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President: Jyoti Mahipal Secretary: Ritu Choudhury Editor: Usha Agarwal E-mail: rccmusha@gmail.com

UPCOMING CLUB EVENTS

- 7th Aug, Mon MHM Project at Rainbow
- 15th Aug, Tue Flag Hoisting
- 15th Aug, Tue Antakshari at Dhanodhanyo
- 17th Aug, Thu 1st Board Meeting at CSC
- 20th Aug, Sun Mega Health Check up Camp
- 25th Aug, Fri RWM at HHI
- 26th Aug, Sat Trust Meeting



NEXT RWM

9th Aug, Merged With Aakarshan at Ice Skating Rink on 6.30 Pm

PRESIDENT'S MESSAGE



Dear Friends,

What a Joyful July it was for Mahanagar! A month dedicated to new leadership paved the way for New Visions and New Missions to create Hope in the world. I can't thank enough my Mahanagar family for always joining for all the events in a large number.

Spreading Smile with distributing food items, taking care of Health by having a mega health checkup camp, KINDMIND awareness session for 300 students by our own Member Sarla Totla, a first RWM at HHI where Health coach Ritesh Bawri was the guest speaker. Mahanagar

members presence was truly inspiring and I am sure we will experience this momentum throughout the year.

August is the month flavored with friendship and festivals. Our fellowship committee has planned interesting and entertaining events for us. Don't miss the fun and do participate. Our RWM on 24thAugust has been dedicated for the orientation of the new members by a galaxy of our past presidents. Let's pledge to renew our bond of Friendship and make the celebration of festivals more meaningful by serving mankind. Let's make 11 months of this Rotary year more meaningful to Touch Millions of Hearts

Rtn Jyoti Mahipal



HIGHLIGHTS

Bhagwat for Humanity

'JAY SHREE KRISHNA', RADHE–RADHE

 ${
m T}$ his form of greetings I used to hear when I met people who were Krishna Bhakts, never realizing that a day would come when I would be a part of such a bhakti celebration by bhakts of our Rotary Club, who have pledged to do service above self and dream to create hope in the world. A seed was sawn and after several months of tender loving, care and herculean efforts of members we all saw the fruits of our labour in the form of a Magic Spiritual Project in "Bhagwat for Humanity".







Miracles are in the eyes of the beholders, likeminded members of Mahanagar got together with great spirit of friendship and create a spirit of divinity. If we have been successful in doing so then it is a sort of miracle.

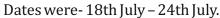
My belief in 'Karm' was fulfilled when the pious "Bhagwat katha got associated with Humanity. The dream to start a "Physiotherapy unit for the lesser priveledged". We all know that the person who floats an idea get all the accolades, appreciation and applause, so let us all give Jyoti a pat on her back for thinking big for a noble cause. The entire team was headed by Raj Somani.







Then began the mammoth hunt for Yajmans. All of us worked with full fervor and enthusiasm. It was decided that our Bhagwat Katha would be narrated by Dr. Manoj Mohan Ji Shastri from Vrindawan.



A lot of deliberation & storming was done for the various aspects of the mega event. Discussion with Shastriji went on continuously, The planning of venue – décor, gifts, clothes for Yajmans prasad, programme for each day etc.

Firstly, we express our gratitude to Shri Laxman ji Mahipal and his wife Shrimati Kaushalya ji for not only being the Mukhya Jajman but for being present there in all 7 days to hear the Katha.

Mahanagar discovered a gem in our member 'Shalini'. What a Perfect hasten she turned out of her, not only Shastriji's stay but also his food habitsconveyance for him to and fro was taken care by her. Thank You Shalini.

Our member Sanjay Bhandari became an event partner and managed the entire show and did a commendable job. Thank You Sanjay.

Laxmikant Ji Balasaria of Gokul promised to provide us delicious prasad every evening. This was a selfles and generous gesture from him. Thank You Lakxmikant Ji.

As the day dawned 18th July everyone gathered at the Shiv Mandir at 8:00 A.M. in the morning. 'The Shobha Yatra' began with great pomp and show. Our reverent Shastriji and team, the Yajmans and their families and our members were all resplendent in their red sarees & yellow kurtas. Despite having a chariot Shastriji in all humiliity chose to walk with us to the venue. There was meticulous arrangements for the Yajmans for their puja. There was individual pandit for each devotee family and the whole atmosphere had an aura of 'Bhakti'- Senerity.











Shastriji a good orator and a man with a vast knowledge and experience made his Bhagwat Katha all encompassing. All seven days he spoke on the different aspects of Bhagwat. Listening to the Bhagwat Katha blesses the devotees with a pure soul and peaceful heart as well as a long life.



One of the interesting features of the Bhagawat Kathah was the opening narration of our Sutradhar Dr. R.P. VIDHAWAN. At the beginning of the programme he welcomed Shastriji, bhakts present there, invoking the spirit of bhakti and outlining the particular days subject in his own style and manner with shlokas and bhajan lines.









There was a small programme organized each day which was put up by our member. We had bhajans and dances which were very well planned and executed. The participants practised tirelessly and their programmes were excellent.



The footfall for all the seven days were great and on Krishna Janam and nandotsav we had a packed house. There was a sense of peace and merriment. Dances galore and children dressed up as "KANHA" circulated amongst the audience and distributed





Annadan was done everyday and the prasad was taken by the devotees after the Aarti.





On the last day 'Hawan' was organised. The entire programme culminated with a feeling of happiness, splendid bonding, trust, respect and care and ofcourse "Bhakti" – Tranquility.







- by ANURADHA VIDHAWAN

MEMBERS' SPEAK

- Thank you for organizing such a stupendous Bhagwat. It was indeed a very special one. Really thankful for the whole organizing team *Rtn Ratan Agarwal*
- Wow super se upar! Bhagwat for humanity! The program was very well managed. We attended a full Bhagwat for the first time and it has become a memorable event for lifetime.

Sanjay and Kavita Bhalotia

- Bhagwat was like a festival that we all were celebrating together... wonderful event and wonderful bonding. *Jyoti Sureka*
- Have been to many Bhagwat Kathas but not seen one like this. So well organized and everything so flawless. It was so much fun and saw so much love and hard work all around. Truly a great event. So many people working together for the good of society as a whole .. kudos to the Bhagwat team. Truly inspirational. *Puja Agarwal*
- "She Came, she Saw, she Conquered." It refers to Jyoti's quick and decisive victory of her dream to set up the physiotherapy clinic. *Anuradha Agarwal*



CHANGE LIVES

Shekhar Mehta President,

otary International:2021-2 +91-9831012901

Date: 18.07.2023

Dear President Jyoti,

My compliments to you for an outstanding start of the year with a very well organized installation meeting. It was a pleasure attending it.

Membership – I am so happy that at the installation meeting you have added 13 new members. My compliments to Chairman Sanjay Dugar, Deepak Chowdhury, Pranay Agarwal and all others.

<u>Souvenir</u>: My compliments to you, Usha and the publication team for coming out with an excellent souvenir which is very well designed, compiled and printed.

<u>Fund Raising</u>: I congratulate you on crossing Rs. 20.00 lakh in fund raising through the souvenir. My compliments to the entire team.

Today's fund raising for "Bhaghwat for Humanity" is an outstanding initiative and will fill the coffers of the club for doing good in the world. The event start was very nice too.

In just a couple of weeks you have made a mark.

Wishing you the very best for rest of the year.

With regards, Shellhall hands Shekhar Mehta

12, Sunny Park, Kolkata - 700 019, West Bengal, India

RWM HELD ON 28TH JULY

On 28th July, the RWM of our club was held at HHI. Around 50 members attended the meeting. President Jyoti Mahipal extended a warm welcome to all attendees at the first RWM of the year and meted out her warm greetings to the Guest of Honour, Dr. Manoj Mohan Shastri and Guest Speaker, renowned health coach Ritesh Bawri. Dr. Manoj Mohan Shastri was made the Honorary member of our club and the Guest Speaker, health coach Ritesh Bawri spoke at length about the basic techniques to reverse lifestyle diseases with easy to follow, science backed principles. A cake was cut to celebrate the birthdays and wedding anniversaries of our members in July. The evening concluded with a hearty dinner which all attendees enjoyed over cheerful conversations and warm bonding. Rtn Monolina Dutta







PROJECT REPORT



BLOODLINE

During this period (14.07.2023 to 27.07.2023), our Club carried out Blood Grouping Camp and Registered 37 SOS donors for our Bloodline. Camp was conducted at "Bangoydda Sanghatan" Konnagar Chalachitra More, Hooghly - 712235 on 23th July 2023.

We also met need for 10 Patient.





On 26th July our club organized an awareness session "Kind Mind" at Institute of Engineering and Management College. Our very own psychologist Sarla Totla conducted a very informative and educative session. Today's world is very competitive and under pressure. People can't make right choices. It not only affects their career but affects their relationships also.

She showed few exercises also to release the stress and make them understand the importance of stress-free life and not to Suppress their emotions.

It was wonderful session on very apt topic and attended by president Rtn Jyoti Mahipal, Rtn Monolina Dutta, Rtn Pramila Dugar, Rtn Hulas-Babita Todi, Uma Mohta, Veera Jain.

By Rtn Pramila Dugar







NETRALAYA

In the month of July, 180 free IOL surgeries, 4 Phaco and 11 paid SICS was done at our Eye Hospital.





Happy to inform that on 1stAug, a generator has been installed at our eye hospital. Thanks to Rtn Pradeep Agarwal for donating this generator. Chairman PP Ashok Agarwal ensured that it was refurbished and installed at our Netralaya. This is an important step in the smooth running of our hospital.





PROJECT FOOD BANK

On 29th July, Under Food bank project Food Bank we distributed Bournvita biscuits to 600 bustee people near Vivekanand Park, Kolkata. It was heartwarming to see presence of members in the morning. It was attended by Raj-Seema Somani, PP Ashok-Usha Agarwal, Kamlesh -Nidhi Agarwal, PPSatish -Pushpa Bansal, Shyam-Renu Modi, Sanjay-KavitaBhalotia, Pradeep-Manju Agarwal, Mahinder Singhal, Mahinder Kedia and Vinod Mahipal.







PROJECT PAEDIATRIC CANCER

We supported 14 little children under our project Paediatric





PROJECT AROGYA

On 30th July, a Mega Health Checkup camp was held at Chaitnya Library, Beadon Street for 140 patients. A team from eye hospital conducted eye checkup and general health checkup was also conducted. Thanks to Surendra Jain for sponsoring the cost of this project. 23 Members attended the project.





LET SPOTLIGHT SHINE A LIGHT ON YOU.



Ashok Agarwal is a graduate who is an exceptional visionary. He is ahead always of his time and has a powerful plan for change in the future. He did his schooling from Hindi High school and completed his graduation from City College in the year 1986.

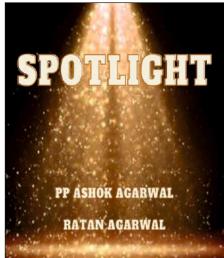
He is into Construction business since 1998 and now moved into infrastructure also. His company named Anpurna Infra Developers deals in real estate constructions.

Rtn. Ashok Agarwal was introduced by PP. Rtn. Mahesh Shah and he joined Rotary Calcutta

Mahanagar in 2008.

Since then, he has held different posts in club as Editor, Joint Secretary & Club Secretary. Becoming a president was last thing in his mind but he became president of Mahanagar in the same year when PRID Shekhar Mehta was holding the mantle of Rotary International.

He has been an active member and has regularly participated whole heartedly in various service projects like Udaan, Healing Little Hearts, Food Bank & Polio. Currently he is the Chairman of service projects like, Eye Hospital & Pediatric Cancer. He is very passionate about service projects. He likes to help people in need or you can say he is a true Rotarian.



He is ever smiling, generous and friendly person. His interest extends to music, travelling besides expanding his own horizon. He plays Tennis in South club since 25 years.

Rtn Ashok Agarwal is happily married to Usha who also is a Rotarian and blessed with two sons. Their elder son Ayush is married to Varnica. And the younger charmer is still single. All the three children are well settled in Singapore.

Rtn Usha Agarwal



It's my pleasure to introduce **Rtn Ratan Agarwal**, who joined the club in July'23,on the insistence of Rtn Girish Soni.

Father of two wonderful children Apurv and Aanya and a loving husband to Urvi. Urvi instantly connected with the members and her zeal to participate in the "Bhagwat" shows in the dance she gracefully did. Her active interest and participation along with Ratan are commendable. He is a B. Tech by education and businessman by profession. He is into Aluminum Trading business (wholesaler and Retailer). A few years ago, he added Laminate sheets trading and Powder coating factory.

On a personal note, he loves to travel to new places, a big movie buff and proficient reader. They joined hands with Rotary Mahanagar to support the sacred cause of helping theunderprivileged and making this world a better place to live in.

Rtn Anuradha Agarwal

Minutes of the Weekly Meeting held on 28th July, 2023 at Hotel Hindustan International at 7pm

- The meeting was called to order by President Jyoti Mahipal and the National anthem was sung with great fervor by the
- The President extended a warm welcome to all attendees and meted out her warm greetings to the Guest of Honour, Dr. Manoj Mohan Shastri and Guest Speaker, renowned health coach, Ritesh Bawri.
- The President appreciated the valuable contributions of each member in the organization's success of the grand fundraiser, Bhagwat Katha for Humanity and for all the projects done by the club till date.
- 4. The Guest of Honour Dr. Manoj Mohan Shastri was acclaimed and felicitated by the President was made an Honorary Member of the club.
- Dr. Shastri expressed his gratitude for being made a part of our esteemed club and conveyed his best wishes and blessings to all.

- The release of the bulletin was done amidst much praise for the Club Editor Usha Agarwal and her team.
- 7. The Club Secretary then conducted the club business session.
- He also conveyed best wishes to members who celebrated their birthdays and wedding anniversaries in July.
- Our Guest Speaker Ritesh Bawri was introduced by Veera
- 10. Health coach Ritesh Bawri enthralled the members with his talk on good health.
- 11. A cake was cut to celebrate the birthdays and wedding anniversaries of our members in July.
- 12. The meeting was then adjourned after a vote of thanks by PP Sanjay Dugar.

CONGRATULATIONS!

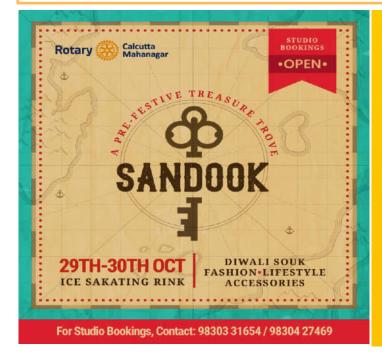




Congratulations to Yutika, Daughter of Vikram and Rashmi Doogar, who participated with her school mates from Lakshmipat Singhania Academy, Kolkata for Congratulations Basant and INTERNATIONAL SPACE SETTLEMENT DESIGN Nikhita Shah for receiving Award COMPETITION. They won the world title, competing against by for Lifestyle Furnishing from countries for International Space Settlement Design Therapedic mattress in Malaysia. Competition at Orlando in NASA headquarters.



Congratulations Rtn Pradeep Agarwal for receiving a Crystal from Rotary Foundation for committing \$25000 to Rotary Foundation... What a great gesture!



Puzzle corner

Challenge the mind, solve a puzzle!

How many times can you subtract 10 from 100?

	A)	9	times	
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D) IU IIIIIES	B)	10	times
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()	1	time
C)	П	time

D)	0 time	S









Read Better

Maintaining Time says a LOT about your INTEGRITY

Everyone at some time or other has been kept waiting. You make an agreement to meet someone at a specific time and place, you are

there and they don't show up. Your time is wasted and you begin to feel something akin to skepticism with regard to any further agreements you may make with that person. Eventually, when that person finally does contact you, he or she has what seems to be a perfectly valid reason, excuse or justification (and profuse apology) for not being where they said they would be. And yet, it never seems to make any difference. Your wasted time is never recovered and you still wonder whether or not that person is really dependable.

Keeping your word is a black and white issue. You either make happen what you said is going to happen, or you don't. If you said you're going to produce some result by a certain time and you don't, no number of reasons, excuses, justifications or apologies alters that fact. Reasons are one thing. Results are something completely different.

We're all on the same team. The degree you can be counted on to make happen exactly what you said is going to happen is the degree of success for all of us. Keeping your word has consequences for those who depend on you doing what you said you would do. If you don't keep your word, that has consequences too.

While it's true that you always have the choice not to make agreements that are impossible to keep, it's in your best interests to become known as someone who can be depended on to keep their word and simply produce the result, rather than someone who knows all the reasons why what they said is going to happen, doesn't.

Keeping your word makes a difference.

Rtn Pradeep Agarwal

Answer for puzzle (28th July)

Answer: D) 5 Explanation:

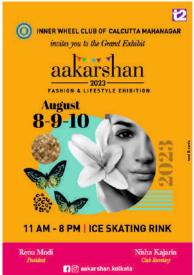
From the given data,

1 rabbit is going towards river not the six elephants. And these 6 elephants saw 2 monkeys are going towards river. Each monkey is holding 1 tortoise.

Hence, number of animals going towards river are 1 rabbit, 2 monkeys and 2 tortoises

= 1 + 2 + 2

= 5.













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