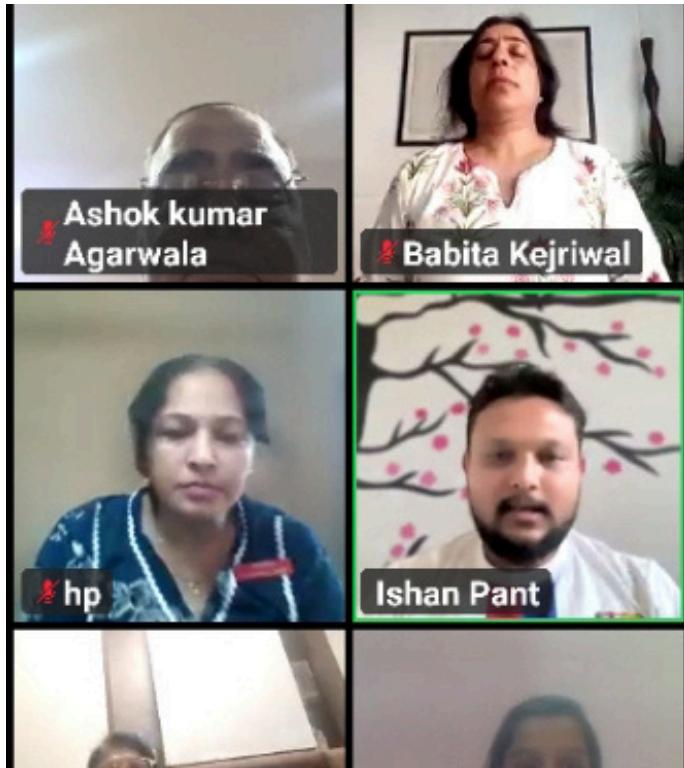
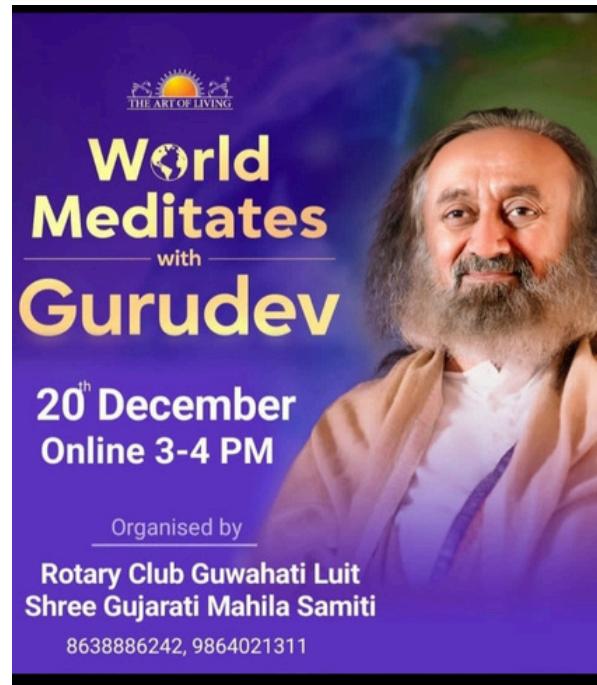
Emphasizing the importance of timely medical intervention, the session helped dispel myths and fears surrounding the condition while encouraging parents and caregivers to seek immediate treatment. The programme played a vital role in spreading awareness and ensuring that children affected by Club Foot receive the care they need at the right time.

Through such initiatives, RC Guwahati Luit continues to strengthen community awareness and promote accessible healthcare for all.

20th Dec

FINDING CALM WITHIN: WORLD MEDITATION DAY OBSERVED

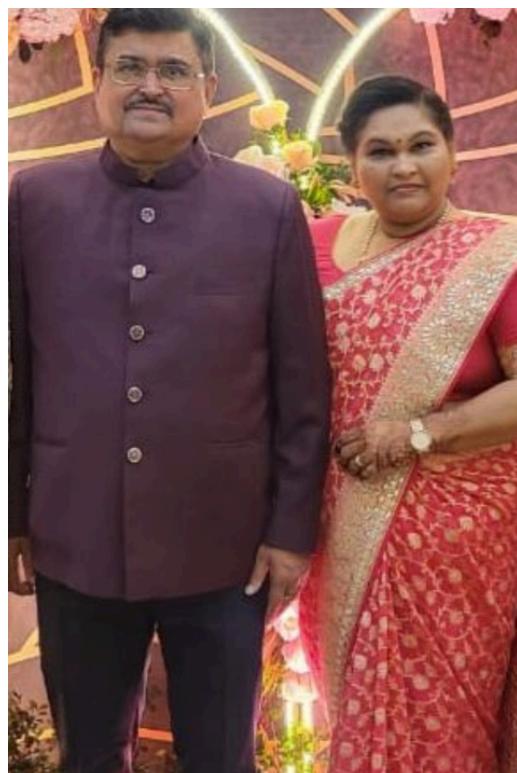
On the occasion of World Meditation Day (21st December), Rotary Club of Guwahati Luit, in collaboration with Gujarati Mahila Samiti, successfully organized a free online Meditation Session, promoting mental peace and holistic well-being.



The session was conducted by Ms. Purvi Patel and Mr. Ishaan Pant, experienced instructors from The Art of Living, who guided participants through calming and insightful meditation practices. The programme was deeply relaxing, informative, and rejuvenating, helping participants understand the significance of meditation in managing stress, enhancing focus, and nurturing inner peace.



MOMENTS TO CELEBRATE



26th Dec

DOORSTEP HEALTHCARE

The Rotary Club of Guwahati Luit successfully organized a free Diabetes and Blood Pressure check-up drive at the Suhagpur area, Rehabari, reaffirming its commitment to community health and preventive care.

In a unique and thoughtful approach, the Rotary team conducted door-to-door health screening, reaching residents in their homes. This ensured that even individuals who are unable to attend regular health camps could benefit from essential medical check-ups. The initiative focused on creating awareness about early detection, regular monitoring, and preventive healthcare, especially at a time when lifestyle-related diseases such as diabetes and hypertension are on the rise.

Rotarians actively interacted with families, spreading the message that "Health is Wealth." Alongside screenings, guidance was provided on maintaining hygiene, adopting healthy lifestyles, and seeking timely medical consultation when required. The community's response was highly encouraging, with many residents appreciating the personal and compassionate doorstep approach. This initiative not only promoted health awareness but also strengthened trust and connection between Rotary and the community.

Rotary 
Guwahati Luit

Free Health Checkup Camp
organised by :
Rotary Guwahati Luit



28th Dec



The Rotary Club of Guwahati Luit organized a cooked food distribution drive, generously sponsored by Rtn. Madhu Ajitsaria on the occasion of Amit's birthday, turning a personal celebration into a meaningful act of service.

Around 60–70 beneficiaries, including housekeeping staff, daily wage workers, drivers, and domestic helpers, were served. The thoughtfully arranged distribution brought visible joy to the recipients, filling the atmosphere with smiles, gratitude, and warmth.

This initiative beautifully reflected the club's spirit of compassion and community care, demonstrating how special occasions can be transformed into opportunities to uplift others.

WHEN CELEBRATION MEETS SERVICE

A heartfelt thank you to Madhu and Amit for choosing to celebrate this special day by spreading happiness among those who work tirelessly every day—truly an inspiring and commendable gesture.





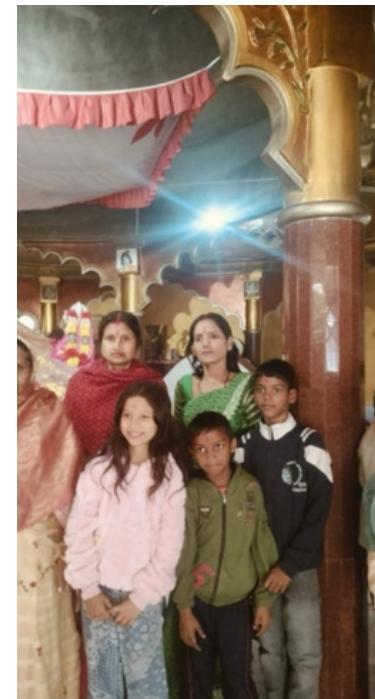
28th Dec

The Rotary Club of Guwahati Luit successfully organized and sponsored a picnic for the members of RCC Harijan Basti, offering them a refreshing break from their daily routine and an opportunity for recreation and bonding.

As part of the outing, the group visited the Ganesh Temple and Basistha, where they spent meaningful time exploring the serene surroundings, offering prayers, and enjoying moments of togetherness. The day was filled with smiles, laughter, and enthusiasm, creating joyful memories that will be cherished by all who participated.

Picnic for RCC Harijan Basti: A Day of Joy and Togetherness

Through initiatives that promote recreation, emotional wellness, and empowerment, RC Guwahati Luit continues to uplift communities while also strengthening its public image through compassionate and people-centric service.



A Note from the Editor



NILADREE GOHAIN
EDITOR

As we turn the pages of the December 2025 issue of The Chronicle, we reflect with pride and gratitude on a month filled with compassion, commitment, and meaningful service. This edition stands as a testimony to the unwavering spirit of Rotary Club of Guwahati Luit, where service is not just an idea, but a way of life.

From healthcare and education to women empowerment, fellowship, and community outreach, every initiative highlighted in this issue echoes Rotary's timeless motto – Service Above Self. Each project, big or small, carries the same intent: to uplift lives, strengthen communities, and inspire hope.

This magazine is a collective story – of dedicated Rotarians, supportive partners, enthusiastic beneficiaries, and silent changemakers who believe that real change begins with empathy and action. I extend my heartfelt appreciation to every member whose efforts have contributed to making these initiatives impactful and sustainable.

As we close the year, may this issue inspire us to continue serving with renewed energy, deeper purpose, and stronger unity.



Primary Motto

Service Above Self

A call to place the needs of others before personal interest.

Alternate Motto

One Profits Most Who Serves Best

Ethical service is the true path to lasting success.

Core Values of Rotary



Fellowship

Building lifelong friendships



Integrity

Upholding ethical standards



Diversity

Embracing all cultures & backgrounds



Service

Improving lives locally & globally



Leadership

Developing leaders for positive change

Guiding principles for a better world.

Stay Connected with Us!

