



ROTARY CLUB OF NAVI MUMBAI SUNRISE

Club ID: 76727

District ID: 3142

Charter Date: 29th June 2007



Stephanie Urchik
RI President 2024-25



Rtn. Dinesh Mehta
RID 3142 DG 2024-25



Rtn. Sanjay Panigrahi
President 2024-25



Rtn. Amrendra K. Saha
Secretary 2024-25

Issue February 2025



Club Editor
Rtn Sanjay Sharma



Rotary
Club of Navi Mumbai Sunrise



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Suryodaya



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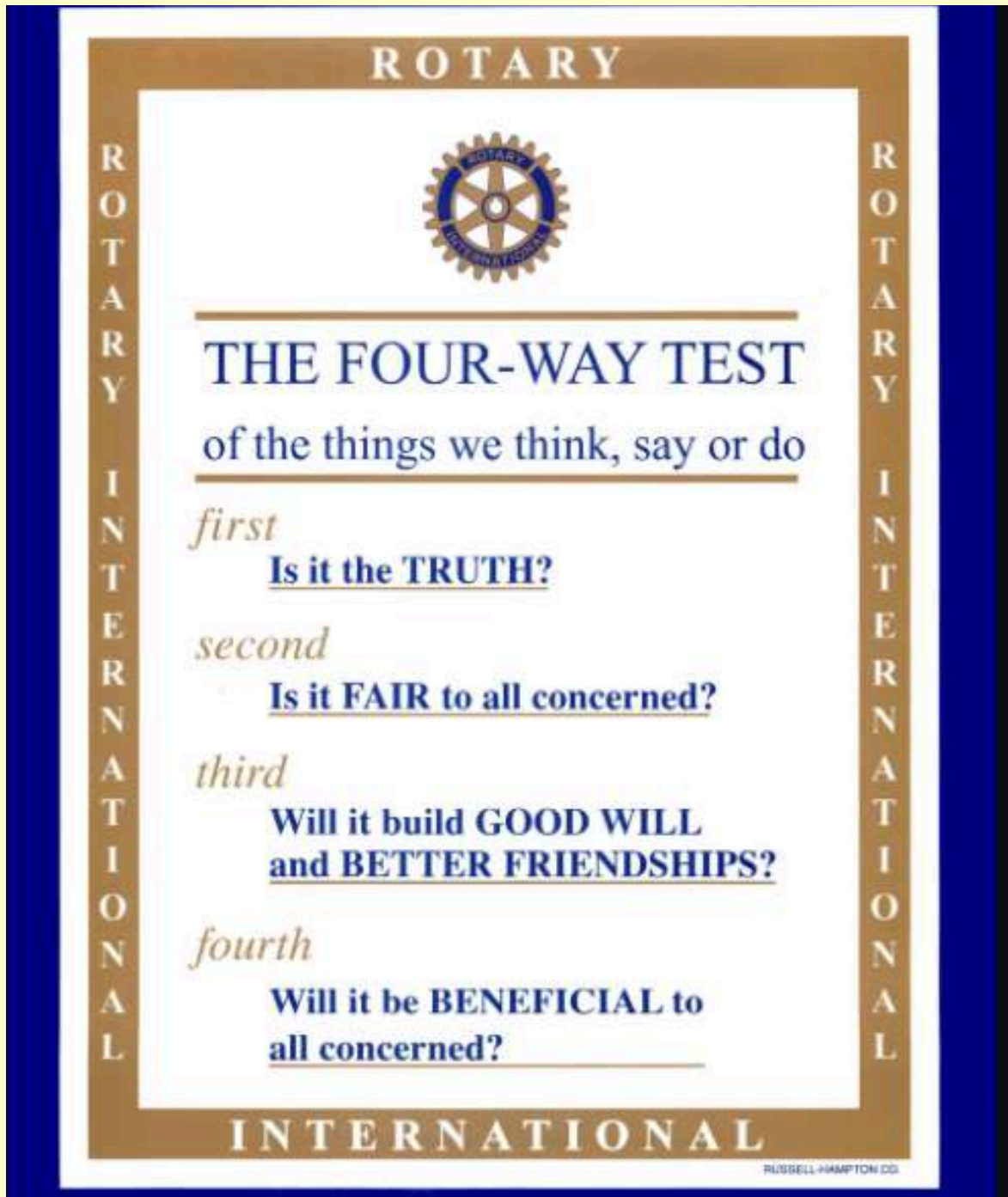


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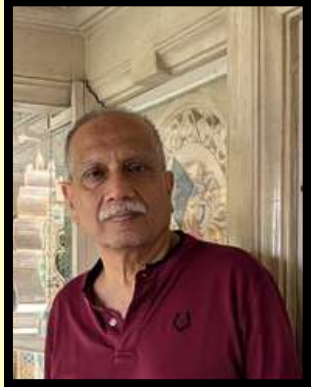
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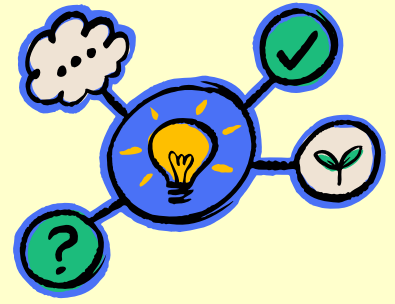


"The Magic of Rotary"

"In every corner of the globe, Rotary brings the magic of hope, compassion, and change. Like magicians of goodwill, Rotarians weave together threads of service, turning dreams into reality and challenges into triumphs. With each project, each act of kindness, we unleash the power of Rotary to create lasting impact and transform lives."



Sanjay Sharma
Club Editor



From Editor's Desk

Rotary Pranam!

February 23, 2025 is World Rotary Day. That day is also called World Understanding and Peace Day, marking the day the first Rotary Club was founded in Chicago, Illinois in 1905. With each year we grow stronger because of everyone's joint efforts. We also celebrate February as Peace building and Conflict Prevention Month.

Next month on March 8th, we will celebrate International Women's Day – a moment to recognise the incredible achievements of women worldwide, reflect on the ongoing fight for gender equality, and renew our commitment to creating a future where every woman can thrive. While progress has been made, the fight for women's empowerment is far from over. The essence of women's empowerment lies in giving women the freedom, resources, and opportunities to shape their own destinies. It's about breaking the barriers that limit their potential, providing them with the tools and the space to turn those dreams into reality.

This bulletin is dedicated to women. I am thankful to many fellow club members who have expressed their sentiments through poems and articles. Please take out time and go through the bulletin and read wonderful articles/poems on Rotary Day and "Nari Shakti". I am happy to share that with the help and active participation of some of the members we have been able to bring out our monthly edition without failure. This is something we should all be happy and proud of. At the end I wish to reiterate that this magazine belongs to all the club members and I would request all of you to contribute at least one of your writing, whether it is a poem, thought, blog, experience, a commentary achievement of your family member etc.

Warm Regards,
Sanjay Sharma

**Message from President International
Year 2024**



Stephanie Urchik
RI President 2024-25

Rotary is at its best when we foster a sense of inclusion and belonging in our clubs. In fact, I would go so far as to say that belonging is The Magic of Rotary itself.

With a focus on inclusivity and belonging, it is easier to be united in a common purpose. When we are committed to one another and focused on our goals, we are most effective.

Rotary's Action Plan can help. The Action Plan comes with tools you can use to collect feedback, assess your club's strengths and weaknesses, and address challenge

The world is changing, and our clubs can't afford to stand still. But the changes we make need to be consistent and strategic – building on one another toward a greater vision. The Action Plan can help you work toward that vision and create effective change within your club.

Following the Action Plan and addressing suggestions from the community will go a long way to fostering the sense of belonging we want all Rotary members to feel in their clubs.

That's why expanding our commitment to diversity, equity, and inclusion is so important. Committing ourselves to each other's well-being is the first step to expanding our reach, allowing us to spread Positive Peace in these troubled times.

Peacebuilding is one of our top priorities, and one of the most effective ways we can build peace is with our Rotary Peace Fellowships, through which peace and development professionals learn how to prevent and end conflict.

We offer the fellowships through our Rotary Peace Centers at leading universities around the globe, where more than 1,800 Rotary Peace Fellows have graduated. And thanks to a \$15.5 million gift from the Otto and Fran Walter Foundation, we can continue supporting peacebuilders in more regions with the next peace center at Bahçeşehir University in Istanbul. Opening another peace center is a monumental achievement, and it is my great honor to invite you to celebrate at next year's Rotary Presidential Peace Conference at the Istanbul center. The three-day conference 20-22 February will highlight the many ways our family of Rotary advances peacebuilding. Registration for the conference is officially open. I hope to see you there.

The 2025 Rotary Presidential Peace Conference has great potential for our peacebuilding efforts – but only if we have your support.

The truth is, we're not going to bring peace to the world, end polio, or grow membership by waving a wand and saying some funny words. It's up to you. You create the magic with every project completed, every dollar donated, and every new member inducted.

I love my Rotary family and I know you do too. That's why I know that together, we can make every club and district simply irresistible. This year, let us change the world by embracing The Magic of Rotary.



Rtn. Dinesh Mehta
RID 3142 DG 2024-25

Dear Awesome President and Members of the Rotary Club of Navi Mumbai Sunrise,

As we are on the threshold of the sixth month of what has, indeed, been an awesome Rotary Year, thus far, we need to keep the momentum going. One way of keeping the momentum going is to have constantly greater goals. Momentum is akin to riding a bicycle. You get to stay upright and move forward so long as you keep the momentum.

Your Club has been doing yeoman service to the community service and you have been participating in District Projects and events with great enthusiasm and it is my humble request to you, to keep the momentum going.

I urge you to take up projects in all the areas of focus of Rotary International. December is designated "Disease Prevention and Control" month. If you haven't already, do take up a project in this sphere.

I believe in encouraging Clubs to Think Big. You do not have to start by being an expert. Remember, the expert in anything was once a beginner. People with momentum can get so much done. Momentum begets momentum and the best way to start is to Make A Start.

As a wise man, once said, "Success does not come to you, you've got to go to get it". So, Jyoti joins me in urging all you awesome Rotarians to keep up the momentum and create magic of Rotary for the community at large

Warm Rotary Regards,
DG Dinesh Mehta



Rtn. Sanjay Panigrahi
President 2024-25

Dear Fellow Rotarians,

As we enter the month of February, we continue our journey of service with renewed enthusiasm and commitment. This month holds special significance in the Rotary calendar as it highlights Peace and Conflict Resolution, a cause that resonates deeply with our values. True peace begins in our communities—through education, understanding, and acts of kindness.

The Rotary Club of Navi Mumbai Sunrise has been steadfast in its mission to bring positive change. Our recent initiatives, such as Diabetic Mukta Ravivar, vocational training for the underprivileged -Project Dhvani and support for persons with disabilities, have further strengthened our impact. These projects remind us that service is not just about assistance; it's about empowerment, dignity, and hope.

February also marks a time for reflection and planning as we approach the final quarter of this Rotary year. Let us continue to push forward with dedication, ensuring that our efforts leave a lasting imprint on society. I encourage all members to stay engaged, participate actively, and contribute their expertise in making our upcoming projects even more successful.

I express my deepest gratitude to each Rotarian and well-wisher for their unwavering support and commitment. Together, let's make this month another milestone in our journey of Service Above Self.

Yours in Rotary Service,
Rtn. Sanjay Panigrahi
President
Rotary Club of Navi Mumbai Sunrise

Projects Done

DIABETIC MUKT RAVIVAR

Date: 2nd February, 2025
Location: Central park, Kharghar
Number of beneficiaries: 100
Number of Members participated: 7
Cost: Rs. 1,000

**Done in association with Medicity Hospital,
Kharghar**



Blood Donation Camp

Date: 5th February, 2025
Location: Kharghar Railway station
Number of beneficiaries: 34
Number of Members participated: 11
Cost: Rs. 2,500

**Done in association with in association with The
Cause Travellers Social Welfare Organisation.**



Projects Done

CPR AWARENESS and TRAINING

Date: 9th February, 2025

**Location: Adhiraj Capital City, Sector 37, near Khutari
Village, Kharghar**

Number of beneficiaries: 54

Number of Members participated: 7

Cost: Rs. 1,000

**This workshop was led by Rtn Dr. Sunil Jadhav and Rtn Dr.
Jyoti Jadhav.**



DIABETIC MUKT RAVIVAR

Date: 16th February, 2025

Location: Central park, Kharghar

Number of beneficiaries: 90

Number of Members participated: 8

Cost: Rs. 1,500

**Done in association with Medicity Hospital,
Kharghar**

Projects Done

Project Dhvani

Date: 21st February, 2025
Location: Child Learning Centres
Number of beneficiaries: 72
Number of Members participated: 30
Cost: Rs. 40,000

inaugurated By :
District Governor Rtn. Dinesh Mehta



Health Checkup Camp

Date: 22nd February, 2025
Location: Wavanje Village, Taluka Panvel
Number of beneficiaries: 25
Number of Members participated: 8
Cost: Rs. 8,000

Done in association with the NSS Unit of Pillai College of Arts, Commerce, and Science, Panvel, and Rotary Club of Millennium City

Projects Done

Village Adoption Programme - Pragati

Date: 22nd February, 2025
Location: Wavanje Village, Taluka Panvel
Number of beneficiaries: 50
Number of Members participated: 8
Cost: Rs. 5,000



Sports kit Distribution

Date: 22nd February, 2025
Location: Wavanje Village, Taluka Panvel
Number of beneficiaries: 75
Number of Members participated: 8
Cost: Rs. 8,000

Done in association with the Rotary Club of Millennium City



Projects Done

Annual Lawn Tennis Tournament for senior citizens

Date: 23rd February, 2025
Location: Ramseth Thakur International Sports Complex, Ulve
Number of beneficiaries: 30
Number of Members participated: 15
Cost: Rs. 40,000

Chief Guest:
DS Rtn Abid Nagaria



Dada ji ki kahaniya and Birthday celebration

Date: 25th February, 2025
Location: Happy School
Number of beneficiaries: 40
Number of Members participated: 14
Cost: Rs. 4,000

Done in association with Inner Wheel club of Navi Mumbai Sunrise



"Rotary Day 2025: Serving with Love"



By Rtn. M. Prakash
Past President

Today we gather, Rotarians one and all,
To celebrate our mission, to serve and stand tall.
With hearts full of kindness, and hands that care,
We strive to make a difference, everywhere.

From polio eradication, to literacy and peace,
Our projects and programs, bring hope and release.
We bridge the gaps, between communities wide,
And foster understanding, with love and pride.

With "Service Above Self", we lead the way,
Inspiring others to join, in our noble sway.
We are the change-makers, the problem-solvers too,
With Rotary's guiding principles, our spirit shines through.

So here's to Rotary Day, 2025 and beyond,
May our service and love, forever be bonded.
Let's continue to serve, with compassion and might,
And make our world a better place, where love shines bright.

"I Deserve, I Rise!"



By Rtn. Chhaya Taralaker

With courage bright and dreams so high,
We break the chains, we touch the sky.
Through research, growth, and wisdom deep,
We sow the change, the fruits we reap.
No fear remains, no step is small,
With firm resolve, we rise from all.

"I deserve," we proudly say, And walk ahead,
we pave the way.
Nature's blessings, vast and free,
Guide our path like the endless sea.
Together we shine, no limits hold,
A world reborn, so bright, so bold!

•

“प्रत्याशा”



By Rtn. Pradip Sinharay
Past President

एक दिन मैंने जिन्दगी के आईने में झांका,
खुद को देखने के लिये।
मगर देखा की आईने में
धुल की परत, अस्पष्टता को
स्पष्ट रूप से उजागर कर रहा है।
मैं स्मृतियों के सहारे
धुल को हटाने लगा।
धीरे-धीरे बिती हुई वक्त,
भुले विसरे लोग, भुली हुई घटनाओं
के यादें तरोताजा होता रहा
मेरे आंखों के सामने।

चारों प्रकार के स्वाद से भरी
वितें दिनों के खट्टा, मिठा, तिता और तिखा अनुभवों को मैं देखता रहा।
मन ही मन में
कभी पुलकित, कभी निराश,
कभी व्याथातुर तो कभी निरासक्त
महसूस करने लगा।

खुद को अपूर्ण लगने लगा।

मैं जानता हु और समझता भी हुं,
की अतीत अपरिवर्तनीय है।
मगर इससे शिक्षा लेकर
हम ये तो निश्चित कर सकते हैं
के किये हुए गलतियों को भविष्य में
ना दोहराएं।

इस तरह खुद को पूर्णता देने का प्रयास करूं। यही मेरी जिन्दगी में कामना, प्रार्थना और प्रत्याशा है।
मैं सम्पूर्णता चाहता हूं।
सिर्फ सम्पूर्ण होना चाहता हूं।

रचनाकार : प्रदीप सिन्हाराय

“Intergenerational relationship”



By Rtn. Shaila Patel
Youth Director
2024-2025

Nurture connections with older adults to foster empathy, understanding, and a sense of belonging. Valuable insights. Learn from aged people's experiences, wisdom, and unique perspectives on life.

Combat social isolation: Spend time with older adults to provide emotional support, companionship, and a sense of importance.

Preserve traditional practices: Learn from older adults' skills and knowledge, such as cooking, gardening, and storytelling. They have abundant knowledge of old histories.

Personal growth: Intergenerational relationships can inspire self-reflection, re-evaluation of values, and personal growth.

Visit local senior Citizen centers: Spend time with older adults, listen to their stories, and show appreciation for their wisdom.

Engage in activities together: Participate in hobbies, games, or creative pursuits that bring joy and connection.

Practice patience and empathy: Overcome communication barriers and age-related biases by being understanding and supportive.

Conclusion:

By building bridges with aged people, we can create a more compassionate, inclusive, and vibrant community. Remember, "OLD IS GOLD" – treasure the knowledge, wisdom, and life experiences of older adults.

“Move Ahead with Determination!”



By Rtn. Chhaya Taralaker

The power of women shines so bright,
progress now takes a glorious flight
Research, growth, and visions new,
spreading knowledge far and true!
Wisdom, strength, and courage rise,
dreams now touch the endless skies,
With firm resolve, let's march ahead,
a brighter world for all to spread!
No more chains, no bounds to hold, wings of hope and thoughts so bold,
Justice, rights, and equal stand, together we shall shape this land!
Health, education, nature's care,
change we bring with love to share,
Through action strong and hearts so free,
let's create a new reality!
United strong, let's walk as one,
with passion's fire, our path begun,
With women's power shining high,
victory's glow will touch the sky!

“शीर्षक : नारी”



By Rtn. Pradip Sinharay
Past President

सृष्टि की आदि मे पुरूष था या नारी थी,
यह वितर्कित विषय है।
मै नारीगर्भ से जन्म लिया हुआ
एक पुरुष हूं।
जानता हूं कि भर्ता मेरा पिता,
एक पुरुष है,
पर मुझे धारण और सृजन करनेवाली
एक नारी है।
एक नारी के माध्यम से ही मेरी इस पृथ्वी पर आविर्भाव सम्भव हुआ है।
वो मेरी माँ है।

माँ ही थी मेरे मुह से उच्चारित मेरा पहला शाब्दिक आह्वान।
मुझे शारीरिक और मानसिक रूप से
विकशित करनेवाली शिल्पी मेरी माँ है।
मेरे मन मे विविध आशा आकांक्षा के
जन्मदात्री मेरी माँ है।

जिन्दगी के राह पर आगे बढ़ते हुए
और भी लोगोंने मेरा साथ दिया है।
मेरे आत्मीय, मेरे दोस्तों,
दुनियाभर के तमाम सृष्टि ने
मेरा द्रष्टिकोन बनाया।
इसमे करीव अर्धांश है नारी।

एक लम्बे समय से मेरे साथ चलनेवाली, जिन्दगी के छोटे-बड़े सुख-दुःखवाटनेवाली,
मुझे समझनेवाली, समझानेवाली
सहधर्मीनी भी एक नारी है।

“शीर्षक : नारी”

देखा गया है की संसार परिचालन के
सन्दर्भ मे, मातृतान्त्रिक समाज
अधिकतम क्षेत्रमे सुष्ठुरूप से संचालित है।
एक कहावत है कि रमणी के गुण से
संसार सुन्दर और सुखमय होता है।

आज नारी जन्मगत, शिक्षागत योग्यता से और स्नेह, ममता और सौहार्द के रूप से, समाज के सभी क्षेत्रमे अग्रसर है।
विश्वमे सुख शांति हेतु नारी का अवदान
जन्म जन्मांतर के लिए अपरिहार्य है।

रचनाकार : प्रदीप सिन्हाराय

“Media Mentions”

सकाळ 24/02/2025

दिव्यांग विद्यार्थ्यांसाठी ध्वनी संगीत प्रयोगशाळा

खारघर (बातमीदार) : येथील राष्ट्रीय बौद्धिक दिव्यांगजन सशक्तीकरण संस्थेचा ४१वा वार्षिकोत्सव सोहळा मोठ्या उत्साहात साजरा करण्यात आला. या वेळी विशेष गरजा असलेल्या मुलांसाठी रोटरी क्लब खारघर यांच्या सौजन्याने ध्वनी संगीत प्रयोगशाळेचे उद्घाटन करण्यात आले. या वेळी रोटरी क्लबचे जिल्हा गव्हर्नर, दिनेश मेहता, रोटरी क्लब सनराईज अध्यक्ष संजय पाणिग्रही, खारघर, इनरव्हील सनराइज अध्यक्ष रचना त्रिवेदी, आयकर विभागाचे सहाय्यक आयुक्त रणधीर कुमार ठाकूर, द हंस फाउंडेशनचे प्रकल्प व्यवस्थापक जगन मुदगडे आदी मान्यवर उपस्थित होते. संस्थेचे प्रभारी अधिकारी डॉ. रवी प्रकाश सिंग यांच्या मार्गदर्शनाखाली हा कार्यक्रम पार पडला. खारघर सेक्टर ५ मध्ये असलेल्या राष्ट्रीय बौद्धिक दिव्यांगजन सशक्तीकरण संस्थेत मोठ्या प्रमाणात दिव्यांग मुले शिक्षण घेत आहेत. या केंद्रात शिक्षण घेणाऱ्या मुलांना संगीताच्या माध्यमातून आत्मविश्वास आणि कलागुण विकसित करण्यासाठी ध्वनी संगीत प्रयोगशाळा सुरू करण्यात आली असून, त्याचे उद्घाटन या वेळी पार पडले.

“Media Mentions”

नवराष्ट्र

www.navarashtra.com

‘बौद्धिक दिव्यांगजन सशक्तिकरण’चा वार्षिकोत्सव

नवी मुंबई, (वा.) राष्ट्रीय बौद्धिक दिव्यांगजन सशक्तिकरण संस्था, सिकंदराबाद यांच्या खारघर, नवी मुंबई येथील क्षेत्रीय केंद्रात संस्थेचा ४१ वा वार्षिकोत्सव सोहळा मोठ्या उत्साहात साजरा करण्यात आला. या कार्यक्रमात विशेष गरजा असलेल्या मुलांसाठी रोटरी क्लब खारघर यांच्या सौजन्याने ध्वनी संगीत प्रयोगशाळेचे (म्युझिक लॅब) उद्घाटन करण्यात आले. या कार्यक्रमासाठी प्रमुख पाहुणे म्हणून संस्थेचे प्रभारी अधिकारी डॉ रवी प्रकाश सिंग, दिनेश मेहता, संजय पाणिग्रही, रचना त्रिवेदी, रणधीर कुमार ठाकूर, जगन मुदगडे हे उपस्थित होते.



ध्वनी संगीत प्रयोगशाळेचे उद्घाटन

■ संस्थेचे प्रमुख प्रभारी अधिकारी डॉ. रवी प्रकाश सिंह यांच्या मार्गदर्शनाखाली हा कार्यक्रम पार पडला. या वर्धापनदिनानिमित्त विविध क्रीडा स्पर्धा, सांस्कृतिक कार्यक्रम आणि विशेष गरजा असलेल्या मुलांसाठी ध्वनी संगीत प्रयोगशाळेचे उद्घाटन करण्यात आले.

■ रोटरी क्लब खारघर यांच्या सौजन्याने बनविण्यात आलेल्या ध्वनी संगीत प्रयोगशाळेचे उद्घाटन मुख्य पाहुणे दिनेश मेहता यांच्या हस्ते करण्यात आले. या प्रयोगशाळेद्वारे विशेष गरजा असलेल्या मुलांना संगीताच्या माध्यमातून आत्मविश्वास आणि कलागुण विकसित करण्यासाठी मदत मिळेल.

पाहुण्यांची भरभरून दाद

दिव्यांग विद्यार्थी, प्रशिक्षणार्थी, पालक आणि कर्मचारी वर्ग यांनी नृत्य, गायन, वेशभूषा आणि नाटक सादरीकरणद्वारे आपले कलागुण सादर केले. पाहुण्यांनी या सर्व सादरीकरणांना भरभरून दाद दिली. वार्षिक क्रीडासंमेलनात विजयी ठरलेल्या दिव्यांग विद्यार्थी आणि प्रशिक्षणाख्यांना पाहुण्यांच्या हस्ते पारितोषिके वितरित करण्यात आली. संस्थेचे प्रभारी अधिकारी डॉ. रवी प्रकाश सिंह यांनी संगीतामुळे दिव्यांग मुलांच्यात होणाऱ्या विकासाचे महत्त्व, केंद्र शासनाच्या योजना आणि संस्थेच्या योजनांबद्दल माहिती सांगितली.

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ठाणे - नवी मुंबई

जनतेच्या नवी



राष्ट्रीय बौद्धिक दिव्यांगजन सशक्तिकरण संस्था, सिकंदराबाद यांच्या खारघर, नवी मुंबई येथील क्षेत्रीय केंद्रात संस्थेचा ४१ वा वार्षिकोत्सव सोहळा मोठ्या उत्साहात साजरा करण्यात आला. या कार्यक्रमात विशेष गरजा असलेल्या मुलांसाठी रोटरी क्लब खारघर यांच्या सौजन्याने ध्वनी संगीत प्रयोगशाळेचे (म्युझिक लॅब) उद्घाटन करण्यात आले. या कार्यक्रमासाठी संस्थेचे प्रभारी अधिकारी डॉ. रवी प्रकाश सिंग, दिनेश मेहता (जिल्हा गव्हर्नर, रोटरी क्लब), संजय पाणिग्रही (अध्यक्ष, रोटरी क्लब सनराईज खारघर), रचना त्रिवेदी (अध्यक्ष, इनर व्हील सनराईज खारघर), रणधीर कुमार ठाकूर (सहाय्यक आयुक्त, इनकम टॅक्स) आणि जगन मुदगडे (प्रकल्प व्यवस्थापक, द हंस फाउंडेशन) आदी मान्यवर उपस्थित होते. संस्थेचे प्रमुख प्रभारी अधिकारी डॉ. रवी प्रकाश सिंह यांच्या मार्गदर्शनाखाली हा कार्यक्रम पार पडला. या वर्धापनदिनानिमित्त विविध क्रीडा स्पर्धा, सांस्कृतिक कार्यक्रम आणि विशेष गरजा असलेल्या मुलांसाठी ध्वनी संगीत प्रयोगशाळेचे उद्घाटन करण्यात आले. रोटरी क्लब खारघर यांच्या सौजन्याने बनविण्यात आलेल्या ध्वनी संगीत प्रयोगशाळेचे उद्घाटन मुख्य पाहुणे दिनेश मेहता यांच्या हस्ते करण्यात आले. या प्रयोगशाळेद्वारे विशेष गरजा असलेल्या मुलांना संगीताच्या माध्यमातून आत्मविश्वास आणि कलागुण विकसित करण्यासाठी मदत मिळेल. दिव्यांग विद्यार्थी, प्रशिक्षणार्थी, पालक आणि कर्मचारी वर्ग यांनी नृत्य, गायन, वेशभूषा आणि नाटक सादरीकरणद्वारे आपले कलागुण सादर केले. पाहुण्यांनी या सर्व सादरीकरणांना भरभरून दाद दिली.



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