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Rotary Club
Chandigarh Uptown, Chandigarh

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INSTALLATION CEREMONY

President Rtn. Vijay Kumar Dhall
& Board of Directors 2024-25



We are delighted to announce the induction of the following new members into our club during the installation ceremony on July 11, 2024. Welcome to the Uptown family!

**(1.) Rtn. Manbir Singh (2.) Rtn. Manjeet Singh (3.) Rtn. Surinder Khanna
(4.) Rtn. Pawan Singla (5.) Rtn. Suman Singla (6.) Rtn. Jashwant Singh (7.) Rtn
Alka Dhall (8.) Rtn Nanki Kaur**

Additionally, we are pleased to announce that Rtn Sangeeta Puri has consented to be re-inducted in August 2024.



PRESIDENTIAL MESSAGE

August 2024 If we are to truly change the world with The Magic of Rotary, it's up to all of us to foster a sense of belonging in our clubs. But every club should take its own path to get there, and the Action Plan can help you find your way. What does that look like?

Take for instance the Rotary Club of Beveren-Waas in Belgium. It was chartered in 1974 but has evolved with the times, developing both a strategic plan and a membership plan. To find new members, the club analyzes the city's professions to help focus its search, and all new members are quickly assigned tasks and roles. The club also mixes up meeting times, alternating between evening and afternoon sessions, making them accessible for all members.

Sometimes, circumstances force clubs to make changes. But as people of action, we know that behind every obstacle is an opportunity.

The Rotary Club of Holyoke in Massachusetts was forced from its meeting place because of rising costs after the COVID-19 pandemic, but members took this setback and turned it into a strength. The club started meeting in a library community room that was available for no charge and catering lunch from a nearby deli. Lunch costs \$10 per person but it's optional, so no one has to spend money to attend a meeting. What a great way to work toward being "fair to all concerned."

"Since making this change, the Holyoke club has gained 13 members. I suspect part of its membership growth is due to the club's sense of inclusivity — the first step toward belonging.

If you ask members what they expect from the club experience, you might find that your club doesn't meet expectations. Think of this as an opportunity to reshape your club in exciting ways, as alternative club models are making a positive impact.

For example, a Rotary Fellowship called Beers Rotarians Enjoy Worldwide, or BREW, has worked closely with the Water, Sanitation, and Hygiene Rotary Action Group for the past eight years to assist with clean water projects. In that time, BREW has funneled 25 percent of its dues to those initiatives.

BREW is one of many examples of members pursuing belonging to improve the world.

I can't stress enough the importance of belonging. Clubs become simply irresistible when all members feel that they are exactly where they need to be. To me, belonging is the spark that ignites The Magic of Rotary. As you receive feedback from club members and the community you serve, I urge you to pursue that spark. The Action Plan can help you find the path to success, and if you light your way with the spirit of belonging, that path will lead to a bright future for your club, your community, and the world.

Stephanie A. Urchick
President 2024-25



DISTT. GOVERNOR MESSAGE

Dear Friends in Rotary,

At the outset I sincerely wish to thank my friends in Rotary for their endeavors to make a better world through Rotary ideals and let us work as a coercive team to fulfil the ideals and vision of our Leaders.

As District Governor of District 3080, I need your whole hearted support to fulfil our ideals and achieve our Rotary dreams. Let us pool our resources, volunteer our time and spirit to make a better world through our humanitarian projects for the benefit of impoverished and deprived section of society to empowered their lives.

The magic of Rotary happens in our clubs, and you play a vitally important role in that. As a club leader, you have the unique opportunity to make sure that members feel welcomed and included, have opportunities for personal growth and leadership development, can make meaningful connections, and are contributing to service in significant ways.

When new members join your club, provide a new member orientation that offers a meaningful learning experience, personal connections, inspiration, and fun. Engage with Rotary's networks and resources to enhance the projects you do in the community and beyond.

We all pledge that Rotary to be known as an organization that takes care of its members as well as the communities we serve. When you engage members and deliver value, your club will be stronger, more attractive, and more fun. Together, let's make our district clubs simply irresistible!

Rotary Regards
Raj Pal Singh



PRESIDENT MESSAGE

Dear Rotary Club Chandigarh Uptown Members,

As we embark on a new Rotary year beginning on July 1, 2024, I am both honored and excited to serve as club President. This year, Rotary International has chosen the inspiring theme “The Magic of Rotary.” This theme beautifully encapsulates the essence of our organization, highlighting the extraordinary impact we create through our dedication, compassion, and service.

In alignment with Rotary International, our District 3080 has embraced the theme “Service with Enjoy,” emphasizing the joy and fulfillment that comes from serving others. As we work together this year, I encourage each of you to find delight in our collective efforts to make a positive difference in our community and beyond.

Our focus will be guided by Rotary’s seven areas of focus:

1. **Peace and Conflict Prevention/Resolution** : We will continue to promote peace through education, dialogue, and community-building activities.
2. **Disease Prevention and Treatment** : Our efforts will target the prevention and treatment of diseases, ensuring healthier lives for those in need.
3. **Water and Sanitation**: We will support projects that provide access to clean water and proper sanitation facilities.
4. **Maternal and Child Health**: We aim to improve health outcomes for mothers and children through various health initiatives and support systems.
5. **Basic Education and Literacy** : By promoting education and literacy, we can empower individuals and communities to achieve their fullest potential.
6. **Economic and Community Development**: Our projects will foster economic growth and community development, helping to build sustainable futures.
7. **Supporting the Environment**: We will focus on environmental sustainability, recognizing the critical importance of preserving our planet for future generations. I am confident that together, we can achieve remarkable things this year. Let us embrace “The Magic of Rotary” and engage in “Service with Enjoy” as we work towards our common goals. Your commitment, enthusiasm, and dedication are the true magic that makes Rotary such a powerful force for good.

Thank you for your support, and let’s make this a memorable and impactful year.

Warm regards,

Vijay Kumar Dhall

President,

Rotary Club Chandigarh Uptown

Rotary Year 2024-2025

Chandigarh Uptown Celebrated Annapurna Day

To kick off the new Rotary year on July 1st, the Rotary Club of Chandigarh Uptown celebrated Annapurna Day by distributing langar to those in need at GMCH, Sector 32, Chandigarh. The event was graced by the following Rotarians, whose participation and involvement in distribution of langar made the project a success:

1. Project Chair Rtn Rajesh Bindra
2. PP Rtn Ajay Gupta
3. Rtn Mahesh Arora
4. Rtn Veena Arora

5. Rtn Surinder Khanna
6. Rtn Manjeet Singh
7. Rtn Bani Kamboj
8. Rtn Anita Sood
9. Rtn Avinash Taneja
10. Rtn Arun Kamboj
11. Rtn Rajendra Partap
12. Secretary Rtn Amrik Singh Vraich
13. President Rtn Vijay Kumar Dhall



Celebration of Chartered Accountant Day

Rotary always recognise social worker and honour CA Sh Prem Garg a renowned Social Worker who involved in Planting of Sandalwood trees in Chandigarh, Panchkula and Mohali



The Rotary Club Chandigarh Uptown Organized a Tree Plantation Drive

at the Green Belt, Sector 38 West, Chandigarh.

To mark the beginning of the new Rotary year, the Rotary Club of Chandigarh Uptown organized a tree plantation drive at the Green Belt, Sector 38 West, Chandigarh. In this eco-friendly initiative, around 50 saplings were planted, symbolizing our commitment to a greener and more sustainable future.

This endeavor reflects our dedication to the environment and the community as we step into another year of meaningful service and positive impact. The following Rotarians graced the occasion and were involved in planting the trees:

1. Project Chair Rtn Manmohan Luthra ji
2. Rtn Hari Om Verma ji
3. Rtn Veena Singla ji
4. PP Rtn Ajay Gupta ji
5. Rtn Mahesh Arora
6. Rtn Veena Arora
7. Rtn Surinder Khanna
8. Rtn Manjeet Singh
9. Rtn Bani Kamboj1
0. Rtn Avinash Taneja
11. Rtn Rajendra Partap ji
12. Secretary Rtn Amrik Singh Vraich
13. President Rtn Vijay Kumar Dhall





PROJECT BIRD HOUSE

If you install a birdhouse in your home, terrace, or garden, in the long run, you'll notice that the greenery is increasing in your area. Well, this happens because birds spread seeds around your area. They directly or indirectly carry the seeds of good plants, trees, and grass and distributed them to the new place.

Rotarians of the Rotary Club of Chandigarh Uptown are excited to announce the installation of birdhouses in various locations to support the environment. We are grateful to Rtn. Mahesh Arora Ji for generously manufacturing these birdhouses. The Birdhouse Project was officially launched during the installation

ceremony on July 11, 2024, by DGE Rtn. Ravi Prakash.

Rotarians interested in installing a birdhouse in their area can do so by contributing Rs 500 per birdhouse. All proceeds will be used for community projects by the club.



2ND TREE PLANTATION EVENT HELD at the Golf Course in Sector 3, Panchkula.

Service with Enjoy Rotary Club Chandigarh Uptown is pleased to announce the 2nd Tree Plantation event held at the Golf Course in Sector 3, Panchkula. The project was generously sponsored by Rtn Rajendra Pratap ji and Rtn Richa Pratap ji. It was a delightful day as Rotarians enjoyed a breakfast together before planting approximately 150 trees. This beautiful experience not only fostered community spirit but also contributed to environmental conservation. A surprise Mr Luke and Ezra from USA met and enquired about rotary as they found members in Rotary T-Shirts. We told them about community service projects done by rotary all over the world.

Today's tree plantation project was successfully executed with the help of Golfer

friends of Rtn Rajendra Pratap, Brigadier Vineet Mittal, Mr. R. R. Yadav (IRS Retd.), and Mr. Ajay Munjal (GM Jio Retd.), alongside the General Manager and Course Manager of Panchkula Golf Club. The following Rotarians participated in the project:

1. Rtn Rajendra Pratap ji
2. Rtn Richa Pratap ji
3. Rtn Veena Singla ji
4. Rtn Manmohan Luthra ji
5. Rtn Surinder Khanna ji
6. Rtn Amit Chahal ji
7. Secretary Rtn Amrik Singh Vraich ji
8. President Rtn Vijay Kumar Dhall





Rotary Club Chandigarh Uptown and ARWA 38-West Host 3rd Tree Plantation Program

Chandigarh, July 21, 2024 – Rotary Club Chandigarh Uptown, in collaboration with the Active Residents Welfare Association of Residents of 38-West (ARWA), Chandigarh, successfully conducted its third Tree Plantation Program at the Green Belt, 38-West, Chandigarh. The event witnessed enthusiastic participation from community members and dignitaries, underscoring a collective commitment to environmental conservation.

The program was honoured by the presence of Chandigarh Mayor Sh. Kuldeep Kumar, who inaugurated the event by planting 10 Sandalwood trees. Mayor Sh. Kuldeep Kumar commended Rotary Club for its invaluable contributions to societal welfare and environmental sustainability.

President Rtn Vijay Kumar Dhall addressed the attendees, highlighting Rotary's key initiatives, which include polio eradication, cervical cancer prevention, maternal and child health, e-waste management, and traffic awareness. His speech emphasized

Rotary's dedication to fostering positive change and enhancing the quality of life in communities worldwide.

The event also welcomed social activist CA Sh. Prem Garg, renowned for his pioneering efforts in planting Sandalwood trees across Chandigarh. His presence added a significant layer of inspiration and expertise to the program.

In recognition of his support and contributions, President Rtn Vijay Kumar Dhall honored Mayor Sh. Kuldeep Kumar with a Rotary memento.

Other dignitaries in attendance included:-

- Mr. Birender Rawat, Councillor's husband-
- Mr. Jaspal Singh, SHO Maloya
- Mr. Satish Malhotra, Secretary of ARWA

Participating Rotarians included:

1. Rtn Manmohan Luthra
2. Rtn Manjeet Singh
3. PP Rtn Rajesh Jain

"Seeds of Inspiration: A Young Boy's Encounter with Rotary's Legacy"

During a vibrant tree plantation project at the Golf Club in Panchkula, members of the Rotary Club Chandigarh Uptown donned t-shirts proudly displaying the Rotary logo. Amidst the flurry of activity, a curious young boy Ezra from the USA, intrigued by the logo, approached the members with questions. His father encouraged him to learn more about the organization behind the symbol.

Rtn Rajendra Pratap ji warmly welcomed the boy and eagerly began to explain the essence of Rotary. He spoke about the club's dedication to community service and the global impact of their initiatives. Rtn Vijay Kumar Dhall then joined in, shedding light on

Rotary's significant efforts in polio eradication, water conservation, sanitation, peacebuilding, and various other social services.

The boy listened intently, his eyes widening with amazement as he learned about the diverse and impactful projects undertaken by Rotary around the world. He marveled at the thought of people from different corners of the globe coming together to make a difference. This encounter not only inspired the young boy but also reinforced the club's mission of spreading awareness and fostering a spirit of service.





IN MEMORY OF RTN. RAJNEESH KAPOOR : CLUB AWARDS SCHOLARSHIPS TO UNDERPRIVILEGED, MERITORIOUS GIRLS.

In memory of Rtn. Rajneesh Kapoor, our club awards scholarships to underprivileged, meritorious girls. This year, scholarships of Rs. 12,000 each will be presented to two girls identified by Rtn. Ajay Gupta and Rtn. Anita Sood. The cheques have been handed over to the girls at Government High School, Sector 21, Chandigarh, on July 20, 2024. These scholarships are sponsored by Rtn. Anjna Kapoor and Rtn. Richa Pratap. The following Rotarians graced the occasion:

1. Rtn. Anjna Kapoor
2. Rtn. Anita Sood
3. Rtn. Surinder Khanna
4. Rtn. Yashica Jain
5. Rtn. Rajesh Jain
6. Secretary Amrik Singh Vraich
7. President Vijay Kumar Dhall
8. PP Rtn Ajay Gupta

A MEMORABLE EDUCATIONAL AND CULTURAL VISITS FOR RTN SHIVA'S FAMILY

Rotarian Shiva from Bangalore approached President Vijay Kumar Dhall to arrange a visit to Viasat-e-Khalsa in Anandpur Sahib, as her daughter Sonu wanted to study the architecture of the building for her project. We arranged their visit to Anandpur Sahib, Bhakra Dam, and the Naina Devi Temple. The

following day, we invited the entire family to have breakfast with club members and exchange flags. Both Sonu and her son were astonished by the cooperation they witnessed, truly feeling the power of Rotary.



ROTARY CLUB CHANDIGARH UPTOWN HOSTS SUCCESSFUL BLOOD DONATION CAMP

Date: July 28, 2024 Location: Nex Day Care Hospital, Aerocity, Mohali On July 28, 2024, Rotary Club Chandigarh Uptown held a highly successful blood donation camp at Nex Day Care Hospital in Aerocity, Mohali. Sponsored by State Bank of India, Region-1, Zonal Office, Mohali, the event achieved a significant collection of 76 units of blood, greatly aiding the local blood supply.

Distinguished guests included AGM Rohit Kakkar, Regional Manager-1, Zonal Office, Mohali; District Editor Rotarian M. P. Gupta; and District Chair for Blood Donation Rotarian Deepak Gupta, whose support was invaluable.

A special thanks goes to the Rotary Blood Bank, Sec 37, Chandigarh, for their

organization of the camp.

Rotary Club Chandigarh Uptown extends its heartfelt gratitude to all members for their dedication, embodying Rotary's motto, "Service Above Self."





ਰੋਟਰੀ ਕਲੱਬ ਚੰਡੀਗੜ੍ਹ ਅਪਟਾਊਨ ਵਲੋਂ ਲਗਾਏ ਖੂਨਦਾਨ ਕੈਂਪ ਦੌਰਾਨ ਕਲੱਬ ਮੈਂਬਰ ਖੂਨਦਾਨੀਆਂ ਦੀ ਹੌਸਲਾ ਅਫਜ਼ਾਈ ਕਰਦੇ ਹੋਏ। ਅਜੀਤ ਤਲਵੀਰ

ਰੋਟਰੀ ਕਲੱਬ ਚੰਡੀਗੜ੍ਹ ਅਪਟਾਊਨ ਨੇ ਲਗਾਇਆ ਖੂਨਦਾਨ ਕੈਂਪ

ਫ਼ਤਹਿਗੜ੍ਹ ਸਾਹਿਬ, 30 ਜੁਲਾਈ (ਬਲਜਿੰਦਰ ਸਿੰਘ) - ਰੋਟਰੀ ਕਲੱਬ ਚੰਡੀਗੜ੍ਹ ਅਪਟਾਊਨ ਵਲੋਂ ਨੈਕਸ ਡੇ ਕੇਅਰ ਹਸਪਤਾਲ ਮੁਹਾਲੀ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਨੈਕਸ ਡੇ ਕੇਅਰ ਹਸਪਤਾਲ ਵਿਖੇ ਖੂਨਦਾਨ ਕੈਂਪ ਲਗਾਇਆ ਗਿਆ, ਜਿਸ ਵਿਚ ਭਾਰਤੀ ਸਟੇਟ ਬੈਂਕ ਦਾ ਵਿਸ਼ੇਸ਼ ਯੋਗਦਾਨ ਰਿਹਾ। ਕੈਂਪ ਦੌਰਾਨ ਰੋਟਰੀ ਕਲੱਬ ਬੈਂਕ ਸੈਕਟਰ 37 ਚੰਡੀਗੜ੍ਹ ਦੀ ਟੀਮ ਵਲੋਂ ਸਵੈਇੱਛਿਤ 74 ਖੂਨਦਾਨੀਆਂ ਪਾਸੋਂ ਖੂਨ ਦੇ ਯੁਨਿਟ ਇਕੱਠੇ ਕੀਤੇ ਗਏ। ਇਸ ਮੌਕੇ ਵਿਸ਼ੇਸ਼ ਮਹਿਫਾਨਾ ਵੀ ਯੋਜਨਾ ਬਣਾਇਆ ਗਿਆ। ਚੰਡੀਗੜ੍ਹ ਦੀ ਟੀਮ ਦਾ ਵਿਸ਼ੇਸ਼ ਤੌਰ 'ਤੇ ਯੋਗਦਾਨ ਵੀ ਕੀਤਾ।

ਗੁਪਤਾ ਅਤੇ ਜਿਲ੍ਹਾ ਖੂਨਦਾਨ ਪ੍ਰਧਾਨ ਰੋਟਰੀਅਨ ਦੀਪਕ ਗੁਪਤਾ ਨੇ ਦੱਸਿਆ ਕਿ ਕੈਂਪ ਦੌਰਾਨ ਜਿੱਥੇ ਖੂਨਦਾਨੀਆਂ ਨੂੰ ਰਿਫਰੈਲਮੈਂਟ ਦਿੱਤੀ ਗਈ, ਉੱਥੇ ਹੀ ਉਨ੍ਹਾਂ ਸਨਮਾਨ ਚਿੰਨ੍ਹ ਤੇ ਪੁਸ਼ਿਸ਼ਾ ਪੱਤਰ ਦੇ ਕੇ ਸਨਮਾਨ ਕੀਤਾ ਗਿਆ। ਇਸ ਮੌਕੇ ਉੱਚੇ ਤੌਰ 'ਤੇ ਪਹੁੰਚੇ ਡਾ. ਸੁਨੀਲ ਕੁਮਾਰ ਅਤੇ ਡਾ. ਮਨੀਸ਼ ਨੇ ਰੋਟਰੀ ਕਲੱਬ ਦੇ ਉਦਮ ਦੀ ਪੁਸ਼ਿਸ਼ਾ ਕਰਦਿਆਂ ਕਿਹਾ ਕਿ ਸਾਨੂੰ ਵੀ ਅਜਿਹੇ ਪਰਉਪਕਾਰੀ ਭਾਰਜਾਂ ਵਿਚ ਮਹਰੀ ਹੋ ਕੇ ਯੋਗਦਾਨ ਖਾਉਣਾ ਚਾਹੀਦਾ ਹੈ। ਇਸ ਮੌਕੇ ਪ੍ਰਧਾਨ ਵਿਜੇ ਕੁਮਾਰ ਚੌਲ ਨੇ ਰੋਟਰੀ ਕਲੱਬ ਬੈਂਕ ਸੈਕਟਰ 37, ਚੰਡੀਗੜ੍ਹ ਦੀ ਟੀਮ ਦਾ ਵਿਸ਼ੇਸ਼ ਤੌਰ 'ਤੇ ਯੋਗਦਾਨ ਵੀ ਕੀਤਾ।



ROTARY CLUB CHANDIGARH UPTOWN HOSTS DRAWING AND SLOGAN COMPETITION ON E-WASTE MANAGEMENT

Chandigarh, July 31, 2024 – Rotary Club Chandigarh Uptown held a Drawing and Slogan Competition on E-Waste Management today at 10:30 am at Govt. Model High School, Sec 32-D, Chandigarh.

The event saw the participation of 60 students, who showcased their creativity through impactful drawings and slogans, emphasizing the significance of proper e-waste disposal and recycling. To encourage practical involvement, students were also rewarded for bringing in the most e-waste. Prizes were given to the top three entries in both the drawing and slogan categories, as well as to the three students who collected the most e-waste. A total of 60 kg of e-waste was collected from students and Rotarians.

Ms. Sakshi Chandel from "Karo Sambhav," an authorized e-waste collection and disposal company, enlightened the students about effective e-waste management.

The Principal of Govt. Model High School, Sec 32-D, Chandigarh, was instrumental in

organizing the event, underscoring the importance of integrating education with action to promote environmentally responsible behavior among students.

This initiative is part of Rotary Club Chandigarh Uptown's ongoing efforts to foster sustainability and environmental awareness within the community.

Fruits were distributed to the participants, sponsored by President Rtn Vijay Kumar Dhall.

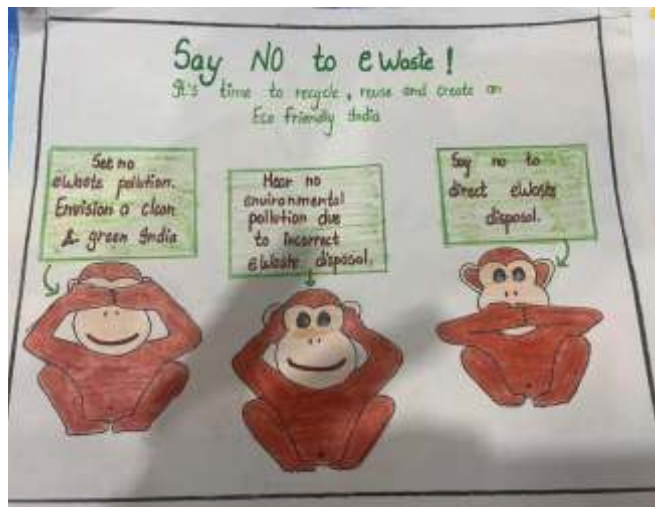
The following Rotarians participated in the event:

1. Rtn Manmohan Luthra
2. Rtn Surinder Khanna
3. Rtn Hari Om Verma
4. Rtn Anjana Kapoor
5. Rtn Amrit Chahal
6. Rtn Rajesh Jain
7. Rtn Yashica Jain
8. Secretary Rtn Amrik Singh Vraich
9. President Rtn Vijay Kumar Dhall



WINNERS OF THE SLOGAN AND DRAWING COMPETITION WERE AWARDED WITH PHOTOS OF THEIR WORK DISPLAYED.

Chandigarh, July 31, 2024 – Rotary Club Chandigarh Uptown held a Drawing and Slogan Competition on **E-Waste Management** today at 10:30 am at Govt. Model High School, Sector 32-D, Chandigarh.



रोटरी क्लब चंडीगढ़ अपटाउन ने ई-कचरा प्रबंधन पर ड्राइंग और स्लोगन प्रतियोगिता आयोजित

ज्ञान सचयन नेटवर्क

चंडीगढ़: रोटरी क्लब चंडीगढ़ अपटाउन ने 31 जुलाई को 10:30 बजे चंडीगढ़ के गवर्नमेंट मॉडल हाई स्कूल, सेक्टर 32-डी में ई-कचरा प्रबंधन पर ड्राइंग और स्लोगन प्रतियोगिता आयोजित की। इस कार्यक्रम में 100 छात्रों ने भाग लिया, जिनमें से 10-12 वर्ष के छात्रों को प्रथम, द्वितीय और तृतीय स्थान पर पुरस्कार दिए गए।

इस अवसर पर प्रमुख अतिथि, रोटरी क्लब चंडीगढ़ अपटाउन के अध्यक्ष डॉ. राजेश कुमार, ने कहा कि ई-कचरा प्रबंधन को सही तरीके से करना हमारे स्वास्थ्य और पर्यावरण के लिए बहुत ही महत्वपूर्ण है। उन्होंने कहा कि हमें अपने पुराने इलेक्ट्रॉनिक उपकरणों को सही तरीके से निपटार देना चाहिए और नए उपकरणों को खरीदने से पहले सोचना चाहिए कि हमें उनका उपयोग कैसे करना है।

इस अवसर पर रोटरी क्लब चंडीगढ़ अपटाउन के अध्यक्ष डॉ. राजेश कुमार, ने कहा कि ई-कचरा प्रबंधन को सही तरीके से करना हमारे स्वास्थ्य और पर्यावरण के लिए बहुत ही महत्वपूर्ण है। उन्होंने कहा कि हमें अपने पुराने इलेक्ट्रॉनिक उपकरणों को सही तरीके से निपटार देना चाहिए और नए उपकरणों को खरीदने से पहले सोचना चाहिए कि हमें उनका उपयोग कैसे करना है।



TB Mukht Bharat Abhiyan

On 29.07.2024, Rotary Club Chandigarh Uptown, as part of the TB Mukht Bharat Abhiyan, distributed rations to 20 TB patients at PHC Kishangarh. Rotarian Rtn

Mahesh Arora, IPP Rtn Arun Kamboj, Secretary Rtn Amrik Singh Vraich, and President Rtn Vijay Kumar Dhall participated.

OFFICIAL VISIT TO ROTARY BLOOD BANK SECTOR 37, CHANDIGARH

"Official Visit to Rotary Blood Bank, Sector 37, Chandigarh A delegation of Presidents, Secretaries, and Assistant Governors from Zones 3 to 9 visited the Rotary Blood Bank in Sector 37, Chandigarh, for a comprehensive tour and briefing. The group was warmly welcomed by PP Rtn. AP Singh.

PDG Rtn. Madhukar Malhotra provided a historical overview of the blood bank's establishment and evolution. District Editor Rtn. MP Gupta pledged to feature clubs organizing blood donation camps in the Global Messenger Magazine (GML), highlighting their contributions.

Rtn. Deepak Gupta, District Chair for Blood Donation, shared District Governor Rtn. Rajpal Singh's vision and set an ambitious target of

collecting 10,000 units of blood this year. He also emphasized the importance of involving Rotaractors in organizing blood donation camps to amplify the impact.

Dr. Manish delivered a detailed presentation on the inner workings of the Rotary Blood Bank, enlightening the Rotary leaders on the state-of-the-art technology and processes employed.



The visit concluded on a positive note, with the delegation expressing appreciation for the facility's cutting-edge technology and the

valuable insights gained. The experience was deemed a resounding success, fostering a deeper understanding of the blood bank's operations and inspiring future collaborations.

BRIDGING GAPS AND BUILDING DREAMS: A TESTAMENT TO SERVICE ABOVE SELF

"The best way to find yourself is to lose yourself in the service of others." - Mahatma Gandhi

As a final-year architecture student from Bengaluru, pursuing a thesis on an ambitious project, I found myself at a critical juncture. My case study, which was pivotal to my research, was to be conducted at the Virasat-e-Khalsa, a site renowned for its architectural brilliance. However, upon my arrival, I was faced with an unexpected challenge - the site was closed for renovation. In what seemed like a moment of despair, the Rotary Club Chandigarh Uptown came to my rescue, embodying the true spirit of service and support.

My parents, active members of the Rotary community, facilitated my connection with Rotary Club Chandigarh Uptown. It was through this invaluable network that I met Rtn. Vijay Kumar Dhall, whose dedication and effort turned a potential setback into a rewarding experience. Rtn. Vijay Kumar Dhall took the time to understand my needs, coordinating with various individuals and ensuring that my case study could proceed despite the site's temporary closure. His commitment and resourcefulness were nothing short of extraordinary, and I am deeply grateful for his assistance.

Without the intervention of Rotary Club Chandigarh Uptown, my thesis research would

have faced significant delays, potentially jeopardizing my academic progress. Their willingness to go above and beyond to assist a student in need is a testament to the organization's unwavering dedication to service. This experience has not only enriched my research but also strengthened my belief in the power of community and collaboration.

I also wish to extend my heartfelt gratitude to Mr. Bhupendra Singh, the administrator of Virasat-e-Khalsa, for his cooperation and support during this period. His assistance played a crucial role in facilitating my research under challenging circumstances.

In conclusion, my journey through this critical phase of my academic life has been profoundly impacted by the generosity and support of Rotary Club Chandigarh Uptown. Their commitment to service has made a lasting impression on me, and I am immensely thankful for their efforts. This experience has reinforced the importance of community, service, and the remarkable impact that can be achieved when individuals come together to support one another.

Thank you, Rotary Club Chandigarh Uptown, for turning a moment of uncertainty into an opportunity for growth and success.

Sharadhi d/o

Rtn. Shiva T N



Installation Ceremony

President Rtn. Vijay Kumar Dhall
& Board of Directors 2024-25











On the installation Ceremony held on July 11, 2024, the Club Celebrated **Birthdays and a Marriage Anniversary with a Cake Cutting**. The celebration included the marriage anniversary of **Rotarians Rajiv Arora and Sanchi Arora** on July 23, as well as **the birthdays of Rotarian Bani Kamboj** on July 1, Rotarian **Hari Om Verma** on July 5, and Rotarian **Sanchi Arora** on July 9.

ROTARY CLUB CHANDIGARH UPTOWN

Dear Rotarian Hari Om Verma Ji,

On behalf of Rotary Club Chandigarh Uptown, we extend our heartfelt gratitude for your generous contributions to the Rotary International Foundation. Your remarkable donations of Rs. 500,000 on the 6th of July and Rs. 350,000 on the 7th of July in celebration of your birthday are truly commendable.

Your unwavering commitment and support towards our cause exemplify the true spirit of Rotary. Such generous acts not only reinforce our mission but also inspire others to contribute towards making a positive impact in our community and beyond.

Thank you once again for your continued support and dedication to the Rotary ideals.



Sunshine Collected During July 2024 is Rs 5650/-

अध्यक्ष रोटेरियन विजय कुमार ढल्ल और 2024-25 के बोर्ड का पदस्थापन समारोह



जै के बता नू चंडीमढ़।

रोटरी वर्ष 2024-25 के लिए अध्यक्ष रोटेरियन विजय कुमार ढल्ल और बोर्ड का पदस्थापन समारोह 11 जुलाई, 2024 को होटल अरोमा, चंडीगढ़ में बड़े उत्साह के साथ आयोजित किया गया। समारोह में नए नेतृत्व को शामिल किया गया तथा आगामी वर्ष के लिए दूरदर्शी परियोजनाओं की घोषणा की गई। नव स्थापित बोर्ड में शामिल हैं- "अध्यक्ष" रोटेरियन विजय कुमार ढल्ल, "सचिव" रोटेरियन अमरोक सिंह चराड़ा

- "तत्काल पूर्व अध्यक्ष

(अध्यक्षी) "रोटेरियन न अरुण कंबोज, - "द्व्यध्यक्ष" रोटेरियन राजेंद्र प्रताप, - "कार्यकारी सचिव" रोटेरियन अंजना कपूर, - "कोषाध्यक्ष" रोटेरियन राजेश बिंद्रा, - "सॉर्ट-एट-अउर्स" रोटेरियन अजय गुप्ता, - "निदेशक अंतर्राष्ट्रीय" रोटेरियन डी हरिओम वर्मा, - "निदेशक" रोटेरियन शोना सिंगला, - "निदेशक" मंजुला बारिल्ला, - "निदेशक" अनोता सुद, - "निदेशक" रोटेरियन अविनाश तनेजा, - "अध्यक्ष" रोटेरियन रावीव अरोड़ा, - "बलब प्रशासक" रोटेरियन मोहन अरोड़ा कार्यक्रम में मुख्य अतिथि डीजीई राव प्रकाश, चिन्होनि वैतक की

अध्यक्षता की, तथा तैरा ही तैरा मिशन के विभिन्न अतिथि हरजीत सिंह सभरवाल ने इस अवसर की ओर भी गौरवाचित किया। अध्यक्ष रोटेरियन विजय कुमार ढल्ल ने बलब के विजन को प्रस्तुत किया तथा वर्ष 2024-25 के लिए विभिन्न परियोजनाओं को रूपरेखा प्रस्तुत की, जिसमें सामुदायिक सेवा तथा पर्यावरणीय स्थिरता पर जोर दिया गया। कार्यक्रम का एक महत्वपूर्ण आकर्षण रोटेरियन हरिओम वर्मा द्वारा अपने जन्मदिन पर 10,000 अमेरिकी डॉलर का उदार दान था, जो बलब के परियोजना प्रयासों में महत्वपूर्ण योगदान देगा। पर्यावरण संरक्षण को बढ़ावा देने की एक उल्लेखनीय पहल

में, समारोह के दौरान एक बड़े हाउस परियोजना भी शुरू की गई। इस परियोजना का उद्देश्य पशुधियों को बचाव तथा समुदाय के भीतर पर्यावरण जागरूकता को बढ़ाना है। समारोह में बलब में नए रोटेरियन का भी स्वागत किया गया, जो बलब को सदस्यता को मजबूत करने तथा समुदाय की सेवा करने की इसकी समता का विस्तार करने की दिशा में एक महत्वपूर्ण कदम है। पदस्थापन समारोह सदस्यों के बीच नई प्रतिबद्धता और उत्साह को भावना के साथ संपन्न हुआ, क्योंकि वे नए नेतृत्व के तहत एक वर्ष तक प्रभावशाली सेवा की आशा कर रहे थे।

पूपाण आरटीआन विसे कुमार ढल्ल अउरे ब्रेड 2024-25 सा सबापना समारोह



विसे कुमार ढल्ल...
इस कार्यक्रम में कुमार ढल्ल ने अपने विजन को प्रस्तुत किया...
समारोह में बलब में नए रोटेरियन का भी स्वागत किया गया...
कार्यक्रम में मुख्य अतिथि डीजीई राव प्रकाश...
चिन्होनि वैतक की अध्यक्षता की...





महिलाओं को प्रजनन-अंगों में होने वाले कैंसर होने वाले कैंसर से बचाव के लिये मुफ्त टीकाकरण अभियान


Rita Kula
DCMD, RI Dist. -3080
2024-25

सर्विकल कैंसर के कारण भारत में हर 7-8 मिनट में एक महिला की मृत्यु हो जाती है। अस्तुक्षित यौन सम्बन्ध, माइक्रो की दौरान स्वच्छता की कमी और कमजोर प्रतिरक्षा तब इसके प्रमुख कारण हैं। यौनि से खुन अथवा असामान्य रिसाव, यौन सम्बन्धों के दौरान तेज दर्द का रक्त स्राव इसके लक्षण हैं। ऐसी स्थिति में अपने डॉक्टर से तुरन्त सम्पर्क करना बहुत जरूरी है।

हृमन पैपिलोमा वायरस (एच.पी.वी) से होने वाले इस घातक तथा कष्टप्रद सर्विकल कैंसर से महिलाओं को आजीवन सुरक्षा दी जा सकती है। उन्हें 9 से 14 साल तक की आयु के बीच, एच.पी.वी. वैक्सिन के दो टीके 6-6 मास के अन्तर पर लगवाना एकमात्र उपाय है। यह वैक्सिन यौनि, गुदा, लिंग, गले और मुँह के कैंसर को भी प्रभावी रूप से रोकती है, आयातित होने के कारण अब तक एच.पी.वी. वैक्सिन बहुत महंगी थी। किन्तु अब अपने देश में बचने के कारण इसका मूल्य कम हो गया है। पर यह अभी भी आय अर्थव्यवस्था की पहुँच से बाहर है। रोटरी इंटरनेशनल, रोटरी फाउंडेशन, स्थानीय रोटरी क्लब्स तथा जन सहयोग से ये टीके आजकल मुफ्त लगवाये जा रहे हैं।

टीकाकरण के बाद भी निजी सफाई और नियमित जाँच - एच.पी.वी. टेस्ट और पैप टेस्ट अपने डॉक्टर की सलाह से करवाने रहना चाहिए। इस प्रकार इन उपायों को अपना कर आप इस भयानक बीमारी से आजीवन सुरक्षित रह सकते हैं।

**उत्तम सुख-निर्ोगी काया राष्ट्रीय खुशहाली का मूल मन्त्र है।
सम्पर्क सूत्र :**



Rotary

FOUR-WAY TEST
Of Things we Think, Say, or Do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

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Herbert Taylor, RI President, 1954-55

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