



# Rotary Pulse

**Governor's Official Monthly Newsletter**

Issue 1 | 2025 - 2026

July 2025



जाम्से थोमसन भवन

## ICONIC SPOTS OF DISTRICT 3080

The image shows The IIT Roorkee main building. Also known as the James Thomason Building, it is an iconic structure housing the institute's primary administrative functions and serves as a symbol of its long history as the Thomason College of Engineering, established in 1847. This historic building embodies the blend of classical and modern elements seen across the campus, providing a central hub for the institution's activities and serving as a landmark within the sprawling IIT Roorkee campus.

# IN THIS ISSUE

MESSAGE OF THE RI PRESIDENT

01

MESSAGES OF DISTRICT GOVERNOR & FIRST LADY

02

THE YEAR THAT WAS

03 - 06

BEGINNING THE ROTARY YEAR

08

DGs INSTALLATION VISITS & GOVs

09 - 15

RI PRESIDENT 2027 - 28

19

CLUBS IN ACTION

20 - 44

GML TEAM

46



## KNOW THE RI PRESIDENT

**Francesco Arezzo**, a member of the Rotary Club of Ragusa, Italy, is an orthodontist in private practice. He is active internationally as a member of the Italian, European, and American orthodontics associations. He is vice president of the National Association of Italian Dentists for the province of Ragusa and was the founder and head for seven years of the delegation for Ragusa of the National Trust for Italy. He is a Knight of Honor and Devotion in Obedience within the Sovereign Order of Malta.

A Rotary member for more than 30 years, Arezzo has served as vice chair of the Joint Strategic Planning Committee and as RI director, learning facilitator, and as district conference presidential representative.

Arezzo is a Benefactor of The Rotary Foundation. He is married to Anna Maria Criscione, an entrepreneur in the tourism field. They have two children.

Arezzo has been selected by the RI Board of Directors to become Rotary International's President for 2025-26.

*The Board conducted a special session following the unexpected resignation of RI President-elect Mário César Martins de Camargo on 8 June. Guided by the RI code and policies, the Board selected the new president-elect from a pool of candidates who were considered by the Nominating Committee for President of Rotary International in August 2023.*

# MONTHLY MESSAGE OF THE RI PRESIDENT

Two weeks ago, I was in my living room playing with my grandchildren. A few days later, I was on a plane to Calgary, suddenly carrying the responsibility of leading this incredible organization. Life comes fast, but so often, it brings us exactly where we're meant to be.

We begin this year with a clear message: Unite for Good. It is a simple phrase, but a powerful one. Because behind every successful Rotary effort, every act of service, every new member welcomed, every global challenge met – there are two things that matter most: friendship and trust. This is how we build strong clubs. It's how we create meaningful partnerships and transform global problems into local solutions. It's also how we lead—not through titles or applause, but with humility, humanity, and heart. But let me be honest with you—this kind of leadership is not always easy.

We're human and yes, we make mistakes. We sometimes disagree, but in Rotary, we are called to something greater. Let us reflect on the full vision of Rotary: Together, we see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves. That last part is essential, because transformation doesn't start with strategy. It starts with character and the way we treat one another. It starts with how we listen, how we support, and how we serve. This year, I ask you to lead with that spirit. To grow Rotary through relationships. To make your clubs more welcoming, more flexible, more open to new ideas. To think big - but also to think beyond.

Our term is short, but our impact can be lasting if we plan and act with continuity and vision. Let us remember our key priorities: membership, polio, and peace. We are closer than ever to ending polio. We cannot stop now. We must keep the promise we made to the children of the world. And as for peace—Rotary has been building it for over a century. Every clean water system, every youth exchange, every maternal health project is a step toward peace. I joined Rotary as a young professional, eager to help but terrified of public speaking. My fellow Rotarians believed in me and encouraged me to take on new roles, and in doing so, Rotary changed my life. It gave me courage and purpose, but above all, it gave me you: my friends, my team, my family around the world. So now, my friends... take out your dreams tucked away in a drawer, especially those you thought were too big or bold to achieve. Let's bring them into the light. Let's Unite for Good—for our clubs, our communities, and our world. And let's make this a year not only of service, but of joy, of connection, and of love. ☒

With gratitude and affection,



**Francesco Arezzo**

President

Rotary International, 2025-26



## FROM THE DESK OF DISTRICT GOVERNOR

*"You only live once, but if you do it right, once is enough." - Mae West*

Dear Rotarians of RID 3080,

We are all living our own lives, fighting our own battles, small and big. All of us have our goals, short term and long term. The world is a ruthless place. We need to do it right - all the time!

But how do we get anything done? We need to start by beginning well. Because "Well Begun is Half Done!"

The month of July is the month of beginnings in Rotary. It is the new Rotary Year. New leadership hold fort from the top to the bottom of this organization. Rotarians take up positions for a year, passed on from one outstanding individual - taking the mission forward - only to further pass it on to the next after 365 Days!

This issue of Rotary Pulse is a reflection on Rotary Beginnings. I believe that we have put our best foot forward right at the start of this Rotary Year! The credit goes to my team - who have been planning the 12 months of my DG-ship relentlessly for the past one year.

The pre-year events have been successful, but they have also been a learning curve for my team who have been hands on at these events.

The month of July has brought some new beginnings for clubs. The month of August shall bring new beginnings in Rotary for many individuals as this is the Membership Development Month.

Cheers to new beginnings! Now, we have 11 months to go. Let us all strive to get it right.

May we all stand up united for the greater good.

**Ravi Prakash**

## MESSAGE OF THE DG PARTNER

Dear Fellow Rotarians,

It is with immense pride and joy that I greet you at the dawn of this new Rotary year. As a Chartered Accountant, I've always believed in precision and purpose - values that align beautifully with the spirit of Rotary. This year, I begin a new journey not only as the partner of the District Governor but also as a fellow Rotarian.

I have been a Rotary Partner for almost two decades now. Joining Rotary has shown me the extraordinary power of ordinary people coming together to create lasting change. I look forward to learning from your service, sharing in your fellowship, and contributing wherever I can.

Let's begin this year with fresh energy, deep purpose, and a heart full of compassion.

**Shalini Prakash**



# THE YEAR THAT WAS

## INTRODUCTORY MEET FOR AGs & ALFs

Prarambh | 04 August 2024 | Hotel Sarovar Portico, Roorkee



## PRE AG & ALF LEARNING SEMINAR

Paramarsh | 01 September 2024 | Hotel Sapphire, Jagadhri



# PRE - PRESIDENTS ELECT LEARNING SEMINAR

Parichay | 22 December 2024 | SS Garden, Roorkee



# BON VOYAGE

05 January 2025 | Chandigarh



# AG & ALF LEARNING SEMINAR

Pravaah | 16 - 19 January 2025 | Colombo, Sri Lanka



# PRESIDENT & SECRETARY ELECT LEARNING SEMINAR

28 February to 02 March 2025 | Hotel Clarks Shiraz, Agra



# DISTRICT LEARNING ASSEMBLY 2025-26

08 June 2025 | Hotel Sarovar Portico, Saharanpur



# UPCOMING DISTRICT EVENT | AUGUST

## VISTAAR

Rotary Club Dehradun Central is Hosting the Public Image & Membership Development Seminar at Luxuria Farms, Canal Road, Dehradun on **31 August 2025**.

Attendees await a great time and a wonderful learning experience.



### KEYNOTE SPEAKER & CHIEF GUEST



**Flt. Lt. K. P. Nagesh**  
*RI Director (2025 - 27)*

### KEYNOTE SPEAKER - PUBLIC IMAGE



**Subhash Kulkarni**  
*Rotary Public Image Coordinator (Zone 4)*

### KEYNOTE SPEAKER - MEMBERSHIP



**PDG Ghanshyam Kansal**  
*ARMC 3070 and 3080*

## QUESTION OF THE MONTH

*In Rotary's early years, clubs were identified not by city names but by numbers. The Rotary Club of Chicago was, of course, Club No. 1.*

*However, during Rotary's rapid international expansion in the second decade of the 20th century, one club's unique designation raised questions about continuity and recognition.*

*Which club, chartered outside the United States in this pioneering era, was initially assigned a number that caused controversy—and how was this numbering issue ultimately resolved to reflect Rotary's growing international identity?*

Answer in Next Issue....

# BEGINNING THE ROTARY YEAR

**UNITE  
FOR  
GOOD**



## 1 JULY 2025 | TUESDAY

Rtn Shalini and DG Rtn Ravi Prakash began the Rotary Year by seeking the blessings of The Almighty with an early morning Pooja at Shiv Mandir, Civil Lines, Roorkee.

The day started with a series of community service projects with his come club RC Roorkee Midtown:

09:00 AM – Tea, Samosa & Sweet distribution at Roorkee Railway Station, Roorkee

12:00 PM – Bhandara at Sai Mandir (Opp. Station Club), Roorkee

01:00 PM – Bhandara at Prem Mandir, Civil Lines, Roorkee

The day culminated with a welcome and media address organized by RC Hardwar and Ganga Aarti at Har Ki Pauri, Haridwar - seeking divine blessings once again.

The entire day was spent with Rotary family, friends and well-wishers!

It was a memorable day for DG Ravi Prakash & his family.



# 06 July : RC Roorkee Midtown



# 07 July : RC Gangoh



# 10 July : RC Saharanpur



# 11 July : RC Haridwar Central



# 12 July : RC Gharaunda



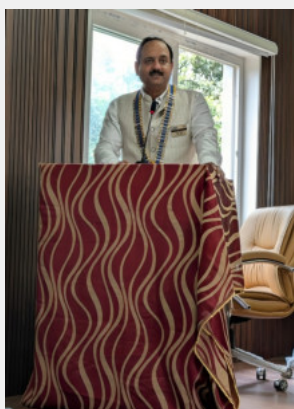
# 13 July : RC Dehradun Central



# 14 July : RC Chandigarh



# 15 July : RC Poanta Sakhi



# 15 July : RC Poanta Sahib



# 16 July : RC Barara



# 17 July : RC Jind Midtown



# 19 July : RC Rampur Bushahr



## 20 July : RC Theog Hills



## 22 July : RC Roorkee Elite



## 23 July : RC Karnal



## 24 July : RC Rishikesh



# 25 July : RC Doon Shivalik



# 26 July : RC Pehowa



# 28 July : RC Baddi



# 28 July : RC Nalagarh Midtown



## 30 July : RC Nahan Sangini



## 30 July : RC Nahan Sirmour Hills



## 31 July : RC Saharanpur Harmony



**District Governor Ravi Prakash and Rtn Shalini Prakash covered hundreds of miles in the first month as District Governor, attending the Installation Ceremonies and GoVs of 26 Clubs!**

# YOUTH SPOTLIGHT

## Rotary Club Shimla organized a Half-Day RYLA for Underprivileged Children at Chakkar- THE FIRST RYLA OF THE DISTRICT FOR RY 2025-26

Rotary Club Shimla conducted a half-day RYLA (Rotary Youth Leadership Awards) program for underprivileged students at Government Primary and Middle School, Chakkar, benefitting over 60 children.

The event featured a declamation competition on the theme **"Say No to Drugs"**, and a painting competition on the topic **"Say No to Drugs, Yes to Chocolate"** – since a sweet life does not require substance". The initiative aimed to spread strong awareness about the dangers of substance abuse and promote positive, healthy choices among young minds.

**As part of the program, World Chocolate Day was also celebrated. Children were gifted goodie bags filled with chocolates, chips, and Frooti, bringing joy and smiles all around.**

Medals were awarded to the winners of both competitions, while RYLA participation certificates were distributed to all students, encouraging them to take pride in their creativity and enthusiasm.

President Rtn Karan Bamba shared that Rotary is committed to building awareness against drug abuse through youth-focused initiatives. The event reinforced the message that a brighter, healthier future lies in saying no to drugs and embracing positive choices.

District Chair RYLA Rtn Teena Virk lauded the efforts of Rotary Club Shimla for kick starting the RYLA.



## NEW ROTARACT CLUBS

### ROTARACT CLUB OF PEHOWA

Sponsoring Club: Rotary Club of Pehowa

### ROTARACT CLUB OF ROORKEE WAVES

Sponsoring Club: Rotary Club of Roorkee Upper Ganges

### ROTARACT CLUB OF TRICITY SOCIAL

Sponsoring Club: Rotary Club of Chandigarh Shivalik

### ROTARACT CLUB OF UNIVERSITY INST. OF APPLIED MGT. SCIENCES

Sponsoring Club: Rotary Club of Chandigarh Midtown

### ROTARACT CLUB OF IGNITE PANCHKULA GREENS

Sponsoring Club: Rotary Club of Panchkula Greens



# FEATURED PROJECTS OF ROTARY CO - PILOTS

## DEHRADUN CENTRAL

Sanitary Napkin Distribution Drive for school girls where 126 sanitary pads to girls in need were distributed, helping to promote menstrual hygiene, dignity, and awareness.



## SHIMLA HILL QUEENS

RC Shimla Hill Queens rallied together to provide crucial support for the people affected by the Mandi disaster. Their collective effort has resulted in sending out 33 essential ration kits, providing vital food and supplies to those who need it most. This initiative truly showcases the immense compassion and generosity within the Rotary family. It's so inspiring to see the difference we can make when we unite for a common cause.



# EYES THAT MATTER

**INDIA NEWS** India News Paper

**"Donating Eyes Makes One Great" By donating eyes after death Subhash Kanodia becomes great**

\* Kharar, 18 August (Preet Patti) "Donating Eyes Makes One Great" The Rotary Club of Kharar has launched a campaign to gift sight to those in need. Under this initiative, the club has facilitated the donation of eyes from another individual after their passing. Assistant Governor and Eye Donation Motivator, Harpreet Singh Rekhi, shared that the club received information from Vikash Garg about the passing of Subhash Kanodia (82) from Janata Chowk, whose family wished to donate their eyes. The Rotary Club team promptly visited the family and, after obtaining written consent from Subhash's son, Vikash Kanodia, the PGI eye department team, comprising Mukesh Verma and Amritpal Singh, was called in to retrieve the eyes. Rotary Club President, Himmat Singh Saini, and Secretary Sukhwinder Singh Sonu, applauded the family's noble gesture. The Rotary Club has successfully motivated 74 families to donate eyes, enabling 148 individuals to see the world. Harpreet Singh Rekhi is leading the eye donation efforts.

Wednesday 30 July 2025

**Under the theme from Darkness to light eyes of late Bhopinder kaur (73) donated to PGI Chandigarh through Rotary Club Kharar**

Kharar 29 July (Preet Patti) The local Rotary Club has been running a campaign for the last several years to provide vision to the needy people. Under this, today the eyes of another personality of the area, the late Bhopinder Kaur (73) wife of Mohan Lal Resident of Pakka Darwaza, Arya School Road, were donated after her death. Giving this information, Assistant Governor and Eye Donation Motivator Harpreet Singh Rekhi said that Baljinder Singh Mander told the club that his son Parminder Singh wanted to donate his mother's eyes. Then the Rotary Club team reached their house and after getting the written consent of the family, the team of Dr. Himanshu and Nitish Rai from the Eye Department of PGI were called, who reached the house and completed the process of taking the eyes. Meanwhile, Rotary Club President Himmat Singh Saini and Secretary Sukhwinder Singh Saini said that their club has so far donated the eyes of 73 people after their death and now 146 people are seeing this beautiful world.

**मृत्यु के बाद आंखों की दान**

खरड़, 29 जुलाई (गगनदीप): स्थानीय रोटररी क्लब पिछले कई वर्षों से जरूरतमंद लोगों को दृष्टि प्रदान करने के लिए अभियान चला रहा है। इसी के तहत मंगलवार क्षेत्र की एक अन्य शख्सियत स्वर्गीय भूपिंदर कौर (73) पत्नी मोहन लाल निवासी पक्का दरवाजा, आर्य स्कूल रोड की मृत्यु के बाद उनकी आंखें दान की गईं। सहायक गवर्नर एवं नेत्रदान प्रेरक हरप्रीत सिंह रेखी ने बताया कि बलजिंदर सिंह मंडेर ने क्लब को बताया कि उनका बेटा परमिंदर सिंह अपनी माता की आंखें दान करना चाहता है। फिर रोटररी क्लब की टीम उनके घर पहुंची और परिवार की लिखित सहमति मिलने के बाद पी.जी.आई. के नेत्र विभाग से डॉ. हिमांशु और नीतीश राय की टीम को बुलाया गया, जिन्होंने घर पहुंचकर आंखें लेने की प्रक्रिया पूरी की।

**सतपाल जिंदल दो लोगों के जीवन में कर गए रोशनी**

सिटीरिपोर्टर: खरड़

रोटररी क्लब, खरड़ द्वारा पिछले कई वर्षों से जरूरतमंद लोगों को "दृष्टि का उपहार" देने की मुहिम चलाई जा रही है। इसी कड़ी में शहर की एक और शख्सियत एवं प्रमुख व्यवसायी सतपाल जिंदल आयु 89, रेधावा रोड की आंखें रोटररी क्लब के माध्यम से मरणोपरांत दान की गईं। जानकारी के अनुसार, रोटररी क्लब के सदस्यों को गत दिवस सुबह सरोज वाला द्वारा सूचना मिली कि एक वजुर्ग व्यक्ति की मृत्यु हो गई है। तभी रोटररी क्लब की टीम उनके घर पहुंची। क्लब की टीम और पार्यद कमल किशोर शर्मा (वार्ड नंबर-23) ने परिवार से नेत्रदान करने का अनुरोध किया। परिवार की सहमति मिलने के बाद पीजीआई के नेत्र विभाग से मुकेश वर्मा ने अरिस्त परहार की टीम को बुलाया और घर पहुंचकर आंखें लेने की प्रक्रिया पूरी की। रोटररी क्लब ने अब तक 72 लोगों की मृत्यु के बाद उनके परिजनों को प्रेरित कर उनकी आंखें दान करवाई हैं, जिससे अब 144 लोग इस खूबसूरत दुनिया को देख पा रहे हैं।

**Assistant Governor Zone 8 Harpreet S. Rekhi is a motivator & champion of Eye Donation. He is a member of RC Kharar**

**HARPREET S. REKHI**  
**98147-33257**  
**harpreetsinghrekhi@gmail.com**

# LARRY A. LUNSFORD SELECTED TO BE RI PRESIDENT 27-28

Larry A. Lunsford, a member of the Rotary Club of Kansas City-Plaza, Missouri, USA, is the selection of the nominating committee to become Rotary International's president for 2027-28. He will officially become the president-nominee on 15 September if no other candidates challenge him.

Lunsford attended Truman State University in Kirksville, Missouri, on an academic scholarship, earning bachelor's and master's degrees in accounting. He first encountered Rotary when he received a Rotary Foundation Ambassadorial Scholarship to spend the 1981-82 academic year at the University of Newcastle in Australia.

A certified public accountant, Lunsford spent seven years working for Ernst & Young before joining a family-owned business, Bernstein-Rein Advertising, in 1990. He is currently executive vice president and chief financial officer for the Bernstein group of companies.

He has held positions on the boards of the Kansas City Spirit Festival and the Variety Club as well as serving as director of a local bank and treasurer of the Epilepsy Foundation for the Heart of America. He has also served on Truman State University's alumni and foundation boards and received the university's Distinguished Service Award.

Lunsford joined the Rotary Club of Kansas City-Plaza in 1991 and has since served as district governor (2001-02), RI director (2013-15), and trustee of The Rotary Foundation (2021-25, vice chair 2024-25). He has been a member of RI committees, including the Executive Committee (chair 2014-15), Membership Growth Committee (chair 2016-18), and Nominating Committee for President of RI (chair 2023-24). He also has served on The Rotary Foundation's Executive Committee (chair 2023-24), Finance Committee (chair 2022-23 and 2024-25), and Participant Experience Committee (chair 2023-24).

Lunsford has been awarded The Rotary Foundation Distinguished Service Award, The Rotary Foundation Citation for Meritorious Service, and the RI Service Above Self Award. He and his wife, Jill Lunsford, have two children and one grandchild. They are Major Donors, Bequest Society members, multiple Paul Harris Fellows, Benefactors of The Rotary Foundation, and Sustaining Members.



## WHY I JOINED ROTARY AND WHY I STAY

*By Jyoti Mehta, Rotary Club of Saharanpur Harmony, Uttar Pradesh, India*

I first learned about Rotary through a friend who invited me to a club meeting. I went out of curiosity, unsure of what to expect. **What I found was more than a social gathering – it was a room full of passionate people dedicated to service, community, and integrity.**

At that time, I was already active in volunteering, but something about the structure and spirit of Rotary spoke to me. The idea that we could create meaningful change both locally and globally – with projects in education, health, and peace – made me feel like I was stepping into something much bigger than myself.

**What made me stay? The Four - Way Test!** It wasn't just words on a banner. **I saw it in action – in the way decisions were made, in the respect members showed one another, and in the impact of every project we touched.** From organizing free medical camps to supporting underprivileged children with school supplies, I saw the joy of service light up not just faces in the community, but also in my fellow Rotarians.

**Rotary has also helped me grow personally. I've gained leadership skills, formed friendships that cross all boundaries, and found a deeper purpose.** It's not just about giving back – it's about growing forward. If you're looking to make a difference in the world while being part of a global family, I encourage you to visit a Rotary club.

**Listen. Connect. Serve.**

**You might just find your place here.**

# CLUBS IN ACTION

## ALAKNANDA VALLEY

Tree Plantation



Annapurna Day



## AMBALA

Talk on Cervical Cancer



CPR Training



## AMBALA CENTRAL

Distribution Of 100 School Bags



Blood Donation Camp



## AMBALA CITY

Annapurna Day



## AMBALA DIAMOND

Distribution of School Bags



# AMBALA INDUSTRIAL AREA

Tree Plantation



Spray Medicine



Health Check Up



Traffic Awareness



Blood Donation



# BADDI

Blood Donation Camp



Shoes for School Children



Annapurna Day



Tree Plantation



# BARARA

Dental Check Up Camp



Birthday Celebration with Deprived People



Gau-Seva



Annapurna Day



# BHAKRA NANGAL

Tree Plantation



Stationary Distribution



Wheel Chair Distribution



# CHANDIGARH

Eye Check Up Camp at Govt Sr Sec School, Khudalahora, Chandigarh in association with The National Association For The Blind.



Early Act Club Members Of Sacred Heart School, Sector 26, Chandigarh donated a fantastic collection of Storybooks, Encyclopedias, and Activity Books to GMSS Sector 26 Chd.



# CHANDIGARH CENTRAL

5 Government Schools Covered & 8000 Sanitary Napkins Distributed.



"Trash to Treasure" To tackle plastic waste pollution from every house and surroundings and use it for beautification. All the enthusiastic Anns of Rotary Club Chandigarh Central came forward to be a part of a monthly "Trash to Treasure" environmental initiative. 300 1-Litre plastic bottles filled with used plastic bags and wrappers were collected by school students .Three sitting areas were constructed.



# CHANDIGARH MID TOWN

Project Basta



Tree Plantation



Computer Training Center



Handwashing Awareness



Distribution of LED Tube Lights



Glow Show On Paper, Lecture



# CHANDIGARH SHIVALIK

School Bag Distribution



Annapurna Day



# CHANDIGARH TRICITY

Disability Correction Project



# CHANDIGARH UPTOWN

Tree Plantation



Awarding Scholarships



Computer Literacy



Cervical Cancer Awareness for Public



Formation of Early Act Club



HPV Vaccination



# CHEEKA

Clean Water Supply to Govt. School



Tree Plantation



RYLA Mehndi Competition



Annpurna Bhandara



Welcome of Shri Guru Granth Sahib Palki

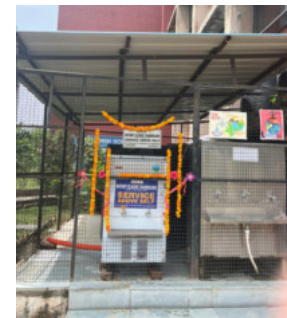


# CLASSIC CHANDIGARH

Blood Donation Camp



Donation of Water Cooler



Tree Plantation



Ek Ped Maa Ke Naam



Career Guidance to Youngs



# DEHRADUN CENTRAL

Dental Camp



School Bag Project



# DERA BASSI

Tree Plantation



Annapurna Day



# DOON GANGA CHIDDERWALA

Fan Donation



Tree Plantation



Financial Aid for a Sick Person



# DOON SHIVALIK HILLS

Annapurna Day - "तृप्ति"



Tree Plantation - " हरी भरी वसुंधरा"

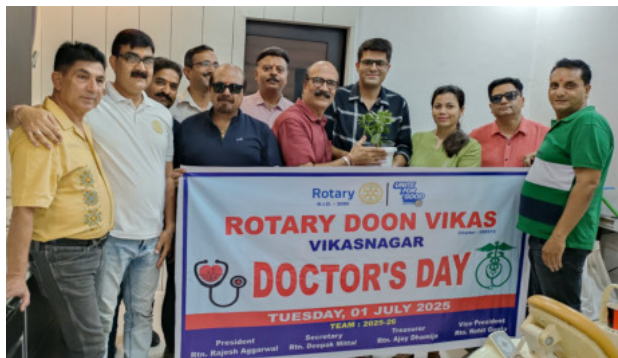


# DOON VIKAS

Annapurna Day



Doctor's Day



# GANGOH

School Bags Distribution



Annapurna Divas



# GHARAUNDA

Tree Plantation



Doctor's Day Celebration



# HARDWAR

Paryavaran Bachao



School Bag Distribution



Health & Hygiene for Young Girls



Tree Plantation



Annapurna Day



# HARIDWAR CENTRAL

Tree Plantation



Annapurna Day



# JAGADHRI

Celebrating Teej with Differently Abled



Wheel Chair Donation



# JIND MIDTOWN

Green Fodder Distributions



Tree Plantation



Eye Checkup Camp



# JAGADHRI NORTH

Tree Plantation



Tuberculosis Camp



Food Distribution



Food Distributions



School Bag Distribution



Donation of Water Cooler



Awareness of Breast Feeding & Cancer



Environmental Protection



# KAITHAL

Food Distribution



Marathon for Rotary Awareness



# KANKHAL

Distribution of Surgical Items



Harela Parv



Annapurna Day



Bicycle to a needy girl



# KARNAL

Donations to Old Age Home and Gaushala



Donations of Water Cooler



# KARNAL MIDTOWN

Tree Plantation



# KASAULI

Tree Plantation



# KHARAR

Bhog



Eye Donation Lecture



# KURUKSHETRA

Annapurna Day



# MOHALI

Vaccination of Children



# LADWA

Annapurna Day



Tree Plantation



Fan Donation



# MOHALI MIDTOWN

Sewing Machine for a Needy Woman



Providing Room Coolers



CPR Lecture



# MORINDA

Free Sewing School for Girls



Annapurna Project



# MUSSOORIE

To celebrate the festival of Harela, Rotary Mussoorie launched a green initiative to promote environmental awareness among children. Under this project, 250 flowering plants were distributed across 10 primary government schools in Mussoorie.

This is a clubs green initiative where students will learn importance of environmental with responsibility.



# NAHAN

Menstrual Hygiene and Sanitation Camp



Doctor's Day Celebration



# NAHAN SANGINI

Celebration Of Rotary New Year 25-26 & Doctors Day



**Award of Honour**  
**on the Occasion of Doctor's Day**  
 Rotary Club Nahan & Rotary Club Nahan Sangini  
**DR. DINESH BEDI**  
 In heartfelt appreciation of your selfless dedication, commitment to healing and outstanding service in humanity, your selfless contribution to the medical field exemplifies the highest ideal of Rotary.  
 The recognition is conferred in alignment with the Rotary Year-Why Day.  
 It is an **FREE** TIME  
 & **NO BUREAU** is involved!  
 It will be under **APPROX 15.00** and **BETTER FLEXIBILITY**  
 & **WILL** be **MEMORABLE** to all concerned!  
 You embody the spirit of these values through your profession and compassion.  
 With gratitude and pride  
 Rotary Club Nahan & Rotary Club Nahan Sangini  
 Date: 1 July 2023  
 Mr. Nitish Chahal  
 Mr. Nitish Chahal

# NAHAN SIRMOUR HILLS

Tree Plantation



# NANGAL CENTRAL

Blood Donation Camp



Lunch with Disabled Students at Una



Annapurna Day



# NARWANA

Health Check-up Camp



Gau-Seva



Wheelchair Donation



Annapurna Day



# NEW CHANDIGARH

Wellness Camp



Dental Camp



# PANCHKULA

RVTC Stitching Center



Stitching Training



Computer Training



Beautician Training



Tuition Classes for Underprivileged



Egg Bank



Ice-cream Distribution



Eye health Awareness & Check up Camp



Langar for Kanwad Yatri



Annapurna Day



# PANCHKULA MIDTOWN

TB awareness & Screening Camp Annapurna Day



# PANIPAT

Food Distribution



Gau-Seva



Movie with Underprivileged



Food at Old Age home



Monthly Langar Ann



# PANIPAT CENTRAL

Health Check-up Camp



Tree Plantation



Computer Donation



Computer Donation II



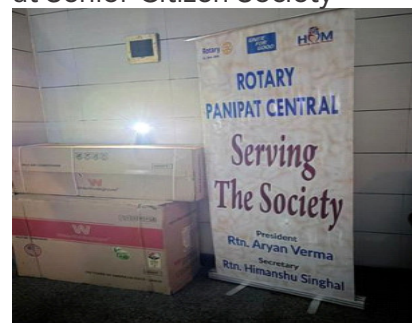
Double Battery Inverter Installation



Annapurna Day



2.0 Ton AC Installation at Senior Citizen Society



# PANIPAT MIDTOWN

Ration Sewa to Needy Widows



Annapurna Day



# PANIPAT PREMIER

Installation of Incinerator



Tree Plantations



# PANIPAT RAINBOW

Medical Checkup Camp



Blood Donation Camp



Health Checkup Camp



# PANIPAT SOUTH

Water Cooler Donation



Donation of One Month Ration to 50 Ladies



Tree Plantation



# PAONTA SAHIB

Tree Plantation



Blood Donation Camp



Annapurna Day



Sneh ki Chadar



# PAONTA SAKHI

Blood Donation Camp



Distribution of Refreshments



# PARWANOO

Annapurna Day

Mother & Child Care Camp

Talk on Menstrual Hygiene



# PEHOWA

Saksharta Abhiyan - Read, Grow, Smile

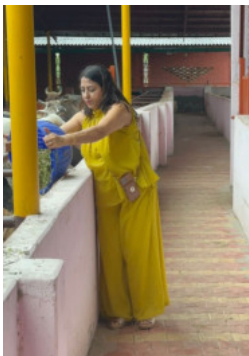
Distribution Of Essential Care New Born Baby Kit



# PINJORE HILLS

Annapurna Day - Gau Seva

Healthy Moms Healthy Future



# RANIPUR

Tree Plantation

Refreshment to Health workers in Kawad



# RISHIKESH

Help of a needy old woman



Govt. School Toilet Repair



Water Cooler for Fresh Drinking Water



Donation for Disaster Relief



Annapurna Day



Honouring Police



Helping the Poor



Food Distribution



# RISHIKESH DIVAS

Annapurna Day



# RISHIKESH ROYALE

Annapurna Day



Tree Plantation Drive



Nutri Soya Protein Diet to New Mothers & Baby Sheets for Newborns



Computer Donation



# ROOPNAGAR

Annapurna Day



Talk on Menstrual Hygiene



Distribution of High Protein Diet



Blood donation camp



Protein Powder to New Mothers



Dental Check-up Camp



Free Cataract surgery for poor people

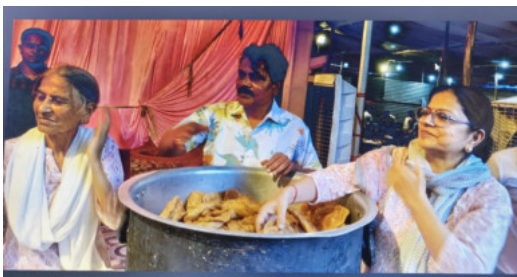


Free Mega medical check up camp



# ROORKEE

Sawan Kanwar Yatra Sevashivir



Maternal Health & Child Care Talk



# ROORKEE CENTRAL

Harela Festival Tree Plantation



Annapurna Day



# ROORKEE ELITE

Annapurna Day



Computer Donation

Tree Plantation

CA Day Celebration



# ROORKEE MIDTOWN

Tree Plantation

Kanwar Sewa Camp

Annapurna Day Celebration



# ROORKEE UPPER GANGES

Kanwar Yatra Sewa



# ROPAR CENTRAL

Bag Distribution to Students



Har Ghar Moringa - Plants Distribution



# SAHARANPUR CENTRAL

Annapurna Diwas



# SAHARANPUR CONTINENTAL

Water Cooler Donation



Tree Plantation



Inauguration of a Pink Toilet



# SHAHABAD MARKANDA

Annapurna Day



Fruits Distribution to Patients



Hand Towels, Water & Fruits Distributed among Rickshaw Pullers



60 Notebooks Distributed



Sanitary Materials provided to Dharamshala



Medical Camp



Dental Checkup Camp



3729 Books & Book Shelf Donation

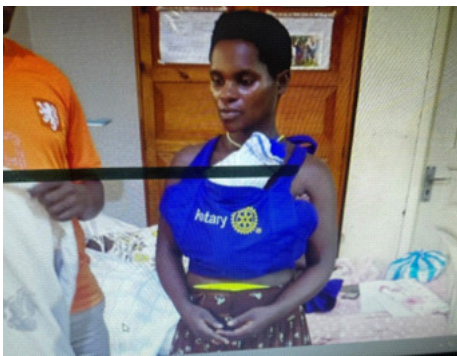


Mother and Child Care



# SHIMLA

## Baby Carrying Bags Distribution



Rotary Club Shimla dispatched relief material for the flood-affected victims of Mandi in an Inter-District Collaboration with Rotary Club Sunder Nagar, District 3070. The material included: Shelter Kits (containing basic essentials like mat, bucket, mug, torch, stove, candle, match sticks, basic wear, slippers, cooking utensils, water keeper, cloth napkins etc.), Blankets & 130 Kg Rice Bags.

The material was further distributed to the relief victims in collaboration with Rotary Club Sunder Nagar, under the leadership of President Rtn. Sarla Gautam and District 3070 Chair – International Services Rtn. Umesh Gautam. District Governor 3070 Rtn Rohit Oberoi expressed heartfelt gratitude to DG Rtn Ravi Prakash and Rotary Club Shimla for United efforts in times of difficulty and for selfless service.



## Nanhe Deepak Initiative - Mera Basta Meri Shaan - Bag Distribution



## Milk Bag Recycling Co-Pilot Project



## Distribution of Sanitary Pads to Labourer Women



## Distributing 100 Cloth Bags Made From Recycled Leftover Fabric



# SHIMLA HILL QUEENS

Community Dental Camp



Young Ice Skating Champions



"Project Prashray" for Cancer Patients



**Organized A Successful Relief Material Collection Drive. Items Such as Blankets, Sheets, Clothes, Footwear & Utensils (Used But In Good Condition) were Gathered to Support those Affected By The Floods In Mandi District.**



Shoes Donation



Menstrual Hygiene Seminar



Talk on Menstrual Hygiene at Kanda Jail.



TB Kits Distribution



RYLA on Mandela Day at GSSS Mehli



Water Tank Installation



# SHIMLA MIDTOWN

Awareness for Protection from Rabies



Talk on Menstrual Hygiene & Cervical Vaccination



Distribution of Food Packets to Patients



# SHRI ANANDPUR SAHIB

CA Day & Doctor's Day Celebration



# SILVERCITY MOHALI

Annapurna Day Celebration - "Little by little, a little becomes a lot"



# SOLAN

Annapurna Day

Medical Camp with MMU Hospital Solan of 400+ Patients



# SOLAN MIDTOWN

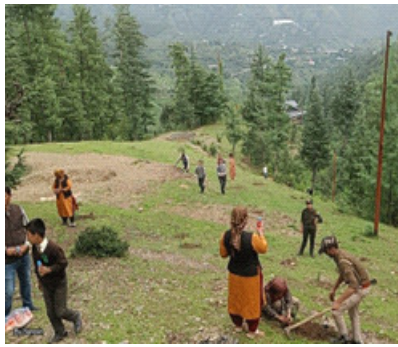
School Bag Distribution & Mental Health Awareness

Annapurna Day



# THEOG HILLS

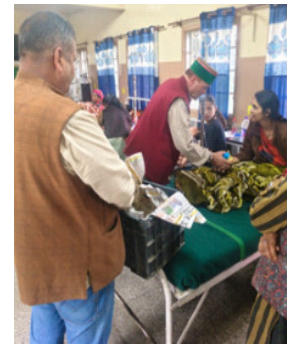
Tree Plantation



Awarding Brilliant Young Minds



Fruit & Almond Milk Distribution



# YAMUNANAGAR

Dental Checkup Camp



Water Cooler Installation



Tree Plantation



Raincoats Distribution



Food Distribution



# YAMUNA NAGAR RIVIERA

Kanwar Sewa Shivir



Charter Day Celebration at Old Age Home



Annapurna Day



## *Sharing Begets Happiness*



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Social & Educational Trust

Involved in philanthropic, charitable and social-service activities all over India with special focus on:

- Higher Education and Professional Learning for deserving candidates
- Girl Child Education and Empowerment
- Clean Drinking Water
- Sanitation and Hygiene

Write to us: [mmalik131@gmail.com](mailto:mmalik131@gmail.com)

PMSET was founded in the fond memory of (Late) Prof. Wahid U. Malik, eminent academician after his passing on in 2007.



# GML TEAM

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