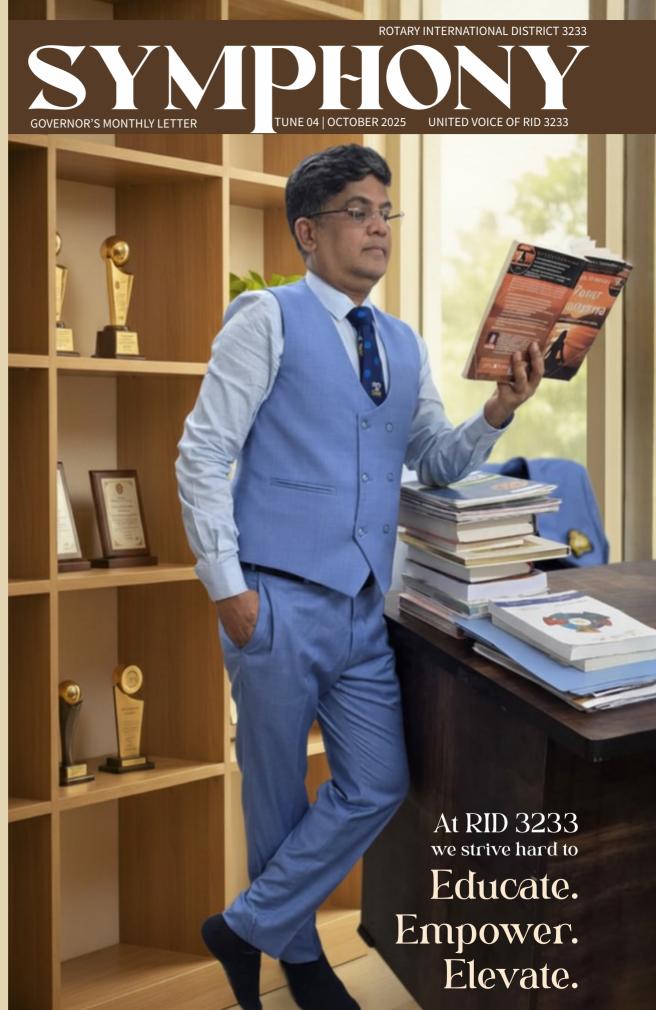




Francesco Arezzo RI President (2025 - 26)

UNITE FOR GOOD



SYMPHONY

GOVERNOR'S MONTHLY LETTER
ISSUE - 4

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Letters to the Editor

Top of the shelf, Sashi! Excellent layout, great presentation of the information and a lovely editorial!! A publication worth showing off!! I am happy that the RI Presidents message for September talks about the elements that my article covers



PDG Rtn. A Subramaniam



Hey! Thank you so much editor! Each issue is definitely worth the wait! The expressions , the assimilation of events and making us wait for the newsletter month after month definitely needs a mention! Hats off to you Editor!!!



Rtn Vaijayanthi R Secretary, RC KK Nagar



Massive shoutout to Sashi! The new Symphony promo designs are an absolute showstopper. A sneak peek that actually speaks. Every visual teases what's coming, and am totally hooked! Love how effortlessly the visuals build curiosity while keeping it classy. Can't wait to see what the full edition brings!



Ann Lakshmi Priya Akshay RC Madras Connemara Lead auditor Information Security



The Rotary GML team of District 3233 is doing an outstanding job with their monthly newsletter. Each edition is dynamic, professional, and deeply inspiring. It captures the spirit of Rotary with engaging stories and vibrant presentation. The newsletter not only informs but also connects and motivates every reader. Truly a benchmark in strengthening Rotary's public image! Keep Rocking Rtn Sashi



Rtn. Suresh Kumar R Secretary RC Madras Vistara





A poetic symphony for the editor

A symphony echoes through District 3233, A melody of service for all to see. With DG Devendran's vision shining bright, Our clubs unite in the Rotary light.

Projects and deeds, both humble and grand, Flow into harmony across the land. From every club, their best is shown, Woven by Sashi with skill of his own.

Crisp and clear, informative and true, A magazine born with a radiant hue. Photos that dance with color and grace, Bring every project a shining face.

O Sashi, conductor of this grand song, You've crafted a symphony that will live long. Your pen has turned service into art, A masterpiece cherished by every heart



Rtn. Kamal Narendra RC Mid-Town

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Letters to the Editor

Heartiest congratulations to Team Symphony on the successful release of the 3rd edition. The Editor has done a remarkable job in covering all the events and beautifully capturing every moment in this edition. Truly commendable work!



Rtn. Akash Jain President RC Chennai Akshaya



Congratulations Sashi! A truly delightful issue – well designed, vibrant, and engaging throughout. The layout, captions, and content flow kept me absorbed. Your efforts reflect passion and creativity. A commendable beginning and wishing you many more milestones ahead.



Rtn. D. SureshPresident
RC Chennai Korattur



Hi Sashi, Rotary in Tamilnadu., the topic attracted me to read it. Club at Cochin in Tamil shows the extent of Madras and how the unified people of it were in unity without getting Divided on the basis of language. Waiting for part 3. In the present world everyone wants to take credit for things that they didn't even do it. But, Sir Frederick not taking credit for the good work he has done is something great. World needs more of those people. Let your Symphony continue. Month by month it gets more attractive. Keep going.



Rtn. Sivasankaran RC Chennai Akshaya



Doing great job Sashi and innovative too. Best Wishes



Rtn. Ashraff RC Madras Central Aaditya Asst.Governor Admin 2025-26



Rtn Sashi, Your editorial note is a delightful read. The popular cultural references made it even more enjoyable. Spot on!!



Rtn. Preetha Rewins RC Chennai IT City



3rd issue of Symphony was simply superb. Your words - even Siri would stop to applaud- were too good. I would just say - even nature stopped by to admire the issue.



Rtn. Natarajan RC Vadapalani

The Symphony magazine sets a new standard in Rotary district communication, blending inspiration with dynamic storytelling. Each issue showcases vibrant service, innovative projects, and the true spirit of fellowship. The editorial vision ensures readers stay informed and engaged, making every page both insightful and enjoyable. Creative layouts and lively reporting bring out the best of our clubs and leaders. The magazine captures the essence of Rotary—service above self, unity, and positive impact in the community. Kudos to the editor and team for



Rtn. C. Manigandan RC Chennai Celebrities Chair - Public Image

delivering an essential and uplifting read for every



Dear Rtn Sashi, Instead of my habitual reading of the morning TOI at 6.30am...I was drawn towards the attractive cover page of the GML edition 3 lying on my tea table...I was wondering what young Sehwag was doing in Rotary... and then a closer look revealed the smart young batsman in DG Devendran.. which prompted me to spare sometime to run through the rest of the mag.. My hearty congratulations for bringing yet another monthly edition that has all the halmarks of a well laid out content that was rich in words and pics with excellent colour sense. I particularly liked the Club in action section, the candid Clicks and the revealing article Rotary in Tamilnadu. You have ensured that I Also join the Many other Rtns who eagerly wait for the next edition to reach my doorstep.. Thank you for efforts in bringing the action of Rotary dist 3233 so beautifully.



Rtn. Giridhar D RC Madras West



e're calling this the "Fashionably Late" issue of *Symphony*. And by *fashionably late*, I mean we didn't miss the deadline — the deadline just couldn't handle our bandwidth. When you try to upload this much Rotary awesomeness, even the cloud starts sweating. So yes, we're delayed by a week — but not by *weak*. We didn't crash; we simply *overloaded the system with good deeds*.

This month was so packed that my calendar looks like someone spilled alphabet soup over an Excel sheet — every cell filled with DG visits, club projects, charters, and WhatsApp notifications at ungodly hours. If multitasking were an Olympic sport, RID 3233 would've swept the medals.

We're giving you a front-row seat to Rotary's coolest side gigs — our Fellowships. Think of it as Rotary's "alternate universe": where photographers become paparazzi, adventurers go off-grid, and musicians prove that "service above self" also includes "solo above silence." Speaking of new energy, we've got fresh clubs joining the Rotary Matrix — the grid just got stronger, brighter, and way more enthusiastic. On a more heartfelt note (literally), we've got a feature on Heart Care — because service starts from the heart, not just the service chart.

And then there's District First Lady Ann. Archana Devendran, who turned Navaratri into a full-blown cultural expedition. Golu hopping has *never* looked this glamorous — think fellowship meets festive fashion week. Honestly, Netflix should call. Somewhere between all this, PDG A.P. Kanna drops Rotary wisdom like a seasoned stand-up philosopher — profound, punchy, and just the right amount of guilt trip to make us better Rotarians.

Our *Clubs in Action* section, meanwhile, is basically Rotary's version of the Avengers — capes replaced with club banners, and every project a blockbuster. And yes, our historic fiction series by *yours truly* continues — the 1940s drama that makes *Bridgerton* look underdressed.

Final assignment: Don't just read this magazine — evangelize it. Share it, flaunt it, quote it in meetings, make it your WhatsApp DP if you must. And if you've written to us — whether to praise, provoke, or proofread — check out "Letters to the Editor." We love every word, even the ones that sting a little.

Until next time — keep serving, keep smiling, and remember: if it feels like too much Rotary...you're doing it right.

Rtn. Sashikumar V S

Chairman & Editor - GML Symphony

From the Editor's Desk:

The Content

Crash Edition 2.0



RI President's Message

What community-led development look like

ctober is Rotary's Community Economic Development Month, a time to spotlight our efforts to help communities build thriving, sustainable futures. This month's observance aligns perfectly with the Rotary core value of leadership.

Leadership means empowering people to guide their own progress. That is precisely what Rotary's economic development projects aim to achieve.

Take, for example, a recent initiative in southern India in which Rotary members unlocked the power of women of the Adivasi tribal groups through sewing training to earn a living and regain social inclusion. Historically, widows and abandoned women in this region lose social standing and are shunned by society or blamed for their misfortunes. Opportunities to support themselves or obtain training are minimal.

This year, the Rotary Club of Windsor Roseland, Ontario, partnered with clubs in Districts 3203 and 3234 in India and with the Indian organization Sevalaya Trust — to provide sewing machines and training to 80 Adivasi women. They learned to stitch saree blouses, kurta tunics, and salwar suits, enabling them to support themselves and their families. Each woman received a certificate for completing the program, and the sewingmachine provider offered free long-term maintenance for the machines. The project offered vital income and dignity to women ostracized by society after widowhood. This story is one example of Rotary leadership in action: local people guiding solutions that address their community needs. Our role is not to deliver charity or to impose outside models, but to foster self-reliance by investing in leadership, skills, and sustainable enterprise.

This October, I invite Rotary members worldwide to reflect on economic leadership in their communities. Who is stepping forward to lead local economic initiatives? Where is there untapped talent that could be supported with training or mentorship? How can your club catalyze opportunity through partnerships with local businesses, vocational schools, or savings groups?



Leadership is not always about being visible. Sometimes it means listening, working collaboratively, and amplifying the voices of others. That approach lies at the heart of Rotary's philosophy and our lasting impact on economic development.

By building capacity — whether through microcredit groups, vocational training workshops, or entrepreneurship programs — we enable communities to lead their own transformation. When people take ownership of their progress, change becomes sustainable.

Let us lead with good intention and provide support with heart. By nurturing local leadership, we can create opportunities that ripple through communities, empowering individuals, families, and societies.

Together, we can support economies that work for everyone and enact community development projects that last.

Rtn. FRANCESCO AREZZO President, Rotary International

A Month of

Learning, Friendship and Fellowship

y Dear Rotarians, September, the month of Basic Education and Literacy, has been another inspiring chapter in our Rotary year. While our focus was on education, we also continued our phenomenal momentum in membership. I am delighted to share that we welcomed *two new clubs* into our family—Rotary Club of Chennai Verve and Rotary Club of Madras Miracles—further strengthening our network of service and fellowship.

One of the major highlights of this month was our **International Friendship Tour** to England and Scotland, where **89 Rotarians** from our district came together to celebrate Rotary beyond borders. The trip was not just about camaraderie—it resulted in the signing of **15 Sister Club agreements**, creating bridges of friendship and service across continents.

Fellowship too found its vibrant expression this month. The **District Dandiya Night** at Hyatt Regency was a grand success, with **350 Rotarians** from **25 clubs** joining in a night of dance, colour, and cheer. My heartfelt thanks to everyone who participated and made it memorable. Let us now channel that same enthusiasm into our upcoming **Diwali Nite** and **Golden Seniors Program**—your presence and support will make them shine brighter.

The **September Business Meet** saw remarkable participation from over **200 Presidents and Secretaries**, alongside district officials. It was heartening to witness the commitment, curiosity, and collaboration that make our district thrive.

Several clubs also led exemplary events this month. **Rotary Club of Radiance** hosted the *RPL - Radiance Premiere League* Shuttle Tournament, showcasing the spirit of sportsmanship. **Rotary Club of T. Nagar** organised a spectacular *Awards Night* featuring rising



political star *Thiru Annamalai*, and their *Eye Donation Awareness Walk*—where I too pledged my eyes—was a noble step toward a Blind-Free India. **Rotary Club of Chennai Capital** introduced a unique *100 Balls Cricket Tournament*, blending innovation with fellowship.

Our future leaders too are rising to the occasion—**DGE Shriram Duvvuri** and his team successfully conducted *ASCENT*, the *Pre-Assistant Governors Learning Seminar*, preparing the next line of leadership. Attending the **District Rotaract Assembly (DRA)** and witnessing the enthusiasm of our young Rotaractors was truly energising.

Friends, September has reinforced that Rotary's heart beats strongest when service, learning, and fellowship come together. Let us carry this rhythm forward—with passion, purpose, and unity—as we continue to *Unite for Good*.

Yours in Rotary, **Rtn. D DEVENDRAN** District Governor

Wheels of Change: **Building Prosperity Together**

by PDG Rtn. A.P. Kanna

ctober's Rotary theme—Community Economic Development—may sound like an economist's idea, but to me it is Rotary at its most human. It is about creating livelihoods, fuelling enterprises, and giving families the dignity of self-reliance.

When I first joined Rotary—dragged in by a client—I was a reluctant recruit. But very soon I realised Rotary was not about meetings and rituals. It was about transforming lives. And when you help someone earn, you don't just change one day—you change their future, and the future of their children.

As Club President, I saw our membership grow because we focused on projects that created real economic impact. As District Governor, our dream of 50 cardiac surgeries multiplied into 853. Impact has a way of multiplying when service is sincere.

One of my proudest moments was during the pandemic. With Equitas CSR and Rotary, we created and placed over 10,000 jobs when livelihoods were collapsing. Over the past few years, together we have helped more than 50,000 people find employment across companies. These are not just numbers—they are lives rebuilt. This is true transformation.

Rotary's role in Community Economic Development is simple: we are not giving handouts, we are giving hand-



for a youth, a network for an artisan — these small steps change entire communities.

The challenges of poverty and unemployment cannot be solved by charity alone. They demand opportunity. And who better than Rotarians—professionals, entrepreneurs, leaders—to open those doors?

So let's look around us. Find that young dreamer. Mentor that artisan. Support that family. Believe in them until they begin to believe in themselves.

Because in the end—"When we create livelihoods, we don't just provide income... we create hope. And hope is the most powerful currency of Service Above Self."

"Engage Rotary...Change Lives"



Rotary's New Duet: Madras Miracles & Chennai Verve



Rotary International District 3233 is striking fresh chords with not one but two new clubs tuning up for service.

District Governor Rtn. D. Devendran joined the third construction meeting of the soon-to-be Rotary Club of Madras Miracles, sponsored by the Rotary Club of Madras Mid-Town. Charter President-elect Dr. Vasudha Rajasekar is ready to lead a team that has already initiated its New Club Charter Application with 15 committed members and a goal of 25 members by their installation in October.



Across town, another melody is taking shape. DG Devendran also participated in the third construction meeting of the Rotary Club of Chennai Verve, sponsored by the Rotary Club of Chennai Chola. Inner Wheel IPDC Ms Nashira will serve as Charter President, with the club initiated by Dr Anita Paramasivam. Their charter for 15 members has been filed, and the enthusiasm promises 40 members before year-end, with installation set for October 3rd.

Two vibrant clubs, two dynamic leaders, and dozens of new Rotarians are proof that the district's growth is more than numbers; it's energy, optimism, and pure Rotary verve.

A Symphony of Service: DG Devendran's London Accolade



The Rotarians of District 3233 are immensely proud of our Governor, Rtn. D. Devendran, who has been honoured with a prestigious award from the YMCA London. This recognition is a testament to his exceptional leadership and unwavering commitment to serving the community. The award highlights his dedication to service and reinforces the shared values between Rotary and the YMCA. This recognition not only celebrates DG Devendran's personal achievements but also brings honour to our entire district, inspiring us all to continue our mission of "Service Above Self" and "Unite for Good."



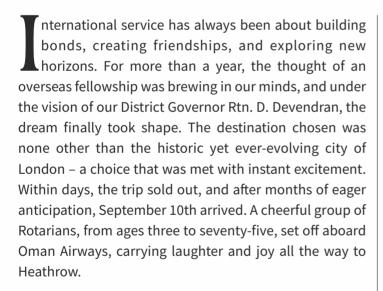


Bridges of Friendship:

A Journey through London & Scotland

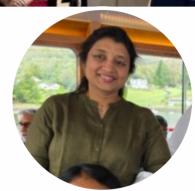
Rtn. Meenakshi Perikaruppan

Dist. Director, International Services



First Stop: London - A City of Icons

Our adventure began with the Tower of London, where history came alive in the form of the famed Kohinoor Diamond, now part of the British Crown Jewels. From there, the highlights unfolded one after another – the London Eye offering a panoramic view of the bustling city, the serene expanse of Hyde Park, the Changing of Guards at Buckingham Palace, and landmarks like Big Ben, Westminster Abbey, Houses of Parliament, Tower Bridge, and the picturesque River Thames.



The Madame Tussauds Wax Museum astonished us with its lifelike creations, while Oxford Street tempted us with its chic shops. London was brimming with historic landmarks, and, to top it all, we visited Stratford-upon-Avon, the birthplace of the greatest dramatist, poet, and actor of the Renaissance era – William Shakespeare, added a cultural flourish, and the scenic charm of Manchester set the stage for our next breathtaking experience – a cruise on Windermere Lake.

Next Stop: Scotland – Nature and Heritage Day five swept us into the cool embrace of Scotland. Surrounded by mountains, woodlands, and glistening waters, we cruised across the lakes before stepping into a world of tradition at a renowned Scottish whisky distillery. The guided tour left us with memories as rich as the whisky itself.

Our journey continued with a majestic cruise on Loch Lomond, followed by the natural and architectural grandeur of Edinburgh. The Edinburgh Castle stood tall as a proud symbol of history, while Glasgow dazzled with its vibrant, art-centric culture.

A Historic Rotary Moment

The trip also carried a proud milestone: the signing of a sister district agreement between RI District 3233 and RI District 1060. Both the district Governors Rtn. Devendran (RI Dist. 3233) and DG. Rtn. Jonathan Welding (RI Dist. 1060) signed the historic sister district agreement. We, from Dist. 3233, had a whopping representation from 25 clubs, and Dist. 1060 had a good representation from 15 clubs. We were served tea and snacks with enough time to exchange club flags and certificates. It was a great opportunity for Rotarians from both districts to make links for the future.

Day seven blended fellowship with leisure – signing the historic agreement, followed by shopping at McArthur Glen Outlet. The next day brought a spiritual moment at the Balaji Temple, Trividale, and a fascinating visit to one of the world's best educational institutions, Oxford University, and the regal Windsor Castle.

Our final day in London was crowned with two extraordinary experiences – the British Museum, a treasure trove of civilization, and the ultimate treat: a guided tour and lunch at the legendary Lord's Cricket Ground. To walk where cricketing history has been made, with names of Indian greats etched into its legacy, was a dream come true.









Gratitude & Fellowship

This journey was flawlessly curated by our very own Rtn. Kumar Asirvadham and his dedicated team, supported by Chairman Rtn. Ramesh and Co-Chairman Rtn. Jithendra. From comfortable travel to meals that blended Indian flavours with global tastes, every detail was thoughtfully arranged. Our guides Avinash and Suresh, along with coach captains Raja and Andy, ensured smooth and joyful days. Every moment of the trip was beautifully captured by our ace photographers, who truly deserve a special mention here.

What made this trip truly unforgettable was the fellowship itself – witty conversations, endless laughter, the liveliness of six spirited young girls, and the charm of our youngest traveller, just three years old. Not to forget our ever-energetic senior citizens, who gave the under-40s a real run for their money. DG Devendran and First Lady Archana embodied the true spirit of "Unite for Good," inspiring us throughout the journey. My heartfelt thanks to DG Devendran for giving me the opportunity and responsibility to organize this wonderful journey.

As we wrapped up with hearts full of gratitude and smiles on our faces, one truth stood clear to me: this was not just a trip, but a tapestry of history, fellowship, and memories to cherish forever.













Natpu, Nambikkai, Viyaparam:

The RMBF Way

by Rtn. Ganapathy Suresh, District Governor Nominee

he Rotary Member Business Fellowship (RMBF) is rapidly emerging as one of the most dynamic and fastest-growing fellowships within Rotary International. With its core values rooted in *Friendship, Trust, and Business*—beautifully captured in the Tamil words *Natpu, Nambikkai, and Viyaparam*—RMBF provides Rotarians with a powerful platform that blends business networking with the enduring spirit of Rotary service. By fostering meaningful relationships and ethical business practices, RMBF bridges the gap between professional growth and service above self.

Global Reach and Impact

RMBF has grown into a global force with over 270 chapters worldwide and more than 90 active chapters across India. This exponential growth demonstrates the immense value the fellowship brings to Rotarians seeking both community service and professional development. In Chennai alone, five active chapters—RMB Madras, RMB Champions, RMB Central, RMB Aspire, and RMB Banyan Tree—are already thriving, with three more in the process of formation. This momentum is a clear reflection of the enthusiasm among Rotarians to embrace this fellowship.

Principles that Ensure Integrity

At the heart of RMBF's structure lies a principle inspired by Rotary's original classification system: one member per profession in each chapter. This approach eliminates conflict of interest, nurtures fairness, and builds a strong environment of trust and professionalism. Members not only exchange opportunities but also uphold Rotary's ethical standards, making RMBF far more than a business network—it is a fellowship grounded in values.

A Powerful Tool for Membership Growth

RMBF has also become an important tool for Rotary's membership growth. Last year, our district ranked second in the world for membership growth, with RMB chapters contributing significantly. Over 75 new members joined Rotary through RMB, bringing fresh



energy and diversity into the fold. The flagship chapter, RMB Madras, paved the way for others to follow, enabling professionals from various regions to connect, collaborate, and grow. Personally, alongside PP A.G. Satyan, I have had the privilege of mentoring and supporting new chapter formations, strengthening both business and Rotary membership.

Contribution to Rotary Foundation

True to the Rotary spirit—"Those who profit more do service more"—RMBF has also played a pivotal role in increasing contributions to The Rotary Foundation. As members grow professionally, many willingly extend greater support to service projects and humanitarian initiatives, thereby magnifying Rotary's global impact.

The Road Ahead

The future of RMBF looks exceptionally bright. By combining ethical business practices, professional networking, and Rotary fellowship, this model is well positioned to attract young professionals and seasoned business leaders alike. Plans for the future include expanding into semi-urban regions, leveraging digital tools for virtual networking, fostering cross-chapter collaborations, and enhancing awareness about RMBF as a sustainable pathway for both business and service.

Conclusion

RMBF is more than a business fellowship—it is a vibrant community where professional excellence and service above self-converge. By nurturing Friendship, Trust, and Business, RMBF strengthens Rotary's mission while empowering members to thrive personally and professionally. The journey has only begun, and the future promises even greater impact.

A Season of Smiles, Steps, and

Golu Stories

hen Navaratri arrived, our District turned into a living festival of light, laughter, and Golu magic. And leading this festive expedition was our very own District First Lady, Ann Archana, who decided that this Navaratri would not just be celebrated — it would be experienced.

What began as a casual visit soon turned into a delightful Golu-hopping spree across the district. Alongside other First Ladies and Club Presidents and occasionally with District Governor Devendran himself joining the fun — Ann Archana visited Golu displays that were as diverse as the clubs that hosted them.

From the creative charm of the Rotary Club of Madras North East to the vibrant themes of Madras Fort, from the cultural brilliance at Chennai Rising Star to the warm hospitality of Madras Mount, every stop offered a new story and a fresh burst of festive spirit. The trail continued with Chennai Chola, Guindy, and Chennai

ways.

Each home offered more than a Golu — it offered warmth, stories, and laughter that stitched hearts closer in fellowship.

As the lamps glowed and music filled the air. Ann Archana's Golu trail became more than a festive visit — it became a moving celebration of Rotary bonds, lighting up this Navaratri with memories that will sparkle long after the season fades.





















Clubs in Action - Project Spotlight

Rotary Club of Guindy

Heritage Trail - Celebrating Chennai

On 30th August, RCG embarked on a memorable heritage trail. Members gathered at the Marina Lighthouse, pledging to protect the city, before travelling by luxury Volvo to Fort St. George. Guided by Maj. Narayanan and Mr. Balaji, they explored the Fort Museum, St. Mary's Church, the War Memorial and more, discovering the "firsts" that shaped Madras. At Broadway bus stand, DG Vaishnav College students presented a powerful mime on drug and tobacco awareness, linking heritage with Rotary's service. Lunch honoured the guides and performers, and members left the venue spotless. The day ended back at the Lighthouse, hearts full with pride and fellowship.









Peace Museum Visit - A Global Vision

On 27th August, Rtn. Miwa San of RC Nagoya Kiyosu, Japan, visited Chennai to explore establishing a Peace Museum modelled on Hiroshima's. RCG hosted the team, exchanged flags, and began discussions towards a potential Global Grant project, symbolising friendship and shared purpose.



Snap with Style, Shine in Print!

SHOW US YOUR SELFIE STYLE!

Take a photo with our

GML Symphony copy and
send it to rid3233gml@gmail.com
Good pictures get featured
— don't miss out!

Rotary Club of Chennai Chola



On 30th August 2025, Rotary Club of Chennai Chola organised a meaningful Annadhanam at the residence of President Rtn. Suresh Babu, serving wholesome meals to over 150 individuals. This marked the Second Month Annadhanam Project, held at Arumbakkam, Chennai, as part of the club's ongoing service initiative. By extending essential food support to underprivileged communities, the project ensures timely assistance to families in need. Conducted on the last Saturday of every month, Annadhanam reflects the club's unwavering commitment to alleviating hunger and fostering community welfare through consistent and compassionate service.

Rotary Club Of Madras Temple City

The Rotary Club of Madras Temple City successfully hosted the 37th edition of its Patriotic Song Competition, marked by enthusiastic participation and creative performances, including original compositions. Distinguished external judges joined Rtn. Uma Ramesh on the panel, offering valuable feedback that was warmly received. Teachers and students expressed heartfelt appreciation, with one teacher highlighting her 13 years of continuous participation and a first-time student sharing his joy. Their gratitude and enthusiasm stood as a moving testament to the competition's enduring impact and the spirit of patriotism it inspires.

On 12th September, RC Madras Temple City, in collaboration with the Rotary Cancer Research Foundation, organised an HPV vaccination drive at the Adyar Cancer Institute. The initiative benefitted 23 students from Ganpati Iyer Girls High School (ages 14–15) along with two adults, with vaccinations administered in two batches by Dr. Jayashree. This effort highlights the club's commitment to community health and preventive care. Special thanks to Rtn. Shankar, Rtn. Bhavesh Shah, RCRF, and dedicated club members for their support in making this initiative a resounding success.







Rotary Club of Chennai Metropolis





The Rotary Club of Chennai Metropolis was treated to an enchanting evening at Amir Mahal on August 30th, 2025, hosted by Nawab Zada Mohammed Asif Ali, Dewan to the Prince of Arcot, in honour of Madras Day. Members experienced the palace's grandeur while listening to captivating stories of Madras, tradition, and aristocratic lineage. Authentic Nawabi cuisine, a Madras-themed quiz, and live music added to the charm, creating an unforgettable night of culture and celebration.

On September 3rd, 2025, JHA Agarsen College, Madhavaram, in collaboration with Rotary Clubs of Chennai Poes Garden and Chennai Metropolis, organised a Free Dental Camp as part of its Silver Jubilee Celebrations. Led by a skilled dental team, the camp provided free consultations and treatments to staff and students, along with guidance on oral hygiene and preventive care. The initiative reflected the college's commitment to community service, leaving lasting smiles and awareness among participants.

Clubs in Action - Project Spotlight

Rotary Club of Chennai Rainbow and Silkcity

Drug Awareness and Prevention at SRM University

On 4th September 2025, RC Chennai Rainbow, supported by RC Chennai Silk City, organised a 3-in-1 awareness session at SRM University on Drug Prevention, Road Safety, and Anti-Ragging. District Chair for Abuse Awareness and Addiction Prevention, Rtn. Jayasathya, led an engaging session for 120 students, who later pledged to "Say No to Drugs" and joined a signature campaign. Rtn. Devakumar addressed Road Safety and Anti-Ragging, while Rtn. Dr. Chandragupta spoke on Tobacco Awareness. President Rtn. Shanthi Devakumar and Rtn. Sathya were present. Clubs may contact Rtn. Jayasathya (9840269554) for similar sessions.



Rotary Club of Chennai Sunrise







On August 15th, the Rotary Club of Chennai Sunrise, along with the Inner Wheel Club of Chennai Sunrise, celebrated Independence Day at TBM School, Purasaivakkam. The celebration began with distributing toys and breakfast to 50 students and parents, filling the morning with joy and patriotism. Adding to the spirit of empowerment, seven underprivileged women received sewing machines, offering them a sustainable source of livelihood. The event beautifully blended festivity with service, reinforcing Rotary's commitment to uplifting communities while honouring the nation's independence. It was a day of smiles, gratitude, and meaningful impact.

Rotary Club of Royapettah

On 4th August 2025, Rotarian Sivaraman conducted "Brain and Mind for Your Growth" at CSDAV, delivering an insightful and practical session. He explored repetition, habit-building, and self-awareness, showing how they shape our lives, while emphasizing that goals need effective learning and strong values.

Balancing science with simplicity, the talk engaged participants with relatable brain facts and left a lasting impact, reminding all that real growth is a continuous journey of learning, reflection, and character development.









Rotary Club of Chennai IT City

RC Chennai IT City marked September with impactful initiatives. Project Aarogya reached a milestone on 17th September with its second successful cataract surgery, performed by Rtn. Dr. Senthil Nathan, restoring the vision of Ms. Jessintha and Ms. P. Kokila. Earlier, on 31st August, an Eye Camp at Ramana Eye Care, RA Puram, benefitted conservancy workers and auto drivers. Of the 60 screened, 20 received spectacles and eight cataract cases were diagnosed. The club has pledged to support their treatment, including surgeries. The camp was graced by MLA Thiru. Dha Velu and leaders of the RA Puram Residents' Association.

On 7th September, the club celebrated excellence in education and the spirit of Onam at Malayalee Club, Chetpet. Five teachers were felicitated, with Kalaimamani Dr. Ambika Kameshwar receiving the Lifetime Achievement Award. Traditional Kaikottikali by IT City members and a festive Onam Sadhya created an atmosphere of cultural pride, unity, and joy.

Rtn. Cmdr. Radhakrishnan and spouse Mrs. Raji Radhakrishnan joined the District's international trip to London and Scotland from 10–18th September. A highlight was the Joint District Meeting with Rotary District 1060 in Birmingham on 16th September, fostering stronger international fellowship and celebrating Rotary's spirit of global unity.







Rotary Club Of Chennai KK Nagar





On 7th September, as part of Teachers' Day celebrations, RC Chennai K.K. Nagar paid tribute to the tireless dedication of educators, honouring them as true architects of society. Four distinguished teachers received the Kalvi Sudar Virudhu, while four in-house educators were also recognised.

A touching highlight was Past President Rtn. Balambal, aged 89, travelling from Pune to accept her honour. Rtn. Narasimhan was felicitated for 50 years in Rotary. Chief Guest Shri Mambalam Chandrasekhar received the Sevai Sudar Virudhu. The event, filled with gratitude and inspiration, was a collective labour of love by the club.

Clubs in Action - Project Spotlight

Rotary Club of Madras T Nagar

On 4th September, the Rotary Club of Madras T. Nagar presented the 15th Dr. (Mrs.) YGP Educationist Award to Bharatanatyam legend Padma Vibhushan Dr. Padma Subrahmanyam at the GRT Grand Hotel. In her emotional address, she recalled her family's enduring bond with the late Mrs. YGP, founder of PSBB Schools, describing her as a mother figure and celebrating her contributions to education. Chief Guest Mr. K. Annamalai praised Dr. Subrahmanyam for her three Padma awards and global promotion of Indian culture. The evening featured art, tribute, fellowship, and dinner, making it truly memorable.



Rotary Club of Chennai Rising Stars







RCCRS has been actively engaging members and the community through a variety of impactful initiatives. At Velankanni Matriculation Higher Secondary School, our Interact School, an awareness session on menstrual hygiene was conducted by Rtn. Dr. Usha Rajesh. Her presentation encouraged active participation and thoughtful questions from students, while Regional Secretary Rtn. Gayathri, a child psychologist, sensitively addressed the mental changes during menstruation. The session was highly informative and well received.

On 30th August, members gathered at Besant Nagar beach for a funfilled morning of fitness and bonding. From sand walks, tai chi, ladder games, throwball, to dog and bone, the activities built camaraderie and energy, followed by a hearty breakfast.

On 6th September, the club hosted its first Business Meet at Hotel Shelton Dee Cee Manor. Members presented their own ventures, revealing hidden talents and insights. The evening ended with fellowship over dinner, strengthening ties within the club.

Rotary Club of Chennai Meraki

RCC Meraki, in collaboration with District 3233 Community Health Team, organised Medical Camp 9 at Mugalivakkam Government School on September 14 under the "Every Week, Every Club" initiative. Inaugurated by area councillor Selvendra, the camp offered ophthalmology, dental, orthopaedic, physiotherapy, and cardiac screenings, benefitting over 100 people with support from Apollo Hospital, Parvathy Hospital, and Dr. Subhashini.

The club's Public Image Team also hosted a spectacular "Celestial Event" at Aiyavoo Mahal, Arumbakkam, where 50 participants aged 3 to 55 showcased diverse Shakthi forms. With 300 attendees, celebrity judges, and strong sponsorship, the evening was a resounding success.







For more details, Contact Event Chairman Rtn. Shabir Nazeer 99406 87628

Rotary Club of Madras Vistara



The Rotary Club of Madras Vistara organised a Mega Cancer Screening Camp at Alathur Village, benefitting 100 women with vital health checks. Chief Guest and member Rtn. Dr. M. A. Raja stressed the importance of early detection and highlighted the role of vaccination for girls aged 8 to 15 in preventing certain cancers. Screenings included dental, PAP smear, and mammography, creating strong awareness among participants. With guidance from DG Rtn. Dev Devendran and District Health Director Rtn. Ramesh Babu, this impactful initiative brought hope and health to the underprivileged.

Clubs in Action - Project Spotlight

Rotary Club of Chennai Royals

RCC Royals began the year with the Installation of its Annettes Club on 10th July 2025, where Ann Samruthavarshini assumed office as President, joined by Ann Anvithaa Karthick as Secretary and Ann Payan David as Treasurer. The event set the tone for the year ahead, encouraging youth leadership and fellowship.

On 11th August, RCC Royals, in collaboration with RC Chennai Galaxy, hosted a Mega Health and Blood Donation Camp at JNN Institute of Engineering. Inaugurated by DG Rtn. D. Devandran and DGE Rtn. ShriRam Duvvuri, the camp was a resounding success, collecting 134 units of blood and providing eye and dental check-ups to over 1,200 students. Menstrual hygiene guidance was also given to 500 girl students.

The club also played a pivotal role in the inaugural Stairothon, a stair-climbing marathon by Endurance Edge, where members' participation and leadership were highlighted as part of Rotary's commitment to wellness and public engagement.













Rotary Club of Chennai East R. A. Puram



79th Independence Day Celebration

ERA Club celebrated the 79th Independence Day at Government Model Higher Secondary School, Arumbakkam. Chief Guest Rtn. B. Alaguselvan presided. The Club donated ₹85,000 to electrify the school's computer lab, significantly boosting digital education for the students.



Support to Chellammal Women's College

ERA Club donated ₹1,30,000 to bolster its long-running Book Bank and Morning Breakfast Schemes at Chellammal Women's College. The club also installed the new Rotaract team led by President Ms. S. Vaishnavi, with Rtn. M. Senthil Kumar and Rtn. S. M. Balaji gracing the event.

Rotary Club of Madras Midtown















The Rotary Club of Madras Mid-Town continued its long-standing commitment to health and wellness with a series of impactful initiatives in July and August 2025. On 26 July, in collaboration with Sri Sairam Ayurveda Medical College Hospital, a free Ayurveda medical camp at Nallur Village benefitted 81 patients, while a parallel eye screening camp with Chettinad Hospital identified 40 individuals in need of corrective spectacles, which were later distributed free of cost. On 29th July, a maternal health initiative at Somangalam PHC provided nutrition kits to 100 expectant mothers and medical support to 60 patients, reinforcing the Club's focus on maternal care.

August saw several awareness programmes. On World Lung Cancer Day, 250 students attended a lecture by pulmonologist Dr. Karniha, while World Breastfeeding Week was observed with support for 60 lactating mothers. Awareness talks on drug abuse and organ donation engaged over 250 participants at Sairam College. The month also featured an Ayurvedic immunisation programme, "Swarnaprashanam," benefitting 65 children, alongside nutritional kit distribution and health checks at Poonthandalam school.

These diverse projects, led by Rtn. Dr. Ashok Kumar, Director – Community Service (Health), reflect RCMM's vision of building resilient communities by combining medical expertise, preventive care, and compassion.

Rotary Club of United Chennai

On 13th September 2025, Chennai celebrated talent, courage, and inclusion at Siragugal 2025, a cultural extravaganza by special children, held at the Spastics Society of Tamil Nadu Auditorium, Taramani. Over 150 children from 15+ special schools showcased singing, dance, and fancy dress performances, radiating confidence and joy. A highlight was the Certificate of Appreciation awarded to Mr. Guruprasad Swamy, who, despite cerebral palsy, autism, and hearing impairment, completed his education with distinction and secured a banking position through IBPS. Siragugal 2025 was a heartwarming celebration of resilience and hope, reaffirming the Rotary Club of United Chennai's commitment to empowering special children to reach new heights.







Rotary District 3233 Dandiya Nite

- An Evening of Rhythm, Colors & Fellowship

Rtn. DK Jain, Event Chair, RC Chennai Capital

n 21st September, Rotary District 3233 celebrated the festive season with a vibrant Dandiya Nite, an event that beautifully blended culture, community, and camaraderie. The evening was a spectacular celebration of Navratri, bringing together Rotarians, their families, and friends in an atmosphere filled with joy, music, and togetherness.

The venue, Hotel Hayatt Regency, was decked up in dazzling hues, resonating with the spirit of festivity. As the rhythmic beats of traditional Garba and Dandiya music filled the air, participants took to the floor with infectious enthusiasm. Members of all age groups, dressed in colourful traditional attire, swayed to the tunes, creating a mesmerising spectacle of unity in diversity.

A special performance from the First Ladies of Clubs mesmerised everyone present. The event was not only a celebration of culture but also a reflection of Rotary's spirit of fellowship. Rotarians bonded beyond meetings and projects, strengthening personal connections that form the bedrock of meaningful service.

Adding to the festive mood were engaging contests, spot prizes, and delicious food counters that offered traditional delicacies, making the evening even more memorable. The program received overwhelming participation and appreciation, showcasing the energy and unity of District 3233.

The Dandiya Nite stood as a shining example of how Rotary seamlessly combines service with fellowship, ensuring that members not only contribute to society but also nurture friendships that last a lifetime.

As the dandiya sticks clicked in rhythm, the smiles and laughter echoed the true essence of Rotary – "Service Above Self," with joy in every step. The event was graced by a galaxy of Rotary leaders, DG Devendran, PDG Nandakumar, DGE Shriram Dhuvuri, DGND Ambalavanan, and from Rotary District 3234 – DG Vinod Sarogi, DGE Suresh Jain and many more illustrated District officials, along with their spouses. The Lead clubs for the Event were RC Chennai Capital and RC Noble Hearts.

Overall, it was yet another great and successful celebration under the able leadership of District Governor Devendran in RID 3233.







RID 3233 | SYMPHONY OCTOBER 2025





















KISS Your Boring Sundays Goodbye The Fellowship of the Ring-Around-Chennai

ome fellowships start with a song or a sport. FOWAAA began with a question: Why not turn the time we already spend with friends and family into something that feeds the mind, body, and soul – together as Rotarians?

Born on the first weekend of July 2025, the **Fellowship of Weekend Action, Activity & Adventure** is the newest kid on the Rotary fellowship block – and it's already proving that fellowship is as essential to humans as oxygen. "Homo sapiens are social animals," the founders remind us, "and a good weekend keeps those happy hormones balanced."

Since its debut, FOWAAA has clocked **eight lively outings**, each one a mix of fun, learning, and Rotary camaraderie. Members have explored the **Chennai Metro**, soaked up history at **Valluvar Kottam** and **Vivekananda House**, marvelled at the **Police Museum**, wandered the leafy lanes of **IIT Madras Heritage Walk**, bowed in quiet reflection at **T Nagar Gurudwara**, absorbed the legacy of **Periyar Thidal**, and breathed deep in the **Kotturpuram Urban Forest**.

Every visit is deliberately **KISS – Keep It Safe and Simple** – yet offers a fresh blend of culture, science, nature, and sheer curiosity. Attendees rave about the conversations sparked, the friendships forged, and the unexpected encounters with historians, naturalists, and local experts who guide each journey.

What sets FOWAAA apart isn't just the destinations – it's the spirit. It's about discovering the city you thought you knew, one weekend at a time, and turning casual outings into Rotary-powered adventures.

The fellowship is still young, but its heartbeat is strong and the calendar is already filling with more offbeat explorations. Whether you're a history buff, a nature lover, or just someone who believes weekends are too precious to waste, **FOWAAA** invites you to come along.

Ready to swap a routine Sunday for something unforgettable? **Call Chairman Rtn. Desiga Chozhan at 96000 42333** and join the next adventure. After all, why spend your weekend on autopilot when you can spend it with Rotary friends, discovering the extraordinary hiding in plain sight?







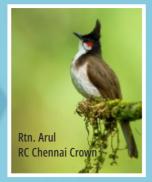


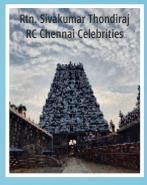


Capture Life Through Rotary's Lens!

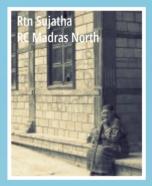
he Fellowship of Photography Loving Rotarians, led by Rtn. Shivan Ram, brings together Rotarians who share a passion for photography—whether it's SLR, mirrorless, or mobile shots. From capturing candid Rotary moments to honing your creative eye, the fellowship offers teaching sessions, fun photo walks, and opportunities to showcase your talent.

If you love photography and want to learn, connect, and click with fellow Rotarians, this is your perfect frame—reach out to Rtn. Shivan Ram at 96770 74482 and join the fellowship!



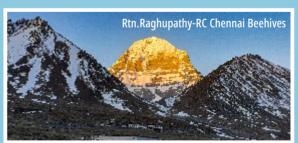














Rotary Unplugged: Join the Jam

By Rtn. Chellam, Past FMLR chair

n a breezy Sunday evening, September 21, music became Rotary's universal language. The Fellowship of Music-Loving Rotarians (FMLR) gathered for its latest musical meet, and the hall quickly turned into a Bollywood time machine. One by one, members – Rotarians and Anns alike – belted out classics spanning six decades of Hindi cinema. Applause rolled in waves; a few brave souls even broke into dance. By the end, everyone was humming on their way to a well-earned, lip-smacking dinner.

For those new to the melody, FMLR isn't just a singalong club. Founded in 2007, it has grown into one of the district's most enduring fellowships, drawing hundreds of members who discover hidden talent, shed stage fright, and learn the fine art of performance. Its purpose goes beyond pleasure: service through fellowship. FMLRians have raised funds, performed PR concerts, and brought cheer to orphanages and oldage homes – all by simply sharing the joy of song.

This year, Chairman Rtn. Suresh Subramanian has turned the volume up another notch. He's created themed sub-groups to stage concerts across and beyond Rotary. The Bollywood brigade, led by Past Chairman Rtn. Vidya Srinivasan, proved the idea's brilliance with their recent high-energy show – a seamless mix of classical gems, soulful melodies, and toe-tapping hits.

For music lovers in our Rotary family, FMLR is more than an audience seat – it's an open stage. Whether you're a bathroom crooner or a trained vocalist, the fellowship offers training, camaraderie, and the thrill of performing for a purpose. Clubs seeking that extra spark for a fundraiser or a service project will find FMLR ready to bring the house down.

Ready to add your voice to the chorus? Call Chairman Rtn. Suresh Subramanian at 98849 72835 and join a fellowship where Rotary service truly sings.













Candid Clicks

















RID 3233 | SYMPHONY OCTOBER 2025

Healing, Help, and Happenstance

- Because miracles love company

by Rtn. Dr Saritha D

District Chairman 25-26, Cancer Care

he call came like so many others in my life as an oncologist: a 46-year-old daily-wage earner with a shadow on his cheek and little hope in his pocket. Early-stage carcinoma of the right buccal mucosa—treatable, but the road ahead was steep. Surgery would mean complex facial reconstruction and long post-operative care, a bill far beyond his reach.

I reached out to a friend in Rotary, Rtn. Dr Vinayak Senthil, the dynamic president of the Rotary Club of Chennai Medical Fraternity. Within hours, he opened the doors of his Speed Hospital in Mangadu. An onco-surgeon and a plastic surgeon were lined up, the theatre was readied, and the patient was whisked into a world-class surgery—every detail handled, every rupee waived.

Weeks later, the man walked into my clinic with a healing scar and a bundle of medical reports. Radiation and chemotherapy were next. Thanks to a government scheme at Billroth Hospital, radiation was covered, but the cost of chemotherapy still loomed. I wondered how I would manage it.

That evening, the universe answered. My phone rang: Rtn. Dr. Ashok, president of the Rotary Club of Royapettah, called out of the blue. "Saritha," he said, "do you know anyone who needs financial support for cancer treatment?"

I froze, then smiled. In that instant, three separate Rotary circles locked arms without a single plan or meeting. Help had found us before we could even ask.

Today, our patient continues his therapy, unburdened by crushing costs. His family's gratitude is quiet but immense. And I am left humbled by the invisible threads that bind us.



This is Rotary at its purest: friends you haven't met yet, resources you don't know you need, appearing at the precise moment you need them. People call it coincidence. I call it the Rotary universe conspiring for good.

That evening, as I put down the phone, I felt the truth settle in my heart—when your purpose is to heal, Rotary makes sure the right hands and hearts appear. For me, for that patient, and for every Rotarian who believes service connects us all, it was nothing short of a miracle.



Rtn. Dr. Vinayak Senthil RC Chennai Medical Fraternity



Rtn. Dr. Ashok RC Royapettah





n 20th September 2025, the stage was set for Ascent—the Pre-AGLS 2025-26 event—a first step in shaping the leadership journey of our incoming Assistant Governors. The grand Royal Durbar Hall at Radisson Blu, Meenambakkam, glittered with energy as Rotarians gathered for an evening of insight, inspiration, and fellowship.

The evening opened with the solemnity of tradition — the Kuthu Vilaku lighting, Thamizh Thai Vazhthu, and the National Anthem — evoking a spirit of unity and respect. Chairperson for the event, Rtn. Dhakshayini, extended a warm welcome, setting the tone for what was to follow.

District Governor Rtn. D. Devendran, in his opening address, offered a powerful perspective on leadership and its responsibilities. The baton was then passed to seasoned leaders who shaped the evening with their wisdom. PDG R. Srinivasan's session, "Why Pre-AGLS & AGLS – What is Your Take Back", offered clarity and purpose to AG designates. PDG Dr. N. Nandakumar followed with his reflections on "My Experience as an Assistant Governor," giving practical insights drawn from his own Rotary journey.

Adding a personal development dimension, the LAPD (Learning and Personality Development) activity inspired participants to reflect on growth both as leaders and as individuals. PDG Nazar's stirring session, "Your Leadership – Why it Matters and is Important," left the room tingling with goosebumps. PDG Babu Peram added depth with his address on statutory obligations, ensuring leaders are equipped with both heart and structure.

Guiding the evening with vision was District Governor Elect Rtn. Shriram Duvvuri, whose dynamic leadership ensured Ascent lived up to its name — preparing AGs to rise to the occasion.

The finale came with the keynote address by PRID Rtn. A.S. Venkatesh, whose words lifted spirits, infused confidence, and left the room buzzing with readiness for the journey ahead.

Ascent wasn't just a prelude to AGLS — it was a celebration of leadership, learning, and the promise of a Rotary year waiting to be shaped by committed hands.





t wasn't just another badminton tournament. The courts of the Radiance Premier League (RPL) Badminton Season 2 pulsed with energy, laughter, and something far more powerful — hope. Organised by the Rotary Club of Chennai Radiance, this heartwarming event brought together Rotarians, Annettes, and well-wishers to celebrate the courage of young cancer warriors through the spirit of sport.

The day was filled with emotion and inspiration as these little heroes, who fight battles far tougher than any game, found joy in every serve and smash. Chief Guest DG Rtn. D. Devendran, Guest of Honour MLA Samuel, and special invitees Dr. Rajan (MMM) and PDG Chandramohan joined in applauding the initiative, their presence underscoring the significance of Rotary's compassion in action.

The event's success owed much to its sponsors — White Horse Media as the Title Sponsor and Casa Grand Builders as Associate Sponsor — whose generosity added momentum to the cause. Behind the scenes, the leadership of Event Chairman Rtn. Vijayshankar, Co-Chairman Rtn. Henry, and Sports Chairman Rtn. Sasikumar ensured that the event ran flawlessly, blending fellowship with purpose.

Adding an extra spark of empathy, the Annettes of the club — Ant. President Deeyana Pradeep, Ant. Secretary Deeksha Purushoth, and Ant. Deepak — raised funds through the sale of handmade floor mats crafted by special children from Brio. Their initiative turned creativity into compassion, with proceeds going toward the cancer warrior kids.







President Rtn. Sangeetha Pradeep beautifully summed up the essence of the day: "RPL is more than a tournament — it's a celebration of courage, compassion, and community."

As medals gleamed and laughter filled the air, one truth stood clear — champions aren't just those who win matches, but those who refuse to let life's toughest battles dim their spirit.

Capital T 100:

Where Rotary Played, and Fellowship Won

hen District Governor Rtn. D. Devendran stepped onto the field at Vivekananda Grounds to bowl the ceremonial first delivery to DGE Rtn. Shriram Duvvuri, the cheer that followed said it all — Rotary had just bowled its first ball of fellowship in grand style. The Rotary Club of Chennai Capital's Capital T 100 tournament wasn't just about cricket; it was about bringing Rotarians together through sport, spirit, and solidarity.

Conceived under the leadership of President Rtn. Apoorva Modi, and executed with precision by Event Chairman Rtn. Rajesh Shah, Event Secretary Rtn. Sarvesh Patel, and the dynamic committee of Rtns. Amit Shah and Rohit Shroff, the 100-ball format tournament set a new benchmark in Rotary innovation.

The event kicked off with a high-energy player auction at Presidency Club, graced by DG Rtn. Devendran, DGE Rtn. Shriram Duvvuri, and PDG Rtn. R. Srinivasan. Conducted with flair by auctioneer Rtn. Bobby Varindar Singh, the evening had all the drama and excitement of a professional league — complete with competitive bids and plenty of laughter.

Over three weekends, ten spirited teams and 220 players turned Capital T 100 into a vibrant carnival of fellowship and fun. The introduction of the pink ball — a first for Rotary in the region — added both style and challenge, making every match an experience to remember.

The grand finale between Idea Housing Hawks and Team Ojass was pure adrenaline. With the match going down to the final ball, the Hawks triumphed by just one run — sealing a victory that was as emotional as it was thrilling. DG Devendran, along with DGE Shriram Duvvuri, PDG R. Srinivasan, and President Apoorva Modi, presented the winners' trophy to thunderous applause.

Supported by Meenakshi Academy of Higher Education & Research and Mahavir Finance India Ltd, Capital T 100 proved that Rotary doesn't just serve — it celebrates. When fellowship meets the field, every run scored is a victory for Rotary's heart.











From Inception to Inspiration:

The DAC Journey

he District Annettes Council (DAC) of RID 3233 continues to prove that service, fellowship, and creativity know no age. This month was a vibrant tapestry of learning, leadership, and laughter, as Annettes came together across a series of inspiring events.

Orientation - INCEPTION

The month began with INCEPTION, an orientation powered by the Rotary Club of Chennai Central Elite at Sukil & Khushboo's Studios. The air buzzed with energy as Rtn. Sukil Tarnas welcomed participants, followed by an inspiring talk on leadership transformation by PDG Rtn. Isak Nazar. Rtn. Shravan and Rtn. Divya Subramanian laid out roles and responsibilities with clarity, while Rtn. G.V. Anand Bhushan and Rtn. Venugopal offered seasoned guidance. A lively DAC photoshoot closed the day on a note of unity and excitement.





Installation Ceremony

The Hyatt Regency set the stage for the grand installation of Ant. Saindhavi Balaji as the new District Annettes Representative, along with her team of office bearers. Rtn. Sukil Tarnas officiated the ceremony with pride, while District Governor Rtn. D. Devendran graced the occasion as Chief Guest. The presence of PDGs Nandakumar and Chandramohan, alongside distinguished Rotarians and advisors, added gravitas to the celebration.















Creative Showcase & Fellowship

Annettes sparkled with creativity—a flash mob choreographed by Ant. Tharunica electrified the Heritage Hunt Car Rally, while a Coolie Movie Night at PVR Cinemas, curated by Ant. Akshaya, brought nostalgia, fun, and fellowship to life.

DAC in Action

Over 20 DAC members represented the council at the LEAD Conference, engaging in learning, networking, and leadership alongside Chairman Rtn. Sukil Tarnas, Advisor Rtn. Venugopal, and DAR Ant. Saindhavi Balaji.

Service & Adventure

The Vocational Service session Level Up helped Annettes hone LinkedIn and resume-building skills, with valuable insights from Abenya P, guided by Mentors Rtn. Venugopal and Rtn. S.M. Balaji.

Adventure blended with fellowship in Trail Blaze, a trekking initiative led by the Annettes Club of East RA Puram. Flagged off by Rtn. Alaguselvan, and guided by Event Advisor Rtn. Vikram Singh, the trek became a memorable symbol of teamwork and exploration.

With every step, DAC 3233 reaffirms that the future of Rotary is bright, passionate, and unstoppable.









Rotary in Tamilnadu

- A FICTIONAL CHRONICLE OF REAL LEGACY

Part 3: First Indian Hands

Madras, 1939. The First Indian Rotarians Take Root

Told through the reflections of a fictional club waiter, Muthu, who silently witnesses history unfold at a Rotary Club in Madras Presidency.

I've served coffee to Maharajas and ministers, sahibs and scribes.

But the men who came to the **Rotary Hall** were different. Not because of their coats or their accents, but because of how they **sat together**.

Side by side. No thrones. No pomp. Just papers, pins, and strange talk of "service without reward."

I was just a server. A nobody. I carried trays and cleared cups. I wasn't supposed to listen.

But I did.

It was a Wednesday in 1939, just after the rains, when something changed.

I remember the smell of wet earth and pipe smoke, the sound of bicycle bells outside Parry's Corner. Inside, the Rotary meeting was underway—and this time, there were **Indians** in the front row.

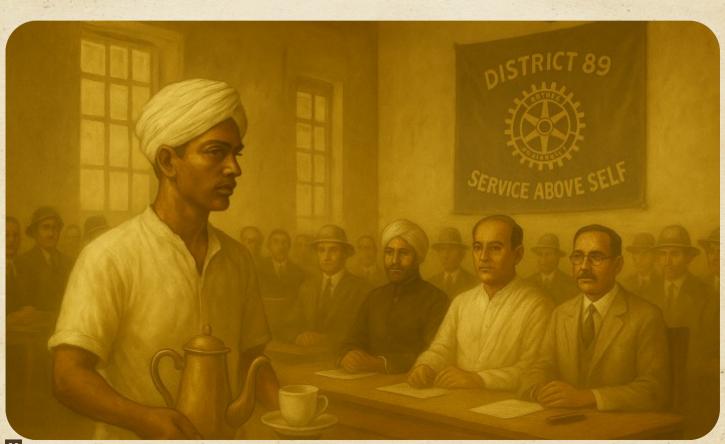
Not just visiting speakers. Not donors or dignitaries.

Members.

Real members.

The names were whispered like miracles.

- ➤ **Sir Mohammed Usman**, the first Indian to become a President of Rotary club in Madras. A man of quiet nobility and tireless public spirit.
- ▼ R.K. Shanmugam Chetty, the Diwan of Cochin Charter President of RC of Cochin.
- ▼ Raja Sir Muthiah Chettiar, the first Mayor of Madras, Industrialist, later Pro Chancellor of Annamalai University.



They weren't British. But they were Rotarians now.

And that meant something.

Some of the older sahibs frowned. They said Rotary was "too Western for Indian minds." But those minds were already at work. Shanmugam Chetty once said—while sipping filter coffee—"If we want India to change, we must serve it like Rotary serves the world: through action, not authority."

I pretended not to hear.

But I heard it all.

Meetings began to include Tamil greetings. Donations went to Indian causes. Clubs were sponsored in Coimbatore, Bangalore, and they were talking about starting one even in Salem. I carried records of them all to the registrar's table.

One day, I was refilling water glasses when a visitor asked me, "Who are the founding Indians here?"

I wanted to say: "The men with the white veshtis. The ones who still remove their slippers while entering a home."

But I simply pointed at the front table.

Because that day, for the first time, I saw a **Rotary of India**, not just in name—but in face and voice.

They didn't speak loudly. They didn't need to.

They had stepped in—not as guests, but as guardians of the wheel.

And I, Muthu the waiter, had seen it happen.

To be continued in Part 4: The Spirit of Service
A young man named Govindarajan walks into a
Rotary meeting in Tanjore—and walks out a different

Rotary meeting in Tanjore—and walks out a different man. A chapter told through his own emotional voice.

a historical fiction by Rtn. Sashi

Rotary Trivia

The "Rotary Ann" story:

The affectionate term "Rotary Ann" originated in 1914 during a train trip to the Houston convention. Two wives of prominent Rotarians, both named Ann, were celebrated with a chant, and the name stuck as a term of endearment for all wives of male Rotarians.

Exchange of club banners:

The tradition of exchanging club banners, still practiced today, was recognized by the Rotary International board in 1959. The tradition likely became more common as members travelled to "make up" meetings during the interwar and postwar periods.

A global stance against aggression:

In 1940, Rotary delegates adopted the statement
"Rotary Amid World Conflict," asserting that Rotary's
ideals could not prevail where freedom and human
rights did not exist.

The Four-Way Test:

In 1932, Rotarian Herbert J. Taylor developed the Four-Way Test to help a company, Club Aluminum, from bankruptcy during the Great Depression. Adopted by Rotary in 1943, this 24-word code of ethics became a cornerstone of vocational service and has since been translated into more than 100 languages.

Persevering through WWII:

Many Rotary clubs across Europe, including in Germany, Italy, Austria, and Poland, were forced to disband during World War II. However, many Rotarians risked their lives to continue meeting informally. After the war, members came together to rebuild their clubs and countries.



As someone who spends his days listening to hearts (sometimes literally with a stethoscope, sometimes figuratively in Rotary meetings), I can assure you of one thing—the heart never lies. It beats 100,000 times a day, pumping life into us, yet we often take it for granted until it

misbehaves.

World Heart Day reminds us of a truth I repeat to my patients and fellow Rotarians alike: your heart is not just your own—it belongs to your family, your friends, and yes, even your Rotary club that depends on you to show up for projects, fundraisers, and the occasional fellowship dinner!

Now, let me share some sobering yet empowering facts. Cardiovascular disease claims 1.8 crore lives globally every year. But here's the hopeful part—more than 80% of heart attacks and strokes can be prevented. Yes, you heard that right. Prevention is cheaper than bypass surgery (and a lot less painful).

So, what's stealing our heart health? The culprits are familiar: desk jobs, Netflix marathons, samosa-and-soda diets, stress that could power a small factory, and habits we all know too well—like smoking and overindulging in that "just one more" drink.

But don't despair. Protecting your heart doesn't mean

signing up for monkhood. It's about small, doable changes:

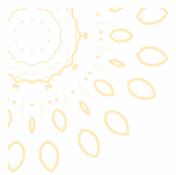
- ◆ Add colour to your plate—greens, reds, yellows (and no,Idon't mean jalebi).
- → Move more—whether it's a brisk walk, a round of golf, or even dancing at your club's installation ceremony.
- ◆ Quit smoking—the only thing it lights up is your risk of disease.
- ◆ Manage stress—yoga, meditation, or simply laughing with your Rotary family can do wonders.
- ◆ And my favourite—know your numbers. Blood pressure, sugar, cholesterol. Don't let them play hide and seek.

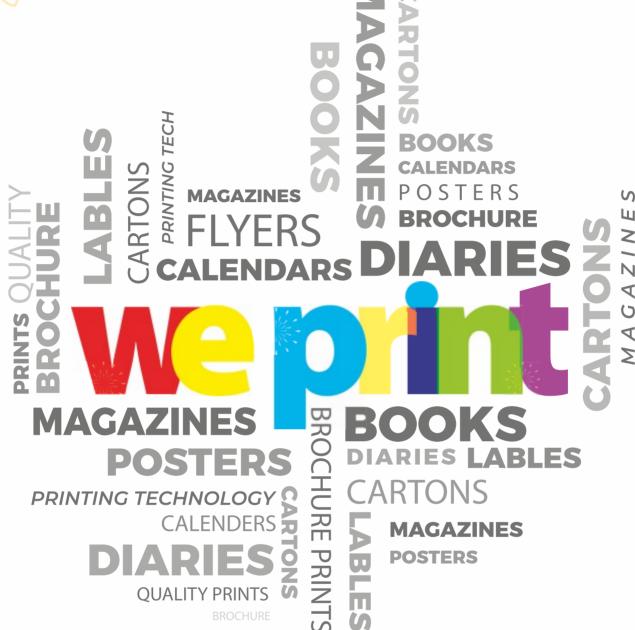
Technology is also on our side. Wearables, apps, and telemedicine can help track your health. But remember, no gadget can replace the old-fashioned wisdom of eating smart, sleeping well, and living mindfully.

Friends, the heart is Rotary's best metaphor—it keeps giving, it keeps serving, it never stops. Let's honour it. Because when Rotarians care for their hearts, they care for the world.

So here's my Rotary prescription: eat better, move more, laugh often, love deeply, and serve endlessly.

Remember—don't just add years to your life. Add life to your years.







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