



Magic makers

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Rotary International

Rtn. Rajpal Singh
District Governor 2024-25
R.I. District 3080

DG'S MONTHLY LETTER | **NOVEMBER 2024** | VOL 01 ISSUE 04

MAGIC MAKERS SECRETARIES 2024-25 RID 3080



NOVEMBER IS ROTARY FOUNDATION MONTH

BEST OF THE MONTH

BEST AG

Rotary District 3090




ZONE 6
Ravijeeet Singh
RC Mohali Midtown

Rotary District 3090



ZONE 13
Inderjeet Gera
RC Panipat Central

Rotary District 3090



ZONE 2
Anil Chauhan
RC Solan


BEST PRESIDENT'S

Rotary District 3090



CATEGORY 1
Kavita Bansal
RC Baddi

Rotary District 3090



CATEGORY 2
Ashwani Mittal
RC Panchkula


Rotary District 3090



CATEGORY 3
Nitin Kapur
RC Chandigarh Mid Town

EXCELLENT PRESIDENT'S

Rotary District 3090



CATEGORY 1
Tejinder Walia
RC Ambala Mid Town

Rotary District 3090



CATEGORY 2
Nirml Singh
RC Radaur

Rotary District 3090



CATEGORY 3
Saurabh Raj Sood
RC Shimla

OUTSTANDING PRESIDENT'S

Rotary District 3090




CATEGORY 1
D R Sharma
RC Theog Hills

Rotary District 3090



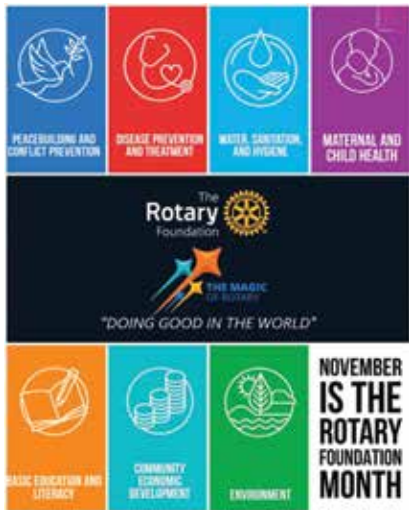
CATEGORY 2
Mahesh Khurana
RC Ponta Sahib

Rotary District 3090



CATEGORY 3
Himanshu Pundir
RC Roorkee Mid Town

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PRESIDENT'S MESSAGE



A solid Foundation

One of Rotary's greatest strengths is the ability of our members to come together to create lasting change, and The Rotary Foundation helps us transform dreams of change into reality.

From eradicating polio to building peace, much of the work we do around the world would not be possible without our continued support of our Foundation.

The cause of peace is especially important to me, and one of the most effective ways we build peace is our Rotary Peace Fellowship — a product of The Rotary Foundation. The program helps current and aspiring peace and development professionals around the world learn how to prevent and how to end conflict.

Thanks to a \$15.5 million gift from the Otto and Fran Walter Foundation, we can continue supporting peacebuilders in more regions with the next Rotary Peace Center, at Bahçeşehir University in Istanbul.

Opening yet another peace center is a monumental achievement that we will celebrate at the 2025 Rotary Presidential Peace Conference in Istanbul.

The three-day conference 20-22 February will highlight the many ways our family of Rotary advocates for peace. Keynote speakers, panel discussions, and breakout sessions will allow us to share ideas about building peace and foster meaningful conversations about promoting peace everywhere.

Registration for the Presidential Peace Conference is open. I hope to see you there, but if you can't make it, our Foundation offers so many ways to change the world for the better. November is Rotary Foundation

Month, a great time to get to know your Foundation better and pursue causes that appeal to you.

Global grants support large international activities with sustainable, measurable outcomes in Rotary's areas of focus. By working together to respond to pressing community needs, clubs and districts strengthen their global partnerships.

District grants fund small-scale, short-term activities that address needs in your community and in communities abroad. Each district chooses which activities it will fund with these grants.

Our Foundation can even help you support our wonderful youth programs, including Rotary Youth Exchange, Rotary Youth Leadership Awards, and Interact.

Your gifts to our Foundation also make Programs of Scale possible. These are long-term projects that seek to solve otherwise intractable problems.

To ensure these good works continue beyond our lifetimes, it is up to us to reach our ambitious Rotary Endowment goal of \$2.025 billion by 30 June 2025.

The Magic of Rotary does not appear out of nowhere. We create the magic with every new member inducted, every project completed, and every dollar donated to our Foundation.

Please join me in supporting The Rotary Foundation, and together, we will change the world for the better.

STEPHANIE A. URCHICK
President, Rotary International

Donate to
The Rotary
Foundation at
[rotary.org/
donate](https://rotary.org/donate).

Register for
the 2025
Rotary Presi-
dential Peace
Conference
at [rotary.org/
istanbul25](https://rotary.org/istanbul25).

Photograph by Lucy Hewett



GOVERNOR'S MESSAGE

As we step into November, we celebrate Rotary Foundation Month—a time to recognize the incredible work we do through The Rotary Foundation and to inspire each other to dream even bigger. The Foundation is the heart of Rotary's mission, allowing us to transform our vision of a better world into a tangible reality. Through the generosity and commitment of Rotarians like you, the Foundation enables life-changing projects in health, education, water and sanitation, economic development, and peacebuilding around the world. Together, we are leaving a lasting impact, one community at a time.

The Rotary Foundation operates with a simple yet powerful vision: to advance world understanding, goodwill, and peace. This vision drives our work and fuels the initiatives that uplift communities both near and far. As you know, the Foundation has a unique funding model. Every Rupee you donate is invested for three years, during which time investment returns cover operational expenses, allowing nearly all of your donation to go directly to projects after the initial period. This efficiency amplifies our ability to create real change and multiplies the impact of every rupee you give.

Our district has made remarkable strides, and I am incredibly proud of the projects we've undertaken, whether it's promoting literacy in underserved areas, supporting local economies, or working toward our enduring goal of eradicating polio. But as we celebrate these successes, we must also remember that our mission is far from complete. The world is filled with challenges that need our compassion, resources, and innovative solutions.

This month, I encourage each of you to consider how you can deepen your engagement with The Rotary Foundation. One of the most impactful ways to do this is through contributions to the Annual Fund or the Endowment Fund. Every contribution, regardless of size, is a powerful statement of our commitment to serve to change lives. I urge every club in our district to set a goal for Foundation giving and to explore opportunities for global and district grants. These grants enable us to amplify our impact, allowing our ideas to become groundbreaking projects with sustainable results.

Let us also take this month to educate ourselves and our community about the Foundation's achievements and its potential to drive positive change. Host a Foundation seminar; invite a Foundation speaker to your club, or organize a fundraising event to raise awareness. Together, let's spread the word about how our contributions are helping to combat disease, build schools, provide clean water, and so much more.

In conclusion, my fellow Rotarians, I thank each one of you for your dedication to The Rotary Foundation and to the people it serves. November is a reminder that we are part of something much bigger than ourselves—a global force for good that knows no bounds. Let's work together, continue to give generously, and build a brighter tomorrow for generations to come. Remember, every act of kindness and every contribution to The Rotary Foundation brings us one step closer to our shared dream of a more peaceful and just world.

RAJ PAL SINGH
District Governor, RID 3080

FIRST LADY OF THE DISTRICT



INDERBIR KAUR



रोटरी फाउंडेशन को समर्पित यह नवंबर माह हमें एक अवसर देता है कि हम अपने सेवा के मूल्यों को अपने परिवार के साथ साझा करें और समाज के कल्याण के इस संकल्प को और मजबूत बनाएं।



प्रिय रोटरी परिवार,

नवंबर रोटरी फाउंडेशन माह है, और यह वह समय है जब हम सभी को अपनी सामर्थ्य और संकल्प के साथ एकजुट होकर समाज के कल्याण के लिए योगदान देना चाहिए। रोटरी फाउंडेशन हमारे लिए वह माध्यम है जिसके द्वारा हम अपने सेवा कार्यों को साकार करते हैं और अपनी दुनिया को एक बेहतर स्थान बनाने के उद्देश्य में जुटे रहते हैं।

हमारे परिवार, इस मिशन में महत्वपूर्ण भूमिका निभा सकते हैं। यदि हम सभी मिलकर रोटरी फाउंडेशन के लिए संसाधन जुटाने का संकल्प लें, तो हमारा योगदान बहुत बड़ा और सार्थक हो सकता है। यहाँ कुछ सुझाव दिए जा रहे हैं जिनके माध्यम से आपके परिवार इस पुण्य कार्य में सहयोग कर सकते हैं:

सामूहिक योगदान का आयोजन करें - अपने परिवार और दोस्तों के साथ मिलकर फंडरेजर का आयोजन करें। एक छोटी सी चाय-पार्टी, बेक सेल या सांसेतिक कार्यक्रम आयोजित कर, इससे प्राप्त राशि को रोटरी फाउंडेशन के लिए दान करें।

बचत और योगदान - हम सभी यदि अपने परिवार के सदस्यों के साथ मिलकर एक छोटी सी बचत योजना बनाएं और महीने के अंत में उस राशि को फाउंडेशन में दान करें तो यह एक सरल लेकिन प्रभावशाली कदम हो सकता है।

बच्चों में सेवा की भावना विकसित करें - बच्चों को छोटे-छोटे कार्यों में योगदान करने का मौका दें। यदि वे अपनी गुल्लक से थोड़ा हिस्सा दान करते हैं तो यह उनके जीवन में सेवा की भावना को बढ़ावा देगा और हमारे मिशन में भी योगदान देगा।

सकारात्मक संदेश फैलाएं - अपने परिवार और आस-पड़ोस के लोगों के साथ रोटरी फाउंडेशन के कार्यों और उनके प्रभाव के बारे में चर्चा करें। इससे लोगों में फाउंडेशन के प्रति जागरूकता और सम्मान बढ़ेगा और वे भी इस पुनीत कार्य में भागीदार बनना चाहेंगे।

त्यौहारों में योगदान का संकल्प लें - भारतीय संसेति में त्यौहारों का विशेष महत्व है, तो क्यों न हम किसी भी त्यौहार पर अपने परिवार के साथ मिलकर रोटरी फाउंडेशन के लिए थोड़ा योगदान करने का संकल्प लें।

रोटरी फाउंडेशन के लिए आपका हर छोटा योगदान महत्वपूर्ण है। हमें एकजुट होकर एक मजबूत, स्वस्थ और समृद्ध समाज के निर्माण के लिए निरंतर प्रयास करना चाहिए। आपका परिवार, आपका सहयोग हमारे इस मिशन को और भी सार्थक बना सकता है।

रोटरी फाउंडेशन को समर्पित यह नवंबर माह हमें एक अवसर देता है कि हम अपने सेवा के मूल्यों को अपने परिवार के साथ साझा करें और समाज के कल्याण के इस संकल्प को और मजबूत बनाएं।

इंदरबीर कौर

MANTHAN 2024: A CELEBRATION OF TALENT AND CREATIVITY



The Rotary club Shimla Midtown proudly celebrated its flagship program

“**Manthan**” on Sep 29, 2024 at Rajiv Gandhi Degree College Kotshera, Chaura Maidan, Shimla. Mantha has engaged schools in and around Shimla through competition in declamation & slogan writing & Painting. The theme of the function in this year of “Drug free society and betterment of Environment”. The



event was inaugurated by Dr Gopal Chauhan College Principal in the morning and concluded with remarks in the evening by Sh Hatish Janartha, MLA, Urban Shimla. PDG Rtn V P Kalta graced the occasion as Guest of Honour alongside AG Rtn Ruchira Tangri.

This year event saw enthusiastic participation from 41 schools in & around Shimla with 307 students, 57 teachers, parents of the students. Winner were celebrated with trophies & certificates, recognising their hardwork & creativity. The club Rotarians and their families, Innerwheel members, rotractors of RKMV Girls College and Midtown Rotractors also participated with full enthusiasm.

Under the able leadership of Event Chairman Pankaj Dadwal & Co-Chairman Ashok Jain, the event was resounding success. A heartfelt thank you to club Prez Rtn. Ravi Kant Jain, all Rotarians of club, Innerwheel Midtown & Rotractors Member for making “**MANTHAN 24**” a memorable experience. Refreshment & a delicious lunch were enjoyed by students, teachers & guest, marking another successful chapter in Manthan legacy.



LADY JUSTICE STATUE



THE SCALES OF JUSTICE REMAIN INTEGRAL PART OF THE NEW STATUE. IT CONTINUES TO SYMBOLIZE A FINE BALANCE. BOTH PARTIES ARE HEARD. THE DUE CONSIDERATION IS GIVEN. ENSURING EQUAL AND FAIR TREATMENT TO ALL THE PARTIES. ABOVE ALL, RENDERING EQUAL JUSTICE.

Lady Justice Statues are every where. From the United States Supreme Court to the Indian Supreme Court Judges Library. She is blindfold. Holding a sword in one hand. The scale in the other. The similar statue and images are common around the world. Where ever justice is meted out. Most of us have grown up with the lady justice. Fully secured in our belief that Justice is Blind. Symbolizing that all are equal. Rich or poor. Doctor or a health worker. Chief engineer or a sectional official. All equals are treated equally. The lady justice is not to see who are seeking justice. Justice is done without knowing who are the parties. Find the truth and do justice. It does not mean that justice is done blindly. The Lady Justice makes no distinction. Holds the scale evenly. Without knowing the identity of the parties. The holding of sword signifies the authority. The authority to punish the wrongdoer.



Balram K Gupta
Sr. Advocate
Professor Emeritus
Formerly Director,
NJA

The New Statue of Lady Justice has been installed on October 16, 2024 in the Judges Library of the Supreme Court of India by Hon'ble Dr. Justice D.Y.Chandrachud, CJI. The new statue brings in significant changes. The Lady Justice has no bandage on her eyes. The eyes are open. She is holding the scale in one hand and the Constitution in the other. The sword has been removed. Moreover, in place of the western dress, the new Lady Justice is wearing a sari.

This, in itself is to make the Lady Justice Indianized. This change was most required. It truly bids farewell to the colonial legacy of justice. Justice is no more blind. It is open. It is transparent. It is live telecast. It is open for public viewership. The open system introduces Discipline. Upholds the Rule of Law. Builds up the Public Trust and Confidence in the Judicial Institutions. This is genuinely made in India recipe of justice.

Moreover, when eyes and mind are open, justice is bound to flow naturally. Magna Carta of 1215 ordained that Justice is not to be sold. Nor denied. Nor delayed. The open system ensures the same. Even otherwise also, it is questioned, why Justice should be Blind? Human conflicts are settled by humans. In a humane manner. Judges are healers of human disputes. The healing is possible when the system is open. If the eyes are blindfold, how would there be due application of mind ! You can treat everyone equally and fairly with eyes open. In the first quarter of the 21st century, justice cannot be any more blind. Eyes and mind must work in unison.

The Supreme Court in Zahira Sheikha's case (2004) had the opportunity to say that the blindfold is a veil. It can be lifted by the court, if need be. To see who are

THIS IMAGERY OF LADY JUSTICE IS TRADITIONALLY PORTRAYED. IT HAS ITS ORIGIN IN ANCIENT GREEK AND ROMAN ICONOGRAPHY. IT WAS DURING THE BRITISH COLONIAL RULE OF INDIA THAT THE LADY JUSTICE MADE AN ENTRY TO THE INDIAN JUDICIAL SYSTEM. IT IS A SYMBOL WHICH IS IMPRINTED IN OUR COLLECTIVE PSYCHE. FOR CENTURIES, THE STATUE HAS STOOD TO REPRESENT THAT JUSTICE IS BLIND. IT HAS BEEN USED IN BOLLYWOOD MOVIES. IN FICTION.

the parties before it. In order to prevent the miscarriage of justice. The removal of the blindfold is to prevent situations in future which may lead to miscarriage of justice.

The critics say that by wearing the sari, the Lady Justice is not Indianized. Nor reflective of Indian Culture. They say that in Indian mythology, Gods of justice are males. Shani Dev does justice for the living people. Yamaraja, after the death of the person. The times have changed.

If we can have goddess of wisdom, why not goddess of justice? There is not violation of the Constitution if we have – Nayay Ki Devi to Indianize the statue. Moreover, if everywhere else is the Lady Justice, why not in India. In fact, by wearing the traditional Indian Sari, it makes the Lady Justice (Nayay Ki Devi) truly Indian.

The scales of justice remain integral part of the new statue. It continues to symbolize a fine balance. Both parties are heard. The due consideration is given. Ensuring equal and fair treatment to all the parties. Above all, rendering equal justice.


The sword in hand has been replaced with the copy of Constitution. This is, indeed, the most significant change. The sword is the symbol of coercion and violence. The authority to punish. The Constitution is the opposite of the same. It is the symbol of

Constitutional Values. As also of Constitutional Morality. The constitution is supreme. Supremacy of Rule of Law. There is no question of coercion or violence. The consequences of the violation of the constitution automatically flow. The statue is of Justice. Justice according to the Constitution and Rule of Law. Some times, Justice according to Rule of Law may not be the best kind of justice.

Therefore, the constitution in Article 142 ordains Complete Justice. The apex court of the country is mandated to do Complete Justice. Independent India belongs to the Constitution. We are soon completing 75 years of the Indian Constitution. It augurs so well that the statue of lady Justice has been given a new Avtar.


The Union Minister of Law and Justice – Arjun Ram Meghwal on October 17, 2024 praised the updated features of the statue of Lady Justice. He expressed gratitude saying that the new design was a commendable tribute to the Constitution. This was the best way to pay respect to the country's constitution on its completion of 75 years.

We the People of India must hail the new statue of Lady Justice (Nayay Ki Devi).



ROTARY
Service Above Self

SERVICE ABOVE SELF
Rotary in Action






THE MAGIC OF ROTARY

मनसउत्थान: मानसिक स्वास्थ्य की दौड़ बेहतर कल की ओर


WALKATHON

19TH OCT 2024







The event was attended over 350 participants from various schools
"Student from IMS Unison University, Residents of
MAX-ANTARA & Several Rotarians.
Walkathon was Flagged off by Vice Chancellor
Dr. Anil Subbharao Paila



Rtn. Vikas Sharma
President
9412055073



Rtn. Sudhir Sharma
Secretary
9968602016



Rtn. Ajay Bansal
Project Chair
9412008524



Rtn. Pushp Garg
Project Chair
9756600192

EXPLORING ROTARY COLLABORATIONS: A JOURNEY OF CONNECTION AND FELLOWSHIP



During my recent visit to Providence, Rhode Island, USA I had the privilege of engaging in a series of inspiring meetings and collaborations with Rotarians from various districts in US. This experience was a blend of real and

virtual interactions, all of which showcased the spirit of Rotary to exchange ideas, discuss our shared commitment to community service, and explore ways we could grow Rotary's presence on a global scale.

Throughout this journey, I had the chance to attend insightful club meetings, both in person and virtually. These meetings were filled with innovative ideas for leadership and service. I found it fascinating to see how different clubs approach community engagement and how we can incorporate some of these practices into our own district. The virtual trainings I attended reinforced the importance of





building strong leadership within Rotary, giving us the tools we need to make a real and lasting impact in our communities.

One of the most memorable highlights was a luncheon with the incoming class of DG 2026-27. It was such a pleasure connecting with future Rotary leaders. We shared stories, experiences, and ideas, which helped to build strong friendships that will certainly last beyond this trip. Their enthusiasm for Rotary's future was infectious, and I look forward to seeing how their leadership unfolds." DGE 7930 Pooja Goel and Dr Goel, DGE 7950 Nicole and Pres Jon, DGN Joel ,DGN 7910 Penny Hamel and Rtn Mary



from Westford Rotary Club were very inspiring.

“At the District 7950 Membership Seminar, DG Sharon and Team dove deep into discussions on membership growth. One of the key topics was how to engage younger members and promote diversity within Rotary. This is a critical area for us all, as we need to ensure that Rotary remains inclusive, dynamic, and representative of the communities we serve. We shared best practices, and I believe there’s much we can apply to our own membership strategies moving forward. I got an opportunity to be part of Breakout session on The Rotary Foundation with DRFC Steve and we discussed opportunities back home. These conversations were incredibly

VISIT TO AMERICA



valuable, as we discussed everything from global grants and youth exchanges to potential service projects.

“Throughout my visit, I was able to connect with leaders from several districts, including 7910, 7930, 7950, 6000, 6950, 5020, 7505, 7475, 7490, 5010, and 5280. RC Club meetings at New Brunswick and Warren were engaging. The warmth and fellowship I experienced during these interactions were heartwarming, and they reaffirmed the incredible bond that Rotary creates across borders. As Rotary’s founder Paul Harris said, ‘Friendship was the foundation rock on



which Rotary was built and tolerance is the element which holds it together.”

Rotary has an extraordinary ability to unite people and make a global impact. This visit wasn’t just about exchanging ideas; it was about showing how we can collaborate across continents to achieve meaningful, lasting change in the world. By sharing our projects, successes, and challenges, we can learn from one another and find new ways to uplift our communities.

“Looking ahead, I am eager to deepen the relationships we’ve built with Rotary districts in the US. There are so many opportunities to collaborate on international projects that will not only benefit

our local communities but also contribute to the global impact of Rotary. I encourage all of you to think about how we can expand these partnerships and work together to bring more service opportunities to life.

“In closing, this experience has truly highlighted the strength of Rotary’s global network. When we come together, share our ideas, and unite for a common cause, we are capable of transforming lives. I look forward to continuing this journey of collaboration and partnership, and I hope you’re as excited as I am about the opportunities that lie ahead. As always, let’s keep Rotary’s motto of ‘Service Above Self’ at the heart of everything we do.

DREAMS: A REALITY

Every individual loves to dream, and we all harbor the hope that our dreams will come true. The essence of life lies in the pursuit of happiness, yet many of us find ourselves ensnared by our fears, preventing us from reaching our aspirations. When we stop dreaming, we essentially cease to live, as our dreams fuel our passions and guide our journeys.

Consider the story of a girl from a middle-class family who nurtured steadfast dreams. She was fortunate to enjoy a cherished childhood, where her parents diligently fulfilled her little wishes, fostering an environment of love and encouragement. Surrounded by great friends, supportive classmates, and inspiring teachers, her formative years were filled with joy and exploration. However, life took a new direction when she moved away from the comfort of home to pursue higher studies, a transition that would challenge and shape her.

In this new chapter, she met cousins her age and forged new friendships, but she also encountered the inevitable ups and downs of life. She experienced the bittersweet pangs of infatuation, which taught her about vulnerability and the complexities of human relationships. With every heartbreak, she embraced the pain as a chance for personal growth, recognizing that each experience, no matter how difficult, imparted valuable lessons about resilience and the ever-changing nature of people's attitudes and behaviors.

Her journey was not without challenges, yet she met them head-on. Through determination and hard work, she excelled academically, carving out a successful career. Even when faced with professional hurdles, she tackled them with resilience, emerging triumphant and more confident in her abilities. Alongside her ambitions, she nurtured small dreams—one of which was to explore the world, to see and experience life beyond her familiar surroundings.

When the opportunity to travel arose, she embraced it wholeheartedly. This experience taught her that there are no limits to what one can achieve; the more you dream, the farther you can go. With every new destination, she was filled with wonder and awe. She discovered breathtaking landscapes, engaged with diverse cultures, and formed unforgettable connections with people from all walks of life.



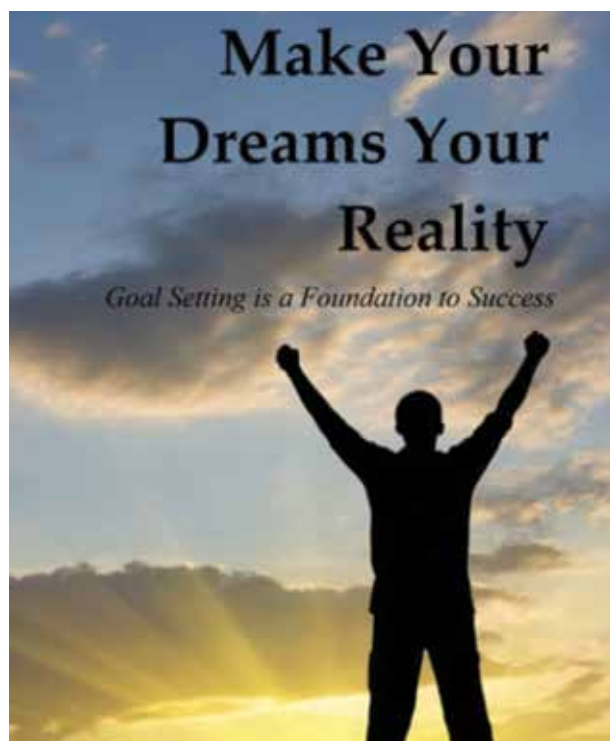
By Rtn. Harminder
Sethi, Secretary
RC Classic
Yamunanagar

Each encounter enriched her understanding of the world and expanded her dreams, intertwining them with the reality she was creating.

Through these adventures, she not only found herself but also recognized the power of resilience, hope, and the importance of pursuing one's passions. Returning home, she carried a treasure trove of memories and life lessons, ready to inspire others with her story.

In the end, she understood that life is a tapestry woven from dreams and experiences. Each thread, whether bright or dark, contributed to the beautiful picture of her journey. With renewed determination, she dedicated herself to helping others realize their dreams, proving that with courage and perseverance, anyone can transform their aspirations into reality.

As she often reminded herself and those around her, "Dreams are not just fantasies; they are the blueprints of our future." With this belief, she embraced each new day, knowing that the best was yet to come. She became a beacon of hope, encouraging others to dream boldly and pursue their passions, reinforcing the idea that dreams, when nurtured and pursued, have the power to shape our realities and elevate our lives.



ROTARY LEADERSHIP

Sangkoo Yun to be 2026-27 Rotary president

Sangkoo Yun, of the Rotary Club of Sae Hanyang in Seoul, Korea, has been selected as president of Rotary International for 2026-27. He will be the organization's second Korean president.

Yun received his bachelor's and master's degrees from the Syracuse University School of Architecture in the U.S. and an honorary doctoral degree from the University of Edinburgh in Scotland. He is the founder and CEO of Dongsuh Corp., which engineers and markets architectural materials, and the president of Youngan Corp., which operates in real estate and financial investment. He is involved in many civic organizations and has a special interest in the preservation of cultural heritage.

A Rotary member since 1987, Yun has served Rotary International as a director (2013-15), trustee (2018-22), committee member and chair, and RI learning facilitator. For eight years, he was co-chair of the Keep Mongolia Green project, initiated by Korean members of Rotary. His RI committee roles include the Board Administration, International Assembly, and End Polio Now Countdown to History Campaign committees. He also chaired The Rotary Foundation's Executive Committee and Programs Committee.

Yun received The Rotary Foundation's Distinguished Service Award in 2021-22. He was appointed an Officer of the Most Excellent Order of the British Empire by Queen Elizabeth II, awarded the Friend-



ship Medal by the president of Mongolia, and recognized for distinguished services by the president and prime minister of Korea. He is a veteran of the Republic of Korea Army and an emeritus elder at Andong Presbyterian Church.

Yun and his spouse, Eunsun, are Rotary Foundation Benefactors, Major Donors, and members of the Arch Klumph Society, the Paul Harris Society, and the Bequest Society. They have two adult children. — ETELKA LEHOCZKY



The Rotary Foundation transforms contributions into projects that change lives globally. Supporting causes like peace, disease

prevention, and education, it empowers communities to tackle pressing issues. Through grants, scholarships, and impactful initiatives, the Foundation unites Rotarians worldwide in creating sustainable solutions, fostering goodwill, and promoting humanitarian service for lasting global impact.

Timely reporting and collaboration are crucial, as they allow us to track progress and celebrate achievements. Let's also make an effort to attend district events and initiatives, which strengthen our bonds and broaden our reach. Together, we can make this year memorable and impactful.

Yours in Rotary,
Rtn. Anil Madan
 District Executive Secretary RID 3080

MESSAGE

As we progress through this Rotary year, I encourage each of you to embrace our shared goals with dedication and enthusiasm. Your efforts are the cornerstone of our district's impact, and your active participation brings our vision of service closer to reality. Let's ensure we communicate effectively, support one another, and stay aligned with our district objectives.

The power of giving is transformative, both for those who give and those who receive. When we give, we share more than resources; we share hope, compassion, and the potential for change. Giving bridges gaps, builds stronger communities, and creates a ripple effect of kindness that extends beyond boundaries. It reminds us of our shared humanity and empowers us to make a difference, however small, in someone else's life. The true power of giving lies not in the act itself, but in the impact it leaves and the spirit of generosity it ignites in others.

Yours in Rotary
Narender Pal Singh Bhola
 District Secretary RID 3080



PUNJAB GOVERNOR FLAGS OFF ROTARY'S DIWALI GIFT FOR JAWANS

ROTARIANS SEND 7 TONS OF DIWALI SWEETS FOR JAWANS ON BORDERS



Hon'ble Governor of Punjab and Administrator UT Chandigarh, Shri Gulab Chand Kataria flagged off the army trucks carrying gift of seven tons of Diwali Sweets for the jawans serving on borders, from the Rotarians.

This is the eighth year that Rotarians have been contributing funds to buy sweets and send it across to the jawans serving on the forward posts away from their families, which would be airlifted and distributed with the help of the Indian Army and Indian Air Force.

Hon'ble Shri Kataria commended the Rotarians for their most generous and well-thought out gesture to remember our jawans who stand guard to protect the sovereignty of our country in the most harsh weather conditions. "*Aap Hain to Hum Hain*", is the most appropriate tribute to them, he said.

Hon'ble Shri Kataria flagged off the army trucks from Punjab Raj Bhavan, which would carry the boxes of sweets to the IAF Base for

airlifting and delivering to the forward posts.

Present on the occasion were PRIP Rtn. Rajendra K. Saboo his spouse Usha Saboo, DG Rajpal Singh, PDG Madhukar Malhotra, RC Chandigarh President Jatinder Kapoor, Project Chair PP Anil Chadda, among others.

The programme was conceived eight years back by Mrs Usha Saboo wife of former Past Rotary International President Rtn. Rajendra K Saboo, who met a young soldier in the train during

holidays who was leaving for the border just before Diwali. She shared the idea with Rotary Club of Chandigarh who took up the project. This year Rotary Club Bombay, Rotary Club Mumbai Divas, and Rotary Bangalore Junction have consequently contributed for the project.

The students of Bhawan Vidyalaya collected over Rs.4 lakh for this project to send their best Diwali wishes to the Armymen and Inner Wheel Club Chandigarh also contributed Rs. 2 Lac.

DG Rtn. Rajpal Singh, expressed gratitude to every Rotarian in the district 3080 which comprises Chandigarh, parts of Punjab, Haryana, Himachal, UP and Uttarakhand for their overwhelming response to the project.

PDG Rtn. Madhukar Malhotra thanked the IAF fleet in Chandigarh which airlifts the consignment to different destinations in the country promptly.



DIWALI SWEETS TO JAWANS

MESSAGE RECEIVED FROM COL. DIGVIJAY SINGH FROM
HIGH ALTITUDE FORWARD AREAS

“Jai Hind Sir,

Sharing some photos, with more to follow as I receive them. Your thoughtful gesture has been deeply appreciated by everyone here. Knowing that you and your colleagues remember us strengthens the commitment of our soldiers even more.

WISHING YOU A VERY HAPPY DIWALI!

Warm regards
Digvijay





ROTARACT X ROADIES 3080

In a splendid gathering at the prestigious Punjab University Chandigarh, the esteemed Lavish Yadav graced an enchanting soir e hosted by the dynamic Rotaract community. The atmosphere was nothing short of electric, as the event transformed into a spectacular carnival of joy and exuberance. A kaleidoscope of engaging activities set the stage for what can only be described as a magnificent celebration of unbridled enthusiasm and pure delight, where every moment sparkled with vivacity and charm.

DIWALI CELEBRATION BY ZONE- 2

We had a wonderful fellowship event filled with fun and collaboration. The highlight was engaging everyone with games like 'Dog in the Pond,' 'True & Dare,' and 'Passing the Pass.' It was inspiring to work with Zone-2 clubs on promotion reels centered around the human chain, which we will post soon after editing. Sharing homemade food added a personal touch, bringing us all closer as we enjoyed each other's company. A truly memorable experience, strengthening bonds and fostering team spirit!"

Rtr. Prerna Sharma ADRR Zone-2 and rotaractors from Zone-2.



MENTAL HEALTH AWARENESS PROGRAM 3080

Rotaract District 3080 Marks World Mental Health Day with 'Self Expression' Event

October 10, 2024 – In recognition of World Mental Health Day, RID 3080, in collaboration with Mental Health Advocate and Hypnotherapist Akriti Goel, the founder of Akshar Training & consultancy organized an impactful event titled "Self-Expression" at the Garden of Fragrance, Sector 36, Chandigarh. The event focused on relaxation, stress management, and meditation, offering attendees practical exercises to promote mental well-being in their daily lives.

Speaking about the event, the leads noted, "As aspiring psychologists, we believe mental health matters. Self-acceptance is the foundation of our journey. Our goal is to ensure everyone knows 'you matter' and feels comfortable expressing their inner feelings.

18 MAGIC MAKERS NOVEMBER 2024

Empowering individuals to prioritize their mental health, happiness, and well-being, we strive to create a safe space for open conversations, self-acceptance, and accessible mental healthcare."

RID 3080 expresses gratitude to District Governor Rtn. Rajpal Singh, District Rotaract Committee Chair Rtn. Mohit Singla, and District Rotaract Representative Rtr. Shashank Kaushik along with all the participants for their support in making this initiative possible.



PGI VOLUNTEERS, DIWALI CELEBRATION, BY ZONE-3

The strike presented significant challenges, and Rotaractors quickly responded by stepping in to fill gaps, guiding patients, and offering compassionate care to both patients and their families. Their contribution highlighted the power of community service in maintaining public health services during difficult circumstances.

The volunteer initiative received strong support from District Governor Rtn. Rajpal Singh, District Rotaract Committee Chair Rtn. Mohit Singla, and District Rotaract Representative Rtr. Shashank



Kaushik, who expressed gratitude for the Rotaractors' quick response and dedication to helping others.

OUTGOING IDYE GUJARAT 3080

Under the enchanting autumn skies of Chandigarh, from the 4th through 7th of October, four spirited souls from District 3055's Rotaract Club of Mehsana embarked on a cultural celebration. The dynamic quartet—Rtr. Ramneek Kaur Bindra, Rtr. Megha Sultan, and Rtr. Harshpreet Singh & Rtr. Nikhil Chanalia.

Against the backdrop of Chandigarh's pristine



architecture and tree-lined avenues, these Rotaractors from District 3055 celebrated the divine festival of Navratri. The rhythmic beats of dandiya and the graceful movements of garba found a new home in Chandigarh, where the celebration beautifully merged with the city's contemporary charm. These ambassadors of District 3055 transformed their gathering into a festive spectacle, demonstrating how Rotaract bridges geographical boundaries through cultural celebrations. Through their joyous observance of the nine sacred nights, they exemplified the true spirit of fellowship that District 3055 is known for.



POWER OF SUB CONSCIOUS MIND

DR. HARLEEN KAUR
P.HD, D.SC.

**REIKI GRANDMASTER,
PAST LIFE REGRESSION THERAPIST,
NUMEROLOGIST,
LIFE COACH AND TRAINER**

M - 96342-74722

Everybody of us knows or at some point of time heard or experienced what is known as power of spoken word or power of sub conscious mind or the secret.

Down my memory lane around 20 years back, I came across a very beautiful book by Rhonda Byrne “The Secret”. That was the start of my education and career as a Healer or an Alternative Therapist. I will explain what was written in that book and what I have gathered in my experience of around 20 years of healing people by Alternative Therapies.

WHAT IS THE MIND AND WHAT IS THE BRAIN?

The brain is the part of our body which regulates all bodily functions through its neural pathways. The mind, is the complex of faculties involved in perceiving, remembering, considering, evaluating, and deciding. In other words, the mind is our thoughts, emotions, sensations, memory, perception, desires, reasoning, motives, choices, traits and the subconscious or mann.

So here I am going to explain about our subconscious mind. A huge power or I must say the strongest universal power resides in our subconscious. Some call it our soul. So, how do we access and then utilize that great power. Our conscious mind or *chetan-mann* is what is in our

control or the part that we use in doing our activities, the command the brain gives and our body reacts. Now what’s the subconscious or *avchetan-mann*?

LET’S START WITH AN EXAMPLE.

Sometimes we commute daily through the same road in our car.. sometimes we reach our workplace and feel that I just started, how did I reach, I texted also, talked on the phone also, applied brakes on the red light and still don’t feel the tiredness. The track we took daily got embedded in our subconscious mind, which drove the car and gave rest to the conscious awake mind.

NOW LET’S TALK ABOUT HOW TO USE THIS POWER.

THE POWER OF AFFIRMATIONS

What is meditation; what is prayer; what is intention; what is positive thinking or what is reiki; what is affirmation... All are the same; all lead to the subconscious.

When we go to our religious place and pray daily for the same thing what happens.. We stand in front of our Guru or Deity and convey the same line daily. Do you know you are conveying the same thing (like passing in an exam) to your subconscious mind and



your subconscious is listening and acting. Automatically you will be engaged in activities that lead to your desires, like you will start studying more, you will concentrate more and achieve what you want. There are thousands of examples which I cannot share here keeping in mind the length of the article.

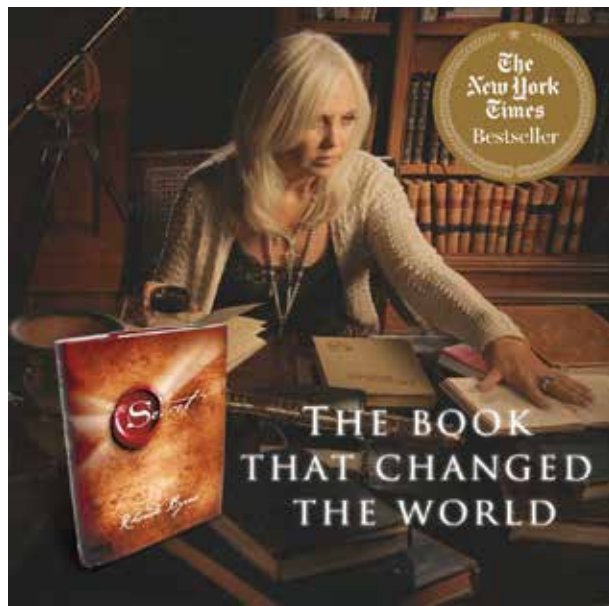
WHAT ARE AFFIRMATIONS?

Speaking positively for example I am Healthy, I am Contented, I am at Peace. If you are ill just keep on saying to yourself, I am healthy. If you are sad or depressed, just say I am Happy. If someone has hurt you say, I am at peace and take his/her name and say He/ She's at peace..

WHAT IS MEDITATION

The conscious mind likes to chatter away whether it's replaying something we said last night, worrying about our next mortgage payment, having an imaginary argument, fretting over how we look, planning what to eat for dinner, stressing about that big work deadline, or whatever else the busybody mind thinks over the course of its estimated 70,000 thoughts per day.

The subconscious or the deep mind thinks slowly, quietly and deeply. While our conscious mind always wants to be in some other time or place, our deep mind stays in the present, forever anchored in the here and now. While our conscious mind is always rationalizing, judging, fearing, habiting, addicting, impulsing, worrying, and stressing - our deep mind is always below, cool, calm, and collected. Sit in an upright position with or without your back supported according to your wish. Sit cross legged or with extended legs, totally your wish. Close your eyes and place your hands on your knees. Meditation doesn't mean to slow down your thoughts or stop them; it



WHAT IS THE MIND AND WHAT IS THE BRAIN? THE BRAIN IS THE PART OF OUR BODY WHICH REGULATES ALL BODILY FUNCTIONS THROUGH ITS NEURAL PATHWAYS. THE MIND, IS THE COMPLEX OF FACULTIES INVOLVED IN PERCEIVING, REMEMBERING, CONSIDERING, EVALUATING, AND DECIDING. IN OTHER WORDS, THE MIND IS OUR THOUGHTS, EMOTIONS, SENSATIONS, MEMORY, PERCEPTION, DESIRES, REASONING, MOTIVES, CHOICES, TRAITS AND THE SUBCONSCIOUS OR MANN.



means watching your thoughts, becoming familiar with your mind's activity without getting caught in it. Watch your breath as your chest rises and goes in. If your mind wanders, don't get frustrated but try to bring it back to the present, bring it back using your best anchor point in breathing (for someone it's chest rise). With time and practice we learn how to bring our running conscious mind to a halt. We find out that in some time the conscious mind will deplete its wandering energy and it will settle down and believe me it happens. With practice we learn "*thought observation*" that allows our deep subconscious mind to surface. The part of us that thinks slowly, which operates on gut feel, intuition and instinct, the part of us that always knows what's right.

Whenever we force sleep, we end up tossing and turning the whole night, so beginners, don't expect to get in a thought free mind of trance like state and don't force it. And once your skill sharpens, then the conscious mind will begin to quiet and the body will begin to relax on their own.

Lots of healing your way.

ALAKNANDA VALLEY



Donated Sanitary Pad Vending Machine at District Court Rudraprayag



Donated Desktop Computer at GGIC Maletha

AMBALA



Organized Kanya Pujan in Rukmini Devi Hall



Distributed Crackers, Sweets and Candles to underprivileged children living in slum areas on Diwali

AMBALA CENTRAL



Distributed Stationery Items to School



Diwali Celebration

AMBALA DIAMOND



Free Dental Camp at GRSD School

AMBALA INDUSTRIAL AREA



Deepawali Celebration at Farooka Khalsa Senior Secondary School Ambala Cantt

AMBALA MIDTOWN



Tree Plantation Drive



Blood Donation Camp

BADDI



Donated Wheel Chairs



Seminar on Leadership, Teamwork, and Community Service

BARARA



Organised Mammography Camp



BHAKRA NANGAL



Rotary Annapurna Rasoi at Civil Hospital



Medical Checkup & Stationary Distribution Camp

CHANDIGARH



Gifted 34 Computers to Govt Schools for setting up Computer Labs in schools.



End Polio Walk at Sukhna Lake

CHANDIGARH CENTRAL



Distributed High Protein Diet Packets to TB Patients



Blood Donation Camp

CHANDIGARH MIDTOWN



Health Camp at Maloya



Sewing and Tailoring Centre at Singhpura

CHANDIGARH PERIPHERY ZIRAKPUR



Cleanliness Drive at Zirakpur



Tree Plantation

CHANDIGARH TRICITY



Specially Abled Children Ramp Show held



CHANDIGARH UPTOWN



New Computer Center at Bhai Gurdas Public School, Panchkula
26 MAGIC MAKERS NOVEMBER 2024



Dental Check Up at Star Public School, Vill. Kajheri

CHEEKA



Diwali Celebration by Club



Donated Nutrition Kit

CLASSIC CHANDIGARH



Talk on Importance of Early Detection of Breast Cancer



Blood Donation Camp at Shemrock School

CLASSIC YAMUNANAGAR



Career Counselling Session



Anemia-Free India Program and RBSK check-up camp

DEHRA DUN



Food Packets to TB Patients



Counselling of TB Patients

DEHRA DUN CENTRAL



Half Marathon on World Mental Health Day



"End Polio Ride," a motorcycle rally

DOON VIKAS



Celebrated Diwali



E-CLUB OF DOON DISTRICT 3080



Tree Plantation Drive

HARDWAR



Yoga Session for Physical and Mental Health



The Health Checkup Camp

HARDWAR



Annapurna Day



Tree Plantation Drive

JAGADHRI NORTH



Nation Builder Award Ceremony



Celebrated Navratri Night

JIND MIDTOWN



Free Cancer Check-up Camp Organised



Diwali Celebration

KAITHAL



Distributed Sweets and Diyas on the occasion of Diwali



KALKA HERITAGE



Distributed 200 Boxes of Sweets to Army Jawans



Organised Diwali Mela at Kalka Cantt

KANKHAL



Dental Camp



Blood Donation Camp

KARNAL



Blood Donation Camp



Governor Official Visit

KARNAL MIDTOWN



Blood Donation Camp

KASAULI



Mega Health Camp - Medical & Eye Camp



KHARAR



Blood Donation Camp



PDG Rtn. Dr. Manmohan Singh being awarded Ph.D in Waste Management by Thapar Institute of Engineering and Technology, Patiala

KURUKSHETRA



Cancer Awareness and Detection Camp



LADWA



Diwali Mela Celebration



Diwali Mela with Group Dance Competition

MOHALI MIDTOWN



Blood Donation Camp



Attended Dinner in the Dark

MORINDA



Lucky Draw for Fund Raising



Rotary Bhavan, Morinda at Plastering Phase

MUSSOORIE



Megha Medical Camp - ENT, Eye, Skin & Cancer Patients Screened



Sweets Distributed to ITBP Jawans

NARAINGARH



Free Meal Service at Sai Rasoi

NAHAN



Seminar in School

NARWANA



Free Eye Clinic on Every Sunday



Seminar on Career Counseling and Menstrual Health

PANCHKULA



Celebrated Hoi Ashtami in Govt Hospital Panchkula



Distributed Eggs in Govt Hospital Panchkula

PANIPAT RAINBOW



Dental Checkup Camp



Blood Donation Camp

PAONTA SAHIB



Participated in Tibetan Youth Congress Rally with Tibetan Prime Minister



Showing Flag to Cycle Rally

PAONTA SAHIB



Donated Wheelchair to an Old Lady



Inaugurated NSS Camp as Chief Guest with Fellow Rotarians

PAONTA SAHIB



Tested Eye Sight of 300 Students



Awareness Talk By PDG Arun Sharma at School

PAONTA SAKHI



Blood Donation Camp



Mental Health Awareness Camp

PEHOWA



Organised Medical Camp



Club Members with Guru Gyananand Maharaj ji

PINJORE HILLS



Distributed Sweets to Jawans



RADAUR



Installation of Water Tank at Maharana Partap Park



Dipawali celebration with 60 families of Bricks Klin workers, by Distributing Sweets and Clothes

RISHIKESH DIVAS



Donated Almiraah and Sweets to School Children



Old Cloth Distribution Drive

ROOP NAGAR



Medical Camp in District Jail Roopnagar



Teachers' Day Celebration

RORKEE



Polio Drops to Newly Born Babies



Cleanliness and Pollution Awareness Drawing Competition

RORKEE CENTRAL



Celebrated World Post Day with all the Postmen of Roorkee Area at Main Post Office, Roorkee



RORKEE MIDTOWN



Providing Goods and Healthy Substitute to the TB Patients



RORKEE UPPER GANGES



RCRUG's Diwali Party was held at the terrace of Sandrosso Restaurant, Roorkee.

ROPAR CENTRAL



Sports Activities for Special Children



Women Empowerment by Skill Development Seminar

SAHARANPUR CONTINENTAL



Donated Cycle under School Chalo Abhiyan on Diwali



Blood Donation Camp where 36 Units collected

SAHARANPUR HARMONY



Tree Plantation



Diwali Celebrations

SHAHABAD MARKANDA



Mega Blood Donation Camp organised in which 98 Units Blood collected.

SHAHABAD MARKANDA



Diwali Celebration



SHAHABAD MARKANDA



Talent Reserch Program

SHIMLA



Candle Selling Stall at DAV Sr Sec School Lakkar Bazaar



Mega Clothes Distribution Drive

SHIMLA HILL QUEENS



Served Lunch to Inmates of Himachal Hospital Staff



Eye Checkup Camp

SHIMLA MIDTOWN



Honored 26 Safai Karamchari in presnce of Sh Virender Thakuar, MC



Distribution of LED Lamps

SOLAN



Blanket and Sweaters Donation Drive



Computer Donated at Govt. High School Kanah

YAMUNA NAGAR RIVIERA



Vaccination to 9 to 14 years 122 Girls Students of Shri Satya Sai Jagriti Vidya Mandir, Yamunanagar



Joint Project with Bhagwan Mahaveer Cancer Institute Jaipur Screened 155 Patients at Capital Hospital Yamunanagar.

YAMUNANAGAR



Distribution of Sanitary Pads



Distribution of Goods at Government School

MITIGATING ENVIRONMENTAL IMPACT



The year 2024 has been marked by unprecedented weather patterns in India. Record-breaking summer heatwaves followed by heavier-than-usual monsoons have left communities grappling with climate extremes. Now, as winter approaches, meteorologists are predicting an unusually harsh cold season. These erratic weather events are a direct consequence of climate change, driven by global warming, deforestation, industrial emissions and unregulated urban growth. As we face this growing crisis, Rotary International stands at the forefront of efforts to mitigate environmental damage, emphasizing community-led initiatives and advocating for sustainable practices.



By Rtn. SUDHIR SHARMA
SECRETARY
RC DEHRADUN CENTRAL

THE IMPACT OF CLIMATE CHANGE ON INDIA'S WEATHER PATTERNS

India's climate is intrinsically tied to its monsoon system which regulates the availability of water for agriculture, drinking and industrial purposes. However, in recent years, rising temperatures have exacerbated the intensity of these systems.

- Harsh Summers: Temperatures in many parts of the country soared beyond 48°C, leading to widespread heat-related

illnesses, water shortages and a higher risk of wildfires. Urban heat islands caused by dense construction and asphalt surfaces, have worsened these conditions, making cities nearly uninhabitable during peak summer months.

- **Heavy Monsoons:** The monsoon season, which brings much-needed rain has become unpredictable and more intense, resulting in flash floods and landslides, especially in northern regions like Himachal Pradesh, Uttarakhand and Kerala as well. Infrastructure in many areas has been unable to cope, displacing families and damaging crops.
- **Predicted Severe Winter:** As global weather patterns shift, many climatologists predict that India will face an unusually cold winter. For many rural communities and urban poor, the lack of proper insulation and heating solutions poses significant health risks.

ROTARY'S ROLE IN ENVIRONMENTAL MITIGATION

Rotary International, a global network committed to humanitarian causes has increasingly focused on climate change mitigation under its Environment focus area. Rotary promotes various projects aimed at reducing environmental degradation and building resilience in the face of changing weather patterns.

1. **Afforestation Projects:** Many Rotary clubs have organized mass tree plantation drives across India to combat deforestation, enhance biodiversity and improve air quality. These initiatives not only reduce carbon footprints but also provide natural solutions for temperature regulation and flood prevention.
2. **Water Conservation:** Recognizing the importance of water security, Rotary has led efforts in rainwater harvesting, groundwater recharge, and the construction of check dams. These projects ensure better water management, especially in areas where water scarcity is becoming critical.
3. **Awareness Campaigns:** Rotary clubs have been instrumental in conducting climate change awareness programmes for schools, communities and local governments. By educating people about energy conservation, waste management and the use of renewable energy, Rotary is helping citizens understand the importance of sustainable living.
4. **Clean Energy Initiatives:** Supporting the transition from fossil fuels to clean energy sources, Rotary has promoted solar energy adoption and the use of energy-efficient appliances in rural and urban settings. These measures are crucial for reducing greenhouse gas emissions that fuel global warming.

WHAT CAN WE DO IN OUR DAY-TO-DAY LIFE TO COMBAT CLIMATE CHANGE

While large-scale projects spearheaded by organizations like

Rotary are essential, the common man has a pivotal role to play in reducing the impacts of climate change. Here are some practical measures individuals can adopt:

- **Reduce Energy Consumption:** Switch to energy-efficient appliances, such as LED bulbs and solar water heaters. Limiting the use of air conditioners or operate them at 24°C and insulating homes can significantly reduce electricity consumption.
- **Use Rooftop Solar:** Solar power generates less than 2% of global electricity but its use is rising as the technology becomes more affordable and Central and State governments are providing heavy subsidies. Homeowners, utilities and those in developing regions must turn to solar as a clean energy alternative.
- **Adopt Sustainable Transportation:** Opt for public transport, carpooling, cycling or walking whenever possible. Reducing reliance on personal vehicles helps cut down on emissions from fossil fuels.
- **Practice Water Conservation:** Simple practices like fixing leaks, using water-efficient fixtures and harvesting rainwater can save significant amounts of water. Reusing greywater for gardening also helps reduce freshwater demand.
- **Limit Plastic Usage:** Single-use plastics are a major environmental pollutant. Switching to reusable bags, containers, and cutlery can greatly reduce plastic waste which often ends up in rivers and oceans, affecting marine life.
- **Support Local and Organic Agriculture:** Choosing to buy from local farmers reduces the carbon footprint of food transportation. Organic agriculture which avoids synthetic fertilizers and pesticides promotes healthier soil and ecosystems.
- **Participate in Community Green Initiatives:** Joining local environmental groups, participating in clean-up drives and advocating for green policies in your community, schools and households can have a profound collective impact. It's important to spread awareness in growing children at home and school.

EPILOGUE

The battle against climate change requires coordinated action from governments, organizations and individuals alike. In India, the extreme weather patterns of 2024 are a wake-up call that we must act now to prevent further devastation. Rotary's efforts in environmental mitigation are paving the way for sustainable solutions but the onus is also on each one of us to make small, meaningful changes in our everyday lives. By taking these steps, we can contribute to reducing the impacts of climate change and preserving the environment for future generations.

FROM THE EDITOR



MOHINDER PAUL GUPTA



**DON'T TALK,
JUST ACT.
DON'T SAY,
JUST SHOW.
DON'T PROMISE,
JUST PROVE.**



WALK YOUR TALK: ONE STEP AT A TIME

In Rotary, our motto “**Service Above Self**” isn’t just words; it’s a commitment we embrace in our lives, our communities, and our actions. To truly “**Walk Our Talk**,” we must align our values and words with tangible action—taking one thoughtful step at a time toward a better world.

Walking our talk requires a blend of authenticity, patience, and consistency. It’s about turning our vision into a journey of intentional actions, rather than being overwhelmed by the distance we still have to cover. Every project, initiative, and small contribution has the potential to change lives. By taking one small action every day, we reinforce our promises, building a legacy of trust and impact.

Here are some ways we, as Rotarians, can bring our ideals to life, one step at a time:

START LOCALLY - Our communities are where we can make the most immediate difference. Every local project—from organizing cleanups to supporting literacy—starts with a single step. These small actions build momentum and set a precedent for bigger achievements.

SET ACHIEVABLE GOALS - While it’s inspiring to dream big, we need to create achievable milestones. Whether it’s raising funds for a cause, providing educational resources, or starting a new community program, breaking large projects into manageable steps makes them easier to sustain and measure.

INVOLVE OTHERS - Walking the talk is even more meaningful when we inspire others to join us. Our families, friends, and fellow Rotarians can all contribute, helping us extend our reach and multiply our impact. Together, we create a chain reaction of positive change.

REFLECT ON PROGRESS - As we take each step, it’s essential to pause and reflect on our progress. Reflection helps us remain accountable and recognize the impact of our actions. By celebrating even small victories, we reinforce our commitment and feel motivated to keep moving forward.

ADAPT AND GROW - Walking the talk isn’t a one-time effort—it’s a journey that evolves. As we encounter new challenges and opportunities, our approach may need to shift. Embracing flexibility allows us to stay aligned with our mission and continually improve our service.

As Rotarians, we’ve committed to being changemakers. But real change doesn’t happen overnight; it’s a cumulative result of each step we take, every single day. Let’s continue to walk our talk, embodying Rotary’s values in every endeavor, one deliberate step at a time. In doing so, we build a legacy of trust, inspire others, and create a ripple effect that extends beyond our immediate reach.

Remember, every step counts. Let’s keep moving forward with purpose, integrity, and unwavering commitment.

Rtn. MEENAKSHI JAIN

PRESIDENT 2024-25, ROTARY CLUB, KARNAL



Rtn. Meenakshi Jain has been regularly attending 'Assemblies' and 'Conferences', whenever the same are being organized by Rotary Distt. 3080. She is married to Rtn. Prashant Jain, who is also a member of Rotary Club, Karnal and a Paul Harris Fellow and associated with a leading Jewellery House of Karnal. Both are blessed with a sweet Daughter 'Sneha' who is studying in 8th Standard.

Rtn. Meenakshi Jain President of Rotary Club, Karnal, hails out from Aligarh was born in 1975. She is 'Master of Arts' from Agra University and 'B.Ed' from Kurukshetra University. In addition to above, she has 'Textile Designing Diploma' and Degree in Music (Prabhakar) from Prayag Sangeet Samiti, Allahabad.

She Joined Rotary Club, Karnal a decade back and is a Paul Harris Fellow. Her Father in Law, Rtn. Dr. P.K. Jain is Chief General Manager in a big Dairy Plant at Karnal and a member of Rotary Club, Karnal, since 1993. He remained President of Club during 2001-02, Past Asstt. Governor, during 2018-19 and a Paul Harris Fellow (PHF +4). He has attended 5 Rotary International Conventions held at various places abroad.

During her current tenure as President of Club from July to October'24, besides inducting 5 new Rotarians and 1 Rotaractor, many impressive projects have been organized like Installation of a Water Cooler, Tree Plantation Camp in Liberty Complex, Annapurna Days in Subhadra Old Age Home & MD D Bal Bhawan (Orphanage), Teachers' /International Literacy Day and Blood Donation Camp in Kalpana Chawla Govt Medical College Karnal and many of them have been appreciated/awarded by Distt 3080.

Her Mother in Law, Late Smt. Sneha Jain, remained President of Inner Wheel Club, Karnal.

The entire family is religious and remains involved in various Social Activities, besides association in events/ projects being under taken by Rotary Club, Karnal. Her Sister in Law, Rtn. Kirti 'Jain' Grover is also a Rotarian and currently President of Rotary Club, Ludhiana Central RID 3070. She is also running a NGO viz 'Sneh Welfare Organisation' and doing Social Activities with 'Jeet Foundation, Ludhiana' too.

Rtn. Meenakshi Jain has been regularly attending 'Assemblies' and 'Conferences', whenever the same are being organized by Rotary Distt. 3080. She is married to Rtn. Prashant Jain, who is also a member of Rotary Club, Karnal and a Paul Harris Fellow and associated with a leading Jewellery House of Karnal. Both are blessed with a sweet Daughter 'Sneha' who is studying in 8th Standard.

Despite having degrees of MA, B.Ed, Rtn. Meenakshi Jain is looking after her family as a 'Homemaker' and simultaneously giving sufficient time for helping the needy masses of the Society and attending religious functions of Jain and Hindu Organisations.

BUNIYAAD

FOUNDATION INTERCITY



Rotary  | 

Rotary International District 3080

RI District 3080 Theme 2024 - 25 

BUNIYAAD

FOUNDATION INTERCITY

Host : Rotary Panipat South

Sunday 01 Dec, 2024 | 09:30 AM
Sham Bagh, Panipat

Registration : ₹ 1800/-

Rtn Navneet Goel : 98120 95385

Bank Details

A/c : Rotary Panipat South
A/c No : 60990587263
Bank : Bank of Maharashtra
IFSC : MAH0001011



Rtn Inderbir Kaur & DG Rajpal Singh
District Governor 2024-25

Deposit the registration amount and notify the above contact with the payment details.

Rotary  | 

Rotary International District 3080

RI District 3080 Theme 2024 - 25 

बुनियाद

FOUNDATION INTERCITY



PRID Ashok Mahajan
Past TRF Trustee
Chief Guest



Rtn Inderbir Kaur & DG Rajpal Singh
District Governor 2024-25

Sunday 01 Dec, 2024 | 09:30 AM
Sham Bagh, Panipat

Host : Rotary Panipat South





Rtn Ekshant Miglani
President, 2024-25A

Rtn Ashwani Sharma
President, 2024-25B

Rtn Ranjiv Chahal
President, 2024-25C

Rotary  | 

Rotary International District 3080

RI District 3080 Theme 2024 - 25 

बुनियाद

FOUNDATION INTERCITY



PDG Parmod Vij
Hon'ble M.L.A., Panipat City
Guest of Honor



Rtn Inderbir Kaur & DG Rajpal Singh
District Governor 2024-25

Sunday 01 Dec, 2024 | 09:30 AM
Sham Bagh, Panipat

Host : Rotary Panipat South





Rtn Ekshant Miglani
President, 2024-25A

Rtn Ashwani Sharma
President, 2024-25B

Rtn Ranjiv Chahal
President, 2024-25C

Rotary  | 

Rotary International District 3080

RI District 3080 Theme 2024 - 25 

बुनियाद

FOUNDATION INTERCITY



PDG Dr N. Subramanian
Regional Rotary Foundation Co-Ordinator
Keynote Speaker



Rtn Inderbir Kaur & DG Rajpal Singh
District Governor 2024-25

Sunday 01 Dec, 2024 | 09:30 AM
Sham Bagh, Panipat

Host : Rotary Panipat South





Rtn Ekshant Miglani
President, 2024-25A

Rtn Ashwani Sharma
President, 2024-25B

Rtn Ranjiv Chahal
President, 2024-25C