





# Suryoaaya



### Doing Good In The World



& Literacy



Health



Water. Sanitation & Hygiene

Charter Date: 29th June 2007



Development

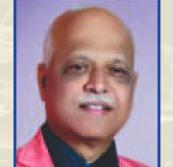


Club ID: 76727

Gordon R. McInally

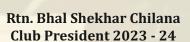
R.I President 2023 - 24

District ID: 3142



Rtn. Milind Kulkarni RID 3142 DG 2023-24



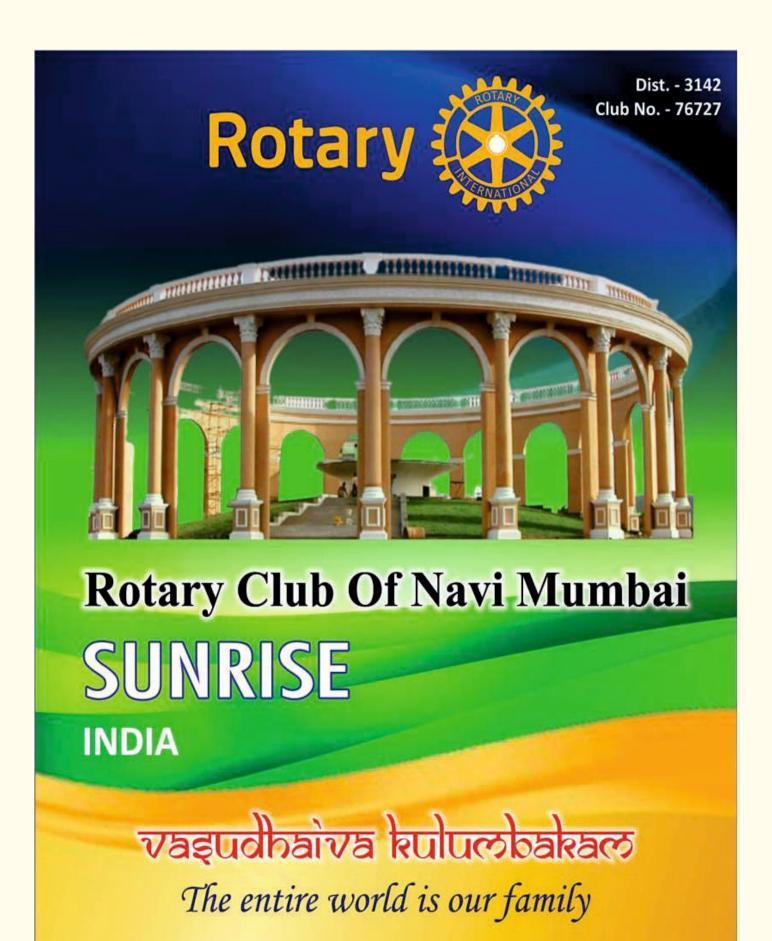




Rtn. Sanjay Panigrahi Club Secretary 2023 - 24

Editor: Rtn. Ritu Deshmukh

Issue: July 2023





## CREATE HOPE in the WORLD









## From Editor's Desk



Greetings Rotarians and Guests!

I would like to open this bulletin "Suryodaya" by conveying my best wishes to all Rotarians, contributors to this bulletin and the readers. May we hope that it is a year where we are all less impacted by the ongoing Covid-19 pandemic and begin to return to normalcy though we have to take all precautions.

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Each Rotary year the Rotary International President pins a 'motto' for the Rotary years. There have been many great ones, some short and some long, yet all that sum up the vision of Rotary. **Rtn Gordon McInally**, the current Rotary International President unveiled the 2023-24 presidential theme "**Create Hope in the World**". The goal is to restore hope – to help the world heal from destructive conflict, and in turn, to help us achieve lasting changes for ourselves.

With the able guidance of our District Governor Rtn Milind Kulkarni and under leadership of our dynamic Club President Rtn Bhal Shekhar Chilana and active participation of all our Rotarians, definitely we can achieve the goal and reach to the expectation of the people at large.

In this edition tried to capture all the activities undertaken by our club. In the spirit of continuous improvement, any constructive inputs on streamlining our bulletin is very welcome.

With warm regards

Ritu Deshmukh Club Editor RCNM SUNRISE









## District Governor's Message



Dear fellow Rotary Leaders,

Congratulations on taking over the mantle of club leadership. We begin our excellent year, to Create Hope in the world with renewed vigour and enthusiasm. Let us thank our past leaders who have paved a path with the belief of "Service Above Self."

Every member should feel empowered to shape the club's future and make it outstanding. The primary step is to have a vision statement wherein outline the stage where you would like your club to be in the coming 3-5 years. Goals are a pathway to our dream destination. Thus, the involvement of the past and incoming

leaders, and senior Rotarians is a must. Let your goals be achievable and measurable. Let all members voice their ideas about goals and activities. Maximize its collective expertise to address a local need. Communication should be a two-way process in your club that has transparency and conveys actionable diversity, equity, and inclusion.

We have a legacy in RI Themes, Serve to Change Lives – Imagine Rotary – Create Hope in the World. RI President 23-24 Gordon has emphasized concentrating on Peace and Mental health, besides our focus areas.

Growth as anywhere else is essential and important even for our organization. More members bring in more resources to serve humanity with humility. The Rotary Foundation is the backbone of Rotary, which has touched the lives of millions and many more require our assistance.

Madhavi joins me in extending our best wishes. Looking forward to being with you all, in benchmarking, an excellent year.

Create Hope in the world as you lead the way.

Enjoy Rotary.

Rtn Milind Kulkarni District Governor 2023-24 Rotary International District 3142









## IPDG's Message



Dear FAB President Manoj Nayak & my fellow Rotarians from Navi Mumbai Sunrise

Rotary Pranaam!!

I am glad to write this message for your Last edition of SURYODAYA of the FAB Year At the outset let me Thank you and your club for the amazing performance in the FAB Year. The club had a well-balanced program. The projects were impactful. I am glad that you could revive your CLCs with the help of the District Grant. I have always been impressed with the line up of your projects .. Be it Whispering Cinema or your work with specially-abled or under-privileged Children.

You all have touched and are changing so many lives. The service projects that your club does have been exemplary and inspirational. You and Club Secretary Sanchayan have been managing the club very well with excellent club service. Its not a surprise that you have earned the prestigious "Marvellous FAB Club Award" at the District Shukriya function MAHALO. You are a dream club to have in any District for any District Governor. Please keep doing the wonderful work that you have been doing.

Your Past Presidents Dilip Chaudhari, Suryanarayan, C S Adhikari, Pradip Sinharay, Mita & Ramaswamy Rajaram, Pranab da, Raghava Raju, M Prakash, Biswaranjan, Chandrashekhar & Kamalnayan are assets. With whose support you have shone like a diamond. I am sure, now as a Past President, you will provide the future club leaders with same support and encouragement like they have been.

Both, Darshna & myself have been very fortunate to have received so much of affection, respect & hospitality from your club during my various visits. As we both prepare to lay down our respective offices, You, as a Club President and I, as District Governor, I must say that we may have ended the FAB year but the relationship continues as Rotary Wheel moves and rotates for us to meet as friends, and fellow Rotarians working together during some other year, in different roles and capacities.

Let me congratulate your successor, 'Excellent President' Bhal Shekhar Chilana & his team for the club leadership and best wishes for a successful year ahead.

We wish you, Rubina ji and your members all the very best, for your future endeavours.

Yours in Rotary

Kailash Jethani IPDG Rotary International District 3142







## President's Message



Dear Sunrisers,

As the President of our esteemed club, I am honoured to have the opportunity to draw our collective attention to a matter of utmost importance: the environment.

The environment is not just a topic of discussion; it is the very foundation of our existence. Our planet, with all its diverse ecosystems, provides us with the air we breathe, the water we drink, and the resources we rely on for our survival. It is our responsibility to preserve and protect this precious gift for future generations. Rotary has always been at the forefront of addressing pressing global issues, and the environment is also one of the thrust areas of Rotary International.

It is imperative that we acknowledge the challenges we face, such as climate change, deforestation, pollution, and the depletion of natural resources. These challenges demand immediate action and a united effort from all of us.

As Rotarians, we can make a significant impact by implementing sustainable practices within our community and beyond. Let us embrace the mantra of "Reduce, Reuse, and Recycle" and encourage others to do the same. By minimizing our carbon footprint, conserving energy and water, and adopting eco-friendly habits, we can contribute to a healthier and greener world.

Furthermore, we must leverage the power of education and awareness to instill a sense of environmental responsibility in future generations. Let us collaborate with schools, colleges, and local organizations to conduct workshops, seminars, and awareness campaigns. By empowering our youth with knowledge and fostering a sense of stewardship, we can build a sustainable future.

In addition to local initiatives, let us engage in larger environmental projects through our club as it is well known fact Sunrisers are always one step ahead to participate in tree planting, clean-up drives, renewable energy projects, and initiatives aimed at protecting endangered species. By joining hands with fellow Rotarians worldwide, we can amplify our impact and create a lasting legacy.

I appeal to each and every one of you to take action in your personal lives, workplaces, and communities. Every small step counts. Together, we can foster a culture of environmental consciousness that permeates every aspect of our lives.

As a very good work the FAB year, we carry forward the initiatives taken by our dynamic FAB President Rtn. Manoj Nayak and his team. Let us remember that our actions today shape the world of tomorrow. Let us be the leaders and change-makers our planet needs. Together, we can make a significant difference and leave behind a greener, cleaner, and more sustainable world for generations to come.

Thank you for your unwavering commitment and dedication to Rotary's values. I look forward to working hand in hand with all of you to create a better future for our planet.

Yours in Rotary,

Bhal Shekhar Chilana President Rotary Club of Navi Mumbai Sunrise







## IPP's Message



Dear Sunrisers,

I am deeply grateful for the opportunity to work as President of Rotary Club of Navi Mumbai Sunrise, the largest club of Navi Mumbai. It has been an honour and privilege to serve with each of you, which has been a thoroughly enjoyable journey, where I learned a lot.

During this RY 2022-23, we focussed on our 6 CLCs (Child Learning Centers), which were opened after a gap of two years due to pandemic. We also could able to do many impactful service projects like Whispering Cinema, Project KONNECT for for distribution of Alexas to visually impaired students, Project SAMARTH at NIEPID,

Happy School at Owe Navin ZP School, Bachcha Party (9 times) with Dada Ji Ki Kahaniyan, Diabetic Mukt Ravivar (10 times), Mother Care, Health Care for TB patients, Slum Adoption and so on.

What a FABulous year, it has been! Overall, we completed more than 110 projects with a cost of more than 41 Lac rupees in which we reached out to thousands of beneficiaries and could able to bring Smiles in their face. We all Sunrisers also contributed around \$12,000 to TRF and reached the status of 100% TRF Giving Club.

I must convey my gratitude to all Rotary Sunrisers, Anns, Annets, Innerwheel members, Rotaractors for your participation / partnering and spending time & resources in the above service projects as well as TRF contributions.

We were recognized as a Marvelous Club, which is above the Platinum category, by the District and were bestowed with the awards for Digital Interaction, Basic Education & Literacy and Maternal & Child Care. We also received **RI's Significant Service** Award for our CLC project at 6 places. For the first time, we received such an RI award for our Club project as well as RI awards for our **PP Prakash Sir, PP Biswaranjan Sabat Ji, Rtn Rakesh Srivastav Sir** for their contribution in different avenue of services.

I would like to quote here, the extracts of an address by our **Past RI President K.R.Ravindran**, "**To me**, **Rotary** is both a means to an end and an end in itself; it is a way to make the world a better place, but it also makes my world a better place, for both my family and myself. It is a way to give of what I have; but what it gives in return makes my life richer".

As I hand over the baton to my successor, I am filled with optimism for the future of our Club. With visionary leaders at helm along with all our Past Presidents, who are gems of our Club, I see a vibrant organisation that will continue to evolve to meet changing needs of the society. On behalf of my family, Rubina and I want to thank all of you for welcoming us with open arms and the moments, we have shared together and for your efforts in the **FABulous Imagine Rotary Year** and looking forward to continuing these efforts as we **Create Hope** in our community in the Excellent Rotary Year.

Namaskar! Rotary Pranaam!!

Rtn. Manoj Nayak FAB President, RY 2022-23







## BOD Presence



Rtn. Bhal Shekhar Chilana President



Rtn. Sanjay Panigrahi President (Elect)/Secretary



Rtn. Manoj Nayak Immediate Past President



Rtn. M Prakash Kakade Vice President



Rtn. Manoj Kumar Pandey Treasurer



Rtn. Shaleen Tonk Sargent At Arm



Rtn. Srivatsan Iyengar Joint Secretary



Rtn. Dilip Choudhary RCNMS Society Chairman



Rtn. Dr Mita Rajaram Club Trainer



Rtn. Biswaranjan Sabat Director TRF







## **BOD** Presence



Rtn. Kamalnayan Shirolkar Director - Service Project



Rtn. Gopal Dutta Sharma Director-Community Dervice International



Rtn. VV Raghava Raju Director Community Service Medical



Rtn. Santosh Shukla
Director - Community Service
( Non Medical)



Rajesh Rathod
Director – Community Service
( Non Medical)



Rtn. Dr Anil Bhardwaj Director – Public Relation



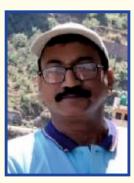
Rtn. Kajol Ghosh Director - CSR



Rtn. Sanjay Sharma Director - Polio



Rtn. Dr V Venugopal Director - CLC



Rtn. Nilanjan Ghosh Director - CLC







## **BOD** Presence



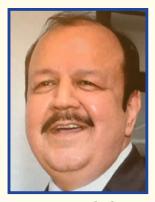
Rtn. Sanchayan Majumdar Director CLC



Rtn. Amrendra saha Director-Youth Services



Rtn. Rajesh Naik Director - District Project



Rtn. Rajiv Chohan Director - Diversity, Equity & Inclusion



Rtn. Ruchi Agarwal Director - Membership



Rtn. Anuradha Pandey Director - Club Administrator



Rtn. Ritu Deshmukh Club Editor



Rtn. Dr R Rajaram Mentor & Advisor



Rtn. Pradip Sinharay Mentor & Advisor



Rtn. Dr Chandan S Adhikari Mentor & Advisor





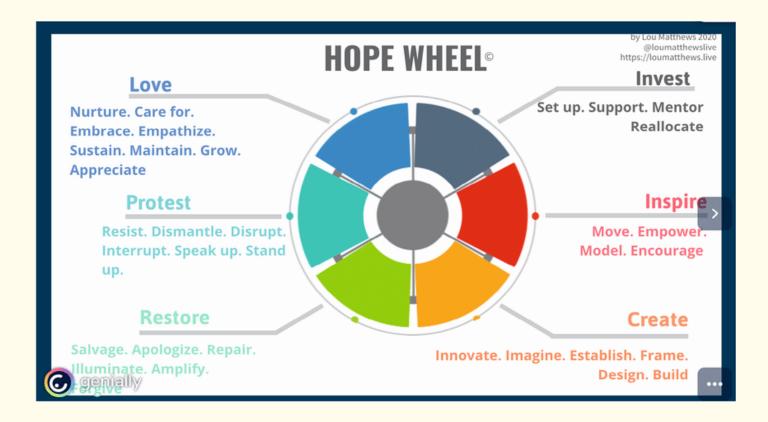


#### WHEEL OF HOPE

We Felt, Acted and Believed to empathize the community, Some applauded and screamed FABULOUS , Many appreciated MARVELOUS, Some times words are not sufficient to be content, The love and kindness we shared need to grow As one year passes and another takes its place, Batons change and fountains of new HOPE spring up again The beginning, CREATES A NEW HOPE again in the community, We did our best and definitely gave our all, a fact that cannot be denied, We overcame challenges and SUNRISERS stood tall, We shall maintain the spirit of empathy and be enthusiastic, We shall pull up our sleeves and render the service to the need with vigour Rest not on laurels for the road is dark and deep, We have promises to keep to the society and GOD Miles to go before we sleep and rest. We shall rise fresh again and again to be EXCELLENT in all years to come.



Rtn. M Prakash Kakade Vice President Excellent Rotary Year 2023-24 Rotary Club of Navi Mumbai Sunrise





















**KASIM JANAR** SAJID JANAR





## TAILUR

#### **ETHNIC STUDIO**

Shop No. 6, Gokuldham Society, Plot No. 3, Sector 35 D, Opp. Baugban Restaurant, Kharghar, Navi Mumbai - 410210 Mob.: 8422945229, Email:sixertailor@gmail.com

8422945229

sixer tailor





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#### First Day Project Report by Rotary Club of Navi Mumbai Sunrise

#### **First Day First Show**

Rotary Club of Navi Mumbai embarked its journey in the new Rotary Year - The Excellent Year 2023-24 under the leadership of Rtn Bhal Shekhar Chilana, President and completed Six Community projects on 1st July 2023.

#### • Fruit distribution at Old Age Home

Distributed fruits to the senior Citizens residing in Girija Old Home. Total 40 senior citizens staying in the Girija Old home benefited in this Project.

The project is completed in association with Rotary Club of Navi Mumbai.







#### • Food distributed to underprivileged people staying in a Basti.

Breakfast and dry Rations such as Rice, Atta, Dal etc. distributed to 75 unprivileged people including children staying in a Basti in front of D Mart, Sector 15, Kharghar.

This Project is completed in association with Rotary Club of Navi Mumbai and Inner Wheel Club of Navi Mumbai Sunrise.













#### • Mega Blood Donation Drive at Bharati Vidyapeeth Dental College, Kharghar.

Organised a Mega Blood Donation Drive in the Premises of Bharati Vidyapeeth College of Architecture. All the arrangements for the blood Donation including registration, Pre testing etc. are made with the help of Rotract Club of Bharati Vidyapeeth Sunrise. Total 52 kits of blood is donated by various donor. After Collection the same is donated to a Blood Bank at Panvel.

This project is supported by Rotary Club of Navi Mumbai Garima, Rotary Club of Navi Mumbai Flamingo City, Rotary Club of Millennium City, Rotary Club of Smart City Navi Mumbai and Inner Wheel Club of Navi Mumbai Sunrise.









#### • Tree plantation in the campus of Bharati Vidyapeeth college of Architecture, Kharghar

For Clean environment Tree Plantation drive was conducted wherein 25 trees were planted in the premises of Bharati Vidyapeeth College of Architecture.

This project is supported by Rotary Club of Navi Mumbai Garima, Rotary Club of Navi Mumbai Flamingo City, Rotary Club of Millennium City, Rotary Club of Smart City Navi Mumbai and Inner Wheel Club of Navi Mumbai Sunrise.















#### • Felicitation to Doctors on the occasion of Doctors Day.

On the Occasion of Doctors day RCNM Sunrise ha Felicitated Dr. Srinivas, Dean of Bharati Vidyapeeth Dental College, Dr. Akrati Vishnu Ghosh, Dr. Ankita Mishra







#### • Felicitation to Chartered Accountants on the occasion of CA Day

On the Occasion of Chartered Accountant day RCNM Sunrise aha Felicitated CA Sanjay Panigrahi and CA Rajendra Shah.











#### 1St WEEKLY MEETING OF EXCELLENT ROTARY YEAR 2023-24

1st Weekly Meeting of Rotary Club of Navi Mumbai Sunrise in the Excellent Rotary Year 2023-24 started with Hawan Puja in the premises of Zilla Parisad School, Owe Navin, Kharghar (Rotary Happy School). For well-being of the community at large and for peace in the world which is the main theme of this excellent Rotary Year a Hawan puja is conducted where in all the members and their spouse participated.

















## "Tear of A Mother can't save her child but YOUR BLOOD CAN".











## PROJECTS UNDERTAKEN BY ROTARY CLUB OF NAVI MUMBAI SUNRISE DURING LAST QUARTER OF RY 2022-23

#### **HAPPY SCHOOL PROJECT**

RCNM Sunrise has undertaken Happy School Project in Raigad ZP School, Owe Navin, Kharghar. Undertaken Upgradation/ Renovation of Toilets, Water Tank, Wash Station, New Gate for School, Complete make-over of the Prayer Hall / Activity Hall, Painting of entire School building with Arts, New Television Set, New Speaker / Microphone, Instruments for Indoor games, Makeover of outdoor playground & garden areas etc.









































#### **PROJECT SAMARTH**

RCNM Sunrise executed the Project SAMARTH at NIEPID (National Institute for the Empowerment of Persons with Intellectual Disabilities -Divyangjan) Kharghar with a Computer Center, Audiometry Center, Sanitary Napkin Dispenser with help of CSR grant from Reichhold India Pvt. Ltd. This project was inaugurated by our District Governor Kailash Jethani on 15th April, 2023 in presence of Rotary Club members & their family, Staff of NIEPID, Rotary district officials and Officer-In-Charge of NIEPID Dr. Ravi Prakash Singh. The music and dance performed by the special children of the institute attracted everyone's attention.



















#### TRIPLE SHUKRYA

RCNM Sunrise celebrated its success of last three Rotary Years (SMART, JOSH & SMILE) through the SHUKRIYA function at Grande 51, Belapur in presence of PDG Dr. Mohan, IPDG Dr. Mayuresh Warke, DGND Rotarian Harsh V Makol, other district officials and our SMART President Biswaranjan Sabat, SMILE President KM Shirolkar as well as the Club members along with their family. JOSH President K V Chandrasekhar sent a Shukriya message for all the members. Marriage Anniversary of PDG Dr. Mohan was celebrated with a cake-cutting followed by a Musical Programme. It was an excellent fellowship nite for the club members and family.



















#### **DENTAL & DIABETIC CHECKUP**

RCNM Sunrise has adopted the Inampuri ZP School and a nearby Slum after completion of Happy School Project in SMILE Rotary Year 2021-22.As a part of the Slum Adoption Programme (FAB Project), celebrated Diwali with the villagers by distributing Sarees & Sweets to Women of this Adivasi Pada and subsequently distributed Blankets during Winter Season.To carry forward the project, the club has carried out a Dental Checkup & Diabetic Checkup camps in association with Rotaract Club of Bharati Vidyapeeth Sunrise, Bharati Vidyapeeth Dental Hospital and Medicover Hospital, Kharghar.















#### Rotarian Chhaya Taralekar - A true Social Worker

Rotarian Chhaya Taralekar, Member of Rotary Club of Navi Mumbai Sunrise a true environmentalist, Social Worker and also a true Rotarian who always believe in Service above Self.

Rtn Chhaya Taralekar dedicated her life to the nature and always active to save the environment. In addition she is pioneer in spreading the message of "ZERO GARBAGE" concept in various societies in Navi Mumbai.

According to a report, individual middle-class residents in big cities generate nearly 0.8 kg of waste per day. Out of which 60% or more of the daily waste generated in households is made up of organic matter. Composting is the best way to handle your food waste. You can convert your daily dustbin contents into rich, organic manure and grow flowers, vegetables or plants with it, says Chhaya Taralekar, a resident of Navi Mumbai.

Due to her dedication towards nature and selfless services she got various awards from Panvel Municipal Corporation (PMC) for different categories. She also received State Organised "Mazi Vasundhara" competition 2022-2023 on Environment for Simple ways to Compost making, jingles.

She is guiding the residents regarding home composting, implementing Zero Garbage in various societies, Making short films, jingles on cleanliness and also guiding Sustainable living in various societies across Navi Mumbai. At present she is focused on children who are the future of our Nation and popularising the concept of "Eco Warriors" amongst the children. etc.

Together we can create a conscious, wise, warm-hearted world of peace, where people respect and live in harmony with animals and the environment – Rtn Chhaya Taralekar











#### CHILD LEARNING CENTER

Child Learning Center (CLC) - the Signature Project of Rotary Club of Navi Mumbai Sunrise started in the year Rotary Year 2014-15 in the slum with one CLC and then gradually looking to the benefit and to bring smile on the face of little underprivileged kids number of CLC were increased to six over the year. However due to Covid Pandemic had to stop the Signature project of Child Learning Center (CLC) at slum areas of Navi Mumbai. After Pandemic of two years, the Club took initiative to restart 6 CLCs in the year 2022-23 and successfully run them for the entire FAB year with around 180 Kids of Quarry / Brick clan workers, daily labourers etc. The Club provide a rented classroom, teacher, assistant, mid-day meal, school bag, books, note books etc. to all CLCs. The Club also celebrate Diwali, Gudi Padwa, Children's Day, Independence Day, Republic Day, Christmas, New Year etc with Children & Teacher / Assistant. After summer vacation now it's opened on 19th June, 2023 Monday for new academic year 23-24. Please see the smiles on the faces of the kids of first day of their class.















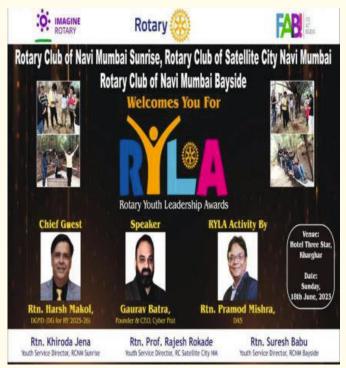






#### **ROTARY YOUTH LEADESHIP AWARD (RYLA)**

Rotary Club of Navi Mumbai Sunrise in-association with RCNM Bayside & RCNM Satellite City conducted a RYLA program on Sunday, 18th June 2023 in which around 26 to 30 Rotaractors from 5 Rotaract Clubs participated. DGND, District 3142 Rotarian Harsh V Makol Ji was the Chief Guest on this occasion and Rotarian Pramod Mishra ji was the guest of honour. One Speaker Session with a Cyber Security entrepreneur Gaurav Batra followed by leadership activities/ games were conducted by our DAS Rtn Pramod Mishra Ji and Rtr Tarun Mishra. The Club conferred Gaurav Batra with Rotary Vocational Excellence Award and also inducted a new member Rajanikant Pathak in to our Sunrise family.



























#### INTERNATIONAL DAY OF YOGA

RCNM Sunrise celebrated international day of yoga at Immampuri School and Owe Navin Gaon School with the students. Students were briefed about the benefits of Yoga. The Rotarians of the Club also participated in various forum on the Yoga day to spread the benefit of Yoga in the day to day life for a healthy and happy living.







#### **DISTRIBUTION OF PROTEIN POWDER**

Rotary Club of Navi Mumbai Sunrise has adopted 75 TB patients for their healthcare in-association with PCMC Primary Health Center, Kharghar and distributed protein powders for 2 months to all patients on 9th June, 2023 in presence of Doctors and hospital staff. The Doctors explained about the Nikshay Poshan Yojana, that was initiated by the government of India with the aim of helping Tuberculosis Patients.

















#### FAB BACHCHA PARTY - FAB DADAJI KI KAHANIYA

Rotary Club of Navi Mumbai Sunrise along with Inner Wheel Club of Navi Mumbai Sunrise celebrated Birthday of students of Inampuri Zilla Parishad School, Kharghar on 26th June, 2023 (Birthdays of Students falling in the month of June) with home-made Cake, prepared by FirstLady Rubina, and distribution of snack packets among all the students. This is 9th such Birthday celebration / BACHCHA PARTY at Inampuri ZP School in June 2023 after 28th March, 24th February, 31st January, 29th December, 15th November, 18th October, 15th September and 29th August Birthday celebration. Our senior Rotarians, PP Rtn Prakash Ji, Rtn Bhal Chilana Ji, Rtn G D Sharma Ji, Innerwheel Member Ms. Sarika Ji also explained the moral & inspiring stories from ancient culture, which made the children very interesting to listen & spend time with these senior Rotarians, who are like Dadaji of these kids.



























#### FOUR WAY TEST and ORGAN DONATION.

Organ Donation is an important subject which can laeve it's effects in the fields of Humanity, PR, environment, literacy, peace, As true Rotarians it is our first duty to see that, the act which we are going to do can satisfy the condition of Four Way Test.Let us check it one by one.



Rtn Bhal Shekhar Chilana President RY 2023-24 RCNM Sunrise

#### Is it true?

Birth and death are the two absolute truths of our life. Whatever the truth we know lies between birth and death. Nobody knows by someone's experience, what is before birth and after death. So let us speak about life which is the truth we definitely understand. What is there after death? No truth is known. But we can add some life, before death or after death, is true. The TRUTH proved by the modern medical science is known as .......Organ Donation.

#### Is it fair to all concerned?

Is it not fair to add life to someone before death? Yes definitely! Is it not a humanitarian act to save someone's life even after our death? Yes definitely! It is humanitarian act which definitely add to the humanity after our death. If we are true Rotarians then we definitely consider this. humanitarian act as fair! Organ donors add more life to organ recipients' life, who would have been dead otherwise. Only in India 0.5 millian persons had to go along the way to death for want of organs in one year. By donating our organs can we not avoid some of these deaths? Will it not be fair to the persons, to their families and friends? The recepients and their families and friends will thank this unknown donor and wish best for them, is it not fair to them? If all Rotarians donate organs, will not society thank Rotary? Will it not an automatic PR act? When one body is donated to medical college 5 better studied doctors are added to society. By donating one body we can save one tree which otherwise would have been utilised for burning the body. Or if the body is to be buried it will save the wood used for coffin and also save the un productive space used for grave yard. Thus body donation saves the deterioration of the environment. So it is fair for all humans in the world. Hence Organ Donation is an act which is FAIR to ALL CONCERNED.

#### Will it build Goodwill and Better Friendship?

Today in India we are 1,15,000 Rotarians. Include 4 members in a family we are 4,60,000 Rotarian family members in India. If all the Rotarian family members decide firmly to donate their organs, body, eyes and skin, only Rotarians in India can save all the deaths in India which are waiting for want of organs. One donor can save eight lives by donating organs. Hence if Rotarians firmly decide, they can change the lives of more than half millian persons by their service. This will definitely develop fantastic goodwill in the country and so can be in every country in the world. All Rotarians can serve to change millions of these lives which presently dying for want of organs. This goodwill and friendship will enhance the image of Rotary in the world. It is experienced that if we save a life of a person by donating the organ, the friends and families of the person are actively take part in the noble work of organ donation. We can get many new members. The increase in membership can be historical. Hence by this activity Rotarians can build best fellowship and best good friends for humanitarian work.

Will it be beneficial to all concerned?







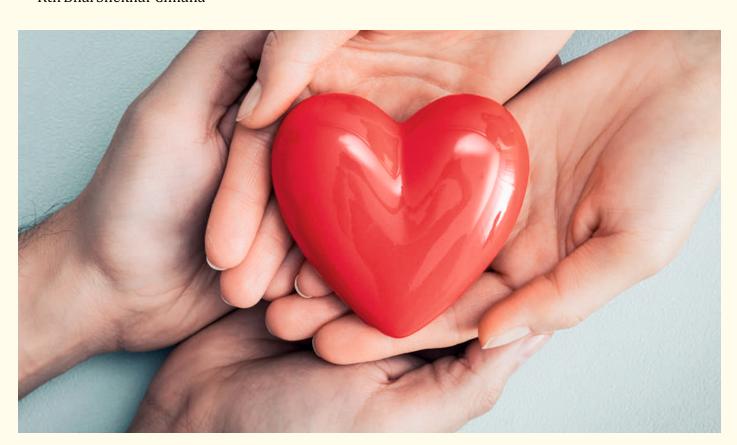
Let us see all concerned persons one by one. Recipient of the organ. Yes definitely, by receiving the organs, the recipient can add few more years to the life. The friends and family members of the recepient can happily live with each other so it is beneficial to recipient and families.

Then comes the donor. Is donor benetited?

Yes, because the donation is to be done after death. Donor will get good wishes and blessings from all the family members and friends of the the recipient which will be benificial to donor's eternal journey. Donor's family members will get a satisfaction that at least some part of donor's body is alive in someone's body and also it has saved 8 lives. If the donation of the body is given to medical College they will be definitely satisfied that they are a part of enhancing the medical education. Also with donating a body the eyes and skin also can donated which can give a site to two blinds and a new life to a burnt patient struggling for life. It is also beneficial to medical fraternity for research and enhancing the skills of doctors. By increasing the number of skilled doctors more and more transparent operations can be carried out. It will give more and more skilled doctors in transplantation to society. It will lower the cost of transplants which will be beneficial to the common patients. Also by research, the cost of post operative medicines can also be reduced to give the benifits to the society. We can change the lives of many millions by our service and all concerned are definitely highly benefited.

Now it is crystal clear that the four way test can be applied to the activity of organ donation perfectly. Now let us be literate in Organ Donation. For that we have to be knowledgeable in the field. From my next write-up we will start gaining the knowledge about organ donation.

#### - Rtn Bhal Shekhar Chilana









#### A nice thought on friendship. #friendship

"I wish I had stayed with my friends." The fourth Top most Regret of the Dying.

If you have no good friends, it doesn't mean that people around you are not good enough to be your friends. It means that you have failed to gain people's confidence.

Real friends are for life. Many times relationships with such friends are greater than own family members and relatives. It is because real friends remain Real in good and bad times, for others there is always a question mark.



Rtn Srivatsan Iyengar Jt. SecretaryExcellent Rotary Year 2023-24, RCNM SUNRISE

There are lots of people who are fortunate to have real friends. Generally, this kind of friendship begins early in life and stays on until one gets busy with life's journey. Priorities change, pressure mounts and it takes away many little pleasures of life that a real friend provides.

We sacrifice friendship by Neglect, rather than building on. Friends are the pillar of strength in our good/bad times. Sadly, many remember their friends at a time when there is no chance of renewal.

Regret is what is behind uttering this, "Good old Days." Though, the present Days also gives opportunities to make it good.

God bless. Never leave any friends #gyan









#### **CLUB RECOGNITIONS**

#### **ACHIEVMENTS IN ROTARY YEAR 2022-23**

Delighted to share that RCNM Sunrise CLUB was honored with Six Awards for the marvelous work done by the club in the Rotary Year 2022-23 under the leadership of Mr. Cool FAB President Rtn Manoj Nayak along with his ever green Club Secretary Rtn Sanchayan Mujumdar and ever Charming Treasurer Rtn Jashmina Thakkar. For the First time Club is recognized as "MARVELLOUS CLUB" in the District 3142 as well as adjudged as best club in Navi Mumbai. For the First time Rotary International "SIGNIFICANCE SERVICE AWARD" is conferred on the club for efforts in providing basic education to underprivileged children through Six Child Learning Center (CLC). The club got Six Club Awards and five Individual Awards in the District Shukriya Function on 26th June 2023. Again for the first time Club is recognized as 100% Giving Club for TRF. Club is also thankful to the First lady of FAB Year 2022-23 Mrs. Rubina Nayak for the support given to the FAB President.



































#### **PROJECT MAN**

Born on Sept 9, 1952, Rotarian M Prakash, popularly known as PROJECT MAN is an Engineer Graduate who served ONGC from 1976 to 2012. During his service period he worked in various assignment like Maintenance, Asset Management, Import substitution, Quality management, Technical audit, Disaster task management, Construction, Project management, contract management, etc. at different levels. He has completed 32 projects in midstream upstream and of oil industry. He presented 7 international papers on Welding technology, Quality both in India and abroad (USA, Holland, India). and also 18 national paper at various forums. He was served as member of various task force committees and nominated member of Director General of Technical Development authority, Govt. of India.

Rtn Prakash Joined Rotary in Karaikal, Pondicherry state in 2000 and assisted by providing logistic services in the Polio eradication drive. Functioned as Director in various avenues of the club. Later he joined in Rotary Club of Navi Mumbai Sunrise and served as President of RCNMS in the Perfect year 2018-19.

During his Rotary journey he has carried out many number of projects for the benefit of the society at large. Major project undertaken were

- Built and donated a CHILD LEARNING CENTER, at Pawane village in the year 2015-16
- A CHECK DAM was built during 2016 at Gholwadi. Village.
- $\bullet \ The \ SENSORY \ GARDEN \ at \ HELEN \ KELLER \ INSTITUTE \ Initiative \ was \ taken \ which \ was \ later \ implemented \ in the \ year followed.$
- Mass awareness created among parents and children and MR (Measles and Rubella vaccine) was given to more than 47000 girl children, with the association of Govt. machinery.
- MOTHER CARE project was launched.
- CYCLE-RECYCLE project was completed to provide bicycles to tribal children.
- The Zilla Parishad URDU SCHOOL. @OWE gaon was adopted and 5 toilets, drinking water facilities were created, a computer cum projector along with a screen was donated to the school.
- HAPPY SCHOOL PROJECT was completed in April 2022 at Zilla Parishad school at Inampuri village and at Owe Navin in 2023
- WHISPERING CINEMA FOR THE FIRST TIME IN INDIA FOR VISUALLY IMPAIRED WAS SHOWN IN MAY 2019 AND REPEATED IN THE YEAR 2022.
- PROJECT SAMARTH was completed in 2023 for the persons with intellectual disability at NIEPID, KHARGHAR. An Audiometer lab and a computer center as skill / vocational excellence was created to upgrade the skills.
- PROJECT KONNECT for visually impaired children was completed wherein 228 children shall be benefitted in greater Mumbai







#### Rtn M Prakash in Action

















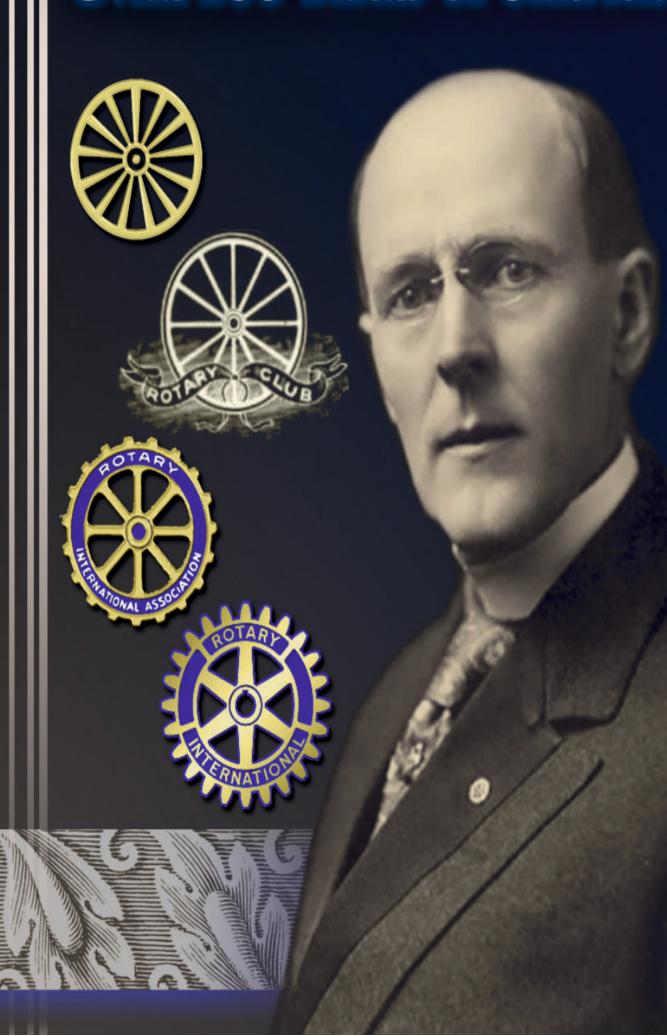








## Over 100 Years of Service









District 3142 | Club ID 76727 | Charter Day 29/06/2007



RI PRESIDENT 2023-24 **CORDON R. MCLNALLY** 



RID 3142 DG 2023-24 RTM. MILIND KULKARNI



**CLUB PRESIDENT 2023-24** RTN. BHAL SHEKHAR CHILANA



**CLUB SECRETARY 2023-24** RTM. SANIAY PANIGRAMI









SEVEN AREAS OF **FOCUS** 



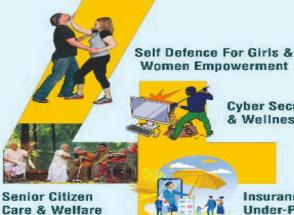






Peace and Conflict Prevention / Resolution





Cyber Security . & Wellness





#### Signature Projects



Vocational Service Center

**Dry Waste** Management

#### FOR MORE INFORMATION PLEASE VISIT US

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