

ROTATOR

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Club President Manish Patil (as Santa) along with First Lady Radhika wish all the members a Very Happy, Healthy and Prosperous New Year !



MANTHAN

The District Membership Team had organised a special seminar called MANTHAN. on 29th November 2024, at our Club's Venue at 2nd Floor, Sahayog Mandir, Thane.

The seminar was mainly for New Members, who have joined Rotary in the last 3 years. The focus was on retention of membership as it is crucial for the growth and strength of our organisation.

DG Dinesh, PDG Jayant Kulkarni, PDG Ashesh Ganguly, PDG Mohan Chandavarkar, DGDN Chandrahas Shetty, DMC Ravi Iyer, Avenue Chair Membership Retention Rajeev Tipnis, Meeta Rajaram were among the dignitaries who attended the seminar. Total attendance was 78. The seminar concluded with an Award Function where Rotarians and Rotary Clubs were felicitated for achievements in different areas with reference to Registrations, Membership etc. This was followed by Happy Hours and Dinner.



Previous Meetings Reports

19 November - Family Night

Pres. Manish and Sec. Girish were on the dais.

Pres. announced this to be a special meeting, as senior Rtn PP DR. Suhas Purohit, celebrates his 75th B'Day on the 14th of Nov. & has completed 40 years, in the service of Rotary. To commemorate this occasion he sponsored the family night. Members welcomed the news whole heartedly. The program included audiovisual presentation of the Azerbaijan trip planned by PP Vilas and joined by many Rotarians and family members. Manish invited PP Nitin on the dais to give the presentation & information.

Nitin said this country has recently started getting attention as a tourist destination. The country is located near the Caspian Sea and the Caucasus Mountains. This Muslim European country, was a part of the Soviet Republic, till 1987. The capital city Baku is a well-planned, with wide roads and gardens. Gabala is picturesque Hill station, about 7 hours drive from Baku.

A huge walled ancient FIRE temple is in the heart of Baku city. They call it an Indian temple with many temples It consists of numerous small temples, with CHANTS of Ganpati are recited inside. This thousands of years old temple has many ancient statues. We can conclude it's a fire pari temple with fire still burning inside and outside the temples for many centuries. Other place of interest is the FIRE Mountain, which is constantly ablaze, due to the emission of Natural Gas. Then there are volcanoes on the

hills. These bring out big bubbling fine muds from the interiors of the earth. The mud is used for the face and the skin to enhance the beauty. The main economy is Petrochemicals and oil.

Later on Manish called over Kedar to say few words about PP Dr.Suhas. He said in spite of his interests and expertise in Mathematics, he took 'B' Group in Inter Science on his father's suggestion.. He was very popular in medical college with right from ward boys to The Dean. He had free entrée to the dean's office even when he had a meeting with DMC in his chamber. Kedar concluded saying that Dr. is dedicated to the duty assigned to him, e.g. he writes a report of the meetings, even when absent by collecting info from the members. Mandar our popular singer and poet sang a poem based on a popular old song from the drama Sharda starting with the words Avghe Paunash Vayoman.

Pres. Manish called over Editor Suhas to unveil the Bulletin. He also called over our TRF Dir. Ajay to hand over 2 cheques as TRF donation from Suhas and Swati for US \$ 350 each.

Girish proposed the Vote of thanks. He said it's a noble gesture to contribute to the TRF on the 75th birthday. PDG Kumar Kevalramani, PP Suhas's DG in 2000/01 had come all the way specially to bless Suhas. Chairman of Bharat Sahakari Bank and Suhas's school Bench mate Uttam Bhaskar Joshi was happy to attend the function to bless him.

Attendance Rtms: 42 Ranns and guests 30. Total 72 .

26th November

Pres. Manish and Sec. Girish were on the dais.

Today's speaker was our own member Vishvanath Kane who spoke on Shri Bhagwat Gita. Manish elaborated on the very successful execution of the Rotal program, which was carried for 3 days. This dancing and singing competition was participated by more than 20 clubs. The group dances were very skillfully executed & presented. Manish thanked P P Smita, Sachin, Manik And convener Mandar wholeheartedly. Our club has won many prizes in different categories.

Neha introduced Mr. Kane. He is M.Com. C.A. and was with Deloitte company for many years. He is fond of travelling to many religious and historical cities. In the later part of his life he started learning Bhagwat Gita and mastered it and gave examinations passing with colours. Kane said Gita is about 5000 yrs old and is told to Arjun on the Kurukshetra ground with warring senas on either side before the start of

the Epic Mahabharat war. Arjun saw all his close teachers and relatives and felt confused and sad to go ahead with war. He thought; what am I going to get by killing my near and dear ones. Shri Krishna reasoned him with Karma Yoga. It is your duty to fight in this war without thinking about the gains or losses. You completely surrender me and go ahead with your duty-bound action. Shri Krishna then opened HIS mouth to show Arjun Vishwa Roop Darshan. This true reality convinced Arjun to do his duty.

Shri Bhagwat Gita has 18 Chapters and 700 Shlokas. Shri Krishna said those who do their duties and surrender to me completely, be sure I am with them. Ameya proposed the vote of thanks comparing Rotary duties done without any expectation and surrendering to Shri Krishna.

Sec. Girish gave the future announcements.

ATTENDANCE TOTAL 26.

Excerpts from article published in Tarun Bharat

Seema Subramaniam is a dutiful housewife, expert Marathon Runner, great Singer and Dancer and always ahead in Philanthropy, donating large amounts to build School Classrooms and Toilets. She is very popular in Rotary Club of Thane. There are no limits to this lady Seema's activities.



Recognition to our Club from District 3142



Previous Meetings Reports

3rd December

Modern Yoga for Modern Life, By Kirti Polekar

President Manish and Secretary Girish were on the dias. Manish called over Kirti on the dias. The speaker was introduced by Ann Swati. She said Kirti is a management graduate and worked in high posts for 10 years in various companies. She was always interested in Yoga and allied activities. She started her Yoga Institute in Thane and teaches modern yoga with modern life style.

Kirti said in good old days Yoga was meant for Moksha and the knowledge was mystic. Only certain Gurus and Saints used to practice the Yoga. The certain movements of limb and spine movements limited the actions. Breathing techniques were practiced which are done now as well.

Modern yoga can be done with Chairs, ropes and supporting gadgets to make it practical and easy, simple. Namaskar can be accomodated with 3 asanas. Aerial Yoga is another addition. Live demonstrations were performed by her students, which included Ann. Swati. Video was shown to detail the Yoga Theories and Asanas.

Neha proposed the vote of thanks.

Attendance : Rtn. - 25 • Others - 14 • Total - 39



10th December

President Manish and Secretary Girish were on the stage. Manish welcomed the members. This was a condolence meeting to mourn sad demise of senior PP Suresh Mulay on 6th December 2024.

Manish said, we have lost a senior and dedicated member. He was always on the helms of club affairs. He was successful secretary and president. He was bulletin editor for many years. Many bulletin district competitions were held during his tenure. His another achievement was development of Balvikas Mandir and guiding the trustees upto 10th std. He used to attend the school function and flag hoisting till recently.

Manish called over the members to say few words about Suresh. Dr. Suhas said, we stated in Brahmin Society and seen him during the college days and otherwise for many tears during the childhood. Suhas also said he was fortunate to handover the collar of presidency to Suresh in 2001-02.

Vikas, Achyut, Nitin, Rajeev, Suresh's batchmates Kamat, Solanki & others and Ajit Pradhan give their impressions. Ajit said, we used to exchange "Shero-Shayari" often. Suresh's sone Ameet from USA attended the meeting. Meeting was followed by offering flowers to Suresh's photograph.

Attendance : 46 along with Guests

17th December

CPR Demonstrations & Life Saving Importance

President Manish and Secretary Girish were on the dias. Thane Hills President Mr. Kumar also was on the dias.

Manish informed about the seminar next week. He also declared Christmas Pary on the 31st December, Tuesday and assembly on 24th December.

Today we had live demonstration of CPR by Prof. Dr. Vijay Patil from Rajeev Gandhi Medical College. He said CPR procedure is shythmic compression of the heart are with two palms on one another & giving the thrust rhythmically with our body movement, in a ----- patient suddenly falling on the ground. The procedure should continue till 15 minutes till the medical help arrives. 2 Video films were shown to further enlighten the members.

Mr. Beans film was hilarious and informative. It is advisable to fed the Carotid arteries where pulse should be absent before starting the CPR.

Mr. Kumar informed about the Manthan for the rotarians.

Secretary Girish gave vote of thanks.



The Rotary Club of Thane successfully organized “RYLA - Unbox Yourself: Edition 3” on Thursday, 12th December'24 at VPM 's Joshi Bedekar College, Thane.

The theme for this year was “Roots to Shoots”, where in 120 participants from different undergrad faculties like commerce, business, management and arts participated enthusiastically.

It was daylong session conducted in two parts. The day started with Lighting of the lamp by distinguished dignitaries from the College - Ms.Priyamvada Tokekar : Vice Principal (K.G. Joshi College of Arts & N.G. Bedekar College of Commerce), Dr.Nitin Joshi : Principal(BRIMS), RCT President Manish Patil, RCT Secretary Girish Vartak, PP Rtn.Vijay Paranjpe and PP Rtn.Smita Mahajan.The first session of the day was a panel discussion moderated by Ms.Shruti Gosavi. The Panel comprised of 3 distinguished & exceptionally multifaceted professionals: Mr.Amit Kakatkar, Ms.Prajakta Vaze, Mr.Shreyas Desai. The second session was the plenary session by Mr.Deepak Londhe, a successful first generation entrepreneur and fitness icon.

The basic idea of these sessions was to seep in the concept of multitasking, rising beyond the predictable & expanding the student's horizons. They can plan for multi-layered career & simultaneously maintain a work life balance, thus working towards a much happy & satisfying life, as effectively portrayed by all illustrious speaker's stories.

In the second half, the participants were then further divided into group of 10 students and were given a task in the “Baazigar” contest, where in each group were given challenges about



different industries with certain financial and geographical criteria and they had to come up to present a workable business model. They were judged on various aspects like presentation skills, viability aspect, practicality, environmental impact & overall thought.

From these teams a winning team was identified and also a select few who stood out, contested further for the coveted Mr.RYLA & Ms.RYLA titles. It was with great galore, learnings & an action-packed day later that the RYLA'24 concluded on a high note. The event was very well appreciated from the college management, staff and students alike.

From the Rotary Club of Thane, Rtn.Parag Pejaver was the Convener for the event. He was well supported by the core team which comprised of Treasurer Rtn.Aparna Bedekar, Ann.Rajlaxmi Pejaver & Youth Service Director Rtn.Neha Soni. From the District Team, District Governor Rtn.Dinesh Mehta & Assistant Governor Rtn.Anuja Tipnis send their best wishes & blessings. For the award ceremony, District Secretary Rtn.Sangram Joshi was the special guest. The Youth wing team at Rotary Club of Thane is highly motivated to organize more diverse events in the future as well, to continue fostering such positive experiences.

Rotary Club of Thane participated in the Soldier Run for the Nation showcasing dedication and respect for our brave soldiers.

Prakasha corelated with the organisers. The run was held in Hiranandani Meadows area on 28th Dec. 24. Shreyas, Prakash, Seema, Neha, Vishwanath Kane, Suhas and Swati participated in the Run.

Our PE Vishwanath Kane handed over medals and certificates to the winners and participants.



RC Thane was proud owner of team Amravati at State level Blind Cricket Tournament held at Central Maidan, Thane (W)



RCT Rotal Dancers



Our Club Members at India's International Dance Competition

