

incredible Kalyan

November 2024

Rotary
Club of Kalyan City



Bulletin Editor
Rtn. Purva Kulkarni



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R.I. President

Rtn. Hycenth Yakub Bhetasiwala
President

Rtn Nikhil Parmar
Secretary

Rtn Dinesh Mehta
District Governor

Rotary Year 2024-25

Project Positive Health (PPH) Initiative - Diabetes and Blood Pressure Awareness Camp

On Sunday, 29th September 2024, Rotary Club of Kalyan City continued its commitment to promoting Positive Health and the prevention of Non-Communicable Diseases (NCDs) by organizing the Project Positive Health (PPH) Initiative. This event, held at Lourdes & St Jude's Community Center, Kalyan East, focused primarily on raising awareness and providing health services related to Diabetes and Blood Pressure. The initiative was aligned with the Rotary India ongoing campaign, "Ek Chumacch Kum, Char Kadam Aage" (One Spoon Less, Four Steps Forward), which encourages the reduction of salt, oil, and sugar intake while promoting daily physical activity for better health outcomes as initiated by PRID Dr Bharat Pandya

In collaboration with SRV Mamata Hospital, the event offered a range of health screenings and consultations to benefit the local community. The health camp saw 80+ beneficiaries participate in various health checks, including :

1. Doctor Consultation
2. Random Blood Sugar Testing
3. Blood Pressure Measurement
4. Oxygen Saturation and Pulse Rate
5. Body Mass Index (BMI)
6. ECG (on doctor's advice)
7. Height and Weight Measurements
8. Audiometry

9. Eye Checkup Camp The SRV Mamata Hospital team, led by Samadhan Chakor, worked diligently to ensure that each beneficiary received personalized care and attention during the health camp. The Lourdes & St Jude's Community Center team, coordinated by Father Punithan, and Neeta Arthur (VP), ensured that all arrangements were in place for the smooth flow of beneficiaries, making the entire event a seamless experience for all attendees. This project was carried out under the capable leadership of President Hycenth Bhetasiwala, supported by Nikhil Parmar (President Elect & Secretary), IPP Ramchandra Mandhane, and Suresh Ganguly, with PP Yakub Bhetasiwala serving as the Project Chairman. The Rotary Club of Kalyan City expresses its sincere gratitude to Samadhan Chakor and the SRV Mamata Hospital team, as well as the staff at Lourdes & St Jude's Community Center, for their invaluable support and partnership in making this health camp a success.



Official Club Visit (OCV) of District Governor Dinesh Mehta

The Rotary Club of Kalyan City had the honor of hosting the Official Club Visit (OCV) of District Governor (DG) Dinesh Mehta on October 8, 2024, at Hotel Sitara, Kalyan. The event was a significant gathering aimed at reviewing the club's activities, celebrating accomplishments, and discussing future projects. The club welcomed DG Mehta with great enthusiasm, and the meeting was attended by various distinguished Rotarians from the district.

Meeting Proceedings: The visit began with a Close Door Meeting with DG Mehta, where key matters concerning the club's progress and future strategies were discussed in detail. This was followed by the Club Assembly and a General Meeting, where the club members had the opportunity to interact with DG Mehta and other district representatives. The club is grateful for the presence and official representation of District First Lady Jyoti Mehta, Assistant Governor (AG) Jagdish Mhatre, Chief Coordinator Kirty Vadalkar, District Secretary Nilesh Likhite, AG Mahendar Hingorani, DFASC Chandrahas Shetty. The gathering also included a show of support from Co-Presidents Arvind Shinde, Siddhesh Deolekar, Ajay Nayak, and Yogesh Kalahapure, who have been instrumental in making this Rotary year a success.

Presentation on Projects and Activities During the General Meeting, President Hycenth Bhetasiwala delivered a comprehensive presentation on the projects completed from July to September and outlined future initiatives planned by the club. She highlighted the club's active involvement across all Rotary's Five Avenues of Service.

Bulletin Release The club released its Monthly Bulletin - Incredible Kalyan, showcasing the achievements and updates of the club. The bulletin was officially launched by DG Dinesh Mehta, who commended the Rotary Club of Kalyan City for its dedication and efforts. In celebration of Samvidhan Ka Amrut Mahotsav, the club presented a copy of the Constitution to DG Mehta, symbolizing the club's commitment to uphold the values of the Indian Constitution.

New Member Induction The club was delighted to welcome two new members into the Rotary family : S K Mishra and Dinesh Pokhriyal. Fellowship, Secretary Announcements, and Conclusion Following the official proceedings, Secretary and President-Elect Nikhil Parmar proposed the Vote of Thanks and delivered important Secretarial Announcements, expressing gratitude to all attendees and contributors for their support.



Annappurna Project : Report on Grocery Kit Distribution for Visually Impaired (Blind) Brothers and Sisters

As part of the Rotary Club of Kalyan City's Annappurna Project, we had the privilege of organizing a Grocery Kit Distribution event on World Blind Day, specifically to support our visually impaired brothers and sisters. The event saw the participation of over 60 members from the Jai Hind Blind Association, all of whom arrived promptly and enthusiastically. The gathering commenced at 10:45 AM with registration and a warm welcome to all attendees. Suresh Pawar, a member and office bearer from the Jai Hind Blind Association, began by expressing heartfelt gratitude to Past President Yakub Bhetasiwala for his unwavering support to the visually impaired community. He also extended thanks to President Hycenth Bhetasiwala and Secretary Nikhil Parmar for their commitment and efforts in organizing this meaningful camp. PP Yakub Bhetasiwala, in turn, addressed the gathering with sincere appreciation for each attendee. He acknowledged the presence of several Rotary Club of Kalyan City members, including PP Madan Shanklesha, Sushma Patel, Vishal Jain, Malan Abnave, Fatechand Shah, S.P. Jain, Mayur Popat, Purva Kulkarni, Kashyap Raja, his mother Shirin Bhetasiwala, and Cousin Hakim Bhetasiwala. He extended his gratitude to all donors and supporters who contributed to the project, including those who were unable to attend in person i.e. Trupti Malichkar, Neena Goveas, Savita Kulkarni, Jayshree Solanki, Tanuja Kante, Nilesh Kuwar, Abdullah Khan, and others but whose generosity made the event possible. At 11:00 AM, tea and poha were served to all, creating a moment of shared warmth and fellowship. As participants enjoyed their refreshments, there was a palpable sense of community, connection, and support in the room. Each person felt valued and included, which was evident in the smiles and laughter that filled the air. Following the refreshments, the distribution of Grocery Kits began at 11:15 AM. The kits containing essentials such as rice, tur dal, sunflower oil, salt, tea, sugar, poha, rawa, soaps, and toothpaste, were distributed with the help of every Rotary Club of Kalyan City member present. Nisha Katre, from the Jai Hind Blind Association, coordinated the distribution smoothly, ensuring that each beneficiary received their kit with dignity and respect. Each member of the Rotary Club actively participated in the distribution, making it a hands-on and heartfelt experience. The joy and gratitude on the faces of the recipients were deeply touching, leaving a lasting impression on all involved. Thank you to all who participated and supported this project, making it a memorable and impactful day.



Environmental Awareness Workshop (National Wildlife Week)

On the occasion of National Wildlife Week on 5th October, 2024 Rotary Club of Kalyan City with Interact club of Millenium English School in collaboration with Paryavaran Dakshakta Mandal (PDM), organized an environmental awareness workshop which aimed at creating awareness among students about various species of birds and animals, their habitats, and the role they play in maintaining ecological balance. The primary objective of the workshop was to highlight the significance of biodiversity, which is essential for the survival of ecosystems and human life. Students were introduced to the concept of biodiversity as the variety of life on Earth, encompassing different species of plants, animals, and microorganisms. The workshop emphasized the critical role that birds, animals, and other wildlife play in sustaining natural processes such as pollination, seed dispersal, and pest control. One of the key highlights of the session was the discussion on local and endangered species, which brought to light the threats they face due to human activities such as habitat destruction, deforestation, pollution, and climate change. The workshop included an engaging presentation on local birds and animals, detailing their habitats, behaviors, and current conservation status. Thanks to Rtn Savita Kulkarni Project Chair for the support for organising this event



International Project (Visit at Osaka Utsuba Japan)



We had an incredible experience on October 29, 2024, as President Hycenth Bhetasiwala and DPIC Yakub Bhetasiwala joined the Rotary Club of Osaka Utsuba during their weekly meeting. A heartfelt thank you to President Osamu Obawa san for the warm invitation! It was a fantastic opportunity to share the projects we've undertaken at the Rotary Club of Kalyan City and within District 3142. The engaging discussions and fellowship with fellow Rotarians and guests were truly inspiring. We were particularly moved by the impactful service projects led by the Rotary Club of Osaka Utsuba. We look forward to exploring collaboration opportunities that will allow us to make an even greater positive difference together in the future!

Nobel World Record Attempt Sponsored by Rotary Club of Kalyan City

On Sunday, 20th October 2024, the Rotary Club of Kalyan City proudly sponsored a historic Nobel World Record Attempt organized by the Maharashtra State Yogasana Association (MSYA). The record-breaking event involved the maximum number of participants performing the GOMUKHASANA pose for 180 seconds while balancing a cup of water on their heads. The attempt took place at CRM Oak High School, Kalyan, at 11 am and witnessed enthusiastic participation and certified by Ministry of Ayush, Govt of India. The event was a huge success as the participants successfully created a new world record. President Hycenth Bhetasiwala of the Rotary Club of Kalyan City congratulated all participants for their dedication, with a special mention to PP Madan Shanklesha for his leadership and contribution to achieving this remarkable feat. The event was honored by the presence of Mr. Aarvind, CEO of Nobel World Records, who, along with his team, served as the official jury for the record attempt. Several distinguished members of the Rotary Club of Kalyan City, including Secretary Nikhil Parmar, PP Yakub Bhetasiwala, Fatechand Shah, SP Jain, and Purva Kulkarni, also witnessed this historic occasion. President Hycenth further expressed his heartfelt congratulations to the team from MSYA, particularly Deepesh Bhoir, Devendra Ajgolkar, and Minal Joshi, for their tireless efforts in organizing the event and ensuring its success. Their coordination and dedication were crucial to making this record-breaking attempt possible. Following the successful completion of the record attempt, President Hycenth and other Rotary Club of Kalyan City members were delighted to join the participants for group photographs, celebrating the achievement together. This event significantly enhanced the public image of the Rotary Club of Kalyan City and was a proud moment for the entire club to be associated with such a prestigious world record attempt. As a gesture of appreciation, Mr. Aarvind, CEO of Nobel World Records, felicitated President Hycenth Bhetasiwala, Secretary Nikhil Parmar, Project Chairman PP Madan Shanklesha, and all the members of the Rotary Club of Kalyan City for their leadership, support, and involvement in this exceptional event. This successful collaboration between the Rotary Club of Kalyan City and MSYA stands as a testament to the power of community, health, and global recognition, bringing honor not only to the participants but also to the city of Kalyan and the Rotary Club of Kalyan City.



Rotary Club of Kalyan City Celebrates Raas Utsav 2024 on Sharad Purnima

On the auspicious occasion of Sharad Purnima, Rotary Club of Kalyan City celebrated a vibrant Raas Utsav 2024 on 19th October 2024 at 8:30 PM at the Gurudev Grand Rooftop, Kalyan. The event, organized by Manav Kashyap Raja, son of Kashyap and Anushka Raja, was a grand success, with club members, spouses, and annets (children of Rotarians) enthusiastically participating in the celebration. The event was graced by President Hycenth Bhetasiwala and Secretary Nikhil Parmar, who appreciated Manav for his excellent efforts in organizing the evening. President Hycenth expressed heartfelt gratitude to the Raja family for their initiative and also acknowledged the active participation of Rotary Club of Kalyan City members including Yakub, Madan, Fatechand, SP Jain, Malan, Tanuja, Mayur, Ann. Poonam, Annet Aarav, Sushma, Annet Vishvesh, Annet Urja, Ranjit, Ann Kailashi, and Annet Pritviraj. The club also extended a special thanks to Dr. Priya and her colleague from SRV Hospital, who were present as medical partners for the evening. Their support added an extra layer of assurance for the attendees. The night was filled with the lively beats of garba and dancing, with members, spouses, and annets enjoying the rhythmic music and the joyous atmosphere. It was a memorable evening of fun, laughter, and celebration, strengthening the bonds among the club members. President Hycenth concluded by thanking everyone for their enthusiastic participation and making Raas Utsav 2024 a delightful and successful event. The evening truly encapsulated the spirit of fellowship and festivity.



Interact Club Charter Handover of MJB Kanya Vidyalaya Ideal Education Study App distribution at MJB Kanya Vidyalaya



Congratulations to Rtn Malan Abnave & her son Om on Grand Opening of IIFA Professional Institute at Kalyan



: Rotary Club of Kalyan City in Print Media :

The collage displays multiple instances of a news report in Marathi. The main headline in each clipping reads: **११० योग साधकांनी डोक्यावर ग्लास ठेवत नोबेल वर्ल्ड रेकॉर्ड केला**. The sub-headline is: **११० योग साधकांनी डोक्यावर ग्लास ठेवत नोबेल वर्ल्ड रेकॉर्ड केला**. The text describes how 110 yoga practitioners from the Rotary Club of Kalyan City set a new world record by balancing glasses on their heads for a duration of 1 hour and 15 minutes. The clippings are from various newspapers such as 'आपले साकांज्य', 'महाराष्ट्र जनमुद्रा', 'नवराष्ट्र', 'नवे शहर', 'पुढारी', 'सागर', and 'जीवनदीप वार्ता'.

: Upcoming Projects :

1. ROVEX Award - 7th Nov
2. ANNAPOORNA on Childrens Day - 14th Nov
3. National Yogasana Sports Championship 2024 - 16th &
4. Women In Rotary International - Joint Virtual Meeting With RC Team Community Ghana - 17th Nov.
5. Installation of Sanitary Napkin Vending Machine at Narendra School - 20th Nov
6. Charter Handover & Instillation of Interact Club of L D Sonawane Junior College on - 22th Nov.
7. Charter Handover of Mohindar Singh Kabal Singh School - 25th Nov
8. Vocational Training (Tailoring) For Rag Pickers Community Girls from Kalyan & Ulhasnagar - 25th Nov
9. Migratory Bird Project at Gandhari Kalyan - 29th Nov
30. Launch of City Kalyan Nisarg Mela at Kala Talao Kalyan - 30th Nov.