



RI District 3203  
Club No 15875  
Chartered 1941

# THE NILGIRI ROTARIAN

October 2024

Editor: Rtn Daksha Bhat

The Rotary Foundation helps Rotary members to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty. It enables service projects that change lives.

# NOVEMBER

Rotary  
The Nilgiris

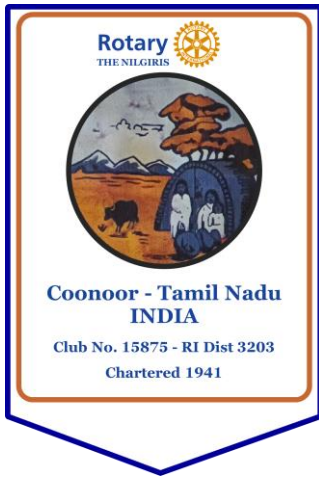


# Rotary Foundation Month



- Promoting peace
- Fighting disease
- Providing clean water, sanitation, and hygiene
- Saving mothers and children
- Supporting education
- Growing local economies
- Protecting the environment

# President's Message



Dear Fellow Rotarians,

As we close the month of October, I am grateful for the vibrancy and dedication shown by our members in serving our community. October was a month of both celebration and commitment, as we advanced key initiatives and honored those who support us.

We concluded the **Swacchata hi Seva** cleanliness drive, led by the Wellington Cantonment Board, in which our club proudly participated. This initiative brought together various social service organizations,

exemplifying the power of collective action for a cleaner, healthier environment.

We celebrated **Rtn Dr. Chhabra's 98th birthday**—a cherished moment honoring his legacy and commitment to community welfare, which has inspired so many of us.

Our **Eye Screening & Health Checkup Camps** continued to reach remote parts of the Nilgiris District, with successful camps held on 6th, 10th, 16th, 21st, and 26th October. Thanks to our dedicated Rotarians and medical partners, these camps have become invaluable resources for villagers, providing critical health services.

A significant milestone was the **inauguration of the traction unit** at the **Home for the Aged** in Balaclava, donated to **Little Sisters of the Poor**. This contribution will provide comfort and support to the elderly residents, aligning with our commitment to serve all generations.

We held both **board and regular meetings** this month to strategize our ongoing and upcoming projects. Our **Deepavali Celebration (Family) Meeting** on 29th October was especially meaningful, as we expressed gratitude to our Rotary staff working across our project sites. Acknowledging their contributions with a financial incentive was a small token of appreciation for their dedication.

Looking ahead, we are eager to take our **school projects at Bettatti and Gandhipuram** to new heights. Proposed initiatives include enhancing learning environments and strengthening academic support. We also aim to broaden our **health camp initiatives** by reaching additional underserved areas, ensuring that healthcare access continues to be a cornerstone of our service.

With each of these projects, we honor Rotary's spirit of service, fostering meaningful impact in the lives of those we serve. I encourage each of you to stay engaged and inspired as we advance our mission.

Together, we can accomplish remarkable things for our community.

Yours in Rotary

A handwritten signature in black ink, appearing to be 'Raj', is placed at the end of the message.

# From the Editor's desk

**Dear Fellow Rotarian,**

Is India greying or is it turning silver? In 1974 our life expectancy was 50 years, now it is more than 70 years. India has joined the number of countries where the population is now defined as ageing.

Rotary International General Secretary

John Hewko talked with Dr. Atul Gawande on the Rotary Voices podcast about Rotary's partnership with USAID, the role of civil society organizations in achieving global health goals, and personalized care in end-of-life decision-making. In addition to being assistant administrator of Global Health at USAID, Dr. Gawande is the author of "Being Mortal" an insightful book about aging, frailty, and living to the last with autonomy, dignity, and joy.

Dr. Gawande noted that our gains in health care have doubled the global life expectancy of a century ago. The reality is that we are going to spend half our lives with chronic illnesses. We have not developed great competence at managing situations where people have priorities in their life besides just living long.

In India unavailability of support for the aged is a matter of concern. Not only do lower income groups suffer greatly but even the affluent find it difficult to navigate the complexities and difficulties due to the absence of eldercare awareness and facilities in healthcare institutions. A report shows that less than 2% of India's 1.2 billion people have access to Palliative care. and 1 in 5 suicides in India are committed by a person living with an advanced, chronic or life-limiting condition.

Our Rotary Club of Nilgiris has taken a much-needed step in this area with the establishment of the Palliative and Geriatric Care centre at Lawley Hospital. Such centres not only provide much needed succour to those who use the centre, but also signal the community of the need for such services.

The conversation around ageing and geriatric care needs to be mainstreamed and normalised. Dr. Gawande says, "these are not conversations to fear this is not a conversation about taking things away it's a conversation about how do you have control in a situation where choices are limited." Old age is not a malaise but a blessing, let us treat it as such. Ageing should be silver, not grey.

Yours in Rotary,

*Daksha Bhat*





- 02** 
  - Weekly Meeting
  - Family Meeting
  - Celebration of Rtn Dr. Chhabra's Birthday
  - Closing ceremony of Swacchata hi Seva

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- 06** 
  - Eye Screening & Health Check up Camp at Berraty

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- 08** 
  - Weekly Meeting
  - Board Meeting

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- 10** 
  - Eye Screening Health Check Camp at Valluar, Kotagiri

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- 16** 
  - Eye Screening & Health Check Camp at Burnside Estate Kotagiri

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- 20** 
  - Traction Unit Inauguration at Home for the Aged

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- 21** 
  - Eye Screening & Health Check Camp at Yedapalli

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- 22** 
  - Weekly Meeting

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- 26** 
  - Eye Screening & Health Check up Camp at Kaithal

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- 29** 
  - Weekly Meeting
  - Family Meeting

Celebrating Rtn. Dr. Col. Chhabra's 98<sup>th</sup> Birthday





## Swachhata Hi Seva Cleanliness Campaign 2nd Oct

The  
4  
Way  
Test

of the  
things  
we think,  
say, and  
do



is it  
the  
**Truth**

is it  
**Fair**  
to all concerned

will it be  
**Beneficial**  
to all concerned

will it build  
**Goodwill**  
& better friendships



The Installation of the Stanes School Interact club was attended by Rotarians. It was a meticulously planned event with an impressive cultural program by the children.



Don't wait for Opportunities,  
Create them. – Paul Harris



**21/10 @ Yedapalli**  
Total screening : 65  
Defective : 40  
Cataract : 5  
Glasses Provided: 18



**16/10 @  
Burnside Estate Kotagiri  
(with TVS group)**  
Total screening :  
Defective :  
Cataract :  
Glasses Provided:







26/10 @ Kaithala



The Little Sisters invited Rotarians to attend the inauguration of the traction unit at Home for the Aged, Balaclava.

## Staff members of our projects were felicitated at the Diwali celebration meeting



- Ms Archana, ALS Paramedic
- Ms Jeevitha, Buggy Operator
- Mr Johnson Vignesh, Acct & ALS in-charge
- Mr Kaali, Cremation Helper
- Mr Leo Pradeep, Leader – Cremation Team
- Mr Ramesh, Crematorium Operator
- Mr Sadasivam, Gardener -Crematorium
- Mr. Ismail, ALS Driver
- Ms. Vennila, Spoken English Teacher PUMS

Rotary



The Rotary Foundation



# வள்ளல்

## THE ROTARY FOUNDATION SEMINAR

★ ROTARY DISTRICT 3203 ★

DATE : 10 NOV 2024, SUNDAY @ 9:30AM  
VENUE : PARIMALAM MAHAL, ERODE.

REGISTRATION FEE →

₹.750/- (PER MEMBER)



Special

REGISTRATION FEE →

₹.12,000/-  
(FOR 20 MEMBERS)

SCAN TO PAY



### BANK ACCOUNT DETAILS

ACC NAME : ROTARY CLUB OF ERODE CENTRAL  
ACC NO. : 780505000053  
BANK NAME : ICICI BANK  
BRANCH : ERODE - MOOLAPALAYAM  
IFSC : ICIC0007805

FOR MORE INFO CONTACT :

Rtn PHF A R Arjun : +91 90958 20555



# November

## Birthdays

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05 Rtn Charles Nathan

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10 Ann Andrew Spouse of Rtn Sheela Bhasin

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11 Aditi D/o Rtns Divya & Manish Jain

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Annet Harish S/o Rtn Javrilal Parikh

---

12 Rtn R Muralidharan

---

13 Annet Jude S/o Rtn Colaso Jeyprakash

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21 Ann Kanakaltha Spouse of Rtn Mukund J

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30 Annet Nilesh S/o Rtn Javrilal Parikh

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## Anniversaries

27 Rtn Brig Hemant Paliwal

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