

Rtn. Jennifer E. Jones RI President

Rtn. V.P. Kalta District Governor

In gine VISUALIZE - IMPLEMENT

DG's Monthly Letter | July 2022 | Vol 01 Issue 01



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PRESIDENT'S MESSAGE

am so pleased that you are attending your Rotary 3080 District Handover. This important event provides you with an opportunity to celebrate your successes, expand your network across borders and cultures, and share your ideas for the year ahead.

As Rotary members, our commitment to service is what drives us, and we want to be a part of something larger than ourselves. This event is where we take our passion for community service to the next level, finding inspiration in each other's accomplishments to bring our service to greater heights.

We all feel the impact that Rotary service and Rotary values have on us ... now it's our opportunity to share that feeling with others. This is a year to Imagine Rotary by envisioning a world that deserves our best, where we get up each day knowing we can make a difference. We don't imagine yesterday, we imagine tomorrow.

We imagine a world without polio, with clean water for everyone. We imagine a world free of disease and where every child learns to read. We imagine kindness, hope, love, and peace.

I'm asking you to turn our call to service inward as well. If we serve our members, we serve our communities. And if we provide comfort and care for our members, they will truly come to understand the power of Rotary.

I hope you take this knowledge back to your clubs to help them succeed throughout the coming year. Together, we will achieve great things as we Imagine Rotary. Warmest regards.



Jerit Jones

Jennifer E. Jones President Rotary International 2022-23



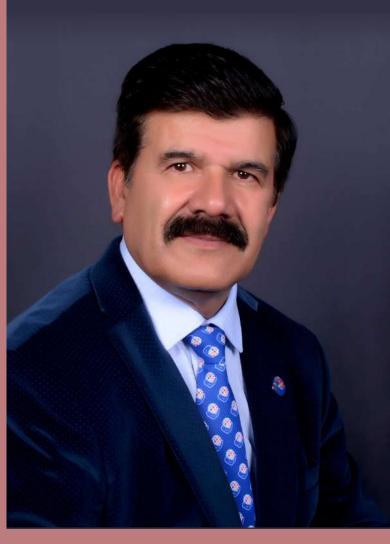
GOVERNOR'S MESSAGE

Dear Team Imaginers, Rotary Greetings!

The month gone by was New Leadership Month. New Rotary Leaders took over in all 46,000 odd clubs and 540 Districts around the globe and of course at Rotary International HQ, Evanston, Illinois, USA as well, where for the first time in the Rotary history we have a female International President in the name of Jenifer E. Jones. Jenifer has given a very unique theme for her Rotary year—"IMAGINE ROTARY". She asks all Rotarians to Imagine a world where we get up each day knowing that we can make a difference. Although we all have dreams, acting on them is a choice that we make. Human beings distinct from other species, have been blessed with the power to imagine the unseen and unreal and have the capability to turn this imagination into reality.

I too got the opportunity to witness 20 Clubs' Installation Ceremonies, where half the Clubs coincided this function with the Governor's Official Visit. Though total club visited in the month of July for various projects and programs were more than 30. Despite having attended the three day seminar "LAKSHAY", at Pune where RI President was the Chief Guest, Jennifer noted that Rotary has little time to achieve the RI Board of Directors' goals of having women make up 30 percent of Rotary's membership by June 2023. Whereas TRF target for our District is \$555,000 for Rotary year 2022-23.

August is Membership and New Club Development Month. No institution can survive without new recruitments, which brings newer ideas, more hands and brains to work for the community.



Hence, clubs are requested to induct new members and involve them in our service projects. I appeal to every club to sponsor at least one satellite club in the suburbs and neighbouring small towns in their jurisdiction in order to spread the wings of Rotary to the peripheral and far-flung areas.

This year we have suggested a list of twenty four "DISTRICT PULSE PROGRAMS" and all clubs are requested to implement one such program in every fortnight. For the first fortnight of July, Traffic Awareness Program was organised. India the has highest number of causalities in road accidents mounting to 1.5 lakh deaths per year. This number is only made worse by the fact that mostly the youth and bread winners of the family are lost in such accidents. By spreading awareness, we hope to reduce such tragedies. I am happy to share that most clubs of our District participated in the aforementioned program. This was followed by Tree Plantation campaign. The National Forest Policy has proposed that to strengthen the ecological balance there should be 33% area under forest, whereas our country only has 24%. To fill this gap, we need to plant more and more trees and look out for the survival of the plantation. Increase in forest cover shall ensure environmental stability and maintenance of ecological balance including atmospheric equilibrium which is vital for sustenance of all life. Clubs are requested to execute the District Programs for the month of August i.e. Blood Donation and Organ Donation. As we celebrate 75th year of India's Independence, let us organise blood donation camps by paying our tribute to the martyrs of the Nation. I wish all the leadership in the District all the very best.

Do work keeping in mind that serving others is the best way to live because it changes not only the other person's lite but also your own.

, Yours in Rotary Rtn VP Kalta District Governor





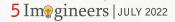
RC ALAKHNANDA VALLEY



RC AMBALA INDUSTRIAL AREA



RC AMBALA





RC AMBALA CITY



RC AMBALA MIDTOWN



RC ANANDPUR SAHIB









RC BHAKRA NANGAL



RC CHANDIGARH CITY BEAUTIFUL



RC BARARA



RC CHANDIGARH CENTRAL



RC CHANDIGARH MIDTOWN







RC CHANDIGARH PERIPHERY



RC CHANDIGARH UPTOWN



RC DEHRADUN CENTRAL



RC CHANDIGARH SHIVALIK



RC CHANDIGARH



RC DEHRADUN









RC DOON VIKAS



RC GANGOH



8 Imagineers | JULY 2022

Petry - many

RC ECLUB DEHRADOON



RC JIND MIDTOWN









RC KHARAR



RC MOHALI MIDTOWN





RC KARNAL MIDTOWN



RC LADWA



MOHALI SILVER CITY





10 Impgineers | JULY 2022



RC MUSSOORIE



RC NEW CHANDIGARH



RC PANIPAT PREMIER



RC NANGAL CENTRAL



RC PANCHKULA MIDTOWN



RC PANIPAT SOUTH







WHAT YOUR CLUB CAN DO:

- Talk about diversity with your Club members and create a member diversity and inclusion action plan using the Diversifying Your Club assessment (available in the Learning Center at rotary.org).
- Invite local diversity, equity and inclusion experts to speak at your Club's gathering.
- Connect with local organizations that are supporting diversity, equity, and inclusion efforts and work with them on projects or events.
- Encourage and support people from underrepresented groups to take on leadership positions in your Club and District.
- Encourage Club members to take the Building a Diverse Club course in the Learning Center at rotary.org to learn more about diversity, equity and inclusion.
- Create a community advisory board and invite diverse members from the community and from your Club to take part. You'll learn what's important to the community and discover ways to work together for action.

DIVERSITY, EQUITY AND INCLUSION (DEI)

PARIKSHAT MEHDUDIA

It is an intuitive answer to say that diversity, equity and inclusion are important for making sure that everyone gets equal opportunities and a level playing field within an organisation. But studies have proved and It is now obvious that diverse and inclusive organisations are able to attract the best talents. Similarly, communities that welcome diversity also show better progress rates and increased levels of satisfaction among people.

A top priority for Rotary is growing and diversifying our membership to make sure we reflect the communities we serve and are inclusive of all cultures, experiences, and identities. We are creating an organization that is more open and inclusive, fair to all, builds goodwill, and benefits our communities. To help us achieve our goal, the RI Board of Directors passed a diversity, equity, and inclusion (DEI) statement:

"As a global network that strives to build a world where people unite and take action to create lasting change, Rotary values diversity and celebrates the contributions of people of all backgrounds, regardless of their age, ethnicity, race, color, abilities, religion, socioeconomic status, culture, sex, sexual orientation, and gender identity. Rotary will cultivate a diverse, equitable, and inclusive culture in which people from underrepresented groups have greater opportunities to participate as members and leaders. Making diversity, equity, and inclusion a priority is everyone #39;s responsibility"

Rotary International has recently included a new DEI code of conduct in its policy framework. The code of conduct brings out the values within the organisation and pens down supportive norms for all members to create an optimistic and collaborative environment for all. Rotary leaders all over are expected to abide by the code of conduct and make sure that all members falling under their leadership do the same.

Exemplifying and embracing diversity, equity, and inclusion DEI should be part of everything we do in Rotary. While progress has been made, still Rotarians need to make sure that DEI are ingrained into everything that we do as an organization and is reflected in the actions Rotary takes as we engage with the communities we serve. All members are expected to be mindful of their actions towards others and respect the choices and sentiments of everyone around them.

To ensure we live up to that ideal, the Board of Directors and our DEI Taskforce acted to strengthen the DEI statement originally adopted in 2019. The result is in a new commitment to diversity, equity, and inclusion, In line with our value of integrity, Rotarians should be committed to being honest and transparent about where we are in our DEI journey as an organization, and to continue to learn and do better.

Rotary also encourages all the members to speak against any kind of ill-treatment or discrimination witnessed by them. The leadership will then be responsible to look into the issue and resolve it through a discussion with the involved parties. The District Secretariat may be contacted in case the matter is not resolved by the local leadership. This difficult process may involve arguments, uncomfortable conversations and confrontations, but in the end, the result will always be a better, stronger and unified Rotary.

12 Im@gineers | JULY 2022



RC PAONTA SAKHI



RC RISHIKESH CENTRAL



RC RISHIKESH



RC PINJORE HILLS



RC RISHIKESH DIVAS



RC ROOPNAGAR





13 Imagineers | JULY 2022





RC ROORKEE UPPER GANGES



RC SAHARANPUR CENTRAL



RC ROORKEE MIDTOWN



RC ROORKEE



RC SAHARANPUR CLASSIC





Welcomes you at istallation Ceremony Rtn. Surender Pal Singh

INSTALLATIONS



RC SAHARANPUR CONTINENTAL



RC YAMUNANAGAR



RC YAMUNANAGAR RIVIERA



RC SHAHBAD MARKANDA



RC SHIMLA HILL QUEENS



RC SHIMLA MIDTOWN



RC SAHARANPUR



RC SHIMLA



RC SOLAN







THE BENEFITS OF STARTING **SATELLITE CLUBS ARE MANY:**

- · Decrease in the average club membership age.
- · Introduction of new leaders to the organization who are eager to get involved with the club's current projects and maybe introduce some new ones.
- · Opportunity for members of different demographic groups to have a bit more flexibility in their meeting schedule.
- · Involving more people in an organization that has a serious growth and retention issue.
- · Providing an opportunity for a small, weak or struggling club to become connected to a larger, active club for ongoing mentoring, support and assistance.
- Accommodating rural and remote areas or communities with small populations.
- Extending an affordable Rotary experience to members.
- · Assist in chartering new Rotary clubs.

APS Dhiman Assistant Governor Zone 4 Past President RC Chandigarh

START A ROTARY SATELLITE CLUB APS DHIMAN



SOME OF THE MOST COMMON RESPONSES A CLUB RECEIVES WHILE TRYING TO ADD NEW MEMBERS ARE:

- "The meeting time doesn't suit me"
- "The cost is too high"
- "The present membership profile doesn't appeal to me"
 "I want more flexibility"
- "I want to know more about Rotary and experience it before committing myself fully"

The concept of a "Satellite Club" was developed to provide an alternative approach to establish Rotary Clubs and is aimed at securing Rotary's future as a premier humanitarian service organization. The concept gives Rotary clubs the opportunity to start a club within a club with the ultimate intention of forming a new club in due course. A Satellite Club can be started with a minimum of 8 members. It is an easier way to increase membership. Members of a Satellite club are members of the sponsoring club. Rotary International says the Satellite clubs will attract members who have different vocations or service interests, be a more affordable club experience as the members pay lower club dues in addition to the usual RI dues and District dues, It allows Rotary clubs to offer service opportunities and membership experiences that appeal to a smaller, focused group and bring Rotary to communities that might not be able to support a standalone club. However, a Satellite club may choose to continue as a satellite club and remain linked to a host Rotary club for as long as they want even if the membership crosses 20 or more members.

Satellite club members meet twice a month at the time, day and place of their choosing. They can also attend the meetings of the main club. A satellite club simply creates an affordable opportunity for smaller groups with less flexible work schedules to be active members of the sponsoring club. They may look and feel like a separate club because they will have their own leadership (a Club Chair) and committees but these leadership roles and committees are expected to be in close partnership with the parent club. They can raise funds, undertake projects and do what Rotarians do. They enjoy fellowships and service. The Satellite club Chair should attend the board meetings of the main club.

An existing but struggling Rotary club (due to lack of members) can be converted into a Satellite club by requesting its members to become part of the Satellite club thereby providing them an opportunity to become part of a small but active group of Rotarians. If half of the clubs in our District start Satellite clubs with minimum eight members each, more than 400 members will be added to the whole district with a possibility of converting many of these clubs into independent Rotary clubs in the coming years.

It is easy to start a Satellite club. Review the frequently asked questions about satellite clubs before you proceed. Find a minimum of eight new members and hold an informational meeting with them to explain to them the working of a Satellite club and its benefits along with their responsibilities as members. The satellite club determines its own bylaws in collaboration with its sponsor club, which approves them. Select a name for the Satellite club in the format recommended by RI, decide on the meeting days, time, venue of the meetings, fix the club dues and nominate the club Chair and secretary. When your prospective members are ready, complete the Satellite Club Application and Satellite Club Member Information Form and send them to your Club and District Support representative. The Satellite club frequently asked questions, club application form and new member information form are all available on rotary. org.





DISTRICT MONTHLY PULSE PROGRAM - TRAFFIC AWARENESS



RC DEHRADUN CENTRAL



RC AMBALA MIDTOWN



RC CHANDIGARH UPTOWN



RC ALAKHNANDA VALLEY



RC CHANDIGARH MIDTOWN



RC CHANDIGARH





17 Imagineers | JULY 2022

DISTRICT MONTHLY PULSE PROGRAM - TRAFFIC AWARENESS



RC KARNAL MIDTOWN



RC NAHAN SANGINI



RC ROORKEE MIDTOWN



RC MUSSORIE



RC ROOPNAGAR



RC THEOG HILLS





SATURE POLITICAL PROPERTY OF THE POLITICAL P





Dr. PK Jain Past President RC Karnal

Sandeep Nain Satya Foundation Honorary Member RC Karnal

GAURAIYA (SPARROW) PROJECT

Dr. PK JAIN & SANDEEP NAIN

Birds are said to be the true watchdogs of the environment. But in the midst of urbanization and development, we have snatched their shelter. Now the birds fluttering in the sky & chirping is not so common. The bird which was commonly seen in the courtyard of our house named "Sparrow or Gauraiya or Chiriya" is rarely seen nowadays. To save this little bird from extinction, Karnal (Haryana) based NGO Satya Foundation has come forward with a unique initiative to provide Wooden Nests and Birds Feeders to Sparrows. The efforts put up by the volunteers of Satya Foundation bore fruit as they were successful in multiplying the population of Sparrow from 03 birds in 2016 to more than 1500 birds by 2022.

The volunteers of 'Satya Foundation' decided to invite sparrows by building some shelters in Sham-Nagar Karnal during 2016. Some old containers of Ghee & Oil were cut open and 5 nests were put on the nearby trees for the sparrows. The Sparrows were not habitual of such nests and hence they are not willing to adopt them. The volunteers started putting some grains in these nests. It took more than 2 months for a Sparrow to adopt the 1st Nest. Within a few days, the sound of chirping was resonating in all the nests. The encouraged volunteers took this initiative to the next level by offering wooden nests and feeders for the sparrows.

The volunteers made a number of modifications in the design of nests from time to time. The location has almost 22 lanes and these wooden nests are erected in almost 10 lanes. The residents of this location are happy to see the little chirping bird and even named this location as "Sparrow Enclave". Apart from this location, the volunteers have erected these nests at all possible locations including tourist spots on Highways, Famous Restaurants, Temples, common market areas, parking areas etc. These Nests were also installed at different cities of Haryana as well. To encourage the common masses to be a part of this conservation drive of sparrows, the volunteers of Satya Foundation have started distributing these nests to the common masses. Celebrating World Sparrow Day on 20th March is a regular affair for this NGO.

Nest plays exactly the same role in their life as the importance of a house in the life of a human being. The sparrow is more attached to humans, but unfortunately we have failed to maintain a relationship with a friend like a sparrow. There has been a decline in the number of sparrow birds since the 1990s. As per a study conducted by Andhra University, the sparrow population has come down by about 60%. If you listen carefully to some of the alphabets related to birds, you get great relief. There is a wonderful freshness in these words that fills you with energy. Take a look. To whine, chirp, chirp, chirp, chirp, chirp, tweet, flutter, beak, etc.

Rotary Club Karnal has associated itself with this unique environmental project. Initially our club has provided 50 Nests to Satya Foundation. Now after the personal visit of IPDG Rtn. Ajay Madan and DG Rtn. V P Kalta, our club has assured the NGO to provide all desired contributions so that at least Karnal town may create an example for other towns and we would be able to listen to the musical voice of this chirping bird again.





RC NAHAN SANGINI



RC ALAKHNANDA VALLEY



RC AMBALA INDUSTRIAL AREA



RC AMBALA MIDTOWN



RC AMBALA ROTARY ROLLING RC CHAN



RC CHANDIGARH CENTRAL





RC CHANDIGARH CITY BEAUTIFUL



RC CHANDIGARH UPTOWN



RC CHANDIGARH



RC DEHRADUN



DOON GANGA



RC KAITHAL



RC KARNAL MIDTOWN



RC KARNAL



RC KHARAR



RC KURALI





RC MOHALI MIDTOWN



RC NAHAN



RC NARWANA



RC PANIPAT SOUTH



RC NANGAL CENTRAL



RC PANIPAT PREMIER



RC PAONTA SAKHI







RC PINJORE HILLS



RC RISHIKESH DIVAS.



RC ROOPNAGAR



RC RISHIKESH CENTRAL



RC RISHIKESH ROYAL



RC ROORKEE CENTRAL







RC ROORKEE



RC SAHARANPUR CLASSIC



RC CHANDIGARH MIDTOWN



RC SHIMLA



RC SOLAN



RC THEOG HILLS



RC YAMUNANAGAR



RC ROORKEE UPPER GANGES





In the initial stages major chunk of donations came by the efforts of Project Counsellor DGE Arun Mongia, Smt. Shobha Rajni, PP Mujeeb Malik, PP Gaurav Ghai, PP Sushant Ahuja, PP Aseem Grover, PP Parikshat Mehdudia and PP Ravi Parkash.





PP Rtn Salil Dev Singh Bali Chairman, Project Sahyog

SAHYOG D-3080 PROSTHETIC LIMES PROJECT

SALIL BALI

Our great nation, India, has a whooping population of almost 140 crores and, of this, 2.68 Crores (2.21 % of Indian Population) are reported to have one or the other kind of disabilities.

Out of many classified physical disabilities, the Orthopedically challenged are persons having a physical defect or deformity which causes an undue hindrance in the normal functioning of the bones, muscles and joints besides persons who do not have one or both arms or legs. The Indian Constitution and other related Statutes / Acts duly provide safeguards and benefits to persons with Disabilities. Apart from the relevant laws there are many organizations working in the field of Disability, one amongst them is Rotary International.

Our Rotary District 3080, during the Rotary Year 2021-22, realised the importance of assisting and helping physically handicapped persons in their rehabilitation and for bringing them back to the main stream by providing them high quality artificial limbs so as to make them self-dependant and to enable them to earn their livelihood with dignity. Consequently, Project Sahyog was launched. The programme conceived by Rtn Salil Dev Singh Bali was launched and inaugurated by District Governor Rtn Ajay Madan RY 2021-22, on 7th August 2021 at Chandigarh in the premises of Tynor India, a leading company that provides rehabilitation materials & devices for the handicapped. Initially, 10 beneficiaries were identified; these included Auto Rikshaw Driver, Security Guard, House Maids, Vendors, etc. and amputation of their limb had made them unemployable and had lost their jobs. These 10 patients were affixed with high quality limbs and immediately, thereafter, the feedback and physical inspection demonstrated that they had restarted their work and had been rehabilitated because of this gesture of Rotary.

Soon cases were being referred from throughout the District but finances were also required and we sought sponsorships from individuals, corporates & our clubs. It is worthwhile to report that as many as 55 Clubs out of total of 106 Clubs participated in this project. Finally the Project saw rehabilitation of more than 155 patients at an average cost of about Rs.35,000/- per patient, roughly making the project worth approximately Rs.50 Lakhs i.e. almost \$67,000/-. The entire money for Project Sahyog was generated from generous donors and no grant / fund was taken from any reserves of Rotary, Around 105 males and about 50 females were affixed with artificial limbs, All these beneficiaries were self respecting people but having limited means and their rehabilitation by Rotary restored their livelihood with dignity.

The working of the project was handled by the Chairman of the project Sahyog, PP Rtn Salil Dev Singh Bali, along with the technical help of past president Dr. VJS Vohra & Dr. VJS his team. The Project was constantly backed and encouraged by DG V. P. Kalta. I am happy to inform you that DG V.P.Kalta has adopted Sahyog as a District Project in the current year and the same will continue in a big way during Rotary Year 2022-23 under his leadership. It is a matter of pride that in the first month (July) of this Rotary Year, 26 beneficiaries have been identified and sponsored by around 9 clubs at the cost of about Rs.7.5 Lakhs i.e. \$ 9500. The target of Sahyog is to rehabilitate 200 disabled persons in RY 2022-23. We appeal to all the Clubs to come forward and participate in this noble project by identifying and sponsoring minimum one beneficiary so that one can restart life with dignity and earn with self-respect.



26 Im@gineers | JULY 2022



ANNAPURNA AT SHELTER HOME RC BARARA



ANNAPURNA RC DEHRADUN CENTRAL



ANNAPURNA RC DOON SHIVALIK HILLS



ANNAPURNA RC BADDI



ANNAPURNA RC DEHRADUN



ANNAPURNA RC ECLUB DEHRADOON





CLUB HIGHLIGHTS



ANNAPURNA RC JIND MIDTOWN



ANNAPURNA RC LADWA



ANNAPURNA RC SAHARANPUR MIDTOWN

27 Im@gineers | JULY 2022



ANNAPURNA RC KAITHAL



ANNAPURNA RC RISHIKESH DIVAS



ANNAPURNA RC SHIMLA MIDTOWN





28 Impgineers | JULY 2022





BIRTHDAY CELEBRATIONS OF SPECIAL CHILDREN AT ABHI RC SHIMLA HILL QUEENS



BLOOD DONATION CAMP RC AMBALA MIDTOWN



BIRTHDAY CELEBRATIONS OF MEMBERS RC CHD. PERIPHERY



BLOOD DONATION CAMP RC AMBALA INDUSTRIAL AREA



BLOOD DONATION CAMP RC PANCHKULA MIDTOWN





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BLOOD DONATION CAMP RC YAMUNANAGAR RIVIERA



CA DAY - DOCTORS DAY CELEBRATION RC DOON GANGA



CA DAY - DOCTORS DAY CELEBRATIONS RC RISHIKESH CENTRAL



BLOOD DONATION RC SHIMLA



CA DAY - DOCTORS DAY CELEBRATIONS RC BADDI



CA DAY RC SHIMLA







CEILING FAN DONATION RC SHAHBAD MARKANDA



CERVICAL CANCER VACCINATION RC CHANDIGARH MIDTOWNL



DENTAL CHECKUP CAMP RC RISHIKESH



CERVICAL CANCER VACCINATION CAMP
RC PANIPAT PREMIER



DEDICATION OF AMBULANCE RC SAHARANPUR GREATER



DISTRIBUTION OF STUDY MATERIAL RC RISHIKESH CENTRAL





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DISTRIBUTION OF UTENSILS TO STUDENTS RC SAHARANPUR CENTRAL



DOCTORS DAY CELEBRATION RC PINJORE HILLS



DOCTORS DAY CELEBRATIONS RC SOLAN



DISTRIBUTION OF WHEELCHAIRS RC KURUKSHETRA



DOCTORS DAY CELEBRATIONS RC NARWANA



DONATION OF 5 SEWING MACHINES RC AMBALA MIDTOWN





MAGINE • VISUALIZE • IMPLEMENI

JULY

District Programme

- Road Safty
- **Tree Plantation**

Suggestive Programme

- Installation
- World Hepatitis Day



AUGUST

District Programme

- **Blood Donation**
- **Eye/Body Donation**

Suggestive Programme

- World Senior Citizen Day
- World Sports Day



SEPTEMBER

District Programme

- **World Heart Day**

Suggestive Programme

- World Alzheimer's Day





OCTOBER

District Programme

Suggestive Programme

- **World Elderly Day**
- World Hand Wasing Day



NOVEMBER

District Programme

- Children's Day
- **Rotary Foundation**

Suggestive Programme

- World COPD Day
- **World Toilet Day**





DECEMBER

District ProgrammeWorld Disability Day

World Kisan Diwas

Suggestive Programme

Vijay Diwas



JANUARY

District Programme

- Traffic Safety Week

Suggestive Programme

National Girl Child





FEBRUARY

District Programme

World Cancer Day Rotary Birthday

Suggestive Programme

- National Deworming Day
- World NGO Day



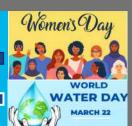
MARCH

District Programme

- Women's Day
- **World Water Day**

Suggestive Programme

World Tuberculosis Day World Oral Health Day



APRIL

District Programme

- Maternal and Child Health
- World Earth Day

Suggestive Programme

- No Smoking Day
- World Malaria Day



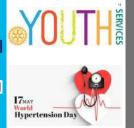
MAY

District Programme

- **Youth Services**

Suggestive Programme

World Asthma Day National Dengue Day



JUNE

District Programme

World Environment Day World Blood Donation Day

Suggestive Programme

Thanks Giving International Yoga Day













"Dr Puneet Mahajan and Dr Shivani Mahajan parents of Shashwat who was declared brain dead in PGI at age 13, in year 2017 decided to donate his organs and gave a new lease or better quality of life to five people."- Editor



Raise social awareness about organ donation.

- Thank the work of health professionals involved in organ donation and transplantation.
- Thank donors and their families for the opportunity to save the lives of other patients thanks to their donations.
- Transmit the importance of organ donation through the stories of those people involved in the process of donation and transplantation, that is to say, the experiences of patients, family members, doctors, researchers, etc.
- Organise short awareness sessions in your offices, communities, colleges, schools, clubs and wherever possible, make presentations along with question and answer sessions to clear any doubts.

Rtn. Dr. Puneet Mahajan RC Shimla

SHASHWAT D-3080 OGRAN DONATION CAMPAIGN

DR. PUNEET MAHAJAN

BEAN ORGAN DONOR

Life and death are laws of nature. It is also true that every one of us wants to live forever, but is it possible? If you look properly, it is possible, one can keep himself alive in someone else's body. The feeling of donating life by donating an organ to someone else is different and gives an opportunity to live this feeling, State Organ and Tissue Transplant Organization (SOTO) Himachal Pradesh, is making people aware about the importance of organ donation across the State.

India is struggling with acute shortage of Organs for transplantation. There is a wide gap between patients who need transplants and the organs that are available in India. An estimated around 1.8 lakh persons suffer from renal failure every year, however the number of renal transplants done is around 6000 only. An estimated 2 lac patients die of liver failure or liver cancer annually in India, about 10-15% of which can be saved with a timely liver transplant. Hence about 25-30 thousand liver transplants are needed annually in India but only about one thousand five hundred are being performed. Similarly about 50000 persons suffer from Heart failures annually but only about 10 to 15 heart transplants are performed every year in India. In case of Cornea, about 25000 transplants are done every year against a requirement of 1 lakh. There are different misconceptions about organ donation in society. These misconceptions need to be cleared by creating awareness towards Organ Donation in the masses. A person can donate blood while living and donate organs after death. The process of taking an oath for organ donation is completely free. One person can save the lives of eight people after death. In this scenario organ donors can prove to be a boon for people waiting for transplants.

Under what conditions can organ donation be done? A person dies in two ways. One brain death and the other cardiac death. Under brain death, all the functions of the patient's brain stop working. This patient is completely dependent on the ventilator where oxygen is provided to him artificially and the rest of his body's organs are working. This condition occurs mostly with head injury and brain tumour patients. In this situation all the organs of the patient can be donated. On the other hand, in cardiac death, the heart stops pumping. The blood circulation in the body stops and the organs of the body also stop working. Organ donation is not possible in this situation.

Living organ donors can donate a kidney, part of a liver and a bone marrow, while a brain dead donor can donate a liver, kidneys, lungs, pancreas, cornea, and skin. This procedure can be adopted after patients suffering from serious illness and accidents are brain dead.

Family consent required, The patient is kept under observation in the hospital and the special committee declares the patient brain dead. The consent of the family members is very important for taking the organs of the deceased. Motivating the relatives of a brain dead patient for organ donation is a very challenging task. Many misconceptions about organ donation do not allow them to do this pious work,

After completing other formalities including the consent of the relatives for organ donation, the body of the person from whose body the organs are removed for the transplant is not mutilated. The organs, including the eyes, are carefully removed under the supervision of expert doctors. Stitching is done in the parts of the body from which organs are removed. After removing the cornea, artificial eyes are placed in the dead body so that the body does not look unsightly.

Many times there is a belief of the attendants that even after being brain dead, the patient can come back alive, the patient can come back from coma but it is impossible to recover after being brain dead. But coma is unlike brain death. A coma patient can be alive even after a long interval. While many types of tests are done before the removed organs are transplanted into the body of recipient. The blood samples of the organ donor and the recipient patient are matched, based on tissue typing, organ size, medical urgency, waiting time and geographical location.

There is a brain dead declaration committee available in the hospital. If a patient reaches a brain dead situation in the ICU of any ward of the hospital, then the brain death committee gets activated. This committee monitors the patient thoroughly within the next 36 hours, only after being completely sure the patient is declared brain dead.

Even today people in foreign countries are very aware about organ donation, but in India there is a need to create this awareness amongst our Countrymen. spreading awareness in the society about organ donation is challenging but very important, so that the needy can get a new lease of life.





GOVERNOR VISITS





GOVERNOR VISIT RC NAHAN SIRMOUR HILLS



GOVERNOR VISIT RC ROORKEE CENTRAL

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GOVERNOR VISIT RC KARNAL



GOVERNOR VISIT RC PANIPAT ROYALE



GOVERNOR VISIT RC THEOG HILLS





ZONAL EVENTS



Zone 20 MEET AT RISHIKESH ORG BY AG RAJEEV GARG



Zone 14 MEET AT NAHAN ORG BY AG MANISH JAIN



Zone 18 MEET AT VIKASNAGAR ORG BY AG PRADEEP POTRA



Zone 16 MEET AT SAHARANPUR ORG BY AG SUBHASH SAPRA



RYLA at Blind School - by RC Chd. Mid Town







In this rapidly growing world, everyone is fighting a silent battle to make their ends meet and in these tough times, only kindness and generosity can provide relief. Through the simple act of donating, one can touch another life, and experience the change that can be brought by the simple act of providing food and essentials to the ones in need. To battle this serious issue of starvation, District 3080 organized its first project 'Annadaan', a ten- day long food donation drive from 1st July to 10th July 2022 to mitigate hunger. Clubs from all over the district actively participated in this food donation drive and provided quality food to those in need.

Annadaan, aimed to encourage every individual to realize that food is the basic component that is needed for the survival of an individual







District Team Training Session (D.T.T.S)

A leader is the one, who knows the way, goes the way, and shows the way. District 3080 conducted a District Team Training Session (DTTS), an interactive training session by DRR Rtr. Shivansh Sharma.

The session was designed to familiarize the District council team with their roles and responsibilities. The trainers of the session briefed the team about what lies ahead in the Rotaract year as well as provided them with an opportunity to network and form new connections.





THEME FOR THE YEAR





DRR Shivansh Sharma imagines a Rotaract where members value and feel grateful for this opportunity to create a practical change. He believes that when we start with an attitude of gratitude - growth multiplies. Therefore, with the theme of this tenure, he envisions the Rotaract as a space for learning, service, fun, creativity, ideas and growth with gratitude.

CLUB INSTALLATIONS







Rotaract Updates

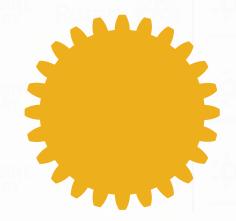
- 1. For chartering a new rotaract club, the one-time fee of US\$ 50 for chartering a new Rotaract club has been eliminated w.e.f.
- 1 July 2022 and the founding date is also not required to fill in the application.
- 2. Starting in July, Rotaract clubs can apply for grants from The Rotary Foundation, which will help them increase the impact they make in the world.
- 3. The annual dues for Rotaractor membership will be paid directly to the Rotary International in the amounts of US \$8.00 for community-based members and US \$5.00 for university-based members (plus 18% GST for clubs in India) based on the club's membership count as of 1 January 2023.





PROPOSING NEW MEMBERS

New members bring fresh perspectives and ideas to your club, expand your presence in the community, and help ensure your club is strong and vibrant. You've got some great potential members in your area — it's just a matter of finding them. Here are some suggestions to get the conversation started.





SHARE WHAT ROTARY MEANS TO YOU

- Share why you value your Rotary membership:
 - We share common interests and have fun.
 - We make a positive impact in our community through service projects.
 - We're part of a global network of friends.
- Emphasize professional benefits with colleagues:
 - We share business connections and expand our professional networks.
 - We have opportunities to develop professional skills.
- Share Rotary videos and photos of meaningful initiatives with your social media network.
- Wear your Rotary pin to initiate conversations about your involvement with Rotary.



SHARE INFORMATION ABOUT YOUR CLUB AND ROTARY

- Encourage interested prospects to learn more about Rotary clubs and Rotary on your club website and Rotary.org.
- Offer a club brochure that highlights recent service projects and social events.
- Bring them along to a club meeting or your club's information session for prospective members.
- Invite friends, family, co-workers, and colleagues to a club activity or project.

If a prospective member expresses interest in joining your club, make sure they understand expectations of membership, including club fees.



PROPOSE A NEW MEMBER

Once you've found a great candidate, follow your club's process for proposing a new member.

WEB RESOURCES



Don't have a club brochure? Create one with a template in Rotary's Brand Center.

Find materials and tools to help you bring in members at www.rotary.org/membership.



JOIN LEADERS: www.rotary.org/myrotary

254-EN-(515)





CLUB HIGHLIGHTS



DONATION OF BIRD NESTS RC KARNAL



DONATION OF WATER COOLER TO SCHOOL RC CHANDIGARH SHIVALIK



EGG BANK RC DEHRADUN CENTRAL



DONATION OF FURNITURE TO OLD AGE HOME RC YAMUNANAGAR



DONATION OFWATER COOLER TO GIRLS SCHOOL RC SAHARANPUR CLASSIC



EVENING CLASSES TO NEEDY STUDENTS RC AMBALA





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CLUB HIGHLIGHTS



EYE CAMP RC MOHALI SILVER CITY



EYE,OPERATION DONATION RC PANCHKULA MIDTOWN



HOCKEY STICKS DISTRIBUTION RC PAONTA SAHIB



EYE CHECKUP CAMP RC ROOPNAGAR



FRUIT DISTRIBUTION AT MENTAL HOSPITAL RC SHIMLA



KHILTA BACHPAN RC ROORKEE MIDTOWN

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CLUB HIGHLIGHTS



MAKING DAUGHTERS SELF RELIANT RC ROORKEE CENTRAL



MEDICAL CAMP RC AMBALA CITY



MEDICAL CAMP RC PANIPAT SOUTH



MEDICAL CAMP FOR KANWARIYAS RC RISHIKESH ROYAL



MEDICAL CAMP RC MOHALI



SCHOLARSHIPS TO NEEDY STUDENTS RC ROORKEE UPPER GANGES





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SCHOOL BAGS DONATION RC KURALI





SURGERY NO 751 UNDER HEARTLINE PROJECT RC CHANDIGARH



TEEJ CELEBRATION RC PAONTA SAKHI



TEEJ CELEBRATIONS RC KAITHAL



TWO SURGERIES SPONSORED RC MOHALI MIDTOWN



VILLAGE ADOPTION RC CHANDIGARH MIDTOWN



YOG SHIVIR RC NAHAN SANGINI







DOWN THE MEMORY LANE...

RAJENDRA K. SABOO Dist Governor 3080 (1976-77)

I started walking Down The Memory Lane of Rotary lane in 1961. I came from Kolkata in 1960 and was invited to join R.C. of Chandigarh to meet new people. In 1968, the senior past club presidents visited my residence and asked me to be the Vice-President. I could not accept it, my priority was family and business. I was elected as club Vice-President, which means to be club President (1970-71). I mentioned my impediment, but the die had already been cast.

I had no public speaking skill. When I came on the platform as President, I was nervous and trembling legs. Gradually, I developed my own formula to conduct and speak in meetings. Around May 1970, they wanted Rotary to adopt a village for development. On a rainy morning, we went to many villages, and when we came to Kajheri, our jeep was stuck in the mud. This is the place we decided and built a primary school, the largest

project of our term. I increased members from 24 to 44. Shifted our meeting to the Engineering Institute hall for more involvement. Usha and I hosted a potluck with fancy dress for Rotarians and their spouses. I was able to get the dress of Raj Kapoor, Mera Naam Joker, since I knew him earlier. The event was very successful. In 1968, I started Rotary Club in Guru Gobind College, R.I. Rotaract program. Attendance increased with more fellowship with added members.

In the district, I started getting assignments, including hosting the district conference with DG J.K. Sethi. Our district then 310, covered a large area from Chandausi (Western UP), entire Delhi and right up to Srinagar. In December 1973, the district conference was at the Panjab University auditorium. I and Usha involved groups of Rotarians from our club. I was able to get Hon'ble G.S. Pathak, Vice-President of India, to inaugurate; I.K. Gujral, as speaker. Bhichai Rattakul, R.I. President's representative. We also had service activities like blood donation. Brijmohan Lall, Roshan Jaiswal and R.K. Berry were the three candidates for Governor-nominee. Before the conference, the candidates had cocktails with the club's voters. Bhichai Rattakul visited all three places as our district was ill-famed for canvassing. Finally, R.K. Berry was elected. At the conclusion, Bhichai Rattakul was the chief guest. While speaking he said that RK (as he called me) would uprise in Rotary but not the way he sees canvassing.

In Mussoorie District Assembly one Sunday morning, PDG Som Dhingra, who was my Governor in 1970-71 and DGE Suraj Bhasin had an almost four-hour session. They brainwashed Usha and I to accept the governorship, and I had to agree. However, I had a condition that they would not canvass for my candidature. I would go to all clubs but not to ask for votes. Not only would I not invite for drinks or dinners, but I would also not want anyone to do so on my behalf. If anyone does, I would withdraw myself.

As Chairman of Rotaract committee, I went to all the clubs to promote Rotaract. My good friend VP Gandhi from my club went with me. I also had to tell him not to ask for votes. The conference was held at the Modern School in Delhi. I got almost 68% and was declared the District Governor Nominee. After the felicitations, I and Usha were to go to Roshan Jaiswal's residence, where we found his wife, Lila, weeping. I told her that what if your husband did not become Governor-Nominee, your brother had become. Since then, she became my sister.

I had a very large district. I was very fortunate to have RK Berry as my successor. The district was very large and I proposed a division of the district into Delhi and New Delhi. Thereafter, Brijmohan Lallji became the Governor of district 309 and Dr KK Goel of district 310. The District Assembly in 1976 was in Sri Nagar, and I got to know that my father had an accident and was critical. Immediately, I left for Kolkata, and in two days, when my father was better, I returned to Srinagar. Then I went to my father to spend 15 days and came back to Chandigarh.

My travel to all the clubs by road was on the ambassador, which I got specially done air-conditioned. Usha and I, with my secretary, would be with me and work and completed most of the clubs before the district conference. My Rotary International President Robert Manchester and International Assembly in June 1976 in Boca Raton, Florida, USA. I and Usha had taken our younger son Jai, who was Rotary becoming competition to his childhood who was 11 years old. Finally, he accepted.

I also believed in voluntary limiting the population, and I was asking all the clubs to have the camps. In the meantime, an emergency had come, and I got an interview to meet Sanjay Gandhi, the younger son of Prime Minister Indira Gandhi. He asked if we could have a camp in Srinagar. I said I think we can, and finally we were able to get a camp where we had 40 cases Vasectomy done.

On August 17, 1976 I was having breakfast rans I heard that Mukesh had died in USA. He was a family friend, and I immediately flew to Bombay and directly to the cremation ground where the left bones were being packed by the family. Raj Kapoor was there and said, "My voices was in these ashes".

I and Usha wanted a chief guest for our district conference as the epitome of service, and we thought of Mother Teresa. She was not certain. Few weeks left secretariat of the President of India, who was acting president, Shri BD Jatti, was confirmed. And that same evening, Mother Teresa accepted. The President was the Chief Guest, and Mother Teresa was the Guest of Honor who would kindle the light. The conference was in Talkatora for the inauguration of almost 4,000 people. Later, 1800 people registered. With humility I made 13 new clubs, two cancelled, making 103 to 114 clubs. For TRF was \$57000/- maximum till then. From 1 district has now become 6 districts. I had to handover my two successors in Shimla. Since Himachal Bhawan being unavailable in first week of July. The chairman was Harish Malhotra. I handed over to Shri Brijmohan Lall and Dr KK Goyal. I was relieved slept for two days and returned to Chandigarh.

Rajendra K.Saboo Past Rotary International President



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ATUL TANGRI GML JULY EDITION EDITED & COMPILED BY DISTRICT EXEC SECY.

1. Club invoices for RI Dues have been sent to all clubs.

It is advisable that the dues are cleared before 31st August 2022. As some clubs are still facing problem of login at rotary.org, they are advised to contact Dist. Executive Secretary.

2. Subscription Rate for ROTARY NEWS Print Version Rs.480/- & Digital Version Rs.420/per member per annum

You can pay your subscription online by RTGS/NEFT Bank details for online payment are:

Name of the Bank : HDFC Bank SB Account Name of the Branch: Monteith Road Egmore,

Chennai

A/C Name : Rotary News Trust A/C No. :50100213133460 IFSC Code : HDFC0003820

: Please mention your club Remitter Name

(RI) ID

3.District Dues @ Rs.750 per member are to be paid. RV

RI Exchange Rate for July and August 2022 is same .. US\$1=Rs.79.00



For any queries: CA Rohit Karol **District Treasurer** 98160 20702

















STALWARTS OF JULY MONTH















Rtn. Kamini Sharma RC Baddi





Best Rotarian









"

Life is a road that I want to keep going, Love is a river, I want to keep flowing, Life is a road, a wonderful journey, I'll be there when the world stops turning, I'll be there when the storm is through, In the end I want be standing, At the beginning with you

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AT THE BEGINNING WITH YOU

Welcome to the new Rotary year — a year when you will be called upon to Imagine and achieve big dreams. Because of your passion for achieving great things, we will grow more and do more. Members like you are our greatest asset. It is only by embracing the full diversity of the world that we will be able to grow and to achieve our goals. We have now completed the 1st

month of this Imagineer Year. However, with so many things happening in Rotary District 3080, sometimes I wonder how the Rotarians and their spouses manage to still be very active in their community and be able to do a lot of amazing projects.

Service is at the heart of my own connection to Rotary. Please consider projects that focus on empowering girls and creating equity for them. We can all contribute to the important work being done all over the world to expand access to education, improve sanitation, and fight gender discrimination and inequality. Girls are equal stakeholders in this world, and they should have equal rights. We also need to let others know about all the wonderful work Rotary does.

Congratulations to the new leaders of RY 2022-2023. We are excited to serve you better. I like to thank the new team for your cooperation and wisdom.

THOUGHTS- FIRST LADY OF THE DISTRICT

Yours in Rotary, Rtn. Veena Kalta

THE 99 CLUB- ARE YOU A MEMBER

Once upon a time, there lived a King who, despite his luxurious lifestyle, was neither happy nor content. One day, he came upon a servant who was singing happily while he worked. This fascinated the King; why was he, the Supreme Ruler of the Kingdom, unhappy and gloomy, while a lowly servant was happy. The King asked the servant, "Why are you so happy?" The man replied, "Your Majesty,

I am nothing but a servant, but my family and I don't need too much - just a roof over our heads and warm food to fill our tummies."The king was not satisfied with that reply. Later in the day, he sought the advice of his most trusted advisor. After hearing the King's woes and the servant's story, the advisor said, "Your Majesty, I believe that the servant has not been made part of The 99 Club.""The 99 Club? And what exactly is that?" The King inquired. The advisor replied, "Your Majesty, to truly know what The 99 Club is, let's place 99 Gold coins in a bag and leave it at this servant's doorstep." Next day the servant saw the bag, picked it up and took it in. When he opened the bag, he let out a great shout of joy... So many gold coins! He began to



BETWEEN THE LINES: BRIG.DS DHILLON

count them. After several counts, he was at last convinced that there were 99 coins. "What could've happened to that last gold coin? Surely, no one would leave 99 coins!" he wondered. He looked everywhere he could, but that final coin was elusive. Finally, exhausted, he decided that he would have to work harder than ever to earn that one gold coin and complete his collection. And from that day, the servant's life was

changed. He was overworked, horribly grumpy, and castigated his family for not helping him make that 100th coin. He stopped singing while he worked. Witnessing this drastic transformation, the King was puzzled. When he sought his advisor's help, the advisor said, "Your Majesty, the servant has now officially joined The 99 Club..." He continued, "The 99 Club is a name given to those people who have enough to be happy but are never contented, because they're always yearning and striving for that extra one, telling themselves: "Let me get that one final thing and then I will be happy for life.

That's what joining The 99 Club is all about. Are you a member of that Club? Please avoid this Club. The secret of being truly happy is accepting where you are in life & making the most out of everyday. So be happy & stay happy. Brig DS Dhillon





Special recognition for Rotary Clubs and Rotarians.

#ImagineRotary

MEMBERSHIP & NEW CLUB DEVELOPMENT MONTH





Special recognition for Rotarians and Clubs during the visit of RI President Jennifer Jones in December 2022

For Individual Rotarians

Introduce 3 or more members to Rotary on or before 31st Aug 2022

Special recognition for Rotary Clubs and Rotarians. #ImagineRotary

AWGUST MEMBERSHIP & NEW CLUB DEVELOPMENT MONTH





Special recognition for Rotarians and Clubs during the visit of RI President Jennifer Jones in December 2022

For Rotary Clubs

Induct minimum 7 members before 31st Aug 2022 & retain them

MEMBERSHIP & NEW CLUB DEVELOPMENT MONTH





Special recognition for Rotarians and Clubs during the visit of RI President Jennifer

Jones in December 2022 For Rotary Clubs

> Charter a New Rotary Club