

# Mahanagar

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**RI President: Gordon R McNally**  
**District Governor: Hira Lal Yadav**

**President: Jyoti Mahipal**  
**Secretary: Ritu Choudhury**

**Editor: Usha Agarwal**  
E-mail : rccmusha@gmail.com

## UPCOMING CLUB EVENTS

**7-10th December**

RMB Conference

**10th December**

Rotary Foundation Seminar

**17th to 21st December**

Retreat to Rann of Kutch

**30th December**

Annadan

**5th January, 2024**

Charter Day Celebration

**6-7th January, 2024**

District conference

## NEXT RWM

22nd December

## PRESIDENT'S MESSAGE



Whispering winds of December nights, carry secrets of joy and delights. Through frosted branches, they dance and sway, guiding us towards the end of the year's play. With a gentle touch, they rustle the leaves, And sing soft melodies as the old year heaves. The promise of new beginnings is on their wings, As December's whispering winds, sweet hope they bring.

-Heather Burns

Welcome December -a month to recharge, repledge and renew our goals!!

As you know, every month is dedicated to one of the major themes of our Rotary lives; this month the theme is Disease Prevention and Treatment. Disease prevention is really a keystone to progress in other areas as well because of the interplay with other areas of focus like Water and Sanitation and Maternal & Child Health. Let's create Hope in the hearts of needy ones by engaging in Medical Projects. It is our privilege to have an eminent Doctor Kunal Sarkar as our guest speaker at today's RWM. My sincere thanks to Rtn Mahinder Singhal for doing Medical Health checkup camps every month.

Rotary Mahanagar was privileged to host SAFGR Golf championship from 23-25th November. Heartfelt thanks to all the sponsors for their contributions towards the cause of literacy.

It was a rare experience to meet a recipient of Mother Teresa Award Winner Rotarian Heidi Kuhna from San Francisco. A cancer survivor she works passionately for turning War mines into wines. With her unique work her mission is to spread peace around the world.

December time is the best time to travel. We at Mahanagar are excited for our forth coming fellowship treat to Rann of Kutch from 17th-21st December.

The year's most festive month is upon us. Let's enjoy the month of joy and happiness. Let the magic of December surround us.

- Rtn. Jyoti Mahipal

## Last RWM

The last Rotary weekly meeting was held on November 25 at Tollygunge Club at 7:30 am, with Mr. Karan Kakkar as the guest speaker. Since, the meeting was being held at the prestigious club Shekhar bhaiya enlightened us with few details about golfing.

There after adding an intellectual touch to the morning, Mr Kakkar with his expertise and insights delved into the intriguing topic of "Role of Emotions in Reversing Diseases." Members of the Rotary Club of Mahanagar and attendees were poised to gain valuable knowledge and engage in thoughtful discussions, for example how our mind-body connection is a key factor in understanding how emotions can influence disease processes.

In conclusion, I would like to express my sincere gratitude to each of the board members and our guest speaker for their active participation and valuable contributions during the meeting. The discussion has been insightful and we shall carry the momentum from this meeting into our individual responsibilities and collaborate efficiently to achieve a healthier lifestyle.

By Rtn Kavita Bhalotia



## HIGHLIGHTS

President's Message | Last RWM | Today's Speaker | Bloodline | Jaldaan | Homeopathy | Aarogya | Food Bank | Paediatric Cancer MAA | Dignity | Puzzle corner | Spotlight | Minutes | Visit of Heidi Kuhna | BOD 24-25 | Minutes | Birthday & Anniversary



## DR. KUNAL SARKAR MBBS, FRCS(ED), FRCS(Glasg), MNAMS



One of the leading Cardiac Surgeons of India and past President of Indian Association of Cardio-Thoracic Surgeons (IACS). Leading exponent of Coronary Bypass surgery and complex adult cardiac operations. Currently Senior Vice Chairman and Chief Cardiac Surgeon of Medica Hospitals Pvt Ltd, Kolkata and Chairman - Kolkata Heart Foundation (KHF).

He along with Dr. Devi Shetty, nurtured a start-up into one of India's largest Cardiac programs. National scholar and recipient eleven medals in Surgery including the gold medal. Founded the Calcutta Debating Circle (CDC), which hosts "Calcutta's Festival of the Spoken Word", which is the largest debating festival in India. Pursues healthcare concerns and policy discussions, Speaks across the country on these issues. Contributes to publications in English and Bengali. Has been on the forefront of public awareness and the pandemic across Bengali and national media. One of the most popular speakers over health and social issues over YT and Facebook. His start up 'Asklepiea Health' is one of the leading digital health platforms of the state. Published his book on Indian healthcare 'The Sickness of Health' to good response in 2022. It is being translated in Bengali and the second edition is on its way.



### Project Bloodline

During this period (10.11.2023 to 29.11.2023) our Club Carried out Blood Grouping Camp and registered 32 SOS donors for our Bloodline. The camp was conducted at "Chaltaberia Ulurdani Social Welfare Society", Chaltaberia, Joynagar, 24 Parganas (S).

We also met need for 08 Patient.



### Project Jaldaan

On 24th November, we inaugurated Water Kiosk at Calcutta Medical College, gate no.8, which was constructed by Bhuwania family in the memory of their parents. Also distributed biscuits from food bank to the patients at hospital.



### Project Homeopathy

Under project homeopathy, 20 beneficiaries were treated on Wednesday, 29-11-2023.



### Project Aarogya

On 3rd December, we conducted a Mega Health checkup camp - Eye checkup and General checkup at Kutubpur, Hooghly. There were 120 beneficiaries and the project was sponsored by Rtn Mahinder Singhal.



### Project Food Bank

Under Food Bank project, biscuits were distributed to 600 beneficiaries at Vivekanand Park on 3rd December and again on 7th December, Cadbury products were distributed to 950 students of Arya Vidya Mandir Girls School.



### Project Paediatric Cancer

Till 30th November, we have supported the initiation of treatment and wellness of over 243 cancer affected children, under our Project Pediatric Cancer.





## Project MAA

A joint project with Rotary Club of Calcutta North East

Underprivileged widows are the most vulnerable section in our society and Rotary Club of Calcutta North East has stood by 4600 such mothers since 2016 through its Flagship Project "MAA" (MOTHER'S APT APPRECIATION). In 2023, we have resolved to serve 700 such mothers on 3rd December at Simla Byayam Samity, Girish Park. A kit containing essential materials for daily use will be handed over to these mothers. The kit will consist of the following: Sarees, Bed sheet, Blanket, Mattress, Mosquito Net, Slippers, Umbrella, Hygiene Kit, Biscuit, Dry Food, and Lunch Packet

Mahanagar contributed for 25 Kits for the same.



## Project Dignity

Under Project Dignity, 18 household toilets were handed over to beneficiaries at Deshpuran Block of East Midnapur district. The toilets were constructed with cooperating partner Kajla Jankalyan Samity under Global Grant 2236224. The cost of the toilets was Rs. 234000/-.

Similarly, at Kachua Begumpur 20 toilets were handed with a cost of 260000/-. The cooperating partner was Begumpur Pally Unyan Kendra. We also conducted various training sessions where the beneficiaries were trained on maintaining and taking care of the toilets.



## Puzzle corner

Puzzle 12

A girl meets a lion and unicorn in the forest. The lion lies every Monday, Tuesday and Wednesday and the other days he speaks the truth. The unicorn lies on Thursdays, Fridays and Saturdays, and the other days of the week he speaks the truth. "Yesterday I was lying," the lion told the girl. "So was I," said the unicorn. What day is it?

### Answer for Puzzle 11

Ten kids will get each one apple. The eleventh kid will get the apple with the bowl.

The members who participated are: Ashok Singhvi, Neena Agarwal, Neelam Jalan, Pushpa Bansal, Nikita Shah, Kavita Bhalotia, Pradeep Agarwal, Sweta Choudhary

And the winners are:

1. Ashok Singhvi
2. Neena Agarwal

## SPOTLIGHT



Rtn Rajendra Makharia

I, Rajendra Makharia joined Rotary Movement in 1971 as a Rotaractor from Rotaract Club of Belur. Later, I joined as founder member of Rotary Club of Central Calcutta and then became the member of this vibrant club- ROTARY CLUB OF CALCUTTA MAHANAGAR. It has been

fantastic 52 years in Rotary.

My father, my son and I are Paul Harris Members. My mother was also a Paul Harris Sustaining Member. I served Rotary Club as President, Vice-President, Chairman of various Committees. I am married to Shashi, have 2 children, daughter Surabhi married and settled in Kolkata, son Shivesh who has done MS from Rutgers University New Jersey, USA and is a US citizen working with Apple Inc. in USA.

Started my career as OE manufacturer of Automobile Components for Hindustan Motors and Maruti. As I have planned to take it easy, I wound up my manufacturing business and presently working as a Wealth Advisor and also taking care of my personal wealth by investing into various platforms domestic and overseas. We also have a Car Wash and a Gas Station in New York, USA. On spiritual field my wife Shashi and I are actively involved with The Art of Living Foundation founded by Sri Sri Ravi Shankarji. Shashi is also a faculty in The Art of Living.

-By PP Rajendra Makharia



Rtn Amit Goyal

Hello, I am Amit Goyal born and brought up in Siliguri and I am deeply passion about exploring new places and indulging in my love for watching football. My wife, Sheetal Goyal, finds joy in practicing yoga, experiencing adventure sports, and creating culinary delights in

the kitchen. Together, we cherish the role of parenthood, and Sheetal shines as an exceptional mother to our sons, Kunal and Jatin. We're excited to connect with fellow members of Rotary International and share our passions for adventure, sports, and family. We are into the business of Automobiles components; we own a company named Shreeji Automobiles and Kunal International and also, we have franchise of restaurant named "Farzi Café".

-By Rtn Amit Goyal

## MINUTES OF THE 1355TH WEEKLY MEETING OF ROTARY CLUB OF CALCUTTA MAHANAGAR HELD ON 25TH DECEMBER, 2023 AT TOLLYGUNGE CLUB.

1. President Jyoti Mahipal called the meeting to order.
2. President welcomed guest speaker Karan Kakkad and also welcomed PRIP Shekhar Mehta.
3. Minutes of the last weekly meeting was confirmed by Rtn Naresh Jalan.
4. President informed members about the various projects done in last few days.
5. Guest Speaker Karan Kakkad spoke about the reverse lifestyle diseases with the help of thoughts and emotions. He insisted on meditation for healthy mental wellbeing.
6. Hero of the Week Rtn Shekhar Mehta and Rtn Sanjay Bhalotia and puzzle winner Savita Kothari and Kavita Bhalotia were congratulated.
7. Club Business was conducted by Rtn Sanjay Bhalotia and birthday and anniversary wishes were announced.
8. PRIP Shekhar Mehta spoke a few words on the Golf Tournament.
9. PP Rtn. Sanjay Dugar proposed the Vote of Thanks.

There being no other business, The meeting was terminated.

## VISIT OF HEIDI KUHNA

It was a rare experience to meet a recipient of Mother Teresa Award, Rotarian Heidi Kuhna from San Francisco. We connected instantly when we learnt that She and Jash both are from University of Berkeley. She interacted with eye patients with warmth and was very happy to visit the hospital. A cancer survivor she works passionately for turning War mines into wines.



## Election of Members of Board of Directors 2024-25

To elect the Team for Rotary Year 2024-25, Nominations are hereby invited for following positions:

President Elect, Vice President, Secretary, Treasurer, 5 Directors  
Nominations are to be filled with the Presiding Officer at his office - Skyline House, 145 Sarat Bose Road, Kolkata-26 by 5 PM on Monday 18th December 2023.

Wednesday 20th December 2023 will be the last date for withdrawal of nomination.

The Nominating Committee will meet on 21st December 2023 at 7.00 pm  
Election if any, will be held on Friday 22nd December 2023 at the Regular Weekly Meeting at HHI.

Board to be announced on 22nd December 2023 at RWM to be held at HHI

### The Nominating Committee shall comprise of:

PRIP Rtn Shekhar Mehta	: Chairman
President Rtn. Jyoti Mahipal	: President
PP Rtn. Ashok Agarwal	: Member
PP Rtn. Manish Biyani	: Member
PE Rtn. Pramila Dugar	: Member

## Happy Anniversaries

10th Dec

Satish & Pushpa Bansal

11th Dec

Manish & Aparna Biyani

Mahinder & Sunita Singhal

Pranay & Neena Agarwal

Raj & Seema Somany

12th Dec

Saurav & Rishika Agarwal

13th Dec

Aditya & Anupriya Almal

Rooplekha & Bikas Singh

26th Dec

Vikram & Rashmi Doogar

*Congratulations*

**Rtn Shyam Modi and  
Renu Bhabhi on the arrival  
of your granddaughter!**

ROTARY MAHANAGAR

*Happy Birthdays*

09th Dec - Nisha Bhutoria

11th Dec - Rtn. Sunil Agarwal

12th Dec - Kiranlata Dalmia

14th Dec - Rtn. Rita Singh

15th Dec - Seema somani

16th Dec - Rtn. Chandan Shroff

19th Dec - Rtn. Shyam Modi

19th Dec - Uday Vir Gandhi

21st Dec - Nidhi Agarwal

22nd Dec - Pinki Sinha

22nd Dec - Rtn. Gopal Modi

22nd Dec - Rashika Jain

26th Dec - Rtn. Satish Bansal

27th Dec - Sachin Agarwal

27th Dec - Swati Agarwal

27th Dec - Saurabh Bangur

29th Dec - Rtn. Vivek Choudhary

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**VANAM BY SBS**

(PROP.: S. S. SAREES PVT. LTD.)  
107/1, Park Street, 2nd Floor, Kolkata - 700 016  
P.: 4004 8114, Whatsapp : 6290118273  
E-mail : vanambysbs@gmail.com  
GSTIN : 19AAGCS8060H121