



MAHANAGAR Magic

September is Basic Education & Literacy Month

RI President - Stephanie A Urchick
District Governor - AKS Dr. Krishnendu Gupta

President - Pramila Dugar
Secretary - Sandeep Bagrecha

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PRESIDENT'S NOTE



Dear Fellow Rotarians,

We are all on a beautiful journey together, and as we are approaching the three-month mark, I find myself reflecting on how blessed I am to have such incredible support from each of you. I'm grateful to be surrounded by members who stand beside me, ensuring our collective success. Our dedicated Club Secretary, Rtn. Sandeep, is always just a call away; Rtn. Mahendraji Singhal handling the numbers with meticulous care; and the perfectionist Rtn. Pradeepji is tirelessly working to strengthen our Foundation. Medical Director Rtn. Girishji, Non-medical Rtn. Shashiji, Rtn. Sanghomitra, Rtn. Mohit, Rtn. Ushaji, and Rtn. Sanjayji have all contributed their best efforts, and I must say, our Sergeants-at-Arms are doing an

exemplary job. A special mention to my editorial team, Rtn. Anuradha and Rtn. Sweta, for their unwavering support.

I'd also like to highlight Rtn. Neelam, Chairperson of our Annadaan initiative, whose tireless dedication has captured everyone's attention. Our Fundraising Chairman, Rtn. Sanjayji, along with his partner Rtn. Kavita, are fully charged and committed to driving change in society. So far, our journey has been truly rewarding, and I am deeply satisfied with all the progress we've made together.

Education and adult literacy are fundamental to personal and societal growth. By empowering adults with literacy skills, we open doors to better opportunities, improved quality of life, and stronger communities. Our efforts in this area are crucial, and together, we are making a real difference.

However, there's been a moment of disappointment within our beloved city of joy, known for its devotion to Shakti. The recent incident at RG Kar has left us somewhat unsettled. But my friends, while we may feel disheartened, we must not lose hope. Together, we will rise stronger and channel our inner strength.

On that note, I am thrilled to announce a special event: *"Shakti - A Celebration of Inner Strength"*, to be held on September 29th, just before Durga Puja. This event will honour the spirit of Shakti, as we recognise nine extraordinary women from different walks of life who have made remarkable achievements, symbolising the nine avatars of Shakti.

I invite you to nominate outstanding women in the following areas: legal, journalism, sports, art and culture, literature, martial arts, social service, entrepreneurship, and police.

Please feel free to send me your suggestions directly. Our jury will select the final honorees. Along with the awards, the evening will feature vibrant cultural performances and an empowering panel discussion. Though time is short, I am confident that with our collective effort, we will make this event a grand success.

Looking forward to your continued support and enthusiasm!

Warm regards,
Rtn. Pramila Dugar
President

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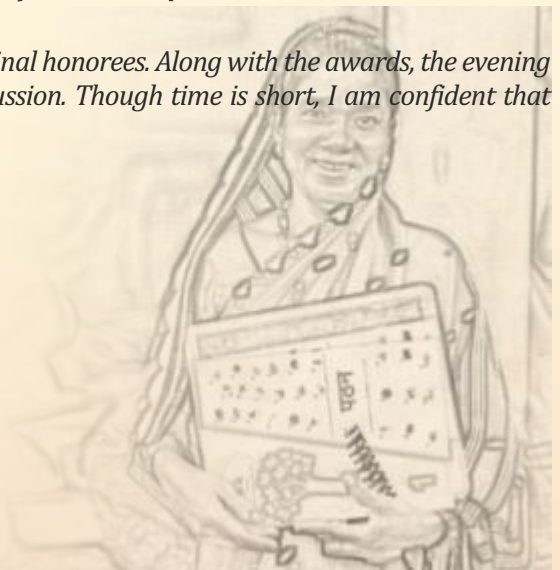
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SILENT PROTEST



The "Silent Protest March for Justice & Peace" organized by the Rotary Club on the 30th of August, 2024, was a solemn and significant event. Under the leadership of Krishnendu Gupta, the District Governor for 2024-2025, the march aimed to honor a departed soul while advocating for justice and peace. The event saw active participation from key Rotary members, including future District Governors Dr.



Ramendra Homchaudhuri (2025-2026) and Tapas Bhattacharya (2026-2027), ensuring the continuity of the Rotary's mission across years.

Rotary Club of Calcutta Mahanagar's President Pramila Dugar, Past President Sanjay Dugar, and Joint Secretary Sanghamitra Ghosh also participated, showing their unwavering solidarity and commitment. The silent march stood as a collective expression of empathy, respect, and the Rotary Club's dedication to societal welfare. The unity displayed by the members further emphasized the cause, reflecting the organization's enduring strength and community spirit.

CONGRATULATIONS TO TEAM 23-24



8th September SWIKRITI - District Awards 2024

1. Star Outstanding Secretary Award for the year 2023-2024- Rtn Ritu Chowdhary
2. DG Citation presented to our club for:
 - Outstanding performance in all 5 Avenues
3. 1st prize for membership in two categories:
 - Membership in numbers
 - Members in percentage
4. Foundation:
 - 1st for TRF per capita on APF
 - 1st for TRF per capita on TOTAL
 - 2nd for TRF Quantum
5. Certificate of appreciation for exemplary contribution towards TRF:



- Rtn Pradeep -Manju Agrawal • Rtn Mahinder Singhal • Rtn Vinod - Jyoti Mahipal
6. PP Rtn Pranay Agarwal felicitated for being an excellent member of the District Core Team
 7. Star Outstanding President of the Year: • Jyoti Mahipal 2023-2024

INTERACT CLUB



Our newly formed Interact Club of Arya Vidya Mandir was presented their official charter on 3rd September at the school premises..

IPP Rtn. Jyoti Mahipal conducted the Four Way Test. The Interactors were also presented with Meri Kitab and were explained the importance of education. President Pramila Dugar also enlightened them on the essence of Service to Mankind and how Interact and Rotary provides them the required platform. The Club is led by President Sanjana Kumari and Secretary Riya Yadav

The Interactors were also given Kelloggs packet from our Food Bank. Interact Chairman Rtn.Savita Kothari and Rtn. Payal Agarwal were also present. ~Rtn. Payal Agarwal

LAST RWM



Rotary Weekly meeting held at HHI was a knowledge empowerment session wherein members expressed their appreciation for the valuable insights shared by our speakers. Rtn. Pradeep Agarwal presented an informative session on the use of Rotary App and Website. He provided guidance on how to navigate the app and utilize its features effectively, as well as tips on communication via WhatsApp. Members were engaged and encouraged to leverage these tools to enhance their Rotary experience. Rtn PP Manish Biyani followed with a compelling discussion on the use of AI in today's world. He shared various insights and practical applications of AI, highlighting its relevance and potential impact on our daily lives and Rotary's outreach efforts. Also we are pleased to announce that our club has officially sponsored the establishment of the Rotary Club of Calcutta Elite. This marks an important step in expanding our network and impact in the community. The winners of the recent photography contest were declared during the meeting, and their creativity was celebrated by all. Congratulations to all participants and winners! The meeting concluded with a delightful cake cutting ceremony on the occasion of birthday celebration of our members and their spouses.



SPEAKER OF THE DAY

Introduction of Dr. Nandita Shah



Dr. Nandita Shah is a distinguished medical professional and the inspiring founder of SHARAN (Sanctuary for Health and Reconnection to Animals and Nature). With over three decades of experience in the field of medicine, Dr. Shah has dedicated her career to pioneering a holistic approach to health that emphasizes the profound connections between diet, lifestyle, and overall well-being.


Dr. Shah's journey began with a conventional medical background, but her curiosity and compassion led her to explore the power of plant-based nutrition and its transformative effects on health.

Recognizing the limitations of traditional medicine in addressing chronic diseases, she delved into the world of natural healing, advocating for preventive healthcare and lifestyle changes as fundamental pillars of wellness.

In 2005, Dr. Shah founded SHARAN with the vision of creating a sanctuary where individuals could reconnect with nature and animals while learning about the benefits of a plant-based lifestyle. SHARAN has since grown into a globally recognized organization, offering a range of educational programs, workshops, and consultations aimed at empowering people to take charge of their health. Through her work with SHARAN, Dr. Shah has helped countless individuals overcome chronic illnesses, improve their quality of life, and adopt more compassionate and sustainable living practices.

Dr. Shah is also a prolific speaker and educator, regularly conducting seminars and workshops worldwide. Her efforts have not only contributed to individual health transformations but have also played a significant role in the broader movement towards environmental sustainability and animal welfare. Her dedication and passion have earned her numerous accolades and recognition within the medical and wellness communities.

In addition to her work with SHARAN, Dr. Shah is the author of several influential books and articles on health and nutrition, further spreading her message of holistic well-being. Her commitment to creating a healthier, more compassionate world continues to inspire and transform lives, making her a true pioneer in the field of plant-based health and natural living.

 <p>Happy Birthday</p> <p>14th September Rtn. Amit Agarwal 19th September Saroj Shah 19th September Geeta Mehra 20th September Vaishali Parekh 21st September Rtn. Dr Karan Sehgal</p>	 <p>Vishwakarma Puja</p> <p>At 10:00 AM on 22nd September 2024</p>	 <p>Bloom & Beed</p> <p>20 21 22</p> <p>2024</p> <p>Swadhinata</p> <p>Grand Bazaar</p>	<p>3 days</p> <p>NEXT RWM 22ND SEPTEMBER</p> <p>MEDICAL CAMP 22ND SEPTEMBER at Aurobinda Sarni</p> <p>SHAKTI SAMMAN 29TH SEPTEMBER</p>
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PROJECTS



Annadan Mahadan

01.09.2024



- 1st September: Alka Jain provided food to 400 needy people at Kalighat Tram Depot.
- 2nd September: Uma Mota fed 350 people near Alipur Bridge, Majorhat.

02.09.2024



08.09.2024



- 8th September: Pinky Sinha sponsored food for 300 people at Lansdowne Motor Vehicle.
- 12th September: 300 people were provided with a meal at the Ballygunge station, sponsored by Anupama Roy Choudhury.

12.09.2024



Blood line

04.09.2024



- Mrs Sangeeta Sarkar's blood requirement was met by our team.
- Kalicharan Singh, working with Buildwell Group, also donated blood.
- Rajkumar Singh, a blind person, donated A++ blood to the needy.
- A requirement of A+ blood for baby Om Sengupta Das was met by our team at Tata Memorial Centre.



Project Food Bank

30.08.2024



03.09.2024



- Ration kits sponsored by Protiviti were distributed among the locals.
- Kolkata police hospital was visited by our members where biscuits, chirwa and chocolates were distributed. Meri Kitab books and coloring books were given to the children.
- Cereals and biscuits were distributed to the children at Arya Vidya mandir.



Vocational Center



- Computer training is ongoing at RCC Shikharpur.
- Smooth progress at Jalaram Vocational Center and Star Welfare Society. The programs are

running successfully, providing valuable skills to participants.



Life Beyond Cancer



- President Pramila Dugar, along with Joint Secretary Sanghamitra Ghosh, Rtn Pooja Agarwal and Shalini Bagaria, visited Calcutta

Police Hospital to spread joy among the children. Pooja distributed coloring books & accessories, while Pramila gifted chocolates and food items, bringing smiles to the kids' faces.

ROTARY MAHANAGAR EDUCATION INITIATIVES



Rotary Mahanagar continues to make significant strides in the field of education and literacy, showcasing impactful programs designed to uplift and empower communities. Rotary Mahanagar's approach to promote inclusivity and diversity highlight several key initiatives in the space of education.

A total of 225 E-learning Programs were implemented, bringing the benefits of digital education to over 1,00,000 children through technology integration in classrooms. This program focussed on both bridging the digital divide and ensuring access to quality education for all.

Under our scholarship initiatives like Udaan and Lakshya, thousands of underprivileged students received support to pursue their dreams. More than 10,000 children have been benefited from these programs.

Continuing the efforts to enhance school infrastructure and create a conducive environment for the school children, the Happy School Program was implemented in 12 schools, to ensure holistic development of more than 6,000 children.

We continue to support children who have been left out of formal education. Over 175 children were mainstreamed into schools through the Asha Kiran Program, giving them a second chance to receive a proper education.

Our focus on adult literacy has grown, with 125 Vidya (Each One Teach Many) centres successfully running last year, making 6,000 adults literate. This year, we aim even higher, targeting 50,000 adults for literacy programs at a projected value of Rs. 1 Crore. We have already received a grant for making 10,000 adults literate and have applied for additional funding to cover the remaining 40,000.

Rotary Mahanagar strives to be at the forefront of educational reform and empowerment, helping to create lasting change in the lives of children and adults alike. We remain committed to our mission of promoting literacy and education for all.

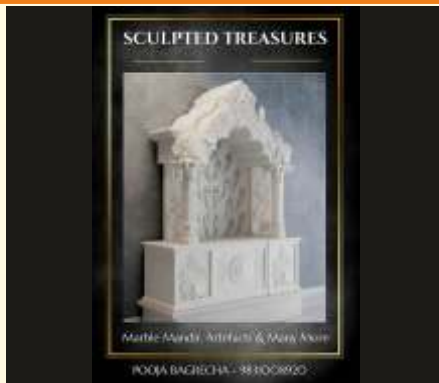


Non Medical

On 9th September, mosquito nets were distributed in the Chinna Kali(Basanti)and Canning areas as part of a non-medical initiative, aimed at improving community health and safety.

MINUTES OF THE 1378th REGULAR WEEKLY MEETING OF ROTARY CLUB OF CALCUTTA MAHANAGAR HELD ON FRIDAY, 30th AUGUST 2024 AT HHI

- The meeting was called to order by our President PramilaDugar.
- Members were welcomed and the national anthem was sung.
- **Rtn. Pradeep Agrawal** presented a comprehensive session on the use of the Rotary App and Website. He explained how to navigate Rotary App, utilise app features to enhance Rotary experience and tips for communication via WhatsApp.
- Members were encouraged to leverage these tools for improved engagement and efficiency.
- **Rtn PP Manish Biyani** delivered an engaging discussion on Artificial Intelligence (AI). Relevance of AI and practical applications of AI were discussed in a very effective way.
- The club has officially sponsored the establishment of the Rotary Club of Calcutta Elite. This marks a significant milestone in expanding our network and community impact.
- The winners of the recent photography contest were announced. Congratulations were extended to the winners.
- The meeting concluded with a cake cutting ceremony in celebration of the birthdays of our members and their spouses.
- A vote of thanks was extended and meeting was adjourned by the President.



Rtn. Sandeep & Pooja Bagrecha

NEXA

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Rtn. Sanjay Bhandari



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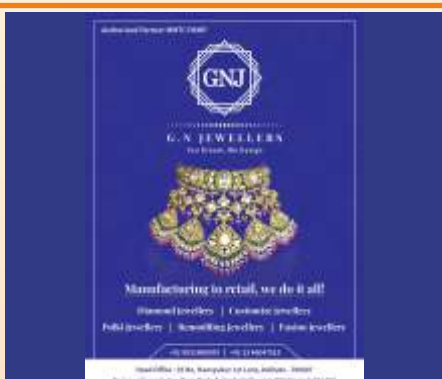
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