

# The DownTowner

Month 07 | January 2025

Charter Date: 7<sup>th</sup> May 2008

## Table Of Contents

Club Presidents Desk 2

Thank You for Contributions 2

Events Calendar 3

Club Meetings 4/5

The DownTown Times 6/9

Happy Announcements 10

Participation in RI District 3142 Events 11/13

Spotlight on our Families 14/16

# The DownTowner

## Club Presidents Desk

Rtn Shantaram Shet, RY 2024-25



Dear DownTowners,

Wishing you all a very **Happy New Year!** The new year brings a sense of positivity, hope, and fresh opportunities. It's a time to reflect on past challenges, with the expectation that the year ahead will be better, filled with growth and new possibilities. As Rotarians, we embrace the motto **Service Above Self** and maintain a positive outlook.

On July 1st, 2024, the BOD and I assumed the presidency and management of this vibrant club, and now, six months have passed. I'm delighted to share that our club has achieved great success in the first half of the term. As we step into 2025, let's keep up the momentum and make the second half even better!

From January to June 2025, we have exciting projects ahead, including the District Grant Project, Global Grant Project, RYLA, Club Picnic and CSR initiatives. We also look forward to our OCV and Charter Night celebrations.

Let's make the most of this year by creating innovative fellowship events, ending on a high note, and positioning ourselves among the top 5 clubs in the district!

Yours in Rotary Service,  
Rtn Shantaram Shet

**Thank You for your Contributions!**



**₹2,08,163** Towards CSR

**PP Rtn Shrikrishna Naik  
(via Ashida Electronics)**



**\$ 1,000** Towards TRF

**Rtn Prakash Guha**

# The DownTowner



## Rotary Event Calendar – January 2025 Vocational Service Month.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			New Years Day			Club Meeting Cancelled. Nation Builder Award @ Yashodhan School at 12pm. Vocational Excellence Awards @ 7pm, Maple Inn.
5	6	7	8	9	10	11
					BOD Meeting. District Makar Sankranti Celebration venue - Rotary Bhawan, MIDC, Dombivli East, 5pm onwards.	Club Assembly 7.30 am @ Satkar Residency
12	13	14	15	16	17	18
District Review Meeting	Lohri	Makar Sankranti / Pongal. District Annapoorna Day				RCTDT RYLA. District Lohri 2025 Celebration venue - Nerul Gymkhana, Navi Mumbai, 7pm onwards.
19	20	21	22	23	24	25
						Club Meeting 7.30am@Satkar Residency Speaker : TBD.  District Samvidhan ka Amrut Mahotsav Awards.
26	27	28	29	30	31	
Republic Day						

# The DownTowner

## Club Meetings

**Club Meeting, 7<sup>th</sup> December 2024** – Our esteemed Speaker on **7<sup>th</sup> Dec** was **Dr. Pushkar Rajeev Kulkarni**, who is a 3rd-generation Ayurvedacharya and Founder & Director of Niramay Ayurved. He spoke on the Topic **“Treating lifestyle disorders through Ayurveda”**, he also shared Natural treatments for detoxification of the body. This meeting was a joint meeting with Rotractors.



**BOD Meeting, 8<sup>th</sup> December 2024** – The BOD for the month of December was conducted on the 8<sup>th</sup> Dec Sunday 11am onwards, at President Shantaram Shet’s Residence.

**Trust Meeting, 9<sup>th</sup> December 2024** – The Trustees of Rotary Trust met in the month of December on the 9<sup>th</sup> Dec Monday 6.30pm onwards, at Club Mentor CP Rtn Prakash Rao’s Residence.

**Club Meeting, 14<sup>th</sup> December 2024** – For the Club Meeting on **14<sup>th</sup> Dec** we invited the esteemed speaker **Dr Swapnil Kokate** to speak on the Topic – **Cancer prevention**. Dr Swapnil gave great insights on Cancer disease & also addressed a lot of questions that was asked by the members. It was a very insightful session for all of us.

*Please find the pics of the event in the next page.....*

**Contd....**

# The DownTowner

Contd....

## Club Meetings



**AGM Meeting, 21<sup>st</sup> December 2024** – On the **21<sup>st</sup> of December** , Saturday 7.30 am at Satkar Residency the AGM was conducted & the Board of Directors for the Rotary Year 2025-26 [TITEN] was finalized.



# The DownTowner

DownTown Times – A Glimpse into Club Happening's

## 13<sup>th</sup> Dec Vocational Project – Mobile De-Addiction Talks at Yashodhan School

On the **13<sup>th</sup> Dec** Friday, Mobile De-Addiction talk was conducted at Yashodhan School at Thane, by speaker **Rtn Amit Shrivastav** from Rotary Club of Dombivli North. Rtn Amit runs an NGO & is also a Corporate Trainer. He very nicely and interactively delivered the session using child pedagogy like role play and demonstrations. Around **300 kids** from std 5 to std 10 were **beneficiaries** covered in the session. This event was attended by Club Treasurer Rtn Mahesh Gowande, Ann Julie Kadam & Ann Aparna Shet.



# The DownTowner

## DownTown Times – A Glimpse into Club Happening's

### Annapoorna Project - Adivasi Kids at Vikramgad, Palghar

As part of **Annapoorna Project** food materials was donated to the **adivasi kids** at **Vikramgad, Palghar**. We thank all the members who contributed to this noble cause & the total amount donated was ₹ **51,000**. The following members donated towards this cause: Ann Jyoti Rao, Rtn Sandeep Bachhuka, Rtn Prashant Karkhanis, PP Rtn Srikrishna D Naik, Rtn Pranav Bhosekar, PP Rtn Manish Shah, Rtn Bhushan Patil, Rtn Biju Gopalan, Rtn Manish Basle, PP Rtn Govind Patkar, PP Rtn Sunil D Joshi, Rtn Sunil S Joshi, DGND Rtn Chandrahas Shetty & Rtn Bharti Shetty, PP Rtn Rajesh Mittal, Rtn Amol Yeola & Rtn Shantaram Shet.

### 21<sup>st</sup> Dec – Vocational Project , Talks on Thalassemia at ITI College, Vartak Nagar, Thane

On the **21<sup>st</sup> Dec** Saturday, our Club organized **Thalassemia awareness talk** and screening tests were conducted at the **Dharamveer Shri Anand Dighe Government ITI college** where **Ann Dr Sneha Kokate** gave the awareness talks for 300+ students and subsequently **screening** was done of the willing students. We Thank our Club Secretary Biju Gopalan, Ann Aparna Shet and Annet Shaurya Shet for attending the project. A special thanks for Ann Dr Sneha Kokate for delivering this talk. A big thank you to **Dr Rajesh Butala** for providing one trained technician and **Dr Supriya Lad** for conducting the tests. A big shout out for the technicians Ms. Sakshi and Ms. Samiksha.

*Please find a few glimpses of the event below:*



# The DownTowner

## DownTown Times – A Glimpse into Club Happening's

Contd....



### 21<sup>st</sup> Dec – Attended OCV of Rotaract Club of Thane Downtown

On the **21<sup>st</sup> December** Saturday, our President Shantaram Shet & Club Secretary Biju Gopalan attended the OCV of The Rotaract Club of Thane Downtown at M H High School, Thane.





# The DownTowner

DownTown Times – A Glimpse into Club Happening's

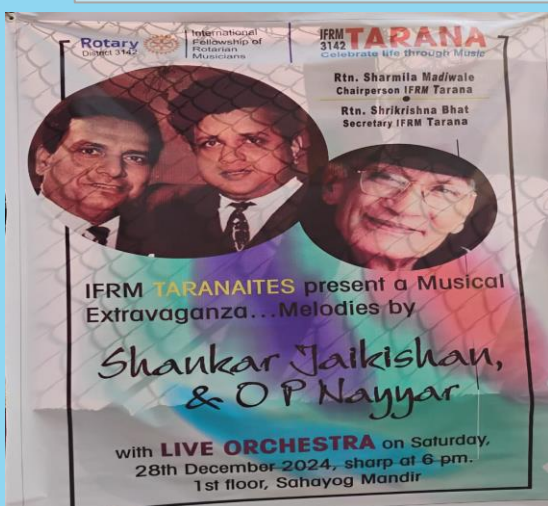
28<sup>th</sup> Dec – IFRM Christmas Party @ Kuvega

On the 28<sup>th</sup> Dec Saturday, the **IFRM** organized the 2024 **Christmas Party** at the **Kuvega, Thane**. This event was graced by our very own DGND Chandrahas Shetty and PR/PI Director Bharti Shetty.



28<sup>th</sup> Dec – IFRM 3142 TARANA @ Sahayog Mandir

On the 28<sup>th</sup> Dec Saturday, the **IFRM TARANA** organized Shankar Jaikishan & O P Nayar musical extravaganza at the **Sahayog Mandir, Thane**. IPP Rtn Nilesh Kadam was one of the Key Singers at this event. This event was also attended by President Shantaram Shet & Ann Julie Kadam.



# The DownTowner

## Happy Announcements - Birthdays

5<sup>th</sup> January

Rtn Sunil S Joshi

7<sup>th</sup> January

Ann Durga w/o Rtn Kalyan Karmakar

8<sup>th</sup> January

Annet Maulik s/o PP Rtn Manish & Ann Minal Shah

16<sup>th</sup> January

Annet Vaishali d/o PP Rtn Govind & Ann Mangala Patkar

21<sup>st</sup> January

Annet Saket s/o Rtn Sandeep & Ann Seema Bachhuka

22<sup>nd</sup> January

Annet Bhaumik s/o Rtn Mahesh & Ann Mita Gowande

25<sup>th</sup> January

Annet Rishull s/o Rtn Dr Rajesh & Ann Bandana Butala

26<sup>th</sup> January

Annet Sakshi d/o PP Rtn Rajesh & Ann Anita Mittal

26<sup>th</sup> January

Annet Sumukh s/o Rtn Sunil S & Ann Harshada Joshi

## Happy Announcements - Anniversary

16<sup>th</sup> January

Rtn Biju Gopalan & Ann Reshma Biju

25<sup>th</sup> January

IPP Rtn Nilesh & Ann Julie Kadam

28<sup>th</sup> January

Rtn Akash & Ann Tripti Singhal

31<sup>st</sup> January

Rtn Prakash & Ann Dolon Guha

Best Wishes from Rotary Club of Thane  
DownTown.  
Many Happy Returns of the day!



# The DownTowner

## Participation in District Events

### 1<sup>st</sup> Dec - RI District 3142 DGND Felicitation

The **District DGND Felicitation** event was hosted by Rotary Club of Thane Downtown on 1<sup>st</sup> Dec 2024 at Ramada by Wyndham at Mahape, Navi Mumbai 6.30pm onwards, to felicitate our very own **PP Rtn Chandrahas Shetty - District Governor** for the **Rotary Year 2027-28** & his better half Rtn Bharti Shetty. This event was kicked off by President Shantaram Shet & then by our MoC PP Rtn Rajendra Shinde.



# The DownTowner

## Participation in District Events

### 6<sup>th</sup> – 8<sup>th</sup> Dec TRF Seminar @ Kochi

On 6<sup>th</sup> – 8<sup>th</sup> December 2024, The District **The Rotary Foundation Seminar 2024** was conducted at Kochi & this event was attended by DGND PP Rtn Chandrahas Shetty, PR/PI Director Rtn Bharti Shetty & Annet Disha Shetty from our Club. At this event, our district has achieved a remarkable milestone where we have been honored with three prestigious awards:

- ❖ 2nd Highest Contribution to the Annual Fund (AF) across Zones 4, 5, 6, and 7.
  - ❖ 1st Highest Contribution to the Annual Fund (AF) in Zone 4.
  - ❖ 2nd Highest Contribution to the Endowment Fund in Zone 4.



# The DownTowner

## Participation in District Events

### 22<sup>nd</sup> Dec – District Christmas Event

On **22<sup>nd</sup> Dec 2024**, the District 3142 **Christmas Party** was celebrated at Heavens Banquets, Flower Valley, Thane. This was hosted by Rotary Club of Thane Uptown/ Thane West/ Thane Northend/ Thane Horizon/ Thane Titans/ Central Kalyan. This event was attendedd by DGND Rtn Chandrahas Shetty, Club Secretary Biju Gopalan, Ann Reshma Biju, Secretary Shantaram Shet, Ann Aparna Shet & Annet Shaurya Shet.



# The DownTowner

"Spotlight on our Families".

## Celebrating the Success of Annet Araohat Kokate.

Congratulations to **Annet Araohat Kokate** [s/o Rtn Dr Milind Kokate & Ann Dr Sneha Kokate] and his team for being selected from 68 applicants for their outstanding work in **developing** the innovative **SNAPFIX app!**

Their dedication and creativity have truly set them apart, and we are proud to see their hard work recognized in such a remarkable way."

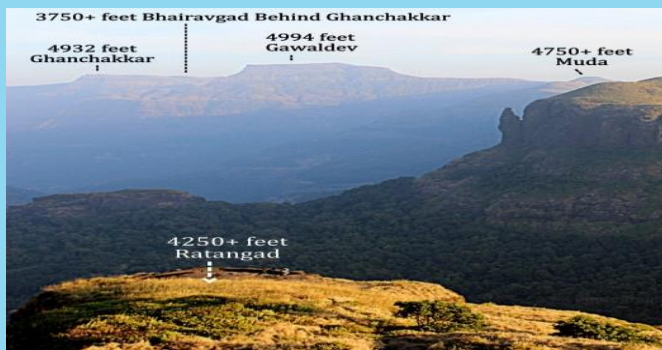


## Rtn Mahesh & Ann Mita Gowande Conquer Ghanchakkar and Gawaldev Peaks on their Wedding Anniversary

**Rtn Mahesh & Ann Mita Gowande** trekked Ghanchakkar n Gawaldev peaks on the eve of their Wedding Anniversary.

Ghanchakkar 1,532 metres (3<sup>rd</sup> highest peak in Maharashtra) and Gawaldev 1,520 metres are part of the Sahyadri mountain range in the Katrabai region.

We wish them many more years of adventure, conquering new heights, and creating unforgettable memories together!





"Spotlight on our Families".

**Ann Varsha Khanwalkar Attends the Swearing-In Ceremony of Maharashtra's CM & Dy CM's.**

Maharashtra Governor C.P. Radhakrishnan administered the oath of office and secrecy to Chief Minister Devendra Sarita Gangadharrao Fadnavis at a Swearing in Ceremony held at Azad Maidan, Mumbai on the 5<sup>th</sup> December 2024, Thursday. Prime Minister Narendra Modi, Chief Ministers of several States and Union Ministers were among those present.

**Ann Varsha Khanwalkar** attended this swearing-in ceremony, as she was granted VIP passes in recognition of her contributions to the BJP's Cell in Medical Field.



**DGND Rtn Chandrahas Shetty - Donation that restores Hope and Mobility : A Lifelong Impact!**

Musculo skeletal deformity corrective surgery (polio corrective surgery) camps are held by Doctors of Dist 3141 and Dist 3142. Every year about 200 - 300 people get the benefit and their lives change forever. **DGND Rtn Chandrahas Shetty** has **donated Orthopedic Surgery Equipments** for conducting these corrective surgeries thereby making our trust a part of every such camp in many years to come. Thank you for your generous donation.

These corrective surgeries change lives of deformed children for ever. Children who couldn't walk or stand before surgery can do so after the surgeries. Every year 2 or 3 such camps are held.



# The DownTowner

## *The Illusion of the "Right" Decision – Penned by Rtn Mahesh Gowande!*

Have you ever stood in a queue, eyeing the others, calculating which one might move faster? You finally commit, only to watch the other lines surge ahead. Frustration sets in, and a thought creeps into your mind: "I should've chosen differently."

Sounds familiar? This isn't just about queues, it's a microcosm of decision-making in life. Whether it's a career move, a big financial choice, or even a personal commitment, the weight of making the right decision can feel paralyzing.

But the truth is that there's no such thing as a right decision at the moment.

### Why We Get Stuck

The pressure to make perfect decisions stems from our fixation on outcomes. We assume that every decision carries a binary label, right or wrong, but the reality is more complex.

When you aim for perfection, two things happen:

1. You hesitate: Overthinking takes over, and instead of moving forward, you freeze.
2. You regret: Even after deciding, you second-guess yourself.

The real trap is that you believe that a wrong decision defines you. But it doesn't.

### Decisions Aren't Just About Being Right but About Moving Forward

You're hiking on an unfamiliar trail. At a fork in the path, you pick a direction. It might lead to a scenic view—or it might loop back to where you started. Either way, the act of moving gives you clarity. Staying stuck at the fork doesn't.

Life works the same way. Any decision you make is a step forward. It's not about guaranteeing success but about gaining momentum and learning along the way.

Shift your mindset:

Focus on progress, not perfection.

Understand that outcomes are uncertain. Even the best decision carries an element of chance.

Trust your ability to adapt. If the choice doesn't work out, pivot.

### How You Ease the Pressure

#### 1. **Embrace Imperfection**

No decision is perfect. Recognize that you're making the best choice with the information you have right now.

#### 2. **Start Small**

Treat decisions as steps, not final destinations. This reduces the pressure and keeps you moving.

#### 3. **Prioritize Flexibility**

Build adaptability into your choices. If one path doesn't work, be ready to adjust without self-blame.

#### 4. **Reflect, Don't Regret**

Every decision teaches you something about the situation or about yourself. Use that insight to inform your next move.

There's no formula for always being right. But there is power in taking action. The more decisions you make, the more confident you become in navigating uncertainty.

Instead of asking, "Am I making the right choice?" ask, "Am I moving in the direction of growth and learning?"

Reflect on a recent decision that felt heavy. What did it teach you?

If you're still grappling with choices and need clarity, let's connect. Together, we can navigate the uncertainty, turn decisions into momentum, and make the journey smoother.

So this New Year taking a cue from the above note, lets **Act, Reflect & Step Forward** in this Journey of Life! **Wishing you all a Very Happy New Year 2025!**