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NAV SHAKTI



Our club held a very special and an extraordinary event on women empowerment, "Nav Shakti" at HHI on 29th of September 2024, where nine extraordinary women from various fields were honoured for their remarkable achievements and contributions to the society. The evening was filled with enthusiasm, creativity and positivity, recognitions, insights from eminent speakers, captivating cultural performances and it was a grand success. A notable highlight of the event was the presence of several Rotary dignitaries, which really added depth to the event. The media presence from various outlets across Kolkata had come to cover this significant occasion and their attention reflected the impact of "Nav Shakti" as one of the most prestigious and empowering events in the district.





















MEDIA COVERAGE

MORNING INDIA

City celebrates "Spirit of Nava Shakti"



सन्मार्ग



रोटरी कलकत्ता महानगर ने की महिलाओं को सशक्त बनाना' की



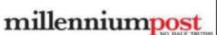






গ্ৰকদের

"নব শক্ত্রির স্পিরিট" উদযাপন করল রোটারি ক্লাব অফ ক্যালকাটা মহানগর, মেয়েদের জন্য ক্ষমতায়নমূলক উদ্যোগের সঙ্গে



Rotary Club of Calcutta Mahanagar celebrates 'Spirit of Nava Shakti'

সংবাদ এই সময় Rotary Club of Calcutta Maha Empowering Initiation





NEWS PRIME

OUR CORRESPONDENT

KOLKATA: Rotary Club of

KOLSATA: Rotary Code of Colouta Molanujar celebrarid the Spirit of Nova Shalat, an evert dedicated to empowering girls and championing wentered causes, on Sunday, as a city hotel.

The event was marked by a panel discussion on Nava Shakir. Empirosering Girls, featuring speakers such as Gantam Mohan Chakrabari 195, es commissioners of policy. Kolkata, filtransker Sodeshna. Roy. Amendha



Sunrise News













হল রোটারি ক্লাব আফ





ary Calcutta Mahanagar hosts. 'Nav Shakti: Emp

The Calcutta Mahanagar Rotary Club Honoured the Spirit of Nava Shakti by Launching Initiatives



that Empower Girls





LAST RWMS







Report of Rotary Weekly Meeting Held on 13th September at HHI. The weekly Rotary meeting, held on 13th September at HHI, was a joint event hosted by Rotary Calcutta Mahanagar along with Rotary Club of Chowringhee. The meeting saw an impressive turnout, with members from both clubs participating enthusiastically.

Club President Rtn. Pramila Dugar opened the meeting along with Rtn. Gaurav Gupta, President of Rotary Calcutta Chowringhee. Both presidents took the opportunity to discuss their respective clubs' ongoing projects and upcoming initiatives. Their insights highlighted the clubs' commitment to making a positive impact on the community.

The business proceedings were smoothly conducted by the secretaries of both clubs, keeping members informed about recent activities and future plans.

The highlight of the evening was the address by the guest speaker, Dr. Nandita Shah, who was warmly welcomed by the members. She spoke on the topic of Disease Reversal through a Plant-Based Diet, sharing valuable insights into how adopting a vegetarian, plant-based lifestyle can significantly improve health. Ms. Chatterjee emphasized the importance of avoiding milk in the current context, explaining the negative effects it can have on the body. She further elaborated on the role of her organization, Sharan, which is dedicated to helping individuals improve their health by correcting lifestyle choices. Ms. Chatterjee also encouraged the use of healthy recipes, which are accessible through Sharan's website and several published books.

The meeting concluded with a vote of thanks delivered by Mr. Vikram Tatia, expressing gratitude to the speaker for her informative session and to all attendees for their participation. The evening ended on a delightful note with a dinner featuring a healthy food menu, perfectly in line with the theme of the talk. The dinner was generously sponsored by Rtn. Pradeep Agarwal in celebration of his birthday, and the food received widespread appreciation from all attendees.

Overall, the joint meeting between Rotary Calcutta Mahanagar and Rotary Calcutta Chowringhee was a successful and enriching experience for everyone involved.

- Aparna Biyani







The Rotary Club of Calcutta Mahanagar held a vibrant and memorable weekly meeting on Sunday, 22nd September at Studio Cocoon, transforming the gathering into a lively Garba dance workshop in celebration of Navratri. The meeting seamlessly blended Rotary's mission of fellowship and service with cultural festivity, as an instructor demonstrated the fundamental steps of Garba/Dandiya, guiding members through rhythmic footwork and hand movements. The dance floor came alive as members of all ages, dressed in dazzling outfits, enthusiastically participated, creating an atmosphere of joy and unity.

The culinary experience, curated by Shalini Bagaria, Uttam Bagaria and Manju Agrawal, featured an authentic Gujarati meal, complemented by bandhej dupattas and traditional artifacts, enhancing the vibrant Gujarati vibes. With 43





attendees, the event was a resounding success. Awards added to the excitement, with Naresh Jalan and Mahinder Singhal recognized as the best male dancers, Suman Kedia as the best female dancer, and Kavita Biyani as the best dressed. This unique and engaging meeting was a delightful blend of culture, camaraderie, and fellowship, leaving everyone with unforgettable memories.

-Rtn Usha Agarwal

RIPE VISIT







Rotary International President-Elect for 2025-2026, Mário César Martins de Camargo, made a memorable informal visit to President-Elect Sanjay Bhalotia's residence during his official trip to Kolkata. His presence added a personal touch to the occasion, reflecting the spirit of fellowship and shared purpose in our community.

HAPPY PUJA



We had an amazing Durga Puja celebration on 12th October, filled with joy, traditions, and community spirit. The evening was a wonderful blend of Pujo Golpo, idol worship, the traditional Sindoor Khela, and an





energetic Dhaki Dhunuchi dance performance. Everyone enjoyed the mouth-watering street food, including puchka and jhalmuri, which added a delightful flavor to the evening. A heartfelt thank you to Sanghmitra and Kallol da for organizing this fantastic event. Your efforts truly made the evening special, and we all had a memorable time.

A big round of applause to Sanghmitra for winning the Best Dancer prize! Your performance was truly mesmerizing, and it added so much vibrance to the event. Kallol da, your enthusiasm and spirit were infectious and made the evening even more lively. Thank you to all the members for your presence and for making this celebration such a success. Your participation and energy made the night unforgettable. Wishing everyone Shubho Bijoya once again.







Saree distribution brought an extra layer of joy during the festive puja season, as 200 underprivileged women from Shikharpore received sarees, adding a touch of celebration to their lives. The initiative, in collaboration with RCC Sukant Sanskriti Sangh, aimed to spread happiness and share the spirit of the festivities. Supported by Rtn Anuja Banthia, Roshni Jain, Veera Jain, PP Sanjay Dugar, and myself, the event was made even more special with the later presence of Rtn Sanjay Bhalotia and Rtn Kavita Bhalotia. The smiles and gratitude of the women reminded us that sharing small joys during the pujas brings light and warmth to the hearts of many.

PROJECTS



Annadan Mahadan

30.09.2024 & 06.10.2024







- 30th September: Uma Mohta provided meals to 300 elderly residents at Navneer Old Age Home, Chetla.
- 1st October: Rotarian Daulat Jain and Roshni Jain served meals to 300 people near Chitranjan Hospital, Hazra.

01.10.2024 & 02.10.2024





08.10.2024



- 2nd October: Rotarian Satish and Pushpa Bansal provided meals to 300 people near Bangur Hospital through Roti on Wheels.
- 6th October: Rotarian Mahinder and Sunita Singhal fed 300 people near Chitranjan Hospital.
- 8th October: Sonu Tebriwal sponsored meals for 250 people at Jeeva Homes.

Shelter Kit



08.10.2024

On 8th October, 150 additional shelter kits were packed to ensure preparedness for any unforeseen calamities. As disasters often strike without warning, it is crucial to be ready in advance, and this proactive measure helps ensure that support can be provided swiftly when needed.





Blood line



1st Camp conducted at "Aneek Theatre Group" Tapan Theatre, Kalighat, Kolkata-700026 on 29th September, 2024 and 23 SOS donors registered.

2nd Camp conducted at "URJA" 20/1 Maharshi Debendra Road, Kolkata-700007 on 29th September, 2024 and 27 Donors registered.

3rd Camp conducted at "P.A.G. (Audit-11) W.B. Recreation Club" C.G.O. Complex, 5th floor, Salt Lake, Sec-1. Kolkata -700064.



We also met need for 02 Patients. Donee Ms Ruma Poddar donated blood to Mr Shubhankar Chakraborty on 4/10/24 Donee Mr Shami Ahmed donated blood to Mr Tajuddin SK on 15/10/24.



Skill Development

05.10.2024







At our Vivekananda school, the certificate distribution for skill development training took place in the presence of representatives from Narendrapur Ramakrishna Mission. A total of 350 students, all staff members, Toto drivers, and 50 skill development trainees participated in today's program.



08.10.2024

Forty beneficiaries completed their training under the Skill Development project GG 1871537, organized by the Calcutta Foundation. This milestone empowers individuals with valuable skills, furthering our mission of community upliftment.





23.10.2024

A new Skill Development Centre under GG 1871537 is training 450 beneficiaries, empowering them with essential skills for better opportunities.



Life Beyond Cancer









LBC TEAM has started wellness support & handholding for the mothers of the paediatric cancer affected children at Paediatric oncology ward, NRS. Volunteer has taken the initiative by providing embroidary stitching kits to the mothers. The mothers are so talented that they are doing beautiful embroidaries on clothes. These are being framed by LBC TEAM. The objective of this program is to help the mothers financially.



12.10.2024

At NRS Pediatric Cancer Ward cancer affected children are busy doing drawings and craft work...initiative taken by our Life Beyond Cancer team...Our volunteers are really doing there best..Kudos to our volunteers.

Medical Camp





A free Mega Medical Camp was successfully organized by the Rotary Club of Calcutta Mahanagar on 6th October 2024 at the Puja Pandal of New Santoshpur Adi Durgotsab Committee. The camp was sponsored by Mrs. Veera Jain and well-co-ordinated by Medical Services Director Rtn Girish Soni. Almost 150 patients were checked and 68 spectacles were distributed. Along with medical services, the visitors were also offered food packets and Kellogg's Chocos from our Food Bank. Members present in the event were Secretary Sandeep Bagrecha, Praveen Jain, Veera Jain, Mohit Jain, Alok Mukhim and Girish Soni.







Project Food Bank





05.10.2024















- Cooked Millets served to Premanand Ashram-Chamusai, near Kharagpur.
- Chocolates were diatributed to the Landsdown to the children of the slum area.
- Food packets and Kellogg's Chocos were distributed at Santoshpur Medical Camp.





- Food bank team of Rotary Calcutta Mahanagar distributed Cadbury choco cakes to villagers in Amta area.
- Food Bank team of Rotary Calcutta Mahanagar. Distributed Kellog's cereals during Durgapuja celebration in Amta area.
- Distribution of Cadbury choco cake to Dhaki of Tridhara puja by IPP Jyoti Mahipal.
- The Food Bank Team of Rotary Calcutta Mahanagar distributed Cadbury products to children in the Singur area.
- $\bullet \quad \text{We have distributed chocolates from our food bank to children of Scouts at the new Alipore.} \\$
- Bournvita & chocolates distributed to students of Arya Vidya Mandir this morning.

Vivekananda School



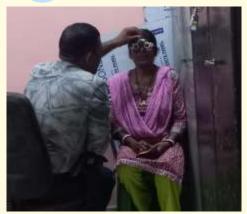
19.10.2024

The food bank team of Rotary Calcutta Mahanagar distributed a ration worth Rs 24000 to Star Welfare Society and freshly cooked food was served to about 150 children on 19th Oct. The project was sponsored by Protoviti





Netralaya



On 6th October 2024, an Eye Camp was held, providing free eye care benefits to the community. A total of 36 patients were examined, with 28 spectacles distributed — 14 for men and 14 for women. In addition, 6 cases requiring operations were identified, ensuring further care for those in need. The camp offered essential eye services at no cost, making vision care accessible to all.

Total of 145 surgeries conducted in the month of October at the Hospital out of which 114 were free. 68 specticals were distributed by the Mahanagar trust.





Healing Little Hearts

Master Ismail Sekh, a 7-year-old boy from Rasun, Murshidabad, was admitted to RN Tagore Hospital for an urgent Fontan surgery under our Global Grant. The surgery was successfully performed on 23rd October 2024, and he is now recovering well.

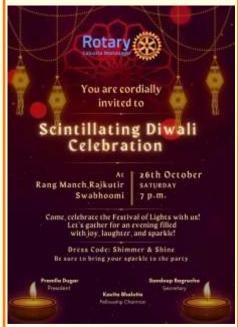


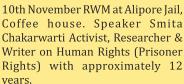
UPCOMING EXHIBITION





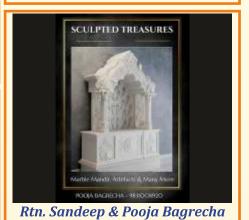




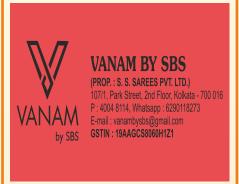


We shall be planting 25 trees on 27.10.24 at 10 am on AJC Bose Road (adjacent to Lamartiniere for Girls).

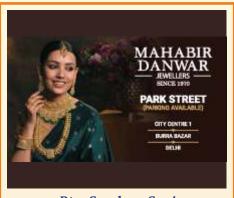








Rtn. Mahinder Singhal



Rtn. Sandeep Soni







Rtn. Sanjay Bholotia

