

RI President: Francesco Arezzo | Dist. Governor: Dr. Manish Motwani | President: Jayant Sanghvi | Secretary: Dr. Kamal D'Mello | Hon. Editor: CA Siddhant Bhide

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From the **President's Desk**

Dear RCBW Members & Fellow Rotarians, A new Rotary year marks a fresh opportunity to serve, to lead, and to make a difference together. As INSPIRE President for 2025–26, I feel deeply honoured to carry forward the

rich legacy of Rotary Club of Bombay West, a Club known for its energy, commitment, and credibility.

This year's project plan, presented at the Club Assembly, reflects not just scale but sincerity — with initiatives that reach across age groups, sectors, and geographies.

Our Community Service programs will continue to touch lives through Happy Schools, Rainwater Harvesting, Paediatric Heart Surgeries, Anaemia Screenings, Eye Donation Drives, Cataract Camps, and sustained support for the specially-abled and senior citizens.

In Youth Service, we aim to ignite aspirations through RYLA, RYPEN, Shark Tank Junior, and our engagement with 17 Interact and Rotaract Clubs.

Vocational Service will expand its canvas through scholarships for underprivileged deserving students pursuing degree or masters courses, career guidance programs for students / school drop-outs, arranging seminars / talks on topical issues for awareness, professional development, education etc. We are also proud to revive the Kalyan Banerjee Leadership Lecture Series, named after our illustrious Past RI President, wherein we will identify and arrange an annual oration by a Thought Leader.

International Service will deepen cultural ties through global guest exchanges and virtual collaborations and promotion of Peace Programs.

Meanwhile, Club Service has lined up an exciting year of connection and camaraderie — from cycling treks and workshops to night cricket, Ganesh-making, and fellowship events.

Let us make this a year of purpose, not just programmes — where "Inspiration" drives "Implementation". Let us build bridges of trust, leave footprints of impact, and truly

"Be the Inspiration".

Yours in Rotary,

Rtn. Jayant Sanghvi

LET'S INSPIRE! UNITE FOR GOOD

Club Assembly

30th July 2025



The first Club Assembly of the INSPIRE year was held on 30th July 2025. President Jayant Sanghvi welcomed all members and commenced the proceedings. AG Ujwal Andhari was unable to attend the Assembly.

President Elect Tejas Sura presented Club Service I Avenue. He presented members with lists of Committees heading Membership, Classification, Fellowship, Rotary Service Administration, Attendance, and Awards & Trophies.

He also presented the Club Service II Avenue on behalf of VP Usha Jayachandran on the following:

- Flying Carpet emphasizing on new initiatives of member engagement and knowledge series.
- Public Image and social media outlining our presence on Facebook, Instagram, Twitter. Linked-In and YouTube.
- Canteen Committee.

Director PP Rtn. Rajul Doshi briefed members on the formation of the Programmes Committee and her intention to get good speakers.

Director Community Service I Mahesh Kokate covered plans for KDN Shruti School and stated his intentions to continue with our popular project of Layman and Housing Society Seminars. He announced focus on a new area of Rain Water Harvesting while continuing with Senior Citizens and Differently

contd. on page 2

Club Assembly contd. from page 1

Abled, Bhavishya Yaan. Yoga, Happy School and Sanskruti Setu projects. He also announced Committee members for these Committees.

Community Service II Director Manish Mehta, covered mainly ongoing projects of running medical centres at the Rotary Service Centre and the new one at Shruti School, conducting Medical and Blood Donation Camps, including anaemia screening, medical projects of eye and organ donation, paediatric and cataract surgeries. He also announced formation of all these Committees.

Director Nilesh Samant in charge of Community Service III briefed members on his plans for Rural Support Programmes, Environment and Sports. He announced two major rural projects of erecting aqua shafts to replenish water tables in rural areas and tree planting in Palghar, with Past Honorary Rotarian Mayank Gandhi's Global Vikas Trust as our partners. He also announced a Workshop on eco-friendly Ganesh at KDN Shruti School in August. Other activities announced were a trek to Karnala in September/ October 2025 and cycling at Sanjay Gandhi National Park in January 2026 for members and families. Under Sports, he announced Pickle Ball in December 2025 and cricket in February 2026 for members and families at Khar Gymkhana or Nanavati School.

Director PP Rtn. Dr. Samapti Patel responsible for Youth Avenue talked on the 7 Rotaract Clubs and 10 Interact Clubs. Rotaract Clubs adopt Interact Clubs and groom Interactors. She aims to provide guidance and assistance to them for getting involved in Club projects, including in managing Supa Farm & CMP Rotary Excellence Award functions, blood donation camps, RYPEN, Tugfest, RED, RYLA, MUNA and MIPS. She aims to involve Interact Clubs in projects such as Shark Tank, Hoonar, Tree Plantation, Organ Donation, Joy of Giving, Environment, Water Management Awareness Campaigns, Safe & Responsible Digital Habits and Udaan.

PP Shelly Gupta Director for Vocational Service Avenue thereafter unveiled her plans for the Avenue. They included presenting Vocational Awards, conducting Vocational Awareness Seminars, holding our annual Kalyan Banerjee Leadership Lecture, offering Career Guidance to youth and Vocational Loan Scholarship.

Dr. Paresh Dodhiwala, International Service Director talked about TRF, RYE and Peace Program as our priority areas.

Thereafter, the Club Assembly was over and a regular Club meeting held with a welcome by President Jayant Sanghvi, followed by birthday & anniversary announcements & greeting. It concluded with Secretarial Announcements by Secretary Dr. Kamal and a Vote of Thanks by PE Tejas.

- PP Rtn. Shirish Rege

Importance of Sports

6th August 2025



ur Club had the privilege of hosting Ami Ghia, one of India's leading Badminton players from the 70s and 80s at our Club Meeting on August 6. Ami has to her credit 23-time national titles across singles, doubles and mixed-doubles. She represented India on the world stage rising to No. 7 in the world rankings, and won bronze medals at the '78 Commonwealth Games and the '82 Asian Games. She was conferred with the prestigious Arjuna Award in 1976.

Following the opening address by our President and avid sportsperson Rtn. Jayant Sanghvi, PP Rtn. Rajul Doshi introduced her friend and former colleague Ami Ghia. Ami began her address by sharing her journey in the sport of badminton, from the nascent stages of being spotted as a good player in her building compound and progressing to the courts at Khar Gymkhana. Thereafter, she had the opportunity to compete with strong players at the Club level and rising up the ranks at the district, state and national level.

Ami shared that in those days, there was not much formal coaching, and no sophisticated physical training, diet planning, mental conditioning, which are all very crucial parts of today's game as the game has gotten more professionalized. The facilities at the local level were not comparable to international standard, except for the national academy where occasional camps would be held before significant tournaments. For instance, it was challenging to play in foreign conditions in large stadium halls with multiple entrances where the draft would affect the flight of the shuttle, as compared to Indian venues which were smaller. Being able to adapt one's game to the conditions was important even in an indoor sport such as badminton.

Rtn. Advait Sambhare moderated the question-answer session with healthy

participation from the audience. Ami spoke about the pride that came along with wearing the national colours at international competitions. In the past few years, India has produced a number of excellent players who have done well on the international stage and she hopes that they will serve as role models to inspire a new generation of champions. Ami spoke about the challenges of being a female athlete in the 70s and 80s without any support from sponsors etc. but also remembered fondly the hospitality and warmth of the Indian diaspora while competing at different tournaments abroad.

In those days, there were no sports psychologists to help cope with the mental challenges of the game. The motivation and resilience came entirely from within and was self-directed. Discipline was an important aspect in regulating one's practice hours, diet, exercise, etc. These values have stood her in good stead and her advice to youngsters was to be similarly committed and disciplined in their pursuit of their respective fields in order to achieve success.

Rtn. Nilesh Samant concluded the wonderful evening of interaction with the sports legend by proposing the vote of thanks.

- Rtn. Advait Sambhare

Dental Checkup Camp

A dental check-up camp was held at KDN Shruti School on 31st July 2025. The screening was conducted by Club Secretary Rtn. Dr. Kamal D'Mello and Rtn. Dr. Paresh Dodhiwala, who examined a total of 98 students.

Out of these, 53 students were advised to take further treatment such as fillings, extractions, orthodontic care, cleaning, or root canal. The doctors requested the parents of these students to take a follow up and get the necessary treatment done to avoid any future dental problems.

Apart from this, students were also guided on how to take care of their teeth.

President, Rtn. Jayant Sanghvi, also visited the school briefly during the camp to encourage the team and interact with the students.



Overall, the camp was a success and we sincerely thank the doctors for their valuable time and service towards the students and hope to organize such camps in the future as well.

- Ms. Pradnya Vedak Principal, Rotary KDN Shruti School

Installation Ceremonies of Interact Clubs

Interact Club of Podar International School S.S.C.

- · Welcome of dignitaries
- · Lighting of diya, prayer, and singing the Podar song
- Past President Aaqif Qureshi's report and Handover of Collar & Pin to incoming President Jhanvi Tad
- Exchange of pins between outgoing and incoming secretaries Atharva and Ridhi Shah
- · Dance performance by Interact team
- Number of beneficiaries: 25

Chief Guest was Rtn. Ashmi Parekh. Members present were PP Rtn. Arvind Shah and Director Youth Service PP Rtn. Dr. Samapti Patel and Principal Ophelia Madam.

- Ridhi Shah, Club Secretary 2025-26



Interact Clubs of Raja Ramdev Podar Shala & Sheth Anandilal Podar Vidyalaya

25th July 2025



- Welcome of guests, lamp lighting, National Anthem.
- Report reading, Presidential Collar exchange, pinning, and handing over Gong & Gavel.
- Collaring and pinning of the new Presidents Ms. Shama Khan of Anandilal Podar Vidyalaya and Mast. Aryan Bhovad of Raja Ramdev Podar Shala.
- Dance presentations by members of both Interact Clubs.

The program was attended by Principal of Raja Ramdeo Podar Shala Mrs. Deshmukh Madam, Supervisor Mrs. Paradkar Madam, Supervisor of Sheth Anandilal Podar Vidyalaya Mr. K. D. Sir. PP Rtn. Dr. Samapti Patel ma'am, Teacher Co-ordinators Mrs. Ketana Madam and Ashwini Madam along with Rotaract President Sania Kadam of RC Bombay West and Mohit PIS Director.

- Swarali Yelkar,

Club Secretary 2025-26, Raja Ramdeo Podar Shala

SUNSHINE CORNER

We make a living by what we get. We make a life by what we give.

Interact Club of Lilavati Bai Podar High School

- Meeting was officially called to order by Interact Club 2024-25 President, Aadita Ghosh.
- The national anthem was played, soon after which the lighting of the ceremonial lamp took place.
- A prayer dance was performed by a student from Grade XI Science, Aayushi Rabadia.
- Youth Service Director PP Rtn. Dr. Samapti Patel was felicitated by Vice Principal, Madam Kanchan Gupta.
- PP Rtn. Dr. Samapti and Kanchan Gupta ma'am presented certificates to the outgoing Interact Club team members.
- Outgoing President, Aadita Ghosh presented a report of the initiatives taken by the Interact Club throughout the academic year followed by pinning and collaring of the new President Gauri Varma. The incoming team were administered oath, followed by the incoming speech of the new President and her plan for the year 2025-26.
- This was followed by the vote of thanks and adjourning of the meeting by President Gauri Varma.



- · This meeting introduced the following students in the following positions:
 - President Gauri Varma
- Vice President Kaavya Subhash
- Secretary Aabir Banerjee
- Joint Secretary Aadish Singh
- Treasurer Adwin Gupta
- Public Relations Heads: Narjis Askari, Saachi Jain, Arjun Aniruddha Patel, Adhya Acharya and Sidheeksha V Karanam
 - Aabir Banerjee, Club Secretary 2025-26

From the **Editor's Desk**

August Showers - Where Faith, Freedom, and Nature Bloom Together.

August holds a special place in India. Falling in the heart of monsoon, it coincides with Shravan and Bhadrapada, when rains nourish the earth, rivers brim, and nature thrives in abundance.

This season is nature's reminder of balance & renewal. The rains breathe life into soil, encourage planting, and replenish resources sustaining humans and wildlife.

Festivals like Nag Panchami, Raksha Bandhan, and Janmashtami connect us to nature's cycles, teaching sustainable living through rituals involving water, flowers, and seasonal fruits. Nag Panchami honours snakes, friends of farmers. Narali Pournima sees fishing communities thank the sea. Pola is a farmer's gratitude to cattle. The Parsis mark fresh beginnings with Pateti, their New Year.

Ganesh Chaturthi celebrates Lord Ganesha – symbol

of wisdom and protector of nature. Traditionally, clay idols returned harmlessly to the earth after immersion, a reminder to celebrate without harming the environment.

August also carries the pulse of freedom. In 1942, the monsoon bore witness to the Quit India movement, when courage and unity surged through every village and city.

Thus, August is more than a month – it is a confluence of devotion, diversity, and determination. It invites us to nurture faith, protect the environment, and uphold the ideals of freedom.

As clouds bless the land, may we too shower kindness on the earth and each other, sustaining the spirit that binds our heritage to a greener, freer, and more harmonious future.

In Rotary Service, Rtn. CA Siddhant Bhide

UPCOMING EVENTS



15th Aug. 2025: Independence

Day Celebration at Rotary KDN Shruti School. 9.30 a.m.

19th Aug. 2025: Eco Friendly Ganesha Making Workshop, Shruti

School, 10 a.m.

24th Aug. 2025: Supa Farm Rotary Excellence

Awards, 9:30 a.m.

24th Aug. 2025: Installation Ceremony of Rotaract Club of NM College,

10 a.m.

25th Aug. 2025: Smt. Chandaben Mohanbhai

Patel Excellence Awards,

3:30 p.m.

NEWS ROOM

- Live Beyond Life Foundation, was conferred with the Best Supportive NGO Award by Government of India on 2nd August 2025.
- Certificate of Appreciation & Recognition was awarded to Life Beyond Life Foundation by the Regional cum State Ogan & Tissue Transplant Organisation, West & Maharashtra. This was presented by Hon'ble Minister of Public Health and Family Welfare, Government of Maharashtra, Shri Prakashrao Abitkar. Congratulations to PP Rtn. Harmindar Patheja, PP Rtn. Ashok Deorah and Rtn. Prashant Patel.

Birthdays & Anniversaries

Rotarian Birthdays		
15-Aug.	PP Rtn. Harmindar Singh Patheja	
15-Aug.	Rtn. Hiralal Suthar	
18-Aug.	Rtn. Nishant Bafna	
20-Aug.	Rtn. Dr. Manohar Shaan	
21-Aug.	Rtn. Deepal Mody	
22-Aug.	Rtn. Minoo Lalvani	
24-Aug.	Rtn. Vipul Doshi	
26-Aug.	Rtn. Dr. Snehal Jhaveri	

	R/Ann Birthdays		
	20-Aug.	R/Ann Tejal Sandeep Parikh	
	22-Aug.	R/Ann Komal Sunil Shahane	
	23-Aug.	R/Ann Vrushali Mahesh Kokate	
	25-Aug.	R/Ann Trusha Sanjiv Lathia	

Anniversaries		
15-Aug.	Rtn. Gaurang Mehta & Dr. Parul	
26-Aug.	Rtn. Deep Bhatkal & Jyotika	
26-Aug.	Rtn. Dr. Usha Jayachandran & Manoj Viswanathan	