

Rotary  
District 3080



# Magic makers

**Rtn. Stephanie Urchick**

President 2024-25  
Rotary International

**Rtn. Rajpal Singh**

District Governor 2024-25  
R.I. District 3080

DG'S MONTHLY LETTER | **FEBRUARY 2025** | VOL 01 ISSUE 07



**District  
Golf Tournament**



**Mass Marriages**

**FEBRUARY IS PEACE AND CONFLICT  
PREVENTION / RESOLUTION MONTH**


# BEST OF THE MONTH

<b>BEST AG</b>	 <p><b>Dr Salil Chopra</b> RC Chandigarh Midtown Zone 07</p>	<b>EXCELLENT AG</b>	 <p><b>Vinay Kumar</b> RC Haridwar Central Zone 20</p>	<b>OUTSTANDING AG</b>	 <p><b>Satish Kaushal</b> RC Baddi Zone 04</p>	<b>OUTSTANDING AG</b>	 <p><b>Aalok Arora</b> RC Saharanpur Zone 16</p>
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<b>BEST PRESIDENT'S</b>	 <p><b>CATEGORY 1</b> <b>Pramil Chaudhary</b> RC Saharanpur Central</p>	 <p><b>CATEGORY 2</b> <b>Sachin Garg</b> RC Panipat Rainbow</p>		
	 <p><b>CATEGORY 1</b> <b>Kultar Singh</b> RC Ropar Central</p>	 <p><b>CATEGORY 2</b> <b>Sanjeev Sethi</b> RC Yamuna Nagar Riviera</p>		
<b>OUTSTANDING PRESIDENT'S</b>	 <p><b>CATEGORY 1</b> <b>Meenakshi Jain</b> RC Karnal</p>	 <p><b>CATEGORY 1</b> <b>Sanjay Jain</b> RC Mussoorie</p>	 <p><b>CATEGORY 2</b> <b>Rajnish Garg</b> RC Ambala Diamond</p>	 <p><b>CATEGORY 2</b> <b>Shikha Aggarwal</b> RC Jagadhri North</p>

## SPOTLIGHT STARS


### RID 3080



\*\*\*  
**Rajinder Singh Cheema**  
RC Chandigarh Central



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**Anil Chaddha**  
RC Chandigarh




\*\*\*  
**Surendra Prasad Ojha**  
RC Chandigarh Central

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**FEBRUARY IS PEACE & CONFLICT PREVENTION/ RESOLUTION MONTH**

Peace is not the absence of conflict but the presence of creative alternatives for responding to conflict -- alternatives to passive or aggressive responses, alternatives to violence

—Dorothy Thompson



**Rtn. Mohinder Paul Gupta**  
Rotary Chandigarh City Beautiful | 98144 31388




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## Ripples of hope and change

**T**his month, as we come together for the International Assembly and the Presidential Peace Conference, we celebrate *The Magic of Rotary* — a unique blend of global connection, vision, and action that empowers us to create lasting change.

One of the most inspiring examples is our Rotary Peace Fellowship program, a cornerstone of Rotary's mission to build a more peaceful and just world.

For more than 23 years, Rotary Peace Fellowships have been transforming communities. Our Rotary Peace Centers, hosted at leading universities around the globe, have educated over 1,800 fellows who now work in more than 140 countries.

These centers cultivate expertise in fields like conflict resolution, sustainable development, and peacebuilding, preparing fellows to tackle some of the world's most pressing challenges. This program exemplifies how Rotary turns vision into action, creating a ripple effect of hope and change.

This month during the Presidential Peace Conference, we celebrate a significant milestone with the opening of our newest peace center in Istanbul. This center will focus on training leaders to address peacebuilding challenges in the Middle East and North Africa, further extending Rotary's impact.

Peace fellows are dedicated champions of transformation, addressing critical issues such as refugee resettlement, youth and women's empowerment, and reconciliation in conflict zones. Many founded vital organizations or hold leadership roles in governments,

nongovernmental organizations, and international institutions like the United Nations and World Bank.

One inspiring story is that of Ntang Julius Meleng, a 2024 Rotary Peace Fellow at Makerere University in Uganda. Through his Social Change Initiative, Julius has worked to empower young people in Cameroon to take active roles in peacebuilding and leadership.

His project provided training in conflict prevention, civic engagement, and leadership to youths and community officials in areas affected by conflict, equipping people to drive sustainable peace efforts.

Julius harnessed Rotary's global network to overcome obstacles, including limited funding and security risks, and make a meaningful impact.

The Rotary Peace Fellowship gave Julius the tools and support to turn his vision into reality. His work embodies *The Magic of Rotary* — the transformative power of connecting people, sharing resources, and uniting for a common purpose.

As we reflect on the achievements of our peace fellows and celebrate Rotary's enduring commitment to peace, let us also recognize the role that everyone in our network of 1.2 million members plays in creating magic through service.

Together, we can amplify our impact, inspire new generations of leaders, and build a brighter, more peaceful future.

**STEPHANIE A. URCHICK**  
*President, Rotary International*



*Dear Fellow Rotarians,*

**A**s we step into February, we are reminded of our commitment to creating a world where harmony and mutual understanding prevail. Rotary International has long championed peacebuilding initiatives, and as Rotarians, it is our duty to actively promote dialogue, tolerance, and sustainable development in our communities.

## PEACE AND CONFLICT PREVENTION: THE HEART OF ROTARY'S MISSION

Rotary's focus on peacebuilding is not limited to avoiding conflict but extends to fostering social and economic conditions that deter violence. By addressing the root causes of conflict—such as poverty, inequality, lack of education, and limited access to healthcare—Rotary plays a transformative role in global stability.

This year, Rotary District 3080 has undertaken several impactful initiatives that align with our peacebuilding vision. From supporting educational programs to organizing community development projects, we have demonstrated that small yet consistent efforts lead to profound changes.

## KEY ACHIEVEMENTS OF ROTARY DISTRICT 3080 IN 2024-25

**Youth Leadership Programs:** Our active participation in the Rotary Youth Leadership Awards (RYLA) helped nurture young minds to become future ambassadors of peace.

**Community Development and Harmony Initiatives :** To build stronger and more inclusive communities, we initiated several projects aimed at improving lives and reducing disparities, including Vocational Training for women through our skill

development programs, many women have gained financial independence, reducing economic inequalities that often lead to social unrest.

## HEALTHCARE INITIATIVES FOR SUSTAINABLE PEACE

In collaboration with eye specialists, we have done surgeries to provide free vision screenings and corrective measures for children and adults.

Continuing our commitment to eradicating polio, we organized extensive immunization drives across rural and urban areas. Recognizing the importance of mental well-being in conflict prevention, we launched counseling programs in schools and communities.

In times of crisis, Rotary District 3080 has always stood by those in need. To aid flood-affected families, our district distributed 1000 galvanized iron sheets, ensuring safe and durable shelters for those impacted. Clean Water and Sanitation Projects we access to clean water reduces conflicts over resources, and we have installed multiple water purification systems in remote villages and Schools.

I extend my heartfelt gratitude to each Rotarian in District 3080 for their dedication, passion, and tireless efforts. Together, we have proven that through service and unity, we can transform lives and build a more harmonious world.

Let us keep the Rotary spirit alive as we march forward in our mission to make peace not just a dream, but a reality.

**Rtn. RAJPAL SINGH**  
**District Governor**  
**Rotary International**  
**District 3080**

FIRST LADY OF THE DISTRICT



INDERBIR KAUR



रोटरी

-119 सालों से सेवा, सद्भावना और परिवर्तन की अलख जगाते हुए! - जहां सेवा एक परंपरा है और परोपकार एक संस्कृति!  
- रोटरी का हर जन्मदिन, मानवता की सेवा का नया संकल्प!  
- सेवा की जड़ों से जुड़ा, बदलाव की ऊँचाइयों तक पहुँचा!  
- पॉल हैरिस का सपना, आज करोड़ों लोगों की सेवा भावना बन चुका है!  
- 1905 से आज तक, विश्व में प्रेम और सेवा का संदेश फैलाते हुए!



प्रिय रोटेरियन साथियों एवं उनके परिवारजन,  
रोटरी अभिनंदन...

**रो**टरी के इतिहास में एक मील का पत्थर है रोटरी इंटरनेशनल का स्थापना दिवस 23 फरवरी 1905 को पॉल हैरिस ने अपने कुछ मित्रों के साथ मिलकर रोटरी क्लब ऑफ शिकागो की स्थापना की थी, जो आगे चलकर एक वैश्विक संगठन बन गया। आज, 119 वर्षों बाद, रोटरी 200 से अधिक देशों में 1.4 मिलियन से अधिक सदस्यों के साथ सेवा कार्यों में अग्रणी भूमिका निभा रहा है।

रोटरी का उद्देश्य केवल सेवा कार्य तक सीमित नहीं है, बल्कि यह मानवता को एकजुट करने और एक बेहतर समाज के निर्माण में भी योगदान देता है। स्वास्थ्य, शिक्षा, पर्यावरण संरक्षण, महिला सशक्तिकरण और समाजसेवा के विभिन्न क्षेत्रों में हमारी सहभागिता समाज के उत्थान में सहायक सिद्ध हो रही है।

रोटरी स्थापना दिवस पर संकल्प :

- हम कैंसर जैसी गंभीर बीमारियों के प्रति समाज को जागरूक करेंगे।
- जरूरतमंदों को स्वास्थ्य सेवाएँ उपलब्ध कराने में सहायता करेंगे।
- रोटरी के मूल्यों को अपनाकर समाज सेवा को अपने जीवन का एक हिस्सा बनाएंगे।

अब बात करते हैं 4 फरवरी, विश्व कैंसर दिवस के शुभ अवसर पर, मैं आप सभी से इस गंभीर बीमारी के प्रति जागरूकता बढ़ाने और इसके रोकथाम हेतु संकल्प लेने का अनुरोध करती हूँ। कैंसर एक वैश्विक स्वास्थ्य संकट बन चुका है, लेकिन सही जानकारी, समय पर जांच और स्वस्थ जीवनशैली अपनाकर हम इससे बचाव कर सकते हैं। रोटरी इंटरनेशनल ने हमेशा मानवता की सेवा को प्राथमिकता दी है, और स्वास्थ्य से जुड़े विभिन्न अभियानों में अपनी महत्वपूर्ण भूमिका निभाई है। कैंसर से लड़ने के लिए रोटरी क्लबों द्वारा कई स्वास्थ्य शिविर, जागरूकता अभियान और सहायता कार्यक्रम चलाए जा रहे हैं। हमारा कर्तव्य है कि हम इस बीमारी के प्रति समाज को जागरूक करें, समय पर स्क्रीनिंग की आदत डालें और जरूरतमंदों को हरसंभव सहायता प्रदान करें।

कैंसर से बचाव के कुछ महत्वपूर्ण कदम :-

- नियमित स्वास्थ्य जांच : प्रारंभिक अवस्था में कैंसर का पता लगने से इसका इलाज अधिक प्रभावी हो सकता है।
- स्वस्थ जीवनशैली : संतुलित आहार, व्यायाम और तनावमुक्त जीवनशैली अपनाकर हम कैंसर जैसी बीमारियों को रोक सकते हैं।
- नशे से बचाव : तंबाकू, शराब और अन्य हानिकारक पदार्थों का सेवन न करें, क्योंकि यह कैंसर के प्रमुख कारणों में से एक है।
- सहायता और समर्थन : जो लोग इस बीमारी से जूझ रहे हैं, उनके लिए सहानुभूति और समर्थन दिखाएं।

रोटरी इंटरनेशनल डिस्ट्रिक्ट 3080 के सदस्य होने के नाते, हमें गर्व है कि हम इस प्रतिष्ठित संस्था का हिस्सा हैं। आइए, हम सभी मिलकर रोटरी की सेवा भावना को और मजबूत करें और कैंसर के खिलाफ इस जंग में एकजुट होकर समाज के हर व्यक्ति को स्वस्थ और खुशहाल बनाने की दिशा में कार्य करें।

सेवा ही सबसे बड़ा धर्म है, और रोटरी इस सेवा का सच्चा प्रतीक है।

रोटरी परिवार को हार्दिक शुभकामनाएँ!

Dear Fellow Rotarians,

**T**ruth is the cornerstone of ethical leadership and the foundation of trust in our communities. As Rotarians, we are guided by the Four-Way Test, and the first question, “Is it the truth?”, challenges us to be honest, transparent, and principled in all our endeavors.

In a world where misinformation and ethical dilemmas are prevalent, it is our duty to uphold truthfulness in both words and actions. By committing to truth, we set an example for others, fostering credibility and respect in our professional, personal, and Rotary lives.



MESSAGE FROM DEPUTY GOVERNOR

Truth strengthens our relationships, enhances our service impact, and aligns us with Rotary’s core values. Let us pledge to be unwavering in our commitment to truth, ensuring that our projects and initiatives reflect the highest standards of honesty and integrity.

Together, let us continue to be torchbearers of truth, spreading light, trust, and ethical leadership in our communities.

*Rtn. Sudharshan Chugh*



MESSAGE FROM DISTRICT EXECUTIVE SECRETARY

Dear Fellow Rotarians,

**R**otary stands as a beacon of integrity, service, and ethical leadership. Our commitment to the Four-Way Test serves as a guiding principle in all our actions and decisions. These simple yet profound questions—Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned?—define the ethical foundation upon which Rotary thrives.

As Rotarians, we have the responsibility to uphold these values in our professional and personal lives. Ethical leadership fosters trust, strengthens relationships, and amplifies the impact of our service initiatives. By embodying honesty, fairness, and respect, we inspire others to follow in our footsteps.

Let us continue to uphold the highest ethical standards, ensuring that our projects and initiatives reflect the integrity that Rotary stands for. Together, we can create a world where service and ethics go hand in hand, making a lasting difference in our communities.

*Rtn. Anil Madan*

MESSAGE FROM DISTRICT SECRETARY



Dear Fellow Rotarians,

**A**s we gear up for our much-awaited District Conference, I extend a heartfelt invitation to each one of you to join this inspiring and transformative event. This conference is not just a gathering; it is an opportunity to celebrate our achievements, exchange ideas, and strengthen the bonds that unite us as Rotarians.

Our district conference serves as a platform to learn from distinguished speakers, engage in thought-provoking discussions, and gain fresh perspectives on how we can elevate our service initiatives. It is a time to reflect on our journey, appreciate the impact we have made, and chart a course for even greater contributions to society.

Beyond learning and networking, the conference is a moment to reconnect with old friends, forge new relationships, and rejuvenate our Rotary spirit. Your participation is crucial in making this event a grand success.

Let us come together with enthusiasm and commitment, embracing the spirit of Service Above Self. I encourage each club to ensure maximum participation so that we can make this conference a memorable and impactful experience.

Looking forward to seeing you all there!

*Rtn. Narinder Pal Singh Bhola*



# ROTARY DISTRICT 3080 GOLF TOURNAMENT 2024: A CELEBRATION OF FELLOWSHIP AND GOLF

**T**he Rotary District 3080 Golf Tournament 2024, hosted by Rotary Club of Dehradun Central (RCDC) was held on 18th January 2025 at the scenic Mountain View Golf Course. Under a bright, sunny sky with playful clouds and crisp air, the event unfolded as a perfect celebration of Rotary's spirit of service and fellowship. The tournament saw attendance of over sixty golfers, Rotarians and Anns, reinforcing the shared commitment to community upliftment.

The day commenced with a grand opening ceremony, presided over by Chief Guest District Governor Rtn Rajpal Singh. In his address, he eloquently highlighted the transformative role Rotary plays in uplifting the Society. Drawing parallels between the discipline and integrity inherent in golf and Rotary's principles, DG Rajpal Singh spoke of Rotary's global and local achievements in Community Service. His speech underscored how service-oriented events like this tournament embody the Rotary spirit of "Service Above Self."

The ceremony also featured the presence of Guest of Honour Assistant Governor Zone-19 Rtn Puneet Tandon and Vice Chairman, District Awards Rtn Sanjay Tyagi. A warm welcome was extended to the dignitaries by RCDC President Rtn Vikas Sharma, Secretary Rtn Sudhir Sharma, Treasurer Rtn Pushp Garg and Event Chairs- Rtn Col Vias Gulati and Rtn TP Singh who felicitated them with bouquets and mementos. A ceremonial tee-off by DG Rajpal Singh, AG Puneet Tandon, Rtn Sanjay Tyagi and President Vikas Sharma officially launched the tournament, setting the stage for a day of spirited competition.

The tournament featured 26 golfers, representing teams from Rotary Club of Roorkee Midtown, the host club RCDC, ONGC-Dehradun, Sponsors and amateur players. The course offered an exhilarating experience for the participants. The competition was intense yet marked by the camaraderie and sportsmanship synonymous with Rotary. Ultimately, Rotary Club of Roorkee Midtown claimed the Winner's title, with RCDC proudly securing the Runner-up position.





The Ladies Putting event highlighted exceptional talent with RCDC Ann Dr. Sanskriti Patnaik taking the top honour followed by Club's First Lady Ann Archana Sharma as the runner-up. Notable individual performances included those by Rtn Col Vias Gulati, Rtn TP Singh and Rtn Vidur Sikand from RCDC as well as ONGC's Ramesh Rathore and RK Nayak and sponsor's representative Nitin Goyal which added excitement to the competition.

The event was graced by prominent Rotarians including PDG Col Dilip Patnaik, PP Dr. NS Virdi, IPP Jagat Bhushan Batra, PP Rohit Gupta, PE Abhishek Sethi and others. Their presence underscored the importance of fellowship in Rotary's

endeavours. Sponsors like Banks, Kamal Jewellers, Core International School, Nine Palms Garden and Zoo Brew contributed significantly to the event's success. A special mention goes to Rtn Dr. Jagriti Nawani from RC Doon Shivalik Hills and Chairperson of Preventive Healthcare for her sponsorship as an individual.

The tournament wasn't merely about competition, it was a vibrant celebration of Rotary's core values. Golf, a sport defined by integrity, discipline and teamwork mirrored Rotary's principles of community service and global fellowship. The event provided a platform for Rotarians, Anns and golfers to connect, exchange ideas and strengthen bonds,



# GOLF TOURNAMENT





reinforcing the collective mission of making a positive difference in Society.

Event Chairs Rtn Col Vias Gulati and Rtn TP Singh, along with President Rtn Vikas Sharma, Treasurer Rtn Pushp Garg and Secretary Rtn Sudhir Sharma, meticulously organized the tournament. Their dedication ensured the smooth execution of this memorable occasion which seamlessly blended sport, fellowship and Rotary’s mission of service.

The day concluded with a grand award ceremony. Winners were celebrated for their remarkable performances with Guest of Honour AG Zone-19 Rtn Puneet Tandon sharing inspiring words about Rotary’s unwavering commitment to community service. He emphasized how events like these not only foster fellowship but also strengthen Rotary’s role as a catalyst for societal transformation. Earlier, President Rtn Vikas Sharma said that this tournament is a celebration of the unity and the shared values that Rotary stands for and acknowledged the support of leaders like DG Rajpal Singh, AG Puneet Tandon, all the attending Rotarians and Anns and the sponsors to the event. During the award ceremony

Category	Winner	Runner Up
Team	RC of Roorkee Midtown	RC Dehradun Central
Individual		
Ladies Putting	Ann Dr Sanskriti Patnaik, RCDC	Ann Archana Sharma, RCDC
Longest Drive	Rtn Vidur Sikand RCDC 250 yds	Rtn Col Vias Gulati RCDC 240 yds
Straight Drive	Ramesh Rathod ONGC	Rtn TP Singh RCDC
Closest to Pin	Nitin Goyal Sponsor- 15 ft	RK Nayak ONGC- 31 ft

RCDC also honoured the Golf Course officials for their facilitation and support.

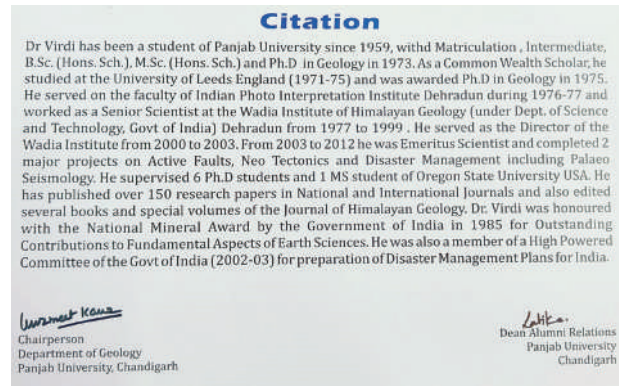
A delightful lunch over light instrumental music followed the ceremony, allowing participants to unwind and reflect on the day’s highlights. As the event ended attendees departed with cherished memories of a day that beautifully combined the joy of golf with the essence of Rotary.

The Rotary District 3080 Golf Tournament 2024 demonstrated how Rotary, through initiatives like this, continues to bring people together, inspire action, raise money and create lasting impacts in the lives of many.

If you watch a game, it’s fun. If you play it, it’s recreation. If you work at it, it’s golf.

Happy Golfing

## ACHIEVEMENTS



**Distinguished Alumnus Award bestowed on Rtn PP Dr Niranjn Singh Virdi, a member of Rotary Club of Dehradun Central. He was the Club President during 2013-14 and has been a very active member of the Club all along.**

**RCDC had also bestowed on him the Nation Builders' Award during September 2024 on Teachers Day celebrations.**



## Rtn. AP SINGH TO REPRESENT DISTRICT 3080 IN CALGARY

**R**tn. AP Singh Dhiman has been invited by Rotary International President Stephanie Urchick to speak at the 2025 Youth Exchange Officers (YEO) Preconvention, 20-21 June in Calgary, Alberta, Canada.

President of RC Chandigarh in 2018-19 and Assistant Governor in 2022-23, Rtn. AP Singh Dhiman is currently District Peace Chair, District Chair Rotary Youth Exchange and NGSE, District Chair Rotary Peace Fellowships Subcommittee



and District Co Chair Rotary Friendship Exchange. He is a recipient of Four Avenues of Service Award from Rotary International.

"We, in District 3080, feel proud of AP Singh and wish him well," expressed DG Rajpal Singh.

"I am honoured to receive this opportunity to be part of Rotary International Convention program at Calgary and equally excited to represent my club, District 3080 and India. I hope to make a positive impact", says AP.

# ROTARY CLUB SOLAN ORGANIZES SUCCESSFUL PHYSIOTHERAPY CAMP



**R**otary Club Solan, in collaboration with Dr. Shweta from Revitopia Clinic, organized a three-day physiotherapy camp from January 27th to 29th, 2025. The camp provided free physiotherapy services to patients in need.

Approximately 26 patients benefited from the camp, receiving treatment and guidance from Dr. Shweta and her team. As a special gesture, Revitopia Clinic offered a 40% discount to patients registered under this camp, ensuring continued care and support.

The camp was attended by several Rotarians, including Navneet Mohindru, President Rotary Solan; Mahesh Gambhir, Secretary Rotary Solan; Bhanu Sharma; Sukhdev Rattan; and Sudhir



Mohindru.

Rotary Club Solan President Navneet Mohindru said, "We are committed to serving the community and improving the lives of those in need. This physiotherapy camp is a step towards achieving our goal."

Dr. Shweta from Revitopia Clinic added, "It's been a rewarding experience working with Rotary Club Solan. We are grateful for the opportunity to make a positive impact on the lives of these patients."

Rotary Club Solan expresses its gratitude to Dr. Shweta and her team for their expertise and support. The club looks forward to organizing more such initiatives in the future.



# WOUNDS OF WELNESS

By Rtn.Surendra Prasad Ojha  
President,  
Rotary Club Chandigarh Central

The Rotary Club of Chandigarh Central has taken a commendable step towards supporting patients with specialized medical needs by donating special silver-line self-healing bandages. These innovative bandages are particularly beneficial for diabetic patients, individuals with acute burns, and gynaecological conditions. The initiative underscores Rotary's commitment to addressing pressing healthcare challenges and promoting better health outcomes in the community.

Diabetic patients often struggle with delayed wound healing due to impaired blood circulation and higher susceptibility to infections. The silver-line bandages, infused with antimicrobial silver particles, accelerate the healing process, prevent infections, and reduce the risk of complications. Similarly, burn victims, who are highly vulnerable to infections, benefit immensely from these bandages, as they create a protective barrier and foster rapid tissue regeneration. In gynecological cases, these bandages




provide targeted care, promoting healing in sensitive areas with reduced discomfort.

The Rotary Club's generous donation aims to alleviate the burden on patients and healthcare providers by offering cutting-edge wound care technology. This philanthropic act aligns with the Rotary ethos of "Service Above Self," bringing hope and relief to individuals who require advanced medical interventions but may lack access to such resources.

The distribution of these bandages is expected to have a far-reaching impact, improving the quality of life for numerous patients in Chandigarh and neighboring areas. Rotary Club Chandigarh Central's initiative also raises awareness about the importance of modern wound management techniques, encouraging other organizations to support similar causes. This thoughtful gesture reinforces the Club's role as a pillar of community service and a catalyst for positive change in healthcare.





**ROTARY CLUB CHANDIGARH CENTRAL**

**Donation of**  
 HealthCare: Advancing Post-Surgery Recovery for Patients with Complex Wound Needs In Chandigarh

**To**  
**GOVT. MEDICAL COLLEGE & HOSPITAL SEC-32, CHANDIGARH**

**UNDER THE PROJECT NAME.**  
**"WOUNDS TO WELLNESS"**

On 19th November 2024

**Rtn. Rajpal Singh**  
 Dist. Governor RID 3080  
 (Chief Guest)

**Ms Reena Jaitly**  
 Independent Director, ONGC  
 (Guest of Honour)

**Sukhraj Singh Riar**  
 Club Secretary (2024-25)

**Surendra Prasad Ojha**  
 Club President (2024-25)



# PAUL HARRIS

## THE FOUNDER OF ROTARY



By PP  
Rtn. BALRAM K GUPTA  
RC CHANDIGARH  
MIDTOWN

A LAWYER BY PROFESSION

FEBRUARY 25, 2025 - 120TH BIRTHDAY OF ROTARY



Paul Percy Harris was born on April 19, 1868. He played his innings till January 27, 1947 (78 years). He spent 42 years of his life with Rotary (1905-1947). 40 years with his legal profession (1896-1936). He blended Rotary with his legal profession. He was the founder of Rotary. Rotary was his gift to the world.

Paul Harris as a school going boy was mischievous. He was even expelled from the High School. He went to study law at the state university of Iowa. He graduated in law in 1891. After doing

law, he set out on a five year mission. To learn life by travelling. Equally, an outlook to deal with different challenges of life. He grew well. He started his legal practice in 1896. He set up his office in a small rented suite in Chicago.

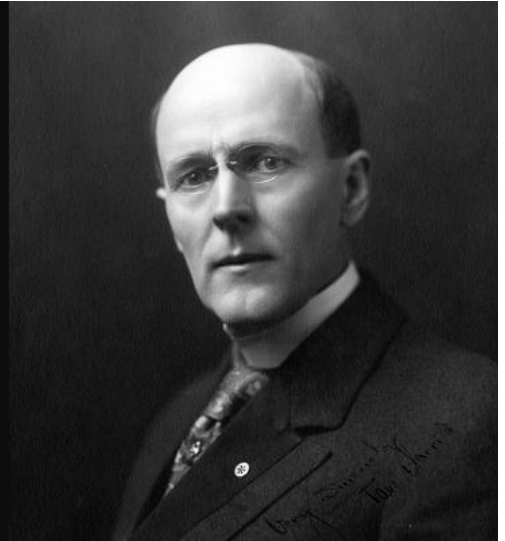
How the Rotary idea germinated. It is an interesting story. In 1905, Paul had been in the legal profession for nine years. Paul invited his three clients who were local businessmen to meet on February 23, 1905. Their names were Silvester, Gustavus and Hiram. They belonged to different professions and businesses. Different faiths. The founding four were of different origins, USA, German, Swedish and Irish. All the four agreed to form a club drawing one member from each business or profession. Acquiring new friends. Building friendship and fellowship. Meeting every week by rotation. This is how Rotary took its birth. Soon, Paul realized that Rotary required greater purpose. Service to community. Service to humanity. The rest is history.

Paul met Homer Wood, a lawyer by profession. He kindled his curiosity about Rotary. This led to the formation of world's second Rotary club in 1908 at San Francisco. Rotary started moving fast. By the year 1910, 16 Rotary clubs had been chartered with a total membership of 1800 Rotarians. Accordingly, a conference of national association of Rotary clubs (NARC) was organized in 1910. 29 delegates representing different clubs attended the conference. Paul was elected as President. He was also elected President the next year. At the end of his second term, Paul resigned. He cited demands of his professional practice and personal life as the reasons for doing so. He was elected President Emeritus by the convention action. A title that he held until his death. No other President had this singular honour. The Rotary club started functioning outside US at Winnipeg, Canada. Thereafter, the Rotary moved to different parts of the world.



“Whatever Rotary may mean to us,  
to the world it will be known by  
the results it achieves.”

Paul Harris  
Rotary Founder



The year 1910, is significant for another reason. On a Saturday afternoon, Paul was walking with a strikingly attractive Jean. Paul was wearing a fine Harris Tweed jacket. He tore the jacket while climbing a barbed wire fence. Jean mended his jacket. This led to their lifelong association. They were married on July 2, 1910. In 1912, they moved to their own house in Chicago. Jean was not only the life partner. She was also the Rotary partner. She invariably accompanied Paul on all his Rotary meets and visits. The life history of Paul remained intertwined with the story of Rotary.

Paul's journey as a lawyer, the details of which are not easily available. Still, I am weaving some together. Paul was prominent in his profession. He was a member of the Board of Managers of the Chicago Bar Association at the International Congress of Law at Hague. He was also a committee member of the American Bar Association. Even in the field of law, he was honoured with Doctor of Laws by the University of Vermont. Also, Doctor honoris causa, College of Law, Lima, Peru. From 1905 to 1936, Rotary grew so well. So rapidly. These were the three decades when he was most active professionally also. He had refused the third time as President (1912-13), because he could not cop up both with Rotary and his profession. The profession of law was demanding. It is rare feat that he could blend his legal profession with Rotary. These were the decades when Rotary trees emerged in different parts of the globe. Alongwith Rotary, he also grew professionally. Truly, Rotary and legal and judicial coparcenary are partners in service. Judges find out the truth and do justice. Doing justice is divine service. A reference to

Mahatama Gandhi would be relevant. He was a Barrister. He was admitted as an advocate of the High Court of Bombay in 1891, the year in which Paul did his law. Gandhi practiced for 22 years. He would accept the cases of only those clients where he was convinced that they were speaking the Truth. He would never tutor the client or the witness. His clients were very happy with him. They used to bring such truthful clients to Gandhi. They would take the others to other lawyers. This was in Rotary spirit. I wonder, whether Paul knew about Gandhi. I doubt. About one thing, I am sure. Paul would have loved Gandhi to be embraced as a Rotarian.

Paul was not a sparkling speaker. His wisdom. His vision. They were thought provoking. He was quotable. The breadth of his knowledge was unending. He retired from his law practice in 1936. He wanted to be free and more time for Rotary. He was travelling all over the world. In the name of Rotary. He was a distinguished looking gentleman. Tall. Slender. He breathed Rotary. He nurtured Rotary. Rotary scaled new heights. Yet, he was humble and humane. Paul and Jean strengthened Rotary together. Jean was equally involved in Rotary. She went with Paul all over. She fully shared the glory of Rotary with him. She did far more for Rotary than is generally realized.

Paul passed away on 27 January, 1947. Thank you, Paul for this gift to the world. The Rotary tree was 42 years old when you left us. Today, it is running its 120th year. Adding years only means, it is getting stronger and stronger. Rotary is a perfume. Its fragrance is spreading. It will continue to spread.

# UNITING FOR A CANCER-FREE WORLD

Cancer remains one of the leading causes of death globally, claiming approximately 10 million lives annually. World Cancer Day, observed every year on February 4, serves as a vital platform to raise awareness, promote prevention and early detection, and advocate for equitable access to cancer care worldwide. Led by the Union for International Cancer Control (UICC), this global initiative inspires action toward reducing the cancer burden and working towards a future free from cancer.

## THEME FOR 2025: “UNITED BY UNIQUE”

Building on the previous theme, “Close the Care Gap,” which emphasized reducing healthcare disparities, the 2025 theme, “United by Unique,” shifts the focus to personalized cancer care. It highlights the need for tailored treatment approaches that cater to the unique needs of every cancer patient, ensuring equitable and timely access to specialized care.

**BRIDGING GAPS IN CANCER CARE:** Despite advancements in oncology, many cancer patients—especially in rural and underserved regions—face delays in diagnosis and treatment. The “Close the Care Gap” initiative aimed at ensuring equal access to care, particularly for those in remote areas, by providing timely specialist consultations and treatment options. The 2025 theme, “United by Unique,” builds upon this by emphasizing the importance of individualized cancer treatment, addressing diverse patient needs, and promoting innovative healthcare solutions.

Key Objectives of World Cancer Day 2025  
Prioritizing Cancer Care – Encouraging policymakers and healthcare leaders to invest in comprehensive cancer prevention, diagnosis, and treatment strategies.

Ensuring Equitable Access – Allocating resources to improve early detection programs, advanced treatment options, and palliative care for all patients, regardless of socioeconomic status.



Rtn. Dr. Rajandeep Singh Sethi, Cancer Surgeon, Secretary RC Classic Chandigarh

Creating a Just and Cancer-Free World – Addressing healthcare disparities through policy changes and community-driven efforts to make cancer care accessible to all.

Our Commitment to Cancer Care: As part of this mission, initiatives such as Project C.A.R.E by Rotary Classic Chandigarh are actively

working towards cancer awareness, routine screenings, and early detection programs.

Through these efforts, cancer treatment services—including surgery and chemotherapy—are being extended to peripheral centers, ensuring patients receive timely and personalized care.

## HOW YOU CAN MAKE A DIFFERENCE

**Raise Awareness** – Educate yourself and others about cancer prevention and early detection through awareness campaigns and community programs.

**Get Screened** – Encourage regular screenings, particularly for high-risk cancers like breast and cervical cancer.

**Vaccination** against HPV can also significantly reduce the risk of cervical cancer.

**Support Cancer Patients** – Offer emotional support, volunteer for cancer-related initiatives, and assist in patient counseling efforts.

**Adopt a Healthy Lifestyle** – Avoid tobacco, maintain a balanced diet, exercise regularly, and get vaccinated to reduce cancer risks.

## JOIN THE MOVEMENT

World Cancer Day is not just about spreading awareness—it is about taking action. Whether through advocacy, screening initiatives, or supporting those battling cancer, every effort counts toward a healthier future. Let’s stand united in the fight against cancer and work towards a world where quality care is accessible to all.

For more information and to be part of our mission, follow Rotary Classic Chandigarh’s initiatives and join the movement towards early detection and cancer prevention.

# CA GAURAV GANDHI WILL BE THE NEW CHAIRMAN OF THE CHARTERED ACCOUNTANTS ASSOCIATION OF INDIA, AMBALA

The elections of Chartered Accountants Association of India, Ambala Branch were held from 2025-26 to 2028-29, in which with mutual consent, CA Gaurav Gandhi was elected Chairman of Chartered Accountants of India, Ambala for the year 2025-26.

On this occasion, Election Committee's CA Subhash Goyal said that Ambala is the first chapter in this zone in which elections have been conducted from all committees.



He expressed his wholehearted gratitude to all the members.

CA Gaurav Gandhi said that his main work will be to organize training seminars from time to time for the CA members of Ambala Chapter so that all can update themselves about the various changes taking place in the law from time to time. He said that various educational programs will also be organized for CA students to help them in their studies.

## TULSI (THE QUEEN OF HERBS)

**Tulsi Botanical Name:** (*Ocimum sanctum*) also known as Basil. It is a holy plant and worshipped in most of the Indian Households for its manifold benefits.

Tulsi is considered as sacred plant in Hinduism. The plant finds a place in the medicine system of Ayurveda and is the cheapest source.

Tulsi is found in two varieties; the green colored Lakshmi Tulsi and purple hued Krishna Tulsi

Just a few leaves of Tulsi, when used regularly, can resolve lifestyle related health issues.

### LET US SEE IT MIRACULOUS USES.

1. Anti – Ulcerogenic Properties – It is very effective in mouth and gastric ulcers. Tulsi act as Adaptogen which help to cure ulcers.
2. Anti-Bacterial Properties: it is an excellent antibiotic, Germicidal and Fungicidal.
3. Cures Fever
4. Curtails Respiratory Disorders: Very useful in



by Renu Kalra  
Retd. Home  
Science Mistress

Bronchitis, in treatment of asthma. It is good expectorant.  
5. Reduce Stress: Presence of Vitamin C and Antioxidant Soothes the Nerve,

6. Lower Blood Pressure.
7. Helps in Kidney Stones as it is Mild Diuretic and Detoxifier.
8. Boosts Immunity: Tulsi is very good immune booster. It helps to protect us from Bacterial Fungals Vibal infection. During Covid 19 infection it was used a Immuno Booster.
9. Tulsi leaves also help to prevent, bad breath, plaque and Tartar formation.
10. The leaf of Tulsi can be used as such along with water; along with Chattney.  
*So please Tulsi for its miraculous uses.*

# EMPOWERING STUDENTS THROUGH EDUCATION AND HEALTH INITIATIVES



**R**CS Hill Queens, an all-women's Rotary Club based in Shimla, has been a steadfast advocate for education in some of the schools at periphery of Shimla and underserved communities of the area. These areas, often hidden by the beauty of the rugged terrain, face numerous challenges in providing quality education. Schools located 30 to 40 kilometers away from Shimla are often left out of mainstream development efforts, but through the dedication and determination of RCS Hill Queens, these schools have become the cornerstone of a transformative mission to uplift children who have long been neglected.

The journey of RCS Hill Queens began with the establishment of Interact Clubs at Government Senior Secondary School Beolia and Swaran Public School, Tuti Kandi, Shimla in the year 2022-23 and Government Model Senior Secondary School Mashobra in 2024-25 where leadership, teamwork, and responsibility were cultivated among students from humble backgrounds. A Children's Day picnic at Craig Nano, a serene park near Mashobra, allowed these students, many of whom had never ventured beyond their villages, to experience a world beyond their familiar surroundings. These simple yet impactful gestures have proven to be life-changing,

reaffirming the club's mission to make a tangible difference.

Under Project Unmesh, Our outreach also extended to some of the most inaccessible areas around Shimla, including Govt Primary School Kasot, located below Kaithu, accessible only after descending a gruelling 250 stairs. Despite the challenging journey, the children's smiling faces and gratitude made every step worthwhile. Under Project Unmesh, RCS Hill Queens distributed 15 sets of school uniforms, shoes and refreshments to students. Children from Aanganwadi, Kaithu were also present, we provided them stationery, refreshments and juices. Similarly, the warmth and enthusiasm of students at Government High School Sehla in Shoghi made the physical challenges of reaching the school pale in comparison. The approach to school involved a drive at a narrow stretch and a steep climb of 400 meters. It was a wonderful opportunity to attend the Annual day and Children's day of the school. RCS Hill Queens sponsored prizes to the winners and 10 plastic chairs for the staff room. It was inspiring to see the support and participation of the parents and teachers to make the programme a big success. Similarly At Government Primary School Boh, our consecutive second adventurous journey was truly



memorable. The narrow stretches and uneven roads added to thrill, we walked down at least a kilometre to reach school. We attended annual day function where children showcased a vibrant and colourful programme. The event offered a delightful glimpse into the village life. The warmth and hospitality of locals left a lasting impression as we enjoyed lunch and refreshing lassi, sitting by the chullah to escape the icy cold winds. It becomes essential to mention about a heartwarming journey to picturesque village Sathli located near the tourist destination Chail, approximately 1hour, 45minutes from Shimla. Our visit was aimed at supporting the students of Government Primary and Middle School Sathli where 24 bright and enthusiastic students' study. We distributed school bags and stationery to these students fulfilling the request from the principal. One particularly moving experience was at Government Primary School Bothwell where many children from very humble backgrounds lacked basic minimal requirements like shoes and school uniform. Providing them with warm tracksuits, socks and shoes ensured they could attend school with dignity and pride. In Government Primary School Rajhana, we got five fans installed to improve the learning environment and provided Aqua guards for safe drinking water, is just one of the many ongoing efforts to improve infrastructure and hygiene.

It was a privilege to represent Hill Queens at the Annual Function of Government Girls Senior Secondary School Lakkar Bazar, Shimla. The event was graced by the local MLA accompanied by Mayor Deputy Mayor and elected councillors. The president shared the stage with dignitaries and also gave away the prizes to the winners in different games. In response to the request from the principal of the Government Girls High School Lakkar Bazar, a large tin shed dustbin measuring 9\*11 feet with a door was installed to prevent the menace of monkeys and dogs



on school grounds, ensuring a safer and cleaner environment for students and staff.

RCS Hill Queens is thrilled to provide essential resources and contribute to the educational journey of these so many needy students.

Childrens Day Celebration for interactors from Government Senior School Beolia was a joyful and unforgettable day. The laughter and excitement of our young interactors filled the air at Craignano, making this childrens day a true celebration. A joyous journey by bus from school to Craignano, accompanied by their teachers and principal, we welcomed them at Craignano. Upward journey started with exploring beautiful flowers displays, idols and walking tracks. Antakshri and traditional dance Nati created a lively atmosphere. children played various games. Dham, traditional food of Himachal was cherished by all of them.

RCS HillQueens had the privilege of celebrating Teacher's Day at Government Primary School, Sector 3, New Shimla, honouring the unwavering dedication of educators who shape the lives of young children, many from underprivileged backgrounds. These teachers go beyond academics, instilling values of humility, gratitude, and resilience, preparing students to become responsible and empowered citizens.

The celebration was filled with warmth and joy as we expressed our gratitude by cutting a cake together and sharing snacks, juices and chocolates with the children, creating a moment of happiness and togetherness. It was a touching reminder of how simple gestures of appreciation can uplift and inspire those who dedicate their lives to educating future generations.

RCS Hill Queens remains committed to recognizing and supporting these extraordinary educators, whose relentless efforts lay the foundation for a brighter and more hopeful tomorrow. Students in this school belong to very humble back ground. This initiative

## REACHING THE UNREACHED

was happily welcomed by them.

We feel proud to mention the activities under taken by our Interact Clubs from time to time.

In an effort to promote cleanliness, hygiene, and a sense of responsibility among students, the Interact Club of Government Senior Secondary School, Beolia, Shimla, under the guidance of RCS Hill Queens focused on cleaning classrooms, toilets, playgrounds, and common areas within the school premises. Ornamental trees were also planted in the slopes of the school near the entrance gate.

Through such efforts, RCS Hill Queens continues to instil values of responsibility and civic duty in the younger generation, making a meaningful difference in their lives and surroundings.

In a bid to raise awareness about the importance of environmental conservation, the INTERACT CLUB of Swaran Public School organized a Painting Competition on the themes of Conservation of Natural Resources, Reducing Pollution, and Protecting Biodiversity. Under the supervision of Club Coordinator, the event witnessed enthusiastic participation from students, who expressed their creativity while promoting vital environmental messages.

Under the dedicated supervision of Interact Club Coordinators students actively participated, reinforcing the importance of maintaining a clean and healthy environment. Their enthusiasm and commitment showcased a growing awareness of the significance of cleanliness in fostering a better learning atmosphere

Together, we are taking small yet significant steps toward nurturing a more environmentally conscious future.

Demonstrating unwavering commitment to service, RCS Hill Queens undertook a heartfelt initiative by traveling 100 km (round trip) to Ganapati Educational Society, Kunihar, Distt. Solan, braving heavy rains to support 16 special children (8 girls and 8 boys) in need. Understanding their urgent requirements, the club provided tracksuits, T-shirts, socks, shoes, and



refreshments to children from BPL families, ensuring they feel cared. The school, with a total strength of 30 children, fosters an environment of learning and empowerment for these young minds. Beyond the material donations, our members actively engaged with the children, appreciating their resilience and talent. As a token of encouragement, members also purchased beautifully handcrafted candles made by these special children, supporting their skills and creativity. This act of kindness reaffirmed our belief in uplifting those who need us the most.

Our club is thrilled to share that it fulfilled the request for computers from HIMGIRI BAL ASHRAM at Mehali by adding 6 systems to their lab. These computers will empower the boys living there, equipping them with the latest technology to enhance their education and future opportunities.

Through such endeavours, RCS Hill Queens continues to uphold the true spirit of "Service Above Self"

Beyond education, RCS Hill Queens has made a significant difference in the health and well-being of the students. Hill Queens organised Cervical Cancer Vaccination Awareness Programs in many Government Schools in Shimla and in surrounding areas. We successfully conducted Cervical Cancer Vaccination Awareness talk at Government Senior School Beolia, Government Primary School Majhar, Government Model Senior Secondary School Mashobra, Government Model Senior Secondary School Shoghi, Government Model Girls Senior Secondary School Portmore, Government Girls Senior Secondary School Lakkhar Bazar, Shimla, Government Senior Secondary School Mehali, Government Senior Secondary School Bhont, Government Primary School Rajhana. We also



conducted these awareness programmes in Shimla Public School, Khalini, Swaran Public School, Tuti Kandi and DAV School Shoghi School. The response from the parents was also very encouraging. We also educated the parents about this deadly disease. In all the schools interactive sessions on cervical cancer vaccination were conducted by senior gynaecologists from Kamla Nehru Hospital, Shimla. These sessions engaged students and parents in discussions about the importance of vaccination, garnering overwhelming consent for the vaccination of their children.

A medical camp was organised for the children of Aangan badi at Chakkar area in Shimla. Eyes Check-up and Dental check-ups of 32 children were done by specialist doctors. Another Medical Camp was organised at Swaran Public School, Tuti Kandi, Shimla in association with School Administration and Sparsh Multi speciality Hospital, Shimla. 400 students from class nursery to 10th standard were benefitted in this camp. We joined hands with our interactors to bring essential Health care to young hearts and minds through free medical Check-up camp.

The Charter Installation Ceremony of the Interact Club at Government Model Senior Secondary School, Mashobra marked a significant milestone for Rotary Club Shimla Hill Queens, reinforcing its commitment to youth leadership, service, and community development.

The event was graced by PDG Rtn. VP Kalta as the Chief Guest, President Rtn. Maala Singh as the Guest of Honour, and esteemed members of RCS Hill Queens. The highlight of the ceremony was the formal handing over of the Charter to the newly elected Interact Club President by PDG Rtn. VP Kalta, symbolizing the club's dedication to humanitarian values.

PDG Rtn. VP Kalta inspired the students with an insightful address, highlighting Rotary's mission and the impactful projects of RCS Hill Queens. His words ignited enthusiasm among the young Interactors, encouraging them to embrace service and leadership. Dr. Anita Gupta, Principal of the school, expressed



gratitude to RCS Hill Queens for this initiative, acknowledging its positive impact on students.

Coinciding with the installation, the 7-day NSS Camp added to the occasion's significance. As a token of appreciation, Dr. Anita Gupta honored PDG Rtn. VP Kalta and President Rtn. Maala Singh for their contributions.

President Rtn. Maala Singh delivered a powerful talk on "Women Empowerment", inspiring 250 students to dream big and break barriers. PDG Rtn. VP Kalta emphasized the Interact Club's role in shaping young leaders and encouraged students to take active roles in community service.

The event concluded with a joyous lunch prepared by NSS students, fostering a sense of camaraderie and celebration.

This successful installation marks the beginning of a new era of youth leadership, and RCS Hill Queens remains dedicated to mentoring the next generation for a brighter future.

Once the winter vacations conclude, Hill Queens will begin to distribute sanitary pads to girl students, a generous initiative supported by the District Office of Rotary. This initiative is part of a broader effort to improve hygiene and support the well-being of students. Additionally, the installation of Pink Toilets at Government Primary School Rajhana and Government Senior Secondary School Sankat Mochan is also set to take place once the schools reopen. These thoughtful projects, spearheaded by District Governor Rtn. Rajpal Singh, reflect Rotary's ongoing commitment to enhancing the health and dignity of students, ensuring a more supportive and inclusive environment for their growth and education.

Reflecting on these experiences, Rtn. Maala Singh, President of RCS Hill Queens, shared her thoughts: "We were fortunate to reach the unreachable. My gratitude to God for giving me this opportunity, and to all the member of the Rotary Club Shimla Hill Queens for walking alongside me on these challenging roads. It is these journeys that make our work meaningful."

# ROTARACT DISTRICT ORGANIZATION 3080 HOSTS INTERCITY “KARWAN 3080”

**D**istrict Rotaract Organization 3080 successfully organized Intercity 2025 – “KARWAN 3080”, hosted by the Rotaract Club of DAV (C) Dental, Yamunanagar, and co-hosted by the Rotaract Club of DAV Girls College, Yamunanagar. Themed “Celebrating the Rich Cultural Heritage of North India,” the event showcased the traditions and art forms of Haryana, Punjab, Himachal Pradesh, Uttarakhand, and Chandigarh. This was the first-ever Intercity event held in Yamunanagar, Zone-5.

The event witnessed the participation of over 150 Rotaractors and was graced by esteemed guests, including Rtn. Rajpal Singh (District Governor), Rtn. Rita Kalra (District Governor Nominee), Sh. Rajesh Sapra (District BJP President), and Rtn. Karan Bindlish (President, Rotary Club Yamunanagar).

The event was generously supported by Rotary Club Yamunanagar, along with Rtn. Jaideep Singh Chawla, Rtn. Vishal Gupta, Rtn. Parampal Singh Sethi, Rtn. Chirag Vinayak, Rtn. Sumeet Gupta, UCO Bank, Sandeep Bajaj (Sudershan Foundation), and Music Paradise.

Key highlights of the event included cultural performances, a traditional attire showcase, and a live performance by Shiva Live Band from Delhi.

The event received high appreciation from District Governor Rtn. Rajpal Singh, DRCC Rtn. Mohit Singla, and DRR Rtr. Shashank Kaushik. Rtr. Vahini Bali was crowned Ms. Intercity, while Rtr. Shaan Sachdeva was crowned Mr. Intercity.

Speaking at the event, District Governor Rtn. Rajpal Singh remarked, “KARWAN 3080 is a



wonderful way to celebrate our culture and bring Rotaractors together. It showcases the energy and talent of young leaders.” DRR Rtr. Shashank Kaushik added, “This event is a proud moment for our district. It demonstrates how culture and teamwork can create something truly beautiful and memorable. KARWAN 3080 will be remembered as a milestone in our district’s history.”

Intercity is the biggest cultural district event of the tenure, featuring multiple inter-club competitions and performances, including the prestigious Mr. & Ms. Intercity contest. Several winners received trophies, gifts, and coupons for their outstanding performances. The success of this grand event was made possible by the dedication and hard work of the host club team, Rotaract Club of DAV (C) Dental, Yamunanagar, whose efforts were highly commendable. The District extends heartfelt gratitude to every participant, club, and supporter for their enthusiastic involvement.

KARWAN 3080 was a resounding success, promoting unity, cultural pride, and friendship among Rotaractors, leaving a lasting impact on all attendees.







## ROTARACTORS THE PILLAR TO PEACE CONCERT

Rotary Chandigarh Midtown, in collaboration with Rotary Action Group for Peace and Chandigarh Tourism, hosted the Symphony for Harmony - The Rotary Peace Concert at Tagore Theatre, Chandigarh. This unforgettable evening of musical fusion brought together over 600 people, including 110 enthusiastic Rotaractors.

**A NIGHT TO REMEMBER**-The Symphony for Harmony - The Rotary Peace Concert was a testament to the power of music to unite and inspire. With Diego Carneiro's mesmerizing performance and the Hindustani Instrumental Band's soulful jugalbandi, the evening was filled with cross-cultural melodies and harmony.

The success of the event was largely due to the tireless efforts of our Rotaractors. Led by Rtr. Aman Garg, District Community Services Director and Peace Concert Coordinator, with his exceptional leadership and dedication along with our team managed the event with precision, ensuring a seamless experience for all attendees and he proved to be the Backbone of the event.

From decorating the venue to coordinating logistics, Rotaractors played a vital role in making this event a reality. We also appreciate the invaluable support of DRCC Rtn. Mohit Singla and DRR Rtr. Shashank Kaushik, whose guidance and encouragement helped us achieve our goals.

We are proud to acknowledge Jal Torques as our hydration partner for this event. Their kind and generous contribution through Sponsorship of over 1000 water bottles ensured that our attendees stayed hydrated throughout the evening. Jal Torques' commitment to supporting community events is truly commendable, and we appreciate their partnership in making this event a success. We are grateful to everyone who made this event possible and look forward to many more such initiatives in the future.

## ROTARACT CLUB PANCHKULA BEAUTIFUL HOSTED THE THIRD SEASON OF THEIR FLAGSHIP EVENT UDAAN 3.0 ~ WHERE VOICE TAKES FLIGHT



Udaan, our open mic initiative, was a celebration of creativity, expression, and community spirit. With poetry, music, and comedy filling the air, the event became a platform for voices to be heard and talents to be appreciated. The overwhelming participation and enthusiasm made it a day to remember. Through this initiative, we not only encouraged artistic expression but also fostered a sense of togetherness among all present.

President Note: Rtr. Eknor "Udaan was more than just an event; it was a testament to the power of words and music in bringing people together. Seeing individuals from different backgrounds come forward and share their art was truly inspiring. Our team's dedication and the overwhelming response from the audience made it a grand success."

Our General Secretary Rtr. Aagnya Kapoor also shared their heartfelt gratitude, emphasizing the meticulous efforts of the organizing team and the spirit of collaboration that brought Udaan to life. The contributions from every member, performer, and attendee played a crucial role in making this initiative impactful. With 5,500 raised, the event not only encouraged artistic talents but also contributed to a meaningful cause.

A special highlight of the evening was the presence of Diego Carneiro, an esteemed peace activist and cellist from Brazil, whose visit added immense value to our initiative. We were also honored to host DRR Rtr. Shashank Kaushik along with the members of district council, whose support and encouragement motivated us further. Their presence reinforced the significance of art in fostering peace and connection. We extend our deepest gratitude to everyone who attended, participated, and supported Udaan—this was truly a night where words took flight!

# RC SHIMLA: A VISION FOR SERVICE, SUSTAINABILITY, AND INCLUSIVITY

## A LEADER WITH A PASSION FOR SERVICE

Rtn. Er. Saurabh Raj Sood, President Rotary Club Shimla is a dynamic leader with a deep-rooted passion for service and community development. A passionate philanthropist whose journey embodies a steadfast commitment to service, academic excellence, and professional achievements. His journey with Rotary began during his college years when he joined Rotaract Club NIT Hamirpur (R.I.D. 3070) in the year 2000 while pursuing his Mechanical Engineering degree and he also rendered services as President of the prestigious Club. This early exposure to Rotary's ideals of "Service Above Self" shaped his commitment to making a meaningful impact on society and he was awarded as best Rotaract Club President for the year 2003-04 in the district.



contribute significantly to advancing the Nation's energy sector.

## A VISION FOR A BRIGHTER FUTURE

At the helm of Rotary Club Shimla which was chartered in 1959, Rtn. Er. Saurabh Raj Sood is dedicated to expanding the Club's reach across all avenues of service. Through his multifaceted expertise and unwavering commitment to service, Rtn. Er. Saurabh Raj Sood continues to inspire and mobilize efforts that make a lasting difference in the community. Under his visionary leadership, Rotary Club Shimla stands poised to create transformative change, ensuring that every initiative resonates with the true spirit of Rotary— "Service Above Self".

Rotary International has long been a pillar of service, dedicated to creating positive and lasting change in communities worldwide. As a part of this global movement, Rotary Club Shimla is committed to working across all Seven Areas of Focus, ensuring that our initiatives contribute meaningfully to society.

Our vision is centered around empowering youth, supporting senior citizens, promoting environmental sustainability, and fostering inclusivity for persons with special abilities. This article outlines our key projects and our roadmap for a better future.

## THE FIVE AVENUES OF ROTARY SERVICE: OUR COMMITMENT TO IMPACT

### 1. CLUB SERVICE: STRENGTHENING ROTARY FROM WITHIN

- Leadership Development & Fellowship: We organize training sessions and networking events to enhance leadership skills among our members.
- Membership Growth & Retention: Our focus is on bringing in passionate individuals and ensuring they find meaningful ways to contribute.
- Inter-Club Collaboration: We actively collaborate with other Rotary clubs and community organizations to maximize our outreach.

### 2. COMMUNITY SERVICE: SERVING WITH COMPASSION

#### Caring for Senior Citizens: Enhancing Quality of Life

Our elders have contributed immensely to society. It

## ACADEMIC AND PROFESSIONAL EXCELLENCE

Saurabh Raj Sood's academic credentials are as impressive as his professional accomplishments. In addition to his engineering background, he holds an MBA in Finance and an Executive MBA from IIM Indore, among several other academic degrees. His enduring passion for learning is further exemplified by his ongoing pursuit of the CFA designation. This blend of technical, financial, and managerial expertise uniquely positions him to tackle complex challenges and drive impactful initiatives. Professionally, he occupies a senior position in a renowned Power PSU SJVN under the Government of India, where his strategic vision and leadership





is our duty to ensure they live with dignity and happiness.

- **Health & Wellness Camps:** We organize free medical check-ups, eye-care clinics, and mental wellness programs to ensure that senior citizens receive the healthcare they need.

- **Recreational Clubs & Social Engagement:** Loneliness can take a toll on the mental health of senior citizens. Our recreational clubs provide spaces for social interaction, skill-sharing, and leisure activities, keeping them active and engaged.

### **Environmental Sustainability: A Greener, Cleaner Future**

- **E-Waste Collection & Awareness:** With electronic waste becoming a major environmental concern, we organize e-waste collection drives, educational programs, and responsible recycling initiatives to reduce pollution.

- **Developing Eco-Friendly World-Class Parks:** Green spaces improve air quality and mental well-being. We are working towards creating and maintaining



world-class parks that incorporate sustainable designs, rainwater harvesting, and biodiversity preservation.

- **Cleanliness Drives & Waste Management:** Keeping Shimla clean requires community participation. We conduct cleanliness campaigns in public spaces, schools, and marketplaces, encouraging waste segregation and proper disposal practices.

- **Promoting Accessibility in Public Spaces:** Advocating for barrier-free infrastructure in parks, schools, and community centers to improve accessibility.

- **Awareness & Sensitization Campaigns:** Educating society about the importance of inclusivity to foster a more accepting and supportive environment.

- **Inclusivity for Persons with Special Abilities:** Creating an Accessible World, a truly progressive society ensures that every individual, regardless of ability, has equal opportunities.

- **Skill Development & Employment Opportunities:** Through training programs, we help individuals with disabilities gain skills and secure employment, enabling them to lead independent lives.

### **3. INTERNATIONAL SERVICE: EXPANDING OUR REACH**

- **Global Grants & Humanitarian Projects:** We collaborate with Rotary clubs worldwide to support education, healthcare, and disaster relief initiatives.

- **Cultural Exchange Programs:** We facilitate international student exchange programs and professional fellowships to foster global understanding and learning.

- **Rotary Action Group For Peace (RAGFP):** RC Shimla is amongst the first Clubs to become Rotary Peacebuilder Club. To provide Peace & Conflict Prevention/Resolution resources for Rotary cCubs (and others) worldwide. To educate, engage, and empower Rotarians (and others) in peace initiatives, support Rotary Peace Centers, connect with fellow Peacebuilders – Local to Global.

### **4. VOCATIONAL SERVICE: EMPOWERING THROUGH SKILLS**

- **Organizing Skill Development Workshops:** Training youth and women in tailoring, computer literacy, and entrepreneurship to enhance employability.

- **Encouraging Ethical Business Practices:** Promoting integrity and ethics in various professions through seminars and mentorship programs.

### **5. NEXT GENERATION SERVICE: EMPOWERING YOUTH- SECURING THE FUTURE**

- **Anti-Drug Abuse Intervention Programs:** With

## E-WASTE MANAGEMENT



substance abuse rising among youth, we conduct awareness campaigns, counseling sessions, and rehabilitation support in schools and colleges. Partnering with local authorities and healthcare professionals, we provide education on the dangers of drug use and ways to seek help.

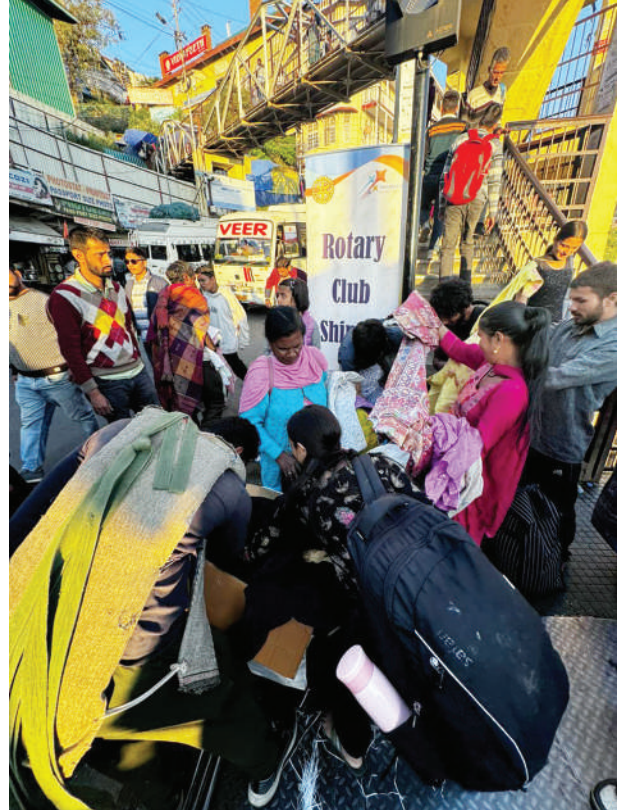
- **Rotary Youth Leadership Awards (RYLA):** This program helps young people develop leadership, teamwork, and problem-solving skills through interactive sessions, workshops, and adventure-based learning.

- **Promoting Sports & Physical Well-being:** Sports instill discipline and resilience. We support young athletes, organize tournaments, and facilitate access to coaching to encourage youth participation in sports. RC Shimla has taken the initiative of promoting Chess training at Rotary Shimla Chess Pathshala.

- **Financial Literacy for Youth:** Financial education is crucial for future stability. Our workshops on budgeting, saving, investing, cyber-crimes and smart financial planning empower young individuals with the knowledge they need to build a secure future.

- **Interact & Rotaract Clubs:** Providing students and young professionals a platform for community service, leadership development, and networking.

- **Scholarships & Career Counseling:** Supporting meritorious students with scholarships and



mentorship programs to help them achieve their educational and professional goals.

### A CALL FOR COLLECTIVE ACTION

While Rotary provides the platform, real change happens when individuals, businesses, and communities come together for a shared cause. We invite you to join hands with Rotary Club Shimla in making a lasting impact. Whether through volunteering, donating, or spreading awareness, every effort counts. As we move forward, our commitment remains unwavering—to empower, uplift, and transform lives through meaningful service. Together, let us uphold the Rotary motto: “Service Above Self”, and build a world where everyone has the opportunity to thrive.



AMBALA



Distributed Sanitary Pads



Celebrated 26th January

AMBALA DIAMOND



Attended Bon-Voyage



Participated in National Badminton on behalf of Haryana State Team

AMBALA INDUSTRIAL AREA



Distributed Sanitary Pads

**BADDI**



**Medical Camp**



**Celebrated 26th January**

**BHAKRA NANGAL**



**Celebrated 26th January**



**Distributed Sanitary Napkins**

**CHANDIGARH**



**Distributed Sanitary Pads**



**Celebrated Lohri with Children at Bal Bahar**

CHANDIGARH CENTRAL



Distributed Nutritious Kit to TB Patients



Blood Donation Camp

CHANDIGARH MIDTOWN



Celebrated 26th January



Distributed Woolen Clothes

CHANDIGARH PERIPHERY ZIRAKPUR



Distributed 174 Pairs of Sports Shoes. President Rtn. Vinod Manchanda and Secy Rtn. Radhe Garg Contributed Generously alongwith Members.



CHANDIGARH UPTOWN



Mega Eye Check-up Camp



Traffic Awareness Camp at School

CLASSIC CHANDIGARH



Donated Woolen Quilts



Seminar on Personal Hygiene

DEHRA DUN CENTRAL



Celebrated 26th January



Distributed Sanitary Napkins



DOON GANGA CHIDDERWALA



Installed Pink Toilet

GANGOH



Health Camp for Adolescent and Distributed Sanitary Napkins

HARDWAR



Installed Reflectors on Vehicles



Flag Exchange

JAGADHRI



Donated Wheel Chairs for Patients

JIND MIDTOWN



Donated Warm Clothes

KALKA HERITAGE



Blood Donation Camp



Celebrated 26th January

KARNAL



Blood Donation Camp



Celebrated Lohri

KHARAR



Eyes of late Sucha Singh (87) of kharar were donated to PGI Chd & eyes of late Anil Verma IPP (67) of Ambala cantt & eyes of late Urmila Madan mother of executive secretary were donated to Roshni eye bank through Rotary kharar by motivating the families

LADWA



Donated Household items for Marriage



Celebrated 26th January

MORINDA



Celebrated Lohri with Newly Born Babies



Installed Reflectors on Vehicles

NAHAN SANGINI



Awareness on Road Safety



Distributed Woolen dresses

NAHAN SIRMOUR HILLS



Distributed Sanitary Napkins



Galaxy Z Fold6 5G

NARWANA



Celebrated 26th January



PANCHKULA



Distributed Clothes in Hospital under Project Maa



Celebrated 26th January

PANCHKULA GREEN



Stall at Chandigarh Club La Fete fair to sell items made by NGO's Children of Tricity

PANIPAT RAINBOW



Distributed Clothes



Medical Camp

PANIPAT SOUTH



Celebrated 26th January



Dental Checkup Camp

PEHOWA



Celebrated 26th January



Donated Chairs

PINJORE HILLS



Celebrated 26th January



Celebrated Vasant Panchmi

RADAUR



Celebrated 26th January



Donated Household Items for Mass Marriage

RISHIKESH



Distributed Wollen Sweaters



Celebrated Vasant Panchmi

# CLUB MATTERS

## RISHIKESH DIVAS



Distributed Sanitary Napkins



Celebrated 26th January

## RISHIKESH ROYALE



Distributed 6 months Ration at School



## ROOP NAGAR



Honored on 26th January



Organised Career Counselling Mela



Roorkee



Celebrated 26th January



Lunch with Vatsalya Vatika Bahadradab

Roorkee Midtown



Distributed Sanitary Pads



Distributed Nutritious Kit for TB Patients

Ropar Central



Appreciation Certificate from Deputy Speaker of Punjab



Installed Safety Bars to Reduce China Door Accidents

ROYAL SOLAN



Eye Check-up Camp



SAHARANPUR CONTINENTAL



Celebrated 26th January



SAHARANPUR HARMONY



Installed Interactive Flat Panel in Bhartiya Naterhin Vidyalaya



SHAHABAD MARKANDA



Celebrated Lohri



Distributed Woolen Clothes

SHIMLA



Eye Check-up Camp



Distributed Clothes

SHIMLA HILL QUEENS



Nutrition Kit for Tuberculosis Patients



Seminar on Organ Donation

SHIMLA MIDTOWN



Donated Woolen Clothes



SILVER CITY MOHALI



Donated Floor Tiles



Distributed Winter uniform

THEOG HILLS



Blood Donation Camp



YAMUNA NAGAR RIVIERA



Mass Marriage Ceremony

# ACHIEVEMENT



**Rtn. AMAN DHUPER NEPHEW OF PAST PRESIDENT Rtn. MADHUSUDAN TANDON OF ROTARY CLUB AMABALA GOT CERTIFICATE OF APPRECIATION FROM ROTARY CLUB OF HALF MOON BAY IN USA. HE ALSO DONATED OXYGEN CONCENTRATOR AND DIALYSIS MACHINE IN ROTARY CANCER HOSPITAL, AMBALA IN COVID TIME.**

FROM THE EDITOR



**MOHINDER PAUL GUPTA**



**ROTARY HAS ALWAYS BEEN A BEACON OF HOPE AND CHANGE. EACH PROJECT WE UNDERTAKE IS A STEP TOWARDS A BETTER WORLD. AS WE MOVE FORWARD, LET US CONTINUE TO UPHOLD THE ROTARY MOTTO - "SERVICE ABOVE SELF" - AND INSPIRE ONE ANOTHER WITH OUR DEDICATION AND COMPASSION.**



Dear Fellow Rotarians,

I am filled with immense pride and admiration for the outstanding work our clubs across District 3080 have accomplished. The spirit of service and dedication demonstrated by each club is a testament to our shared commitment to making a difference in our communities. January has been a month of impact, and I am delighted to highlight some of the commendable projects undertaken by our clubs.

One of the most remarkable initiatives has been the winter relief drives, where multiple clubs distributed blankets, warm clothing, and essential supplies to underprivileged families and the homeless. With plummeting temperatures, these acts of kindness have provided warmth and comfort to those in dire need.

Another noteworthy project was the health and wellness camps organized in rural and urban areas. Free eye check-ups, dental camps, and general health screenings were conducted, benefiting thousands. Our collective efforts in promoting preventive healthcare continue to play a pivotal role in enhancing the well-being of our communities.

Education remains a key focus for Rotary, and our clubs took significant strides in this domain. The distribution of educational kits, digital learning tools, and scholarships to underprivileged students has empowered young minds with the gift of knowledge. The joy of seeing children embrace learning with enthusiasm reaffirms our belief in the transformative power of education.

Environmental sustainability has also been at the forefront, with clubs spearheading tree plantation drives, waste management initiatives, and clean-up campaigns. These efforts contribute towards a greener, healthier planet and encourage community participation in preserving our environment.

As we celebrate these accomplishments, let us also turn our gaze towards the future. The coming months hold immense potential for impactful service, and I urge every club to channel their energies into new and innovative projects. Let us strengthen our focus on empowering women and children, enhancing vocational training programs, and promoting literacy and mental health awareness.

I encourage every Rotarian to take pride in their contributions and to keep the momentum going. Together, we can achieve even greater heights and create a lasting impact in the lives of those we serve.

# Rtn. AVANTIKA KHURANA

## ROTARY CLUB NEW CHANDIGARH

**A**vantika's leadership is inclusive, empathetic, and action-driven. She believes that real change happens when communities unite and has built a motivated, engaged Rotary team.

Her ability to connect with people, inspire volunteers, and lead large-scale projects makes her a respected leader. Whether in business, community projects, or mentorship, her approach remains the same—lead with purpose, act with integrity, and serve with heart. Born with ambition and drive, Avantika's early years laid the foundation for her success.

She pursued a Bachelor's degree in Economics Honours from Delhi University, where she honed her analytical skills and deepened her understanding of economic structures, market trends, and consumer behavior. To refine her business acumen, she earned a Post Graduate Diploma in Management from Aurobindo College, Delhi. This program introduced her to leadership and innovation, preparing her for the corporate world.

### CORPORATE CAREER

Avantika's career began in advertising and public relations, where she worked with global brands like Coca-Cola, Reckitt Benckiser, BMW, and Star Sports. Her expertise lay in consumer psychology, brand storytelling, and high-impact marketing.

A defining milestone was her role in the launch of Coke Studio India, where she helped shape its identity. Coke Studio became a cultural phenomenon, and her contributions played a pivotal role in its success.

### ENTREPRENEURIAL LEAP

With an entrepreneurial spirit deeply ingrained in her family's legacy, Avantika transitioned from corporate life to entrepreneurship, venturing into pharmaceutical and cosmetics exports. She built a company that thrived in international markets while upholding ethics and quality.

Under her leadership, the company became a key player in exporting essential healthcare and cosmetic products. Avantika sees her business not just as a venture but as a mission to enhance healthcare accessibility. She believes the pharmaceutical industry has the power to transform lives and ensures her company upholds integrity and quality.



### PERSONAL LIFE

In 2015, Avantika married Pranshu Khurana, an entrepreneur leading one of Gurugram's largest logistics companies. Their shared passion for business and innovation strengthens their partnership. Their greatest joy is their five-year-old daughter, Anaiza, who serves as a constant source of inspiration. Balancing business, Rotary leadership, and motherhood is challenging, but Avantika does so with grace and determination. Her ability to integrate career and family reflects her resilience and time management skills.

### ROTARY LEADERSHIP

Avantika's presidency at the Rotary Club of New Chandigarh marks a new chapter focused on service, leadership, and impact. Her vision is to create sustainable projects addressing healthcare, education, and environmental conservation.



Learn more and register at [convention.rotary.org](https://convention.rotary.org)



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