



**Rotary**  
District 3020



# PULSE 3020

Governor's Monthly Letter

**NOVEMBER  
2025**

**Issue No. 5**

**TOGETHER, WE  
END POLIO**



Francesco Arzoo  
RI President



Dr. V. Kalyan Chakraborty  
District Governor

**UNITE FOR GOOD**

## R. I. President's Message



*October is Rotary's Community Economic Development Month, a time to spotlight our efforts to help communities build thriving, sustainable futures. This month's observance aligns perfectly with the Rotary core value of leadership.*

*Leadership means empowering people to guide their own progress. That is precisely what Rotary's economic development projects aim to achieve.*

*Take, for example, a recent initiative in southern India in which Rotary members unlocked the power of women of the Adivasi tribal groups through sewing training to earn a living and regain social inclusion. Historically, widows and abandoned women in this region lose social standing and are shunned by society or blamed for their misfortunes. Opportunities to support themselves or obtain training are minimal.*

*This year, the Rotary Club of Windsor Roseland, Ontario, partnered with clubs in Districts 3203 and 3234 in India - and with the Indian organization Sevalaya Trust — to provide sewing machines and training to 80 Adivasi women. They learned to stitch saree blouses, kurta tunics, and salwar suits, enabling them to support themselves and their families. Each woman received a certificate for completing the program, and the sewing-machine provider offered free long-term maintenance for the machines. The project offered vital income and dignity to women ostracized by society after widowhood.*

*This story is one example of Rotary leadership in action: local people guiding solutions that address their community needs. Our role is not to deliver charity or to impose outside models, but to foster self-reliance by investing in leadership, skills, and sustainable enterprise.*

*This October, I invite Rotary members worldwide to reflect on economic leadership in their communities. Who is stepping forward to lead local economic initiatives? Where is there untapped talent that could be supported with training or mentorship? How can your club catalyze opportunity through partnerships with local businesses, vocational schools, or savings groups?*

*Leadership is not always about being visible. Sometimes it means listening, working collaboratively, and amplifying the voices of others. That approach lies at the heart of Rotary's philosophy and our lasting impact on economic development.*

*By building capacity - whether through microcredit groups, vocational training workshops, or entrepreneurship programs - we enable communities to lead their own transformation. When people take ownership of their progress, change becomes sustainable.*

*Let us lead with good intention and provide support with heart. By nurturing local leadership, we can create opportunities that ripple through communities, empowering individuals, families, and societies.*

*Together, we can support economies that work for everyone and enact community development projects that last.*

**FRANCESCO AREZZO**

RI President 2025-26



## *Message from DG*

Dear Rotarians and Friends

*Greetings!*

The Rotary Foundation truly symbolizes the heart of Rotary: our unwavering commitment to “Doing Good in the World.”

The Rotary Foundation is not just a fund; it is the soul of our movement. Every dollar contributed and every project supported reflects our faith in humanity and our belief in creating lasting change. Whether it’s eradicating polio, providing clean water, supporting education, or promoting peace, the Foundation empowers us to extend our compassion beyond boundaries.

Every year at the Foundation seminar we get an opportunity to learn, connect, and innovate - to explore how we can strengthen our giving, enhance transparency, and ensure that the impact of every contribution reaches those who need it most. Let us also remember that generosity is not about wealth; it’s about the will to serve.

I challenge each of our clubs this year to set ambitious goals for Foundation giving and participation in Global and District grants. Let’s inspire our members, engage our youth, and ignite a passion for service that will sustain Rotary for generations.

As we move forward, let’s reaffirm our dedication to the ideals of Rotary — fellowship, integrity, diversity, service, and leadership. Together, we hold the power to shape a more compassionate and equitable world.

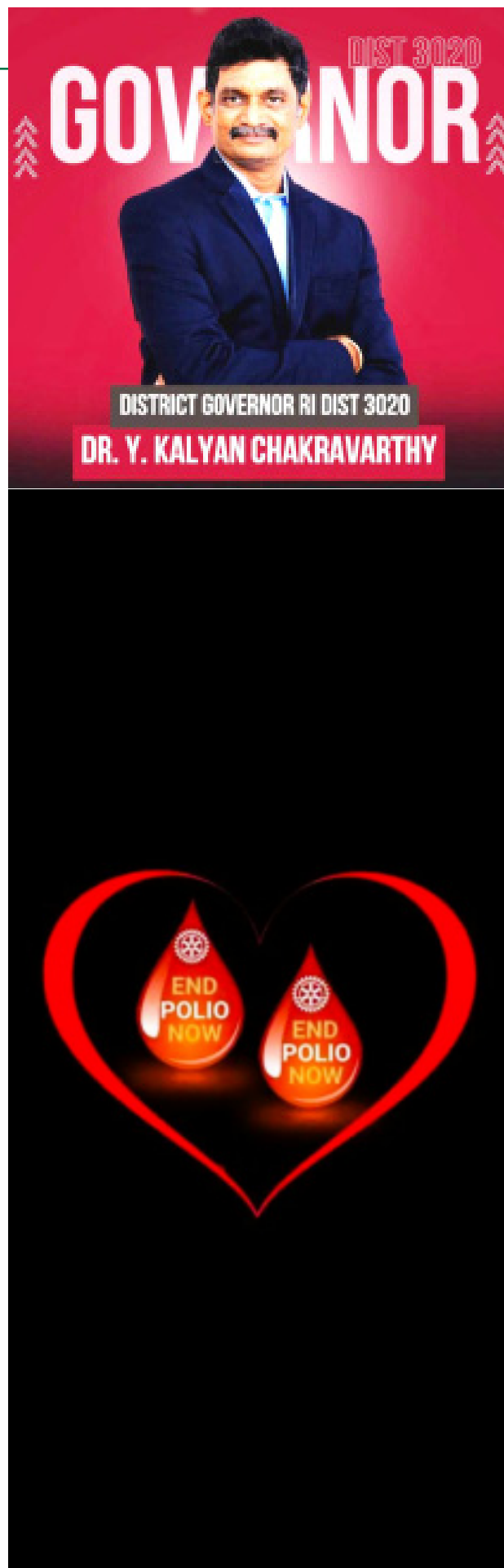
Thank you for your tireless efforts, your generosity, and your spirit of service. Let us continue to serve with purpose, lead with integrity, and give with joy.

Together, we are Rotary - and together, we are making a difference.

*Yours in Rotary Service*

**Dr Y Kalyan Chakravarthy**

District Governor, Rotary District 3020



## From the Editor's Desk

Dear Friends

Warm Rotary Greetings.

After a month of festivities we are back again serving the community with zeal although Rotary's work never actually stops. These past few months we have stayed committed to our vision of nurturing and serving humanity through every service project undertaken and executed successfully by the sheer hard work of Rotarians from District 3020.

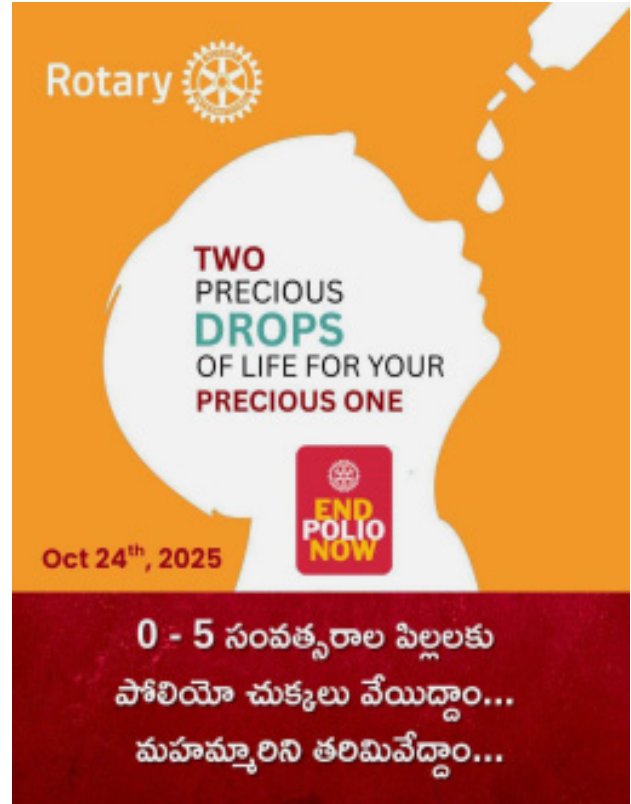
A month of meaningful experiences enriched both our minds and heart, serving to create lasting change in the community. The key highlights of this month was The Rotary Foundation Seminar at Vizianagaram, ushering in the Foundation Month of November and the extraordinary efforts of Rotary Clubs to commemorate World Polio Day.

Clubs joined hands to publicize the need for Eradicating Polio from the face of the Planet through rallies, workshops and awareness campaigns. While this happened the funding continued to flow from large hearted philanthropic Rotarians dedicated to the cause of "End Polio Now".

As we step into November we don't just think of the Foundation and humanitarian projects we also think of budding Interactors on whom the light that shines today will help blossom dedicated Rotarians of the future. Investing in GenNext through various projects that will ignite the young minds to service and inspire and instill leadership qualities, Rotary Members of RID 3020 join hands to celebrate World Interact Week from 1<sup>st</sup> to 7<sup>th</sup> November , not only widening the horizon of these kids but in the process energizing themselves.

Wishing Everyone A joyous Month of Service.

Yours in Rotary Service  
**Rtn. NANDINI SENGUPTA**  
Editor : PULSE 25-26 - RID 3020  
gml3020.2526@gmail.com



## Editorial Team

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It's time once again to remind ourselves how our gifts to The Rotary Foundation transforms lives both close to home and around the world. As Rotarians our common goal is to provide sustainable solutions for a variety of challenges faced by the world in order to leave a lasting impact. We help and work towards eradicating polio, promoting peace, reducing illiteracy, mal nutrition, and water problems among other things.

A stellar charity rating and strong financial oversight with a unique funding model ensures that the Rotary Foundation is one of the most trusted Foundations which utilises our funds judiciously to do life - changing work.

1.2 million Members work towards uplifting communities in need following the values and traditions of Rotary based upon the Four Way Test, the Avenues of Service, and Object of Rotary with commitment and integrity.

## AREAS OF FOCUS

Rotary's focus is on six areas to enhance both our local and global impact. They are

- Fighting disease
- Providing clean water
- Saving mothers and children
- Supporting education
- Growing local economies

## HISTORY OF THE ROTARY FOUNDATION

In 1917 RI President Arch C. Klumph proposed to set up an endowment "for the purpose of doing good in the world." This was during the Convention but it was in 1928 that it was renamed as The Rotary Foundation, eventually becoming a distinct entity within Rotary International. Its first gift was of \$500 to the International Society for Crippled Children. This organization was created by Rotarian Edgar F Allen.

With the death of Paul Harris in 1947 more contributions started flowing in and the Paul Harris Memorial Fund was created to build the Foundation.

### How the Foundation evolved over time:

1947: The Foundation established its first program, Fellowships for Advance Study, later known as Ambassadorial Scholarships.

1965-66: Three programs were launched: Group Study Exchange, Awards for Technical Training, and Grants for Activities in Keeping with the Objective of The Rotary Foundation, which was later called Matching Grants.

1978: Rotary introduced the Health, Hunger and Humanity (3-H) Grants. The first 3-H Grant funded a project to immunize 6 million children in the Philippines against polio.

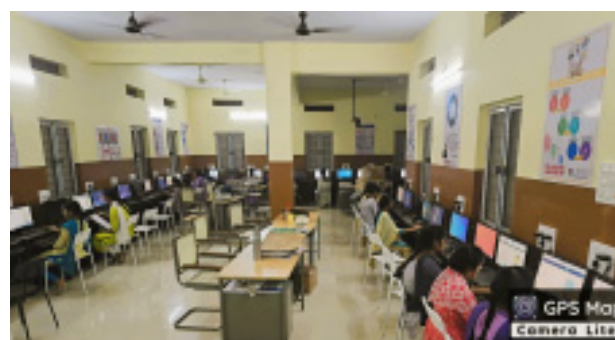
1985: The [Polio Plus program](#) was launched to eradicate polio worldwide.

1987-88: The first peace forums were held, leading to [Rotary Peace Fellowships](#).

2013: New [district, global, and packaged grants](#) enabled Rotarians worldwide to respond to the world's greatest needs.

Since the first donation of \$26.50 in 1917, the Foundation has received contributions totalling more than \$1 billion.

*Source: rotary.org*



# Rotary Foundation – Empowering Tribal Girl Education Through Global Grants

**"When You Empower a Girl, You Empower Generations"**

**"STEM HER FUTURE : Rotary District 3020 helping Tribal Girls by providing Digital Class Rooms, Science Labs, Computer Labs through Rotary Foundation Global Grants.**

The Rotary Foundation continues to be a beacon of hope, transforming lives across the world through its unwavering commitment to "Doing Good in the World." Its impact is being profoundly felt in Rotary International District 3020, where focused efforts toward education are bridging the opportunity gap for tribal girl students in remote regions of Andhra Pradesh.

One shining example of Rotary Foundation's support is the **Global Grant project of USD 90,000** implemented at the **Tribal Girls Residential School and Junior College in Vissannapeta**, where **620 tribal girl students** are pursuing their education. The project, funded through contributions from Rotary Foundation and partner clubs, established a **state-of-the-art STEM Laboratory, Computer Lab, and Digital Classrooms**. Alongside the infrastructure, teachers and students received intensive **training in digital learning and modern pedagogy**, helping them embrace technology with confidence.

The impact has been both measurable and inspiring. Even though the project was implemented midway through the academic year, the number of students securing admission into Engineering courses rose from 14 to 25 — with many earning placements in prestigious NITs and university campuses. This remarkable transformation stands as a testament to how Rotary's vision, when powered by the Rotary

Foundation, can unlock human potential and transform lives.

Encouraged by the success at Vissannapeta, our district embarked on the next chapter of this journey by extending similar support to the **Busarajupalli Tribal Girls Residential School and Junior College**, where **800 students** are studying. Through another **Global Grant project worth USD 117,000**, the institution is being equipped with **digital classrooms, STEM and computer labs, and comprehensive training modules** to ensure a well-rounded, technology-enabled education.

Our mission, however, does not end here. Inspired by the Rotary Foundation's ethos of sustainability and long-term impact, we have already initiated efforts to **mobilize USD 250,000** for our next projects—to support **Paderu and Bhadragiri Tribal Girls Residential Schools and Junior Colleges**. These campuses will soon witness the same transformational journey toward digital empowerment, scientific curiosity, and career readiness.

As Rotarians, we take immense pride in being catalysts of change—creating environments where young tribal girls not only dream big but have the tools to achieve those dreams. The Rotary Foundation remains our guiding force in this pursuit, turning compassion into action, and ensuring that every contribution leads to a brighter, more equitable future.

**Together, we are lighting up lives, one classroom at a time.**

**SUBBARAO RAVURI (Datta)**  
**DG 2023-24**





# The Rotary Foundation Seminar at Vizianagaram held on 26th October, hosted by RC Vizianagaram Central



# CSR and DISTRICT 3020

On the 7th of September 2025, Rotary District 3020 hosted a landmark event - the CSR Conclave 2025 at A Plus Convention, Vijayawada. An exclusive, invitation-only gathering... where vision met purpose, and partnerships for impactful change were born.

Over 200 distinguished delegates - including Chartered Accountants, Major Donors, and Rotary District Foundation Team, Past District Governors, industrialists, and CSR professionals - came together under one roof. The conclave created a vibrant platform for dialogue, collaboration, and building bridges between Rotary and the corporate world.

The conclave featured two insightful sessions that inspired new possibilities for transformative CSR Partnerships.

Session One focused on Understanding the Rotary CSR Framework - led by eminent speakers from the Rotary International South Asia Office, Zonal Foundation Leaders and Past District Governors. They demystified the CSR process and showcased how Rotary ensures transparency, sustainability, value addition and measurable impact in every initiative. Corporates at the same time discovered why Rotary is the Partner of choice in driving meaningful social change.

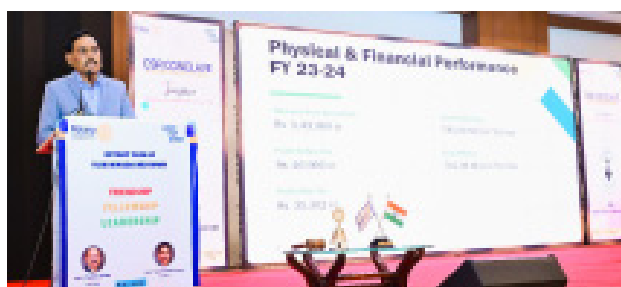
Session Two brought powerful Corporate and Professional Perspectives on CSR. Industry leaders from TCS, Coal India, AP Chambers, and a leading Chartered Accountant managing CSR compliance for over 60 companies shared their insights on CSR priorities, compliance expectations, and the evolving role of NGOs and Rotary in fulfilling corporate social responsibilities.

The impact of the conclave was both tangible and far-reaching. Participants gained a clear understanding of the Rotary India CSR process, actively sought clarifications, and expressed readiness to engage with nearby companies for CSR collaborations. The Director (Finance), South, Eastern Coalfields Limited (CIL), conveyed willingness to partner with Rotary for CSR initiatives in Madhya Pradesh and Chhattisgarh. While a leading Chartered Accountant pledged to recommend Rotary's CSR partnership model to over 60 client companies, the Regional Head of CSR at TCS showed strong interest in collaborating on literacy and education programs. Rotary District 3020 has thereafter initiated communication with TCS.

Meanwhile, the President of AP Chambers of Commerce reaffirmed their commitment under the MOU signed with Rotary District 3020, assuring that member corporates would be encouraged to channel their CSR initiatives through Rotary. Several industrialists also appreciated Rotary's transparent processes and expressed intent to explore future partnerships.

More than just an event, the CSR Conclave strengthened Rotary's credibility as a trusted CSR Partner - igniting new alliances that promise to uplift communities and transform lives. Rotary District 3020's CSR Conclave 2025 marked a milestone in fostering impactful partnerships for nation-building.

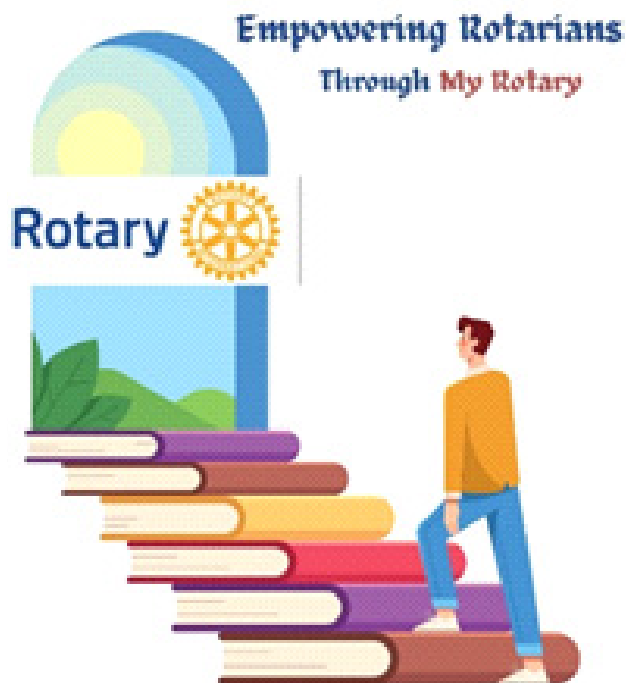
Together, with corporates and professionals, Rotary continues its journey to create hope, drive progress, and make a difference where it matters the most.





# Raise for Rotary

(<https://raise.rotary.org>)



Raise for Rotary is a branded, peer-to-peer (P2P) fundraising platform designed by Rotary International / The Rotary Foundation. In simple terms: individuals, teams, clubs or districts can set up an online fundraising page (for a specific occasion, event, challenge, celebration, memorial, etc.), link it to one of the Foundation's cause-areas (Polio, Disaster Response, the World Fund, the Areas of Focus etc.), share it with their networks, and collect donations that go directly into the Rotary Foundation's funds.

## Why it matters

Here are several reasons why Raise for Rotary is a timely and useful tool:

- **Expands donor reach:** Traditional club/district fundraising often stays within the club's network. Raise for Rotary enables outreach into broader social media networks, friends, family, colleagues, etc., and is geared especially to younger, socially-connected audiences.
- **Recognition & integration:** Donations made via this platform count toward individual donor credit in Rotary's system (if donor uses correct email/identifier) – which means recognition (Paul Harris Fellow points, etc) is maintained. Traditional generic crowdfunding platforms often don't transmit donor credit.
- **Lower friction / better branding:** Because it's Rotary's own platform, it is integrated, Rotarybranded, and minimizes dependence on thirdparty generic crowdfunding platforms (with extra fees, mismatched recognition, etc).
- **Flexibility of occasions:** You're not limited to a single service project – the tool allows celebrations (birthdays, weddings), commemorations, athletic challenges, personal/team milestones etc. This helps engage younger members and their networks who might respond to an occasionbased ask rather than a "give to club project" ask.

- **Global & multi-currency:** The platform accepts multiple currencies and is available across many countries (though there are some limitations).

## How Raise for Rotary Works (step-by-step)

Here's how one can start a fundraiser via Raise for Rotary:

1. **Choose your occasion** – Decide what the fundraiser is about: for example, a birthday, wedding, athletic event (run, cycle, hike), memorial, personal challenge, or create your own event.
2. **Foundation cause/fund** that the donations will go to: options include PolioPlus (ending polio), Disaster Response Fund, World Fund, and the Areas of Focus (Basic Education & Literacy; Peacebuilding; Disease Prevention; Water & Sanitation; Maternal & Child Health; Community Economic Development; The Environment).
3. **Set your fundraising goal & create your page** – On the platform, you or your team set a goal amount, add title/description, perhaps an image or video, and decide whether it is an individual or team fundraiser.
4. **Share & promote** – Use the link/QR code/email/social media to invite supporters (family, friends, colleagues, club members). Update your fundraiser with progress, photos, thank-yous, milestones. The more visible and compelling, the better.
5. **Receive donations** – Donors give online (credit/debit cards) via the platform (and in some jurisdictions by check, per guidelines). Donations are directed to The Rotary Foundation.
6. **Credit & recognition** – Donors using the proper email/account will receive donor credit in Rotary systems; non-members can also donate and (with proper set-up) their giving can be credited toward a club if relevant.
7. **Track & thank** – As fundraiser you can monitor progress, adjust goals or timeline if desired, and importantly thank supporters and share updates to maintain momentum.

## Conclusion

Raise for Rotary offers your club a modern, engaging, and scalable way to fundraise for Rotary's major causes. With your storytelling and humour style, you can make the campaign lively, social-media friendly, and far more than a simple "ask for money" — instead an experience, a challenge, a story people want to share.

*This Article is contributed by*

**Rtn. VINAY GANDHI B.**

My Rotary Chair 2025-26

RI Dist. 3020

# Service Projects





# **Cervical Cancer Vaccine : A Necessity not an Option The Preventable Killer**

Across the world, Rotarians have dedicated themselves to the noble cause of eradicating cervical cancer by providing access to the cervical cancer vaccine - sometimes free of cost and at other times at subsidized rates. This initiative is an integral part of Rotary's vision to empower girls and women through good health and increased awareness about this preventable disease.

Despite significant medical advancements, many people remain unaware that cervical cancer can not only be detected early but also prevented through timely vaccination. Recognizing this gap, Rotary clubs in District 3020 have taken up this monumental mission, striving to save countless lives and reduce the incidence of cervical cancer in our communities.

Rtn. Dr. Suman Das, a dedicated Rotarian and passionate advocate for women's health, shares with us today the importance, impact, and reality of the cervical cancer.

**All over the world Rotarians have dedicated themselves towards this great cause of providing cervical cancer vaccine , sometimes free of cost and sometimes at a subsidised cost as a part of Rotary's vision to empower girls and women through good health and awareness about the disease. Many are still unaware that such a disease exists or how it can be prevented. Rotary clubs have undertaken this mammoth task in District 3020 too and we hope to save many lives in the process and reduce the cases of cervical cancer.**

**Dr Suman Das, a Rotarian himself shares the reality of this vaccine with us today.**

The word cancer is like a monster which has taken the lives of many of our friends and relatives. Hence the word vaccine for cancer comes as a relief for many but the fear still persists as also the myths about the injections. People often wonder whether

all kids need to be given the vaccine or only girls are to be given or only ladies. They also wonder whether the shot is safe or would it be dangerous in future. There are many questions that pop up in our minds and hence I have provided the information in terms of questions and answers as they might occur to you, dear friends. This is for parents, teens, and anyone wondering whether it's worth knowing about the vaccine.

## **Q: What is HPV Vaccine?**

The Human Papilloma Virus (HPV) Vaccine acts against the virus. The virus is responsible for cervical cancer in female, oropharyngeal cancers, warts etc. Although it doesn't give absolute protection against the cancer it would protect you from the infection and indirectly can save you from the cancer. This vaccine isn't a cure for cancer, but it's like a shield that stops most HPV infections before they start troubling you.

## **Q : Should we take the cervical cancer vaccine?**

A : Absolutely, yes—if you're in the right age group and haven't had it yet. HPV causes about 90% of cervical cancers, and in India, that's over 100,000 cases a year—mostly in women under 50. Getting the shot can cut your risk by up to 90% for the worst types. It's safe, cheap in the long run (beats treating cancer), and recommended by big health groups like the WHO and India's Health ministry. If you're a parent, think of it as protecting your kids from a sneaky virus they might pick up later in life. As they say prevention is better than cure!

## **Q : What is the age and what are the doses for different age groups?**

A : The vaccine works best when given early, but it's okay up to older ages too. Here's the simple breakdown based on what doctors in India and worldwide say:

**Ages 9-14:** Just 2 doses. First shot, then the second one 6-12 months later. This is the sweet spot for kids.

**Ages 15-26:** 3 doses. First at month 0, second at month 2, third at month 6.

**Ages 27-45:** Still 3 doses, same schedule, but talk to your doc first—it's approved but not always "routine" since exposure might have happened.

In India, it's available at government centres for girls 9-14 (free in some states), or in private clinics for everyone. **Boys get the same schedule.**

**Q : Which age is safe to administer and why?**

A : The safest and most effective age is 9-14 years old—before kids become sexually active.

**Why?**

A : At this age, the body builds super-strong protection (antibodies) against HPV, and most folks haven't been exposed yet. It's like vaccinating before the storm hits. Giving it earlier (even at 9) is fine and safe; studies show no issues. After 15, it still helps a ton, but the boost is a bit less if someone's already had HPV. For older adults, it's safe too, but check with a doctor to see if it's needed.

**Bottom line: Earlier the Better, an armour against cancer down the road.**

**Q : What are the side effects of the cervical cancer vaccine?**

A : Mostly mild stuff that goes away quick—like a flu shot on a bad day.

**Common side effects after a shot:**

- Sore arm, redness, or swelling where the shot goes in (happens to about 80% but lasts 1-2 days).
- Mild fever, headache, or feeling tired (in 10-20% of people).
- Rarely, dizziness or nausea right after the shot—But sit down for 15 minutes if you're worried.

No great pain, and you can take paracetamol if needed.

**Note: Millions of doses given worldwide, and serious issues are super rare (less than 1 in a million).**

**Q : Are there any major complications, like the scary stories people said about the COVID vaccine?**

A : Nope, nothing like those COVID myths—no links to infertility, heart problems, or cancer. Those HPV fears (like causing autoimmune diseases or paralysis) come from old rumours or tiny case reports, but huge studies with billions of doses show its bunk. For example, **no rise in miscarriages, no brain issues, and it doesn't interfere with ovaries.** The vaccine's been around since 2006, watched by groups like CDC and WHO—safer than driving to work. COVID shots had their own (mild) side effects, but HPV's even gentler.

**If you're vaccine-shy, remember: the real risk is the cancer it prevents, not the shot.**

**Q : Can boys be given the cervical cancer vaccine?**

A : Yes, 100% - and they should be given! HPV doesn't just hit girls; it causes penile, anal, and throat cancers in men, plus genital warts. Boys get the same protection as girls, and vaccinating them stops the virus from spreading to partners. In India, it's now pushed for boys too (ages 9-14 ideal), especially with new gender-neutral programs. It's a win win for families—protects everyone without extra hassle.

**Q : Should we give the quadrivalent or nanovalent vaccine?**

A : First of all, I think you mean quadrivalent (covers 4 HPV types) vs. nanovalent (covers 9)

Quadrivalent (like older Gardasil or India's Cervavac): Hits the top 4 bad guys (types 6, 11, 16, 18)—great for cervical cancer and warts. Cheaper and enough for most.

Nonavalent (Gardasil 9): Covers those 4 plus 5 more (31, 33, 45, 52, 58)—blocks about 90% of

HPV cancers vs. 70% for quadrivalent which is better if you want maximum coverage.

Go nonavalent if you can afford it (10,000-15,000 for the course in India); otherwise, quadrivalent is solid and widely used. Both are safe—pick, based on budget and doctor's advice.

**Q : Is the Indian made Cervarac equally safe as Gardasil, the original product?**

A : Cervavac, the new Indian-made one from Serum Institute. It's quadrivalent (like the original Gardasil) and trials show it's just as safe and effective—no big differences in side effects or protection. A big 2024 study in India proved Cervavac is “non-inferior” to Gardasil, meaning it works at least as well in kids 9-14. It's cheaper too and made here for wider reach. Both are top-notch; go local to save cash without worry.

With this I hope to have answered all the relevant queries in your minds related to cervical cancer vaccine. If any more queries are there please feel free to reach out to me.

by **Rtn. Dr. SUMAN DAS**

RC Waltair

Senior Consultant Radiation Oncologist :  
Apollo Cancer Centre, Vizag

Email : [contact@drsumandas.com](mailto:contact@drsumandas.com)

Mobile : 8978418762



**FACTS:**

1. Women diagnosed with cervical cancer are almost twice as likely to die as those diagnosed with breast cancer. Yet it is treatable.
2. About 90 % of the women are killed by cervical cancer, and the number was more than 340,000 worldwide in 2020. Common trends are that these women live in low and middle income countries where access to prevention, screening and treatment is severely limited. Also reproductive care remains a taboo.
3. The Rotary Foundation has awarded more than \$ 10.3 million grant funding for cervical cancer projects since 2014. This is your Foundation money at work and it is granted to evidence based programs that align with at least one of Rotary's causes.
4. Create awareness this January which is the Cervical Cancer Awareness Month with rallies, talks and distribution of vaccines.

Source : [rotary.org](http://rotary.org)





# THE POLIO EPIDEMIC

**THE POLIO EPIDEMIC** that afflicted Copenhagen in 1952 was centuries in the making. Ancient Egyptian paintings and carvings, including an engraved stone slab at the Glyptoteket museum in Copenhagen, depict people with shrunken limbs, an indication that they may have been stricken with poliomyelitis. Fast forward to 1773 when Sir Walter Scott, while still an infant, was stricken with a fever, during which he (as the Scottish writer put it) “lost the power of my right leg.” Though he recovered to some extent, Scott would walk with a limp for the rest of his life.

Despite this evidence that polio had existed for thousands of years, it largely went undiagnosed for almost as long. The Greek physician and philosopher Hippocrates may be known as the Father of Medicine, but he failed to include polio in his list of infectious diseases. It would be more than 2,000 years before scientists first began to identify polio and catalog its impact on people’s health. “The disease is thought to have been ‘endemic,’ meaning that it was widely present,” writes Hannah Wunsch. “But because it seemed to cause little paralysis, it generally went unnoticed. ... There were no epidemics, but polio was lying in wait, biding its time.”

If polio was antediluvian, its remedy is of more recent vintage. A significant breakthrough occurred a mere 97 years ago, shortly after Philip Drinker visited a Boston hospital ward occupied by children dying from polio. A professor of industrial hygiene at the Harvard School for Public Health, Drinker had been investigating ways to resuscitate workers who had suffered occupational injuries, such as electric shock or gas poisoning.

The visit to the children’s polio ward, and the indelible images of “the small blue faces, the terrible gasping for air,” changed Drinker’s focus. He and his partner, Louis Agassiz Shaw Jr., made modifications to their respirator, and on 13 October 1928, Bertha Richard, diagnosed with polio and struggling to breathe, was placed in the machine. The 8-year-old girl was soon able to, as she said, “breathe bigger,” but after six days she succumbed to pneumonia.

One of the next polio patients to benefit from this new invention was a Harvard undergrad named Barrett Hoyt. In September 1929, after only a brief time in Drinker and Shaw’s machine, Hoyt, who moments earlier had been blue-faced and gasping for air, spoke two words: “I breathe.” Not only did Hoyt breathe, but, after four weeks in the machine, he recovered and lived another 44 years. “Suddenly, respiratory failure was not a death sentence,” writes Wunsch. “The monster metal device” — soon dubbed the “iron lung” — “was about to become synonymous with the treatment of polio. The relationship between human and machine had been irrevocably changed.”

• **AS SHE WAS WORKING ON** what would become *The Autumn Ghost* — the book where all these polio stories appear — Hannah Wunsch had one perplexing concern. “I’m going to have to find a way to help readers figure out why this matters: why mechanical ventilators are important, why intensive care matters,” she says, thinking back to the days when she was still “doing research and sort of scratching around” on her book. “This whole world is obviously important, always there day to day, taking care of millions of people worldwide. But there wasn’t that sense of ‘Isn’t this

incredible?’ I was writing this book that was in the dark crevices of medical history. That interested me, but how was I going to convince others that it was interesting too?’

And then, in 2020, the pandemic hit. “Suddenly,” says Wunsch, “this book felt so relevant because of the fact that everybody was focused on these resources and the people who delivered this care. The parallels were remarkable: the horror of living it and the fear of running out of ventilators. It felt extraordinary how close we actually teetered to the edge of essentially returning to pre-1952 care, where people were just put in the corner and given a bit of oxygen and that was all you could do for them.”

That 1952 touchstone is crucial for Wunsch. Though it ranges across several decades and artfully weaves together numerous “tendrils of events” (Wunsch’s phrase), *The Autumn Ghost* is primarily about the polio epidemic that descended upon Copenhagen in 1952. (The book takes its title from the fact that, in Denmark and other Scandinavian countries, the polio season began as summer concluded and the autumnal equinox approached.) But as suggested by its subtitle — *How the Battle Against a Polio Epidemic Revolutionized Modern Medical Care* — the book is also about the breakthroughs in patient care that followed and that today can seem so unremarkable. Chief among them is that essential place where “patients might seek a reprieve from death: the ICU.”

“Whenever I was in [the intensive care unit], I never took it for granted,” says Wunsch, an anesthesiologist and professor at Weill Cornell Medicine in New York City. “I would hook up this machine and walk away and this person would continue to breathe. It would seem just extraordinary.”

**BESIDES HER MEDICAL** expertise and her capacity for wonder, Wunsch brings

another crucial skill to *The Autumn Ghost*: She is a superb storyteller with a background in theater. (Based on the memoir of a World War II cryptographer, her play *Silk or Cyanide* got a staged reading in London this past year.) Those abilities serve her well as she unfolds a story packed with drama and inhabited by a vast cast of characters.

The primary setting for that story is Copenhagen’s Blegdam Hospital, where the principal characters are two doctors: Henry Cai Alexander Lassen, the hospital’s imperious chief, and Bjørn Ibsen, an insightful anesthesiologist capable of envisioning remedial possibilities that lie beyond the confines of his specialty.

When the hospital is overwhelmed by polio patients, many of them seemingly doomed to die, Ibsen, with Lassen’s begrudging blessing, contrives a medical intervention that allows patients to continue breathing as they strive to overcome polio’s initial onslaught (See “Vivi Ebert is going to die ...,” page 36).

Aided by a squadron of medical students, who hand ventilate patients around the clock, the doctors at the Blegdam emerge from their polio ordeal better equipped to handle the next medical emergency, whatever it might be. Their innovations in care, tested on the frontlines, “spread across Europe and then into the rest of the world, changing the concept of who could be rescued,” writes Wunsch. “The possibilities were suddenly endless.”

While the Blegdam and its doctors and patients may occupy center stage, there are numerous other related stories in *The Autumn Ghost*. (It’s one of the book’s charms.) Chief among these may be what Wunsch calls the “parallel story”: the pursuit of a polio vaccine. “All [the doctors at the Blegdam] wanted was something that would prevent this entire scenario,” she says, referring to a hospital besieged by polio patients. “We get this

development of ventilators and intensive care and all of that only because the doctors don't have what they actually want, which is a vaccine." Readers of *The Autumn Ghost* can expect to follow the race to develop that vaccine, though because, as Wunsch admits, it's a story that's been told before, it's not the focus of her narrative.

**DESPITE THAT, WUNSCH IS** quick to extol the polio vaccines developed by Jonas Salk and Albert Sabin as among the greatest of medical achievements. "Everybody I spoke to who lived through that era would say, 'Thank God for the vaccine,'" recalls Wunsch. "Even the people I interviewed who had polio in 1952, every one of them would say, 'It didn't benefit me, but thank God for that vaccine. My children and grandchildren don't have to worry about polio anymore.' The gratitude for that shift and that ability to eradicate a disease like polio was always there."

Which is why Wunsch worries about the pervasive "nonchalance" about polio among some people today, particularly in countries where the disease no longer exists. "The idea that we're not all interconnected is crazy," she insists. "Everybody should care about the polio eradication efforts in Pakistan. Because all it takes is one person from that region getting on a plane and ending up in New York at the wrong moment and it all falls apart. It gives me nightmares, the idea that my hospital could see

a case of polio. It's just devastating — so you can't let up on that vigilance."

From Wunsch's perspective, another newly arisen specter looms that also frightens her. "The questioning of basic facts that are scientific, the manipulation of data and studies to say something other than what they say: All of that is very, very scary," she says. "It feels like we are getting into a sort of factless world where some of these basics are not being accepted."

It's not just the mistrust or misuse of science that scares Wunsch, but the potential repercussions of such attitudes and actions. "The world will turn into a very different place if organizations like Rotary, the Gates Foundation, and others that are working to eradicate polio can't do their job because of too much pushback," Wunsch says. "I really hope we can figure out a way to reach people and help them understand that vaccines are one of the most extraordinary achievements of the 20th century."

Time spent reading *The Autumn Ghost* may help accomplish just that.

Source : *Rotary Magazine*



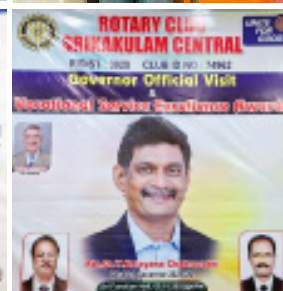
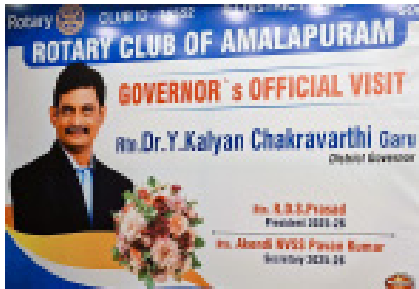


# District Governor's Official Visits





# District Governor's Official Visits



# World Polio Day - Dist. 3020 Rotarians



Rotary, Rotaract, Interact Clubs AND INNERWHEEL OF VIZIANAGARAM

**2 k.m. Polio Walk**  
This tradition will begin in Vizianagaram

**DANCES ON POLIO THEME**  
BY INTERACT CLUBS OF NARASIMHAPUR & LINGAMPUR

**Flash Mobs**  
By Balu-Gowri Swathi

**TALKS ON POLIO**  
By Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy

**WORLD POLIO DAY**  
24th October

**WORLD POLIO DAY 24 OCTOBER**

**CLUB VIZIANAGARAM**

**END POLIO NOW**

Rotary, Rotaract, Interact

Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy

**Rotary**

**WORLD POLIO DAY**  
24 OCTOBER 2020

**ROTARY CLUB OF VISAKHAPATNAM**  
Established 1942 R.I. Dist. 3020 Charter No: 15614

Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy

**Rotary**

**ROTARY CLUB, RAJAM TOWN**

**TOGETHER, WE END POLIO**

**JOIN THE MISSION. STOP THE TRANSMISSION**

Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy

**ROTARY CLUB SRIKAKULAM CENTRAL**  
R.I. DIST. 3020 CLUB ID NO: 74962

**WORLD POLIO DAY 24th October**

**Rally**

**THE Raymond SHOP** G.T. Road, Srikakulam **THE Raymond SHOP**



**WORLD POLIO DAY 24th OCTOBER**

**END POLIO NOW**

Rotary, Rotaract, Interact

Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy

**ROTARY, ROTARACT, INTERACT AND INNERWHEEL CLUBS OF VIZIANAGARAM**

**WORLD POLIO DAY**  
24 October

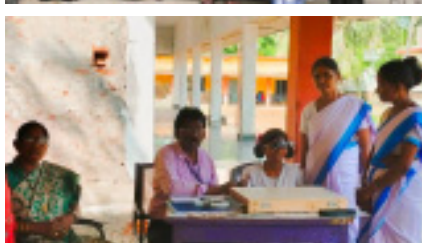
**THANK YOU ROTARY I NEVER GOT POLIO**

**Come join us and be a warrior of Polio Eradication**

Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy, Dr. P. Srinivas Reddy











## రోటరీ సభ్యుల ఆధ్వర్యంలో పోలియో దినోత్సవ ర్యాలీ, సదస్సు



రాజాం, అక్టోబరు 24 (పిపుల్స్ విజన్) ప్రపంచ పోలియో దినోత్సవం సందర్భంగా రోటరీ క్లబ్ రాజాం టౌన్ ఆధ్వర్యంలో తులసారం 'పోలియో వ్యాధి నివారణ' పై ర్యాలీ జరిగింది. రోటరీ క్లబ్ అధ్యక్షులు గట్టి పాపరావు, కార్యదర్శి ఎన్. వసంతరావు, సభ్యులు అశోక్ రామారావు, కొల్లా వృద్ధిరావు, కొల్లా మధుసూదనరావు, మేగడ మల్లికార్జున, అరేతుని హెచ్ జయదేవ్, మత్త అప్పలనాయుడు, తిని అయ్యలకుమార్, ఎన్. శ్రీనివాసరావు, శిమశుర్తి హైహసరావు, అల్లూర జనార్దనరావు, అర్. శ్రీవల్లి తదితరుల ఆధ్వర్యంలో జరిగిన ర్యాలీలో విద్యార్థులు, అశా, హెల్త్ వర్కర్లు పాల్గొన్నారు. కార్యక్రమంలో అభ్యుదయ హెల్త్ సెంటర్ వైద్యునికారి యు. కిరణ్కుమార్ మాట్లాడుతూ, పోలియో నిర్మూలన అందరి బ్యేయం కావాలన్నారు. కార్యక్రమంలో భాగంగా మహిళా అరోగ్య కార్యకర్త విజయలక్ష్మి అశా వర్కర్ టి. పార్వతి, అంగవార్డీ వర్కర్ ఎం. శ్రీదేవి లను సత్కరించారు.

యజ్ఞంప్రపంచ పోలియో దినోత్సవం - రోటరీ యొక్క విశ్వ సేవా

ప్రపంచ పోలియో దినోత్సవం సందర్భంగా రోటరీ క్లబ్ రాజాం టౌన్ ఆధ్వర్యంలో నిర్వహించిన ర్యాలీలో పట్టుట ప్రాథమిక ఆరోగ్య కేంద్రం, అదర్సనగర్ వైద్యాధికారి డాక్టర్ యు. కిరణ్ కుమార్ ముఖ్య అతిథిగా పాల్గొని

మాట్లాడుతూ ప్రపంచవ్యాప్తంగా పోలియో వ్యాధిని నిర్మూలించేందుకు రోటరీ ఇంటర్నేషనల్ సంస్థ 1985లో ప్రారంభించిన "పోలియోప్లస్" కార్యక్రమం గ్లోబల్ స్టాయిల్

Read More



# RID 3020 Announces the District Conference

**ROTARY** DISTRICT - 3020 **UNITE FOR GOOD**

Rtn. Dr. V. Kalyana Chakravarthy  
District Governor - 2020

Rtn. Francesco Arezzo  
RI President 2025 - 26

## DOUBLE WICKET CRICKET Tourney

**WINNER CASH PRIZE**  
Rs. 30,000/-

**RUNNER CASH PRIZE**  
Rs. 20,000/-

**SECOND RUNNERUP**  
Rs. 10,000/-

**30 JANUARY, 2026**  
@Kakinada

Hurryup for Registration  
**Rs. 5000/ 2 players**

**CONTACT:**  
**B. RAMA MOHANA REDDY**  
📞 8466953666

Team of hosts for the Double Wicket Cricket Tournament.

Rtn. Krishna Prabhu Maganti  
Chairman

Rtn. Kishan Babu Tadiparthi  
Co - Chairman

Rtn. Rama Mohana Reddy Bora  
Vice - Chairman

**Rotary** DISTRICT 3020 **UNITE FOR GOOD**

WE WELCOME YOU

# కళ్యాణం

RI DISTRICT 3020 CONFERENCE 2026

ఆట పాటలతో సరదాగా నేర్చుకుందా

**Rtn. Dr. Kalyan Chakravarthy Yeluri**  
District Governor 2025-26

**Rtn. Varaprasad Babu Tadala**  
District Conference Chair

**JANUARY 30, 31 & FEBRUARY 1, 2026**  
(FRIDAY, SATURDAY & SUNDAY)

**VENUE: RANGARAYA MEDICAL COLLEGE AUDITORIUM, KAKINADA**

**HOST CLUB: ROTARY CLUB, KAKINADA**

**CONTACT:**  
98497 31111  
92950 14444

**Upto 15th Dec**  
5,000 (Rotarian) / 7,500 (Couple)

**15th Dec to 15th Jan**  
7,500 (Rotarian), 10,000 (Couple)

**16th Jan onwards (No Kit)**  
10,000 (Rotarian)/ 15,000 (Couple)

**Rotaracts**  
2,500 Upto 15th Jan/ 3,000 16th Jan Onwards

**QR CODE**



## రోటరీ ఇంటర్నేషనల్ (ఆర్ఐ) నాయకుల ముఖ్య సందేశాలు :

♦ ఆర్ఐ అధ్యక్షుడు ప్రాన్సిస్కో అరెజ్జో చెన్నైలో జరిగిన లీడ్-25 కాన్ఫ్లెక్స్ లో మాట్లాడుతూ “భారతదేశం ప్రపంచంలోనే అత్యధిక రోటరీ సేవా ప్రాజెక్టులను చేస్తున్న దేశం” అని పేర్కొన్నారు. భారతీయుల దాతృత్వ స్ఫూర్తిని ప్రశంసిస్తూ, “రోటరీలో ఇవ్వడం ఒక పండుగలాంటిది, అది మనసును శాంతింపజేస్తుంది” అన్నారు. పాలియో నిర్మూలనను రోటరీకి అత్యంత ప్రాధాన్యమైన కర్తవ్యంగా పేర్కొన్నారు.

♦ ఆర్ఐ డైరెక్టర్ మురుగనందం మాట్లాడుతూ, లీడ్-25 ద్వారా దేశవ్యాప్తంగా 250 కోట్లు విలువైన ప్రాజెక్టులు ప్రారంభమయ్యాయని తెలిపారు. “భారతదేశంలో రోటరీయన్ల సంఖ్యను 2 లక్షలకు పెంచడమే లక్ష్యం” అన్నారు.

♦ ఆర్ఐ డైరెక్టర్ కే.పి. నాగేశ్ మాట్లాడుతూ, “రోటరాక్టర్లు రోటరీ భవిష్యత్తు - వారు చూపే నృజనాత్మకత మరియు శక్తి మనసును అలరిస్తోంది” అన్నారు. పాలియో నిధుల కోసం “Rotary Premier League” పేరుతో క్రికెట్ టోర్నమెంట్ నిర్వహించాలని ప్రకటించారు.

♦ టీఆర్ఎఫ్ ట్రస్టీ చైర్ పెహల్గర్ కనాక్ పేర్కొన్నట్లు, నైజీరియాలోని RC Port Harcourt Passport మరియు E-Club Hamburg-Connect కలిసి చేపట్టిన గ్లోబల్ గ్రాంట్ ద్వారా 250 మంది మహిళలు మరియు యువత స్వయం ఉపాధి నైపుణ్యాలు నేర్చుకున్నారు. ఇది స్నేహం నుండి పుట్టిన సుస్థిర ప్రాజెక్టు అని ఆయన చెప్పారు.

♦ RC Tirupur Pioneers (Dist. 3203) – Wow Joy మహిళా సాధికారత ఎక్స్‌పోలో 100 మంది మహిళా వ్యాపారవేత్తలు తమ ఉత్పత్తులను ప్రదర్శించారు. 500 మందికి ఉచిత కంటి పరీక్షలు, 50 మందికి గుండె పరీక్షలు నిర్వహించారు.

♦ RC Kodaikanal (Dist. 3234) గిరిజన కుటుంబాలకు పక్కా ఇళ్లు నిర్మించి ఆర్ఐ

అధ్యక్షుడు అరెజ్జో చేతుల మీదుగా గౌరవం పొందింది.

♦ RC Belur (Dist. 3291) కోల్కతా మునిసిపల్ కార్పొరేషన్ భాగస్వామ్యంతో మహిళల కోసం ఆధునిక టాయిలెట్ కాంప్లెక్స్ నిర్మించింది. దీనిలో బేబీ కాట్లు, ఫీడింగ్ రూమ్లు కూడా ఏర్పాటు చేసి మహిళా గౌరవానికి ప్రాధాన్యం ఇచ్చారు.

♦ RC Nagpur Ishanya (Dist. 3030) – CSR నిధులతో మూడు డయాలసిస్ యంత్రాలను ప్రభుత్వం ఆసుపత్రికి అందించింది.

♦ RC Solapur Smart City (Dist. 3132) స్వయం సహాయక గుంపుల మహిళలకు మార్కెటింగ్, వ్యాపార శిక్షణ ఇచ్చింది.

♦ RC Amreli Gir (Dist. 3060) చెవిటి మరియు మూగ మహిళల వృత్తి కేంద్రానికి కుట్టు యంత్రాలు విరాళంగా ఇచ్చి సాధికారత కల్పించింది.

## పర్యావరణం & నూతన ఆవిష్కరణలు :

♦ RC Mount Everest (Dist. 3292) (నేపాల్) 50,000 Trees in One Day కార్యక్రమంలో నేపాల్, భూటాన్ దేశాల్లో అత్యధిక మొక్కలు నాటారు. ఇది స్థానిక ప్రభుత్వాలు, విద్యాసంస్థలతో కలిసి చేసిన అద్భుత సుస్థిర చర్య.

♦ RC Hiranandani Estate (Dist. 3142) మహారాష్ట్రలోని దుర్గిక్ష ప్రాంతాల్లో 12 చెక్‌డామలు నిర్మించి 3,000 మందికి నీటిని అందించింది.

♦ RC Jodhpur Midtown ( Dist 3053) సభ్యుడు దుంగర్ సింగ్ రాథోడ్ ఆఫీసాలోని కిలిమంజారో శిఖరంపై భారత మరియు రోటరీ పథకాలు ఎగురవేశారు.

◆ RC East Coast Ramnad (Dist 3212) - Rotary Wheels of Love కింద 125 వీల్ ఛైర్లు పంపిణీచేసింది.

◆ Lead 25 Conclave లో రాజ్యసభ సభ్యుడు కమల్ హాసన్, డా. ఎన్. చంద్రకుమార్ (కావేరీ హాస్పిటల్స్), మరియు ఆర్.ఎన్.కే. రఘురామ్ (PSNA) లకు లైఫ్ టైమ్ అచీవ్మెంట్ అవార్డులు ప్రధానం చేశారు.

◆ రోటరీ ఫౌండేషన్ (ఇండియా) Excellence in Nationwide CSR Implementation అవార్డు అందుకుంది.

◆ రోటరీ ప్రధాన కార్యాలయాన్ని ప్రతిబింబించే “One Rotary Center Replica” ను చెన్నైలోని హౌస్ ఆఫ్ ఫ్రెండ్షిప్ లో ఆకర్షణీయంగా ప్రదర్శించారు.

◆ సేవ, దాతృత్వం, స్నేహం - ఇవే రోటరీ భారతదేశం యొక్క ప్రేరణ మూలాలు. వీడి 25 కాంక్రేట్ ద్వారా సమాజాభివృద్ధి, మహిళా సాధికారత, పర్యావరణ పరిరక్షణలో కొత్త దిశలు సృష్టించబడుతున్నాయి.

## WOMEN'S EMPOWERMENT

**1 IS IT THE TRUTH?**

- ✓ Are we addressing barriers to women's equality?
- ✓ Are we advocating for women's rights?

**2 IS IT FAIR TO ALL CONCERNED?**

- ✓ Are we providing opportunities for marginalized women and girls?
- ✓ Are we promoting gender-inclusive practices?

**3 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?**

- ✓ Are we uniting women from diverse backgrounds?
- ✓ Are our initiatives fostering cooperation and support?

**4 WILL IT BE BENEFICIAL TO ALL CONCERNED?**

- ✓ Will our efforts improve the well-being of women and communities?

## POP QUIZ

How much do you know about Rotary's campaign to end polio? Test yourself — or stump a clubmate.

**START HERE**

**1**

In how many countries does wild polio remain endemic?

☐ 1 ☐ 2 ☐ 3 ☐ 4

**2**

How many children did polio paralyze each year before 1987?

☐ 100,000 ☐ 175,000 ☐ 250,000 ☐ 350,000

**3**

Which vaccine is primarily used in countries where polio is endemic?

☐ Inactivated polio vaccine ☐ Injected polio vaccine ☐ Oral polio vaccine ☐ Orimono polio vaccine

**4**

When did Rotary launch the PolioPlus program?

☐ 1979 ☐ 1985 ☐ 1988 ☐ 1990

**5**

How many signs does the polio program do surveillance?

☐ 1 ☐ 2 ☐ 3 ☐ 4

**6**

Which WHO region was the first to be certified free of wild poliovirus?

☐ African (AFRO) ☐ Americas (PAHO) ☐ Eastern Mediterranean (EMRO) ☐ South-East Asia (SEARO)

**7**

What is the name of the newest vaccine approved for fighting poliovirus?

☐ IPV ☐ nOPV1 ☐ nOPV2 ☐ OPV

**8**

Who developed the inactivated polio vaccine?

☐ Mario Curie ☐ Albert Sabin ☐ Jonas Salk ☐ Peter Salo

**9**

How much does Rotary have to raise each year in End Polio Now campaigns to get the full 2-to-1 match from the Gates Foundation?

☐ US \$50 million ☐ US \$70 million ☐ US \$100 million ☐ US \$500 million

**10**

In what country did Rotary first do a polio vaccination campaign?

☐ Brazil ☐ Indonesia ☐ Nigeria ☐ Philippines

**11**

How many core partners make up the Global Polio Eradication Initiative (GPEI)? How many point available if you can name them all?

☐ 4 ☐ 6 ☐ 7 ☐ 8

**12**

Which types of wild poliovirus have been eradicated?

☐ Types 1 and 2 ☐ Types 1 and 3 ☐ Types 2 and 3 ☐ Types 2 and 4

**13**

What is Rotary's primary role in the GPEI?

☐ advocacy, research, and seed stock ☐ fundraising, advocacy, and raising awareness ☐ media relations, vaccinations, and documentation ☐ vaccinations, fundraising, and research



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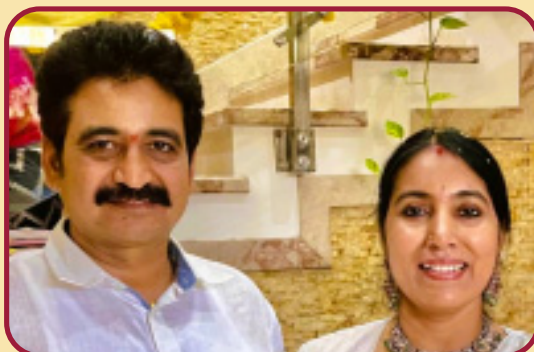
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