



The Golden Orange

MONTHLY MAGAZINE OF ROTARY CLUB OF NAGPUR
October 2022



- ✓ Weekly Meetings
- ✓ Interact Installation
- ✓ Rotaract Installation
- ✓ Interact Activity
- ✓ Rotaract Activity
- ✓ Community Service
- ✓ Green City Environment Nirmalya
- ✓ Wellness in a Box
- ✓ Microcredit
- ✓ Club Services
- ✓ Monsoon Fellowship



#ThePOWERofSIP

A small **SIP** can go long way



The biggest advantage of SIP as an investing tool is that it allows you to begin with tiny instalments. This ensures that you can start investing very early in life, when finances are generally tight.



Just like a small drop goes a long way in building an ocean, investing regularly with the help of SIPs can snowball into substantial wealth over long term. This is possible due to the power of compounding.



Compounding, simply put, means that you earn returns not only on the principal invested but also on the interest amount earned. In terms of your mutual fund investment, if you continue to invest through SIPs for the long-term, without interrupting the investment process, there is a probability of ending up with a substantial corpus.

Let's understand this with an example-



Diya – Started SIP of Rs. 5000/month, at age 25 yrs. in an equity mutual fund. At age 50, she has corpus of Rs. 94.8 lakh*



Arya – Started SIP of Rs. 5000/month, at age 30 yrs. in the same equity mutual fund. At age 50, she has corpus of Rs. 49.9 lakh*

***Assumed average rate of return of 12% p.a.**

SAME FUND, SAME SIP AMOUNT, A GAP OF 5 YRS. DIFFERENCE OF 45 LAKHS!

An Investor Education Initiative by



SIP - Systematic Investment Plan

For KYC, change of address, investor complaints redressal, etc.
visit - <https://www.hdfcfund.com/information/key-know-how>

**MUTUAL FUND INVESTMENTS ARE SUBJECT TO MARKET RISKS,
READ ALL SCHEME RELATED DOCUMENTS CAREFULLY.**

President's Message



Dear Friends,
The last month had many activities directed towards the Basic Education and Literacy Month.

Interact and Rotaract installations, distribution of school bags, Nirmalaya Collection drive where our Rotaractors and Rotarians worked hand in hand, in the process tried to make a difference in our own small way to the environment. The Microcredit committee's dedication is unparalleled, be it the

verification process to identifying and then finally giving the underprivileged women, to empower themselves and be self-reliant. In our small way we honour our rotarians each month with vocational awards for their contribution to the society through their vocations.

Lithotripsy equipment donated to SVMM Hospital, which would now be able to offer laser surgery free of cost through CSR Grants from Rtn. Vishal Agrawal's Plasto Tanks and Pipes Pvt Ltd. and Cataract Surgery Camp inauguration at Mahatme

Eye Hospital, where 500 cataract surgeries will be performed free of cost, through CSR Grant from PP Aspi Bapuna's Gwalior Alcobrew Pvt Ltd. I am grateful to all those who provided the wonderful opportunity for us to be associated with them in serving the society. The success of this event has yet again showcased that planners and executers in our Club have risen to the levels of professionals.

It is gratifying to see a lot of new members coming forward and getting actively involved in our projects and other activities. A strong indication of the same was the participation and involvement at the District Seminar, Monsoon Fellowship and Garba celebration. It's an indication that the future of our Club promises to be as vibrant as the past. But then, this is not enough. We need more new members to come in the mainstream and bring in new ideas and add their own touch of freshness to our activities.

The month of October is designated for Community Economic development. It is yet another opportunity for all members to join in our service projects and vocational projects, which the month is going to be packed with. It is YOUR involvement, which will not only add to the success of projects and help increase the bond of friendship & fellowship, but also strengthen the objectives of Rotary.

- Rtn Nilufer Rana

Editorial



The season is changing. There is freshness in nature everywhere. The environment is more lively with lush greens all over the city. Festivals around the corner give an unusual adrenaline rush. One seems to forget all worries and simply feels happy about his/her very existence. Business is the science of human services. He profits most who serves

his fellows best. September is Rotary basic education and literacy month. Installations of Interact clubs in schools, Rotaract clubs in colleges are all taking Rotary to students and creating a deep bond of everlasting friendship, supporting education and literacy. Distribution of school bags indicates our support to education. We at RCN are always marching ahead with the motto of service above self by way of projects and programmes for members and society. The satisfaction derived out of Compassion and empathy is the greatest form of happiness. With Array of festivals ahead I wish each one loads of Happiness and Good time.

- Rt Ann Geeta Rao

Festivals bring faith, joy, emotions, and togetherness and as the month proceeds from September towards the winters, our club too glitters with creativity, ingenuity, flair and drive to give back to the society. Monsoons settle and the mild winter breeze approaches as we gear up to celebrate the long festive season ahead. Energy & Enthusiasm of Rotarians reflects on the vibrant projects, be it Nirmalya, Microcredit or Monsoon fellowship. Our Ganesha cover of the previous issue received a lot of compliments too. Rotary family is growing big with promising new additions who come with new energy, new ideas and new connections. The apprehensions of many new members eases in no time as most of them merge into the hustle bustle of one project to another while others take time to open their wings. Our club has a huge talent base, as members are from various vocations and professions. The more involved we become in reaching out to make a difference in the community, the more difference Rotary makes to us.

"Don't judge each day by the harvest you reap, but by the seeds you plant."

- Rtn Ragini Sahu



ON THE
COVER

Micro-credit
Verification

CREDITS

Director : Rtn. Anjali Minocha

Editors : Rtn Ragini Sahu & Rt Ann Geeta Rao

Advisor : PP Rtn. Khushnoor Chugh

PP Rtn Parag Paranjpe & Rt Ann Chetna Singhal

Designing : Fine Prints, Nagpur

Printing : PDG RtnShabbir Shakir & Rtn Shabbar Shakir

TEAM GOLDEN ORANGE email : editor@rotaryclubofnagpur.org



On the backdrop of recent news that polio virus was found in New York, Rotary has renewed thrust to eradicate polio from the world. The latest news from Rotary World is here...

Rotary International President Jennifer Jones appeared on the main stage at the star-studded Global Citizen Festival on 24 September to highlight Rotary's commitment to eradicating polio and announce an additional US\$150 million pledge toward that end.

Jones, who spoke in front of 60,000 people in New York City and tens of thousands more online and on TV, noted the state of emergency that the governor of New York state recently declared to combat a resurgence of polio in the region.

Rotary President Jennifer Jones announces on 24 September Rotary's \$150 million pledge toward polio eradication efforts at the 2022 Global Citizen Festival in New York City.

Jones stressed that polio is preventable through vaccines and that wild poliovirus is endemic in only two countries, Afghanistan and Pakistan. Although female vaccinators are critical to building relationships with mothers and reaching children in these areas, they sometimes can face harassment or even attacks.

In Pakistan, "frontline female health workers put themselves at risk every day," Jones said. "They are committed, even with obstacles, to reaching every last child with polio vaccines." The vaccination program works with the local police and government to ensure the safety of these health workers.

Jones talked about the effect of polio vaccinations in some



countries being disrupted by COVID-19. She pointed out that in 2021, about 25 million children went without critical immunizations. "The world has beaten back this disease significantly, but we must redouble efforts," Jones said.

The additional funding Jones announced will go to the Global Polio Eradication Initiative, which said in August that it was seeking new funding commitments for its 2022-26 polio eradication strategy. "We want this to be the start of a massive effort to reach the initiative's US\$4.8 billion funding goal," Jones said.

Rotary members have been at the center of the worldwide effort to eradicate polio for more than three decades. Rotary launched PolioPlus in 1985 and helped found the GPEI in 1988, when there were an estimated 350,000 polio cases across more than 125 countries in one year. Since then, cases have plummeted more than 99.9%, sparing more than 20 million people from paralysis. Rotary has helped immunize nearly 3 billion children against polio, contributed more than US\$2.6 billion to global polio eradication efforts, and helped secure more than US\$10 billion from donor governments.

District News

District Inbound Orientation

Inbound Orientation Program was held at Nagpur on 04th September 2022. The event was attended by all 9 Inbounds of District 3030. The inaugural session was graced by PDG Vishwas Shastrabhajni as Chief Guest and other IYE Committee Members.

After the inaugural, wonderful sessions were scheduled throughout the day to enlighten Inbounds about Indian Culture and Norms, IYE Calendar, North India and South India Tour,



Rules and Regulations of RYE Program. The speakers of the session were DGN & Advisor RYE Rajender Khurana, Chairman RYE Rtn. Mamta Jaiswal, Co Chair Rtn. Tarun Patel, Co Chair Rtn. Pooja Khatri, Dr. Ravi Waiker, Rtn. Jayshree Chabbrani, Rtn. Radhakrishnan Agrawal, and Madhumita Chakroborty.

- Rtn Mamta Jaiswal



District Seminar on Vocational Service and Membership, Rotary Club Of Nagpur.

District 3030 Seminar (Region 6) on Vocational Service and Membership was conducted on 18th September and hosted by Rotary Club Of Nagpur at the wonderful venue of The Golden Leaf Banquet Hall. ARC PDG Lalit Mohan Gupta was the Chief Guest and PDG Shabbir Shakir was the Forum Leader, President Nilufer Rana presided over the proceedings.

Convener of the Seminar, Past President Rina Sinha-Rotary Club Of Nagpur welcomed the dignitaries and the meeting started with lighting of the traditional lamp. PDG Shabbir Shakir set the expectations with his opening remarks and highlighted that Membership being the soul of Rotary we need to deliberate on not just how to increase membership but also retain and involve them. AG Kamlesh Chotwani (Aide to Chief Guest) introduced the Chief Guest ..

PDG Lalit gave an enlightening talk on Vocational Service of Rotary and highlighted the world of opportunities that open when service to society is delivered through the member's vocation.

The first plenary session was very efficiently chaired by Rtn Vineet Mohunta and the speakers were Past Presidents Parag Paranjpe, Dr Kiran Kulkarni and Rtn Anagha Joshi. Dr Kulkarni gave a very thought-provoking talk on the power and implementation on the Four Way Test. Parag in his presentation laced with interesting anecdotes highlighted how we Rotarians can provide service to the society through our individual vocations. Anagha talked about Vocational Service Activities. It was an interesting session appreciated by all.

PDG Lalit Gupta gave an elaborate talk on Membership and retention with specific examples and data related to our District 3030. He lauded the clubs which had increased their membership this year and elaborated the scope for others to

increase theirs too with inputs on how to make Lady members and the youth too.

PDG Shabbir then conducted an extremely live session on to take us through “WE THE PEOPLE – THE CHALLENGE THE OPPORTUNITIES of Involving the Members“ in his inimitable style with Shayri and threw a volley of questions to the panelists, Lead Voices -Rtns. Lekhrum Patel, Anil Mahalle and Naresh Baldawa spoke to the audience on how to keep the new members involved, the responsibility of the proposers, senior members as well as the new members themselves. An interesting discussion on how to keep the interest of the senior members and Past Presidents alive gave many insights to the challenges of retaining members and their active involvement.

The last session was chaired by Convener Rtn Rina Sinha and the speakers were Membership - The Right Processes by PP Khushnoor Chugh. How to attract Lady members & Young Professionals by PP Rajesh Vyavhare. New Club Formation by AG Nishikant Kashikar. Innovative types of Clubs & Membership by AG Anand Kalra. Many new insights and tips were shared by them.

PP Rina Sinha invited IYE student Camille to share her views on the seminar which she did very elaborately and enthusiastically. The audience also actively participated in all the sessions.

PDG Shabbir in his “Shayrana Andaz” concluded the session with his remarks. Honorary Secretary Mamta Jaiswal formally proposed The Vote Of Thanks, President Nilufer adjourned the meeting after the National Anthem.

More than 75 members from 15 Clubs in Zone 6 participated.

- PP Rina Sinha



Weekly Meetings

Business Meeting

1st September 2022

September being Vocational Services month and also 5th September being teacher's day, vocational awards were given to Dr. Nisreen Maimoon & Dr. Urmila Dabir for outstanding service in education for their continuous contribution to society. Dr. Rajesh Singhania was also felicitated by vocational award for his immense support and contribution to society and to Rotary Club of Nagpur.

Best Chairperson's awards for various committees for excellent

work done in month of August were given to Mamta Singh, Chetna Singal, Snehal Jhawar, Geeta Rao, Ragini Sahu, Kritika Chaudhry, Archana Jain, Abhishek Goyal, Nisha Agrawal, Deepti Sibal, Dr. Grishma and Archana Javery. Congratulations everyone and thank you for your good work.

- Rtn Anjuli Minocha



Panel Discussion on Membership

8th September 2022



"TIME FOR SOME HEALTHY TUSTLE" 7 Clubs came together to find a conclusion on "THE GREAT MEMBERSHIP DEBATE".

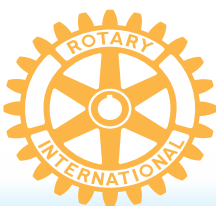
The event where 7 Past Presidents (SHARKS) from 7 different clubs participated with moderator being the Shark himself PDG Rtn Shabbir Shakir.

It was a great healthy discussion on various aspects of Membership, like "Do we need Quality or Quantity", "Is the fees charged, Justified", even the audience were engaged in certain questions by the moderator on their views and experience.

The event was a huge success and the fellowship with 7 other clubs was amazing. It was a full house.

- Rtn Harshit Jain

Rotary



The Four-Way Test

of what we think say or do

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build good will and better friendship?
4. Will it be beneficial to all concerned?

Weekly Meetings

Medical Care after 40

15th September 2022

On 15th September, guest speaker was our own member Rtn. Dr. Shantanu Sengupta .

Get a taste of your medical tests needed. Are we doing right ?

His concern was whether we all are taking right tests needed after the age of 40.

He enlightened us about the same and said that one should go for tests which are required and not for the packages offered. Regular check ups, tests, Cervical and breast cancers in female, diabetes patients to get their tests done every year . Many more helpful tips were given by him. Correct BMR values, timely regular tests and being conscious of our health, will keep us fit and going a long way.

Members present were greatly benefited by the information given by him.

- Rtn Aarti Vajani



Basic Fire and Safety Measures

22nd September 2022



On 22nd September 2022, The Rotaract Club of NFSC conducted a session of Basic Fire and Safety with assistance of Immediate Past Secretary Rtr. Shruti Bandgar, Pres Soham Sawant, Sec Rachit Singh and Jt Sec Ashwarya Choukikar. Teacher in charge Rajesh Sabnis began the session with interaction with the audience maintaining two way communication throughout. With the help of presentation, he informed the audience about the basic knowledge of fire and gave suggestions on steps and instructions to follow in case of fire. He focussed on the idea of prevention of accidents in daily life and also discussed real life scenarios. The session ended with the question round.

- Rtn Ricky Uppal

Navratri Celebration & Garba Evening

29th September 2022

On 29th September, after regular meeting Programs committee organised a Garba evening. Rotarians along with Rt Anns , Rota kids, Rotractors and RYE children enjoyed themselves as they danced to popular garba tunes. Everyone was dressed up in yellow traditional attires adding colour of festivities to the program. It was a fun filled evening for all. A big thankyou to Rotractor Muskan Leherwani, Rtr Kashish Keshvani and Pravesh Hingorani for teaching Garba steps and leading the dances.

- Rtn Anjuli Minocha



Organ Donation



Rotary Club of Nagpur appreciates and expresses their gratitude to the family of Nitin Sarda for the selfless deed of Eye Donation. "Share the light" allows cornea recipients to say "Thank you" to the donors who selflessly have given the gift of sight. Eyes of donated person can save the vision of two corneal blind people. Donated eyes are never bought or sold. We thank the family for the gift of light. We also thank Rtn Shiraz Doongaji for handing over the memento to the family.

Interact Club Installation

Modern School Koradi Road

The installation ceremony of Interact Club of Modern School, was held on 2nd September. The Chief guest, President Rotary club of Nagpur, Rtn. Nilufer Rana, Hon. Sec Rtn. Mamta Jaiswal, Director Youth Service Rtn. Dr. Nisreen Maimoon, PP Rtn. Khushnoor Chugh, Chairperson Rtn Ruchi Uppal, Modern School Principal, Ms Rupali Dey and Manager, Rohan Kapai graced the momentous occasion. The dignitaries were felicitated with a floral bouquet. The club activities of the year 2018-2019 were summed up by Ajinkya Gahurkar. The new president of the club Miss Brahmi Shringod received the collar and gavel. The newly installed team members received their badges from the honourable chief guest and other dignitaries and took the oath. The school Principal, addressed the gathering and encouraged the new team members to put in their best efforts for the coming year. New president Miss Brahmi Shringod gave a bird's eye view of the club activities for the coming year. Rtn. Nilufer Rana addressed the gathering by sharing her views and encouraged the students to take up new



challenges and give their best. She said that everyone needs to become an extraordinary person by carrying out their responsibilities better than others in the surrounding which makes them outstanding in the crowd. The programme was concluded with a vote of thanks.

Blood Donation

SMMCA, LAD College



A Blood Donation Camp was organised at SMMCA, LAD College, Seminary Hills, Nagpur on 5th September, 2022 from 8:30 am to 2 pm. The camp was attended by college students and staff members. The students were all in the age group of 18-21 yrs. Most of them were apprehensive about donating blood and needed a little coaxing as it was the first time for all of them. Some were eager to donate while many were disappointed as they were not able to do so for various reasons. 21 units of blood was collected. A memento was presented to Mr Ashok, Head of Admin Dept.

Rotarians Sgt. at Arms Sandeep Vaid and Chairpersons Tari Chawla, Suruchi Agarwal and Samina Wagh were present to look into the smooth operation of the camp. Rotary Ann Samina Wagh also donated blood. Thanks to Lifeline Blood Bank for their support.

- Rtn Suruchi Agarwal

SMMCA, Rotaract Installation

Rotary Club of Nagpur in collaboration with SMMCA Nagpur, installed the Rotaract Club of SMMCA for the session 2022-23 officially on 5th September 2022 at the college campus. The presence of the directors of the Rotary club of Nagpur along with the Principal and Teacher-in-charge of SMMCA made it an absolute memorable event.



75 YEARS OF EXPERIENCE AT YOUR SERVICE

Allow us to thank you on every visit

 **VASANT
OPTICALS**

Shankar Nagar, Nagpur
9881234666

 **VasantOpticals**
 **vasantopticals**



Rotaract Installation

SRWC Rotaract Club

The installation ceremony of Rotaract club of Sadabai Raisoni Women's college was held in the presence of President, Rotary Club of Nagpur Rtn. Nilufer Rana. The ceremony started by lighting of the lamp. Rukmani sadafale the immediate past president of SRWC presented the activities carried out in the year 2021-2022. This was followed by the Change of Guards ceremony in which IPP Rukmani sadafale handed over the gavel to Vishakha Mangtani, President for this year. Rtn. Nilufer Rana, President Rotary Club of Nagpur installed the Board members.

Mrs. Amina Vali Principal of Sadabai Raisoni Women's College, explained to the students how one could reach out to the less fortunate through Rotaract. President, Rotary Club of Nagpur Rtn. Nilufer rana, motivated the students to actively participate in various events as they not only contribute in community development but also help in enhancing our own personality. PP.Rtn. Tauby Bhagwagar, addressed the gathering.



Rasika Chandankhede, Secretary Rotaract Club proposed a formal vote of thanks.

Rtn. Mamta Jaiswal, Hon secretary Rotary Club of Nagpur was also present

- Samiha Khan

Shri Lemdeo Patil Mahavidyalaya



The 4th Installation Ceremony of Rotaract Club of Shri Lemdeo Patil Mahavidyalaya, Mandhal was organized on 06 Sept., 2022 under the presence of Shri Babasaheb Titarmare, Working President, Shri Chaitanyeshwar Shikshan Mandal, Nagpur, Shri C. L. Titarmare, Vice President, Shri Chaitenyeshwar Shikshan Mandal, Nagpur. The entire

teaching and non-teaching staff of the college along with student members of the club were present for the Installation Ceremony.

PDG Rtn. Shabbir Shakir, President Rtn Nilufer Rana, Rtn Namita Sharma, PP. Rtn Tauby Bhagwagar, Director Youth Service Rtn Manisha Agrawal and Rtns. Abhishek Goyal, Aliasger Wagh and Harshit Jain were present for installation.

Prof. Sunil anchored the programme. Dr. Navneet Lamba, Teacher In-charge of Rotaract Club, S.L.P.M. gave the introductory speech and highlighted the work done by club. Miss. Priya Thote newly selected student president of

Rotaract club S.L.P.M. shared her views regarding personality development in Rotaract. PDG. Shabbir Shakir, in his speech motivated the students and explained their role in community building. Principal Dr. Pradeep Randiwe congratulated all the office bearers. Prof. Deepak Taiker proposed the vote of thanks.

Rotaract Club of KDKCE College

On 17 September 2022, Rotaract Club of KDKCE, Nagpur conducted Installation Ceremony.

The Chief Guest for the event was Rtn Nilofer Rana, Rtn Manisha Agrawal and Rtn Mohammad Master.

Rtr. Khushboo Jain, Past Secretary of the Rotaract Club of KDKCE gave the presentation about the last year's achievements. Board of Directors were pinned and also, our special committee of Joint Directors.

Rtn. Nilofer Rana President of Rotary Club of Nagpur addressed our fellow Rotaractors. Rtn. Mohammad Master motivated the audience. Vice-Principal Dr. A. M. Badar, addressed the audience. Then Ankita P. Bhangaadkar, Director of Rotaract Club of KDKCE proposed the Vote of Thanks. The event concluded with National Anthem.



Interact Activity

Southern Point High School

The Students of Southern Point High School under Interact Club visited 'Gandhi Public School' Somwari Qtrs. The students of class IX and Class X spent some time with these children.

On the visit, the students presented an entertaining programme including games, quiz, song and a small skit. The students collected money and bought uniforms for the children of nursery. Along with the uniforms, fruits and other gifts were also distributed among the children.

The Principal of 'Gandhi Prathamik Shala Mrs. Yawalkar expressed her gratitude towards the students for the well organized programme presented before her students and also towards the management for arranging such a visit which



imbibes the sense of social responsibility among the children. Principal Dr. Rasika Dasture, Supervisor Deepali Dani and teachers accompanied the students.

Centre Point School KR



Centre Point School Katol Road organised and held its 28th Academic Fest -Cenfest 2022 from August 24th to August 27th, 22. This annual festival, hosted by the school, attracts students from city schools to compete in various week-long interschool competitions. This year, the school hosted the Cenfest Science Meet and Cenfest Mathematics Meet, which were judged by eminent city judges. The interactors were participants, compere, and volunteers.

On August 25th, a Mathematics Quiz Competition was held for the four finalist teams who had qualified after the written Preliminary round. The winning teams in this included CPS,Katol Road as the top notcher Ameer Parihar, the committee member, Director for Vocational Services. Vardaan Malhan, Vice President, and Yash Pande hosted the event. Kavya Jaiswal, Ansh Bhatia, Sparsh Agrawal, Arnav Baheti, Monit Gidwani, Tanishq Agrawal, Saumit Kripalani Dhawani Mehta, Kabir Kamwani Anannya Baheti Harman Singh Randhak, Aarav Atlani, Aashi Poddar, Yash Pande, and Aaryan Gwalani were among those who actively participated.

The interactors played an integral and an important role in the success of the event. The interactors were crucial to the event's success. The Science and the Mathematics department acknowledged and appreciated the efforts put in by the interactors.

- Ruchi Uppal

Interact members announces the theme for the year

The members of the Interact club of Centre Point School, Katol Road introduced their group and its slogan during the morning assembly. Kavya Jaiswal, the newly installed President, presented the Interact Club's vision and mission. On the basis of 'The Rotary's credo, she announced the theme for this year's Interact club, 'Serve to Change Lives.' To do this, the interact club will collect an item each month that will be donated to those in need. The theme for the month of August is 'Be the Rainbow.' Students are encouraged to give raincoats and umbrellas that they do not use but are in good shape.

Vardaan Malhan, the Vice President concluded by briefing the students with the procedure for becoming a member of the Interact Club and work for the well being of the society.



Rotary



Youth
Exchange



Interact Activity

Interactors Attend Orientation Programme



The Rotary Club of Nagpur hosted an orientation session for Interactors on August 6, 2022. Kavaya Jaiswal, President of Centre Point School's Interact Club, and Yash Pande, Secretary of the Interact Club, attended the event with

Interactors learnt about the history and varied activities of the Rotary Club and its young branch, the Interact Club, as well as the fundamental meaning of service over self. A quiz was given on the history and activities of the rotary club. The quiz was followed by a workshop on life and soft skills development, which actually provided them with a concept of what leadership is and how to change into genuine human beings in all settings.

In a nutshell, the interactors brought home the point that if one wants to advance in life in the right direction, one must stay on the path of positivity and avoid and overcome negativity.

Kavaya Jaiswal, the President and Yash Pande, the secretary at the session.

St. Xavier's Interactors Visit Happy Home Orphanage

On the occasion of founder's day, The Interact members of St Xavier's school organised Food distribution at Happy home orphanage Gondkhairi, Amravati Road, Mohgaon. At the orphanage, the interactors had a conversation with the children there. They went around the orphanage which had domestic animals. The children and the members sang a prayer. Members donated grains, biscuits, clothes and stationery to the children. It was a wonderful experience. The interactors experienced the joy of giving and sharing.



Rotaract Activity

Rotaract Club of Nagpur



On 10th September 2022, Rotaract Club of Nagpur in collaboration with Rotaract Club of Nagpur West, YCCE, JIT and Nagpur DOWNTOWN organized a Heritage Walk from 6.30am at Sonagaon Aamrai, the place are full of history and interesting stories.

At Nitika Ramani directed the walk with the brief history of the Sonagaon Heritage and the ruling history of Nagpur.

Rotaract Club of Rajkumar Kewalramani Kanya Mahavidyalaya



In collaboration with Rotary Club, Rajkumar Kewalramani Kanya Mahavidyalaya participated in the Nirmalya Sankalan Activity at Futala Lake, Nagpur on September 8, 2022. During the Ganesh Utsav, many devotees come to Futala Lake for Ganesh Visarjan. Solid Waste Management becomes a severe issue during the immersion of the Ganesh Idol and other material like flowers, garlands, idol garments etc. Every year, Rotary Club of Nagpur takes initiative to help NMC to control water pollution of Futala Lake during the festive season by appealing and assisting the community to use artificial water tank and Solid Waste Tank to protect the nature. Rotaract Club of Rajkumar Kewalramani Kanya Mahavidyalaya shouldered the responsibility and made the people aware regarding waste management during Ganesh Visarjan on September 8, 2022. Seven volunteers worked with the Rotarian Devendee Dhingra and his team.

Micro Credit

"Encouraging entrepreneurship to the underprivileged and weaker section of society by way of microcredit since past 20 years"

This is the genuine purpose and aim of Micro credit committee of Rotary club of Nagpur. This noble project was initiated way back in 2002 during the Presidential Term of the then member and President of our club Rtn. Chandru Shahani... 20 years back The club provided Rs 5000/- as working capital to small business entrepreneurs in slums in Nagpur city. The needy and underprivileged were identified by social workers and village Asha workers, appointed by corporation. This amount of Rs.5000/- was given after verification of proper business viability, proper Bank account in the name of lady doing business and permanent address proof. Previously the electricity bill was considered the address proof which is now replaced by Aadhaar card. This loan or credit was meant to be given interest free. The beneficiary would return ten percent of loan amount every month for ten months. Failing which would make them responsible to pay a fine of Rs 100/- every month till the time the repayment instalment was not paid. All these rules and regulations were maintained by a legal document of a 100 Rupee stamp paper, which is signed by the beneficiary ones she received the loan. the Legal paper was and still is enough to maintain a disciplined repayment. Small businesses like, Samosa business, Tiffin service Beauty Parlour, making papad, wadi, stitching, selling clothes, stationery, Kirana shop, toy shop, pan shop, chai shop, animal, rearing, etc. were supported and we still continue to support them. The beneficiaries were happy with the small help and showed growth and improvement in their business.. Year after year many ladies have been benefited through this project. We have many success stories printed in our GO. The sincerity by which the entrepreneurs repay the amount gave the committee the much required confidence to repeat the credit disbursement for more than ones in a year. From 2010 the loan amount was increased to 10,000/- and now each lady gets Rs.10,000 /- and repays 1000 /- Rs every month. The project got a great support of the club Presidents, The Rotary Club Women's cricket Teams and also Member Rotarians and Non Rotary Donors. Gradually the

committee with full support of Committed Directors and

Chairpersons has gained a respectable amount of corpus which helps in the continuous and smooth working of the programme.. Even during Covid times, the club did not fail in its services. In President Rtn. Rina Sinha's term a new system of supporting the programme was introduced. Members interested in donating in multiples of ten thousand were welcome to do so, but an option of taking back the donated money in ten months was introduced. This continues even now. Any member interested in supporting the needy slum entrepreneur can contribute in multiples of ten thousand at the beginning of the rotary year i.e. in July and get back the same amount in the eleventh month as it is collected back by committee members. The year 2016-17 was the first year to disburse credit to 48 beneficiaries, and this was done by way of disbursing loans out of the repayments received back from beneficiaries. The committee apart from disbursing loan also works towards the business awareness of the beneficiaries. Sessions on safe banking, proper use of ATM cards and mindful savings are conducted. This year it is heartening to receive 67 applications from different localities of Nagpur city and neighbouring villages. Each applicant had to send an application with details of their name, address, profession, Xerox of the Aadhaar card and bank details. One more important point is that the loan is given to only the ladies who have their own personal accounts and do not share it with their husband or any family member. The committee works hard throughout the year. There are chairpersons and committee members working continuously for more than 10 to 15 years now. New members are included every year and a proper hand holding is done till they are confident to carry forward the programme. Human as we are, let us never look back for a moment, but dynamically march forward. Creating a glorious future of magnificent achievements by rightly exercising the independent self-effort that is man's prerogative.



Disbursement of Microcredit to beneficiaries of Futala, Indora and Gitti Khadan



The first round of Microcredit disbursement to women entrepreneurs in slums was done on 22 nd of September at Rotary centre, during regular meeting. This facilitated All other members than the committee members to witness the Disbursement of Rs.10000/- (Rs Ten Thousand) each as working capital to support their small businesses, which they do to sustain themselves and their families. President Rtn Nilufer Rana handed over the cheques to all beneficiaries. Chairpersons Rt. Ann Shefali Shah, Rtn. Ragini Sahu, Rt Ann. Mamta along with comittee member Rtn Ann. Geeta Rao worked for the verification of the applicants. Director Rtn. Nisreen Maimoon and committee member Anand Tripathi were present with Team for disbursement. We wish all beneficiaries a good and fruitful business during Diwali and the times ahead.

Disbursement of Microcredit to Dongergaon and Panjari Beneficiaries

More than 55 applications were received from Dongergaon this year. The ladies in villages have limited resources compared to city slums. They usually depend on the weekly market for sales of any product. They generally deal in trading of clothes, daily needs, cattle rearing, tailoring and making savoury like pickles and papads. Verification of applicants is challenging here. Chairpersons Mamta Kahai, Shefali Shah, Madhu Mrig along with committee members Sapna Hardwani, Geeta Rao, New Members Aliasger Wagh and Samina Wagh worked for the verification and selected 16 suitable applicants. The committee appreciated the time and patience shown by the new members. They liked the experience of meeting and understanding the situation of the women living in the rural areas and helping them. On 27th September, the verified beneficiaries were given a credit of Rs. 10000/- each as working capital. President Rtn Nilufer Rana along with Director Microcredit Rtn. Nisreen Maimoon, Chairpersons of the committee and Rotarian Sunil



Thapar gave away the cheques, at Dongergaon .It is one of the most gratifying experience. Waiting to help many more .

- Rt. Ann. Mamta Kahai

आयशर ट्रैक्टर्स के दमदार ट्रैक्टर्स

Celebrating **60** Years!

सोफ्ट शॉल डिवाइस

पावर लिफ्ट

सेक्टर लेवेलर

पावर / ब्रुश रोड क्लेयर

ट्रैक्टर माउंटेड हार्वेलर

ट्रैक्टर माउंटेड हार्वेलर

ट्रैक्टर माउंटेड हार्वेलर

Side Shift

Oil Immersed Brakes

Heavy Lift

QUADRA DRIVE

SYNCHROMESH GEAR BOX

Auxiliary Valve

POWER STEERING

ट्रैक्टर माउंटेड हार्वेलर

ट्रैक्टर माउंटेड हार्वेलर

ट्रैक्टर माउंटेड हार्वेलर

उम्मीद से ज्यादा

वर्मा ट्रैक्टर्स

• २३५, वर्धमान नगर, नागपूर • मेन रोड, साकोली • आमगांव रोड, गोंदिया

शाखा : काटोल, रामटेक, उमरेड, मौदा, देवरी, अर्जुनी/मोर, तुमसर, वडसा, आरमोरी

9209380380

8623811122

Nirmalya Collection



The Nirmalya Collection drive was held in Futala lake on the 7th, 8th and 9th of Sept, 2022 along with NMC.

NMC had systematically constructed 18 huge water tanks for idol immersion on the lake side as the entire lake was cordoned off and inaccessible. They had also placed 12 Kalash for nirmalya collection.

The Devotees were aware of separating the nirmalya before immersion and it was heartening to see them follow these rules.

All this could be possible because of awareness created by NGOs and NMC over years. 150 Rotarians, Rotary Anns and Rotractors were present from 5pm to 11 pm putting in full efforts to make the drive a huge



success. They were present around each water tank helping the devotees and also creating awareness about POP idols. PDG Shabbir, PP Tauby, PP Jerestin Watchmaker, President Nilufer, President elect Namita Sharma, Deepa Jamwal, Pramod Jamwal, Devendeeep Dhingra, Tari Chawla, Mamta Jaiswal, Meeta Shaw, Aliasgar Wagh, Sonia Khurana, Geeta Rao, Ragini Sahu, Suruchi Agarwal, Abhishek Goyal, and extremely enthusiastic Rotaractors from Rotract club of Nagpur, TGPCA, KDK and Kewalramani were present to help out.

- Rtn Suruchi Agarwal



Passion to life...

Central India's Best 100 Bedded
Multi Speciality Hospital
with International Standard of
Clinical Excellence in Nagpur



Why VIMS

- All patient related services under one roof.
- Expertise of super specialist senior consultants.
- Treating patients from all over the world.
- Latest technology & equipments for better treatment.
- Billing transparency & much more...



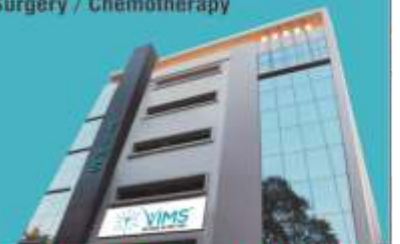
Ambulance Services
Pharmacy | Laboratory
Radiology with CT Scan

Our Services

- Emergency Medicine & Trauma
- Advance Critical Care
- World Class Operation Theatres
- Angiography, Angioplasty, Valve & Bypass Surgery
- Joint Replacement & Spine Surgery
- Laparoscopy & Bariatric Surgery
- Laparoscopic Hysterectomy
- High Risk Pregnancy
- Obstetrics Critical Care
- New Born & Pediatric Intensive Care Unit (NICU)
- ENT & Cochlear Implant
- Mouth & Throat Surgery
- Laparoscopic Hernia Surgery
- Endoscopy, Gastroscopy, Colonoscopy
- Cancer Surgery / Chemotherapy



LIC Square, Mohan Nagar, Nagpur. Phone : 0712-2811400 - 24
E-mail : info@vimsnagpur.in : www.vimsnagpur.in



Green City Committee And Environment



It is easy to be swept away in today's fast paced technology driven personal and professional life, but nature and outdoors has always found a way to bring calmness and relaxation that one craves for. Thus, it is imperative to work towards a sustainable way of approaching our city development needs as more and more infrastructure projects are undertaken. People should have a gateway to

clean scenic surroundings in their very own city rather than rushing to out of station destinations. Rotary International Nagpur Chapter has been working for years tackling this balancing act in sustainable development and lifestyle choices with plethora of projects initiated from recycling to vermicomposting to setting up water sheds, all aimed at bringing incremental benefits to our environment and awareness among people year on year.

Rotary and Green Committee have been companions for more than a decade. Planting trees in homes and factories is the main deliverable from this initiative. Over time it was realized that not much emphasis was given on care of the planted trees, and this was incorporated in the project as it evolved over years. Rotary wanted to inculcate this 'environment care' zeal in children at an early age and started involving them in their annual planting drives. This project of getting the younger generation in the fold took off under Rtn. PP Vijay Naidu (2007-2008) when Rotarians started working with children of Twinkle club of Hitavada. The project gained traction and publicity and provided the much-needed awareness among children which was the main goal. Following up with the initial success more rotarians took part in the plantation drives in schools and colleges. Later the green committee started giving the young children seeds and manure to grown them into plants. Learning from the exercise was twofold for the kids as nurturing a seed over time instilled patience and skill but they also learnt about nature, science and responsibility for taking care of the plant. Plantation drive continued all these years and in recent times more emphasis has been given to 'complete plantation' – digging holes, manure, tree guards and post care, as a result of which all plants have survived and thrived. Vermicomposting was taken up in the year 2004.. The project was initiated on a large platform aiming for school and colleges, where it could serve as a recycling paradigm for students in a live experiment format, and for homes to make it more of a lifestyle choice for many. The process involved segregation of biodegradable wastes and converting this waste to compost by using composter earthworms. The composting process produces a rich organic soil containing a variety of plant nutrients and microorganisms. Early 2000's when this project was initiated the "organic farming" craze hadn't reached our lives but today the organic route (use of natural fertilizers) for growing vegetables and fruits resonates in our daily food choices. The project is a prime example of sustainable way to tackle garbage disposal utilizing a natural recycling process.

To tackle littering on roads and preserving our waterbodies, one of the big projects was the Nirmalya project under the presidentship of Rtn. PP. Sanjeev Chugh. The Nirmalya Collection Project took on the herculean task of preserving our city's landmark Futala lake from being choked up with non-biodegradable materials by managing the process of idol immersion in a way which concatenates both fundamentally

ingrained piousness with environment protection. The Project when initiated was simple – collect the Nirmalya from the devotees who come for Ganesh Visarjan and prevent garlands from being thrown in the lake. What started as a 'family affair' with some school children a decade ago, is today a large social event involving Rotary, Rotractors, different NGOs and Civic authorities. Other smaller scale ancillary projects for garbage collection and reducing littering were also carried out which involved providing cars with mini dustbins and disposable paper bags. Another example was installing bird feeders and nests at many places in the city.

Roof rainwater harvesting was done at Modern school Koradi and in few houses during PP Rtn Arun Bhargava's term.□

WATER SHED project was another important area that Rotary club of Nagpur was involved in. In the year 2011 a watershed management project was taken up as a matching grant project in Girad village district, Wardha. Due to scarcity of water, women had to tread miles to get drinking water every day. The project's aim was the revival of the village pond and develop a local source of water for them. Till date the Mata talab of this Girad village is brimming with water and speaks volumes to the efforts that Rotary members had put in. The next water shed project was taken up during PP Rtn Khusnoor Chugh 2016 at a drought affected village in Yavatmal district in collaboration with two other NGOs, Dilasa and Caring friends. In this project, the aim was to create a water shed for six villages in the belt.

The overwhelming response to the above endeavors which have grown exponentially over the years is a testament of the reversal of the creeping erosion of civic responsibilities that we all citizens in some ways are guilty of. However, there is a much bigger need to scale the old projects and initiate new ones.

Projects that can be taken up by our club:

1. Plant native trees and increase its coverage (farms, factories, industrial residential areas, schools, colleges, newly developed roads). This should be coupled with post plantation protection and care.
2. Develop Miyawaki forest as a pilot project. Growing indigenous variety of plants.
3. Plant trees through seed balls in barren land.
4. Promote Biodiversity. Growing medicinal plants/trees in members farms.
5. Composting at home.
6. Convert bore wells into Rainwater Harvesting system. Activating dead bore wells, by making a soak pit.
7. Education and increase awareness:
a) Use of composting. b) Use of Kande (dried cow dung) instead of wood for burning Holika. c) Use of Ecofriendly colors during Holi. d) Use of community water tanks for idol immersion to keep lakes pollution free.

Though it might be disheartening to see some of the irreparable damages that have already been done to nature around us in our very own city, but the ball has always been in our court to do more. We need to keep building strength in number of Rotarians taking part in Green city projects not only at a public level through Rotary but also incorporate the learnings in our daily lives. Our Rotary community is huge and small incremental efforts by us can lead to seismic positive changes down the line.

- Rtn. Deepa Jamwal



The much awaited first fellowship of the year, 'Monsoon Fellowship' was held on 11th September at Tuli Imperial Hotel. The Rain Gods supported us by prolonging the are always welcome when it comes to Rotary family time. Meeting old and new and entertainment. The fellowship was very well attended with over 170 was a lively evening with live Music, Lots of fun, masti, milna-milana, dance, Rotarians, Rt Anns, Rotakids and the inbound RYE long term students had a Pandey and Best Dressed Female to Rtn. Deepali Manani.

The program was very well conceptualized and executed by Rtns. Sandeep Vaid, Daveendeep Dhingra and encouragement to the organising committee, which ensured the overall success of the program.

Monsoon

Fellowship



Fellowship' was held on 11th September at Tuli Imperial season. The theme for the evening was floral. Fellowships Rotarians and spending some relaxed time ,knowing each other better over food Rotarians and their families joining in the festivities with Shubhankar Live! It music, lip smacking food and razzmatazz..... Dressed in the theme – Floral, Masti Bhari Shaam! Prizes were given for Best Dressed Male to Rtn. Shashank

Shweta Singh. President Nilufer Rana and Hon. Secretary Mamta Jaiswal provided rock solid support and Team Monsoon Fellowship

Wellness in a Box

Teacher's Training Programme

Teacher's training program for prevention of depression and peer leadership development program conducted at SFS on the 10th Sep 2022

40 teachers of the school participated in the training. The Training was facilitated by Trainer and Psychologist Ms Rowena Ajay Phillips. It was an interactive training with a presentation documentary and then the teachers were given open platform for asking questions. The teachers actively participated and the response was good. At the end of the session, Ms.Rita Aggarwal addressed the teachers to explain "Protocol of Referral" a step by step understanding of how the child will be referred if they have severe problems, and at end the feedback was conducted from the teachers for their overall experience of the session.

President of Rotary Club of Nagpur Rt Nilufer Rana along with the Director of the Global Grant Project, Rt Rita Aggarwal well-known psychologist along with project coordinator Rt Namita Sharma, Chairperson Rt Ann Madhu Mrig, and Mr Tanveer Mirza director of NGO Yashodhara Bahuddeshiya Sangh & team monitored the program. Vice Principal Sister Shiny Joseph of school co-ordinated the event.



Club Services

Second Enlightenment Session

Members are the asset of each Rotary Club and membership growth is the engine that powers the vehicle of Rotary.

On 8th September 2022, Enlightenment Committee had their second session. Six new proposed members along with their spouse attended the session. PP Dr Sanjiv Chugh asked the new members to introduce themselves. He briefed them on History of Rotary and Club Services. PP Sandip Dhodapkar enlightened on Vocational and International Services. PP Tauby Bhagwagar spoke on Community Services and PP Khushnoor Chugh briefed the floor on Youth Services. President Nilufer Rana spoke on expectations from new



members and President Elect Namita Sharma spoke on objectives, attendance and finance. Hon Secretary Mamta Jaiswal proposed a vote of thanks.

- Rtn Namita Sharma

Supply of Laser System for Lithotripsy

On 15th September Rotary Club of Nagpur handed over Lithotripsy Equipment to Swami Vivekananda Medical Mission Hospital, Khapri.

CSR Grant project "SUPPLY OF LASER SYSTEM FOR LITHOTRIPSY" funded by CSR RC Plasto Tanks and Pipes Pvt Ltd will enable patients to undergo laser procedure free of cost and extend much needed surgical treatment without the adverse complications of an open surgery to the patients.

The donor family Rtn. Vishal and Rt Ann Alpa Agrawal, Mr

and Mrs. Vaibhav Agrawal and their mother were present for the official handing over.

Dr. Dilip Gupta and Mrs. Vichitra Chopra from SVMH recognised the contribution by Rtn. Vishal Agrawal and acknowledged RCN for assisting the hospital to treat patients unable to afford medical care.

PP Parag Paranjape; President Nilufer; IPP Dr. Jerestin; Rtns Meeta Shaw, Ashok Mrig and Daveendeep were prominently present.
- PP Dr Jerrestine Watchmaker



CSR Grant Cataract Surgeries at Mahatme Eye Hospital

On 29th Sept, CSR Grant Cataract Surgeries Camp was inaugurated at Mahatme Eye Hospital. An MOU has been signed with the hospital for 500 cataract surgeries completely free of cost for ill affording patients.

A diagnostic camp was conducted in Kuhi- Mandhal on 27th Sept, where 257 patients were diagnosed. 110 patients were identified for cataract surgeries of which 34 were completed on 29th Sept at the hospital.

A big thank you to PP Aspi Bapuna for the CSR Grant of 40000\$ from Gwalior Alcobrew Pvt Ltd towards 1000 cataract

surgeries, of which 500 surgeries would be done at the Mahatme Hospital. Thanks to PDG Shabbir Shakir for coordinating the process with RL. We would also like to thank Rtn. Dr. Rafat Khan and IPP Dr. Jerestin Watchmaker for coordinating the whole project.

- Team Medical



Know Your New Rotarians

Rtn. Moinuddin Malak



It is my privilege to introduce a national champion, a fourth generation Rotarian, a man with focus & perfect swing, he can put the ball in the hole for sure. I am talking about Moinuddin Malak, a newly inducted member of Rotary family.

Born & brought up in Nagpur, he has studied in SFS School & G.S. College of Commerce. Moinuddin was raised to be a champion, as he's

been playing golf since the age of 14. Amazing!! It seems a golf stick was handed to him even before he started walking.

He has taken a Professional Golf Management Degree from PGCC (Professional Golfers Career College) USA. Just sit back & relax, as the list of his achievements is pretty long:)

Here it comes;

*Represented and Captained our Indian National Golf team.

*Recipient of Gerald Hall Sportsmanship award, highest collegiate award at PGCC.

*Recipient of Most Valuable Player award in Tennis

*Coaches award (best sportsman) for Golf, at Lapeer West High School, USA.

*Ranked 2nd in India in Golf before turning Professional.

*Winner of several National, International tournaments including The Indian Open.

*Happy to mention, on his debut, he captained Our Indian team to victory in Pakistan, against Pakistan and several other countries. He is a professional golfer today. He is married to graceful and lovely Farzin Malak. She is the strength behind this wanderer husband, as she firmly holds the home front.

She is fond of Baking, Reading, Writing, Travel and Sports-(read it as love for her personal sportsman) She would like to be a part of the above & also the interact teams. They have three beautiful children, Shahmiran a 12 year old pretty young girl, Fereshteh who is an angel, 9 years of age & Mukarram aged 3, the cute young guy with naughty eyes :)

Moinuddin's great grandfather was a founding Rotarian. He is literally taking the Rotary legacy ahead. He has been fond of the club since childhood & his belief that Rotarians are very active in achieving the objects of Rotary, was an added inspiration for him to join Rotary.

We warmly welcome Moinuddin & wish he brings more laurels for our club & our country.

- Rt Anna Vandana Agarwal



Rtn. Suresh Tidke



The printing press allows us to share large amounts of information quickly and in huge numbers. The printing press is so significant that it has come to be known as one of the most important inventions of our time. It drastically changed the way society evolved. Our new member Rtn. Suresh Tidke has been running his own printing press registered as TIDKE PRINTING PRESS

for the past 40 years.

He is born brought up in Nagpur and has done graduation in B.A. His better half Shiela Tidke holds a degree in B.Com. and manages the house.

In his leisure time Rtn. Suresh Tidke enjoys watching sports and listens to music to sooth his soul. He has two sons Harshad and Ashwin aged 29 and 25 respectively. Harshad is a



Chartered accountant and is working at P.W.C. and Ashwin has graduated from IHM Mumbai, now working as a chef.

Suresh has been interested in Rotary as Rotarians have served to the world's population through hard work and commitment to make a difference in lives.

- Rtn. Bhawna Arora

More
cakes, pastries, desserts,
tarts, chocolates, puffs, pies,
cookies, breads, sandwiches
than you can count.
**Making a choice is not
going to be easy.**

Empress Mall - 3195099 • Sadar - 3205098 • Ramdaspath - 3215566 • C.A. - 3265098 • Dharampath - 3224446 • Ramnagar - 3191799 • Eternity Mall - 3225098 • Hingna T-Point - 6535353 • Futala - 3195098

Bhagar ke idli



Ingredients :

Bhagar 250 gm, Green chilli 2-3 finely chopped, Coriander leaves finely chopped 2 tsp, Hing a pinch, Salt to taste, Oil for spreading in the mould.

Method :

Soak Bhagar for 3-4 hours and then grind to make a fine paste. Now add chopped green chillies and coriander leaves with a dash of hing. Beat well with the ladle. Grease the idli mould and steam for 10-12 minutes or till done in a steamer. Unmould and Serve hot with green chutney or coconut chutney. Or can be cubed and fried with curry patta and zeera.

Salli Ma Marghi

This is a popular Parsi dish found on almost every celebratory menu. It consists of chicken cooked in spices and served with a garnish of crispy fried potato straws called Salli.

Ingredients:

1 kg Chicken with bones (You can use boneless, but it isn't the same), 150-gram Salli, 2 Onions Chopped, Ginger Garlic Paste, 2 Tomatoes Chopped, 2 Chillies Chopped, A handful of chopped coriander, Salt Pepper.

1 teaspoon cumin powder, 1 teaspoon coriander powder, 1 teaspoon turmeric powder, 1 teaspoon red chilli powder, 1 teaspoon Parsi masala or Garam Masala, Parsi Vinegar 1 teaspoon sugar or Jaggery (optional)

Method:

Marinate your chicken in ginger garlic paste, chopped chillies, chopped coriander, salt and pepper and let it sit for a minimum of 15-20 minutes to marinate

In your pan add oil/ghee and toss in your chopped onions and cook till they start to brown slightly

–Add in your marinated chicken and mix it as best as you can with the onions. Add in the tomatoes as well and try to mix it all together and let it cook

–Let the chicken and onion tomato mixture cook for about 7 minutes

–At this stage add in your spices, the coriander powder, cumin powder, red chilli powder, turmeric powder, garam masala or Parsi masala and salt. Mix it all together. If you realise that the



Meheroo Watchmaker

Dahi Wada

Ingredients :

Bhagar -250g, Potatoe -3-4 boiled
Singhada Atta -to coat (Salt to taste)
Cashews a handful, chopped
Green chillies 1-2 finely chopped
Coriander leaves 2 tsp, finely chopped
Oil for frying, Curd 250 ml
Imli chutney -2 tbsp, Bhuna Zeera powder – a generous pinch



Rtn Ann Urvashi Yashroy



Method :

Soak and cook bhagar with salt. Once cooked add boiled and mashed potatoes to it and knead to make a dough which is sticky. Mix chopped cashew, green chilli and coriander leaves. Leave some chopped coriander for garnishing. Roll into balls and add cashew mixture in centre. Form a ball and roll in singhada atta and deep fry. Let them cool before you assemble. Beat the curd well till smooth in consistency, add salt. Dip the bhagar balls in curd and lay in plate. Garnish with imli chutney, bhuna Zeera and coriander leaves. Serve cold.

–Rt. Ann Dr. Urvashi Yashroy

masala mix of powders is clumping up, add in about half a cup of water to make sure it all mixes well

–Cook the chicken for a total of 25-30 mins specially if you're using chicken with bone; if it's boneless a total of 15-20 minutes is good.

–Let the chicken cook in all these spices on a medium flame till the excess water burns off and the gravy starts to form up nicely

–Cover the chicken and let it continue to cook.

–About 10 minutes or so before it's completely cooked add in the vinegar and mix it in.

Once it's all done, serve hot with a side portion of salli to garnish and hot chapatis.

–Mrs. Meheroo Watchmaker (Mother of Rt Ann Cyrus Watchmaker)



Community Service

Distribution of School Bag

Received a Phone call from a remote school in Pardi, asking if Our club can provide a few school bags. The person calling was Mr. Vijay Puri, Principal of Brahmanand Vidyalaya, Pardi. He gave reference of our IPP Jerrestine Watchmaker. Later Jerry confirmed that She had referred our club service to him at some medical camp. Chairpersons Ragini Sahu and Geeta Rao , visited the school at Pardi for verification.

It is a Zilla parishad aided school. There are about 200 students from 1st to 8th standard.

The school building is situated in a remote locality which is

easy for students to reach school. The students here are children of labourers working on road construction. There were some 30 students who could not afford to purchase bags. These students were given school bags from our Club, which were generously donated by Rtn. Raakhi and Rt. Anna. Vishal Bhatia. Mr. Puri was invited to our club during Regular meeting, where President Nilufer Rana handed over 30 school bags for needy students.

- Rt. Ann. Geeta Rao



Friendship Exchange

Unity Ride For Heart

On 13th September 12 bike riders of the International Fellowship Of Motorcycling Rotarians - India (IFMR). This Unity Ride is fueled by Ride Sponsor NITTE Education Trust, Nitte Meenakshi Institute of Technology, Bangalore. Thanks and gratitude to Mr. Rohit Punja.

The riders were escorted into Nagpur by Rtn Shiv Rao, Aliasger Wagh, Harman Singh Faranburg Bharucha (RCNV) and Cyrus Watchmaker. The riders are on a mission to promote Rotary Unity Ride For Heart that was flagged off on 11th September at Bengaluru and after riding through Hyderabad, Nagpur, Bhopal, Gwalior, Delhi Amritsar will end at Attari.

En route at various cities in association with Rotary clubs of

various districts they propose to start sub chapters of this association and spread the message of Rotary Needy Heart Foundation established primarily to support surgeries for children with Congenital Heart Diseases.

At Nagpur the ride President Mr. Arun Belur informed Rotarians of their cause at the meeting hosted by Rotary club of Nagpur West and appreciated the support of Nagpur Rotarians. They have requested for a similar sub chapter to start at Nagpur too.

A free checkup of bikes was organised at BikeSmith, Nagpur.

- Rt Anna Cyrus Watchmaker



The Senior Bhonsale Palace



When we talk of heritage structures, one of the most prominent and important heritage buildings is the senior Bhonsale palace or as everyone calls it, the Bhonsale wada..

The erstwhile rulers of Nagpur, the Bhonsale family were very gracious to invite us to their historic residence and we were accompanied by Architect Nitika Ramani, who has documented most of the history of the Bhonsale rulers and their buildings in Nagpur. In the words of Mr Bhonsale, she knows just as much about our history as we do, he said jokingly. Indeed Nitika described the Palace, the temples and the kings and their wars, in such a way that we felt that this was indeed a personalised light and sound show with the lights missing. History came alive that sultry afternoon, when the Maskarya Ganapati celebrations were still going on in the palace premises. We were indeed privileged to have those glimpses of grandeur. Incidentally, this is only Ganapati festival which is celebrated during Pitru Paksha and its history can be traced back to 1787, more than 200 years. That year, Raje Khandoji Bhonsale was fighting a war in Bengal and by the time he returned (victorious), the Ganapati idol had been immersed. In a mood to celebrate, he installed the Maskarya Ganapati during the Shradh period and since then this festival is celebrated with great gusto every year at the Bhonsale wada, and the entire city is invited to take the blessings. After receiving His blessings, we were taken to the Rukmini temple complex which was built at the behest of the court dancer Rukmini bai by Raje Raghuji III in 1837. For the first time marble was used in central India and the architecture was a mix of Rajasthani and Dravidian style.

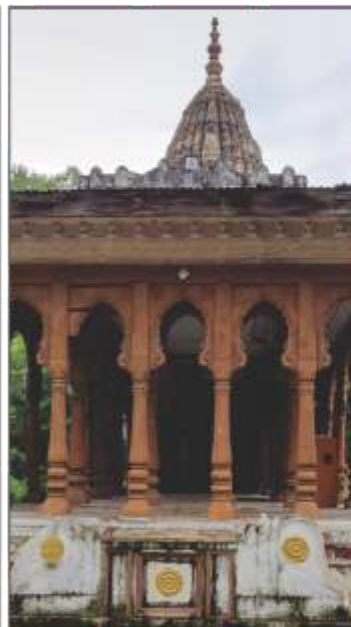


The wooden columns and the entrance had wooden engravings that were so intricate and detailed that even after almost 200 years, one could still see the folds of the garment that had been carved on the figurines at the entrance. Beautiful Belgian mosaic tiles adorned the floor and spoke of the grandeur of those days. The private residence of the family were off limits but we were given a glimpse of the weapons room which was made with the traditional limestone concrete. The wooden beams supporting the ceiling looked as if they were installed yesterday. The swords, guns, crossbows, daggers, all had their own stories of valour, blood and gore. The entrance to the wada is very imposing with the statue of Shivaji Maharaj installed in the centre of the courtyard. The Bhonsale wada construction was started by Raje Mudhoji I in 1780 and completed by Raje Raghuji II in 1790. It was reconstructed after a fire that burned for almost a month destroyed most of it.

As we bade our goodbyes, the sun was setting on the palace, and the shadows grew longer, there was an ethereal beauty in the ancient walls and a quiet strength of one that has seen many days, years, centuries.. of victories, defeats, joys, sorrows..the walls almost whispered ... "and still we stand" This visit wouldn't have been possible without Rotarian Shiv Rao's initiative, which of course was channelised by editor Geeta Rao (behind every successful man....)

Photo credits to previous editor Sona Ajmera who has a keen eye for detail.

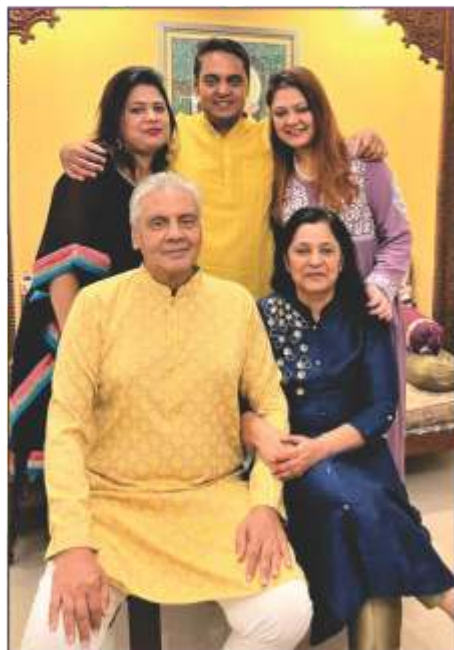
- Rt Anna Vinita Bahri



The Bricks That Built Our Solid Rotary Edifice

PP Rtn Bharatraj Goenka

Quite the couple who stand out in a crowd, Bharatraj and Jyoti make a handsome pair. And indeed, he led RCN with dignity and aplomb, ably supported by his lovely better half Jyoti!



Professionally Bharat Goenka dons many a hat, but his firm Kaniyashka Projects is involved primarily in marketing of ferro alloys. Jyoti, on the other hand is involved fully in Yashaswini homes, an Art deco, artefacts and home decor marketing firm, her

entrepreneurial endeavour to give her creative and aesthetic bent of mind a profitable outlet.

PP Bharat Goenka's presidentship was a very memorable one. Rcn's strength was at its highest ever at 372 enthusiastic members and their equally dynamic spouses - and his tenure had many firsts to his credit.

It was for the first time Garba was organised in Rotary and went on to become an annual event; Rcl ladies cricket league took place for the first time, and that too became an annual fund raising event.

PP Bharat started writing a blog for the benefit of the Rotarians keeping them abreast with all the relevant Rotary news and information, so much so that even the President of RI commented upon it. (please remember, there was no WhatsApp at that time!)

He fondly remembers PDGs Vishwas Sahasrabhojane & Prakash Shesh, whom he considered his mentors and whose advice he followed during his tenure.

Both Bharat and Jyoti fondly reminisced the wonderful fellowships and community projects that were held during that period and the enthusiasm with which everyone participated. There was real bonding and bonhomie and everyone felt comfortable. Despite the hectic schedule that the position of a President demands, he was quite comfortably able to balance his professional and club commitments, Rotary teaches one to prioritise and delegate. One definitely grows as a person.

Even though he refers to himself as the accidental President of RCN, there was nothing accidental about his commitment and his responsibility towards RCN. His dedication was 100 percent!

And I will always remember him as the President who gave me wings..

PP Bharat Goenka, one of the good guys!

- Rt Ann Vinita K Bahri



Correction : In our previous issue, Rtn Vindhya Sanjana's name was mistakenly printed as Rt. Ann Vindhya. We apologize for the error.

Since 1932

**Made From
Milk & Cream**

CONSUMER HELP :

customerdelight@dinshaws.co.in

1800-120-9999 (TOLL FREE)

(Vn days except Sundays & Public Holidays from 9 am to 6 pm)

The New Beginning



Occasional distant sound of firecrackers reminded me again that it was Diwali evening. Many factories around were closed. There was no reason to be in the factory that evening; factory was closed for two days. My phone rang; it was Richa. Richa had asked me to come home in time for Laxmi Pooja. I looked at the wall clock

in my office; it was half past seven. I picked the call.

"Where are you? When are you coming?"

"I'll come before Pooja."

"Okay, sharp 9.00. Keep in mind."

Shyam, my driver was driving and I was figuring out the reasons for my emptiness and detachment from the moments of life. Diwali was the festival, I had been crazy since my childhood. I still remember the first Diwali with Richa. The night ended but our firecrackers didn't. I am third generation entrepreneur; legally, the largest shareholder in a 300 Cr company. Businessman of the year, best CSR award, the foundry tycoon; with the time all these recognitions appeared meaningless. We were just four in my palatial house of twelve rooms. My parents and my wife. God did not bless us with a child in seventeen years of marriage. We consulted the best in the world but every effort went in vain. Richa never let the sadness show on her face, which only I could see. She suggested surrogacy but I denied firmly.

After crossing the industrial area, we were passing by the market. The footpath market was crowded with last minute shoppers. We crossed the glare of the market. The footpath was still occupied with hawkers sitting in dark. Suddenly, I asked Shyam to stop car.

Take reverse," he followed. "Fine, stop here." I got down from the car and went to a footpath shop. It was the last shop of the market. There were two little girls selling diyas and small Laxmi-Ganesha idols. There were twenty diyas and four pairs of idols.

"How much for diyas & idols?"

"Five rupees for each diya and twenty for a pair of idols," the younger girl, around six years old, replied. Before I reacted, the elder one, around 10 years old, said,

"Please buy all, we will give discount."

"Fine, how much for all?"

"We will give you all in hundred and fifty." "Fine, pack them all." They couldn't believe. The little one stood in excitement. They happily started packing. I gave them a five hundred currency note.

"We don't have change." "No matter, you keep this, Diwali gift." They looked at each other.

"We can't. Let me find change from the market." "Wait," I went to my car and asked if Shyam had change. He gave me hundred and fifty rupees. I bought the stuff and boarded my car.

Hardly had we travelled for hundred meters and I asked Shyam. He followed. The girls were ready to leave. Sitting in car, I called them.

"Where do you live?" "We live in that Basti." She directed her finger. "Come, we'll drop." They hesitated.

"Come, don't worry, my brother also lives in that Basti," Shyam interfered. The girls sat in the car. On the way, they told that they live alone. Their parents, who were daily wage labourers, died in the pandemic. Their uncle & aunt took their care initially but with time, they stopped. The car stopped in front of their house.

"Where is your uncle's house? Can you call him?" The elder one went to the fourth house but returned. "What happened?" "Aunt closed the door."

"Can you both come with us. I asked. " I choked with emotions, "Shyam, please explain them and help." Shyam convinced them somehow.

The scared girls followed me inside my house. I asked maid to give them something to eat and took Richa inside.

"Richa, please don't deny. They will live with us. We will adopt them. They don't have parents. They live alone. After many years, I have discovered my Ikigai (purpose of life)." I requested with folded hands. Richa was in tears.

"But there is a legal..." "I will take care of everything," I wasn't ready to listen. She hugged me. We both returned to the living room, almost running.

Richa lifted the younger one, kissed and asked her name.

"Laxmi," she replied. Richa looked at the elder one. "Jyoti," she replied.

"Let's go for shopping. There is still time for Pooja. I will buy you new clothes."

"I'll also come. I have to buy firecrackers, you know; rockets, bombs, series, fuljhadi..." I couldn't complete.

"What a Diwali it is! Our house is blessed with two goddesses," it was my father. My parents were standing behind, we didn't notice. Richa, holding the little one, hugged my mother and I hugged my Dad. All four were crying and the little girls were clueless.

- Rtn Rajiv Singh

Batukbhai
Batukbhai Sons Jewellers

Dharampeth, Nagpur. Ph: 91688 36888, 91688 37888, 91688 39888
E-mail: info@batukbhai.com | <https://www.facebook.com/batukbhai.jewellers>



परेशान चेहरे

आज हर एक चेहरे पर सवाल सा क्यों है
हर आदमी अपने आप में बेहाल सा क्यों है
वो बेफिक्री वाली हैंसी, वो यारों के साथ गप्पे लड़ाना
वो बातबात पर शर्त लगाना, और फिर हार कर मुकर जाना
वो खुशियां कहां गई, जिसे पैसे में हम दूँदते थे
वो वक्त कहां गया जो हम हँस कर साथ बिताते थे
आज हर कोई एक दूसरे को
शक की नजर से क्यों देखता है
वो भरोसा, वो विश्वास, कहां गया जो हमें बाँधे हुए था
आज छोटी छोटी बातों पर दूर जाने की बात करते हैं
वो रूठना मनाना कहीं गया,
जो रोने के बाद हँसने का मजा देता था
हर कोई इतना खुदगर्ज क्यों हो गया है
हर इंसान में के आगे बढ़ता ही नहीं है
वो यारों के लिये जान लुटाने का जज़्बा कहीं गया
कोई भी बगैर मतलब के
एक दूसरे से मिलता ही नहीं है
क्या हो गया है? क्या हम इंसान नहीं रहे
आज हर एक चेहरे पर सवाल सा क्यों है
हर आदमी अपने आप में बेहाल सा क्यों है.

Rtn Rajesh Yadav

Rotary Buzz

September has been a month of festivals, a month of merriment and joy. At RCN too, we have reasons to celebrate.....

- Gayatri and Girish Deodhar's son Mangesh has taken over as Associate Vice President (Digital Business) at UTI Mutual Fund. Congratulations Mangesh and proud parents Gayatri and Girish.
- There is more good news in the family. Girish has been felicitated by The Institute of Chartered Accountants of India, Nagpur Chapter for his exemplary contribution in training C.A. students throughout the year.
- Karishma and Aum Hansles have been blessed with a baby girl. God bless the little princess.
- Congratulations to Nitin Alsi for being nominated to the 'Task Force for MSME and Banking' for Western India Regional Council Institute of Cost and Management Accountants, Mumbai.
- The International Fellowship of Motorcycling Rotarians – India rode through Nagpur on a mission 'Rotary Unity Ride for Heart' on the 13th September.
- A big round of applause to Yukta, daughter of Mamta and Aman Singh, who won the 2nd prize in Dr Sanjay Dachewar Memorial International Sports Quiz 2022-23.
- Varsha and Parag Paranjpe's sons Tanmay and Aneesh stood 2nd and 5th respectively in the Tiger Marathon. Kudos to the two boys.
- Congratulations to Rtn Neeru Kapai for the recognition by Nav Bharat group as "Powerful Women, Summit 2022"
- Congratulations to Shrirang Deodhar for recognition as top 100 under 40 professionals by FOX STORY INDIA. He is son of Rtn Girish Deodhar.
- Rotary grieves the demise of Shri Parmanand Rohera, Father of Purshottam Rohera. Deepest condolences to the Rohera family.



- Rtn Jumana Shakir

BIRTHDAYS

Mamta Rai	15th Oct	Brinda Chopra	26th Oct
Arun Jaiswal	15th Oct	Nita Singh	27th Oct
Dr.Ashwini Umredkar	16th Oct	Manish Bhati	28th Oct
Amitabh Sinha	16th Oct	Anil Bhatia	30th Oct
Shweta Arora	18th Oct	Abhay Bangde	1st Nov
Avendra Chawla	20th Oct	Aum Hansles	3rd Nov
Sapna Hardwani	20th Oct	Anand Kanwarjit Singh	4th Nov
Kirit Joshi	21st Oct	Alka Goenka	4th Nov
Ajay Sancheti	22nd Oct	Deepti Sibal	4th Nov
Jaya Mulani	22nd Oct	Anand Saraf	4th Nov
Dr.Archana Patel	22nd Oct	Meeta Gulati	6th Nov
Ajesh Kaur Chawla	23rd Oct	Vishal Vajani	8th Nov
Rajeev Chhabra	23rd Oct	Aarti Anand	8th Nov
Dr. Archana Jaiswal	24th Oct	Geetinder Bawa	9th Nov
Monica Bhagwagar	26th Oct	Girish Buty	9th Nov
		Neeru Kapai	10th Nov
		Shalini Gupta	10th Nov

Neha Pimpalwar	10th Nov
Renu Arora	12th Nov
Melissa Lancelot	12th Nov
Meeka Kale	13th Nov
Dr. Alok Umredkar	13th Nov
Ranjan Kale	14th Nov

ANNIVERSARIES

Deepa & Pramod Jamwal	17th Oct
Akhtar Parvez & Sabiha	23rd Oct
Sandeep & Harpreet Jolly	27th Oct
Amiruddin & Ayun Malak	3rd Nov
Dr. Shwetali & Dr. Dipak Deshmukh	7th Nov
Ishan & Pooja Batra	13th Nov
Nilufer & Mehernosh Rana	14th Nov



Wahid
TRADING CORPORATION
Tel.: 703089335, Whatsapp : 9049166833
241-B, Mizra Lane, Khadan, Behind Agrasen Bhawan Sq. Central Avenue, Nagpur 440 018.



ashirwad ZERO B prayag
PURE WATER SOLUTIONS

DISTRIBUTOR & STOCKIST OF ■

- Ashirwad CPVC/UPVC/SWR Fittings ■
- ZeroB Water Softeners ■
- ZeroB Water Purifiers ■
- L&K CP Bath Fittings ■
- Prince Agri Fittings ■

Self Esteem. Keynote Speaker... Rtn. Aliasger Wagh.

Rotaract Club of Rajkumar Kewalramani College, organized a Workshop on 'Self Esteem' for the students on September 23, 2022 in the college premises. The session was addressed by motivational speaker Rtn. Aliasger Wagh. Rtn. Mrs. Bhawana Arora was also present on the occasion.

During a very inspirational presentation, Mr. Wagh stressed on the significance of positivity, confidence, thinking of win win situation to improve Self Esteem. He said that one has to understand the strengths within his or her personality and with perseverance one should try to achieve the desired goal. He kept the spirit of the students high by singing a wonderful song, quoting effective stories and impressive poem during his speech. Rtn. Bhawana Arora also motivated the students by congratulating them for their enthusiastic response and attentiveness. The teaching staff of the college was present during the session. It was attended by 40 students from under graduation.

- Madhavi Moharil



Rotary



The Four-Way Test

of what we think say or do

1. Is it the truth?
2. Is It fair to all concern?
3. Will it build good will and better friendship?
4. Will it be beneficial to all concerned?

Golden Leaf
Banquet

We are prepared with the protection of COVID-19



FOR EVENTS AS UNIQUE AS YOU

BOOKING OPEN

Marriages | Engagements | Baby Shower
Birthday Party

Ideal for all types of
Social & Corporate Function

Sky view barbecue Restaurant on 4th Floor.
Take Away Facility Available at Zomato & Swiggy.

ADDRESS

Plot 21, Trimurti Nagar Square,
Nagpur 440022



Golden Leaf Banquet



FOR BOOKING CONTACT:

98222 66583 | 98503 03364 | 7410552234

For Enquiry : 77988 33933, 9529625768, 82370 01273

www.prayagworld.com



Luxurious 3BHK, 2BHK Flats & Commercial Shops



VASTU
COMPLIANT



CCTV
SURVEILLANCE



AMPLE
CAR PARKING



POWER
BACK UP



SECURITY
GUARD CABIN



RAIN WATER
HARVESTING



DECORATIVE
ENTRANCE GATE



TREE PLANTATION
IN SURROUNDING

PROJECT BY

PRAYAG
DEVELOPERS & BUILDERS

Prop. Shashank Pande
Rotarian Kusum S. Pande.

Site Add : Katol Road, Friends Colony, Friends Super bazaar, Nagpur

Office : Shri Sunder Apartmetns 8/4, Ajni to Medical Square Road
(Cement Rd.), Opp. T.B. Ward, Nagpur.